

# Hello! I'm Tammy Lassins

## Creator of "the Down-to-Earth Woman"

Offering real support, honest connection, and tools for daily wellness.




## Welcome to my Interactive Business Card

←— Slide

Free Health Assessment

My Supplement Shop
Dare to Compare

Call or text
Please Leave Message




Glide

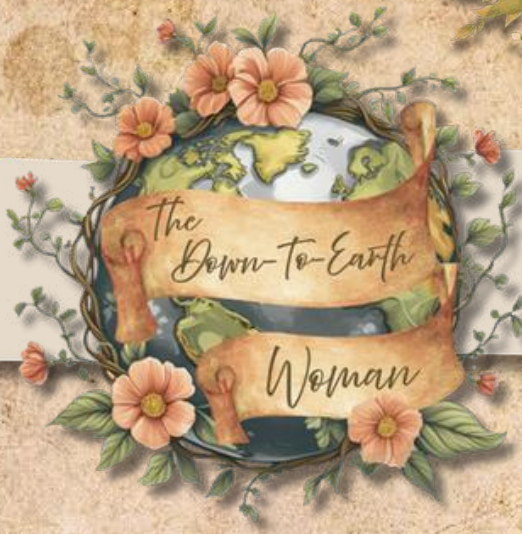
E-Mail

Work with Me

Buy Me A Coffee




Glide




# E-Book Library
# &
# Free Resources

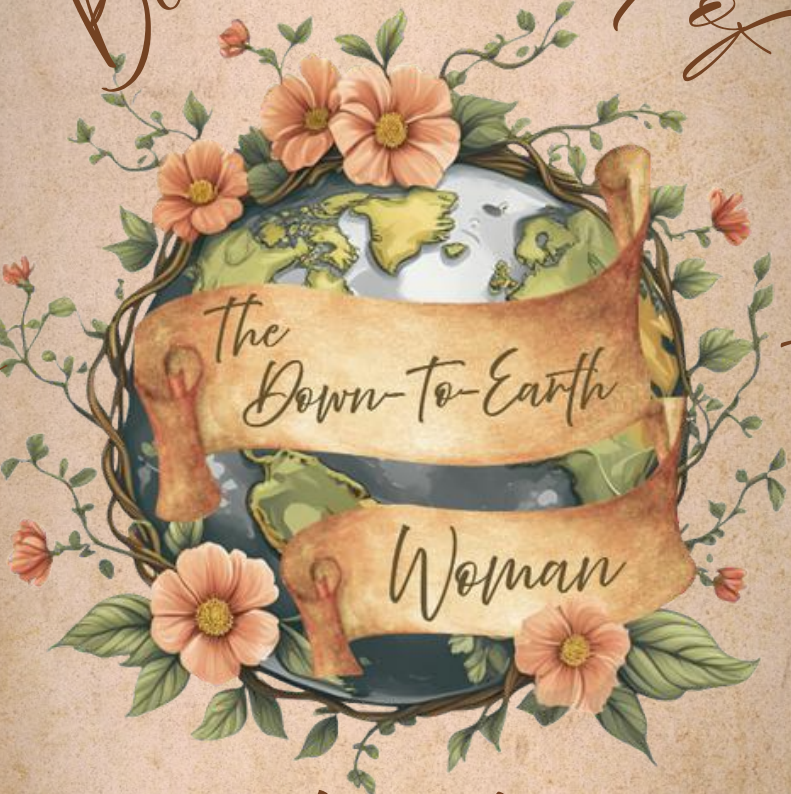
Tap to Access

Tap to Access

**Explore Your Self-Care Sanctuary**
**Step into a cozy space curated with love and intention.**

Slide

# Become a Part of




Tap → ← Tap

# Family

Like, Follow, Share, Engage

Slide →