

LAKELAND FRESH

CUMBRIAN PREPARED VEGETABLES

McClures

Delivering the finest food for over 80 years

Prepared Vegetables

McClures

Delivering the finest food for over 80 years

From **fresh produce** to **chilled, frozen** and **ambient products**, McClures has everything your kitchen needs. **Order online or call us until 11 pm** for **next-day delivery**, or visit our **Cash & Carry, open seven days a week.**

Scan to Shop
Shop online anytime

Order Online
wmcclure.co.uk

Customer Service
015394 42636
sales@wmcclure.co.uk

Cash & Carry
College Rd
Windermere
LA23 1BX

In the Heart of the Lake District

Based in the Lake District village of Windermere, we're proud to supply restaurants, cafés, hotels, schools and other foodservice businesses across Cumbria, North Lancashire, North Yorkshire and the Scottish Borders. As well as local smaller and independent customers at our on site Cash & Carry.

Sign up to our Newsletter

Exclusive offers.
Latest news.
One email.

Scan to Sign Up



- Monthly Offers
- Weekly Fab Five
- New Products
- News & Insights

015394 42636
sales@wmcclure.co.uk
wmcclure.co.uk
@wmcclures

Customer Service
Mon - Fri: 8am - 11pm
Saturdays: 8am - Midday
Sundays: 5pm - 11pm

Cash & Carry
Mon - Fri: 8am - 4pm
Saturdays: 8am - Midday
Sundays: 8am - Midday

All products subject to availability while stocks last. All prices and information correct at time of going to press but subject to change. While we strive to provide accurate product information, we strongly advise all customers to double-check food labels and specifications before serving.
Due to ongoing uncertainty, prices and availability may be more susceptible to change than usual.

ISO 9001 ISOQAR
UKAS MANAGEMENT SYSTEMS 0026
Certificate Number 24252

Contents

4
Prepared Potatoes

8
Prepared Chips

10
Prepared Root Veg

14
Prepared Onions

16
Prepared Cauliflower, Broccoli & Cabbage

18
Prepared Veg Mixes

20
Prepared Coleslaw

22
Miscellaneous

Next-Day Delivery? **Don't Miss the Cut-Off Time!**

Our prep range is made fresh to order, so to make sure it's ready and delivered next day, please place your order before the cut-off times listed on each product. We don't hold stock — everything's prepared just for you, so getting your order in on time helps us keep things fresh and reliable.

Scan to Order Online





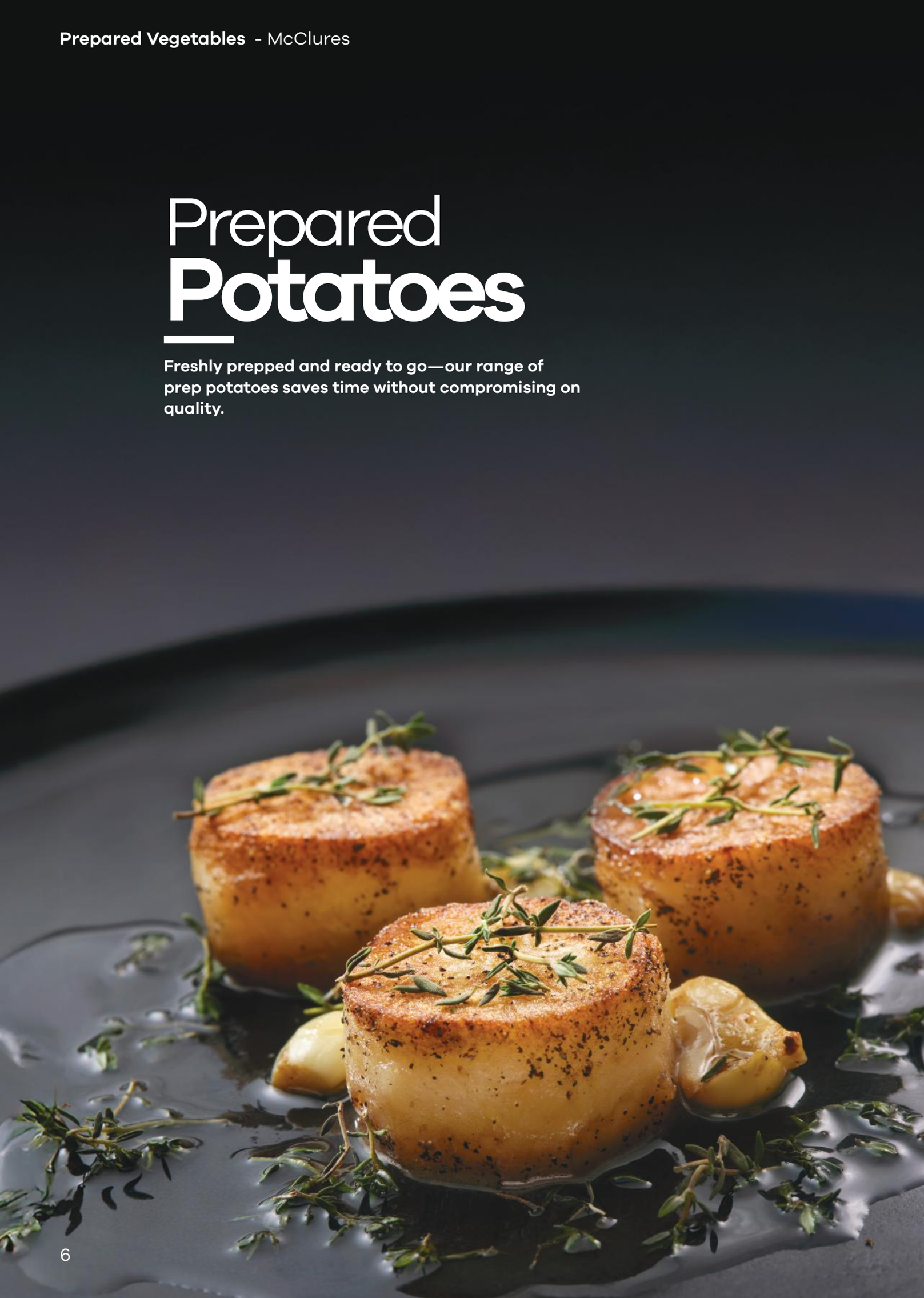
Fresh, Quality Produce
You Can Rely On

Our Prep Brochure is filled with time-saving solutions, including freshly prepared vegetables and mixes, helping chefs cut down on prep time without sacrificing quality. Perfect for busy kitchens, our range ensures consistency, reduces waste, and keeps service running smoothly.



Prepared Potatoes

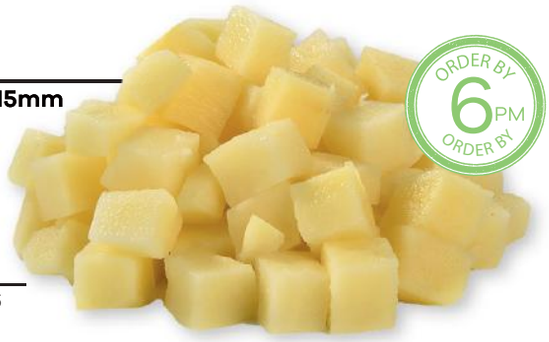
Freshly prepped and ready to go—our range of prep potatoes saves time without compromising on quality.





PARISIENNE POTATOES
1x2.5kg | **D010**

DICED POTATOES 15mm
1x2.5kg | **D004**
1x5kg | **D004V**



PARMENTIER POTATOES
20mm
1X1kg | **D025**





SLICED POTATOES
4mm
1x2.5kg | **D005**
1x5kg | **D005V**

CANNON POTATOES
80 x 40mm
each | **D015V**





POTATOES THINLY SLICED
1x5kg | **D043V**



GRATED POTATOES
1x1kg | **D0663**



POMME CHATEAU POTATOES
each | **D011V**



GRATED RED SKIN POTATO
1x5kg | **D042V**



PEELED POTATOES MEDIUM CUT
1x5kg | **D086V**

PEELED POTATOES
1x2.5kg | **D002**
1x5kg | **D002V**





PEELED HALF CUT POTATOES
1x5kg | **D087V**



PEELED RED SKIN POTATOES 5KG
1x5kg | **D007V**



BABY ROAST POTATOES
1x5kg | **D001V**



PEELED UNCLE DAVIDS
1x5kg | **D076**
(SEASONAL)



GRATED SWEET POTATO
1x1kg | **D009V**



PEELED SWEET POTATOES
1x2.5kg | **D088**



DICED SWEET POTATOES 50mm
1x1kg | **D085**



DICED SWEET POTATOES
1x1kg | **D003**



SQUARE FONDANT POTATOES
each | **D019V**

RECTANGLE FONDANT POTATOES
each | **D023V**





ROUND POTATO FONDANT
65mm x 30mm
each | **D021V**

Perfect Roast **Potatoes**



Prepared Chips

Freshly prepared and full of flavour—our chips are cut in-house to save you time in the kitchen while delivering the perfect balance of crispness and fluffiness. A true classic, ready to serve and enjoy.





15MM MACHINE CUT CHIPS
1x5kg | **D003V**



MACHINE CUT 20MM CHIPS
1x2.5kg | **D086**
1x5kg | **D058**



SHOESTRING FRIES
1x5kg | **D088V**



HAND CUT CHIPS
1x5kg | **D071**



JENGA CHIPS
1x5kg | **D006**



POTATO WEDGES
1x1kg | **D103**

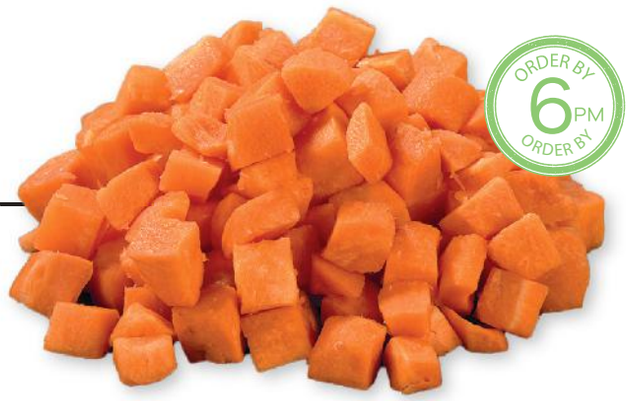
Prepared Root Veg

Save time in your kitchen with freshly prepared root vegetables—perfect for sides, stews, roasts, and more!





GRATED CARROTS
1x2.5kg | **D052**



DICED CARROTS
1x2.5kg | **D022**
1x5kg | **D022V**



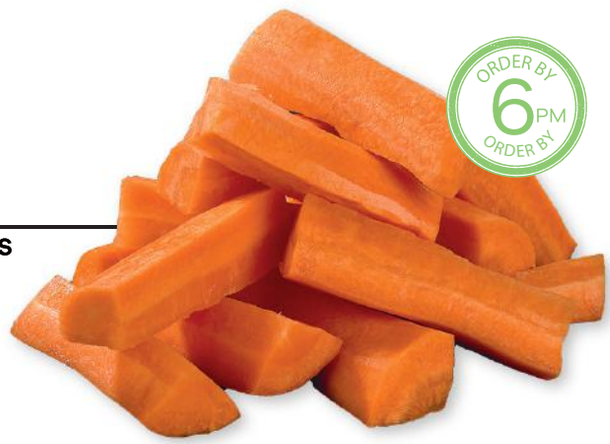
SLICED CARROTS
1x1kg | **D048**
1x2.5kg | **D020**
1x5kg | **D020V**



CHUNKY CARROTS
1x5kg | **D025V**



BATON CARROTS
1x2.5kg | **D024**
1x5kg | **D024V**



QUARTERED CARROTS
1x5kg | **D0221V**



PEELED WHOLE CARROTS
1x2.5kg | **D018**
1x5kg | **D018V**



CARROTS ALBERT 10mm
1x5kg | **D0222V**



1/2 LONG SLICED CARROTS
TOPPED & TAILED
120 - 140mm
1x5kg | **D033V**



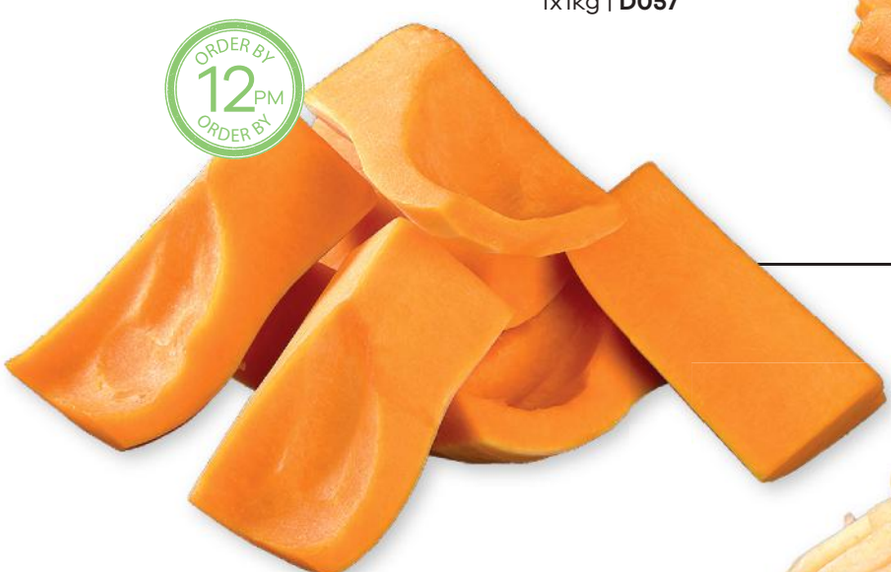
CHUNKY ROAST
VEG MIX
Carrots, Swede, Parsnips
1x5kg | **D096V**



CARROT & SWEDE MIX
1x2.5kg | **D027**
1x5kg | **D027V**
10mm
1x2.5kg | **D029**



DICED BUTTERNUT
SQUASH
1x1kg | **D057**



HAND CUT BUTTERNUT
SQUASH
1x1kg | **D079**



BATON SWEDE
1x2.5kg | **D094**
1x5kg | **D036V**

Tasty Butternut Squash



PREPARED SLICED PARSNIP 1MM
1x5kg | **D0391**





DICED SWEDE
1x2.5kg | **D030**

BATON PARSNIPS
1x2.5kg | **D036**
1x5kg | **D036V**





DICED PARSNIPS
1x2.5kg | **D044V**

WHOLE PARSNIPS
1x5kg | **D035V**





QUARTER PARSNIPS
1x1kg | **D0390**
1x5kg | **D037V**



SLICED BEETROOT 1MM
1x5kg | **D0392**



GRATED BEETROOT
1x1kg | **D0662**
1x5kg | **D0664**

DICED BEETROOT
1x1kg | **D072**



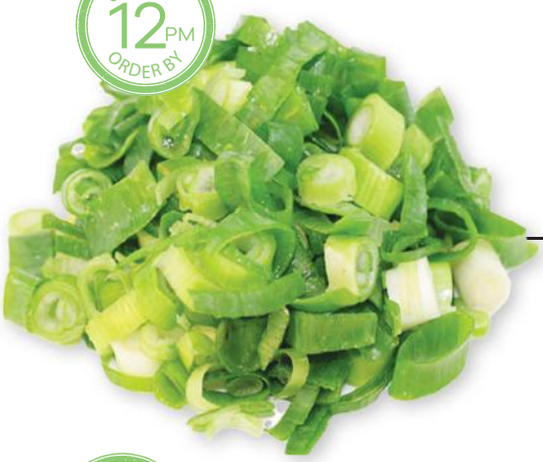
Save time in your **Kitchen**



Prepared Onions

Make cooking easier with our freshly prepared onions—perfect for sauce bases, tarts, soups, and more. No peeling, no chopping—just convenience and great flavour!





SLICED LEEKS
1x1kg | **D0541**
1x5kg | **D054V**



SPRING ONIONS
Bag | **D058V**

WHOLE WHITE ONIONS
1x5kg | **D047V**





SLICED WHITE ONIONS
1x2.5kg | **D040**
1x5kg | **D040V**

DICED ONIONS
1x1kg | **D093**
1x5kg | **D041V**





BANANA SHALLOTS
1x5kg | **D0413V**

WHOLE RED ONIONS
1x2.5kg | **D0403**





SLICED RED ONIONS
1x1kg | **D0402**
1x5kg | **D0402V**

DICED RED ONION
1x1kg | **D104V**



Prepared **Cauliflower, Broccoli & Cabbage**

Conveniently prepared cauliflower, broccoli and cabbage —ready to use for effortless cooking and fresh, delicious meals.





SHREDDED WHITE CABBAGE
1x1kg | **D046**
1x5kg | **D045**



SHREDDED RED CABBAGE
1x1kg | **D056**
1x5kg | **D057V**



SHREDDED SAVOY CABBAGE
1x1kg | **D102V**
1x5kg | **D055V**



BROCCOLI FLORETS
1x1kg | **D0812**
1x5kg | **D062V**



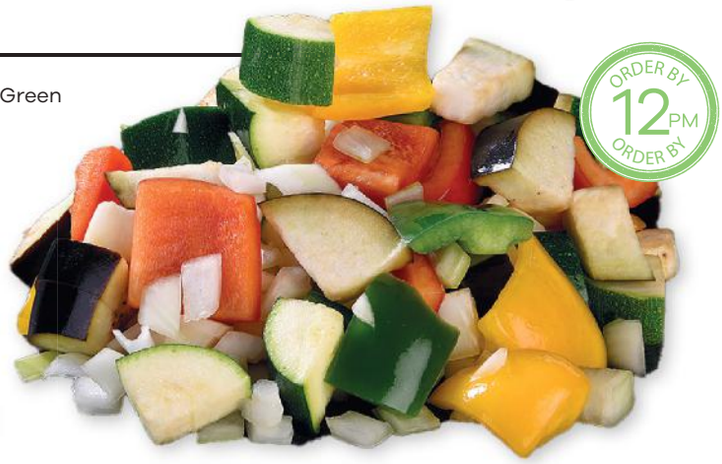
CAULIFLOWER FLORETS
1x5kg | **D039V**

Prepared Veg Mixes

Designed for busy kitchens, our expertly prepared mixes offer chefs consistent quality and convenience, allowing you to create exceptional dishes with ease and precision.



RATATOUILLE MIX
Aubergine, Red Peppers, Green Peppers, Yellow Peppers, Courgette, Onion
1x1kg | **D028**
1x5kg | **D028V**





STIR FRY MIX
Bean Sprouts, Grated Carrot, Sliced White Onion, Sliced Mixed Peppers, Sliced Leeks, Sliced Pak Choi
1x1kg | **D066**

SOUP MIX
Carrots, Swede, Leeks
1x2.5kg | **D059**
1x5kg | **D059V**





CASSEROLE MIX
Carrots, Swede, Onion, Leeks
1x1kg | **D0661**

WINTER SOUP MIX
Carrot, Swede, Leeks, Butternut Squash
1x5kg | **D061V**





MEDITERRANEAN ROASTING VEG
Red peppers, yellow peppers, green peppers, red onion, courgette
1x1kg | **D089**
1x5kg | **D089V**

Prepared Coleslaw

Make prep effortless with our range of fresh, high-quality coleslaw mixes—saving you time while delivering great taste and consistency in every serving. Simply add your mayo or any sauce of your choice for a quick, fresh, and delicious mix.





COLESLAW MIX
Shredded White Cabbage, Grated Carrot
1x1kg | **D051**
1x5kg | **D051V**



RED COLESLAW MIX
Shredded Red Cabbage, Grated Carrot
1x1kg | **D063**



ASIAN SLAW MIX
Sliced Red Onion, Grated Carrot, Fine Sliced Pak Choi, Fine Diced Red Chilli, Ginger
1x1kg | **D100**
1x5kg | **D100V**

ASIAN SLAW MIX - NO ONION
Grated Carrot, Fine Sliced Pak Choi, Fine Diced Red Chilli, Ginger
1x1kg | **D105**



BEETROOT SLAW
Shredded Red Beetroot, Shredded Golden Beetroot, Red Cabbage
1x1kg | **D080**



DICED PEPPERS
1x2.5kg | **D0641**



SLICED PEPPERS
1x2.5kg | **D064**



PREPARED SLICED COURGETTE
1x5kg | **D093V**



PREPARED SLICED FENNEL
1x5kg | **D091V**



SLICED MUSHROOM
1x5kg | **D092V**





Customer Service

Mon - Fri: 8am - 11pm
Saturdays: 8am - Midday
Sundays: 5pm - 11pm

Cash & Carry

Mon - Fri: 8am - 4pm
Saturdays: 8am - Midday
Sundays: 8am - Midday

Get in Touch

015394 42636
sales@wmcclure.co.uk
wmcclure.co.uk

Follow us for news and offers @wmcclures

All products subject to availability while stocks last. All prices and information correct at time of going to press but subject to change. While we strive to provide accurate product information, we strongly advise all customers to double-check food labels and specifications before serving. Due to ongoing uncertainty, prices and availability may be more susceptible to change than usual.
Online prices may vary from those in store. In certain circumstances it may be necessary to withdraw products without prior notice.