



PANELS & TIMBERS

SAUNA ROOM INTERIOR DESIGNS





WE ARE SAWO

SAWO is a European sauna manufacturer operating under Finnish management, supported by a fully integrated production platform in Asia. More than 600 Filipino and Finnish professionals work under strict Finnish engineering standards, ensuring every product reflects genuine sauna expertise.

By combining authentic Finnish know-how with disciplined, large-scale manufacturing, SAWO delivers consistent quality across its entire range. The result is reliable, well-engineered sauna solutions trusted worldwide.

We use carefully selected high-grade woods of Cedar, Aspen, and Hemlock, chosen specifically for high-temperature, high-humidity environments. Each species is valued for its dimensional stability, smooth surface, and natural resistance to moisture.

At SAWO, innovation is guided by tradition. Product development under Finnish management prioritizes functionality, longevity, and material integrity over short-term design trends. If a material cannot withstand real sauna conditions, it does not enter our production.



WOOD PANELS & TIMBERS



Photo by: Sauna from Finland

Although originally developed for authentic Finnish saunas, our wood panels integrate seamlessly into other interior applications. Their clean profiles, balanced tones, and refined finishes make them suitable for bathrooms, spas, wellness areas, and architectural feature walls. Beyond the sauna, they introduce the same warmth and natural elegance into contemporary spaces.

At SAWO, we only use high-grade wood from sustainably managed forests.



SUSTAINABILITY

Sauna is Wellbeing - Sustainability is Wellbeing

Sustainability is a natural extension of our material philosophy. Here, environmental responsibility is built into the production of our wood panels and timbers. From careful raw material selection to controlled manufacturing processes, we prioritize responsible and efficient use of resources. We avoid harmful chemicals and use toxin-free finishes to ensure safe indoor environments. Production waste is certified non-toxic, and all scrap wood is collected by accredited partners and processed into new materials, giving the wood a second life rather than sending it to landfill.

Our commitment to quality and environmental responsibility is verified through internationally recognized certifications. SAWO has maintained ISO 9001 certification for Quality Management since 2002 and ISO 14001 certification for Environmental Management since 2007, both renewed in 2025 under the ISO 9001:2015 and ISO 14001:2015 standards. As a member of Sauna from Finland, we actively promote authentic Finnish sauna culture worldwide.

Today, SAWO products are trusted in over 90 countries. Our wood panels and timbers are designed to shape atmospheres, not just structures. With careful craftsmanship and a deep respect for materials, they help create warm, balanced spaces that stand the test of time.





Photo by: Teemu Tretjakov / Dreamstime.com — January 19, 2026



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Panels

Premium-quality wooden wall and ceiling boards designed for sauna interiors. Crafted from carefully selected high-grade timber, they offer excellent heat resistance, durability, and a smooth finish. Easy to install and aesthetically refined, SAWO Panels create warmth and an elevated natural design to any room.





Panels



Engineered Panels

code: SP02-405 | SP02-605 | SP02-905
size: 108mm (W) x 14mm (T)
wood: Cedar, Aspen, Hemlock



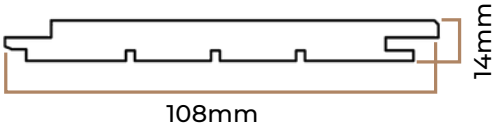
Engineered Panels Wide

code: SP02-405 | SP02-605 | SP02-905
size: 150mm (W) x 16.5mm (T)
wood: Cedar, Aspen, Hemlock

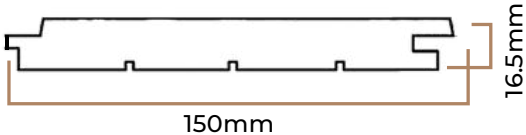
PANEL (W)	PANEL WIDE (W)	LENGTH
108mm	150mm	1200mm
108mm	150mm	1400mm
108mm	150mm	1600mm
108mm	150mm	1800mm
108mm	150mm	1950mm
108mm	150mm	2110mm
108mm	150mm	2250mm
108mm	150mm	2410mm
108mm	150mm	2550mm
108mm	150mm	2710mm



Engineered Panels



Engineered Panels Wide



Stripe Panels



Engineered Stripe Panels

code: SP02-904 | SP02-606 | SP02-403
size: 83mm (W) x 36mm (T)
wood: Cedar, Aspen, Hemlock



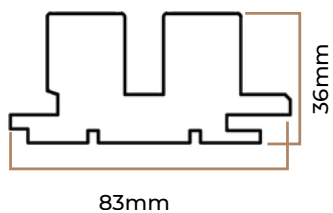
Engineered Stripe Panels Wide

code: SP02-904 | SP02-607 | SP02-404
size: 149mm (W) x 36mm (T)
wood: Cedar, Aspen, Hemlock

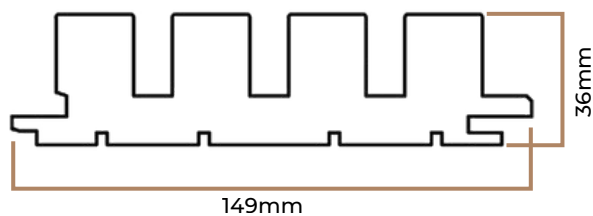
STRIPE PANEL (W)	STRIPE PANEL WIDE (W)	LENGTH
83mm	149mm	2110mm
83mm	149mm	2410mm
83mm	149mm	2710mm



Engineered Stripe Panels



Engineered Stripe Panels Wide



Stripe Panels Border

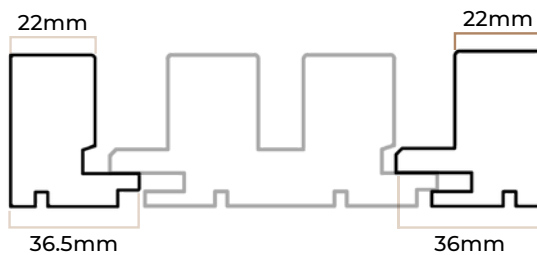


Engineered Stripe Panels Border

code: SP02-404-2403-FM
 SP02-607-2403-FM
 SP02-904-2403-FM
 size: 93mm (W) x 23mm (T)
 wood: Cedar, Aspen, Hemlock

WIDTH OF BOTH	LENGTH
36mm	2110mm
36mm	2410mm
36mm	2710mm

Engineered Stripe Panels Border



Male
Stripe Panel



Female
Stripe Panel



Bench Timbers

High-quality wooden boards designed for sauna bench construction. They are made from premium sauna-safe woods such as Western Red Cedar, Aspen, and Hemlock, selected for their heat resistance, smooth touch, and durability in hot, moist environments. These timbers serve as the seating boards or structural components of sauna benches and come in various widths, thicknesses, and lengths to fit different sauna layouts.

Bench Timbers



Bench Timber 3-side
93x23mm

code: SP02-113 | SP02-613 | SP02-913
size: 93mm (W) x 23mm (T)
wood: Cedar, Aspen, Hemlock



Bench Timber 4-side
93x35mm

code: SP02-114 | SP02-614 | SP02-914
size: 93mm (W) x 35mm (T)
wood: Cedar, Aspen, Hemlock



Bench Timber 4-side
93x50mm

code: SP02-115 | SP02-615 | SP02-915
size: 93mm (W) x 50mm (T)
wood: Cedar, Aspen, Hemlock



Bench Timber 4-side
135x35mm

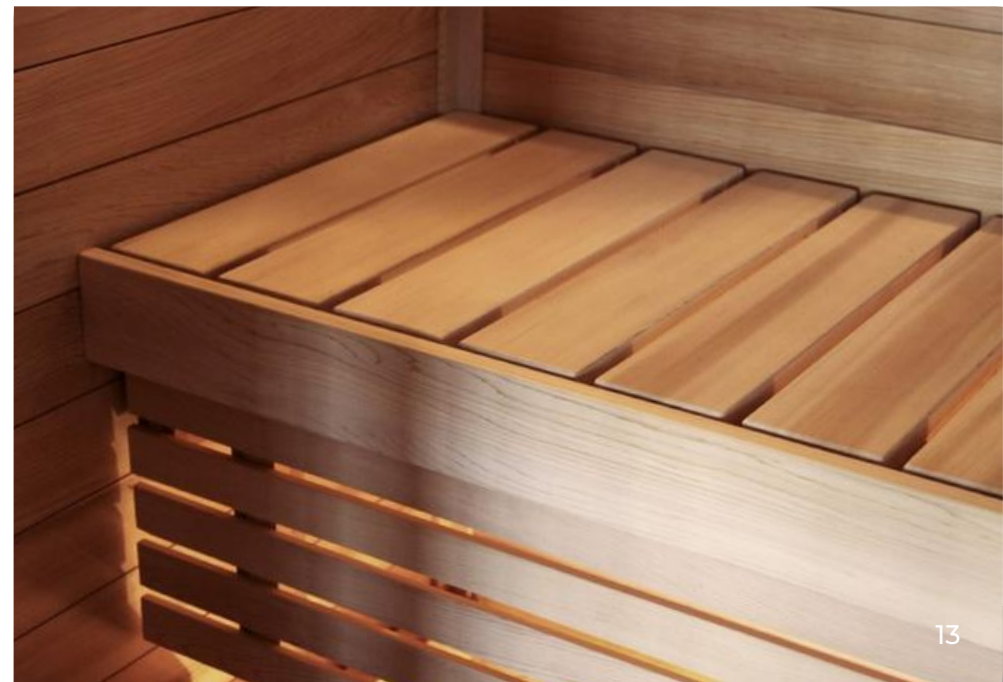
code: SP02-116 | SP02-616
size: 135mm (W) x 35mm (T)
wood: Cedar, Aspen



Bench Timber 4-side
135x50mm

code: SP02-117 | SP02-617
size: 135mm (W) x 50mm (T)
wood: Cedar, Aspen

3-SIDE 93x23 (W X L)	4-SIDE 93x35 (W X L)	4-SIDE 93x50 (W X L)	4-SIDE 135x35 (W X L)	4-SIDE 135x50 (W X L)
93x1200mm	93x1200mm	93x1200mm	135x1200mm	135x1200mm
93x1400mm	93x1400mm	93x1400mm	135x1400mm	135x1400mm
93x1600mm	93x1600mm	93x1600mm	135x1600mm	135x1600mm
93x1800mm	93x1800mm	93x1800mm	135x1800mm	135x1800mm
93x1950mm	93x1950mm	93x1950mm	135x1950mm	135x1950mm
93x2110mm	93x2110mm	93x2110mm	135x2110mm	135x2110mm
93x2250mm	93x2250mm	93x2250mm	135x2250mm	135x2250mm



Mouldings

Precision-crafted wooden trim pieces designed to provide a clean and professional finish to sauna interiors. Used to cover joints, edges, and corners, they ensure seamless transitions between panels and timbers while enhancing durability and overall aesthetics. Made from high-quality sauna-suitable wood, SAWO mouldings complement wall panels and bench structures for a refined, cohesive look.

Mouldings



Moulding Corner
23x23mm

codes: SP02-700 | SP01-200 | SP01-900
size: 23mm (W) x 23mm (T)
wood: Cedar, Aspen, Hemlock



Moulding Corner
32x32mm

code: SP01-700-2 | SP01-200-2 | SP01-900-2
size: 32mm (W) x 32mm (T)
wood: Cedar, Aspen, Hemlock



Moulding Flat
40x6mm

code: SP01-704 | SP01-204 | SP01-904
size: 40mm (W) x 6mm (T)
wood: Cedar, Aspen, Hemlock



Moulding Flat
75x8mm

code: SP01-704-2 | SP01-204-2 | SP01-904-2
size: 75mm (W) x 8mm (T)
wood: Cedar, Aspen, Hemlock



Moulding Shadow
13x13mm

code: SP01-708 | SP01-208 | SP01-908
size: 13mm (W) x 13mm (T)
wood: Cedar, Aspen, Hemlock



Moulding Shadow
22x22mm

code: SP01-708-2 | SP01-208-2 | SP01-908-2
size: 22mm (W) x 22mm (T)
wood: Cedar, Aspen, Hemlock

MOULDING CORNER 23X23 (W x L)	MOULDING CORNER 32X32 (W x L)
23x1800mm	32x1800mm
23x2100mm	32x2100mm
23x2400mm	32x2400mm
23x2700mm	32x2700mm

MOULDING FLAT 40X6 (W x L)	MOULDING FLAT 75X8 (W x L)
40x1800mm	75x1800mm
40x2100mm	75x2100mm
40x2400mm	75x2400mm
40x2700mm	75x2700mm

MOULDING SHADOW 13X13 (W x L)	MOULDING SHADOW 22X22 (W x L)
13x1800mm	22x1800mm
13x2100mm	22x2100mm
13x2400mm	22x2400mm
13x2700mm	22x2700mm



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