



1911

KAPPA PULSE

CHAPTER HEALTH INITIATIVE



HEART
HEALTH



MENTAL
WELLNESS



PHYSICAL
FITNESS



BROTHERHOOD
ACCOUNTABILITY

A STRONG BROTHERHOOD STARTS WITHIN.

SEPTEMBER

NEWSLETTER

BISHOPVILLE-MANNING-SHAW AFB (SC) ALUMNI
KAPPA ALPHA PSI FRATERNITY, INC.



Bishopville-Manning-Shaw AFB (SC) Alumni Chapter
— Kappa Alpha Psi Fraternity, Inc. —

BUILDING UPON THE FRAMEWORK

CHAPTER RETREAT 2026

• ONE CHAPTER. ONE VISION. ONE BOND •

September 12, 2026

10 AM

Morris College Forensic Center

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THE OFFICIAL HEALTH & WELLNESS NEWSLETTER OF THE
BISHOPVILLE-MANNING-SHAW AFB (SC) ALUMNI CHAPTER
KAPPA ALPHA PSI FRATERNITY, INC.

IMMUNIZATION AWARENESS

Strengthening the Mind. | Strengthening the Body. | Strengthening the Bond.

A CHAPTER HEALTH INITIATIVE

Promoting holistic wellness through:

Physical Health

Mental Wellness

Emotional Well-Being

Brotherhood Accountability

Preventative Care

Healthy Lifestyle Choices

Achievement in Every Field of Human Endeavor

BROTHERHOOD • WELLNESS • IMPACT

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Building Stronger Brothers, One Pulse at a Time

BISHOPVILLE-MANNING-SHAW AFB (SC) ALUMNI CHAPTER
KAPPA ALPHA PSI FRATERNITY, INC.

VOLUME 4 • ISSUE: WORLD ALZHEIMER'S MONTH: • SEPTEMBER 2026



A Call to Remember, Support, and Serve

Each September, communities around the world recognize World Alzheimer's Month, a time to raise awareness about Alzheimer's disease and other forms of dementia, challenge stigma, support caregivers, and encourage action that can improve the lives of individuals and families affected by this disease.

For the Brothers of BMS Kappa Alpha Psi Fraternity, Inc., this month provides another opportunity to live out the principles of Brotherhood, Service, and Achievement by bringing awareness to an issue that touches families and communities across generations.

Alzheimer's does not affect only the individual diagnosed. It affects spouses, children, grandchildren, siblings, friends, caregivers, and entire communities.

This month, let us remember those who are affected—and remember that our presence, compassion, and service can make a difference.



September 2026

Understanding Alzheimer's Disease

Alzheimer's disease is the most common form of dementia. It is a progressive brain disorder that affects memory, thinking, behavior, and eventually a person's ability to perform everyday activities. While memory loss is often one of the first noticeable signs, Alzheimer's is much more than forgetting names or misplacing keys.

Common warning signs may include:

- Memory loss that interferes with daily life
- Difficulty completing familiar tasks
- Confusion about time or place
- Problems finding words or following conversations
- Difficulty with planning or problem-solving
- Changes in mood, personality, or behavior
- Withdrawal from work or social activities
- Increasing difficulty managing everyday responsibilities

Awareness matters. Recognizing changes early can encourage conversations with healthcare professionals and help families plan for the future.

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The Ripple Effect: Supporting the Caregiver

Behind many individuals living with Alzheimer's is a caregiver who may be quietly carrying an enormous responsibility.

Caregivers can experience emotional, physical, financial, and social challenges. They may sacrifice sleep, work, personal time, and their own well-being while caring for someone they love.

As Kappas, we understand the power of Brotherhood. That same spirit can extend beyond our fraternity and into our families and communities.

This month, consider reaching out to:

- A Brother — who may be caring for an aging parent or loved one.
- A Family Member — who may need encouragement or a helping hand.
- A Caregiver — who may simply need someone to listen.

Sometimes service doesn't require a major event. Sometimes it begins with a phone call.

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September 2026

The strength of Kappa Alpha Psi Fraternity, Inc. has never been limited to what happens within the walls of our chapters.

Our legacy is also measured by the lives we touch through service, leadership, mentorship, advocacy, and compassion.

During World Alzheimer's Month, let us challenge ourselves to see service differently.

A visit to a senior living community.

A conversation with a caregiver.

A donation to a dementia-support organization.

A phone call to an aging parent.

A willingness to learn.

A moment of patience with someone experiencing memory loss.

These are all acts of service.

Let's take a pause to remember those living with Alzheimer's disease, those who have lost their lives to dementia, the caregivers who continue to give of themselves every day, and the families navigating difficult and uncertain journeys.

Yours in the Bond,

A handwritten signature in black ink, appearing to read 'Teddius D. Williams'.

Teddius D. Williams
Kappa Pulse Chairman

BE THE PULSE.

MAKE AN *IMPACT.*

A STRONG BROTHERHOOD STARTS WITHIN.

ONE CHAPTER ONE VISION ONE BOND

STAY CONNECTED



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BROTHERHOOD. *ACHIEVEMENT.* IMPACT.