Retiring Ron

Growing old disgracefully

November 26

Whizzed through another month. Had a touch of nostalgia so decided to go back half a century. Hope you like the new format.

Everett's still smashing it



Cricket nut Everett is 70 not out! We're pals from our Hogarth Boxing Club days five decades ago



Ev and Stella fell in love in 1976



His brothers Lincoln and Trevor. Lincs is Man Utd which explains why he always looks distressed



Retiring Ron crew in full force



Juan has his dad Everett's playful vibe



Ashman is proud that he can still murder every Dennis Brown song



Winston Francis, 83, entertained us



Chelsea fan James came from Bristol



Nice to see Stella's sister Dawn again

Cool Ruler croons on

Gregory Isaacs was a gifted crooner. He passed in 2010, aged 59, but left such a fantastic legacy, including 'Night Nurse', 'Front Door', 'Border' and 'Slave Master'. On 25 October we celebrated the Cool Ruler's legacy with Terence Wallen, a Jamaican-Brummie who not only sings like him but is a dead spit!



Gregory Isaacs was so charismatic



Terrence Wallen uncannily resembles Isaacs







Rum Kitchen Camden for family niceness



Two queens, Mrs Shill and Auntie Queen



Queenie and Jerry catching up after decades

Stop! In the name of love



Motown and old school classics at Boxpark, Wembley



Lady watching me on the left thought I was strange. Can't think why



Jimmy Cliff gems were played



Dusty Springfield too



We def had a Supreme time

Island spice and nuff tings nice



John-Paul visiting Kilburn from Norway, ordered my curry goat, rice'n'peas, red pea soup, jerk chicken and dumplings. Thanks for your glowing review JP











JP's review: "Ron's Jamaican dinners were a true delight! I am really appreciative, because I travel for work and after a long day there is not always time or energy to cook... Rather than order in junk food, I was lucky to have a supply of Ron's healthy - and delicious - meals in the fridge. Home cooked meals sorted in advance for the week!

It's all good but if I have to choose a favourite it would be curry goat and warm dumplings!

Thank you Ron!"

Kendal's final beat

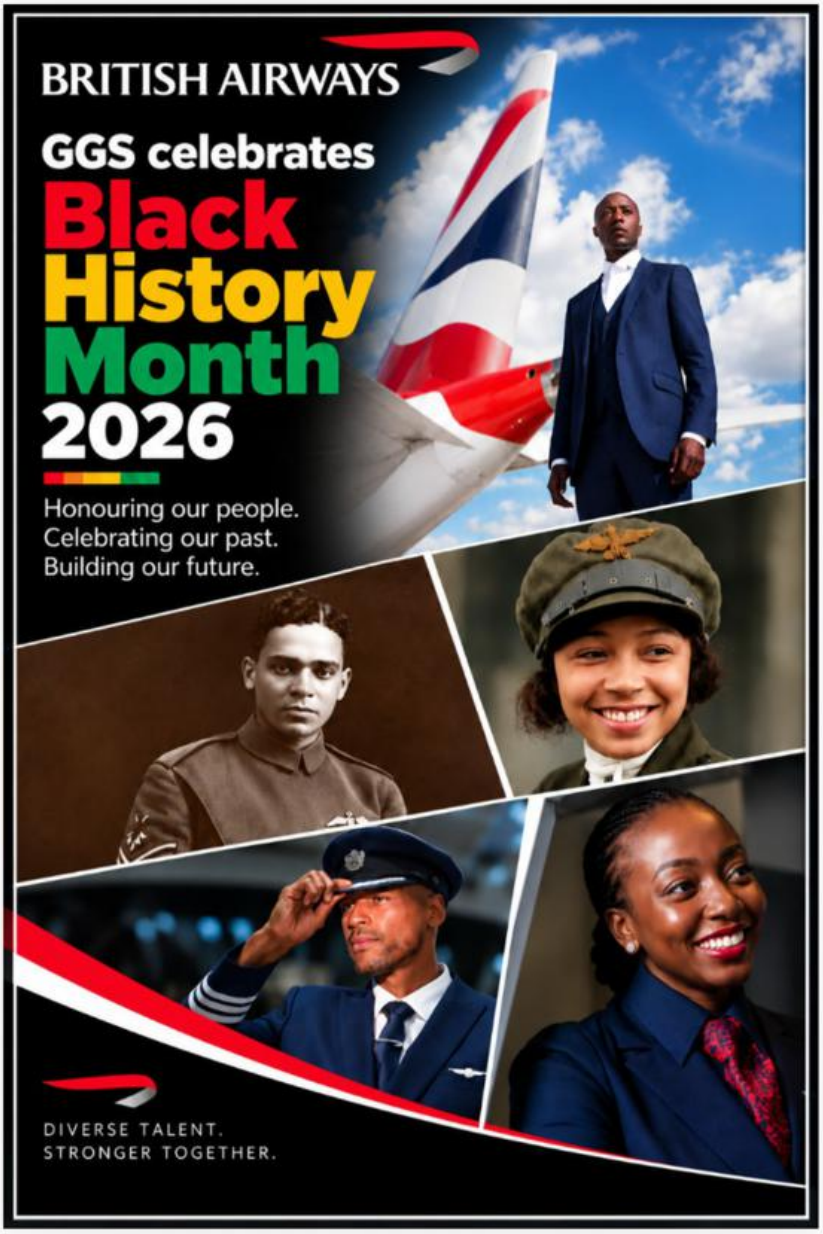


Sadly, lost cousin Kendal Beaupierre to cancer. A talented drummer, his music was played at his send off



Lovely celebration of a vibrant man. Here are Kendal's mum Madonna and sisters Judy, Lician, Jean, Levie, Leveret and Juliet

Congrats BA's Michelle





GGS Celebrates Black History Month at London City Airport

To celebrate Black History Month, GGS recognises and celebrates the invaluable contributions, achievements and experiences of Black colleagues, past and present, within our workplace and across the wider aviation industry.

Congrats Michelle Martin for getting British Airways to run your Black History Month tribute. Retiring Ron designer Nathan did it! Salute bro. It's on this website

https://tropicalcreolemedia.com/newsletters/ggs/2026-10/



Cousin Eleanor manages a smile even though the trek across town to Santander was wasted as it was closed



Big up Hurrikane. Champ in every sense



Loving the new pedestrian set up on Oxford St. Santa can park easier now



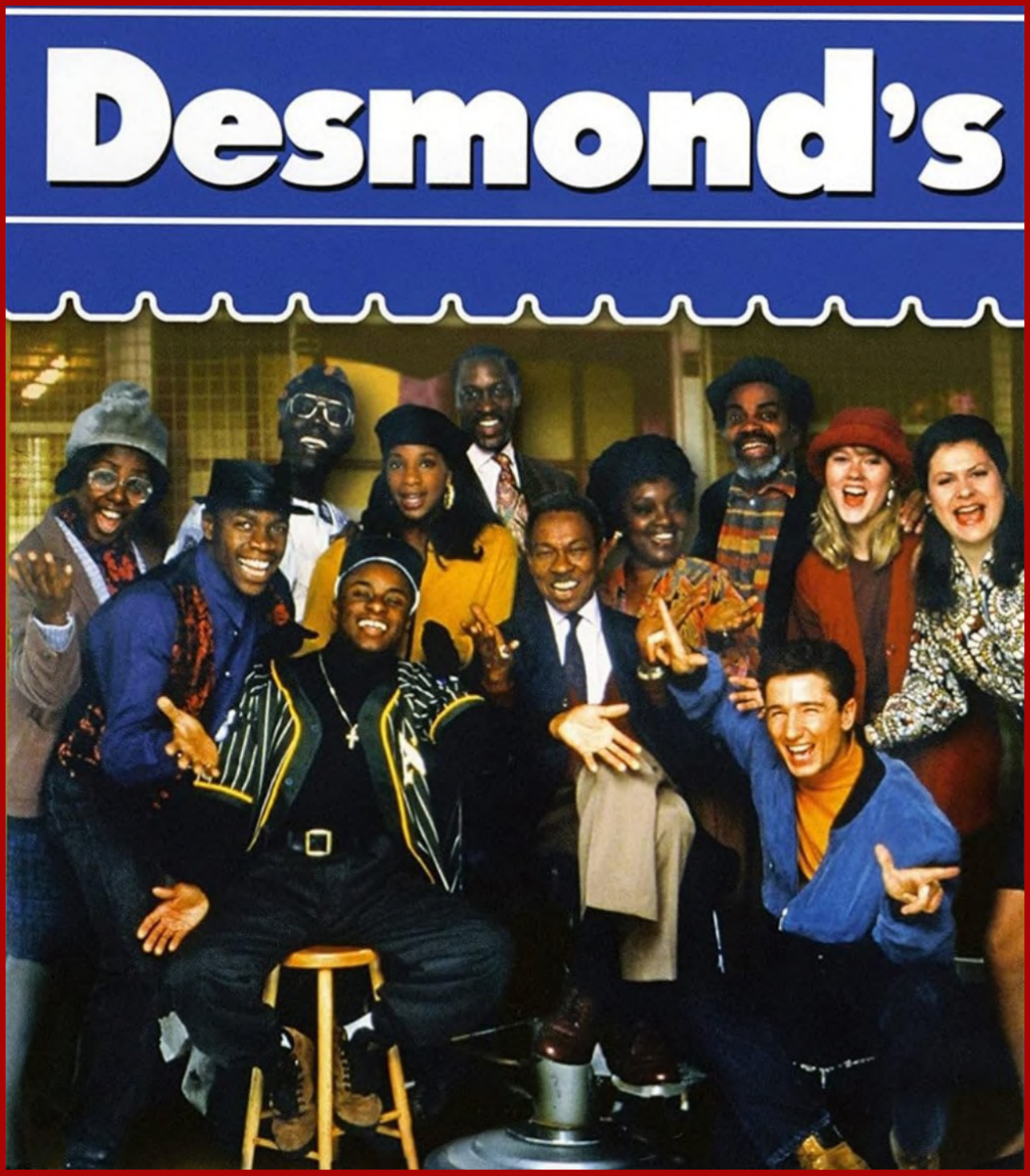
Can't mug him off. Perpetual Phil keeps the Chelsea mug from me in the perfect place so he doesn't lose it



Newly released 'Primetime' is a worthy cinema watch. And unsually, I didn't doze off!

Still a cut above the rest

Desmond's was an unexpected Channel 4 hit sitcom, attracting millions weekly for five years. Norman Beaton starred and the supporting cast shone too. We gathered at the St Lucia High Commission for the 35th anniversary of its first broadcast, watched three episodes and decades later they are still razor sharp.

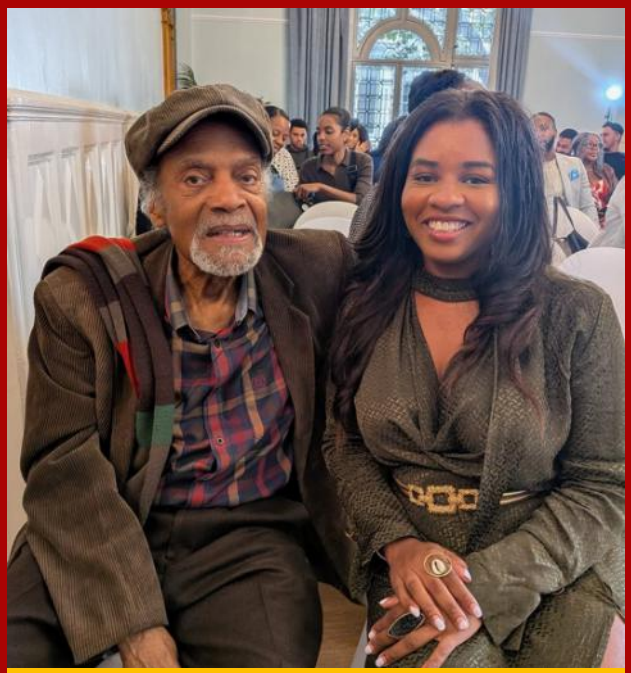




Captivating the room are St Lucians Trix Worrell - the Desmond's creator - and in the forefront Joseph Marcell, who played Geoffrey the butler in Fresh Prince



Thank you Michelle Brooks for the Desmond's invite



Ram Jam Holder (Porkpie) has just turned 92 and is still sharp. He's with Laura who produces incredible Caribbean platters



Laura's Lula Patties are amazing. Well she did train with Prue Leith



https://lulaspatties.co.uk/

Pour your art out



Swiss Cottage Library has a small must-visit exhibition





Auntie Vee's milestone



Celebrating Auntie Veronica turning 90 years young



Auntie was in fine form at her surprise party





Sharron and Karlene preparing for their Hollywood debuts



Mrs Shill representing for Chelsea

We're feeling the Blues



Chelsea's hardest grafters meet for a few sherbets



Discussing with Fiona and Mandy how soon the Etihad will become the Emptyhad



Then on to reggae vibes at the Tabernacle



Watching the Blues with Fiona get outclassed by Spuds. Grr



Chelsea dream win on Oct 31 with Lincoln but a Halloween nightmare for his team Man U

Retro rewind...
1976



Heat wave the whole summer



Concorde's first commercial flight



Brent Cross Shopping Centre opens



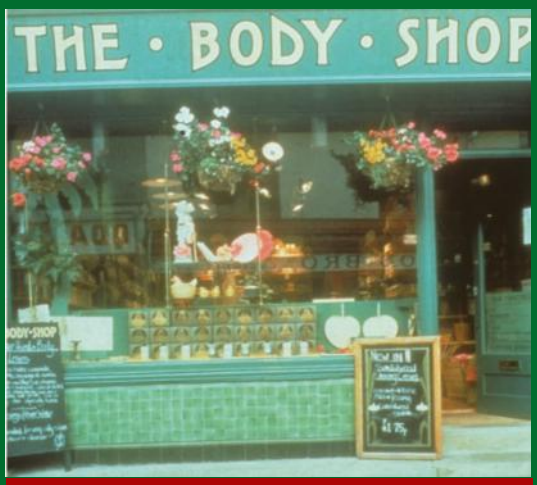
James Hunt is Formula One world champion



Notting Hill Carnival violence between police and youths



Punk culture and especially The Sex Pistols become world renowned



The first Body Shop opened, in Brighton



Week at the ultra-exotic Pontin's resort Camber Sands



Southampton win the FA cup, beating Man U 1-0. (Peter Osgood with his thumb up)



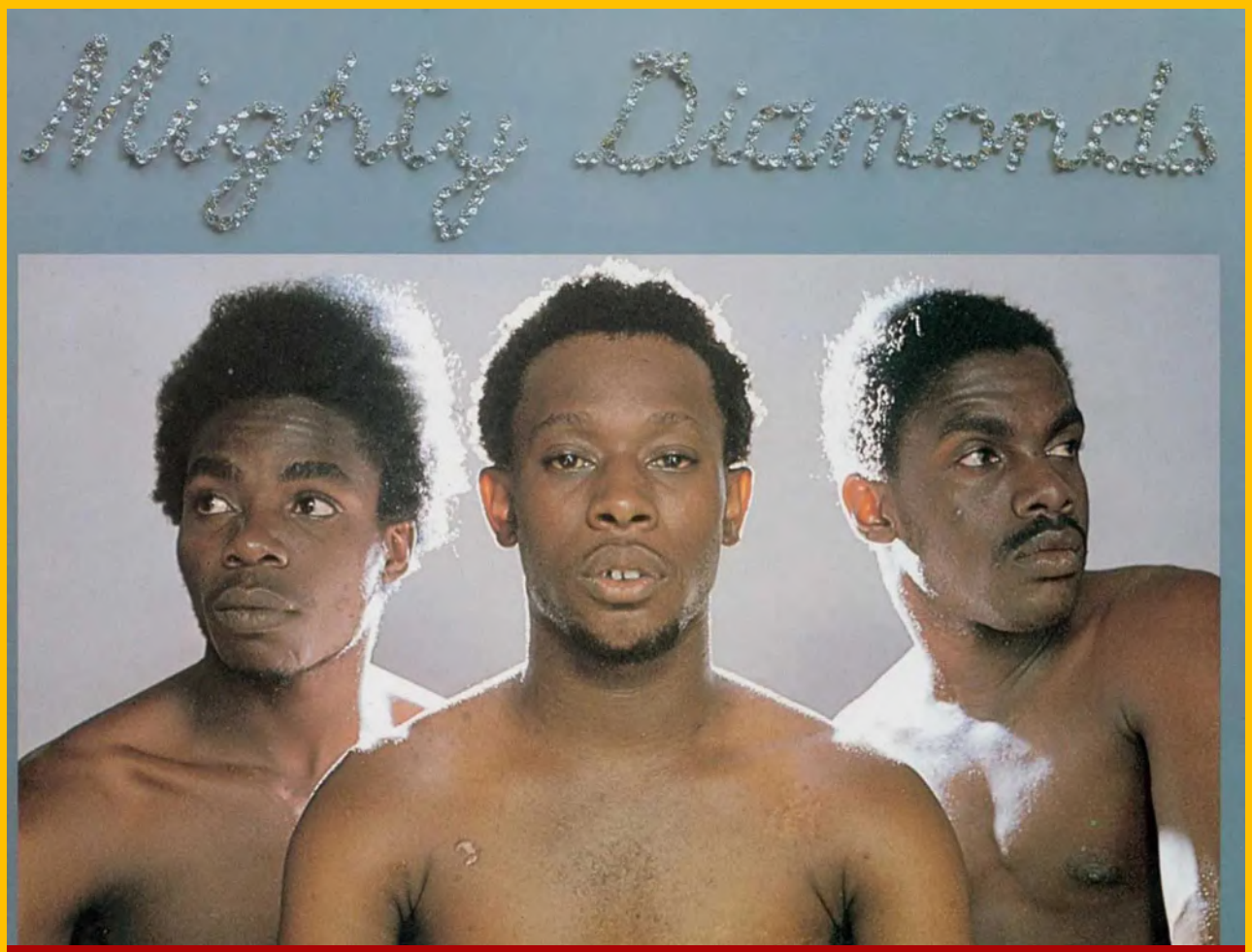
Montreal Olympics stars include Romanian gymnast Nadia Comaneci



and Cuba's Alberto Juantorena

My top albums that year:

The Mighty Diamonds — *Right Time*



Mighty Diamonds

Bunny Wailer — *Blackheart Man*

Peter Tosh — *Legalize It*

Bob Marley & The Wailers — *Rastaman Vibration*

Stevie Wonder — *Songs in the Key of Life*

Top songs

Golden Years – David Bowie

Police and Thieves – Junior Murvin

Car Wash – Rose Royce

Heaven Must Be Missing an Angel – Tavares



David Bowie

December, 1963 (Oh, What a Night) – The Four Seasons

Young Hearts Run Free – Candi Staton

Top songs

Dancing Queen – ABBA

Bohemian Rhapsody – Queen

Walk Away From Love – David Ruffin

Have a sparkling November, especially on the 5th

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