

JUNE 2023
ISSUE NO 1

SACOMMUTER

INTERNATIONAL

**FABULOUS
SOUTH
AFRICANS
GROUP GOLDEN
BUZZERS
PLANT OF THE YEAR**

**RANK
MARSHALL**
AKA CODY TINKER
SHOWS HIS METAL IN
THE UK

**BERG TO
BUSH TO
BEACH**

**FOLLOW LIFE
IS A BEACH TO
THE BEST OF
SOUTH
AFRICA**

**CHELSEA
FLOWER SHOW
PLANT OF THE
YEAR**

**THE PROUD WINNER
AGAPANTHUS 'BLACK
JACK' FROM DE WET
PLANT BREEDERS,
SOUTH AFRICA.**

SA COMMUTER

25 Women Solo Winner
Kirsten Neuschafer, the
winner of the 2022
Golden Globe Race

39. Africa Rally
A journey through
AFrica with Paul
Clayton

**50. Would you like your
SA Store to feature in
our magazine? Check it
out!**



08.

6
A laugh at ourselves as women!

7
**A Nostalgic look at Khumba,
The South African Animated
Movie of 2013**

9
Berg to Bush to Beach
Traveling does not care about the
destination, but about the people
and things on the way, as well as
the beautiful memories and
scenery. Geniene Preston, Author
of Life is a Beach

18
**Why may remains a significant
month for south africa**

20
**Meet South Africa's 8 year old
pro golfer**

Steyn City makes history as it
becomes home to South Africa's
junior world golf champion,
SimTiger, Africa's own young
Tiger Woods

22
The Plett Camino
South Africa's newest trail

29
Kom Braai met ons - Lamb chops

31
Property Portfolio suggestions
for South Africans looking to
buy in the UK

32
Amarula invites you

37
**UK coaxes SA teachers with R245
000 to relocate**

43
**The White Shono boy from
Zimbabwe, Cody Tinker shows his
metal in the UK**

45
**In memory of those we have lost -
Mark Pilgrim to Tina Turner, Ian
McIntosh to Jock Zonfrillo**

51
**Last Word with CEO of SAPRO,
Audrey McMillan**



Wherever you
see this sign,
click on it for a
video



Wherever you
see this sign,
click to visit the
website



Wherever you see
this sign, click to
listen to audio or
podcast



Wherever you see this sign, click to come
back to this page

04.



**MZANSI
YOUTH CHOIR**

04.

MUSA MOTH



sapro INTERNATIONAL

exporting home abroad

Editor's Note

SA COMMUTER INTERNATIONAL

It's a great big thank you to Audrey McMillan and her team of merry men and women that South Africans world wide are able to have a little bit of home in whatever country they have settled. And it's a privilege to be a part of that commitment. In our magazine, we bring you news from home, abroad and about South Africa in general. Each month we bring you snippets of home with braai recipes, video clips of things you might have missed and of course an SA Store of the month. Don't forget to download the SA Commuter Radio app below for some great listening. Sponsored by SAPRO!

Geniene Preston
Editor-in-Chief



In this issue, you will find the Berg to Bush to Beach trip, the Plett Camino trail for you to walk for your soul, fabulous South Africans who created a group buzzer on international talent stages, our links to the Crown, Kirsten Neuschafer who won the solo race around the world, and "Sim Tiger" the 8 year old golf pro. Amongst others... Crank up the sound, and enjoy the ride....



GROUP GOLDEN BUZZERS 04. FOR SOUTH AFRICAN ARTISTS



The
Book
of
Role
Models



MUSA MOTH

When you hear about Musa Motha and his mix of talents and skills, it is hard to describe him in just a few words. And when you see him performing, it can take your breath away. Musa is a full-time professional dancer, choreographer, and motivational speaker. He is also a cancer survivor. As a performer with one leg, he wants to inspire other people who live with disability and break down social stereotypes. Today, he tells us his story, rich with personal interests, a clear vision and a rapidly growing successful career.



**MZANSI
YOUTH CHOIR**
SOUTH AFRICA'S CHOIR



Mzansi Youth Choir is a performance choir that represents the best of Sowetan Excellence.

The Mzansi Youth Choir was established with the aim of affording talented, underprivileged teenagers and young adults the opportunity to proficiently perform locally and abroad.

The word Mzansi means "south" in isiZulu and is also the township slang word for South Africa. The choir's repertoire is an exciting assortment of South African music which incorporates elements of traditional music, pop and jazz.

The cultural heartbeat of South Africa is presented in three pillars:

Our Roots (traditional music),
Our Spirit (gospel and anthems),
Our Youth (current pop music).



Can You Tell Us A Bit More About Musa Motha?

I am South African and in 2006, when I was 11 years old, I was diagnosed with bone cancer, as a result of which my left leg had to be amputated. Before this tragic event, I was into soccer and dreamed of one day becoming a professional player. After my illness, I had to accept that I would not be able to pursue this dream. However, I believed that when one door closes, there is certainly always a window left open.

Once I had finished the necessary treatment and recovery programme, I decided to start focusing on dance. This was back in 2010 and I have been dancing ever since. I began with hip-hop and Pantsula, a form of street dance which originated in the South African townships.

In 2018, I started a professional dancing career with Vuyani Dance Theatre in Newtown, Johannesburg. This is where I have learned a whole lot more about dance, including ballet, classic, modern and contemporary dance, Afro fusion, tapdancing and other dance genres. Currently, I am freelancing and have been working with a number of international artists.

“I am an introvert by nature and I struggle to open up to other people, dancing actually helps me to show my feelings.”



What Type Of Dance Do You Find Most Enjoyable?

I believe in versatility of dance, so I am not focused on one style. I would like to know every dance genre possible in order to be able to express my feelings through dancing. Because I am an introvert by nature and I struggle to open up to other people, dancing actually helps me to show my feelings. In a way, I use dance as a therapy and way of expression.

One of the principles I live by is seeing people happy, so making my audience happy is one of the best goals I have set for myself. I guess, this is one of the things that influenced my dance career – making other people happy.

Read more here
<https://bookofrolemodels.com/musa-motha/>



The Story of Mzansi Choir

2003

Choir was established.

2010

During the 2010 FIFA World Cup, the choir shared the stage with Columbian superstar Shakira and local band Freshly Ground for the performance of the official World Cup song 'WakaWaka' at the Kick-Off Concert as well as the World Cup Final.

2011

International highlights include tours of Canada 2011 and 2018, Denmark, Egypt, England, Scotland, Turkey and Russia (Moscow and St Petersburg).

2017

In April 2017 the choir performed at the International Youth Choir Festival at the Royal Albert Hall and in the Royal Festival Hall in London. The Mzansi Youth Choir was the only choir from the African continent to be selected to perform at the Royal Albert Hall and the only choir to receive a standing ovation.

2018

During 2018 the choir opened the concert with the Nigerian superstar D'Banj and closed the Global Citizen Concert with a stunning performance with world megastar Beyoncé in a packed FNB Stadium. This performance was broadcast to 180 countries across six continents.

2020

The choir wins the first ever virtual World Choir Games with a heart-warming rendition of "A Million Dreams" – a video compilation of all choristers singing in their homes during the COVID-19 pandemic. Nominated for Hollywood in Music Awards "Independent Music Video Category" with Wouter Kellerman for The Climb.

2021

Release videos with Nigerian Afropop singer, Yemi Allade (Rain), multi-award-winning South African musician, Samthing Soweto (Danko) as well as PJ Powers (Bayete Mzansi).

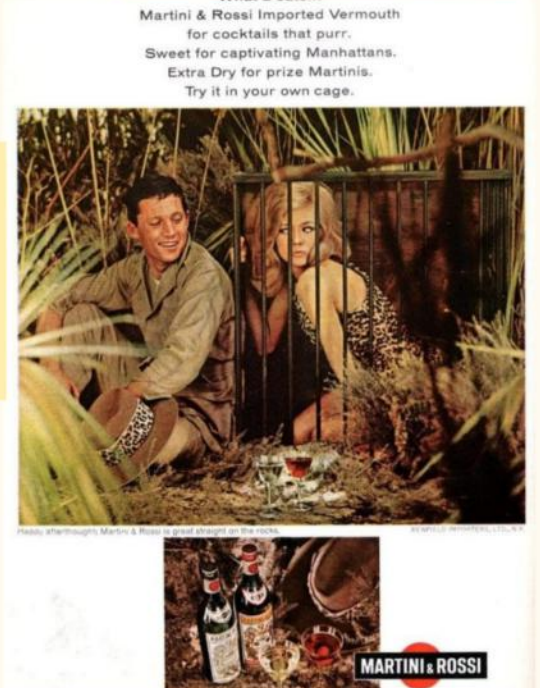
2022

Performs "Umuzi Wethu" (song in the closing credits for the award-winning documentary titled 'Land of the Free'), wins the 20th Annual Garden State Film Festival Movie Music Competition in New Jersey, USA. Release video with Grammy Award-winning South African flautist, Wouter Kellerman



Were you a woman of the 60's? I bet you just loved these ads!

These vintage ads were really printed and used in the 50's and 60's. Harold Wilson decided to go and find the ad's that seriously showed women as slaves - shame on the ad agencies that created them!



Bell and Howell Projector in the 1950s

Below, you see yet another example of how brands promoted products with women's bodies and sex appeal. The clear focus is on Sabrina's chest, but that has nothing to do with the new color slide projector she's holding!

Honda in the 1970s

We can't believe that an ad like that was ever created or approved to run. What does the brand mean by "woman's car?" We're not sure, but then it says that women don't understand how they work. Clearly, this would be offensive today.

Schlitz Beer in the 1950s

Here is another ad from Schlitz Beer that's pretty sexist. There's a young wife upset after burning dinner. Her husband then "comforts" her by claiming she didn't burn the beer, so it's all good. No, it's quite rude!

Martini & Rossi in the 1960s

It's hard to determine what's happening in this advertisement. The brand is comparing women in cages with using its products. Maybe it's saying that men can trap women in cages after giving them alcohol! Either way, it's a bad choice.

*A
Laugh
with
us*

07.

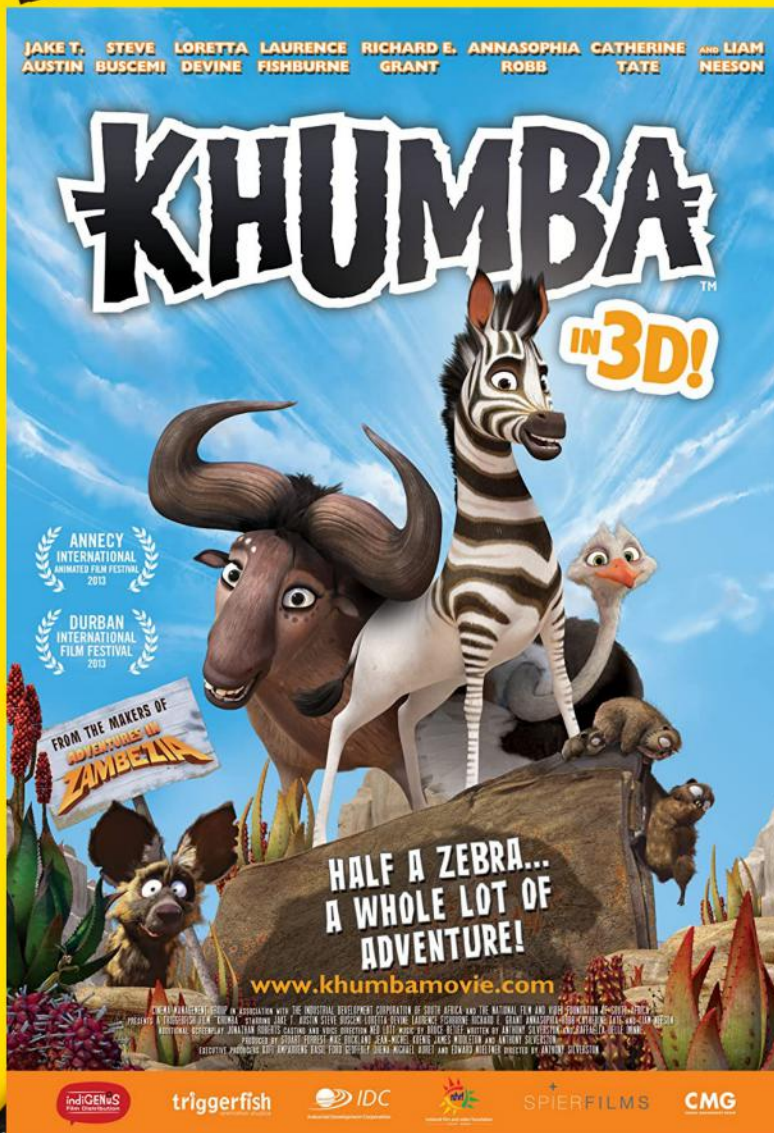


WE LOVE NOSTAGLIA HOW ABOUT YOU?

Rejected by his superstitious herd, a half-striped zebra embarks on a daring quest to earn his stripes but finds the courage and self-acceptance to save all the animals of the Great Karoo. 2013

A half-striped zebra is born into an insular, isolated herd obsessed with stripes. Rumors that the strange foal is cursed spread and, before long, he is blamed for the drought that sets into the Great Karoo. When even his father, the leader of the herd, blames him for the lack of rain and the subsequent death of his mother, the outcast zebra leaves the confines of his home knowing that he cannot survive in the herd without all his stripes.

Khumba ventures beyond the fence - vulnerable to the ferocious Leopard, Phango, who controls the waterholes and terrorizes the animals in the Great Karoo. Khumba is rescued from an opportunistic wild dog by a quirky duo: a wildebeest and an ostrich. Mama V is a self-confessed free spirit who does not want to be the average stay-at-home mom, like other wildebeest. Ironically, she mothers Bradley, a flamboyant but insecure ostrich who overcompensates for his scraggly feathers. When a mystical mantis appears to the foal, drawing a map to what could be interpreted as either water or stripes, the duo join Khumba on his quest in the hope that their own search for a safe waterhole is over. On their journey, Khumba encounters a colorful range of characters including a migrating herd of Springbok in search of greener (and safer) pastures; a new age, bohemian community living safely within the confines of a luxurious national park; an endangered Riverine Rabbit who has survived extinction by mastering a myriad of skills ranging from impersonations to beat-boxing; a group of hysterical Dassies (rock-rabbits) who fanatically worship the Mighty Black Eagle and Nora, a loony, solitary Merino sheep living on an abandoned farm. Through these interactions, Khumba begins to learn that diversity is essential for survival and that one's difference can, in fact, be one's strength.



View
Trailer

08. THE CHELSEA FLOWER SHOW PLANT OF THE YEAR WAS ANNOUNCED!



The proud winner : Agapanthus 'Black Jack' from De Wet Plant Breeders, South Africa.



Well done Quinton and Andy. Striking in borders and containers alike, BLACK JACK has huge flowerheads crammed with deep purple-black striped blooms. This vigorous agapanthus was bred by De Wet Breeders, exhibited by Sparsholt College and is supplied by Thompson & Morgan.

Patrick Fairweather of Fairweather's Nursery, who trialled the plant, says: "BLACK JACK sets a new benchmark for dark-flowered agapanthus. The umbels are huge, rounded and densely packed, with up to 100 florets for an extended blooming season. Requiring some frost protection, it's perfect for terraces, balconies and small gardens, and is low maintenance and drought-tolerant."

For those that do not know, 'Black Jack' is a striking deep purple-black Agapanthus that took many years to breed. It produces 10 times as many florets per flowerhead for a flowering season.





Berg to Bush to Beach

by Geniene Preston

Traveling does not care about the destination, but about the people and things on the way, as well as the beautiful memories and scenery. Geniene Preston, Author of *Life is a Beach*



It's a saying in South Africa that we can travel to the berg, the bush and the beach in one trip and that is the absolute truth. I was fortunate to be able to leave Johannesburg on the 12 December with my husband, Keith, and head to the mountains. In the pouring rain we travelled through to Harrismith and turned off to drive through the beautiful Bergville and Winterton on our way to the **Drakensberg Canopy Tours**.

The skies cleared and we were able to start our Canopy Tour at 12 Noon. Our guides, Sne & Simo took us through the safety briefing and into the vehicle we bounced (note the term as at this time we were still fresh and excited to be on the zip line). Veterans of the zip lining throughout South Africa, especially the Canopy tour group of franchises. We thought we had done them all, but to our surprise we still have one more to go, Cape Town.

We reached the first zip line and our guides showed us how to break and how to slide safely from one point to the next. We were shackled at each point to the cables around the trees for safety and one guide always goes ahead. Such beautiful scenery of the waterfalls and the surrounding forest that the zip lines go far too quickly.





As always after the last zip line, we have to walk out to the transport and only then do you realise how unfit you really are! Keith and I had to stop often to get our breath but what a beautiful place to catch your breath.



All too soon we had to leave to get to our lunch venue in the gorgeous and now after all the rain, luscious Natal Midlands. **The Midlands Meander** lends itself to wandering through some of South Africa's most iconic spots and definitely within easy reach of Durban and not far from Johannesburg. So an ideal spot to stop and have lunch if travelling from Johannesburg. We stopped in at **Bierfassel** in Nottingham Road and met with owner, Sean Wakeford. As quirky as the name itself, Sean spent time with us sharing his journey from chef to owner and over 21 years, he has perfected the menu that he now allows others to cook for him. The menu is wide and of German origin and the beer tasting originates from the nearby Rawsons Breweries on whose land the Bierfassel resides.



Keith chose the wild boar and I selected the Ladies' Eisbein. Well there was nothing ladylike about our Eisbein. It was the crispiest, nicest and biggest Eisbein I think I have ever been faced with. But it was delicious. With a range of mustards to choose from as well as great service, it's definitely a well recommended spot. Being dog friendly we saw a number of doggies come along with their owners and the children play area is huge. With loads of land, playthings and other items, there was no such thing as a short stay. While mom, dad and the dogs whiled away the afternoon under the cool trees and umbrellas, the children could play and enjoy their time without a time constraint.



As darkness would soon descend, we needed to make our way to Dargle and the **Beverley Country Cottages** where we were to spend our first night. The road turned off the main 103 and up into the Kamberg. The road surprisingly good and only a portion of it was a sand road. The mist settled in and we were delighted to finally arrive at the gate.



Kate Kelly greeted us on the speaker and met us at the cottage that was our home for the next 12 hours. An absolutely breathtaking property, nestled in the foothills of the Kamberg. With 6 cottages making up the available accommodation, we were delighted to find each one had its own style and the stone fitted in with the main house where Kate and Gary lived whilst running the farm and the cottages. With her twins at a nearby school, Kate could focus on making her guests feel right at home. Some of the cottages allow for pets as its cordoned off and the rest is to entertain children and adults alike. With tennis courts, walks, horserides and just the peaceful surroundings, could make anyone think of moving in permanently. Full bouquet of DSTV in a spacious one bedroom cottage, and a kitchenette, and very well appointed, the pricing is perfect for any family travelling through the area or making it their final destination. With so much on offer in the nearby Midlands Meander, you can certainly spend a week or two and still not get to do everything.

Kate is also the chairperson of the Meander and her role is to oversee the organisation, its members and of course, encouraging people to visit the area. With team member, Marian, they are making sure that the public and the travellers who have been housebound since Covid, do not forget this age old route that started all routes in South Africa many years ago. In her interview the following morning, we discussed her journey from overseas to South Africa and it is evident in her love for the country and the Kamberg that there are no regrets about coming back home.

After a delicious breakfast of fruit and yogurt, we took our leave from the foothills of the Kamberg and made our way back onto the route and spent time visiting some really interesting places on the R103. One of them was the Piggly Wiggly, attached to the Highgate Wine farm and with loads of cute stores with not only hand made items such as what the Heavenly Chocolate offered but also the wine tasting cellar and restaurants offering local cuisine.



Stephan and Nadia invited us to visit **Qambathi**, up in the Kamberg but this time on the other side of the Kamberg and to see how a boutique hotel handles setting up a wedding. As exciting as it was, we found the pace to be quite enjoyable as the team prepared for a bride's special day.

A beautiful farmhouse in the foothills of the Kamberg. Horses roamed freely as I had a chance to talk to Nadia, co-owner of the property. She told me how she and Stephen had taken a leap of faith in 2019 and left the UK to come to South Africa and raise a family (their daughter is now 15 months) whilst running a small boutique guest farm. No sooner had they arrived than Covid hit them from behind! But the lockdown gave them a chance to explore the mountains and ride their beloved horses. Gareth, **The Heartfelt Horseman**, not only lives on the property but also combines the horse to the rider by teaching the human in us, to accept the horse as it is and not to change to suit the rider. He is world renown for his work with horses and is often lured away from this beautiful spot to put horse and human together.



ANTBEAR LODGE



Taking our leave of the beautiful farmhouse we travelled across the wide expanse of Giants Castle to **Antbear Guest Lodge**. I am always amazed at the expanse of the Drakensberg and how fortunate I am to travel to this area on a whim as its on my doorstep!

Andrew Attwood and his team of merry men and women are always welcoming as they come to the car and help with luggage and of course to take you to your room that is very spacious and filled with wonderful wooden decor, straight from the imaginations of Andrew and his dad, Bruce Attwood. Each door, each chair and each window frame or cupboard, has this Narnia feel about it. When you open a door or cupboard, you immediately expect to be whisked away into the world of Narnia.

Dinner and meals are carefully thought through and I love that about mountain lodges. Dinner is included and no need for a menu. No need to think. Just be. And here at Antbear you can just be, relax and enjoy the horses, stargazing or simply chat to the visitors at the adjoining table. All rooms have a spa bath, so guess where I spent most of my night! Early start the next morning meant attacking the sumptuous breakfast table before heading out to more activities on the Meander. This morning it was the turn of Granny Mouse. And we were not to be disappointed. Joined by fellow radio personality from Durban and **RTL Radio**, Noel Johnson, and his girlfriend Claire, we were invited to a wine and mousse tasting. And wasn't that just a wonder to behold. Oh my word.

Three wines, three mousses of the most varied kind. I never thought that was possible. Do not miss it.

Mousse at 11am in the **Granny Mouse** surroundings is heaven on earth. Famous for its weekends of feasts and wine, it doesn't disappoint. Two pairings a day are on offer, so go ahead and book it.





Spa
MASSAGE

Win a
Drakensberg
spa getaway

Win a Drakensberg spa getaway worth
11800
rakensbergspacompetition #win #antbearlodg

ANTBEAR LODGE

mayeti
Beauty & Wellness Spa



Enter
to Win

Antbear Eco Lodge together with Mayeti
Mobile Spa is giving away a romantic 2
night getaway package for 2 persons in a
mountain view suite or luxury cave that
includes breakfast lunch and dinner, a
free bottle of bubbly and a couples spa
massage package. Included is a private
dining experience on the deck of your
cave/suite by candlelight under the stars

www.gosouthafrica.co.za/spa



14.

EXPLORE South Africa

Teeming with animals both in the area around the restaurant and the pool at Bonamanzi, there is no shortage of sightings when on a game drive either early morning or late afternoon ...



BONAMANZI

What is wine tasting without beer tasting and no sooner did we finish our wine pairing than we were off to **Notties Brewery** to enjoy a beer tasting with Jason Black. The range of beers to taste caught my attention whilst my fellow tasters went for a more traditional beer, gin and brandy. The story behind craft brewing is simply what ingredients go together and how long they remain in the brew process. But although Jason made it sound simple, I somehow think there is more of an art to it and I won't be trying that at home! The brewery is on the R103 as most of the activities are and on the Rawsons beautiful property. The pub is reminiscent of an old English pub and if it were not for the sunshine, I would have assumed we were in good old Blighty!

But unfortunately we could not linger. We were off to **Bonamanzi** and the Bush. The bush part of our journey was about to begin.

Bonamanzi is a 4000 hectare game farm with the Big 4, (Lion being a predator, it would mean children couldn't play outside in the reserve) in Huhluwe, north of Durban in what is known as Zululand. It borders the False Bay area of iSamangolisa Wetlands. Accommodation is everything from a chalet for two to an area for 25 including a boma. There are game drive activities and a pool with drinking holes all over the property for you to just drive through and enjoy. Richard Grantham, owner to Vanessa in the office and to the wonderful servers and cook in the restaurant, really made our stay the best Game Reserve stay in a long time. We didn't have to leave the reserve for any reason as everything is on the property and taken care of.



15.



Leaving Huhluwe after 3 nights, we had to really pull ourselves away as the sun had come out to play and the reserve was putting its best foot forward. The Nyala came to say goodbye as did the wonderful staff.

We took our leave, and headed south to St Lucia. The Wetland capital of South Africa with the **Isimangaliso** on their doorstep. When we arrived, we first had lunch at the famous ski club and enjoyed finally seeing the sea for the first time. Typical of travellers from inland!

Our room at the **St Lucia Eco Lodge**, was beautiful and faced the sea with a braai area outside. We also were fortunate to have a kitchen which could make small meals and we could invite friends to braai. We had various meals during our stay and were even treated to a hippo sighting in the road. Yes it really does happen! Kian Barker, owner of Eco Lodge and SharkerBarker Tours, invited us to join him on the **Sharkabarker** boat and see more hippos and enjoy the iSamanglingo waterways. What a knowledgeable guide. He told us about the waterways, the animals in the reserve, hippo and croco behaviour and of course he could spot a bird from so far away, we needed binoculars to see it nesting in the tree.



Keith was treated to a horse safari with **Bhangazi horse Safari's** along the beach front and through some of the park and he said it was quite a treat being able to ride along the beach and then through the reserve. He also mentioned that his horse loved to eat at every opportunity! But I think he needed to stop as his rear end was not used to a saddle. Nick and his wife run the safari's and are delighted to see visitors coming back.

SHAKAbarker TOURS

Tours, safari & accommodation in St. Lucia, South Africa



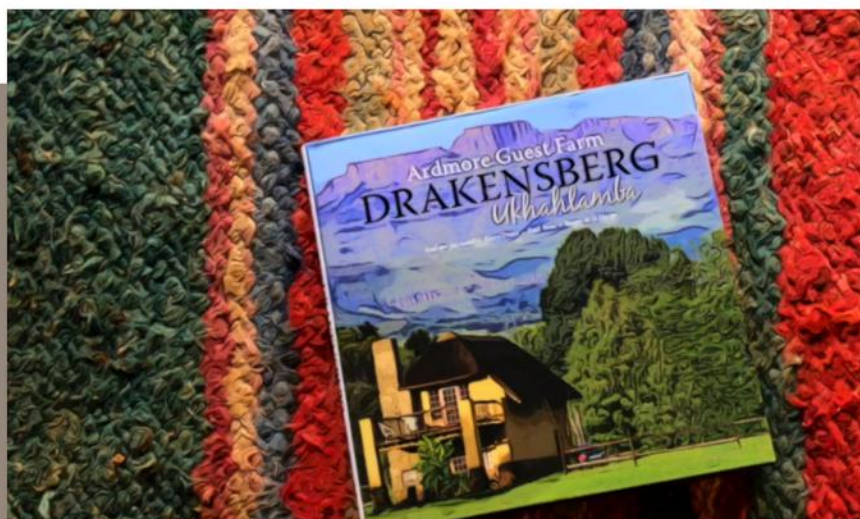
BHANGAZI HORSE SAFARIS
iSimangaliso Wetland Park



Giesela and her son Jurg welcomed us for our last night in St Lucia to the **Maputaland Guest House**. Bought 19 years ago and being the first guest house in St Lucia, Giesela and her late husband decided that Germany was too far from the beautiful shores of South Africa and settled in the lush surrounds of St Lucia. Their guest house was most welcoming and myself and Giesela chatted up a storm about belly dancing, life in St Lucia and many other subjects. At breakfast the next morning, her son Jurg, kept us in stitches besides of course serving one of the best breakfasts ever. Eggs perfectly done, fruit and meusli served individually. And just like the rooms in the guest house, everything was just perfect.

We were soon on our way home with one last stopover at **Ardmore Guest Farm**. Its a working farm between Bergville and Winterton and has such a Hobbit feel about it. A great place for pets as its also pet friendly. A dinner, bed and breakfast farm means you don't have to do self catering and with a fireplace to welcome you to bed, what more could you ask for!

Relax in typical farm style at the Tea Garden or The Deck Restaurant and savour South African home-cooked meals prepared by the Prue Leith-trained chef and dedicated staff.



Thanks to Andrew Attwood of Antbear Lodge, Marian Evans of Midlands Meander and Tracey Jarmin of Bonamanzi for assisting with arranging this wonderful journey



BONAMANZI

Zululand - South Africa



*Say "I do" with
us because "we do"*

Weddings

info@bonamanzi.co.za

WHY MAY REMAINS A SIGNIFICANT MONTH FOR SOUTH AFRICA

*Our actions and
decisions today will
shape the way we will
be living in the future.*

60 years ago South Africa became a republic, automatically ending its membership of the Commonwealth. In UK law the effects of the end of SA's Commonwealth membership were delayed until 30 May 1962. From that date, South African citizens no longer enjoyed in British law the advantages of being Commonwealth citizens except in certain areas on a transitional basis.

by Bruce Mennell | 30th May 2021 | Blog

Sixty years ago, on 31 May 1961, the Union of South Africa became a republic, automatically ending its membership of the Commonwealth. Earlier, in February, at a Commonwealth conference, Dr Verwoed had announced the new republican constitution but failed to obtain approval for South Africa to retain Commonwealth membership.

The previous year had been full of political turbulence - the Winds of Change speech in Cape Town, the Sharpeville massacre, the State of Emergency, the Congo Crisis and arrival of refugees, the Treason Trial and the referendum on a republic, which had a small majority in favour. In UK law the effects of the end of SA's Commonwealth membership were delayed until 30 May 1962. From that date, South African citizens no longer enjoyed in British law the advantages of being Commonwealth citizens except in certain areas on a transitional basis.



Sixty years ago, on 31 May 1961, the Union of South Africa became a republic



Almost 30 years ago, Mandela began his term on 10 May 1994, presiding over the transition from minority rule and apartheid

South African citizens with an ancestor in the male line from the British Isles or an existing colony were able to register as UK citizens until the end of 1965, and thousands did so.

Paradoxically, however, the change meant that persons born in South Africa and Namibia from 30 May 1962 until 31 December 1982 were from 2017 able to benefit from a route to British citizenship through their mother's father under the UK Supreme Court judgement Advocate General vs Romein. Many thousands of South Africans have benefitted.

However, this channel may end with legislative changes anticipated in November this year. Furthermore, some routes via Romein are less obvious to a non-expert and may have been overlooked. We recommend that if you were born in the period 30 May 1962 to 1982 in South Africa or Namibia, and you had a mother who was a UK citizen, or whose father was born in the UK or a British territory, that you get an expert evaluation, even if you tried before.

and now too for UK & Common Wealth Citizens worldwide

But there is one South African star that will be taking centre stage in the ceremony in Westminster Abbey and being there is definitely controversial. The 530-carat First Star of Africa is the centrepiece of the sceptre that Charles III will be holding during the coronation ceremony. The diamond was unearthed in Cullinan in 1905 and given to King Edward VII.

As the coronation has drawn nearer so have the calls for the diamond to be handed back to South Africa. A recent online petition has called on the new king to give the stone back. By this week, over 8 000 people had signed up. The petition wants the diamond to sit pride in place, not in the hands of a faraway king, but in a South African museum.

Pretty Yende from a small town in the Eastern Cape sang at the Coronation

Star from small town who took up opera aged 16 becomes first African to sing solo at British coronation. The South African soprano Pretty Yende grew up in a small town in eastern South Africa, 8,000 miles from where she sang on Saturday at the coronation of King Charles III.

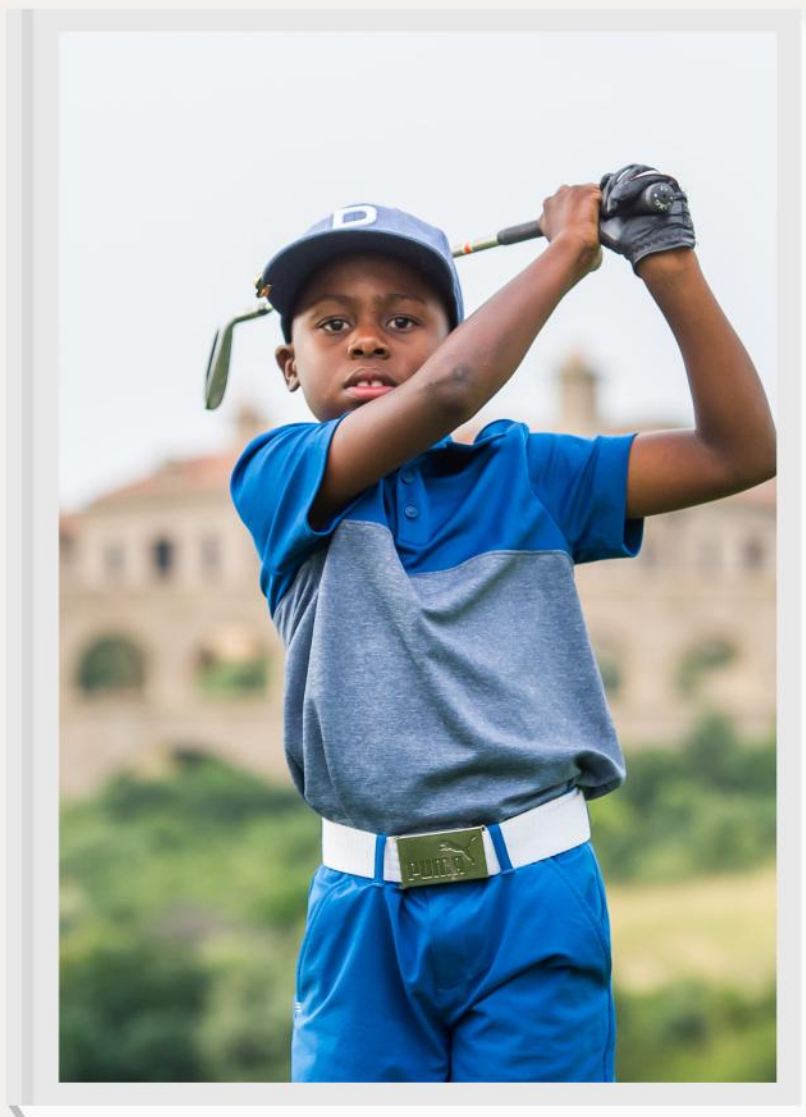


With the Coronation of King Charles III!



Meet South Africa's own young Tiger Woods

Steyn City makes history as it becomes home to South Africa's junior world golf champion, SimTiger, Africa's own young Tiger Woods



Catch the Carte Blanche Audio Podcast here below if you are reading it online....





SA's young Tiger Woods, playing it like a pro



ROUGHLY five years since its launch, the Steyn City's Jack Nicklaus designed golf course – ranked in the top 100 courses in SA – has already made tremendous strides in the local golf circles. Not only has it won the hearts of well known players from two of South Africa's most loved national teams, Bafana Bafana and the Springboks.

The golfing world has been paying special attention to one Simthandile Tshabalala, aka Sim Tiger, all because at seven years old, he isn't solely the youngest member of the Steyn City golf club. He's conjointly one among the foremost gifted, as affirmed by several major international trophies he has accumulated in the nine months he has taken up golf professionally.

Just over a week ago, Simthandile left South Africa to participate in the Australian Open Golf Championships, in which he came fourth, solidifying his world ranking of number 14 in the boys under-seven category. It's no wonder that overseas golf experts have been fast to draw close parallels between the grade two pupil and world golf icon, Tiger Woods, landing him the nickname 'Sim Tiger'.

Commenting on his overall performance in Sydney, the 'young Tiger Woods' had this to say: "It was very, very tough, but I feel proud for what I was able to achieve and finish fourth inspite of my circumstances. Our flights from South Africa to Sydney took more than 30 hours altogether. I was tired and because we arrived there later than expected, I didn't get a chance to do practice rounds, which other kids I was playing against luckily managed to do."

Likewise, his father, Bonginkosi Keith Tshabalala couldn't be more proud of his son's resulting performance, given his earlier struggles to get a Visa issued on time. "Each time he would sit down or get inside the car (upon arrival in Sydney), he's just sleep because of fatigue. But as soon as he got onto the field, he insisted on playing, and that's something I'm most proud of as a father – his tenacity."



THE PLETT CAMINO

A

fter months of planning, arranging, land access negotiations and trail blazing, the first Plett Camino got underway at the end of April 2023.

Eight hikers met at T'Niqua Stable Inn for drinks and an ostentatious fire cooked dinner before heading to bed to get ready for the next day. Early morning brought the frantic preparations of what to take and what to leave behind, what to carry in your daypack, and what to send with the porters. Its always like that. You think you're prepared and invariably you're over prepared. Nothing like a deadline to get you focussed on what is really important.

The first day kicked off at the Harkerville hut and plunged us straight into the dense Knysna forest. Not the usual jeep tracks that the bikers are used to, but lush, moist, leaf covered bush trails, adorned with mushrooms, ferns, rich in bird life and the fresh scat of unseen animals. The smells and sounds of the forest soon mingle with slightly laboured breathing as the trails start pointing up hill.

Fourteen km later we emerged at the oasis of Greenfern lodge for our first night's stop and were welcomed by ice cold G&T's around a fresh swimming pool to dangle weary feet into. There were no takers for a swim that day, but this was not to be the case after the very warm day three.

The next day the hikers were baying at the gates to get going, like a pack of wild horses eagerly waiting to be let loose on the track. The trails didn't disappoint and took us along a virgin section of mountain track which hadn't seen a vehicle or hiker in years. The smells of a dewy morning intermingled with the slanted rays of the sun streaming through the forest canopy. It felt good to be alive and to be part of this adventure, so far from the office and worldly worries.

At lunch time we happily descended onto the beautiful Packwood Wine Estate where we tasted their whole range of delicious wines and bubbly served with a mouth-watering lunch of homemade cheeses and charcuterie.

And then onward for another hour or so until we emerged at a secret deck overlooking the upper reaches of the Bitou river course. It is said that life is not measured by the number of breaths you take, but by the moments which take your breath away. This was surely one. Amanda from Protea Wilds treated us to a night of wonderful food and lots of mirth as the stories flowed well into the night.



Day three took us on a long fifteen kilometre trail crossing the Bitou valley and up the other side through unspoiled fynbos and the pastures of the Uplands. After collapsing into a cool flowing river, we were surprised with an unexpected picnic stop halfway up the valley. Far in the distance we could see where the Camino would end some two and a half days later. At Bellamanga a welcome pool awaited and weary hikers fell in fully clothed but content.

The Queens stage on Day four had hikers out the gates at 7:15 to meet the game vehicle which traversed us across the Plett Game Reserve in the care of our knowledgeable chaperone, Kiewiet. Plains teeming with animals took one's mind far away to another place elsewhere in Africa, where such sights feel more common place.

Night five brought with it the joy of Davina and Derek at their 20 Good Summers working farm retreat. Wine and pizzas flowed all night to celebrate that most of the Camino was now behind us. Day five took us back into the forest and along the river course in the direction of the Keurbooms.

An unexpected climb that rivalled Postman James was there to greet us as we ascended from the riverbed in the direction of Fairview Manor, where the promised cappuccinos were quickly substituted for the legendary Fairview Hot Chocolate next to the fire. During the final stretch, the Robberg Peninsula slowly reveals itself as you descend towards the Keurbooms river. The strange thing is that when you left five days earlier, you were looking at it from the other side, and without realizing it, you have come full circle and see it now from the East.



“ In the end, it was difficult to remember all the steps it took to get there.... ”

Alighting from the game vehicle we set off downhill towards the Keurbooms river. The declining temperature on the way down reminded one that you were losing altitude fast, and what goes down, must surely come up! Once across the river we headed in search of the bottom of our new trail, fondly named “Postman James” in deference to its original purpose a long time ago, and the Plett Camino trail warrior who found it and cleared it for us.

A stiff and lengthy climb out the valley was just what was needed to get the heart racing. After a well-deserved rest at the top, we set about a fast-paced hike through the forests in search of our next stop at Kay and Monty Vineyards some ten kilometres down the track.



We concluded the Camino with a welcome lunch at Down to Earth restaurant on the Bitou River.

As I sat there gazing over the Botou river, with a burning log fire at my back, the irony of the situation did not escape me, that our seventy five kilometre epic, had taken us from the Garden of Eden five days earlier, all the way back Down to Earth !

At the end, it was difficult to remember all the steps that it took to get there, but as the days and weeks passed, and the photos and stories were shared, so many wonderful memories came flooding back.

The Camino is an experience you wouldn't expect from Plett as so few venture north towards the forests and the mountains. The diversity of trails, views, friendships and experiences along the way, leave you wondering how Plett could be so close, yet feel so far away for five full days.



Iain Bryant
+27 83 445 1111
ib@plettcamino.com
www.pleettcamino.com
Facebook: @plettcamino
Instagram: @plettcamino



Awaken your soul

Good food, good company, natural beauty and breathtaking scenery makes for a journey of a lifetime.

WHAT IS IT?

The Plett Camino is an all inclusive, fully catered, five-night, five-day, slack packing adventure through the forests and highlands of the greater Plettenberg Bay region.

Your five-day journey will take you into the rugged mountainous areas above Plettenberg Bay, through pristine indigenous forests, mountain fynbos, pine forests and the open plains of the Plett Game Reserve and then down to the wine lands of the Craggs, before turning back towards Plett.

Your Camino de Plett culminates as you descend after 5 days in the wilderness onto the epic Keurbooms River Estuary where we all meet up for a well deserved lunch to re-live your experience with newfound friends before departing for home or the airport.

We look forward to hosting you soon.

We recently completed this amazing slack packing adventure – 5 actioned packed days with amazing scenery, awesome meals and wonderful accommodation! A must experience in the Garden Route!

More Information

+27 (83) 445 1111

www.plettcamino.com





Credit: Katy Stickland

Kirsten Neuschafer,
the winner of the
2022 Golden Globe
Race and the first
women to win a
solo round the
world yacht race

Kirsten Neuschafer has become the first woman to win a solo, round the world yacht race after winning the 2022 Golden Globe Race

Second-time Golden Globe Race competitor, Abhilash Tomy will be the next boat across the finish line, lying some 100nm astern of Neuschafer. That these three will finish within the space of a couple of days after 235 days at sea speaks to the high level of competition between these front runners.

Tired but jubilant, the focussed 39-year-old, who throughout much of the race had no idea she was leading, celebrated a hard-fought victory. Her Cape George 36 cutter, Minnehaha was then towed up the channel to the pontoon as thousands of people cheered and applauded her incredible achievement.

Among them were 2022 Golden Globe Race skippers Ian Herbert-Jones, who had just arrived from Cape Town, having been rescued from his dismasted boat just weeks before, and French sailor Damien Guillou, whose race ended after windvane steering failure on approach to Cape Town.

'I feel very emotional and honoured,' said Neuschafer after finishing the race. 'I am never going to forget the welcome. I want to thank my fellow skippers as without them, there would have been no race. Simon was very difficult as he was always in front of me and I knew Abhilash was close, and this encouraged me to navigate as quickly as possible.'



**No wind, meant it took hours for Kirsten Neuschafer to sail the Minnehaha over the finish line.
Credit: Katy Stickland**

1997 Vendée Globe veteran Catherine Chabaud, the first female sailor to race solo non stop around the world without assistance, and the winner of the 2018 Golden Globe Race, Jean-Luc van den Heede, were there to greet Neuschafer as she stepped off her boat after nearly 8 months at sea.

Her official finishing time was 233 days, 20 hours, 43 minutes and 47 seconds. This takes into account the 35 hour time compensation and 30 litre fuel allowance given to her following her role in the rescue of fellow race skipper, Tapio Lehtinen,

Neuschafer said she was driven to keep going, even in calms and the doldrums on the way up the Atlantic, where she regularly went swimming to deal with the frustration.

'I never thought I would give up; there was no reason to think this as I had full confidence in the boat. I never doubted I would get to the finish line.'

Throughout the 2022 Golden Globe Race, Kirsten Neuschafer has fought to be at the front of the fleet, her ambition to win driving her more than many of the other entrants. She deliberately chose a boat that she believed could win the race and survive the Southern Ocean.

Speaking to Yachting Monthly from Prince Edward Island, where she was refitting the boat, she said: 'From the outset it wasn't a question of taking any boat that was available and in my price range; it was to choose a boat that I believe can win and can survive the Southern Ocean, and then get that boat at any cost, no matter how much work.'





Kirsten Neuschafer/ rounded Cape Horn on Day 164 of the race. Credit: Kirsten Neuschafer/GGR 2022

Her choice of the Cape George 36 paid off. Minnehaha has the longest LWL in the fleet, and with a generous cutter rigged 806sq ft sail plan, the boat achieved slightly higher speeds than her counterparts.

As a result, she holds the 2022 Golden Globe Race records for the best 4 hour speed average (9.80 knots), best 24 hour distance (218.9nm) and best 7 day distance (1,216.2nm).

The boat's performance was evident after her average start in the race, but she constantly pushed, choosing to hand steer the boat rather than just rely on her Hydrovane windvane steering to make up for lost ground. Her disappointment coming 6th through the first race gate at Lanzarote was evident, but her motivation was stronger.

Having exited the Bay of Biscay in 10th place, she was soon climbing the leader board. Coming down the Atlantic, she chose a more coastal route to keep the island of Trinidad to port; a strategy to make the most of the current and receive weather information via her weather fax so she could identify the location of the South Atlantic High.

She took the longer, southern route with a more comfortable point of sail to reach the race's second gate at Cape Town; a strategy that paid off when she was second through the gate behind the then race leader Simon Curwen.

At the time she said: 'I read up in Ocean Passages for the World what is the best route for this time of year and the route is to pass 80 miles south of the Falklands and make for a point to the east of 35°S and 30°W at this time of year, and this is what I've been doing. I don't know if it was a good idea to follow the suggestions or not.'

Doubting her easterly route, she took a more northerly route; it was a decision which would prove incredibly frustrating for Kirsten Neuschafer, who sailed through more light winds than any other 2022 Golden Globe Race sailor while sailing up the Atlantic, and meant she crossed a very wide doldrums.

This allowed both Tomy and Curwen to make gains on her position before Curwen in his Biscay 36, Clara, took the lead and become the first of the 2022 Golden Globe Race fleet to cross the finish line.

Katy Stickland April 27, 2023

<https://www.yachtingmonthly.com/boat-events/golden-globe-race/kirsten-neuschafer-wins-2022-golden-globe-race-and-makes-history-93838>



SKY VILLA

BOUTIQUE HOTEL



This luxurious boutique hotel offers the ultimate escape with its warm hospitality, cutting-edge design, light-filled interiors, contemporary colours, soft furnishings and lush indigenous gardens. Accommodation comprises 14 luxury rooms tastefully decorated, well-appointed with luxury amenities and all with their own private terrace.
The restaurant, open to the public offers seasonal menus and caters for breakfast, lunch and dinner.

PLETT FC AUCTION

presented by Champion Tours

SUPERB, FRAMED SPORTS MEMORABILIA UP FOR AUCTION



Sky Villa • Wednesday 28 June 2023
6pm welcome drinks & snacks

Auction starts at 7pm

Option to enjoy dinner specials with the Plett FC executives and members after the auction, at everyone's own expense, at 8pm.

Auction to be conducted by Gus Bonini



For more info and bookings, contact
Robin Ball on +27 62 617 5940





K O M B R A A I M E T O N S . . .

Submit your braai recipe and video link here to be featured in our next issue of SA Commuter Magazine and on our TV Channel www.sacommuter.com

How to Grill Lamb Ribs | Full rack of Lamb Ribs easy way Xman & Co

Join us where we share one of our favorite and easy ways on how to grill lamb ribs at home.

Spices:

Rock Salt to taste
Ground Pepper
1.5 Tbsp Homemade rub to taste
Cayenne Pepper 1 tsp
Paprika 1 tsp
Mint 1 tsp
Cumin powder 1 tsp
Homemade rub 3 Tbsp
Bbq spice 1 Tbsp
Chilli flakes 1 Tbsp
Mixed herbs 1 Tbsp
Ground pepper 1 Tsp
Paprika smoked

SUPPORT THEM ON

<https://xmanandco.etsy.com> This is so easy - you can do this at home like a legend.



LIVE LOVE AND LISTEN TO SA COMMUTER RADIO AND TV

WWW.LIVELOVELISTEN.CO.ZA

sapr 
INTERNATIONAL
exporting home abroad



WIN!



MOTHERS /
FATHERS DAY
COMPETITION
WIN R2000
WORTH OF TECH
FOR MOM OR DAD

Write a 12 line Stanza (Poem) about your
mom and submit by 30 June 2023.

or

Write a 200 word short story on a blended
family (whether yours or someone elses)

Submit your entries before 30 June
2023 by visiting the website or
downloading the app
www.mainlinetechnology.co.za


MAINLINE
TECHNOLOGY



A SOLID PORTFOLIO

**2024 IS NOT FAR OFF,
AND IF YOU
ARE THINKING
ABOUT INVESTING IN
PROPERTY, DON'T DO
ANYTHING UNTIL YOU
HAVE READ OUR GUIDE
ON THE BEST PLACES
TO INVEST IN
PROPERTY UK 2023**

THE EXPECTATION FOR 2023 according to PwC is that interest rates will not rise enough to dampen investor enthusiasm for real estate. The UK enjoys the second highest amount of investment in real estate out of all European countries, totaling €64bn between Q4 2022 and Q3 2022, and with most of the UK public having no confidence in the government to effectively address the housing crisis and their ability to afford housing, the rental pool will not shrink any time soon.

As inner London becomes increasingly more unaffordable, young professionals are beginning to move to towns within commutable distance of the capital. With regards to property investment, will 2018 be the year of the commuter town?

SLOUGH

Slough is undeniably well-connected and located in the Thames Valley, a region FDI Intelligence mentioned in its "European Cities and Regions of the future report". Slough and the surrounding region is thriving, with over 4,600 businesses located in the area, including corporate heavyweights such as Unilever, Honda, Ferrari and O2.

Not only is it convenient for young professionals who are working locally, but with the construction of Crossrail it is about to get even better connected. Journey times to key London stations such as Liverpool Street and Canary Wharf will be slashed, appealing to young professionals working in those areas but who are priced out of London.

In part this is already happening. A report by Countrywide has found that more homes in Slough are let to a tenant moving to the town from the capital (46%) than anywhere else in the country. Investors should start to think about catering for London's overspill.

STEVENAGE

London commuter towns such as Stevenage have, in recent years, experienced a phenomenal rate of growth in property prices. Between June 2007 and June 2017, the average house price in Stevenage increased by 58.5% from £181,475 to £287,692 according to HouseSimple.com. Having said that, its proximity to London means it is still an affordable option for those who have been priced out of the capital. One bedroom flats in Kings Cross are selling for £675,000, and as that is beyond most people's budgets, it makes sense that more people are choosing to buy property within easy commuting distance. There is already a direct train to King's Cross – an area that has seen much rejuvenation and is now the home place of Google's £1bn head office, that takes just 26 minutes. Stevenage is also about to become a lot better connected, with the Great Northern railway line being extended to connect Stevenage with other stations in London such as Farringdon and London Bridge, as well as places south of London such as Gatwick Airport and Brighton. We predict that with these improved connections to other London terminals and on towards Sussex, appetite for property and accommodation in the Hertfordshire town will soar.

LONDON BOROUGH OF REDBRIDGE

Central London is now almost completely unaffordable for the majority of those living in London. Consequently, people are moving to outer boroughs, and Redbridge has appeal. Boasting leafy suburban areas such as Woodford, Redbridge is known for its well-performing schools, excellent transport links and beautiful parks – including parts of Epping Forest. According to a survey conducted by the Office of National Statistics, Redbridge came top out of all London boroughs when residents were asked how satisfied they were with their life so it is little surprise that demand for property in the borough is high.

Landlord insurer Direct Line conducted research which found that properties on the Central line provided the best investment opportunities and many stations in Redbridge are served by that underground line. This is no surprise, as demand for property within the borough is clearly soaring. Between 2001 and 2011 the population of Redbridge rose by 15.3% to £278,970, and with more people gravitating towards the outer boroughs, we can only see property prices climbing.



BIRMINGHAM

Birmingham remains a UK property investment hotspot, and we can see it retaining that title well into 2018. It was recently ranked in 21st position for its overall investment prospects in 2018 amongst both domestic and European rivals. The report named 'Emerging Trends in Real Estate Europe' was compiled by PwC and thinktank Urban Land Institute, based upon the opinion of over 800 real estate professionals in Europe including estate agents, investors and developers.

Birmingham's steady position as a property investment hotspot is also in part due to the enthusiasm it is receiving from global corporations. HSBC has announced that it is creating a new headquarters at the Arena centre, and HMRC are also setting up a new regional office in the city. The promise of new jobs will be chased by young professionals, who will be looking to settle down in the city and will require accommodation.

Many large companies and investors are considering investing in Birmingham, as they move away from London's inflated property market due to Brexit concerns. The average house price in Birmingham is still a modest £183,399, and average yields reaching 5.02%, it has made LendInvest's markets to watch list, and should definitely be on every investor's radar.

MANCHESTER

Manchester was also mentioned in PwC and Urban Land Institute's 'Emerging Trends in Real Estate Europe', and ranked in 20th position for its overall investment prospects in 2018.

Its popularity is bolstered by investors being cautious about plunging more money into London's property market. Prices in the capital are so over-inflated, investors are beginning to look elsewhere in the UK. Manchester is a key city in the government's Northern Powerhouse project and now a host of new businesses have called it home, including HSBC, RBS and Barclaycard. It has also experienced some of the strongest house price growth out

of any UK city, and enjoys attention from overseas investors, with Germany naming it has the most important city outside of London for investment.

Over the past decade Manchester has experienced a phenomenal amount of investment and regeneration, which in turn has made it a more attractive place to live and has also improved its economy immensely. As Manchester becomes more appealing to young professionals, it is no surprise that it is a lucrative place to purchase Manchester buy to let property. It was featured in LendInvest's quarterly Buy to Let Index Report as one of the top 10

buy to let postcodes due to the rental yields that can be achieved.

MILTON KEYNES

With the Chancellor allocating funds to build new homes in the Cambridge – Milton Keynes – Oxford corridor and earmarking £7bn for improved transport links between the areas, we think the town of Milton Keynes will be on many investor's minds next year. The average house price in Milton Keynes is £276,713, compared to average property prices in Cambridge and Oxford, which sit at £488,398 and £507,529 respectively.

Due to its strategic location, equidistant between important cities such as Birmingham, Oxford, London, Cambridge and Leicester it is ideal for professionals working in these areas who are looking for cheaper accommodation, especially once the transport links between the Cambridge – Milton Keynes – Oxford corridor are improved.

NOTTINGHAM

Nottingham stepped into the limelight in 2017 as a place to watch if you wanted to achieve excellent rental yields.

The midlands city is home to the prestigious University of Nottingham, the legends

of Robin Hood and it was even going to nominate itself for the 2023 European Capital of Culture. It is also flanked by some of the UK's most beautiful countryside, including the Peak District, Sherwood Forest and the Vale of Belvoir. However, that is not all it has going for it!

According to Mortgage Broker Private Finance, average rental yields in Nottingham are the second highest in the country at 5.6%. It also performs well in terms of capital growth, as according to eMoov.co.uk over the next 10 years Nottingham will top the tables for average house price growth at 0.8% per month.

This means that the average property price will increase by 160% between 2017 and 2027, from £133,215 to £346,592. The attraction of Nottingham is that 25% of its population is aged between 16-24 – one of the prime demographics that will be looking for rental property. It also boasts excellent travel connections, that makes 90% of England's population accessible.



GLASGOW

Rental property in Glasgow achieves some of the best yields in the UK at 6.9% on average due to the high number of 21-35-year olds (28.5% of the total population). Not only that, but property prices have been increasing at a staggering rate. Since June 2016 property prices in the Scottish city have been increasing by 0.7% per month, which if continued would mean prices would achieve an average of £285,487 by 2027 according to eMoov.co.uk. Glasgow previously suffered from slow house price growth which is why housing in the city is largely affordable compared to other places in the UK, however since 2016 prices have begun to accelerate in the city.

To achieve good rental yields, property prices need to be low in comparison to the rental value. 2018 is an ideal time to invest in property in Glasgow, whilst property prices are still low enough to promise good rental yields, but have capability of achieving good capital growth should the

investor wish to sell the property in the future at a profit.

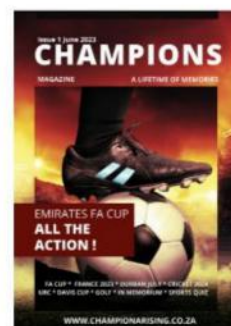
"Places we have chosen for our best places to invest in property UK 2018 list are areas that are experiencing tonnes of regeneration, whether that be improving the urban landscape or making travel infrastructure changes." Says investment director Arran Kerkvliet of One Touch Property Investment. "The significant young population of places such as Nottingham and Glasgow will make them attractive to investors, as there will be a significant rental market and low property prices will further buoy the rental yields that can be achieved." "Towns such as Stevenage are close to London but property prices are significantly lower, which is perfect for those struggling to get onto the housing ladder in the capital. Improved transport links due to be completed in 2018 means that even more of London and beyond will be accessible from Stevenage, so this year is a really exciting time to invest." He added.



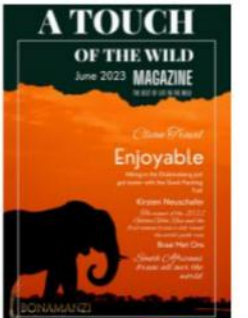
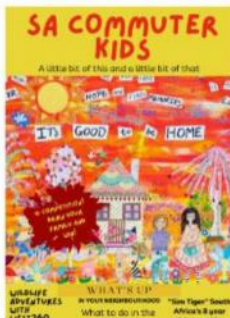
One Touch
Property Investment



READ LISTEN WATCH OUR MAGAZINES ARE 'FLIP'PING GREAT READS...



*Find magazines
you will enjoy.
Combination rate
cards are on the
menu with
competitions,
subscriptions and
much more...*





AMARULA

MARULA, FRUIT OF THE SPIRIT

EVERYTHING STARTS WITH THE MARULA FRUIT

There is just one place on earth where the Marula trees grow – across Africa's subequatorial plains. And there is just one time of year when the Marula trees bear their exotic fruit – at the height of our beautiful summer.

The size of small plums but oval in shape, the Marula fruit ripens to a rich yellow, with a tough outer skin surrounding its fibrous, white flesh. Containing four times more vitamin C than the average orange, Marula is a succulent fruit with a citrus tang and a creamy, nutty taste.

Archaeological evidence of Marula fruit can be dated back as far as 10 000 BC with traces of Marula kernels found in the ancient Pomongwe Cave of Zimbabwe. The smooth, light brown seed inside each Marula fruit protects its oil-rich kernels which are an essential source of nutrition and have anti-oxidant as well as moisturising properties.

THE AFRICAN LEGEND

Storytelling has always been central to African life. The Marula tree, as the source of several fascinating legends, has become a sacred and intricate part of ancient African culture. Locals have revered these trees for centuries and refer to them fondly by various names.

Because elephants travel for miles to feast on the wild fruit, locals call it 'The Elephant Tree'. African folklore also refers to it as 'The Marriage Tree'. Apart from making a beautifully natural wedding canopy, it's also said to have aphrodisiac properties and features in tribal fertility rites. The ripening of the Marula fruit in summer coincides with great celebrations in many parts of Southern Africa. In Swaziland, for example, the annual Marula Festival is celebrated at the king's royal residence, sustaining the belief that the Marula fruit is fit for kings and queens.

Like the elephants, the Marula trees are protected under South African law. They are a key part of African heritage and may not be farmed for commerce. The fruit however is sold in a variety of natural products, Amarula of course being one of them



INGREDIENTS

- 30 ml Amarula Cream
- 15 ml Gordon's London Dry Gin
- 1.5 ml bitters
- Lemon zest
- Ice cubes

Add the Amarula Cream, gin and bitters to a cocktail shaker, blender or sealed container and insert a few ice cubes.

Mix well, pour into a martini glass and garnish with a twist of lemon zest.

To cool the glass ahead of time, fill with ice cubes and remove before pouring in the cocktail mixture.

A classic Italian dessert with an Amarula twist. Light sponge cake brushed with a coffee syrup and topped with an Amarula mascarpone cream. Dusting with cocoa powder to finish. Preparation time: 20mins. Cooking time: 25mins. Chilling crumb coat: 30 minutes.

350g plain flour (all purpose flour)
330g sugar
1tbsp baking powder
0.5tsp salt
200g unsalted butter
3 large eggs (at room temperature)
200ml whole milk (at room temperature)
0.5tsp bicarbonate of soda
2tsp vanilla extract
120ml strong black coffee made with 2 tsp instant espresso powder
100g granulated sugar
200g icing sugar
450g full fat mascarpone (chilled)
240ml chilled double cream
60ml Amarula Cream Liqueur
2tbsp cocoa powder for dusting

Make the cake. Preheat the oven to 180C (350F). Grease and line three 20cm | 8in layers cake tins – or spray with cake release.

Put the flour, sugar, raising agents and salt in a large bowl (or the bowl of your stand mixer). Stir to combine.

Add the eggs, milk and vanilla extract. Start beating together at the lowest speed setting, gradually increasing the speed to maximum once all the ingredients have been incorporated.

Divide the batter between the tins and bake for 25-28 minutes, or until the cakes are springy to the touch and a skewer inserted in the center comes out clean.

Leave the cakes in the tins for 10 minutes then turn out to a wire rack, right way up. Leave them to cool completely then level.

AMARULA 35. DRENCHED TIRAMISU



Put the coffee and sugar in a saucepan and bring to a simmer, stirring so the sugar dissolves. Brush the flat side of the cakes with the syrup so that it soaks into the sponge.

Put the mascarpone, icing sugar and half the cream in a bowl and beat with a hand mixer (or in a stand mixer) on low speed initially to combine the ingredients. Increase the speed and add remaining cream and Amarula and whisk until the frosting holds peaks. Don't beat for too long – the frosting might become grainy. Put the frosting in the fridge unless you are using it straight away.

Pipe the frosting over the cake layers and sandwich together. Add a generous layer of frosting over the top and sides of the cake and smooth using an offset spatula. Chill the cake in the fridge or freezer to seal the crumb coating. Add a second layer of frosting over the cake, either to cover completely or to allow the sponge to show through for a naked cake effect.

Pipe the remaining frosting on top of the cake using a plain round tip. Dust lightly with cocoa powder. Keep chilled until you are ready to serve.

VIP FREEWHEELER FRANCE 2023 TICKET MAY MADNESS



info@destinations2travel.co.za

Special Budget airfares for economy class return flight tickets to Paris from JHB are also available from only R14,995 excluding standard booking service fees, depending on your requested International carrier flight dates.

Friday	08-Sep	Paris	France vs New Zealand	Cat 2	ZAR 22,995
Friday	08-Sep	Paris	France vs New Zealand	Cat 4	ZAR 14,998
Saturday	09-Sep	Marseille	England vs Argentina	Cat 4	ZAR 12 788
Sunday	10-Sep	Marseille	South Africa vs Scotland	Cat 2	ZAR 17,998
Sunday	10 Sep	Marseille	South Africa vs Scotland	Cat 4	ZAR 14,998
Sunday	17-Sep	Bordeaux	South Africa vs Romania	Cat 3	ZAR 6,448
Thursday	21-Sep	Marseille	France vs Namibia	Cat 3	ZAR 6,487
Saturday	23-Sep	Paris	South Africa vs Ireland	Cat 4	ZAR 18,998
Wednesday	27-Sep	Lyon	Uruguay vs Namibia	Cat 3	ZAR 3,575
Sunday	01-Oct	Marseille	South Africa vs Tonga	Cat 3	ZAR 4,495

- Kindly send your request to info@destinations2travel.co.za for any of the above Pool Match tickets you may wish to purchase. Other Pool Match tickets available on request.
- Any **Knockout Phase Freewheeler Cat 2/3 tickets** (both 2 x QF's & 2 x SF's & The Final) may only be purchased together in Paris Land Arrangements travel packages, including a minimum 3 nights accommodation in a selected 3* or 4* hotel; in a double / twin room sharing; Daily breakfast; Tour memorabilia.
- From only ZAR 49,995 Per Person Sharing. Ex-Cape Town and Durban flights on request.
- Payable on a structured payment plan starting within 48 hours of your preferred travel package.



UK coaxes SA teachers with R245 000 to relocate

Johannesburg - A quarter of a million rand is the lure to get South African teachers to sign up and work in Britain.

By Norman Cloete, Baldwin Ndaba, Karishma Dipa, Sameer Naik and Shaun Smillie

The British department of Education is offering international relocation payments of £10 000 pounds (about R243 400) to foreign physics and language teachers. This relocation payment is to cover their visa and moving expenses. The UK's "The Times" newspaper said teachers from Ghana, India, Singapore, Jamaica, Nigeria, Zimbabwe and South Africa were to benefit due to historical education links with Britain.

To qualify the teacher must have a degree, a recognised teacher-training qualification and at least a year's experience. They also need to be able to speak English to an undergraduate level. Between 300 and 400 payments are expected to be made to new teachers as they start the next academic year in September. The new teachers who have been recruited will have the same status to those with qualifications from Europe, Australia and New Zealand who head to the UK to work. The scheme is likely to be expanded in the coming years with hundreds of maths, science and language teachers expected to be recruited.

The announcement in the UK comes as the South African educational system is in crisis. Poor pass rates, overcrowded classrooms and low literacy rates have plagued local classrooms over the last few years.

However the Department of Basic Education welcomed the UK teacher recruitment drive, saying that there is currently an oversupply of teachers in the country.

"If there are opportunities elsewhere in the world we would urge qualified educators to take those opportunities rather than sit at home and do nothing," said the spokesperson for the Department of Basic Education, Elijah Mhlanga.

Also, if our teachers are considered for these international opportunities we view it as a vote of confidence in our education system." However, the problem, says the union the National Professional Teachers' Organisation of South Africa (Naptosa), is that there is an artificial surplus of teachers in the country. "It is short sighted, there appears to be a surplus. But it's not a complete surplus, because there are shortages in some areas and and surpluses in others," said executive Director of Naptosa Basil Manuel. There are shortages of Junior Primary teachers and teachers of the

He added that while there was a supposed surplus, the Department of Education had not got the ratio of teachers to pupils right and this was causing overcrowding in classrooms. It was also adding to the recently highlighted problem of literacy.

A recent report by the 2030 Reading Panel had shown that 82% of Grade 4 children cannot read for meaning.

“One of the real problems is that you have classes that are too large in the junior primary and teachers can’t get to the children who need assistance,” Manuel explained.

He pointed out that the government spends money on training teachers.

“We spend billions training these people and we have to ensure that we try to keep them here.”

Education specialist Professor Mary Metcalfe said she wasn’t surprised by the UK’s efforts to recruit teachers globally. “The teacher shortage globally means there are also initiatives to recruit from North America as well as the UK. I have no doubt that our teachers in South Africa are good enough to teach anywhere around the globe.” Another teaching union, like the Department of Basic Education, saw the opportunity of South African teachers to work in the UK as a good thing.

“It may assist those unemployed teachers who may be absorbed in the system. They are not employed due to austerity measures by the government. The system cannot absorb them,” the South African Democratic Teachers Union media officer, Nomusa Cembu said.

The Independent Schools Association of Southern Africa (Isasa) also said it was not particularly concerned about the country’s teachers leaving to work in the UK.

Isasa CEO Lebogang Montjane said this has been a regular practice for many of South Africa’s teachers in the past which often proved to benefit the country in the long run.

“South Africa is a great source of teaching talent around the world, including Dubai, Asia, the US, the Netherlands, Australia and New Zealand, so this is just one of the UK’s ways to differentiate themselves from other competitive markets,” he told “The Saturday Star”.

Montjane added that many teachers have spent time working abroad and have returned to teach in South Africa.

“Many young people want to go out and see the world and we encourage them to do so, but you won’t find much evidence of the UK having a better education system than South Africa.”

The Saturday Star





A Journey THROUGH AFRICA



with paul clayton, director of the africa rally

"I never knew of a morning in Africa when I woke up, that I was not happy." - Ernest Hemingway

The Africa Rally is a three week charity road trip through Africa, running between 1st July 2023 and 22nd July 2023. It starts at Sparrowhawk Lodge, by Hartbeespoort (South Africa), and ends to the west of Kisumu, at Victoria Sands Lodge, on Lake Victoria in Kenya.



Any vehicle can enter, and we provide discounted entry, the more ridiculous the vehicle. Entry Categories:

(<https://africarally.com/entry-categories/>) Costs (per team, no additional cost per person):
<https://africarally.com/product/pathfinder-edition-2023/>

Discovering the Hidden Gems of the wild

The suggested route has been chosen to showcase some particularly amazing places, and I know most teams are looking forward to seeing Elephants in Botswana, Victoria Falls in Zambia, and braaiing fresh fish on the beach in Malawi (still the best fish I've ever tasted!). Once into Tanzania the wilderness areas to the west, along with Lake Tanganyika itself is what I'm personally looking forward to on my current reccy north, as previously I've taken a more direct route across the country, taking in Kilimanjaro and the Ngorongoro Conservation Area before entering Kenya.



What inspired you to create this rally? Who is it for?

I've been taking part in charity road rallies since 2010, when I made the highly ridiculous decision to drive from London to Mongolia in a 1.2litre Suzuki. Since then, I've driven old vehicles all over the world, completing the Plymouth – Dakar in 2016, and touring sub-Saharan Africa extensively in my Mark 4 Ford Cortina.

The pandemic made me reassess what was important in life, and that periodic desire to escape the corporate office life and travel, became a want to share my love of overlanding in Africa with as many people as possible.



On an individual level as well though, this rally is for people wanting to reconnect with the outside world and perhaps push themselves beyond their comfort zone after these last few years of restrictions. The Land Rover / Camel Trophy moto of "One Life, Live It" comes to mind.

Why travel Africa's roads in a vehicle that isn't the latest 4x4?

It's all about the journey rather than the destination. If you need to get somewhere fast, then by all means drive the latest 4x4, blend into the background on the road, and arrive at your destination ready to achieve your purpose there. However to truly experience the wonder of overland travel in Africa, an older vehicle is the way to go. Especially one which is decorated! My personal choice is to create designs either with our route map on the vehicle, or the flags of the countries which we will be travelling through. This means that when you stop for fuel, for lunch, or when you're stuck somewhere, you have a visual aid to chat to people about where you've come from and where you are going. People are also from my experience, much friendlier, and much more willing to help if you're in a ridiculous vehicle which everyone can have a laugh about.



In terms of who it's for... well, we don't mandate a specific charity as across the world so many people are currently needing help in one way or the other. Instead we ask each team to choose a charity they are already passionate about, and use this event as a platform to promote awareness as well as fundraise. There will be a prize for the team who raises the most before crossing the finish line.

It might not always be the most comfortable way to travel, but definitely ensures a good adventure, and as our rally is set over three weeks, it ensures there are plenty of rest days, and that you shouldn't have to always be driving.

Tell us about a time your vehicle broke down and how you got out of it.

Where do I start!? I've broken down many... many times over the years, but favouring a simple classic car does often provide the benefit of being able to get it running again by the side of the road, or in any backstreet mechanic's workshop.

The most dramatic was probably in Mauritania in 2016 when upon hitting a particularly nasty pothole the entire rear wheel flew off the car and bounced down the road. Although we eventually retrieved it, it was clear to the eye that a fair bit of damage had been done, beyond what our relatively conservative toolbox could fix. We hadn't seen another car all day... and it was hot... stuck in the middle of the Sahara hot. After a bit of discussion I got the compass out, set it for where I figured the direction of the nearest village on the map was, and started walking, with my two co-drivers left to watch the vehicle.

The kindness of strangers in these situations cannot be understated, and always provides a too often needed refresher for everyone's faith in humanity. “

I'd been going for about 10 minutes when I see this old Hilux coming down the road. I flag them down and although we don't speak the same language my gestures to the car on the side of the road in the horizon must make sense. "Mechanic?"



Finally a word we both know... then to my amazement the driver points in the back of the truck where there's another man in a blue boiler suit covered in oil. It turns out they had broken down about 10kms past us, had gone to fetch a mechanic earlier that day and were on their way back. They were only too happy to help us as well.

More recently I've cooked the brakes on the Ford Cortina while negotiating the steep roads in Lesotho, and just the other day managed to overheat the VW Kombi while heading for Botswana. In this last situation, I think help came faster than it ever has done before... with a chap called Graham who was also in a VW Kombi and just happened to be behind me, pulling over to offer me a tow.

The kindness of strangers in these situations cannot be understated, and always provides a too often needed refresher for everyone's faith in humanity.

How did you put together the route?

The route was designed through a mixture of going with what we know from personal experience, and because our HQ team all agreed that it showcases the best route through Africa to date.

What can overlanders learn from travelling Africa's roads?

Africa's roads provide something for all types of overlanders, on all types of surfaces. These range from beautifully tarred mountain passes (with very minimal potholes) in Malawi, to nicely graded washboard gravel allowing for a bit of sideways action, to dried up riverbeds often going from off-road to no-road very quickly.

The sheer amount of wildlife that can be seen from the side of the road dwarves anywhere else in the world – elephants, rhino, giraffes, ostriches, zebra, and even hippos could be up ahead.

Learn to expect the unexpected. You never know what will be round the next corner!



www.africarally.com

Cody
The Rank Marshal

STAND UP

COMEDY

Night

14 July

ARTIST LINE UP

GIFT CHRISTOPHER NYAMUTEYA | MUKOMA BIDZ

ERIC MAX | SEAN REID | KING KANDORO

NICO NDLOVU | MR LORRAINE

6PM - 8:30PM

**Genesis Cinema 93-95 Mile End Road,
Whitechapel, London E1 4UL**

WHO IS RANK MARSHALL REALLY?

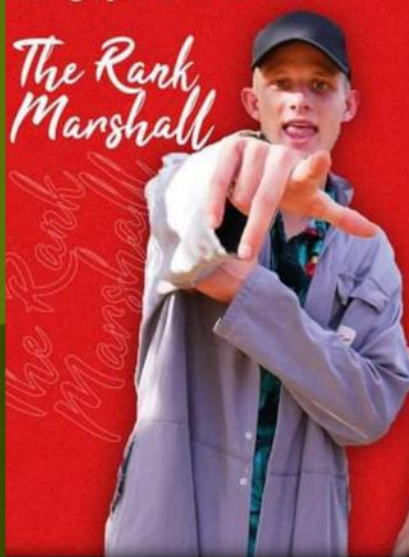


Hot Recharge is fast and easy to use.

Need help?

Look out for our **upcoming tutorial video** from these fab guys. Or **call us**.

The Rank Marshall



Gilbert

☎ (0242) 700 007

📞 0772929223

✉ register@hot.co.zw



Sounds like a story familiar to those who know Jungle Book. But in this case he comes from a good home in Zimbabwe. He loved to play with all the children who lived on the property where he grew up. As a result, he learnt to speak Shona fluently, even with the right accent, volume and walk that left his family wondering where on earth he came from. But Cody had dreams of stardom!

The White Shona Boy!

I managed to get hold of his mom who still lives in Zim (fondly known by us all as Zimbo). She misses him madly. But she shared some interesting "mom" stories with SA Commuter.

"Cody is the youngest of 3 children. He grew up in a small holding 20 kilometres outside Harare in Zimbabwe in a place called Christon Bank."

"He grew up playing with our domestic helpers children who spoke to him in Shona from the time he was very little, and he spoke to them in English". She laughs as she remembers the communication between them. "To this day none of know how they understood each other! But in the language of children, they did. To this day Cody remains good friends with his childhood friend and in fact when Cody goes to do his shows as AKA Rank Marshall, Energy goes as his security". His mom shares that when Cody was in junior school, he won the prize for the Shona. At school it is known as Language 1 for the locals and Language 2 for those who speak English as a home language.

Cody was in Language 1 despite speaking English at home (we would have been completely lost had he not been able to converse in both languages). At prize giving we were sitting next to another child's parents and they said "oh there is an error in the program - a boy who doesn't have a Shona surname, is getting the prize! His mom roared with laughters as she shared that it was indeed her son and he really did speak fluent Shona.

Cody's journey as Rank Marshall started when he stood on the back of an ET Commuter bus shouting instructions in Shona. The video went viral.

In 2020 he received an award for having the most followers on Social Media and being the biggest Influencer in Zimbabwe. 30 people under 30 are awarded the prize.



**Cody The Rank Marshall
shares his life story with V
Candy on Candid with Candy
#podcast #zimcomedy**



**LIVE LOVE AND
LISTEN TO SA
COMMUTER RADIO
AND TV**

WWW.LIVELOVELISTEN.CO.ZA

sapr INTERNATIONAL
exporting home abroad

**SA COMMUTER
ONLINE TV &
RADIO**
WWW.SACOMMUTER.COM

**THE
AFRICA
RALLY**
01 - 22 July 2023



JERRY SPRINGER

(February 13, 1944 – April 27, 2023) Tasteless talk shows come and go, but one magazine declared this long-running daytime chatfest "the worst show in the history of television." Loaded with bleeped profanity and guests who aren't afraid to embarrass themselves on national TV, "Jerry Springer" features a host who is the anti-Oprah, aiming his show squarely at viewers who rubberneck at traffic accidents. He has died, after a bout of pancreatic cancer. He was 79.



MARK PILGRIM

(20 September 1969 – 5 March 2023) was a South African media personality who hosted numerous radio and television shows, most notably as a DJ on 5FM, Eastrand-oos Rand stereo, 94.7 Highveld Stereo, 94.5 Kfm, Hot919 and Hot102.7fm.[1] On television, he hosted both seasons of Big Brother South Africa, the first season of Big Brother Africa, and the MNET game show Power of 10.



DAME EDNA

(17 February 1934 - pril 2023) She was character created and performed by Australian comedian Barry Humphries, known for her lilac-coloured ("wisteria hue") hair and cat eye glasses ("face furniture"); her favourite flower, the gladiolus ("gladdies"); and her boisterous greeting "Hello, Possums!" As Dame Edna, Humphries wrote several books, including an autobiography, *My Gorgeous Life*; appeared in several films; and hosted several television shows (on which Humphries also appeared as himself and other alter-egos).

IAN MCINTOSH

(24 September 1938 – 5 April 2023)[1] was a Southern Rhodesian-born Zimbabwean rugby union coach. He served as head coach for the Springboks during 1993 and 1994. McIntosh grew up near Bulawayo in Matabeleland, Southern Rhodesia (now Zimbabwe). McIntosh never played for his country (Rhodesian rugby team) as a player, but became acquainted with coaching in the 1970s under the tutelage of the then Welsh Rugby Union coaching director Ray Williams.



MASTERCHEF JUDGE ANDY ALLEN MAKES A RARE PUBLIC STATEMENT ABOUT THE DEATH OF HIS FRIEND JOCK ZONFRILLO AFTER THE CHEF WAS LAID TO REST IN A PRIVATE FUNERAL

Masterchef judge Andy Allen has thanked his fans and followers for their outpouring of support and kind messages following the death of his co-star Jock Zonfrillo.

Zonfrillo, who died on April 30 aged 46, was laid to rest in a private funeral surrounded by a small group of family and friends on Saturday morning.

In an Instagram post shared on Thursday night, Allen opened up about his grief while showing gratitude to the 'thousands' of fans who wrote their condolences.

'Grieving the loss of Jock will no doubt be a forever process. The last couple of weeks have been the hardest there have ever been,' Allen, 35, began. 'However reading the thousands of messages of support from family, friends and those who didn't personally know Jock but loved him all the same, has been overwhelming and helped not only me but I'm sure others cope with the tough times.'



Masterchef judge Andy Allen has thanked his fans and followers for their outpouring of support and kind messages following the death of his co-star Jock Zonfrillo

He concluded: 'Although I won't be able to get back to each and every one of you....thank you x.'

Allen's caption was accompanied by a photo of himself standing beside Zonfrillo, who looked to be giving the young celebrity chef advice while filming the reality cooking show. Allen and his pregnant wife Alex Davey attended Jock's private funeral on Saturday where a number of close-knit family and friends farewelled the celebrity chef.

He also carried Zonfrillo's coffin alongside the late star's widow, Lauren Fried. Zonfrillo's coffin was covered with the Royal Banner of Scotland and adorned with white orchids. The Royal Banner was a nod to the chef's Scottish heritage. He was born and raised in Glasgow.

The service included eulogies from Fried and Ava Zonfrillo, one of Jock's adult daughters from an earlier marriage. Fried remembered her late husband as a sensitive man with a big heart.

'We were two halves that found each other in the exact right moment in life when we were ready,' she said. 'We were ready for that big love, to live a life of adventure, to become parents together, to imagine things and to actually make them happen.'

Among those who attended were Zonfrillo's fellow Masterchef judges Melissa Leong - who was visibly emotional and comforted by her friends as she went inside - Allen and his wife, former Masterchef judge George Calombaris, and celebrity chef Shannon Bennett. Other TV chefs who turned out to pay their respects included My Kitchen Rules stars Manu Feidel and Colin Fassnidge, as well as Miguel Maestre and Matt Moran. Jimmy Barnes had arrived alone to the memorial, but was later joined by daughter Mahalia as they sang Amazing Grace together, while former Australian of the Year Grace Tame attended with her fiancé Max Heerey.

Wheelchair tennis champion and 2022 Australian of the Year Dylan Alcott also paid his respects.

Zonfrillo died in his hotel room at Zagame's House on Lygon Street in Carlton, Melbourne on April 30 and was found by police at about 2am on Monday, May 1 - the same day Channel Ten was meant to premiere the fifteenth season of MasterChef Australia.

They were responding to a welfare check called in by his wife who was in Italy at the time with their son and daughter. The media personality was scheduled for several publicity engagements for season 15 of MasterChef when he died suddenly.

Zonfrillo died in his hotel room at Zagame's House on Lygon Street in Carlton, Melbourne on April 30 and was found by police at about 2am on Monday, May 1 - the same day Channel Ten was meant to premiere the fifteenth season of MasterChef Australia appearances to promote the cooking show's return

Daily Mail Australia can reveal that when the police entered the hotel room to conduct a welfare check, officers believed that Zonfrillo had died of natural causes and didn't find anything that suggested otherwise. There was also no drug paraphernalia found in the hotel room, sources said. In the wake of the tragic news, Zonfrillo's fellow Masterchef judges Melissa Leong and Andy Allen pulled out of all media appearances to promote the cooking show's return. The season premiere was rescheduled to Sunday, May 7.

Zonfrillo is survived by his third wife, Lauren Fried, and his four children: grown-up daughters Ava and Sophia, from his first two marriages, and six-year-old Alfie and two-year-old Isla, with Fried.

In the wake of the tragic news, Zonfrillo's fellow Masterchef judges Melissa Leong (left) and Andy Allen (right) pulled out of all media.

Allen's caption was accompanied by a photo of himself standing beside Jock, who looked to be giving the young celebrity chef advice while filming the reality cooking show



<https://www.dailymail.co.uk/tvshowbiz/article-12101323/Andy-Allen-thanks-fans-overwhelming-support-following-Jock-Zonfrillos-death-funeral.html>



TINA TURNER SEIZED HER THRONE, OWNED IT, WITH PANACHE!



THRONE: Even if I never set foot on stage again, I'm happy and content with what I've done – Tina Turner...

What was an ordinary Wednesday quickly turned out to be a shocker when disturbing news of rock legend Tina Turner's passing, at the ripe age of 83, spread across a stunned world.

A classic example of faith and determination moving mountains, leggy Turner silenced her detractors when she became an international star at the age of 42 in the 80s. Instantly transforming into a shining symbol of hope and motivation for all those people especially women, who had given up on their dreams because they felt that their time had come and gone.

WeeklySA_Admin
Tribute by Gugu Sibiy

It was not just her husky voice that made the world sit up and take notice. Driving men crazy, to the extent of going bananas whenever they saw them, were those lovely, long legs that were always elegantly clad in high heels. She'd kick them in tune with the beat on stage and the reaction from our male species was always predictable.

Crazy!

Those figure-hugging, colourful, mini-dresses flaunted her assets to advantage. Not to mention the honey blonde wigs that she loved so much. It's not surprising that her fan-base was hugely made up of men. Women loved her too, immensely empowered by her confidence and positive outlook towards life. There's no denying that she was a package of dynamite.

Before she rocked the world, the Queen of Rock 'n Roll took a detour through R&B. A year later, she ruled the roost from the rock throne. A feat that's largely attributed to her meeting with a singer called Ike Turner, who later became her husband. The ink had hardly dried up on their marriage certificate when the abusive monster in Ike started rearing its ugly head. Whether he was jealous of Turner's success, global adoration, killing it on a predominantly male and growing global fan-base or bringing the bacon home, time would tell later? Often being beaten to a pulp, Turner spent time covering black eyes, bruises and bearing pain, performed as if there's no tomorrow. Mummy dearest insisted that she stick it out. When she left in the stealth of the night, she never looked back. Her decision to flee her abusive union would become a fortunate stroke of serendipity, as her solo career immediately thereafter shot into spectacular heights, living a great life, often seen on the arms of gorgeous, young studs.

“With her music and her boundless passion for life, she enchanted millions of fans around the world and inspired the stars of tomorrow. Today we say goodbye to a dear friend who leaves us all her greatest work: her music. All our heartfelt compassion goes out to her family. Tina, we will miss you dearly.”



The British Army band pleased the onlooking crowd with a rendition of the 'Queen of Rock and Roll's' classic hit *Simply the Best*

Overcoming a few contractual glitches, she experienced a phenomenal career renaissance, soaring to even greater heights than she'd imagined. Her music was in demand all over the world. She was in demand for live shows, and, – to this day – her sing-along hits remain a mainstay of most parties, events and regularly make most radio station's playlists.

Like most women, Turner went through a lot of trials and tribulations, but each time rose like a phoenix from the ashes. You'd think that after surviving dehumanising, abusive marriage, she'd live happily ever after. But, nay, in 2016 she was diagnosed with cancer. In 2017, she underwent a kidney transplant operation – and, thanks to her Swiss hubby Erwin Bach, who reportedly donated his kidney to her so she could have a second lease on life.

Good news came tumbling for the rock star when she was inducted in the Rock 'n Roll Wall of Fame as a solo artist in 2021. This was after she was first inducted into the Rock Hall in 1991 as part of Ike & Tina Turner duo. The world has over and over long affirmed her position as the best in rock, a fact attested to by 12 Grammy Awards. What's Love Got To Do With It, The Best, Private Dancer, are some of the hits that come to mind from her greatest repertoire.

Two years ago, Turner and Bach – who were married in 2013 – paid R2,3 billion for the 10-building waterfront mansion, which they used as a “weekend retreat”, according to the news website [news.com.au](https://www.news.com.au).

After moving to Europe in the '90s, Turner relinquished her US citizenship to become a Swiss resident around the time she married Bach, which allowed her to make the purchase. Swiss law requires prospective buyers to be residents of the country in order to invest in property in the area.

Their newly purchased estate in Switzerland also came just weeks before Turner made another big financial decision – agreeing to sell her extensive music catalogue to German music company BMG for a reported R1,3 billion, according to [news.com.au](https://www.news.com.au).

Turner last toured with her final Tina! 50th Anniversary Tour in 2008, performing shows across Europe and North America, earning over R2,5 billion. She died with an estimated net worth of \$380 million. She officially retired from performing in 2009.

The beautiful, sexy, alluring Tina once said in an interview about her life choices: “It can get better. I can make it better, I want better.”

May her soul rest in peace.



50.

SA Store of the month

Do you want to be the store of the month?

Why not send us a few photos of the storefront and the inside of the store and each month we will choose store of the month to be featured here in our international SA Commuter Magazine, sponsored by SAPRO, exporting home abroad! Register with SAPRO on stores@sacommutter.com to be listed. You have to be a part of the SAPRO family to be a store of the month....

Classifieds listing

And that's not all.... why not be featured in our classifieds page for only \$10 a month with a business card size, linked to your choice of video, audio, whatsapp and website (select two to be featured with your advert. You can list all your stores or just one! Up to you. Email us now on stores@sacommutter.com with your artwork and info and be listed! And we have credit card facilities or international banking so no swift codes or exchange requirements. **Best part is that if you are a part of the SAPRO family, there is NO charge....**

To be a part of our stores worldwide database to be downloaded by readers every quarter, register with us on our app - www.sapro.online - and you too can be a part of the database!





LAST WORD

FROM AUDREY MCMILLAN, CEO SAPRO

Hello, I'm Audrey, CEO of SAPRO International. I started the business with my dad over 25 years ago and have enjoyed every moment. Although sadly my dad passed away several years back, myself and my team have continued to make a difference to South Africans living overseas.

Essentially SAPRO's motto is exporting home abroad for a good reason. We specialise in exporting South African foods, wines and goods to those of you living overseas. I am often asked why things are so expensive overseas when South Africans who are visiting compare prices to those in the stores overseas. And I always reply, once you add the extra freight charges, import duties, clearing costs etc, things cannot cost the same as they do at home. Those who live overseas however, earn in dollars, or pounds, and to them the prices remain reasonable compared to their local products. South Africans are resilient and many of the retail stores we supply started by making their own boerewors and biltong using the recipes they used when living in South Africa. We still send them the same spices they used to use back home, but they have to use the local meat to make their products as we cannot export meat from South Africa as it does not meet the importing requirements.

Here in South Africa, we face constant challenges such as load shedding, container shortages, port strikes or railways not operational but we try not to let it affect our delivery schedules as we do try to pack the orders within 4 week of receiving the orders. We also have to be very mindful of the shelf life on all the food products we send as we know our customers need the longest shelf life possible, but there are some items that only come with a 6 month shelf life to begin with and these products are very difficult to send to our customers. If you are looking for something specific, ask your local SA Store and we will endeavour to send it over. If you are a supplier in South Africa and you want to start exporting your product in to new markets, always make sure your product is locally successful before bringing it to our attention as it is very difficult to grow a new product in the export market when it is not known locally as yet. From next month we will have a new product page as well as which products are most popular. There is a form on page 3 which will ask you for your favourite product and from that we will gauge our top 10!

Enjoy the magazine and chat soon!

Audrey



Click here to watch the latest interview with Audrey in Cape Town as I sat down with her in a rally car to get the latest information on exporting home abroad - Geniene Preston



Listen to some of our previous conversations on the SAPRO podcast Channel by clicking on the logo alongside.



Our website is a click away. If you have a new product to introduce or to get hold of one of our stores, just click on the icon.

sapro INTERNATIONAL
exporting home abroad

JULY 2023
ISSUE NO 2

SA COMPUTER

INTERNATIONAL

THE KINGS OF SPIN

SOUTH AFRICAN
TOWNSHIP EVENT SEES
10 BATTLE IT OUT AT
TOP-SECRET LOCATION

NEIL SOLOMON

PROJECT HOMELAND
GOES TO CANNES

SA STORE OF THE MONTH

CANADA
GRABS OUR
ATTENTION I

SCATTERLINGS
OF AFRICA
A JOURNEY THROUGH
THE KAROO

