



ThinkPsych®

HAPPIER
through
PLAY

**SUMMER 2026
CATALOG**

SUMMER 2026

Welcome to our Summer 2026 collection! Inside, you'll discover our brand new anger management board game, **Escape from Anger Mountain**, and our unique feelings-focused twist on **Bingo**. We're also excited to introduce our first-ever puzzles, designed to spark conversations about emotions while kids build their fine motor and perceptual reasoning skills.



Dr. Anton



Dr. Rebecca



ABOUT US

ThinkPsych started with two friends that were also psychologists. We loved the power of games to help kids learn essential life skills like sharing, cooperating, and dealing with frustration. In fact, we used a lot of games in therapy to help children talk about their feelings and practice social skills. But there was something missing. The games we played - they didn't make teaching essential life skills **a priority**. They were a side effect, not the purpose.

In 2019, we decided to change that. Drawing from our decades of clinical experience, we started designing educational products and games to make a difference. Our goal is to bring fun and effective social-emotional learning to kids in every home and school. We thank you for joining us on our journey to help kids **live happier, better lives**.

CONTACT US:



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**COME PLAY
& LEARN
WITH US!**

TABLE OF CONTENTS



CARD DECKS

3



EMOTIONAL HEALTH KITS

8



GAMES

9



PUZZLES

21



SCHOOL & THERAPY RESOURCES

23

OUR MISSION



Foster **play experiences** that improve kids' mental, emotional, and social health (**MESH**).



Place **FUN** at the center of everything we do. Learning should be effortless.

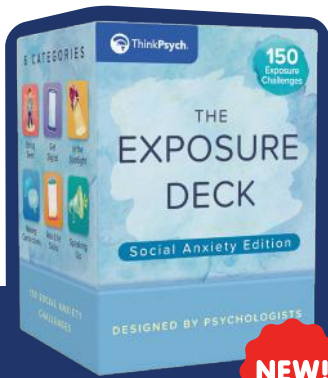


Bring children and families together in **deep play** that strengthens **relationships** for life.

CARD DECKS

CONTENTS:

150 Exposure Cards
Instruction Guides
Tips for Therapists Card



NEW!

EXPOSURE DECK SOCIAL ANXIETY EDITION

Not sure where to start when it comes to facing your fears? **The Exposure Deck** takes the guesswork out of it. These **150 evidence-based challenges** are organized across 6 categories, giving kids, teens, and adults a clear, step-by-step path to building **real social confidence**. Developed by clinical psychologists, the cards make exposure therapy more engaging and approachable. Perfect for therapists and anyone ready to start facing their fears!

TARGET SKILLS



Emotional Awareness



Improved Mood



Social Skills

PRODUCT DETAILS

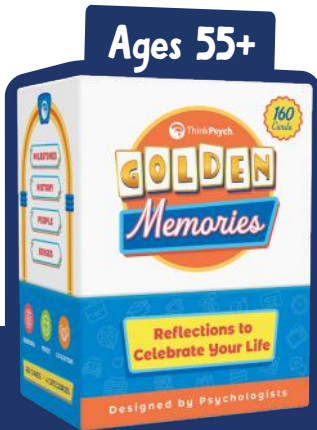
Name: Exposure Deck:
Social Anxiety Edition
SKU: EXP-SOC-01

Dimensions: 4" x 3" x 3"
MSRP: \$30

CARD DECKS

CONTENTS:

160 Prompt Cards
Instruction Guide



GOLDEN MEMORIES

★★★
**BEST
SELLER**

Designed by psychologists, Golden Memories invites older adults to share their wisdom, experiences, and cherished stories through beautifully **crafted conversation cards**. Each thoughtfully curated prompt opens the door to meaningful discussions that bridge generations and **preserve precious memories**. Perfect for family gatherings, senior living communities, and therapeutic settings.

TARGET SKILLS



Memory



Happier Mood



Family Bonding

PRODUCT DETAILS

Name: Golden Memories
SKU: GM-02
Dimensions: 5" x 4" x 2.5"
MSRP: \$28

CARD DECKS

CONTENTS:

52 Meditation Cards
Instruction Guide
Card Stand



NEW!

MINDFULNESS FOR KIDS SPACE EDITION

A calmer, more focused mind is just one card away! Each of the **52 beautifully illustrated cards** guides children through a unique mindfulness practice, from Rocket Breathing to Sound Wave Surfing. Designed by psychologists for ages 8 and up, these mindfulness cards build emotional regulation, body awareness, and focus skills kids can use anytime. The perfect launchpad for a **lifelong mindfulness habit!**

TARGET SKILLS



Body Awareness



Emotion Regulation



Focus & Attention

PRODUCT DETAILS

Name: Mindfulness For Kids:
Space Edition

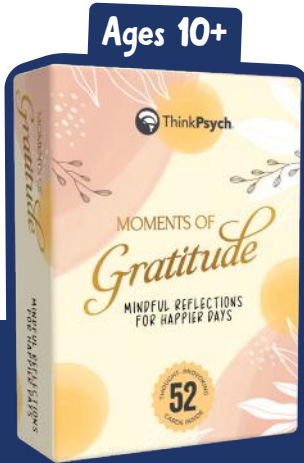
SKU: MK-SP-01

Dimensions: 5" x 4" x 2"
MSRP: \$25

CARD DECKS

CONTENTS:

52 Reflection Cards
Instruction Guide



MOMENTS OF GRATITUDE

Cultivate daily gratitude with this science-backed collection of **52 thought-provoking reflection cards**! Research shows that intentional thankfulness improves wellbeing and life satisfaction. In addition to the cards, discover **9 unique activities** designed to deepen your gratitude practice and enhance well-being. Moments of Gratitude is your simple yet powerful companion to help you feel more joy and appreciation every day!

TARGET SKILLS



Self-Awareness



Happier Mood



Meditation

PRODUCT DETAILS

Name: Moments of Gratitude

SKU: MOG-02

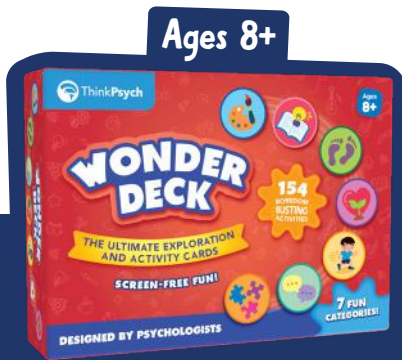
Dimensions: 4"x 3"x 1"

MSRP: \$18

CARD DECKS

CONTENTS:

154 Activity Cards
Instruction Guide



WONDERDECK

Discover this boredom-busting collection of **154 activity cards**! With themes like arts & crafts, nature exploration, and scientific experiments, every card offers a new adventure. Developed by psychologists, these imaginative activities are designed to promote creativity and support social-emotional development. Perfect for homes, classrooms, or on-the-go entertainment to turn “I’m bored” into hours of enriching fun!

TARGET SKILLS



Creativity



Problem-Solving



Empathy

PRODUCT DETAILS

Name: WonderDeck

SKU: WD-01

Dimensions: 5.5" x 4" x 1.5"

MSRP: \$25

EMOTIONAL HEALTH KITS

CONTENTS:

4 Coping Dice
“How Do You Feel” Card
“Boredom Busters” Card
Anxiety Soother Mindful Mat
Write & Draw Board
Star Stress Ball
Instruction Guide



ROLL WITH IT

★★★
**BEST
SELLER**

Meet the innovative toolkit designed by psychologists to help children tackle **BIG feelings**! Kids will learn how to identify their emotions and practice over **50 proven coping strategies** using this versatile collection. This portable 9-piece kit is perfect for use at home, in the classroom, or wherever big feelings happen! Parents and educators appreciate the research-backed approach that transforms challenging moments into opportunities for emotional growth and learning.

TARGET SKILLS



Self-Awareness



Happier Mood



Self-Management

PRODUCT DETAILS

Name: Roll With It

SKU: RWIK-02

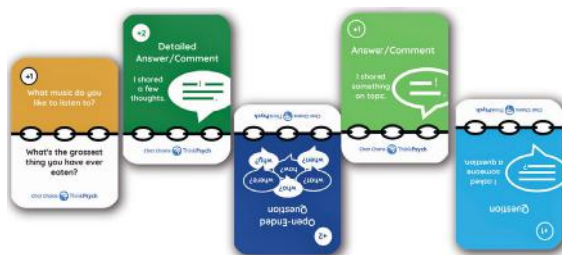
Dimensions: 10" x 6.5" x 3"

MSRP: \$30

GAMES

CONTENTS:

75 Conversation Topic Cards
(2 Topics Per Card)
60 Two-Sided Response Cards
10 Activity Cards
5 Prompt Cards
Instruction Guide



CHAT CHAINS

★★★
**BEST
SELLER**

Ages 8+



2-8 Players



15 Min

Chat Chains is the original **conversation game** designed to teach essential social skills. In the game, players earn points for asking questions and contributing to a conversation. Without even realizing, kids and teens can practice friendship skills and share about their lives. With over **150 conversation topics**, this game offers endless replayability for many years to come!

TARGET SKILLS



Self-Awareness



Social Skills



Deeper Relationships

PRODUCT DETAILS

Name: Chat Chains

SKU: CC-01

Dimensions: 5.5" x 4" x 1.5"

MSRP: \$26

GAMES

CONTENTS:

75 Conversation Cards
(2 Topics Per Card)
11 Activity Cards
15 Sidebar Cards
Quickstart Guide



CHAT CHAINS EXPANSION

Ages 8+



2-8 Players



15 Min

The official expansion to our best selling conversation game, Chat Chains! Discover **150 new conversation topics** and activity cards to spark deeper connections and endless fun. The new sidebar gameplay feature also helps players practice active listening and group sharing skills. This expansion pack requires the original Chat Chains game.

TARGET SKILLS



Self-Awareness



Social Skills



Deeper Relationships

PRODUCT DETAILS

Name: Chat Chains Expansion

SKU: CC-EX1-01

Dimensions: 5.5" x 4" x 1"

MSRP: \$20

GAMES

CONTENTS:

52 “Dive In” Cards
8 Wooden Dice
Instruction Guide



DIVE IN

★★★
**BEST
SELLER**

Ages 6+



2+ Players



10 Min

Are you ready to talk, laugh, and connect on a deeper level? Roll the dice to build surprising question combinations and **DIVE IN** to some great conversations! Explore over **450+ topics** with friends and family. Draw one of **52 DIVE IN** cards to explore deeper questions that bring you closer together. It's sure to be a family game night you won't soon forget!

TARGET SKILLS



Self-Awareness



Social Skills



Deeper Relationships

PRODUCT DETAILS

Name: Dive In

SKU: DI-02

Dimensions: 4.5" x 3.5" x 3"

MSRP: \$26

GAMES

CONTENTS:

Game Board
8-Sided Wooden Dice
8 Character Playing Pieces
80 Frustration Tokens
50 Coping Cards
25 Affirmation Cards
25 Sharing Cards
25 Movement Cards
Instruction Guide



NEW!

ESCAPE FROM ANGER MOUNTAIN

Ages 6+



2-6 Players



30 Min

Players journey from the fiery **Anger Mountain** to the peaceful Cool Down Canyon, learning **evidence-based coping skills** along the way. Land on red frustration spaces and collect tokens—but don't get too overwhelmed! Players will learn a variety of coping strategies ranging from **deep breathing** to **mindful movement** to manage their emotions and win the game!

TARGET SKILLS



Happier Mood



Emotion Regulation



Self-Management

PRODUCT DETAILS

Name: Escape From Anger Mountain

SKU: EAM-01

Dimensions: 10.5" x 10.5" x 2"

MSRP: \$30

GAMES

CONTENTS:

100 Game Cards
18 Strike Tokens
6 Player Reference Cards
Instruction Guide



NEW!

FAKE OUT!

Ages 10+



1-6 Players



15-30 Min

Fake Out! trains impulse control through lightning-fast reaction challenges. React to green GO cards (TAP, KNOCK, SLAP, CLAP) while red STOP cards, corner markers, and wild cards try to trick you into moving when you should freeze! This game builds real **executive functioning skills** through competitive fun. Get three strikes and you're out. The last player standing wins!

TARGET SKILLS



Executive Functioning



Impulse Control



Visual Attention

PRODUCT DETAILS

Name: Fake Out!

SKU: FO-01

Dimensions: 5.5"x 4"x 1.5"

MSRP: \$25

GAMES

CONTENTS:

96 Bingo Chips
39 Emotion Cards
12 Bingo Cards
4 Challenge Cards
Storage Bag
Instructions



FEELINGS BINGO

Ages 5+



2-6 Players



15 Min

Bingo gets an emotional makeover! Players act out human emotions, animal characters, and expressive objects while others mark matches on their cards. Hop like a Silly Frog, pop up like Surprised Toast, or strike your proudest pose in this **active twist** on the classic game!

TARGET SKILLS



Communication Skills



Self Awareness



Emotions

PRODUCT DETAILS

Name: Feelings Bingo

SKU: FB-01

Dimensions: 10"x 8.5"x 2"

MSRP: \$30

GAMES

CONTENTS:

40 Emotion Tiles
Instruction Guide



FIND & MATCH FEELINGS SAFARI

Ages 3+



1+ Players



5 Min

Join us on a **playful safari** where children can discover and learn about emotions with adorable animal friends! This engaging **matching game** helps young kids identify feelings, build emotional vocabulary, and develop empathy – all through the magic of play. Developed by child psychologists to make emotional learning natural and fun.

TARGET SKILLS



Memory



Emotions



Matching

PRODUCT DETAILS

Name: Find & Match Feelings Safari

SKU: FAM-FS-01

Dimensions: 7" x 3.5" x 1.5"

MSRP: \$18

GAMES

CONTENTS:

56 Emotion Cards
10 Bonus Cards
22 Tokens
Instruction Guide



GO FISH FACES & FEELINGS

★ ★ ★
**BEST
SELLER**

Ages 6+



2-6 Players



10 Min

Emotions take center stage in this creative mashup of two classic games! Players collect matching cards like in **Go Fish**, but there's a theatrical twist - you can only ask for cards by acting out the feeling you want. Jump for joy, slump in sadness, or tremble in fear as you try to complete your pairs in this unique emotion education game!

TARGET SKILLS



Imitation



Matching



Emotions

PRODUCT DETAILS

Name: Go Fish: Faces & Feelings

SKU: GF-FF-01

Dimensions: 4" x 3" x 1.25"

MSRP: \$18

GAMES

CONTENTS:

52 Yoga Cards

10 Bonus Cards

Instruction Guide



GO FISH YOGA!

Ages 5+



2-6 Players



15 Min

Go Fish gets a yoga makeover! Instead of asking for cards, act out the yoga pose to find your matching pairs. With **13 unique poses** plus bonus activity cards, this active game **gets the whole family moving, stretching, and laughing together**. A playful way to build body awareness, balance, and mindfulness skills kids can carry into daily life!

TARGET SKILLS



Body Awareness



Flexibility



Mindfulness

PRODUCT DETAILS

Name: Go Fish: Yoga!

SKU: GF-YG-01

Dimensions: 4" x 3" x 1.25"

MSRP: \$16

GAMES

CONTENTS:

60 Object Cards
40 Scenario Cards
30 Rethink! Cards
Instruction Guide
1 Dice
1 Timer



RETHINK THIS!

Ages 6+



2+ Players



15-30 Min

Use your creativity and imagination to stretch your thinking in this fast-paced game! Come up with new uses for everyday objects and imagine new explanations for mysterious scenarios. With over **100 unique challenges**, every round brings new opportunities to flex your **creative thinking muscles**!

TARGET SKILLS



Cognitive Flexibility



Creativity



Perspective Taking

PRODUCT DETAILS

Name: Rethink This!

SKU: RT-01

Dimensions: 5.5" x 5.5" x 1.5"

MSRP: \$25

GAMES

CONTENTS:

- 95 Ingredient Cards
- 25 Recipe Cards
- 8 Characters with Unique Abilities
- 60 Checkmark Tokens
- 5 Cheat Sheet Cards
- 1 Pantry Board
- 1 Rulebook



SECRET RECIPES

Ages 8+



2-5 Players



30-45 Min

Secret Recipes blends the beloved mechanics of Go Fish with strategic twists for a baking-themed game that's fun for all ages! Players collect ingredients to bake delicious cakes and cupcakes.

But watch out—if you reveal an unfinished recipe, another baker might swoop in and steal your cake points! Featuring unique character abilities and high replayability, Secret Recipes serves up the **perfect mix of strategy and family fun.**

TARGET SKILLS



Family Bonding



Social Skills



Problem-Solving

PRODUCT DETAILS

Name: Secret Recipes

SKU: SR-01

Dimensions: 8" x 8" x 2"

MSRP: \$30

GAMES

CONTENTS:

120 Talent Challenge Cards

108 Multicolor Tokens

6 Star Cards

6 Swap Cards

1 Dice



TALENT JAM

Ages 8+

3-6 Players



15 Min

Get ready to unleash your hidden talents! Roll the dice and face off in head-to-head challenges with friends and family to see whose star power shines the brightest! It's a **laugh-out-loud battle of wits and creativity** that will have everyone begging for an encore. With **120 unique talent challenges** inside, there's something fun for everyone.

TARGET SKILLS



Creativity

Self-Confidence



Family Bonding

PRODUCT DETAILS

Name: Talent Jam

SKU: TJ-01

Dimensions: 6"x 4"x 2.5"

MSRP: \$26

PUZZLES

CONTENTS:

4 x 60-Piece Jigsaw Puzzles
Parent Guide



EMOTION TOWN PUZZLE PACK

Discover **four emotion-themed puzzles** that help children recognize and understand feelings while they play. Each colorful scene depicts different feelings, encouraging natural conversations about emotions and empathy. These puzzles build problem-solving skills alongside emotional intelligence in a fun, engaging way.

TARGET SKILLS



Emotional Intelligence



Matching



Fine Motor Skills

PRODUCT DETAILS

Name: Emotion Town Puzzle

SKU: ETP-01

Dimensions: 16" x 10.5" x 1"

MSRP: \$25

PUZZLES

CONTENTS:

1 Wooden Feelings Clock
8 Emotion Puzzle Pieces
Parent Activity Guide



FEELINGS CLOCK PUZZLE

Who says clocks only tell time? This beautiful wooden puzzle gives young children a hands-on way to name and share their feelings. **Pop out the 8 adorably designed emotion pieces**, learn about each feeling, then fit them back in for satisfying puzzle play. The moveable hands allow kids to point to what they're feeling and help turn daily check-ins, bedtime talks, and big-feeling explosions into teaching moments.

TARGET SKILLS



Emotional Intelligence



Matching



Fine Motor Skills

PRODUCT DETAILS

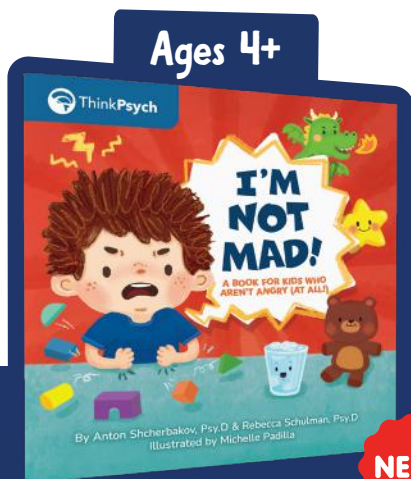
Name: Feelings Clock Puzzle

SKU: FCP-01

Dimensions: 10.3" x 10" x 1"

MSRP: \$18

SCHOOL & THERAPY RESOURCES



NEW!

I'M NOT MAD BOOK

All feelings are okay, even the big, angry ones! **I'm Not Mad** helps children ages 4 and up recognize the physical signs of anger and discover that every emotion is valid. Packed with **evidence-based coping strategies**, this story gives kids real tools for when big emotions hit. Written by Dr. Anton and Dr. Rebecca, it's a warm, relatable read that helps kids manage their emotions during those difficult moments!

TARGET SKILLS



Emotional Awareness



Self-Regulation



Practical Coping Tools

PRODUCT DETAILS

Name: I'm Not Mad Book

SKU: BK-NOTMAD-01

Dimensions: 8.5" x 8.5"

MSRP: \$15

SCHOOL & THERAPY RESOURCES

CONTENTS:

150 Picture Cards

3 Pictures Per Word

Play & Learning Guide



Ages 18 months+



FIRST NOUNS
PICTURE PLAY CARDS

★★★
**BEST
SELLER**

Our Picture Play cards have one purpose: make it fun and easy for kids to learn new words! This set includes 150 cards that teach 50 first words. Each word is represented by 3 different pictures to help kids learn new words quickly and easily. Included is a special guide to help children learn through fun and simple language play activities. Best of all, the cards are **extra-thick and durable** for little hands. **Recommended by speech therapists** for kids with language delays.

TARGET SKILLS

 Language

 Matching

 Sorting

PRODUCT DETAILS

Name: First Nouns Picture Play Cards

SKU: FN-01

Dimensions: 7"x 4"x 3.5"

MSRP: \$45

SCHOOL & THERAPY RESOURCES

CONTENTS:

150 Picture Cards

1 Photo Per Word

Play & Learning Guide



Ages 2+



LEVEL 2 NOUNS PICTURE PLAY CARDS

For the kids who mastered the First Nouns Picture Play Cards, this is the next step! This set includes **150 realistic photos** to further develop a child's growing vocabulary. Inside are **dozens of new animals, foods, fruits, and vegetables** to explore! On the back of each card is the sight word that helps kids learn to start developing reading skills. With durable cards built to last, this set is a great value for parents, teachers, and speech professionals.

TARGET SKILLS

- Language
- Matching
- Sorting

PRODUCT DETAILS

Name: Level 2 Nouns Picture Play Cards
SKU: AN-01
Dimensions: 7"x 4"x 3.5"
MSRP: \$45

SCHOOL & THERAPY RESOURCES

CONTENTS:

150 Picture Cards

2 Photos Per Word

Play & Learning Guide



PEOPLE PICTURE PLAY CARDS

The final set in the Picture Play Cards collection teaches kids about **actions, body parts, and emotions**. Each word is demonstrated by male and female actors to promote generalization. One of the unique features of this set is the amazing **diversity of people** featured - children and adults from all around the world! Like all Picture Play Cards, these flashcards are extra-thick and durable to last for many years. Excellent for **homes, school, and professional settings**.

TARGET SKILLS



Language



Body Awareness



Emotional Awareness

PRODUCT DETAILS

Name: People Picture Play Cards

SKU: PS-01

Dimensions: 7"x 4"x 3.5"

MSRP: \$45

SCHOOL & THERAPY RESOURCES

CONTENTS:

450 Picture Cards

Play & Learning Guide



PICTURE PLAY BUNDLE

Complete your language learning collection with this bundle featuring **all three Picture Play Cards sets**! Start with First Nouns for beginning vocabulary, advance to Level 2 Nouns for expanded learning, then master actions, body parts, and emotions with the People set. Together, these **450 extra-thick, durable cards** provide a comprehensive language development path from first words through complex concepts. Perfect for homes, schools, and speech therapy settings.

TARGET SKILLS

-  Language
-  Matching
-  Sorting

PRODUCT DETAILS

Name: Picture Play Bundle
SKU: PP-BND-01
Dimensions: 12" x 8" x 4"
MSRP: \$110

SCHOOL & THERAPY RESOURCES

BILINGUAL ENGLISH AND SPANISH



FRONT



BACK

CONTENTS:

1. How Are You Feeling?
2. 12 Ways to Feel Better



EMOTIONS & COPING POSTERS - 2 PACK

Ages
3+

This set of **double-sided, laminated** posters help children to identify and manage their emotions effectively! With **English** on one side and **Spanish** on the other, these versatile visual tools support emotional development in two languages. The colorful, engaging designs capture children's attention while providing practical guidance for **emotional awareness and regulation**. Perfect for classrooms, therapy spaces, bedrooms, or any setting where children are learning to navigate their emotional world!

TARGET SKILLS



Self-Awareness



Happier Mood



Self-Management

PRODUCT DETAILS

Name: Emotions & Coping Posters - 2 Pack

SKU: PST-EMT1

Dimensions: 11" x 17" - Portrait Orientation

MSRP: \$15

SCHOOL & THERAPY RESOURCES

BILINGUAL ENGLISH AND SPANISH



FRONT



BACK

CONTENTS:

1. How Are You Feeling?
2. 12 Ways to Feel Better
3. How Big is My Problem?
4. The Power of Yet
5. How to Be a Great Friend
6. Think Before You Speak



EMOTIONS & COPING POSTERS - 6 PACK

Ages
5+

This comprehensive set of **6 double-sided, laminated posters** provides essential visual tools for developing emotional intelligence and social skills! Children will learn to identify feelings, use effective coping strategies, develop a growth mindset, build friendship skills, and much more. The **vibrant illustrations** and clear language make complex emotional concepts accessible to young learners. Each poster is double-sided with English on one side and Spanish on the other, making them ideal resources for diverse learning environments.

TARGET SKILLS



Self-Awareness



Happier Mood



Self-Management

PRODUCT DETAILS

Name: Emotions & Coping Posters - 6 Pack
SKU: PST-EMT2

Dimensions: 11" x 17" - Portrait Orientation
MSRP: \$20

SCHOOL & THERAPY RESOURCES

BILINGUAL
ENGLISH AND SPANISH



FRONT



BACK

CONTENTS:

- 1-6. All posters from 6 pack
7. How Hot is Your Volcano?
8. Feel Better in 5-4-3-2-1
9. Square Breathing
10. Let it Go
11. Think Positive
12. How to Say I'm Sorry



EMOTIONS & COPING POSTERS - 12 PACK

Ages
5+

Our **entire collection of laminated posters** in one comprehensive set! These 12 posters cover everything from identifying feelings and coping strategies to friendship skills and conflict resolution. Each poster features English on one side and Spanish on the other. This complete collection provides all the visual tools educators and parents need to **support children's emotional development and social success!** The durable lamination ensures these valuable resources will withstand daily use in busy classrooms, therapy offices, and homes.

TARGET SKILLS



Self-Awareness



Happier Mood



Self-Management

PRODUCT DETAILS

Name: Emotions & Coping Posters - 12 Pack
SKU: PST-EMT3
Dimensions: 11" x 17" - Portrait Orientation
MSRP: \$25

THANK YOU!

We so appreciate you for taking the time to browse our catalog! We are committed to supporting your purchase in any way we can. Please reach out with any questions, comments, or feedback.

3 EASY WAYS TO ORDER:



www.thinkpsych.com/orders



orders@thinkpsych.com



732-737-7630



\$150 Minimum Order

SHIPPING & HANDLING

For in-stock orders, we typically ship within 2 business days. Estimated delivery time is 7-10 days from the time you order.

For orders under \$500, you will be billed actual UPS/USPS shipping costs to your address. You are free to use your own account. There are no handling charges.

We offer **FREE SHIPPING on orders over \$500** to any one location within the 48 contiguous United States.

For orders shipping to Alaska, Hawaii, Puerto Rico, Guam, Virgin Islands, APO, FPO, and PPO and all other international orders, we will ship items via U.S. Postal Service and will charge actual shipping costs.

GOT QUESTIONS? FEEDBACK? COMMENTS?

Contact us at: support@thinkpsych.com **Call us at:** 732-737-7630

COMING SOON

GAMEBUDDY: BE A GREAT PLAYER!

When game time gets tough, GameBuddy is there to help! This complete toolkit teaches children **evidence-based coping skills** through an engaging storybook, the super-soft GameBuddy figure, and 80 coping strategy cards. GameBuddy helps kids manage every game-time emotion!



MASTER YOUR MONSTERS

Step into the arena and face your Emotion Monsters! Just like real life, **the emotions you face can be unpredictable**. Good thing you've got coping skills to help you stay in control! Roll the dice, complete challenges, and practice evidence-based strategies to tame your monsters and conquer the arena!

Pre-Order Now



CONTACT US



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