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Welcome to the Summer Edition

Covering the months of July and August

Many thanks go to the volunteers who deliver this magazine to Caddington, Aley Green and Caddington Woods

Caddington Council – Dinner

Alma Theatre, Luton – April 1949



Could you help with the delivery of some magazines?

15 to 20 minutes of your time ten times per year.

Looking for help at Caddington Woods, Collings-Wells Close and Caddington Woods

Perhaps you would like to advertise your business?

The magazine reaches nearly 2000 houses and is also shared on social media

The next edition will be with you at the beginning of September

Deadline for content is Friday 22nd August

Contact John at caddvillmag@gmail.com

Caddington PARISH COUNCIL

Caddington PARISH COUNCIL

All Saints Church Caddington



Vicar: Reverend Rob O'Neil
The Vicarage, off Chaul End Road, Caddington, LU1 4BG
Telephone: (01582) 731692
email: rob@vicar.org.uk

Rob is available for counselling or advice. It is wise to telephone beforehand, an answering machine will take your message if necessary. Please note Rob's day off is Friday.

Sunday Services

9.30 a.m. **Informal Service** (1st & 3rd Sunday of month)
Communion service with choir (All other Sundays)

Thursday

10.00 a.m. **Caddington Bears.** A group for pre-schoolers and carers

All Saints Church

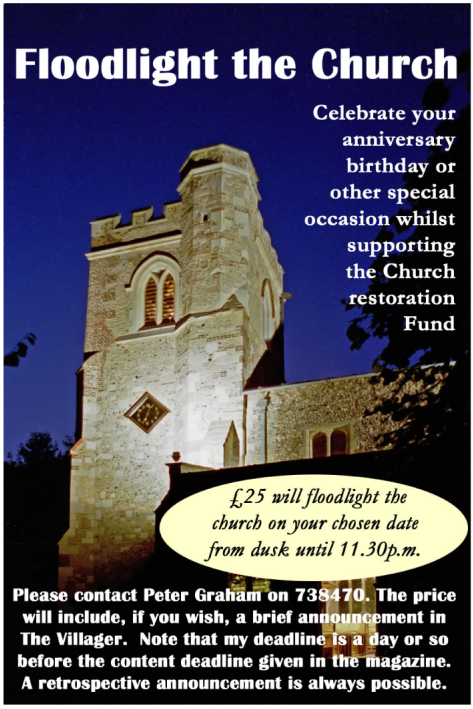
The Church will be floodlit on Sunday 10th August

In loving memory of

Gaynor Jellis

Thinking of you today and always.

All our love from Phil and all the family.





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24th July Roger Walsh and Graham Winterbourne will tell us about, 'The History of Luton Town Football Club'.

28th August – Summer Party Time.

New members and guests always welcome.

Check out our website caddhist.org.uk

New members and guests always welcome. Give us a try

Check out our website caddhist.org.uk

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07548 264672

CHAT AND COFFEE

We are open every Monday from 10am till 12 at the Heathfield Centre.
If you haven't been before do drop in. Good coffee and plenty of chat!

MEN'S CLUB

We meet every Thursday 10 till 12 at the Heathfield Centre. Drop in and see us- you will be sure of a warm welcome.

SEATED EXERCISES

Come along to the Heathfield Centre on Tuesdays at 11.am. Good fun, good exercise and stimulating.

Last session of the summer 22nd July - Restarting 9th September

BINGO

First Mondays of the month – 2pm at the Heathfield Centre.
£5 for 6 games. Flyer and raffle. Everyone welcome

Walk - Wednesday 16th July

Meet on the Green at 10.30am. We shall go through the churchyard and across to Badger Dell Wood into Caddington Woods then back on to the path up to Chaul End Village. Cross the road onto the golf course. Back across the fields and up Folly Lane. Then coffee at Café 7 or the Chequers if you wish. About 3.5 miles in total.

GENERAL INFORMATION

The Careline is on every weekday from 9.00am till 4.30pm.

If you need help with shopping, a lift to a medical appointment, help with a small household task, help with a computer or paperwork or someone just to call round, please call the above number

WHEELCHAIRS

We have wheelchairs available for short term loan

www.caddingtoncare.com email: caddingtoncare@gmail.com

Caddington Local History Group

The Making of Harpenden Museum

Our speaker David Keen, curator of Harpenden Museum, was born and brought up in Harpenden. Before becoming curator of Harpenden Local History Society, he worked with the Royal Air Force Museum at Hendon - as he said “a dream job - being paid to talk about Spitfires”.

From 1900, people had started to collect material relating to local history which was at first stored in the Strong Room at Harpenden Hall, then moved several times. First to Arden Grove, to a cottage at the back of Harpenden Hall. Next to a Portakabin in a car park, then, after being scattered to various sites around Harpenden, it was reassembled in a small room at Park Hall provided by Harpenden Town Council.

In 1973, Harpenden Local History Society was formed, meeting weekly to sort through the stored items with the object of opening a future museum for Harpenden. One member, Les Casey, mounted quarterly exhibitions from the collections and such was his interest and commitment to the project that on his death, his estate was bequeathed to the Society, enabling them to negotiate for space in the new Eric Morecombe Centre.

The Centre opened in October 2021 and the History Society’s move was completed in 2023. Some of the display cases were designed and made by Querk, a Leagrave company who have done similar work for the National Gallery and for the Smithsonian Institute.

The museum frontage looks like a shop and its many and varied displays include a painting of Harpenden by Frank Salisbury (Salisbury’s painting of Roosevelt hangs in the Oval Office of the White House). A White Ensign from HMS Harpenden (one of a class of ships named after race courses. Harpenden held an annual horse race on the common from 1848 to 1914). A Samurai sword and Oliver Cromwell’s boots (since disproved) and of course many, many items of local interest.

All of which may be viewed with great pleasure and interest, on Tuesdays, Thursdays and Saturdays from 11am - 3pm.

Terri Aubrey

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... Is it for me? Why do people go? Don't they have any friends or family they could talk to? What happens in a session? Do I just sit there and talk...? What's the point of that?

These are the sorts of questions that people sometimes ask, before they take the plunge. They've heard about counselling (maybe on television), but it remains a bit of a mystery... and perhaps a little scary. They can worry about what others might think if they're "seeing a therapist". And yet, it can be one of the most important experiences of their life. Having entered my office with trepidation, not knowing where to begin, I've had many clients leave exclaiming something like: *"I wish I had done this years ago! I could have been living a more fulfilled, happier life for longer!"*

Recently, I received a card from a client that read:

"I would like to say a HUGE thank you for sharing with me one of the most fascinating journeys in my life ... You created this safe and allowing-it-all space, where something truly genuine can work its magic."

Well, it's not magic, but it works! Talking leads to healing... when it's done right. (Of course, we all know that words can also be destructive when they're used irresponsibly or with malice). A trained and experienced counsellor can help you to identify and unpick what is difficult (perhaps impossible) to see on your own. All you know is that something isn't working, because you're struggling – maybe with constant worrying, low mood or overwhelming feelings, perhaps with broken or unhealthy relationships, or even physical symptoms or addictions. *You're coping, surviving ... not living!*

I can help you to recognise your unhelpful ways of thinking and engaging with the world and with other people. Drawing on my intensive professional training and almost two decades of experience, I can help you to see yourself and your life in a different, clearer way. Together, we can find ways to adjust those things that cause you problems.

If you already know the root causes of your struggles (perhaps you have a diagnosis of anxiety, depression, ADHD or something else), I can help you to find strategies to cope better.

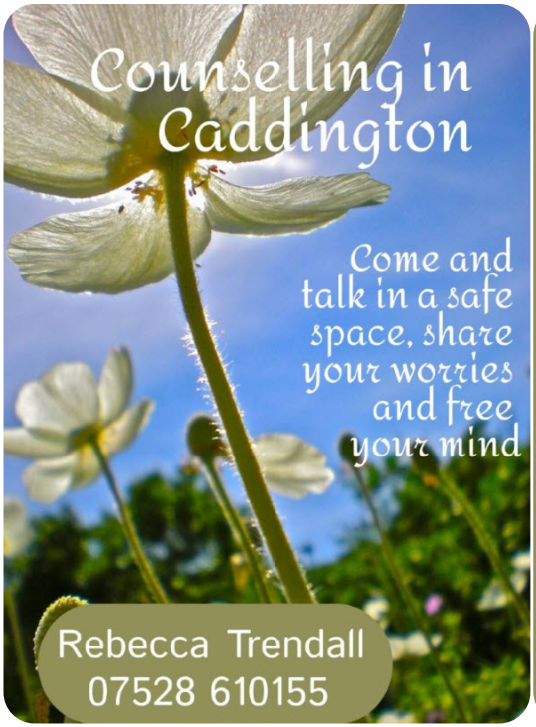
Life doesn't need to feel so difficult. You don't need to suffer alone.

If you can't see the wood for the trees, if you're just curious about what counselling might do for you, or perhaps just want to get a few things off your chest – *give me a call for a brief phone consultation or to book a session.*

I'm based in Caddington village.

I'm always ready to chat.

Rebecca Trendall – 07528 610155



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"Getting down to brass tacks"

From haberdashery shops where brass tacks were embedded in counters at yard intervals for measuring fabric. "Getting down to brass tacks" meant getting to the actual business of precise measurement and fair dealing.

"Straight from the horse's mouth"

Horse trading required checking the animal's teeth to verify age and health. Information "straight from the horse's mouth" was direct from the most reliable source – the horse itself.

"Let the cat out of the bag"

Medieval markets sold piglets in bags. Dishonest merchants sometimes substituted cats. If the cat escaped the bag, the fraud was revealed. The phrase came to mean revealing any secret.

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Caddington
VILLAGE SCHOOL
A school at the heart of the community

July 2025

It is that time of the year when we not only plan and look forward to September but also take some time to reflect on all that we have achieved this academic year. School life is so busy we often don't have time to stop and see how much we have achieved. Looking back, it reminds us of what a privilege it is to be able to shape young lives in such a positive way. Year 6 are on their way to Secondary school and leave us having created memories they will always remember. Some highlights this year have been seeing so many children participate in sports events outside of school both competitively and developmentally. We have just been awarded the School Games Mark Gold award, something of which we are really proud. It is always great to be able to watch our Caddington's Got Talent event and see children performing so confidently on stage. Our pupils have worked closely with Slip End Village School by doing joint trips, experience days, sports events, swimming and residentials. For 19 years we have had a partnership with Mosaikschule in Eitorf and to be able to take 21 8 and 9-year-olds to visit Germany was a memory maker. To see how children mix and communicate without language being a barrier is a real heart warmer. After a well-deserved break for our hard-working staff and pupils, we will back in September to do it all again. We hope you enjoy reading a little from our junior journalists below about what they have enjoyed this year. We wish all of our local community a restful and enjoyable Summer.

SATS

After a long journey, students finally get to the time when they go through S.A.T.s. Each student in year six must endure this series of challenging tests, but after all the hard work, it pays off. To get us in the mood we get morning breakfast, obviously they don't spoil us with bundles of sugary treats because that would be irresponsible. Instead, we get things like eggs, beans, toast, bacon, apple juice, orange juice and a small treat of our choosing after eating. Soon after eating and letting our stomach settle, we go out onto the playground and have a fun time. Once we have had our fun, we go back to our classroom and do some revising. After revising, we have our break time. Once the break was over, we did a test or two. After that the afternoon is full of fun and play. That is just one of the days of the S.A.T.s week. **By Sonny G**

Continued overleaf

Continued from page 17

Swimming Fun

Over the past few weeks we have been enjoying our experiences of swimming at Slip End. Years 3-6 have been loving swimming sessions throughout the week. Our P.E teacher has instructed us through our swimming journey. Year 4 enjoyed front and back stroke and playing in the pool. Also, we have learned sculling and played different games. We would highly recommend this activity for other children (you should probably learn a bit of swimming before swimming to the deep end). Overall, it's a very fun yet safe activity for all schools to enjoy.

From Junior Journalists of Caddington Village School Years 4,5 and 6.



Germany trip

It was an unforgettable journey, getting to take Eurostar- a train. When we got to Germany we had a brilliant barbeque. There was a variety of tasty foods, such as: hot dogs, drinks (orange juice and blackcurrant), crunchy salads and unique soups. We had enjoyable walks, a hike to a beautiful mountain and had cold refreshing ice-creams, everyone loved mixing and matching but a firm favourite was bubble gum flavour. Exploring around the school was fun, especially since we were able to pick up some German. We watched a film before bed which was Luka. We returned home exhausted but thankful for the experience.

Eden Year 4



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Caddington Men's Club Quiz

Caddington Men's Club meets every Thursday from 10 until 12-o-clock at the Heathfield Centre.

Pool, table-tennis, darts, anecdotes and a quiz. A friendly bunch and you'll fit in nicely.

Here are some of our quiz questions for you to try - answers on page 23

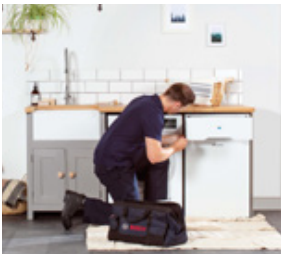
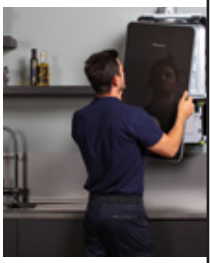
1. What are a male and female badger called?
2. Which is the largest and strongest tendon in the body?
3. What word is both a musical instrument and a quarter bottle of Champagne?
4. What James Bond film title is also a species of duck?
5. Who in the May 2010 general election became the UK's first Green MP?
6. If all the elements were arranged alphabetically, which would be last?
7. What do Mark Thatcher, Elvis Presley and Henry Cooper have in common?
8. Who was credited with inventing the World Wide Web?
9. What is the maximum score possible in a standard game of Ten Pin Bowling?
10. There are two UK cities that contain the word UPON in their names, can you name them both?

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BOSCH

Caddington WI

Caddington W.I. had a games Night which brought much fun – lots of games to play – nothing too complicated but concentration needed!

Two of our Ladies went to a VE Celebration with Dunstable W I . Also, an Afternoon Tea in July with Eaton Bray hosting (one of our Group Members). This is being held in Northall Village Hall.

For our Summer Outing we are going to Christchurch with Tate's Coaches.

In September we have another Jigsaw Challenge to look forward to. We have two teams this year.

A trip to Jordans Mill in September to celebrate 110 years of the W.I. The W.I. Challenges will be on display plus other W I items.

It is our 70th Anniversary this year. We are busy getting ideas for the occasion.

Our Meeting in July will see lots of dice throwing with a Beetle Drive. Competition: Your Favourite Book

August a demo of Magnetic Jewellery. Competition a piece of Jewellery

Members are going to arrange a Leaflet Drop around the village to introduce new people to join us. We are a small group of local ladies who enjoy getting together with talks, outings, crafts, music and many other leisure pursuits and friendship.

We meet on the 1st Tuesday of each month at 7.30 p.m. at the Caddington Social Club.

Linda Edwards 07761 340 108

Caddington Community Shed

A place where people come together to make things.

You get to learn/teach new skills as well as socialise in a really friendly and welcoming environment.

Come along to the Heathfield Centre on Wednesday afternoons – 2 pm until 4.30 pm

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CaddHist - your local History Group

We are a friendly group, meeting on the fourth Thursday of the month 7:30 at

The Heathfield Centre - Coffee and refreshments too

24th July Roger Walsh and Graham Winterbourne will tell us about, 'The History of Luton Town Football Club'.

28th August – Summer Party Time.

New members and guests always welcome Give us a try

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Caddington Gardening Club

Caddington Gardening Club is a friendly group, meeting monthly to enjoy a shared interest in gardening , swap ideas, discuss gardening successes, the odd failure and pass on advice.

We have monthly speakers, some social events and summer trips to fascinating gardens
Meeting at the Baptist Hall on Luton Road 7:30 pm.

Contact Sarah on 01582 419 793

July 12th- VILLAGE OPEN GARDENS 11am-5pm

Programmes and maps available on The Green.

August 12th a talk by Anne Lunder 'Naturally Native'



Caddington Village Open Gardens

This event will take place on Saturday, July 12th from 11 a.m. to 5 p.m. We have around twelve gardens open plus All Saints Church, serving light refreshments (11-3). The allotment will also be open to visitors with tea/coffee, second hand books and jigsaws available from the allotment hut.

Entry to all the gardens is by programme, adults five pounds per person, children free (supervised please). Programmes will be available to purchase on the 12th from the gazebo on the village green from 10.45, cash only.

Brief details of each garden will be given in the programme as well as additional information such as parking, refreshments, plants for sale etc. Parking will also be available at Heathfield next to the green. Participating gardens will have a garden open sign displayed – look for the bumble bee.

You can be sure of a warm welcome whatever the weather so please come and support Caddington Village Open Gardens Day.

Caddington Parish Council

Website: www.caddingtonparish.gov.uk

Contact: email clerk@caddingtonparish.gov.uk
Telephone : 07912 298 141

Residents are welcome to attend Caddington Parish Council Meetings held at the Heathfield Centre.

Next Meeting Monday 14th July at 7.30pm Heathfield Centre

Please visit our website or take a look at the notice board on Manor Road between Cutting Crew and Nice Baps approximately a week before each meeting to view the agenda.

Parish Councillors

Chairman	Mark Russell	mark.russell@ caddingtonparish.gov.uk
Vice Chair	Matthew Tomlin	matthew.tomlin@caddingtonparish.gov.uk
Planning Chair	Andy Palmer	andy.palmer@ caddingtonparish.gov.uk
Heather Palmer		heather.palmer@caddingtonparish.gov.uk
Bob Fitzsimmons		bob.fitzsimmons@caddingtonparish.gov.uk
Roy Catford		roy.catford@caddingtonparish.gov.uk
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Philip Skelton		philip.skelton@caddingtonparish.gov.uk
Jeanette Loughran		jeanette.loughran@caddingtonparish.gov.uk

Central Bedfordshire Council - Ward Councillors

Cllr Vicky Malone – **0300 300 8559**
vicky.malone@centralbedfordshire.gov.uk
Cllr Kevin Collins – **0300 300 8523**
kevin.collins@centralbedfordshire.gov.uk

Update from CBC Independent Ward Councillor Vicky Malone



Yearly Update Report

Over the past year, I have been actively engaged in addressing local concerns, improving infrastructure, and working collaboratively with Central Bedfordshire Council (CBC), enforcement agencies, local schools, and residents. Below is a summary of the key actions and achievements.

Highways and Flooding

Successfully negotiated the repainting of local roundabouts, junction lines, and speed humps to improve road safety.

Applied pressure on Highways to address recurring flooding issues at - Caddington Golf Club, near the old Wyevale site and under the M1 bridge

Conducted an on-site assessment with CBC's Senior Drainage Engineer around Elm Avenue. As a result, it has now been added to this year's highways plan for drainage improvements.

Three of the seven stages of the flood attenuation plan have been confirmed for this year's implementation, with the remaining four scheduled for next year.

Supported flood alleviation efforts outside Bury Farm (a known accident hotspot) by requesting maintenance of adjacent ditches.

Community Safety and Environmental Work

Heathfield School Security: Liaised with CBC to ensure the school site is secured by boarding up vulnerable windows.

Enforcement Collaboration: Persistent engagement with enforcement officers has led to regular spot checks at Brickhill Kiln scrap yard, helping ensure it remains free of unauthorized vehicles.

Fly-tipping Reduction: Compiled a personal database of fly-tipping hotspots.

After several meetings with the waste management team, I secured access to the grabber lorry, enabling quicker removal of waste before FixMyStreet reports were processed. Actively working to implement covert CCTV cameras and new signage in key locations. Result: A 50% reduction in fly-tipping last month.

Community and Public Space Improvements

Graveyard Maintenance: Facilitated a meeting to address ongoing graveyard maintenance issues, involving the Community Payback Team for support.

Green Lighting: Helped initiate the upgrade of lighting on the village green to improve safety and visibility.

(continued overleaf)

(Continued from page 21)

Resident Advocacy

Collinswood and Whipsnade Park Homes: Fought on behalf of 67 properties experiencing algae growth on exterior walls, pressing for appropriate solutions.

Fibre One Site Issues:

Addressed dangerous parking and anti-social behaviour by employees at the newly occupied old Jarvis building.

Engaged directly with the Managing Director of Fibre One and continue to monitor the situation in coordination with local police, receiving weekly updates.

Transport and Road Safety

Newlands Road Junction: Continuing to push for the installation of traffic signals at the Newlands Road junction following several accidents linked to a recent change in road layout.

Cllr Vicky Malone

Vice Chairman of Central Bedfordshire Council & Member for Caddington Ward,
Covering the parishes of Caddington, Hyde Kensworth, Slip End, Studham & Whipsnade

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Caddington Men's Club Quiz - Answers

1. Boar and Sow
2. Achilles
3. Piccolo
4. Goldeneye
5. Caroline Lucas
6. Zirconium
7. They were all twins
8. Tim Berners-Lee
9. 300
10. Newcastle-Upon-Tyne and Kingston-Upon-Hull



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Carol's Cookery Corner

Toss Cake – This recipe takes minutes to make, and you need to toss all the ingredients into a bowl in the order listed below.

Ingredients



8 ozs Self raising flour
4 ozs caster sugar
12 ozs mixed dried fruit
2 eggs not beaten
4 ozs melted margarine
1/4 teaspoon each of nutmeg & mixed spice
3/4 cup of milk
Pinch salt
1 teaspoon vanilla essence or almond essence

Method

1. Light oven – gas 2/150 C
2. Grease & line a 6 inch cake tin.
3. Beat all the ingredients together until well combined.
4. Pour into tin & place in oven for approximately 2 hours.

"Break a leg"

This theatrical good luck wish seems counterintuitive, but in superstitious theatre culture, wishing someone good luck was considered bad luck. "Breaking a leg" meant bending it in a bow after a successful performance.

"Mad as a Hatter"

This refers to the 19th-century hat-making trade, where workers used mercury in the felting process. Mercury poisoning caused tremors, speech problems, and erratic behavior - hence hatters appeared "mad."

Need a little extra help? We've got you.

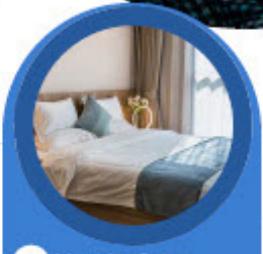
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Contact Us For More Info

info@hw-care.co.uk

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Aley Green Methodist Church

July

Sun 13th July	Circuit Celebration Service on Dunstable Downs
Sun 20th	10:30am Service—Local Arrangement and Sunday School
Mon 21st	2pm Ecumenical Fellowship led by Jo Prowse
Sun 27th	10:30am Morning Service Rev Jenny Spouge (Holy Communion)
Wed 30th	7:30pm Coffee Evening in aid of Action for Children

August

Sun 3rd	4pm at Eaton Bray Leaving Service for Rev Nigel Bibbings
Tues 5th	10– 12 Cakes and Company join for a chat and refreshment
Sun 10th 1	0:30am Morning Service Colin Quine
Sun 17th	10:30am Morning Service Chris Berry
Sun 24th	10:30am Local Arrangement (Liz Higgens)
Sun 31st	10:30am Morning Service Rev Patrick Kandeh (Holy Communion)
Wed 27th	7:30pm Coffee Evening in aid of World Vision

God Bless, From all at Aley Green

Protect your Personal Data

No doubt, you will be aware that a number of high street names have suffered data breaches recently. This means your personal information will be available to criminals to use to try to scam you. To check what's been leaked visit: Have I Been Pwned: Check if your email address has been exposed in a data breach https://haveibeenpwned.com/

Be extra cautious about answering calls from unknown numbers, emails, text messages etc – just because they know your name and/or some of your personal/financial information does not mean they are genuine or work for that company.

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