



FAITH

Reset Daily ♥

FAITH THAT MEETS YOU WHERE YOU ARE. ♥ TRUTH THAT MOVES YOU FORWARD.

When God Changes *the Plan*

Finding perspective,
trust, and direction
when life takes an
unexpected turn.

PAGE 6

IN THIS ISSUE:



Between the Verses: Naomi

A story of loss, love,
and new beginnings.



Faith in Five

Five reminders for when
everything feels uncertain.



Faith Notes

Room for your thoughts,
prayers, and takeaways.



Crossword Puzzle

Test what you remember
from this issue!



Welcome to Faith Reset Daily

Thank you for allowing this magazine to be a part of your month. My prayer is that these pages encourage your heart, strengthen your faith, and remind you that you are never walking this journey alone.

Each issue is created with you in mind—real life, real struggles, real faith, and real hope.

Whether you're starting fresh, starting over, or simply trying to make it through another day, may you find something here that speaks to your spirit and draws you closer to God.

With love and gratitude,
Kelli LaVerne 

AUTHOR. COACH. COUNSELOR. SERVANT.

This Issue at a Glance



THEME

When God Changes the Plan



KEY SCRIPTURE

Jeremiah 29:11



FEATURED PODCAST

Between the Verses: Naomi



MONTHLY CHALLENGE

Reset Your Perspective

“

For I know the plans
I have for you,” says the Lord,
“plans to prosper you and
not to harm you, plans to
give you hope and a future.”



JEREMIAH 29:11 (NKJV)



Quick Look Inside

-  **Reset Challenge** 4
Reset Your Perspective
-  **Faith Reset Feature** 6
When God Changes the Plan
-  **Between the Verses** 7
Naomi: When Life Doesn't Turn Out the Way You Planned
-  **Faith in Five** 8
Five simple ways to live your faith this month.
-  **Faith Notes** 9
Encouragement for your everyday journey.
-  **Prayer Corner** 10
Let's pray together.
-  **From My Camera Roll** 11
Finding God in ordinary moments.
-  **Crossword Puzzle** 12
Take a break and challenge your mind.
-  **Closing Thoughts** 14
Until next time...



Every season brings change. Some changes are expected, while others catch us by surprise. In this issue, we'll discover that even when life doesn't go according to plan, God's faithfulness never changes. We hope these pages encourage you to trust Him through every season.



Reset Your Perspective

Sometimes the situation doesn't need to change before we do.



When life takes an unexpected turn, it's easy to focus on everything that went wrong, everything we've lost, or everything we wish were different. This challenge isn't about pretending difficult things are good. It's about learning to look at them through the lens of faith.

THE 14-DAY PERSPECTIVE RESET



DAY 1

Write down one situation you wish were different. Pray honestly about it.



DAY 2

Name three things that are still good despite what has changed.



DAY 3

Read Proverbs 3:5–6.
What are you trying hardest to understand right now?



DAY 4

Replace one "What if something goes wrong?" thought with "Even if it does, God will still be with me."



DAY 5

Look back. Write down one past disappointment God helped you through.



DAY 6

Stop comparing your current chapter with someone else's. Thank God for something in your story.



DAY 7

Rest. No fixing. No figuring everything out. Spend a few quiet minutes with God.



**DAY 8**

Ask: What can I control today?
What do I need to release to God?

**DAY 9**

Read Romans 8:28. Notice that it says
God works in all things—not that
all things are good.

**DAY 10**

Encourage someone whose plans have
changed unexpectedly.

**DAY 11**

Write down something this season
is teaching you about yourself.

**DAY 12**

Ask God to show you an opportunity
you may have overlooked because
you were focused on what didn't happen.

**DAY 13**

Finish this sentence: "Even here,
God has been faithful because..."

**DAY 14**

Look back at Day 1. Has the situation
changed? Maybe. Maybe not. Has the
way you're seeing it changed? Write
about that.

**YOUR RESET PRAYER**

*Lord, I don't always understand
the path I'm on. When my plans
change, help me resist the temptation
to believe that You have changed too.
Give me wisdom to see beyond my
disappointment, courage to release
what I cannot control, and faith to
trust You with what I cannot yet
understand. Help me recognize Your
presence and Your faithfulness—
even here. In Jesus' name, Amen.*

CARRY THIS WITH YOU

“Trust in the LORD
with all your heart,
And lean not on your
own understanding;
In all your ways
acknowledge Him,
And He shall direct
your paths.”

PROVERBS 3:5-6, NKJV



When God ♡ Changes the Plan

SOMETIMES THE LIFE YOU DIDN'T CHOOSE
BECOMES THE STORY GOD USES MOST.

By Kelli LaVerne

♡
For I know the
plans I have for you,
says the Lord, plans
for good and not for
disaster, to give you
a future and a hope.

JEREMIAH 29:11



Life doesn't always unfold the way we imagined. But God's plan is still good. *His faithfulness never changes.*

Most of us have a picture in our minds of how life is supposed to unfold.

We imagine careers that last. Marriages that flourish. Children who make wise choices. Healthy bodies. Open doors. Answered prayers.

We don't usually imagine detours. We don't plan for unexpected diagnoses, broken relationships, financial setbacks, or dreams that quietly fade away.

Yet if we're honest, many of the moments that have shaped our faith most deeply were never part of our original plan.

Maybe that's because God has never promised to follow our blueprint.

He's invited us to trust His.



One of the hardest lessons in the Christian life is discovering that God can be completely faithful while leading us somewhere we never expected to go.

That truth can be uncomfortable. Especially when we confuse God's goodness with our preferred outcome.

Sometimes we pray for open doors... and God leads us down a different hallway. Sometimes we ask Him to remove the storm...and instead He teaches us how to stand in the middle of it. Sometimes we pray for answers...and receive an invitation to trust instead.

None of those responses mean God has stopped working. They simply remind us that His perspective reaches farther than ours ever could.

When I look back over my own life, I can see moments I once labeled as disappointments that eventually became turning points.

At the time, I couldn't understand why God allowed certain doors to close. Today, I can see that some of those closed doors protected me from paths that weren't meant for me.

Others redirected me toward opportunities I never would have considered on my own.

That doesn't mean every painful experience suddenly feels easy. It doesn't erase grief or disappointment. But it does remind me that God is able to write beautiful chapters with pages I would have thrown away.

He is still writing your story.



FRIEND,
If life has taken an unexpected turn...



Don't assume
you've wandered
outside of
God's will.



Sometimes
the detour is
exactly where
He intends to
meet you.



The God who
redirected others
is the same God
who is guiding
your steps.



His plans have not been interrupted. And neither has His love for you.

*Trust Him.
He's not finished
with your story.*



Naomi:

When Life Doesn't Turn Out the Way You Planned

A STUDY OF RUTH 1:20-21 & 4:14-17

Naomi's story is one of heartbreaking loss, honest grief, and surprising restoration. Her life didn't go according to plan—but God was still writing her story.

Naomi's Story

Naomi left Bethlehem with a full life—a husband, two sons, and a future. But in a short time, everything changed.

She experienced the kind of loss that can leave a person questioning everything.

When she returned to Bethlehem, she said,

“Do not call me Naomi; call me Mara, for the Almighty has dealt very bitterly with me.”

RUTH 1:20 (NKJV)

Grief had convinced her that God had forgotten her.

She felt empty. Bitter. Broken.

But her story wasn't over.

3 TRUTHS FROM NAOMI'S STORY

1 GRIEF CAN CHANGE HOW WE SEE OURSELVES.

Ruth 1:20

Pain has a way of rewriting our identity. Naomi believed her story was one of emptiness and loss.

You're not alone if disappointment has changed the way you see yourself.



2 GOD'S PERSPECTIVE DOESN'T CHANGE.

Ruth 1:21

Naomi said she returned empty. But God saw what could still be restored.

What looks like the end to us may be the beginning of God's redemption.



3 GOD CAN REDEEM WHAT LOOKS IRREDEEMABLE.

Ruth 4:14-17

From sorrow came provision.
From loss came legacy.
From bitterness came blessing.
God is still able to write beautiful chapters in your story.



God never called her Mara. Her circumstances changed, but God's perspective never did.



LOOK CLOSER

 Naomi is the only one who calls herself "Mara" (bitter). No one else—Ruth, Orpah, Boaz, or the narrator—ever calls her that.

 Grief tried to rename Naomi, but God never accepted that identity for her.

 Naomi's story reminds us that God's plans can look different from ours and still be good.

REFLECTION

 Has disappointment changed the way you see yourself?

 What names have you silently accepted that God never gave you?

 How might God still be writing your story?

But Naomi's story didn't end with loss. It ended with laughter, provision, and a place in the lineage of Jesus.

God can take what feels broken and build something beautiful.

Your story isn't over either.



RUTH 4:14-17

TODAY'S TAKEAWAY

Your circumstances may change.
Your seasons may shift.
But God's faithfulness never does.

He is still working.





“

Commit your way
to the LORD, trust also
in Him, and He shall
bring it to pass.”

PSALM 37:5 (NKJV)

Five simple ways to trust God when your plans change.

1.



PAUSE

Before reacting to an unexpected change, give yourself a moment to pray. You don't have to figure everything out immediately.

2.



REMEMBER

Think of one time God carried you through something you didn't understand at first. Yesterday's faithfulness can strengthen today's faith.

3.



RELEASE

Identify one thing you're trying to control that you simply can't. Tell God plainly: "I'm giving this back to You."

4.



LOOK

Ask yourself, "What is still good here?" A changed plan doesn't mean everything has been lost.

5.



MOVE

Take the next step you do know to take. You don't need the entire plan to faithfully walk through today.

Carry this thought: 



You don't have to understand the new plan
to trust the One leading you.



Faith Notes

Little reminders for the days
when plans change.



*You can be
disappointed
and still
trust God.*

Faith doesn't require
you to pretend
something didn't hurt.

*A closed door
isn't always
a punishment.*

Sometimes it's
protection.
Sometimes it's
redirection.
Sometimes we simply
won't understand it yet.



*You haven't missed God
because life looks
different than you
expected.*

Keep listening.
Keep following.
Keep trusting.



*It's okay to
grieve the plan
you had.*

Surrender doesn't
mean what you
wanted didn't
matter.

*Don't let one
changed plan convince
you that everything is
falling apart.*

God is still present
in the parts of your life
that remain steady.



*You only need
enough light for
the next step.*

You don't have to
see the entire road
to keep walking
with God.



*God's faithfulness
isn't measured by
whether He follows
our plans.*

It's revealed in how
faithfully He remains
with us through His.



*Maybe this isn't
where you planned to be.
But God can still
meet you here.*





Prayer Corner



When the Plan Changes



Father,



This isn't how I thought things would go. I had plans, hopes, expectations, and prayers of my own. And now I find myself standing in a place I didn't expect to be.



I don't understand everything that has happened, and I don't know what comes next. But I know You are still God.



Help me trust You without pretending I'm not disappointed. Give me permission to grieve what I've lost without losing sight of what remains.



When I'm tempted to rush ahead and fix everything myself, teach me to wait for Your direction.



When fear fills in the blanks of what I don't know, remind me that I don't have to know tomorrow to trust You today.



Give me wisdom for the decisions I need to make, peace about the things I cannot control, and courage to take the next step when You show me the way.



And Father, if there's something new growing in this season that I haven't been able to see yet, open my eyes to recognize it.



I surrender my plans to You again—not because they didn't matter, but because *I trust You* with what matters to me.



Whatever comes next, help me walk through it with You.

In Jesus' name, Amen. 



SCRIPTURE TO HOLD ONTO



“A man's heart plans his way,
But the **LORD**
directs his steps.”

— PROVERBS 16:9, NKJV



Look Up

I took this picture on an ordinary day,
in an ordinary parking lot.

Cars. Buildings. Power lines.

Nothing particularly beautiful
about the setting.

But then I looked up.

Sometimes we're so focused on what's
right in front of us—the errands,
responsibilities, problems, plans and
interruptions—that we almost miss
the beauty happening above us.

This reminded me that noticing God
doesn't always require a special place
or a perfect moment.

*Sometimes you just
have to look up.* 

“

The heavens declare
the glory of God;
And the firmament
shows His handiwork.

”

— PSALM 19:1, NKJV

 Photo by Kelli LaVerne

© 2026 Kelli LaVerne Media

© 2026 Kelli LaVerne Media





Changed Plans, Steady Faith



Test what you remember from this issue!

Take a break,
think back,
and enjoy!



ACROSS

2. Choosing to rely on God even when we don't understand
5. Stop before reacting and take a moment to pray
7. Look back at how God has carried you before
10. God remains this even when our circumstances change
11. Talking and listening to God
12. Take the next step you know to take
13. The way we see or understand a situation

DOWN

1. Proverbs 16:9 says the Lord directs these
3. To surrender what we cannot control
4. Entrusting our plans and outcomes to God
6. What we seek from God when we don't know which way to go
8. Confident expectation rooted in God
9. Her life took an unexpected turn, but her story wasn't over
14. Something we make that sometimes changes



Faith grows when we remember what God has already done and when we keep trusting Him with what's ahead.



How did you do?
Check the answers on page 15!



Coming Up with Kelli LaVerne ♥

NEW THINGS. REAL CONNECTIONS. FAITH IN ACTION.



Between the Verses



BETWEEN THE VERSES

New episodes continue this fall! ♥

We're looking beyond the familiar stories to explore the women, choices, culture, and faith found between the verses.

New episodes. Fresh perspective. Same faithful truth.



HOUSE 2 HOUSE

From My House to Yours



HOUSE 2 HOUSE – PILOT

Coming Soon! ♥

A new online gathering designed to bring encouragement, Scripture, and real conversation from my house to yours.

Details & launch date: TBD

Stay tuned!



Back to School, Backed by Prayer ♥

To all the parents, grandparents, and caregivers—thank you for the love, patience, and prayers you pour into the next generation. You make a difference!

Let's cover our students as they head into a new season of learning and growing.



A Prayer for Our Students

Lord, I lift up every student as they head back to school. Keep them safe, give them focus, fill their hearts with courage, and surround them with people who encourage and guide them. May they know You are with them every step of the way.

In Jesus' name, Amen.



The Plan Changed. God Didn't.

We may not always understand the change, but we can always trust the One who never changes.

— MALACHI 3:6, NKJV

Maybe you began this issue thinking about something in your own life that didn't go according to plan.

-  A door closed.
-  A prayer was answered differently than you hoped.
-  A relationship changed.
-  A dream took longer than expected.
-  Or perhaps you're simply standing somewhere you never imagined you'd be.

Throughout these pages, we've talked about perspective, surrender, trust, and taking the next step. We've looked at Naomi—a woman whose life changed so dramatically that, for a time, her grief changed the way she saw herself.

But there's one truth I hope stays with you after you close this issue:

Changed circumstances do not mean you have a changed God. 

And when tomorrow comes, meet Him there too.



Because sometimes a faith reset isn't about getting life back to the way you planned it.

Sometimes it's realizing that even here—in the unexpected, the unfinished, and the uncertain—

God is still with you. 

Until next time...

Keep walking. Keep trusting. And when you need to, **reset.** 

— KELLI LAVERNE

You don't have to pretend the disappointment doesn't hurt. You don't have to understand why something happened. And you certainly don't have to have your entire future figured out.

You can simply begin with today.



Trust Him **today.**



Listen **today.**



Pray **today.**



Take the next step **today.**



Crossword

Answer Key

Thanks for taking time to
test what you remembered!
We hope this was fun
and encouraging.



ACROSS

- 2. TRUST
- 5. PAUSE
- 7. REMEMBER
- 10. FAITHFUL
- 11. PRAYER
- 12. MOVE
- 13. PERSPECTIVE



DOWN

- 1. STEPS
- 3. RELEASE
- 4. SURRENDER
- 6. DIRECTION
- 8. HOPE
- 9. NAOMI
- 14. PLAN

Let's Stay Connected!

Thanks for being part of the Faith Reset Daily community.
We'd love to stay connected with you!



facebook.com/kellilavernemedia
Let's encourage and uplift each other.



kellilaverne.com
Visit for podcasts, magazine updates,
resources and more.



youtube.com/@KelliLaVerne
Subscribe and watch the latest videos.

*Thank you for
walking this
faith journey
with me!*



FAITH

Reset Daily



FAITH THAT MEETS YOU WHERE YOU ARE.
TRUTH THAT MOVES YOU FORWARD.

Thanks for reading!



Life doesn't always go according to plan.
But when things change,
we can trust that God is still writing
a story of purpose, hope, and redemption.

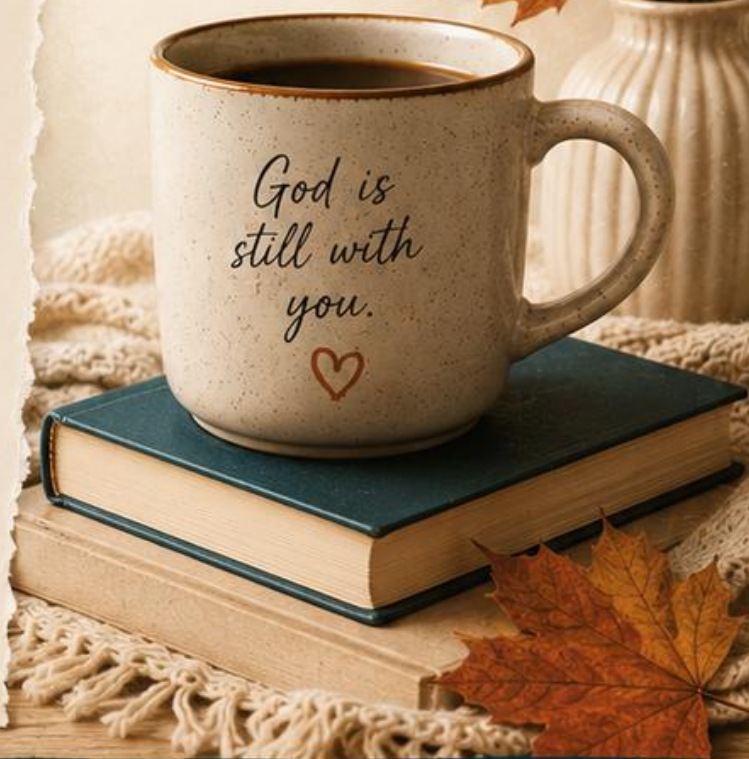
We're grateful you spent part of your day with us.
We pray these pages encouraged you,
reminded you, and helped you reset your faith.

Keep walking. Keep trusting.
Keep the faith reset going.



*The Lord
is close to the
brokenhearted and
saves those who are
crushed in spirit.*

— PSALM 34:18, NIV



Let's Stay
CONNECTED!



FACEBOOK
[facebook.com/
kellilavernemedia](https://facebook.com/kellilavernemedia)



WEBSITE
kellilaverne.com



YOUTUBE
[youtube.com/
@KelliLaVerne](https://youtube.com/@KelliLaVerne)

ABOUT FAITH RESET DAILY

A magazine for everyday faith—rooted in Scripture,
real for real life, and created to encourage you
wherever you are on your journey.

SEPTEMBER | OCTOBER 2026

VOLUME 2 • ISSUE 02

© 2026 Kelli LaVerne Media
All rights reserved.



BE ENCOURAGED. BE EMPOWERED. BE EQUIPPED.



SEE YOU NEXT TIME!