



HOW TO DISMISS WOMEN'S PAIN!

a guide for healthcare professionals



Fold this
comic into an
HPV TEST
FOR **MEN!**

MINIMIZE!

THIS IS **NOT** A BIG DEAL!

COULD IT BE **STRESS?**

ARE YOU ON YOUR **PERIOD?**

WHAT DID YOU **EAT** TODAY?

HAVE YOU HAD ENOUGH **WATER?**

ARE YOU HAVING **BOY TROUBLE?**

PROBABLY JUST **HORMONES!**

IF IT HELPS, YOU **LOOK GREAT!**

HAVE YOU THOUGHT ABOUT **LOSING WEIGHT?**

I'M SURE YOU'RE **FINE!**

HELP!

GASLIGHT!

ON A SCALE OF 1-10 HOW MUCH OF THIS "PAIN" DO YOU THINK IS JUST IN YOUR HEAD?

EMOTIONAL SCALE

QUESTION THEIR JUDGEMENT!

SO IS YOUR WIFE **ALWAYS** THIS **DRAMATIC?**

UM, HELLO!?

UNDERDOSE!

YOU SHOULD TAKE **IBUPROFEN** & TRY TO **SLEEP THIS OFF...**

NORMALIZE!
(so you don't have to treat it!)

TO ME WHAT YOU'RE DESCRIBING SOUNDS **TOTALLY NORMAL**

DON'T MEDICATE AT ALL!

YUP! "JUUST A PINCH!"

EXCLUDE & UNDER EDUCATE!

DO YOU REALLY THINK THIS IS A **GENDER ISSUE?**

Clinical Trials
Pain Management
Laws

PHONE IT IN!

THIS HAS ONLY GONE TO CLINICAL TRIAL WITH **MEN**, BUT I'M GUESSING IT SHOULD ALSO WORK FOR YOUR "LADY PROBLEMS"

Rx
Prostate Medicine

REPEAT UNTIL WOMEN BEGIN TO SECOND GUESS THEMSELVES!

HMM. MAYBE I DO JUST NEED TO "CALM DOWN"

* OR WORSE, MAYBE STOP GOING TO SEE A DOCTOR ALTOGETHER...

TOTALLY HORRIBLE FACTS!

Women experience **more** pain but their reports are taken less seriously. Their pain is more often **dismissed** or **downplayed**, and the pain medication they are prescribed is **less** adequate, when compared with **men**.

Chronic pain affects **70%** of women, yet **80%** of **pain studies** are conducted on mice or human men.

Most doctors are trained to recognize and treat diseases as they unfold in an **average-weight male**. There is very little to no discussion about how symptoms might present **differently** in women.

It wasn't until **1993**, when the inclusion of **women in clinical trials** became part of Federal law.

Providers are **twice** as likely to give narcotics to **men** than to **women** during the first three days after surgery.



for more info & references please visit:

Meg Foundation
MEGFUNDATIONFORPAIN.ORG

All of the problems described above are **magnified** and **exacerbated** in **Black populations**.

