

sa comm uter

Local is Lekker



sapr 
INTERNATIONAL
exporting home abroad

CONTENTS

JANUARY 2024



FOOD



TRAVEL

LEARN

HOME

SPORT

TECH

FUN

CARS



As with all our magazines, our table of contents allows you to click through to the article directly and because its digital there are no page numbers. All phone numbers, email and websites are linked.



Click here
to come
back here



Click to
watch a
video



Click to
listen to an
audio clip



Produced by FlipMagz, a division of Xactavent Pty Ltd
flipmagz@xactavent.co.za / (+27) 0826107380
Xactavent Pty Ltd Reg No 2018/22412/07

M
MAGAZINES
— XACTAVENT —

www.sacommutter.com

EXPLORE Bonamanzi



**WHY NOT HOLIDAY FOR 3 NIGHTS WITH FAMILY
AND FRIENDS IN CLUSTERED COMBO UNITS!! -
R10,000
EXCLUSIVE OFFER FROM SACOMMUTER**

Time to enjoy the wildlife in Bonamanzi near Hluhluwe in KZN. A treehouse for 2 or 4 is ideal for any family holiday. As a January offer, we are offering 5 couples a chance to experience this wonderful park - 3 Nights for R1500 Self Catering. Add R450 per person per day for full board (ie dinner and breakfast). And its valid for a year!

ACTIVITIES ON THE BONAMANZI GAME RESERVE

Ranges from game drives (self drive or with a ranger), swimming, rafting, cycling and much more. Not included.

Valid for 1 year and vouchers only issued after payment. Subject to availability

**ONLY 5
AVAILABLE**



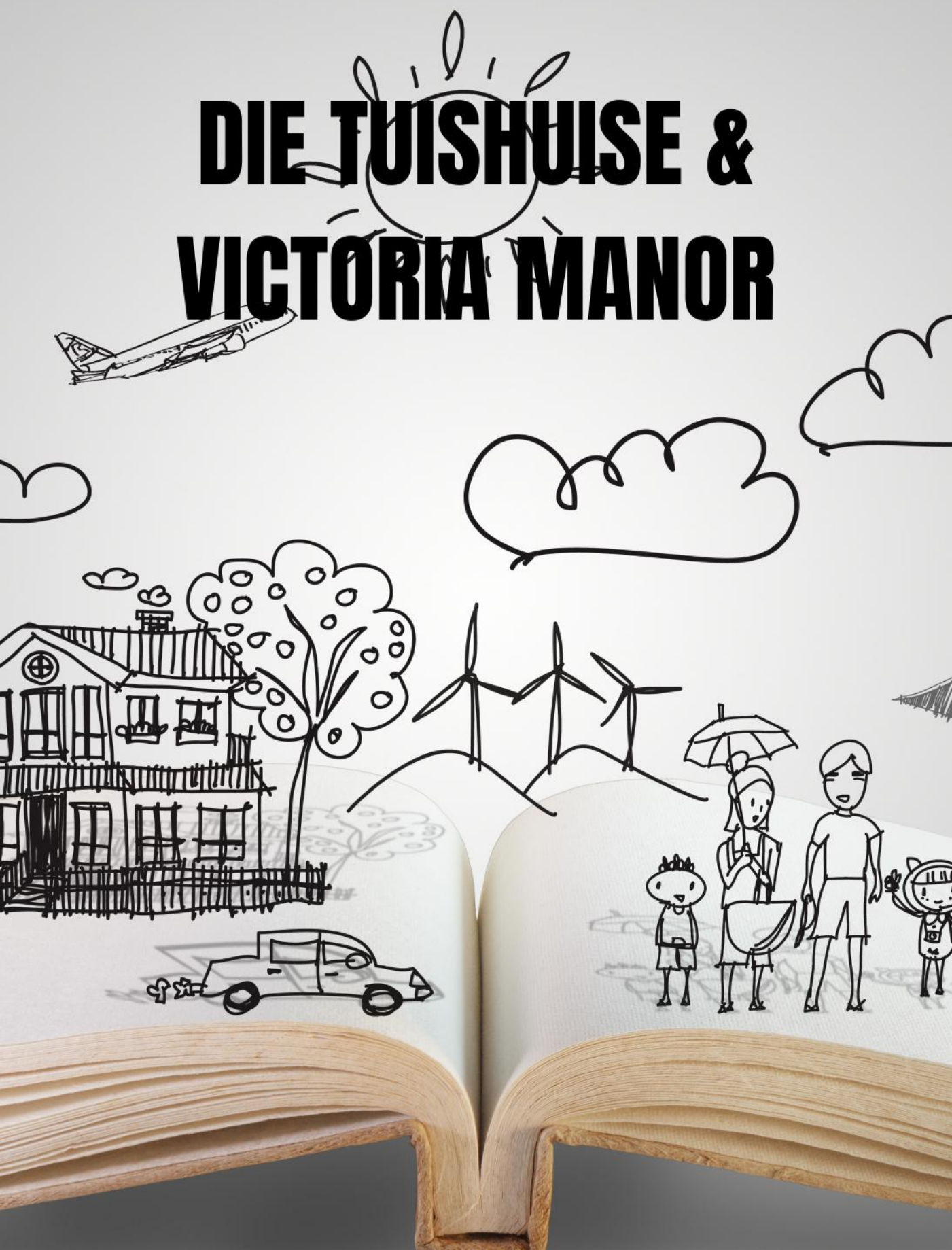
Bonamanzi Game Reserve
Hluhluwe, KZN
www.bonamanzi.co.za

**TO PURCHASE CONTACT
GENIENE@SACOMMUTER.COM**



Feature Story

DIE TUISHUISE & VICTORIA MANOR



A HOUSE FULL OF HISTORY



In 1983 five historic cottages on Market Street in Cradock, Eastern Cape were about to be demolished. A local farmer's wife, Sandra Antrobus, knew she just had to make a plan. To date she has rescued more than 30 in the same street – the cottages that comprise a unique hospitality project: Die Tuishuise, the guest house business, started in 1989 with Victoria Manor Hotel being incorporated into the business in 1994. Originally Die Tuishuise were home to wagon makers, blacksmiths and other artisans in the early 1840s and actually used as Tuishuise (townhouses) for farmers when they came to Cradock for their Communion (nagmaalhuisies). From the 1920s, however, the homes started to fall into disrepair - by then the train and the car had taken over from the wagon, robbing many of the Market Street residents of their livelihood. The fact that there has been little modernisation since those times allowed Sandra Antrobus to purchase these properties in their original state thus allowing accurate and faithful period restoration.

Today each one of the houses is furnished and decorated with old #Karoo farmhouse artefacts providing guests with an authentic South African experience. The houses were built in English and Dutch styles and each one has its own character and style “to depict the different South African lifestyles in the pioneering days,” says Sandra. The names of the cottages tell their own stories. None more so than LION HOUSE which is named for Töger von Abo Flemmer, a Dane who lived in Market Street in the 1840s. He captured wild animals (including lions) which he sold to the zoos in Europe. The lions were held in cages on Market Square before being transported to the Port Elizabeth harbour. He persuaded his cousin Hans Naested to move to Africa (hence Naested Street). Hans made a name for himself by collecting African artefacts and weapons and sending them to the museum in Copenhagen.

Die Tuishuise and Victoria Manor are indeed a unique part of the Eastern Cape's Frontier Land and well worth a visit



WELCOME TO DIE TUISHUISE & VICTORIA MANOR

Welcome to 1848 Market Street, Cradock, Karoo, now known as Die Tuishuise (award winning guest houses) & Victoria Manor (one of South Africa's oldest hotels).

Clanking wagons roll through the river town of Cradock on their way to the hinterland. Hear the clatter of blacksmiths, the crack of the drovers' whips, the chatter of last-minute traders as adventurers and their families prepare for their long trek across the Karoo. More than two dozen Tuishuise line Market Street up to the Victoria Manor, a grand old colonial hotel that welcomes you with hearty country fare, an indulgence of superb traditional Karoo and South African food – evening meals are by candlelight, that reflect the love for the Karoo.

Cradock is a place of literary legends, war heroes and anti-Apartheid struggle icons. But it is perhaps best known for street level, day-to-day, warmth and kindness – so typical of much of the Eastern Cape.

For nature lovers, Die Tuishuise and Victoria Manor is a great base from which to explore the unique landscapes, animals and plants of the nearby Mountain Zebra National Park. Enjoy long walks or a game drive in the Karoo! The fresh Karoo air and quiet spaces are food for the soul. You may never want to return to the city! Child and pet-friendly accommodation.

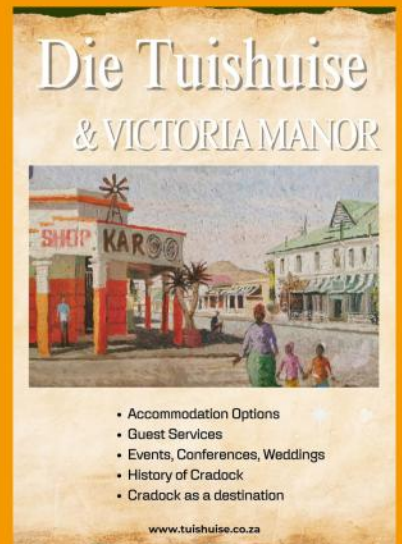


Meeting Sandra



STAY IN COMFORT AND STYLE IN THE HEART OF THE GREAT KAROO

I met Sandra and Lisa, her daughter, at the World Travel Market in Cape Town in 2023 and they made such an incredible impression on me that I had to go and see them in Cradock. Cradock has always been a drive through for us maybe stopping for lunch or to fill up. After my visit, I have found myself telling everyone I meet to make it a destination. A great family hotel and guesthouses in the same road, with wonderful food and hospitality offered by Victoria Manor and Tuishuise.



Wheel Chair Friendly
Pet Friendly
Video Walkthrough



**Click on their catalog
to find so many options**

When you drive into Cradock, its a great surprise. Steeped in History and known for its local sport and activities, its a great place to stop, enjoy and stay awhile. We decided to stay for 4 days and now have to return, because there was so much to do, we couldn't fit it all in.

The accommodation is quirky yet comfortable and being able to stay in your own house while on holiday (we were a couple) was something we didn't think we could do because holidays means you don't have to cook. And in this case, we didnt! Meals at the hotel restaurant with pre dinner drinks in a bar where you expect a soldier boer or redcoat to walk in any minute, its as good as it gets.

The meals, both breakfast and dinner, are well cooked and presented and three course meals are very bad for dieters. in the case of the Victoria Hotel, I stopped trying to diet after day two. The bedrooms are all very large and spacious and not at all like the modern hospitality options we are always faced with. The difference designs in each of the rooms makes each house unique. Well selected antique furtniture is placed in each of the rooms and the bathrooms all work! I loved the claw baths and being able to sit outside and enjoy the balmy weather while we decided on which activity we are going to do the next day, makes a great holiday. Graaf Reinett is closeby, its a short drive to the Zebra Nature Park and there are bushman paintings, walks, hikes, river rafting and so much to do. The hotel Spa means that you can have your massage, pedicture or manicure/facial any time between those filling meals. A glass of wine at the pool while watching the kids swim or just watching the sunset, all makes for a great holiday in the Karoo.

There is an extensive library alongside the staircase and in the winter a fire is lit in the fireplace to take the edge off the Karoo winter nights. I have visited in the heat of the summer and the cold of the winter and I can't decide which of the two I prefer so I think I will go twice this year!



@Genienethetraveller



@lifeisgeniene



@s.a.commuter



@sacommuter



@sacommuteronline



@sacommuter



thetraveller



iono.fm/p/2516

PODCAST



@uksacommuter



Die Tuishuise & Victoria Manor



ACCOMMODATION

Options



Pet Friendly options are offered.
This icon shows which of our
Tuishuise is pet friendly.

Accommodation - Hotel

Our Historic Hotel (one of South Africa's 10 Oldest) has different accommodation options; single, double or family rooms.



Accommodation Tuishuise - 1 Bedroom

Perfect for a solo traveller or as a couple.



Accommodation Tuishuise - 3 Bedrooms

Accommodates up to 6 people:
Perfect for families or friends that don't mind sharing a bathroom.



Accommodation Tuishuise - 2 Bedrooms

Accommodates up to 4 people:
Perfect for 2 business travellers (request a 2 ensuite) or families.



Accommodation Tuishuise - 4 Bedrooms

Accommodates up to 8 people:
Perfect for families, or friends that don't mind sharing a bathroom



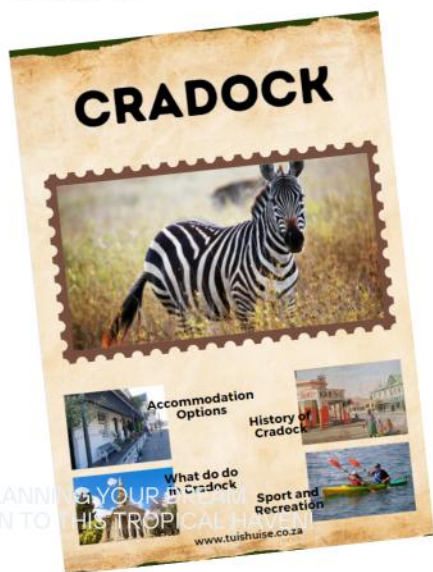
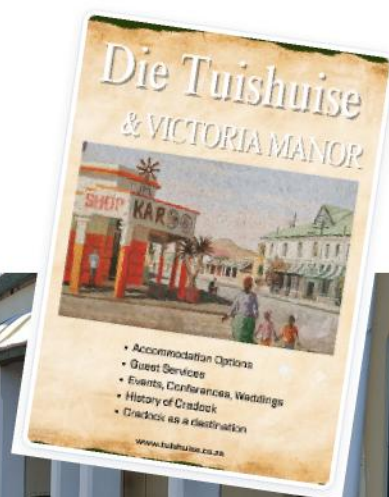
Delicious Karoo Dinner, Bed and Breakfast are offered at the hotel, but the houses have basic self-catering if preferred.



DIE TUISHUISE & VICTORIA MANOR

MARKET STREET CRADOCK KAROO

- Fabulous Accommodation
- Delicious Karoo Meals
- Enroute to everywhere
- Pet and Child Friendly
- Nail and Massage Salon
- 10km from National Park – Mountain Zebra



START PLANNING YOUR
VACATION TO THIS TROPICAL HAVEN

Contact us
(+27) 048 881 1650
reservations@tuishuise.co.za
www.tuishuise.co.za

A vertical composition featuring three stacked vintage suitcases. The top suitcase is reddish-brown, the middle one is dark green, and the bottom one is dark blue. A light-colored straw hat with dark sunglasses perched on its brim sits atop the red suitcase. The word "TRAVEL" is printed in large, white, bold, sans-serif capital letters across the center of the red suitcase. The background consists of a light blue sky and a dark metal frame, possibly from an airplane window or a balcony railing. A warm, golden light source from the left creates a soft glow and lens flare across the scene.

TRAVEL

SA's Mystery GHOST Tours



- **26TH AND 27TH JANUARY -
PORT ELIZABETH**
- **3 FEB - PARYS**
- **10 FEB - JOHANNESBURG A
ROUTE**
- **24 FEB - PRETORIA**

A Public Tour, with an info-taining mix of exciting entertainment, intriguing history, the awe-inspiring science of the paranormal (quantum physics & force fields, plus dowsing rods, key-bending & ESP live demonstrations), ghost hunting cellphone apps, poltergeist phenomena, a host of exotic haunted venues, and finally winding up inside an eerie graveyard with a thrilling visual climax – all in one night.

SA's Mystery Ghost Tours and Adler's Restaurant, and the Olde Train Station complex present

Haunted Train Ghost Dinner



**HAUNTED TRAIN GHOST DINNER
IN HEIDELBERG - 17 FEB**

A night out doesn't get better than this. So, gather family, friends (or even workmates), and bring a picnic basket with delectable drinks & sumptuous snacks, as we meander into the mysteries of the night. (We also run private tours for birthdays, corporates, year-end parties, overseas tourist groups, etc. - apart from our public tours).

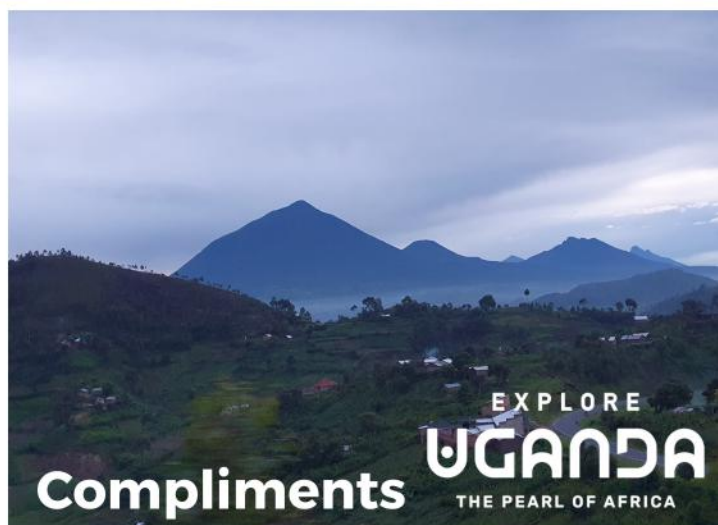
All Details, Price, Ages, Bookings & Routes @ www.MysteryGhostProductions.co.za plus a Stay Over option (if you don't want to go home, or want a Get-Away) with Special Discounted B&B

WWW.MYSTERYGHOSTPRODUCTIONS.CO.ZA

2 South Africans spent

7 DAYS IN UGANDA

Photos and videos by Ken Lovell and Geniene Preston / Text by Geniene Preston





EXPLORE
UGANDA
THE PEARL OF AFRICA



Sheraton
HOTELS & RESORTS



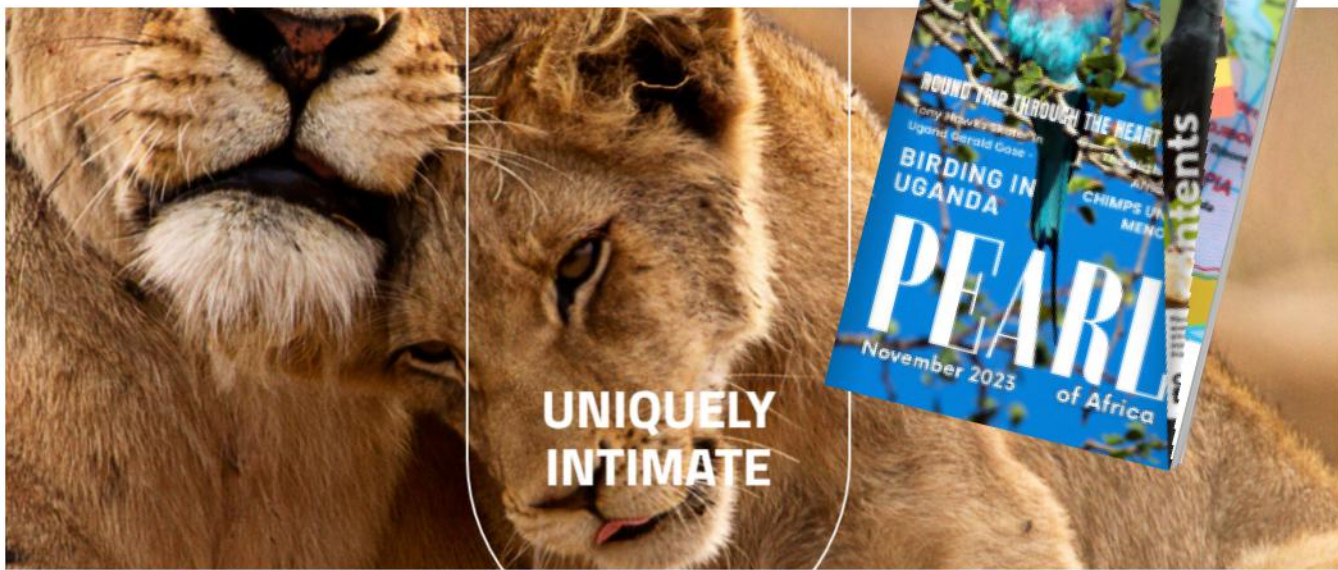
Jikoni
RESTAURANT



SHRINE NAMUGONGO

EXPLORE UGANDA

THE PEARL OF AFRICA



UNIQUELY
INTIMATE

THE NEST HOTEL & CONFERENCE CENTRE

is ecstatic to welcome new and returning guests!

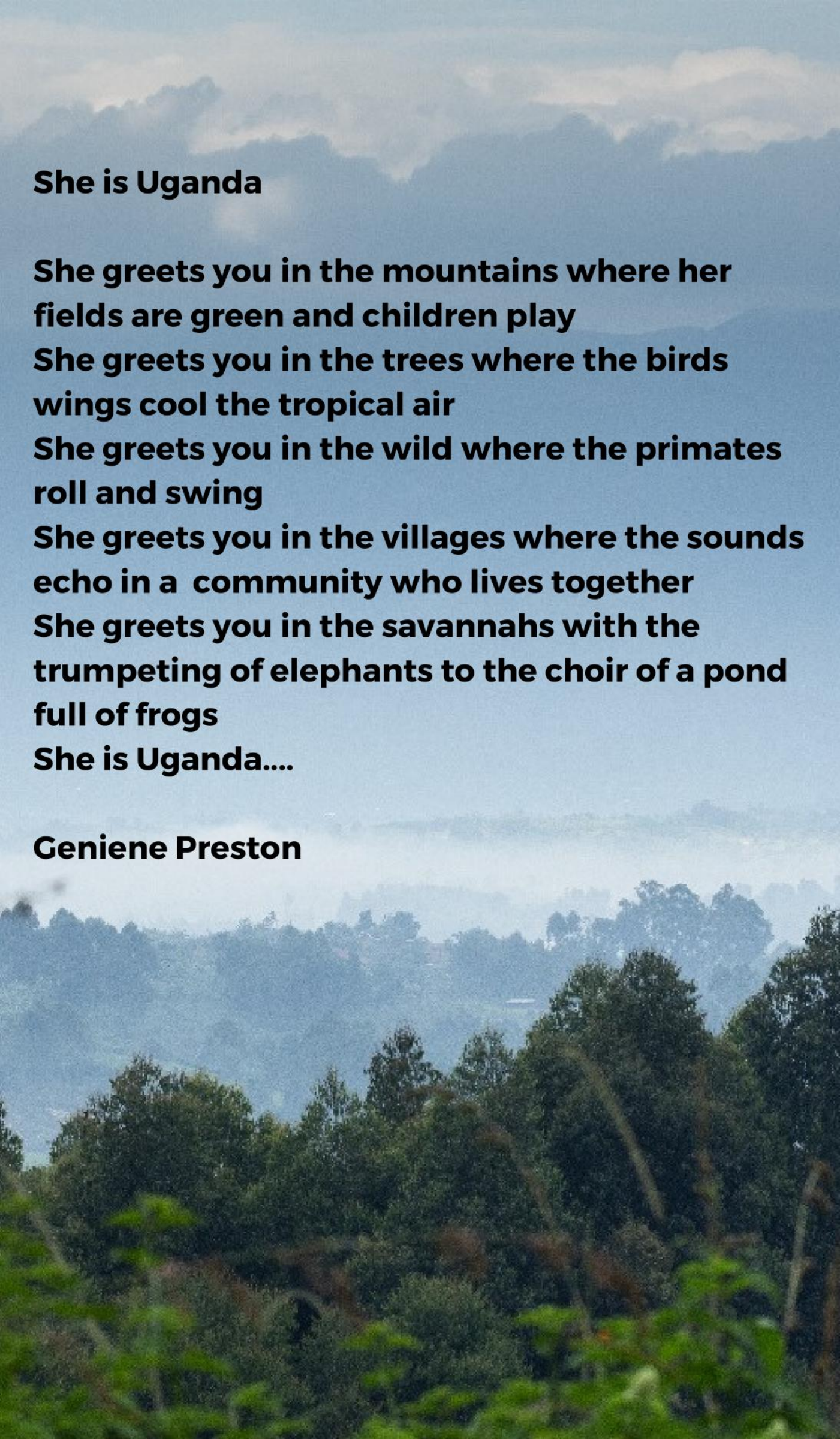


For enquiries, bookings,
rates & current specials -
contact:

Reservations@thenest.co.za

036 468 1068

- Dinner, bed & breakfast + morning & afternoon teas - all inclusive
- A La Carte lunch menu
- On site spa & therapist
- Self catering rooms available
- Championship bowling greens
- Resident bowls coach, Theuns Fraser (former Protia National bowls coach)
- Newly renovated bar
- Conferencing & wedding facilities + packages
- Organised kids entertainment (holiday seasons only)
- Conveniently situated near local attractions



She is Uganda

**She greets you in the mountains where her
fields are green and children play**

**She greets you in the trees where the birds
wings cool the tropical air**

**She greets you in the wild where the primates
roll and swing**

**She greets you in the villages where the sounds
echo in a community who lives together**

**She greets you in the savannahs with the
trumpeting of elephants to the choir of a pond
full of frogs**

She is Uganda....

Geniene Preston

My 7 days in Uganda has to be the highlight of my travels over the years. I was invited by Uganda Tourism Board and Explore Uganda on a FAM trip to see what Uganda has to offer. I have visited over 84 countries and I can honestly say that the smiles of the Ugandan people, their hospitality and their ability to make me feel right at home was so memorable. Uganda Airlines efficiently flew us there.

We started in Kampala with a couple of nights at the Sheraton Kampala Hotel which was beautifully decorated with the spirit of Christmas. The hotel buzzed with events and the beat of Africa. We had the privilege of visiting the Ndere Cultural Centre which was one of the best cultural entertainments I have seen in a long time. I was riveted. We all were. We also stopped at the Uganda Martyrs SS Namugongo centre to hear more about the history of the martyrs and what they had to endure. Our tour guide was interesting and knew so much about the story behind the story. The sculptures were carved to precision and it was almost as if we had been there.



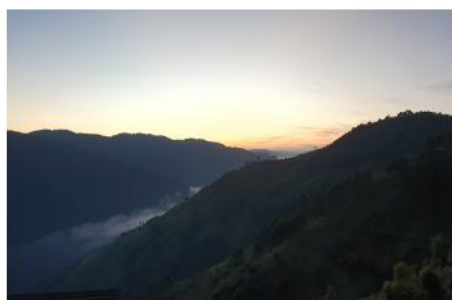
We left Kampala and headed to the Primate Park in Kibale where we stayed over at the fabulous Chimpundu Lodge where leaving your room seemed insane to climb in the deep forests of the Uganda Wildlife Authority Primate Park. But that's what we did. And I saw the chimps in their natural environment. Rain and all. The forest floor was not an easy walk but our guides who stayed close were on hand to help and ensure we could have a memorable visit. I was blessed to return to a hot bath, great meal and superb accommodation in a 4 poster bed with a room that had a great view.



We headed off to our next destination Nkuringo, Bwindi in Kisoro via the Queen Elizabeth park where the proliferation of wildlife was there for all to see. And the wide savannah made it easy to see buffalo, elephant, crocodile and so so many birds. Our photographer, Ken didn't know where to point his camera first! During our journeys we were treated to seeing the local communities, their farming on the side of the mountains and their wonderful taxi system of motorbikes. I love how Africa turns a challenge into an opportunity.

Arriving at the Gorilla Heights Lodge was a welcome respite from the long journey and the chalets all have the most wonderful view. Celestine Masiga, the GM, was on hand with this smiling staff, to greet us with warm towels and a great meal served by their chef of many years. The chalets were just amazing and the sunrise the next morning told a story of its own. When you book into the lodge, you are booking into a community as they share their success with the local community.

The next morning it was time to find the Gorilla's and that is an adventure in itself. There was mist, rain, sunshine all in one day and finally after a steep climb, they were there. For all to see. What glorious creatures. It was soon time to head back to Kampala. Thank you for a memorable visit. I will definitely be back!



freebird club

FREEBIRD CLUB IS A SOCIAL TRAVEL & HOMESTAY CLUB FOR THE OVER 50S. IT ENABLES AND EMPOWERS ITS MEMBERS TO TRAVEL, CONNECT, MEET, AND STAY WITH EACH OTHER, AS PART OF A TRUSTED OVER 50S COMMUNITY.

Through Freebird's platform, members planning a trip can connect with like-minded locals in desired destinations for

Travel tips & recommendations

Meet-ups to do local things together

Accommodation via homestays. Freebird offers an accessible new mode of travelling for older adults (especially if solo), a fun way to meet and enjoy social & cultural interaction at home and away, and a means to unlock value in their homes and earn income in later life.

Freebird is a unique mix of travel-based social network, companionship site and homesharing platform, customised exclusively for mature adults.

**Next issue we cover
more about this great
travel club!**



WWW.FREEBIRDCLUB.COM

FREE BIRD CLUB

Remember the days when travel was simple and safe. Here at the Freebird Club we have reconnected those days! For the retired traveller.....



How it works....

It all starts by becoming a member. To join, you must complete your profile, describing yourself and your interests, and pay a modest membership fee. Once your registration is approved by one of our team, you can start to connect with like-minded members, whether you're interested in travelling yourself, or helping other travellers to get the most from your own local area.

www.freebirdclub.com

Home Stays

Homestays are where Freebird members open their homes to host fellow members for a nightly rate. Becoming a Freebird host means you can rent spare rooms on our site to friendly like-minded travellers in the over 50s demographic. You can earn money on the side and share authentic social & cultural experiences - Freebird style!



We have a dedicated Facebook Group as an extension to your membership where Freebird members share, engage and exchange further.





Download
our App

CLICK HERE 



H2O NERO

CLEANWATERSOLUTIONS



WWW.H2ONERO.COM



Whatsapp : Click on the number to send message to Angelo on

+30 698 304 9688 (Greece)

+27 83 282 8888 (South Africa)

Email : Click on the email to email angelo@h2onero.com

Facebook Messenger : Click on the Facebook page to Message Angelo on H2onero

Viber : Click on the number to send a message on Viber to Angelo +30 698 304 9688



COMPLIMENTS

SPORT


CHAMPION
TOURS
CHAMPION TOURS



Robin@championarising.co.za

Whatsapp : +27 62 617 5940



R999

incl VAT
excl Shipping
(Available now while
stocks last)

**BE
WITH US
SUPPORT**

SOUTH AFRICA



Dean Elgar Retires!

JOHANNESBURG: Proteas Test batter Dean Elgar has today announced that he will retire from international cricket following the Betway Test series against India.

Elgar will fittingly end his international career with the two Test matches – the first to be played at his home ground, SuperSport Park, in Centurion from 26 – 30 December and the second at the venue where he scored his first Test runs, Newlands Cricket Ground in Cape Town, from 03 – 07 January.

The 36-year-old has represented South Africa in 84 Tests and eight One-Day Internationals during a career that has spanned 12 years.

Since making his Test debut against Australia in 2012, he has gone on to score over 5000 runs at an average of 37.28, including 13 centuries and a career-best 199 against Bangladesh in 2017.

His contributions with the bat and gritty performances earned him the role of Test captain from May 2021 – January 2023, where he led the side to third place in the second edition of the ICC World Test Championship with a notable 2-1 series win over India at home in January 2022



Elgar said: "Playing the game of cricket has always been a dream of mine but having the opportunity to represent your country is the ultimate! Having had the privilege to do it for 12 years internationally is simply beyond my wildest dreams. It has been an incredible journey that I have been fortunate enough to have.

"As they say, 'all good things come to an end', and the Indian home series will be my last, as I have made the decision to retire from our beautiful game. A game that has given me so much. The Cape Town Test will be my last. My favourite stadium in the world. A place I scored my first Test run against New Zealand and hopefully my last too.

"Having the opportunity to represent my country and the learnings I've had along my journey is something I'll always be thankful for. It's most definitely been the best learning experience of my life.

"A few thank you's I have:

"To my Dad, Mom and my Brother, wow it's been such a rollercoaster ride for us all. For the time spent on the side of the field supporting and cheering me on and being my biggest fans, allowing me to live out my dream, for this I'll always be indebted to you all.

"To my partner, I don't even know where to start. But a massive thank you has to go to you. I know I have not always been the easiest person at times but you have made me a better person and for that I'm truly grateful. Thank You!



"To my mates (you know who you are). You guys have always been there for me, whether it was for a chat, a beer or a braai, you all have a special place in my heart. A big thank you all, you have no idea how much it has meant to me.

"To my sponsors I've had over the many years. Again, a massive thank you to you all. Without the support and backing from you my sponsors, making life easier for me, I don't think I would have had the career I've had.

"A special mention has to go to the Kookaburra family. You all have been there from day one. Since the age of 16, you were there for me. 20 years down the line you're still there and it's been an absolute honour to be associated with the Kookaburra family. For the love and support from the Bryant family I am truly grateful. A massive thank you for allowing me to have the best in the business.

"I also want to take the opportunity to thank Cricket South Africa for investing in me from an early age and giving me the honour of representing my country. I am truly grateful for the opportunities I've received since U18 to date.

"The Free State Cricket Union (Eagles and Knights) and Northern's Cricket Union (Mighty Titans) a big thanks for the opportunity to play for the respected teams. Great memories, a lot of trophies in the cabinet and unbelievable memories have been created with amazing team mates.



"To former coaches and former team mates. You all have played a big role in making me the cricketer I am today, from on field memories and off field moments, all of this will always be in my memory of great fondness.

"To my current teammates, guys you are all a part of me. There have been so many unforgettable memories shared with you all. A big thanks goes to you all and a big good luck for the rest of your careers. Always fly the flag high and be the role models you are. Represent yourselves and the nation with utmost responsibility.

"Lastly, to the fans and supporters out there. You all have played an important part of my career. From ups and downs, you are still there to cheer me on. For this I'll be grateful and will always remember the great times with you all.

"For now, I look forward to the series coming up and excited about what the future holds for me."

CSA CEO Pholetsi Moseki commented: "We would like to thank Dean for his services over the years. He has represented his country with honour and has been a real ambassador for Cricket South Africa, always playing with his heart on his sleeve. His grittiness and determination are two qualities that really stood out; and these are attributes that all South Africans can relate to.

"On behalf of everyone at CSA, we wish him well for the future."

Director of Cricket Enoch Nkwe added: "Dean Elgar represents a rare brand of cricketer in an age where everything is about innovation and power-hitting. He is a real old-school cricketer that can dig in, absorb and fight. I have no doubt the game will dearly miss him. He has always given everything for his country and never showed any fear, no matter the opposition. He was always there to take on the challenge, leading as captain when the country needed him most.

"Thank you Dean for all the memories."





**PRICING
FROM
R32,975 PPS**

Singapore Grand Prix

20-22 September 2024



Book Now
+27 62 617 5940

More Information
info@destinations2travel.co.za

www.championarising.co.za

MOTOGP™



2022 represented the 73rd year of Grand Prix motorcycle racing and for KTM it was the sixth season as a competitor in the MotoGP class. The company were present in FIM Grand Prix World Championship's three categories and then in support series' with over 150 motorcycles and four different models. 2022 was the longest campaign on record: twenty rounds that stretched from Australian to Argentina, from March to November in six continents and was watched at the circuits by 2.42 million spectators.

72 HOURS WITH BRAD BINDER: MOTOGP'S MOST CHILLED-OUT RIDER.

We caught up with Brad Binder at the San Marino Grand Prix to learn about his path to the premier class and how he's become the master of self-control both on and off the bike.

There's one rider on the MotoGP grid who is seldom seen letting the pressure get to him. Never seen to give his crew a grilling, dishing out frustrated gestures at other riders on track, or lobbing controversial statements in the media. He just goes with the flow.

By contrast, his moves on the track are at this point legendary. He rides his motorcycle like it's a videogame, forcing it to do things it shouldn't be able to do. His overtakes are even more notorious, so much so that even eight-time World Champion Marc Márquez has been caught on camera disclosing how he feels more tense with this particular rider closing in on him.

He took the Moto3™ World Championship back in 2016, narrowly missed out on the Moto2™ title in 2019 but shocked the entire sport when he claimed his first MotoGP™ win in only his third race, KTM's first victory in the premier class. In 2023 he's poised to claim at least a top-four finish in the Championship overall and has cemented himself as one of the next giants of motorcycle racing.

Even as he came and sat down to chat for this very article, he practically floated towards the table so laid back he could have fallen over.

But let me tell you, Brad Binder is no Jekyll & Hyde. He has simply become a master of self-control through years of relentless hard graft and in this piece, you'll see exactly how.

From a small town in South Africa near Potchefstroom, it was a simple life growing up for Brad and his younger brother Darryn who also competes on the world stage of motorcycling.



BRAD BINDER AT A MOTOGP RACE IN CATALUNYA, SPAIN ON 3 SEPTEMBER 2023.





LOOKING RELAXED BEFORE THE RACE GETS UNDERWAY
© GOLD & GOOSE/RED BULL CONTENT POOL

“We went to school, came back, worked on motorbikes, played with motorbikes. I didn’t really want to go to school but I had to anyway.” A classic line from professional racers the world over.

“But I think where it’s different to most people is me, my dad and my brother, we’ve always run our own bikes and done everything ourselves. If we wanted new tyres or needed to change a piston, we did it.”



Binder during his days competing in the Rookies Cup in 2011 © Gold & Goose/Red Bull Content Pool

He admits he isn’t a mechanical whizz and he’s fortunate that his dad was more savvy with the spanners, but he didn’t get let off easy by any means: “The old man was pretty strict, you had to look after your shit, clean your bikes and don’t mess them up!”

Those early lessons in work ethic certainly came in handy as the racing started to get more serious. Brad’s rise through the ranks from the Red Bull MotoGP™ Rookies Cup is well covered in his ‘Becoming 33’ documentary. But before that period is a story that perfectly encapsulates an impression I get from Brad about his talent: hard work ratio.

As Brad devoured the junior series on home soil, the Binders sought tougher competition elsewhere and swiftly found themselves heading to the UK to try their hand in a little-known series called the Aprilia Superteens, where legends of the sport like Casey Stoner got their first crack at the whip in European racing.



I THINK I'VE GOT BETTER AS I'VE GOT OLDER. AS A KID, ESPECIALLY AT THE BEGINNING OF MOTO3™, I WASN'T VERY GOOD - BRAD BINDER

"How the story actually went was we got to Brands Hatch and I crashed the bike in the first or second session, pretty much destroyed the thing," he explained.

"My dad got it fixed for the last session. The next morning I qualified fifth. In the races I finished second in the first heat, in the second heat I remember riding into somebody and going off track and finished sixth or something. And then the next morning in the warm-up session, my bike seized and I woke up in hospital!"

Enough raw speed was shown to continue pursuing the dream abroad, but Brad's rise through the ranks is probably more akin to the Superteens saga than it is a straight path to success.



Binder has two MotoGP™ race wins to his name... so far © Gold & Goose/Red Bull Content Pool

Some athletes have talent, some have great work ethic, and the best have both. Brad's pretty sure about where he lies: "I think I've got better as I've got older. As a kid, especially at the beginning of the Rookies Cup and Moto3™, I wasn't very good.

"But my old man always taught me that if you're going to do something, do it properly. If not, don't do it at all."

This is clear to see in everything Brad does. From the substantial number of media commitments on Thursdays, carried out with grace and good manners, to some of the more intense moments, like walking from his private room in the team truck suited and booted to the pit box, yet still finding time to greet some important team guests. His team also embody this mantra. A multi-national crew of Brits, Czech, Finnish, German, Spanish and so on. If there's one set of mechanics and engineers in this paddock where I can actually believe them when they say they are like family, it's this one. No matter what the result, the atmosphere in the box remains constant.

Mechanics work on the bike of Brad Binder during the San Marino Grand Prix.



THE MECHANICS GET TO WORK ON BINDER'S BIKE
© MATT DUNN

I asked Brad later on about his dad's philosophy, as well as things I'd noticed in his documentary, and while strict, he didn't seem like the motocross dad stereotype. He answered: "My dad never gave me a hard time, unless I deserved it!"

He continued: "If he saw I was giving my best, that was enough. But if he saw any time that I was being soft or that you weren't doing what you could have on the day, he'd let you know about it. I think it's been the best thing that could have ever happened to me."

He certainly needed that dogged spirit and stubbornness to always bring the best of himself in his early years of Moto3™.

Uncompetitive machinery left him substantially undergunned in his debut years, and even though he showed enough talent to earn himself a spot on the best bike in the best team in 2015, that wasn't plain sailing either.

"I thought hey, here we go, now you're set. But the reality was when I got there I wasn't up for it.



“ —

I CAN LIVE MY DREAM WHICH IS TO BE A MOTOGP™ RIDER. BUT MY DREAM IS TO WIN AND I'VE NOT QUITE GOT THAT RIGHT... YET.

"I would crash quite a lot, I'd panic in certain situations and make a mess of things. I was my own worst enemy because I wanted to win every single race from the beginning."

But luckily there's one man we've met before in this series, who was another instrumental part of Brad's development, Aki Ajo.

"He taught me how to control things, how to work on different situations, always try and stay calm regardless and get on with your job."

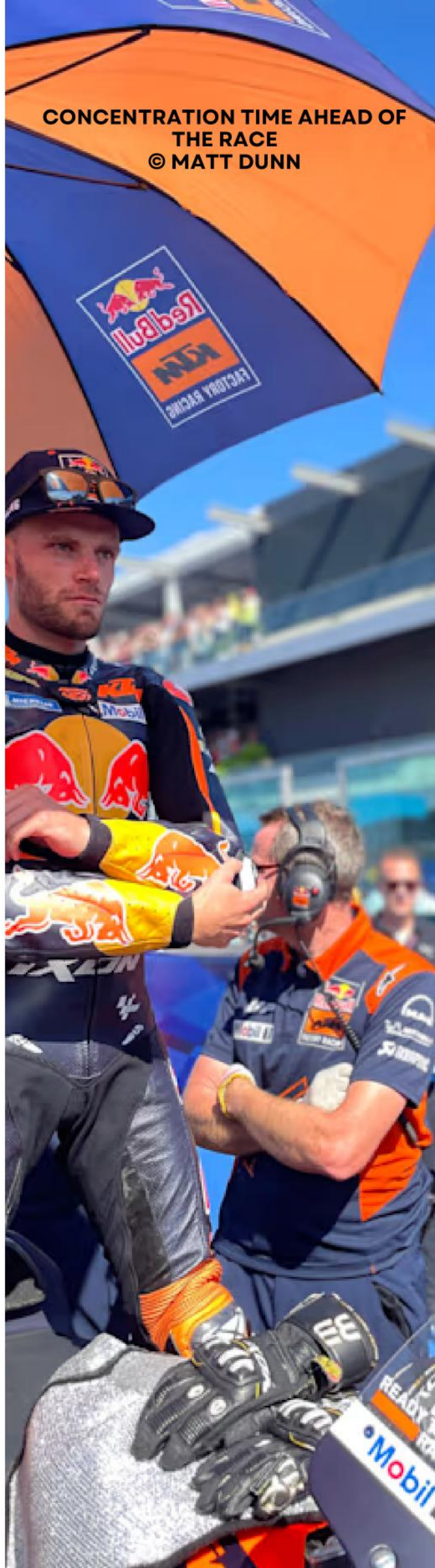
The extreme demonstration of this self-control Brad had to develop came six years later at the 2021 Austrian Grand Prix, where Brad took victory at KTM's home race in the pouring rain, while riding on slicks (bald tyres to the uninitiated). A race that has to be seen to be believed.

Brad believes his lack of success in his early years and making the choice to dig in and get on with the job is the reason why he's able to embrace the pressures today of being a factory rider fighting for the number one spot in the sport.

"A lot of kids are super talented, they go fast on anything, they come and dominate and get these struggles - that I had earlier on - later on in their career where everything is a lot more cutthroat."

"If you're already one of the top riders and you're not performing then it's goodbye."

He admits his first year at world level was also a case of "perform, or don't come back", which I've found to be a common story throughout this series with similar scenarios befalling Jorge Martín, Pedro Acosta and Tony Arbolino. The ability to rise to the challenge when it's as simple as 'this is it...' can be what separates the good from the great.



This doesn't mean that he's faultless, however. This could have been the last of this interview series as Brad had promised me if he got the Sprint and Grand Prix wins like Martín did when we followed him in Germany, he'd hire me.

Alas, there was no such fairytale for Brad here at the San Marino Grand Prix. He was fifth in Saturday's sprint race, and on Sunday he crashed while chasing the podium. But like his dad taught him many years ago, you do it properly or not at all. That's why he picked his bike back up and fought back through the field from 23rd to finish 14th with two points in the bag.

And no, he wasn't 'chill' about it. He did, however, remain in control. Hence why he finished the job and saw that chequered flag. Brad Binder is greeted by his team after the San Marino Grand Prix.

As the team rallied around him in the box, I'm reminded of what he said on Thursday: "F*ck, racing can be the best day ever followed by being in the gutter and things just aren't happening. It makes you appreciate what you do more.

"I enjoy the process of riding and analysing what I can do better and even when things are going terribly, I like being able to always tell myself that I can make this situation different and I'm better than the problems we have at the moment."

There's nothing laid back about that approach, as he stresses that the most important part of that process is at the end of it, finishing as the rider with his name inscribed on the Tower of Champions at the end of the season.

"Anyone that has worked with me knows I'm not chill. When it comes to what I want to achieve, I give my best and I expect the same from everyone else.

"I can live my dream which is to be a MotoGP™ rider. But my dream is to win and I've not quite got that right... yet."





Whatsapp Robin
+27 62 617 5940



Everton

Sat 09 March 2024

Kick off :



Liverpool FC

Sat 06 April 2024

Kick off :



Newcastle Utd

Sat 20 April 2024

Kick off :



Arsenal

Sat 11 May 2024

Kick off :

TRAVEL PACKAGE

- 3 Nights Standard 3 * Central Manchester Hotel
- 3 Nights Superior 4* Central Manchester Hotel
- Twin / Double sharing room only
- Single room supplement on request
- Selected Match Ticket as above
- Complimentary General Travel Insurance is always available for anyone up to 65 years old : anyone older than 65 will be separately quoted.
- International Flights can be booked on request, so as to fly Economy Premium Economy or Business Class on BA / Virgin Airlines from Jhb or any other departure point : Ex Cpt or Durban ; flying via London - Manchester Or either on Emirates / Qatar / Egyptair via Dubai : Doha or Cairo to Manchester at an attractive return airfare. Naturally, some persons do travel to London after their matches: returning from London via the Middle East : Cairo to SA
- All EPL match tickets / travel programs have a Booking Service Fee of R2500 per person
- Match tickets seated in the North East / West Quadrant



Everton

Standard 3*

ZAR 29,995 pps

Superior 4*

ZAR 34,995 pps

Liverpool FC

Standard 3*

ZAR33,995 pps

Superior 4*

ZAR39,995 pps

Newcastle Utd

Standard 3*

ZAR 31,995 pps

Superior 4*

ZAR 35,995 pps

Arsenal

Standard 3*

ZAR 34,995 pps

Superior 4*

ZAR 39,990 pps

Email: Robin@championarising.co.za

www.championarising.co.za

THEATRE

s t a g e



WHAT'S ON ENTERTAINMENT



**MAMMA MIA * ALAN COMMITTIE
ANDRE THE HYPNOTIST**

HILARIOUS HYPNOTIST

Montecasino
Theatre - JHB

Extra show added

Thu 4th Jan - 8:00

Fri 5th Jan - 8:00

Sat 6th Jan - 5:00

Sat 6th Jan - 8:00

Sun 7th Jan - 3:00

Season must end 21 Jan 2024

Book at www.webtickets.co.za



WITH NEW LAUGHS AS BIG AS THE BOK BOMB SQUAD

ALAN COMMITTIE

IS



7 FEB - 3 MAR | PIETER TOERIEN'S MONTECASINO THEATRE

DIRECTED BY CHRISTOPHER WEARE | BOOK AT [**web** tickets](#)

Alan Committie
Is back and he is
FAST AND (Reasonably) FURIOUS!

Pieter Toerien's Montecasino Theatre
7 February – 3 March 2024

South African stand-up comedy Hall-of-Famer, Alan Committie, returns for a laugh-filled start to 2024.

He appears at Pieter Toerien's Montecasino Theatre in Joburg with his latest, brand new stand up show: Fast and (Reasonably) Furious, running for a limited season from 7 February – 3 March 2024.

This will follow the show's debut in Cape Town at Pieter Toerien's Theatre on the Bay from 20 December – 3 February.

Displaying his lightning fast wit coupled with his madcap physicality and renowned crowd engagement, this is Committie screeching his way across the stage with high octane, Vin-diesel fueled laughs for the post-holiday season.

What to expect?

A flipchart filled with flagrantly flippant fun facts.
Johan van der Walt extemporizing about eggs and chickens.
Rants and ruminations around Coronations, World Cup fever, Artificial Intelligence and so much more....

In addition, Committie is throwing in an interval. For free. Twenty minutes of time that you can use in any way you choose. No questions asked. If you select not to leave the theatre auditorium during the interval period then your twenty minutes will be transferred to your eBucks account and can be used to purchase hopes and dreams at your nearest SPAR. (T's and C's applicable)



7th Annual

JOBURG CHORAL FESTIVAL

CALL OUT!



DETAILS

The city of Johannesburg invites choirs and soloists to apply for consideration to perform at the 7th Annual Joburg Choral Festival.

HOW TO ENTER

Please complete and submit the online application form.

Submit a 2 minute video of the choir/soloist singing any song of your choice through the QR code/link.

The video clips will be used for selection.

APPLICATIONS

Online applications are now open and will close on 31 January 2024.



<https://shorturl.at/achz2>

www.joburg.org.za

@cityofjoburgza

@cityofjoburg

@cityofjohannesburg

joburgculture



**Another
Flip'ing great
read from**

sapr
INTERNATIONAL
exporting home abroad

If you want to unwind after another 12 months of stressful survival then this is the release, relief and rousous night that you are looking for. Perfect entertainment for your whole family (except that one uncle that nobody likes....do NOT invite him. For everyone's sake)

Directed by Fleur du Cap Lifetime achievement winner Christopher Weare and designed by tequila sipping daytime achievement runner up Niall Griffin.

Alan Committie – faster than Cheslin Kolbe; the physique of Ox Nche..... A comedy prop who's quite good at winging it!

Alan states excitedly; "I am delighted to be kicking off 2024 at Pieter Toerien's Montecasino Theatre with my brand new stand up show – Fast and (Reasonably) Furious. I am bringing my flipchart, a new suit, lots of laughs and a bag of cement to fill the 6 potholes outside my Air B&B."

He continues; "To say I am fully prepared is to say Rassie always has a plan. Let's get the next 12 months started with some big laughs. Or hundreds of tiny but escalating giggles. Depending on your preference."

Fast and (Reasonably) Furious! runs from 7 February – 3 March 2024 at Pieter Toerien's Montecasino Theatre. Performances are Wednesdays – Fridays at 19h30, Saturdays at 16h00 & 19h30, Sundays at 15h00.

Tickets range from R120 – R280 and can be booked via Webtickets, Pick 'n Pay Outlets or by calling the Montecasino Theatre Box Office on 011 511 1988. Discounts for Senior Citizens and Students apply. For group bookings, contact Geraldine at the Montecasino Theatre Box Office on 011 511 1988 or email geraldine@montetheatre.co.za. Fast and (Reasonably) Furious runs for 2 hours including an interval and has a suggested Age Restriction of PG12. If you're looking for that ideal Christmas gift for your significant other, a family member or work colleague – there's nothing better than giving the gift of LIVE theatre and laughter! So get those tickets now!

Website: <https://www.alancommittie.co.za>



MICHAEL JACKSON HISTORY TRIBUTE SHOW AT JOBURG THEATRE IN JANUARY

Start 2024 at the Joburg Theatre with the Michael Jackson HIStory tribute concert on stage at the iconic Mandela Theatre from 18 January to 04 February for ten performances only at 8pm on Thursdays, Fridays and Saturdays with 2pm performances on Sundays. This spectacular music tribute and full-scale stage production honours the one and only King of Pop, Michael Jackson. Tickets are on sale at www.joburgtheatre.com

Celebrate Jackson's creative genius and unsurpassed talent with riveting live performances evoking his early days as a member of the Jackson 5, his ground-breaking theatrics in the 80's and his continued domination of Pop culture into the 21st century. Songs include Thriller, Billie Jean, Smooth Criminal, Bad, Beat It, ABC, Don't Stop 'Til You Get Enough, Human Nature, PYT, They Don't Really Care About Us and many more.

Since 2012 The Michael Jackson HIStory tribute show has played across USA, UK, Ireland, Canada, Singapore, Indonesia, Spain, New Zealand, Australia and South Africa to critical acclaim. "An exceptional tribute by and exceptional cast of musicians and dancers A show that I recommend to all Michael Jackson fans," says the Michael Jackson World Network while Broadway World stated the show "... left a wave of astonishment across the packed opening night audience."

"Michael Jackson was the king of showmanship who created amazing sensory experiences, and that's what will be recreated on stage." says Xoliswa Nduneni -Ngema, Chief Executive Officer at Joburg City Theatres. "We encourage Michael Jackson fans and theatre-lovers to celebrate the start of the new year at Joburg Theatre with a night of nostalgia, dance and incredible music."

Get the full Michael Jackson concert experience with triple-threat SA performer Garth Field – electrifying in his role as Jackson – plus a live band, choreographed dancers, authentic costumes, state-of-the-art sound and theatrical lighting, vision and effects.

Garth Field embodies the essence and artistry of Michael Jackson, astounding audiences with his masterful performances, flawlessly recreating the iconic dance moves, vocal stylings, and stage presence of the legendary pop icon. He has years of invaluable experience, honing his craft and perfecting his understanding of Michael Jackson's iconic style. With a deep-rooted passion for dance, singing, acting, and musical theatre, together with his extensive training, exceptional talent, and multifaceted skills as a dancer, singer, actor, and choreographer, Garth continues to captivate audiences at every performance.

Truly a mind-blowing stage production – not to be missed! It's the next best thing to a live performance by the King of Pop. Book now at www.joburgtheatre.com



Written by Catherine Johnson, MAMMA MIA! is the enchanting tale of family and friendship that unfolds on a Greek island paradise. "Lay All Your Love on Me!" On the evening of her wedding, daughter and bride-to-be Sophie invites three men from her mother's past back to the island they visited 20 years ago in the hope of discovering which one is her father. "Does Your Mother Know?" MAMMA MIA! is a story of love laughter and friendship – it's a wedding, it's a party. Come celebrate with the ultimate guaranteed feel-good musical. "I Do, I Do, I Do!"

"Take a Chance on Me" MAMMA MIA! is directed by legendary writer and director, Janice Honeyman working with an award-winning team including choreographer Duane Alexander; Music Director, Charl-Johan Lingenfelder and Resident/Associate Director, Timothy Le Roux. Set and lighting design by Denis Hutchinson; sound design by Mark Malherbe; costume design by Susan Daniels. Alistair Kilbee of Gearhouse Splitbeam is the Technical Director and Peter Taylor is the Company Manager.

"After it's highly successful season in 2010, Showtime Management is once again proud to be staging MAMMA MIA!", says Hazel Feldman of Showtime Management. "MAMMA MIA! is timeless. The production has been seen by more than 65 million people in 50 countries around the globe since 1999. The loveable characters; the popular songs and the laughable quips are the same but, with a fresh new look by our proudly South African creative team. MAMMA MIA! is a great family outing, a guaranteed feel-good show." "Thank you for the music."

"Money, money, money!" A 20% Early Bird special discount is available for the month of September 2023 across the top two ticket prices valid for Thursday, 7 March; Wednesday 13 March and Thursday 14 March at Artscape and Wednesday, 17 April, Thurs 18 April and Sunday 21 April 6pm at Montecasino's Teatro. The "Early Bird" special offer does not apply to any other show discount. T's and C's apply.

TICKET PRICES including VAT
Midweek (Wednesday, Thursdays and Sundays 18h00): R200, R275, R350, R450

Weekend (Fridays, Saturdays and Sundays 14h00): R250, R350, R450, R550

BENNY ANDERSSON & BJÖRN ULVÄUS'

MAMMA MIA!

THE SMASH HIT MUSICAL WITH ABBA

SHOW INFORMATION MAMMA MIA! 2024

ARTSCAPE OPERA HOUSE, Cape Town:
From Wednesday, 06 March to Sunday, 07 April 2024

TEATRO AT MONTECASINO, Jhb: From Friday, 12 April until late May/early June 2024

SHOW TIMES:

Weekdays: Tuesdays, Wednesdays, Thursdays, Fridays 8pm
Weekends: Saturdays 3pm, 8pm; Sundays 2pm, 6pm.

PUBLIC HOLIDAYS AND ADDITIONAL SHOWS

Human Rights Day: Thursday, 21 March: 3pm

MAMMA MIA!

**GIMME, GIMME, GIMME MAMMA MIA!
NEW LOOK GUARANTEED FEEL-GOOD MUSICAL ON STAGE IN 2024**

"Honey, honey!" It's time to party! Island style! The new look production of MAMMA MIA! opens at Cape Town's Artscape Theatre Centre on Wednesday, 06 March 2024 for a limited season ending on Sunday, 07 April 2024. Thereafter the show moves to Montecasino's Teatro, Johannesburg opening on Friday, 12 April. Tickets are on sale at www.showtime.co.za and www.ticketmaster.co.za

Featuring a full South African cast, crew and band headed by the Award-winning South African creative team MAMMA MIA! combines the finest talent this country has to offer both on and off stage. "It's the name of the game". Produced by leading SA promoter Showtime Management, this major international "guaranteed feel-good musical" features the timeless ABBA songs composed by Benny Andersson and Björn Ulvaeus, including Knowing me, Knowing You; Dancing Queen; I have a Dream; Voulez Vous and many more.



MAMMA MIA!™

GUARANTEED FEEL-GOOD MUSICAL

From 6 March | From 12 April
CAPE TOWN | JO'BURG
Artscape | Teatro, Montecasino

Book Now! showtime.co.za

SHOWTIME
MANAGEMENT

Izzy Art

ARTWORKS BY IZHAAN JOUBERT



ABOUT ME:

Hi there! My name is Izhaan Joubert. I am a 23 year old pet portrait, equine and wildlife artist. I grew up on a small farm in the Western Cape and moved to Pretoria to pursue my dream of becoming a veterinarian.

I absolutely love animals and the outdoors, and I am privileged to have the opportunity to study full time and still be able to share my passion for art and animals with the world!

What I offer:

Original paintings
&

Available for commissions of semi-abstract acrylic paintings or realistic pastel drawings

See size and price guide on the back

Social media: @J_Izzy_Art
Email: joubertizhaan@gmail.com
Phone: 079 355 4941



A4 watercolour paper
R200



30x30cm canvas
R600



45x54cm canvas
R1200



20x20cm watercolour
R190



75x120cm - R4700



75x75cm - R1750



75x75cm - R1750



51x75cm - R1500



42x30cm - R1600



Size and price guide

Acrylic options

A3 (30x42cm) - R850
A2 (42x59cm) - R1100
A1 (59x84cm) - R2000
A0 (84 x119cm) - R3900
90x100cm - R4000
90x120cm - R4250
100x120cm - R4500

SQUARE OPTIONS:

30x30cm - R600
60x60cm - R1600
90x90cm - R3000
100x100cm - R4200

Pastel options

Single subject:
A5 - R500
A4 - R950
A3 - R1500
A2 - R2900

Two subjects:
A4 - R1200
A3 - R1800
A2 - R3500



Social media: @J_Izzy_Art
Email: joubertizhaan@gmail.com
Phone: 079 355 4941

EXPERIENCE THE *Perfect*
BITE!



Rebecca

**The South African Baboti
with Sindy Smith (and Rebecca)
South African living in Melbourne, Australia
VUVU TELO**

Bobotie is a South African casserole with curried ground beef at the bottom and a thin layer of egg custard on top.

This version comes from my friend Rebecca Bourhill, who shared her delicious recipe (it's actually her grandmother's recipe – how cool is that!?) with me as part of her South African contribution to my Taste Of The Place cookbook.

If you would like to learn a bit more about South African cuisine, hop over to Rebecca's article all about it at [A Taste Of South Africa](#).

Bobotie in a cast iron skillet with bay leaves and a side of yellow rice

THIS FOR LATER

A BIT OF BOBOTIE HISTORY

Bobotie's roots in South Africa date back to the 17th century. Dutch traders set up camp in the area that is now Cape Town as a stopping point on their journeys back and forth to Indonesia. The traders brought spices, cooking techniques, and recipes with them. While the specifics are a bit vague, it is thought by some that the original bobotie recipe came from Indonesia and was adapted to fit the available ingredients.

Today many consider bobotie to be the national dish of South Africa, and it has become popular on menus featuring South African cuisine all over the world.

Bobotie in a cast iron skillet

NOTES ON THE BOBOTIE RECIPE

In my opinion, it is the curry powder and the bay leaves that impact the flavor of this dish most – so use the best quality that you can. You will see links to my favorites in the recipe below.

I like to prepare and bake this recipe in a cast iron skillet – it can go from stovetop to oven, and even looks beautiful on the table. Plus it makes for fewer dishes to wash later!





FAQS

THIS VERSION OF BOBOTIE IS DIFFERENT THAN THE ONE I GREW UP WITH - WHY?

Like any older, classic recipe, there are a lot of versions out there. This particular version has been passed down through the Bourhill family for generations and is now a favorite at my family table. If your family has a different version, I would love to know about it! That's one of the beauties of food – it's a joy to share the similarities and differences!

DO I HAVE TO BAKE BOBOTIE IN A CAST IRON SKILLET?

Nope! You can bake it in any oven-safe dish. I like using a cast iron skillet because it can safely and beautifully go from the stovetop to the oven to the table.

WOULD GROUND LAMB BE GOOD IN BOBOTIE?

Yes! In my experience lamb works really well in bobotie! The more gamey flavor of the lamb is excellent with all the zingy flavors of the recipe.

SHOULD I USE FRUIT CHUTNEY OR TOMATO CHUTNEY?

The recipe calls for fruit chutney, but you can get away with either fruit or tomato chutney. They will both be delicious! If you would like to make your own fruit chutney, check out our recipe for [Mango & Pineapple Chutney](#)

BOBOTIE – A CLASSIC SOUTH AFRICAN RECIPE

5 from 1 review

Author: Rebecca Bourhill

Total Time: 1 1/2 hoursYield: 4 to 6 1x

This classic dish from South Africa, Bobotie (pronounced ba-bo-tea), is made with ground beef seasoned to perfection, and a creamy, decadent topping. It is rich, savory, spicy, aromatic, and zingy. A comforting meal, full of the flavors of Africa!

INGREDIENTS

UNITS USM

- 3 slices of bread
- 1 cup + 1/2 cup milk, divided
- 2 tablespoons olive oil
- 2 large onions, roughly chopped
- 4 teaspoons medium curry powder
- 1 teaspoon dried herbs (whatever you've got around – oregano, basil, marjoram, etc.)
- 1 teaspoon ground cumin
- 1/2 teaspoon ground turmeric
- 2 garlic cloves, finely chopped
- 1 1/2 pound ground beef
- 1/2 cup fruit chutney
- 1 tablespoon apricot jam
- Zest and juice of one medium lemon, divided
- 4 teaspoons tomato paste
- Salt and pepper
- 2 large eggs
- 4 bay leaves



INSTRUCTIONS

- Preheat your oven to 350°F.
- Soak the bread in 1 cup of milk.
- Heat the olive oil in a wide skillet set over medium heat. Once the oil is hot, add the onions, and cook until soft.
- Add the curry powder, mixed herbs, ground cumin, turmeric, and garlic, and stirring constantly, allow to cook for a minute or two until the garlic is soft.
- Add the ground beef, and cook, stirring frequently to break up any big chunks, until browned.
- Once the beef is browned, remove the skillet from the heat, and stir in the chutney, apricot jam, all the lemon zest, half the lemon juice, tomato paste, and salt and pepper to taste. Mix well, give it a taste, and add more lemon juice, salt, and pepper as desired. It should be delightfully zingy!
- Squeeze the milk from the bread, reserving the milk for later, and smooshing and tearing the bread into small pieces. Mix the bread into the beef mixture, and spread evenly into an oven-proof dish.
- Strain the milk that has come from the bread, and add the remaining 1/2 cup of milk. Beat in the eggs, and season with 1/4 teaspoon salt and pepper to taste. Pour this over the meat, and decoratively scatter the bay leaves on top.
- Bake, uncovered, at 350°F for 45 minutes, or until golden brown.



MOTORING

THE AFRICA RALLY

It's been an amazing year for adventure on The Africa Rally, with a few brave teams, in some of the most surprising vehicles making it all the way from Sparrowhawk Lodge in South Africa, to Victoria Sands Lodge in Kenya!

This journey of approximately 4,500kms has seen teams come face to face with lions, elephants, zebras, giraffes, and from time to time the realisation that the tiny box of tools they through in the back of their classic vehicle might not be solely enough to get them to the finish line. Not to fear though! The friendliness of the people whom our teams have met has been to a whole new level, whether as simple as lending a 13mm spanner, or as complex as a full engine rebuild (in a day!) – they've made it happen.

The team that shone brightest though, was Team 13 – Milkvan Journey, who selected their noble steed to be a 1971 VW Kombi Ice Cream van, and somehow managed to pick up the Scavenger Hunt Trophy, the Life of Crime Award, and the infamous title of overall Winners of The Africa Rally 2023!

Keen to get involved at every level, although they only edged the victory in the Scavenger Hunt Trophy, they were far far ahead of any other team for our Life of Crime Award... I mean, how can you get caught speeding that much in a VW Kombi!? Especially as it still has it's original twin port motor in the back!



Aside from one or two unhappy police officers, they brought joy to everyone they met, with multiple strangers (now new friends) walking up to them on the street to let them know they'd been following their journey online, and were overjoyed to see the Milkvan in person. This is where The Africa Rally is different to other events. Yes it's possible to drive across Africa in a new expedition vehicle, but you simply don't invite the attention, generate the joy, and meet the new friends you would if you rocked up in a mini, or a beetle for that matter! It's the difference between an African journey, and an African adventure. This is why we always encourage entry in the ridiculous, and even provide discounted entry for that!



Was it all plain sailing?

Of course not! It wouldn't be an adventure if nothing went wrong... and coincidentally Team 13 ended up having 13 breakdowns from day of purchasing the Milkvan to getting home again safely. Some were of course worse than others, but the one that springs first to mind is in Malawi where they managed to break the accelerate cable linkage. If it had been the cable itself they would have been fine, as they had spares, but the actual linkage... this was a problem.

An hour or so later, they had managed to find a piece of pipe, some cord, and design a makeshift handle. Yes, that's correct... for around about 1,000kms they were driving with a hand operated accelerator!

The Full Story

The Africa Rally HQ Team have started catching up with teams from this year, in a YouTube series they are calling "Stories from the Road". It does exactly what it says on the tin. It's an unedited, unscripted interview with various teams that took part in order to provide an insight into what future teams can expect on the road up into Africa. Here's the first episode from Team Milkvan Journey:

The Golden Pineapple Award

There are no wooden spoons in this rally, in fact we reward the utterly mad, ambitious, and ultimately the tough teams that battle through when all seems against them. To this end, we're keen to introduce you to Team Two Brits & a Mini who flew over to South Africa just days before the Start Line to collect a 1978 Leyland Mini ready for the rally.

Space and ground clearance were not on their side in this vehicle, but the beauty of it being a mini, did certainly mean there was no shortage of people wanting to help them back on the road when they got stuck.

Ultimately a compounding number of issues, and a wait on parts in rural Tanzania meant they didn't quite complete the Africa Rally this year, but were well deserved winners of the Golden Pineapple Award. That's not the end of the story though...

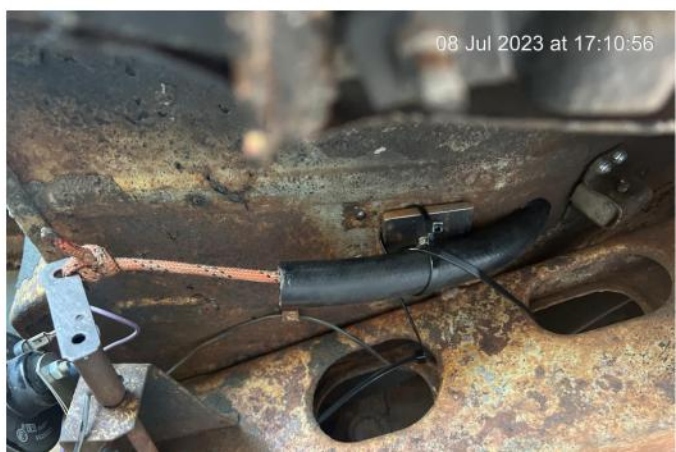


When Kaz called our Rally Director to organise recovery of the Mini via our logistics partner (Global Fixers - <https://www.globalfixers.co.uk/>) we think he must have had a beer or two, because only being a day away (by bus) he offered to head down to Tanzania (from Kenya) and pick it up. He definitely didn't know what he was getting himself in for though, as that 9 hour drive to Dar es Salaam turned into an epic 43 hour journey, where he basically (with a lot of help) rebuilt the Mini.

The Full Story can be found on the Africa Rally YouTube channel, as it was all filmed!

Picture of the Rally

There are of course a number of classic trophies as well, one of which being Picture of the Rally. The Africa Rally HQ team genuinely didn't realise how difficult a job it would be to select this... as some of the pictures, especially of the wildlife, were perfectly timed. In order to decide it, we ultimately went to our Rally Director, Paul Clayton, who to our surprise quickly discounted all the "obvious" shots, and selected a glorious shot of Mr PJ Daly topless on the edge of Victoria Falls.





PJ was part of Team The Mad Celts from Ireland, driving a trusty Land Rover called “Lucky Boy” who certainly lived up to both his name, and them to their name. The two lads (apparently in their 70s – although this is up for debate), wasted no time in jumping into what Africa had to offer. First abseiling down Table Mountain on arrival, then jumping in Devil’s Pool for the photo at Victoria Falls, before completely ignoring any satellite navigation techniques to get them through Tanzania. It turns out, pulling over and asking for directions is a much more fun approach when travelling Africa.

We probably can’t show the actual picture for censorship reasons, but it can be found on the Africa Rally socials @africarally on Instagram, and /theafricarally on Facebook.

Inside though, let us share a picture of Lucky Boy at the Finish Line on Lake Victoria, along with both PJ and Des sporting their Africa Rally Finishers Medals.

The Africa Rally 2024

Keen to get involved? Well, the good news is we’re doing it all again next year! The Africa Rally 2024 will run between 29th June 2024 and 20th July 2024 with a maximum of 50 teams permitted entry.

[Click here to find out more:](#)

We are however making it bigger and better in order to encourage more people, in more ridiculous vehicles to take part. What do we mean by that?

Well... The Africa Rally 2024 will be the first ever charity vehicle rally in Africa to run two routes in parallel, with now not two, but three all-inclusive parties! (That’s a lot of free drinks / food)

These two simultaneous route options will be:

1) The original South Africa to Kenya route, same start, same finish, same mad beautiful experience of Africa. It shall hereby be known as our Challenger Route, and will always be our favourite route up through Africa.

2) A new looped route from South Africa to Malawi (and back!). This is aptly dubbed our Discovery Route, and is by no means an easier option. Your vehicle will still be tested, you'll still see amazing wildlife, you just have the benefit of being back in South Africa when you finish – useful if you need to return your rented vehicle, or return yourself to work... and other such adulting things.



The map looks something like this:

The Africa Rallies start at the same time from the same place, costing the same, and the beauty of all this is, if you get to the half way party and want to change your mind on your route, there's nothing stopping you!

Everyone is on the same suggested route for the first half – so you've plenty of time to discuss with fellow teams, and convince each other where you'd like to go! Do you want the Challenger Medal, or the Discovery Medal? Do you plan to decide on your route or only at the half way point? No plan, no problem!

As always, our HQ Team are on hand to answer any queries or questions you may have ahead of registration – feel free to drop them an email to info@aficarally.com and one of the team will be in touch. Our Rally Director is usually also happy to invite you to come see our workshop in the East Rand (Johannesburg) and chat with him in person, or for our international friends we can always setup a video call.

www.aficarally.com

READ, LISTEN, WATCH - OUR MAGAZINES ARE 'FLIP'PING GREAT READS...

*Find magazines you will enjoy.
Combination rate cards are on the
menu with competitions,
subscriptions and much more... Each
magazine offers, video, audio,
background audio and also
immediate links to call whatsapp
numbers from articles and
advertisers alike. They all offer
links to websites and email.*



For the digital Bookshelf!

Published for and on behalf of Xactavent (Pty) Ltd Reg No 2018 / 224212 / 07

Bolt launches Bajaj Qute 'car' in parts of Johannesburg - wider rollout expected accreditation William Brederode



The Bajaj Qute recently became available for trips on the Bolt platform.

Bolt has launched a new ride category that allows for trips in the Bajaj Qute. The Bajaj Qute is a quadricycle that costs under R200 to fill up a tank of petrol. Bolt trips in the Bajaj Qute are currently available in a few areas of Johannesburg, but a wider rollout is expected.

"This is my Porsche," said Norman Moremi, a Bolt driver of the Bajaj Qute he recently started using to transport passengers.

The Baja Qute is technically not a car. It's legally classified as a compact quadricycle. Moremi said he has been able to take it up to a top speed of 70km/h.

Takura Malaba, a Bolt regional manager in East and Southern Africa confirmed that the Bolt Lite category, which exclusively allows for transport in the Bajaj Qute, launched in a few areas of Johannesburg on 24 July 2023.

Malaba said Bolt wanted to introduce a lower-cost ride option, which is available for short trips.

"Firstly, we wanted to continue to make ride-hailing services accessible and affordable for shorter trips for our passenger community."

News24 had a look at the prices for Bajaj Qute trips in the area and found that it was comfortably the cheapest option on the platform.

We punched in five random routes around the areas where the Bajaj Qute is operating and found that the "Bolt Lite" category was between 16% and 18% cheaper than the next cheapest ride option, the "Go Hatch" ride option.

But there is a constraint, as currently, only one passenger is allowed per trip, confirmed Malaba. A News24 reporter sat in the front passenger seat of a Bajaj Qute and can confirm that it is a snug fit.

The front seat of the Bajaj Qute

William Brederode



The vehicle is capable of carrying more people, but Malaba said one of the motivations for only allowing one person per trip is that the fuel efficiency decreases when there is more than one passenger in the Bajaj Qute.

The vehicle has an 8-litre fuel tank, meaning at current fuel prices, a tank of petrol would cost around R180.

Passengers with lots of luggage should consider their choices before riding in the Bajaj Qute, as luggage will likely have to be placed in the back seat. There is a boot in the front of the car, but it is not very spacious.

The boot at the front of the Bajaj Qute.

William Brederode

The Bajaj Qute has a 216cc four-stroke, single-cylinder engine that is mounted in the back of the vehicle. After opening the hatch to reveal the engine, Moremi said “this is for a motorbike”.

Trips in the Bajaj Qute through Bolt are currently possible in Randburg, Parktown, Melville, Linden, Braamfontein, and Rosebank.

“We will continue to assess the performance of this category before further expanding into other parts of Johannesburg,” said Malaba, adding that the geographic footprint of the category will be refined over time.

The engine at the back of the Bajaj Qute

William Brederode



A busy start

Orange Bajaj Qute cars have been visible across the areas where they were launched over the last few weeks.

Moremi said he has been working non-stop since he started driving a quadricycle for Bolt a little over a week ago.

When News24 spoke to him, Moremi was briefly stopped for a rest at the side of the road and at least 10 people stopped to ask him about the car.

We had a look at the Bolt app and at multiple points, the Bolt Lite ride option was not available as the cars were in use.

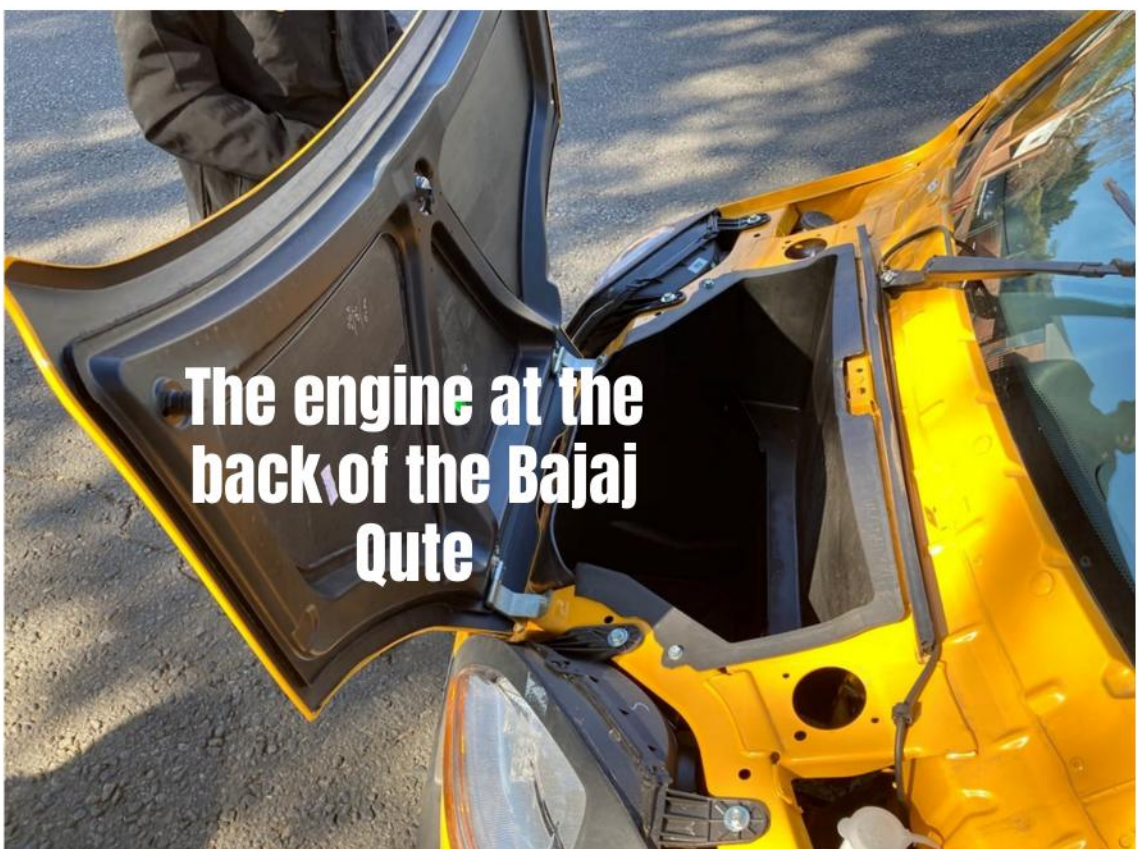
Cost to drivers

Moremi said he acquired the car through a rent-to-own deal, where a weekly fee is taken out of his earnings on the platform to use the car.

Malaba confirmed that the cars are available through the MyNextCar fleet, a Bolt initiative that offers a financing solution for drivers to get access to vehicles.

The application portal to become a driver shows that R1 495 per week will be charged as part of the MyNextCar initiative for a 2023 Bajaj Qute.

The vehicle is listed for R85 000 on the Bajaj Qute website.





**Lay Bye
Options
Available!**

i7 Pre-L[♥]ved Laptops

- i7 Processor
- 8 GB Ram
- 240 SSD Hard Drive
- Windows 10 Pro Pre Loaded
- Office 2016 Home/Business



MAINLINE

TECHNOLOGY

HOT SALE

i5 Pre-L[♥]ved Laptops

- i7 Processor
- 8 GB Ram
- 240 SSD Hard Drive
- Windows 10 Pro Pre Loaded
- Office 2016 Home/Business

Starting from R5000!!

www.mainlinetechnology.co.za

info@mainlinetechnology.co.za / 082-953-4299

LEARN!



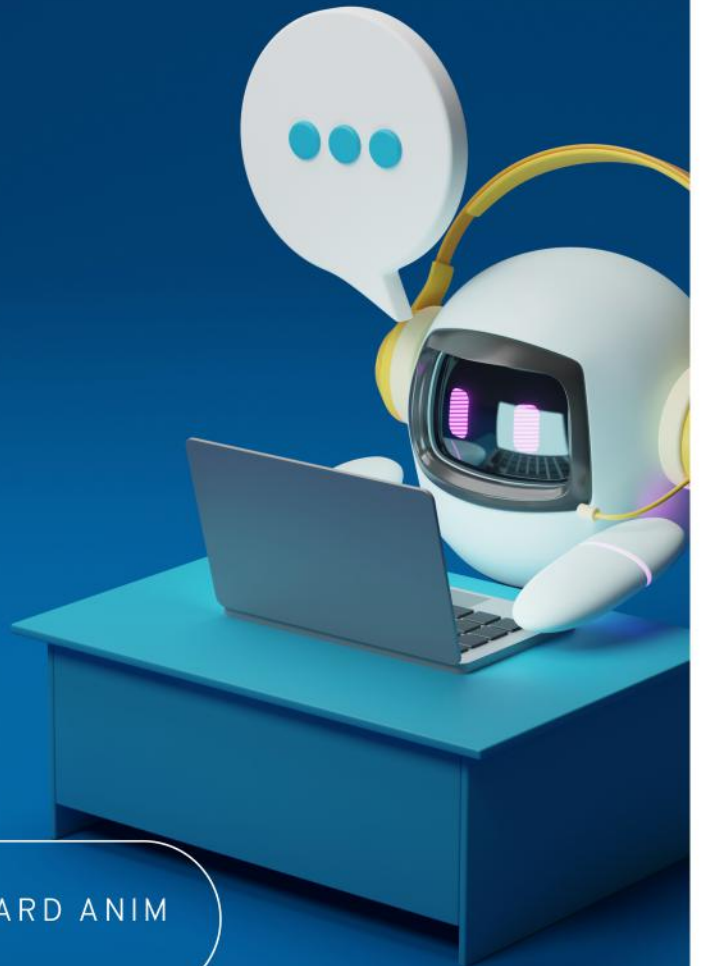


HATCHERY & CORAL REEF

EMPOWERING EDUCATION THROUGH INNOVATION

Launch of AI
Lab in Edleen
Primary School,
Kempton Park,
Johannesburg

RICHARD ANIM



Hatchery & Coral Reef Innovation Hubs, a pioneer in educational technology, is thrilled to announce the establishment of an Artificial Intelligence (AI) Lab at Edleen Primary School, Kempick Park, Johannesburg. This groundbreaking initiative is poised to revolutionize education and foster global employability skills among students.

Key Features of the AI Lab:

1. **Cutting-edge AI Curriculum:** The lab integrates a comprehensive AI curriculum tailored to equip students with advanced technological skills.
2. **State-of-the-Art Infrastructure:** Edleen Primary School now boasts a world-class AI lab furnished with the latest technology, providing an immersive learning environment.
3. **Industry-Relevant Projects:** Students will engage in real-world projects, preparing them for the demands of the global job market.

Benefits for Students and the Community:

1. ***Global Employability:*** The AI lab focuses on cultivating skills that are in high demand globally, ensuring students are well-prepared for the future job landscape.
 2. ***Community Impact:*** By investing in education, Hatchery & Coral Reef Innovation Hub contributes to community development, creating opportunities for students to excel and positively impact their surroundings.
- *Engaging with Socially Responsible Entities:*** Hatchery & Coral Reef extends an invitation to Corporate Social Responsibility (CSR) budgets of companies, High Net Worth individuals with a social impact focus, Rotary, Lions, Zonta associations, religious-based organizations, alumni, and diaspora entities. Your partnership will further enhance the impact of this initiative and create lasting change in education.

Collaboration Opportunities:

We express our willingness to collaborate with interest groups seeking to make a major impact on education in communities. Together, we can shape the future of education and empower the next generation of leaders.



**15 Years,
14 Trips,
1 Launch!
For A
Few
Rands
More!**



My first trip to SA was back in Sept 2008. I had just moved back to GH from England and was exploring several opportunities in the space around consulting, tech and fundraising.

The plan was to replicate a model we had found success deploying in England. Funding for startups and early stage businesses, Angel investing, incubating and accelerating businesses.

After several trips meeting Yaw Peprah, Tinyiko Valoyi, we even registered Anim Mavoni Tech, Zulfiq Isaacs and I toyed around with the establishment of Angel Bourse with support from Gavin Hartland,

Braxton and I attempted a project around Performax, his flagship project using Tech in Human Capital Development. Heck we even had an event targetting GH companies. Flew in Prof Rajah, Bob And Braxton to a mildly successful event with not so good follow through hence conversion was poor.

Selling consulting in Africa is tough. iP is not valued nor respected. A prospect once told me "ideas are a dime a dozen" so why should he pay for an Idea Generation Session.

After several trips (May need to refer to my passport for the visa stamps to confirm) and huge expenses I gave up on all those potential ventures and just viewed SA as home away from home with CT as my 'favouritest' destination. Sorry Jozi, for a foodie, I think CT with all its offerings trumps you. The ocean, the mountains, the wine route, the options are just endless.

Christina Wiese was my mate at the Global Village, Iacocca Center, Lehigh, Bethlehem PA and her family owned the Lourensford Estate. I was blown away the first time I visited and I have returned several times over the years if and when I can afford the time when in CT. The Wiese's hosted me in their home and I got to meet the whole family on one trip. Nana Annan's 40th lunch I recall was held at the Estate. I've always harboured the idea of establishing a lil spot in Mampong producing artisanal chocolates, with a cocoa themed spa, a little eaterie feeding off the whole Tetteh Quarshie vibe of the area. One day! If tomorrow comes!



So I was minding my business when Pauline was like you need to meet David. You guys need to chat. One Sunday she hosted a Brekkie in Peduase Valley and I dragged myself up there. If you know me, I will give everyone at least an hour of my time. Open minded to listen. A broken clock is right twice a day and even the dull bla bla bla have their story to tell (desiderata)

David and I had a chat about what we were doing and the impact and this whole business around curating globally employable talent, using emerging tech but starting from early childhood and following through. If you pay attention to The Human Capital Index, frontal lobes of kids are formed quite early and several environmental factors have an impact on them right from the early stages of their lives. It was important for us to embed these ideas and skills from an early age, make them relevant for the future of work etc.

David and his practice were in 30+ countries and the long and short of it all was that he was prepared to introduce me to his network across the continent to ease our entry into the Edtech spaces of these countries. He introduced me to some folks in Botswana and Malawi but the story of how I gained access to those countries is for another day.

I must give credit to David for sowing the seed for this whole Pan African footprint. Prior to this I hadn't considered it. I imagined how tedious it would be and without the basic investment in place or the cash flow to support it. And you know what, it has been tedious and expensive.

The first country that came to mind when we were considering was SA. Why? I knew the country fairly well, had a decent network to leverage and could be quite easy to penetrate or so I thought!

So in July 2022, with my side kick & CTO Isaac who recently 'Jakpad' to Canada, we jumped on a flight to Jozi to start exploring what was possible.

We had already signed an agreement with Intel to deploy their AI 4 Youth Prog in GH so naturally our first port of call was to engage Joao to give us the lay of the land.





Prior to going Yasmin had introduced me to Lele Modise, got invited to dinner and it was like the who is who of Jozi & MTN and several folks who had dabbled in the education space. Sazini and Chike etc.

I found out ABSA had deployed about \$2m worth of kits in schools and about 40% had been stolen. Those that were still available had become white elephants. Teachers were not adopting the tech due to several reasons- change management issues, training etc. music to my ears, the problems and challenges were opportunities to reap- an Apostle of Edtech to the rescue.

Some random guy approached me on Linked In and after some engagements linked me to his boss Geniene who had a publishing business and was quite networked in the media. They booked several meetings, got me a PA to follow up, offered me their offices to work from etc. The guy who introduced me got sacked due to some challenges with his boss and I never saw again but it was one introduction that he made that sort of worked to our launch this month.

Julia was introduced to me on my 2nd trip and she just seemed busy for her own good. After several calls she finally agreed to a presentation. I remember exactly where I was when I made the presentation. Must have been August or Sept 2022, in my car waiting to meet the board of St Theresa's School my alma mater. To pitch. Julia was like, I've got 30 mins make your pitch. Quickly did my thing and she was like I will get back to you. The Wi-Fi was even dodgy but we managed to scrape through it!

Didn't hear from Julia again till June 2023. All calls and messages to her were just ignored but I persisted, because Julia was the perfect partner. She was already in schools, had the trust of owners and heads and had built a decent client base of about 5000 students in her database. We had worked out that for an entry strategy it was best to JV with a service provider who you could leverage to provide an added value service to the client.

Met Julia in June, had another chat and decided to JV, sorted out all the company registrations and agreement and decided to figure out a pilot. Edleen school which we launched last week happens to be our first gig in SA.

Prior to this launch I had been to SA, 13 times. My accountant has been shining a light on our expenses and asking me questions about ROI to date. It was important for us to demonstrate that it could be done. Psychologically it was important for us to show and tell all our prospects that we had a 'Calling Card!'

Julia and I have had fights and disagreements on a range of issues, budgets mainly. She's been adamant we are on to a 'good thing' so we should spend to deploy the first few projects.

On the eve of the launch, a partner to demonstrate robotics pulled out. How do you demo a smart lab without the proper equipment? I had to comb the whole of Joburg to find a supplier who could sell me a piece of kit for the demo.

About three other potential suppliers we were considering said it's their last week, they were shutting down for Christmas so, No can do! I managed to pull it off and in the process discovered that this new supplier was already in 50 schools and was willing to partner to deploy our AI for Youth Curriculum! God works in mysterious ways, his wonders to perform!

On the back of these trips, a Rotary meeting opened up an opportunity in Eswatini for about 4 projects, Botswana is on the cards next year, Zimbabwe & Zambia are fizzing and bubbling with Tanzania as well.

Several other opportunities abound. It's been a roller coaster experience, some lonely and miserable and tedious times on the road some months 3 weeks on the road different countries, living out of a suitcase but it's been well worth it.

Never imagined where the journey was going to take us but as we say in Wanderlust, "the journey is the destination!"

You never know what grit & gentle persuasion can achieve! After 15 years of attempting to do something in SA, we've just cracked the pipe to earn our first rand!



**Download
our App**

Agriculture & Herbal Process Instrumentation

Moringa

AFRICAN SCIENTIFIC TECHNOLOGIES (PTY) LTD

Balances / Blenders / Capsule machines / High-speed homogenizers / Dehydrators / Distillation units / Herb Dryers / Essential oil distillation units / Filling machines / Freeze dryers / Grinders / Herb cutter / Hydraulic oil press / Juice blenders / Oil press / Peanut and Nut grinder / Peanut and nut roasters / Pulverizer / Soap machines / Tablet press / Tea packaging machines / Weighing systems and much more....



Grinder



Capsule Machine



Grain Moisture
Meter



Drying Oven



Peanut Grinder



High Speed
Mixer



Hydraulic Oil
Press



Powder Packaging
Machine



V-Blender



Shaking
Incubator



Multi Weather
Station



Magnetic Stirrer
Hotplate



Inspection Table



Test Sieves



Cutting Mill



Seed Counter



Micro Balance



Dehydrator



Honey Process



Centrifuge



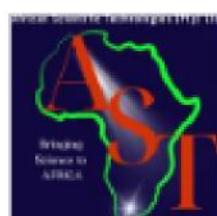
www.afriscientific.co.za



sales@afriscientific.co.za
info@afriscientific.co.za
michele@afriscientific.co.za



+27 72 161 0639
+27 76 855 1162





Declutter



Herb Garden



SPONSORED BY



H2ONERO



JAN 2024

I AM HOME

H2ONERO
CLEANWATERSOLUTIONS





**Download
our App !**



H2O NERO

CLEANWATERSOLUTIONS



DOMESTIC USE • COMMERCIAL USE • OFFICES • LODGES • HOTELS

Filter your
entire
home with
H2O
NERO



Whatsapp : Click on the number to send message to Angelo on

+30 698 304 9688 (Greece)

+27 83 282 8888 (South Africa)

Email : Click on the email to email angelo@h2onero.com

Facebook Messenger : Click on the Facebook page to Message Angelo on H2onero

Viber : Click on the number to send a message on Viber to Angelo +30 698 304 9688

A FEW INDOOR HERB GARDEN IDEAS THAT WILL LOOK GREAT, AND MAKE YOUR HOME SMELL AMAZING LOOKING TO GROW HERBS INDOORS?

These easy ideas and expert tips will ensure you create a beautiful edible garden, that smells fragrant, too



Image Credit - IKEA - BY HEBE HATTON

There's something so satisfying about growing your own produce. Planting something up, watching it grow, and then using it in your own kitchen. Everything tastes sweeter when it's homegrown and of course, there's something very satisfying about getting to smugly mention, 'Ah that salad you are eating? Yes, I grew it myself.'

And the good life needn't only be reserved for those who have outdoor space. You can get a taste of it indoors too, and an indoor herb garden is where we would recommend starting. A lot of herbs are super easy to maintain, they are often quick growers and they can have such an impact on your cooking. Plus, they look lovely in the kitchen, adding texture, greenery, and a beautiful scent.

But where to start? We spoke with the experts and asked how to start a thriving indoor gardens filled with herbs – from where to position your set up, what herbs will work best, and how to turn your garden into a real display that's going to add something to your kitchen as well as your cooking.

PICK THE RIGHT SPOT FOR YOUR INDOOR HERB GARDEN

The spot you pick for your herb garden is key to its success. In terms of the room, the kitchen makes the most sense as you can easily reach for your herbs as and when you need them. But what other conditions do you need to consider in order for a herb garden to thrive?

'You'll need to find the right spot indoors. Ideally, it needs to be an area where the herbs will get at least 6-8 hours of sunlight per day,' explains gardener Mark Lane. 'South-facing windows are ideal, but if you lack natural light, consider using grow lights . To ensure your herbs receive an even amount of sunlight, rotate their pots regularly. This prevents them from leaning toward the light source and promotes balanced growth.'

Sara Ganatas of the Urban Garden NYC agrees, 'A sunny windowsill can be a great place. If the sun is too intense, perhaps just move it a little further away from the glass. Another tip is to watch when it gets cold, sometimes directly next to the window can get too cold. I feel like a good location, if you have the space, is somewhere in the kitchen since that is where you will likely be using the herbs.'

'If you are really lacking in natural light, placing the garden near artificial lighting can work well in regions with limited sunlight. Ideally, the location should have stable temperatures, away from drafts or heat sources that can cause fluctuations and potentially harm the plants. Also, choosing a spot where the herbs can be easily accessed encourages regular harvesting, promoting healthier growth.' adds Tony O'Neil, founder of Simplifying Gardening.





CHOOSE THE RIGHT CONTAINERS AND COMPOST

Next up is getting the right home for your herbs – the soil and the container. Don't get sucked in by aesthetically pleasing pots, you need to ensure they are up for the job.

'I think good soil is a great starting point,' explains Sara. 'When growing edibles, I always suggest using high-quality, organic soil. And proper drainage in the planter/pot is essential. The "vessel" should not only have drainage holes in the bottom but we put a layer of gravel or broken pottery. This helps the water to drain out and prevent the drainage holes from getting blocked with soil.'

'Always remember to use pots with drainage holes and grow in a peat-free, multi-purpose compost with additional horticultural grit for added drainage – herbs hate sitting in water.' adds Mark.

'Overwatering is a common mistake with herbs, so allow the top inch or so of soil to dry out between waterings. When you do water, do it thoroughly but make sure excess water drains out. Also, avoid over-fertilising herbs as this can lead to leggy growth. A balanced liquid fertilizer, such as tomato feed, diluted to half strength can be applied every 4-6 weeks, but only during the growing season.'



GROW HERBS THAT WILL THRIVE INDOORS (AND YOU WILL USE)

Most herbs will grow well in kitchens, but it goes without saying to only grow herbs you know you will use. 'I always start with herbs I could eat and herbs I can smell. If you just grew parsley, coriander, and mint, you've got a complete meal that you can do masses of things with.' explains Jekka McVicar founder of Jekka's herb farm.

'Several herbs do well indoors, providing culinary and aromatic benefits. Some of the best options include basil, known for its sweet fragrance and versatility in the kitchen; mint, a robust grower offering a fresh flavor; and chives, which are simple to grow and provide a mild onion flavor to dishes. Rosemary and thyme are also good choices as they are flavorsome and bring a lovely aroma to your indoor space. Consider your preferences and the types of dishes you usually prepare while selecting.' explains Tony.

'Of course, you want to grow herbs that you'll use on a regular basis in cooking, for making tinctures or for making potpourri. Great choices that are easy to grow are basil, Thai basil, mint, coriander, flat-leaf parsley, rosemary and thyme. All of these can be grown from seed, but you can also buy herbs growing in pots from stores.' adds Mark.

'If you look closely at store-bought herbs, you'll see that there are several plants crammed into a single pot. Water the potted herb and then gently tease apart the separate herb plants and pot each plant into a pot all its own. This could mean ending up with a dozen plants of the same herb, so consider giving a few away to friends and family.'



8 Signs You Have Too Much Stuff and It's Time to Declutter

Do you feel as though your space is jam-packed with too much extra stuff? You're certainly not alone.

"Clutter is not a sign of laziness; it's a common challenge that many of us faces," explains Rachel Gitzen, the founder of Rah & Co Organizing. It can often feel overwhelming since it may be difficult to know where to start, she adds.

Read on to find out what eight telltale signs you should look out for when it's time to declutter your home.

You Can Never Find What You Need, When You Need It

Are you always scrambling to locate your car keys, phone, or wallet when it's time to dash out the door in the morning? This is one sign that you need to declutter, says Perri Kersh, the founder of Neat Freak Professional Organizing, LLC. "It can also indicate that you don't have a tried and true system in place to create homes for necessary items," she adds. The same goes for your closet. If you can't ever find the shirt or sweater you're looking for, it's time to take action.

Gitzen suggests getting rid of clothes that no longer fit or serve a purpose for you. This way, you can organize your wardrobe, so everything is easily accessible when you need it.



You Own Lots of Duplicates or Products With Tags

You may find yourself purchasing items such as scissors, hair brushes, and small hardware tools multiple times because you're always misplacing them around the house. This is another sign that you need to spend some time decluttering, according to Kersh.

On a related note, owning too many never-before-used items is a sign of excess, too.

"Seeing unopened or unworn items tells me that someone has more than they need or use," Laura Gutowski, the founder of Everything In Its Space, explains.

The Idea of Doing Chores Is Overly Daunting

While most people don't exactly look forward to tackling household to-dos, severe anxiety and procrastination around chores may be a sign you need to declutter.

"When clutter takes over, cleaning becomes an overwhelming task that's often put off indefinitely," Gitzen says. You may even find yourself putting off chores prior to hosting friends or family in your home.

"If you find yourself resorting to the 'shove-it-all-in-one-room' approach, it's a clear sign that clutter has taken control," Gitzen adds. Gitzen explains that a decluttered home allows a person to focus on one thing like hosting an unforgettable soirée without the stress of hiding





Things Are Never in the Right Place

Do you ever open a kitchen drawer only to wonder why a makeup product is tucked inside?

"If things are not in the place where they need to be—you find paper stashed in kitchen cabinets, tools in the bedroom, or office supplies in the bathroom—then it's definitely time to do a big clean out," Kersh says. Kersh encourages you to find homes for the things you need, use, and love and then let the rest go.

You Don't Have Any Free Surfaces

If you never can find a spot to set down your bag or a pile of mail upon walking in the door, you'll need to part ways with excess clutter in your home. As Gitzen instructs, "unpack those bags, clear those surfaces, and make room for what truly matters."

You Have More Than One Junk Drawer

A singular junk drawer is fine—but you'll want to cap yourself there, Gutowski says.

"Every single time I work with a client to organize their junk drawer, they end up getting rid of things," she says. Whether it's pens that no longer work, old receipts, or keys to homes or cars you no longer own, it's time to go through and declutter, she recommends.



Your Home Is Filled With Expired Goods

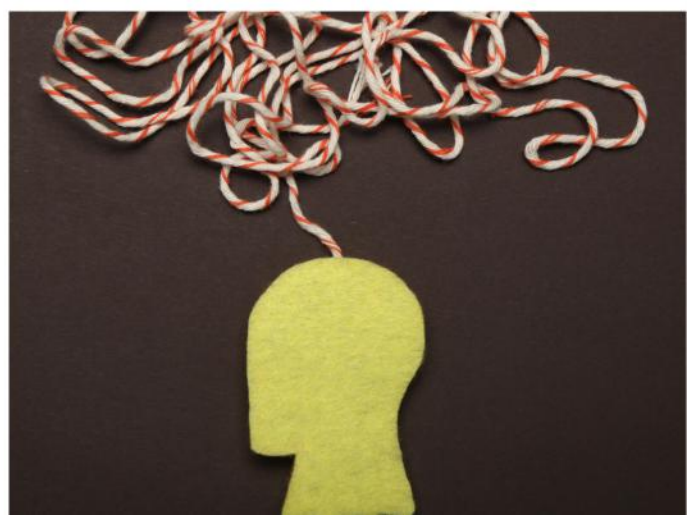
Opening the fridge or pantry and encountering one too many expired items is a sign that you need to engage in some decluttering. Gutowski recommends not just tackling your kitchen but also the bathroom and hall closet, too, given that sunscreen, medicine, and batteries all have expiration dates as well.

You Don't Look Forward to Returning Home

As Gitzen puts it, "your home should be a place of solace and comfort, not a source of dread."

If you no longer look forward to coming home at the end of a trip—or even after a long day at work—it may be due to the presence of too much stuff. This notion is often reflected in the way someone describes their home, Gutowski notes.

"Life is hard enough," Gutowski says. "People deserve to come home to a calm, welcoming, and uncluttered space."



OPERATION WINTER PODS

Street Dogs have nowhere to call home!

Help us provide them with kennels and blanket to call their own!

Sterilisation and a month's worth of food and health treatment

to pledge your R1,000.00 donation, contact

Janet: 082 852 8570

Kirst: 074 445 4943



Banking Details:
Happy Yappers NPO First National Bank
Acc No: 62798469485
Branch Code: 210210



HAPPY YAPPERS ANIMAL SANCTUARY
NPO 119-872



HAPPY_YAPPERS_NPO



@happyyappersnpo



www.happyyappers.org.za



info@happyyappers.org.za



JANET 0828528570 - FOUNDER
KIRST 0744454943 - ADOPTIONS
JESSICA 0711700634 - VACCINES
JAMIE 0727676942 - STERILISATIONS

ONCE OFF DONATION

Make an EFT donation to support Happy Yappers with the much-needed funds to help dogs in need. Please email us a proof of any donations so that we can add you to our tax register for your annual tax certificate: info@happyyappers.org.za

VETERINARY BILL

Should anyone wish to contribute specifically to our veterinary bill, please use the words VETERINARY BILL as your reference.

SPONSOR A DOG

Make a difference in the life of a dog by sponsoring them for just R350 per month. Your sponsorship will provide shelter, food, and primary health care for the dog you choose for a full month. And even if the dog gets adopted, your support will continue to feed and care for the next dog in the kennel. In recognition of your generosity, we'll put your name on a plaque outside the kennel of your chosen dog. Please email us a proof of your donation at info@happyyappers.org.za, so we can ensure your name is displayed on the kennel and include you in our tax register for your annual tax certificate.

Reference: Your Name + Dog's Name

SPONSOR A STERILISATION

Did you know that one female and one male dog and their offspring can produce over 12,000 puppies in just 5 years? Overpopulation is a serious problem that leads to the suffering and euthanasia of countless dogs. That's why we offer Sterilisation Services as part of our Outreach Programme. You can help us prevent unwanted litters and save lives by sponsoring a sterilisation for only R550. Your support will cover the cost of the procedure, as well as medication and aftercare. Together, we can make a real difference in the lives of dogs and their communities. Please donate today and sponsor a Steril!

Please
donate!
Thank you! ❤️



FOUND ON FACEBOOK!

Today I was in a shoe store that sells only shoes, nothing else. A young girl with a tattoo and green hair walked over to me and asked, "What brings you in today, I looked at her and said, "I'm interested in buying a refrigerator." She didn't quite know how to respond, had that deer in the headlights look.

I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

When people see a cat's litter box they always say, "Oh, have you got a cat" I just say, "No, it's for company!"

Employment application blanks always ask who is to be called in case of an emergency. I think you should write, "An ambulance."

The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be really good friends.

The easiest way to find something lost around the house is to buy a replacement.

Have you ever noticed: The Roman Numerals for forty (40) are XL. The sole purpose of a child's middle name is so he knows when he's really in trouble.

Did you ever notice that when you put the 2 words "The" and "IRS" together it spells "Theirs"

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

Some people try to turn back their "odometers." Not me.

I want people to know why I look this way.

I've traveled a long way and a lot of the roads were not paved.

Ah! Being young is beautiful but being old is comfortable.

Lord, keep your arm around my shoulder and your hand over my mouth.

