VOL. 01

POSE

2026 EDITION

BY AUDEN B. CABELLO



37 POSES
FOR YOUR XV SESSION
SAVE THE DATE
& DRESS SESSIONS
REAL CLIENTS
SHOT IN 2026

THE QUINCEAÑERA EDITION

Edición Quinceañera

AUDEN B. CABELLO



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PHOTOGRAPHY & VIDEOGRAPHY

MIDLAND, TEXAS

MEET YOUR PHOTOGRAPHER · CONOCE A TU FOTÓGRAFO

HI, I'M AUDEN.

I'm Auden B. Cabello, a photographer and filmmaker based in Midland, Texas. I picked up my first camera at twelve in Fort Stockton, and today I photograph and film quinceañeras, weddings, birthdays and portraits for families all across West Texas.

> *My job is to help you feel like yourself, and then make that look like a magazine cover.*

Before I specialized in celebrations, I worked alongside photojournalists and network film crews. My footage has aired on Fox News, Newsmax and Real America's Voice, and I appeared in the 2015 documentary Kingdom of Shadows. That work taught me to see a moment coming instead of waiting for it.

This magazine is the playbook I bring to every session. Every photo in it is from a real 2026 session. Flip through it before your day and screenshot the poses you love. You don't need to memorize anything, because I'll guide you through every step.

Gracias por confiar en mí para contar tu historia.

GET READY LIKE A QUEEN

The best quince photos start the week before the camera comes out. Here's how my quinceañeras prepare.

01

BOOK THE GOLDEN HOUR

We schedule outdoor sessions for the last two hours of daylight. Soft, warm light flatters every skin tone and makes the gown glow.

02

BRING A DRESS HELPER

Mom, a madrina or a friend fluffs the skirt, carries the bouquet and keeps the train clean between shots.

03

PLAN TWO LOOKS

Your gown for the classics, plus a short dress, boots or a hat for a younger, freer second look.

04

BREAK IN YOUR SHOES

Wear them around the house all week. Comfortable feet mean relaxed shoulders and a real smile.

05

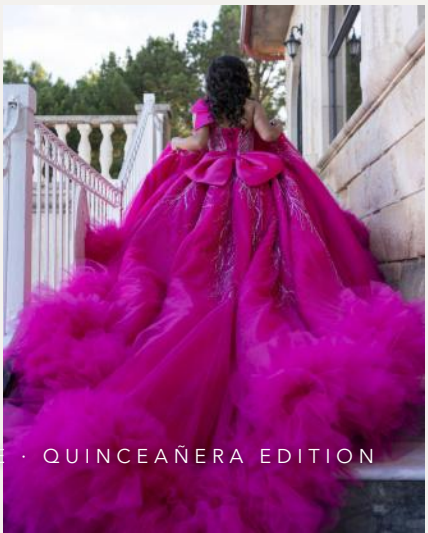
PACK A MINI KIT

Bobby pins, safety pins, lip color, blotting papers, a straw for water, and a small snack.

06

HAIR & MAKEUP BUFFER

Finish 30 minutes before we start. Ask your artist for long-wear, matte skin and lashes that read on camera.







POSING SECRETS · SECRETOS DE POSE

SIX THINGS I'LL REMIND YOU

You'll hear me say these during your session. Learn them now and every pose in this book gets easier.

01

CHIN FORWARD, THEN DOWN

Push your face slightly toward the camera, then tip the chin down a touch. It defines the jawline instantly.

02

WEIGHT ON THE BACK LEG

Shift your weight back and soften the front knee. Your body takes on a natural curve, even under a ball gown.

03

SOFT HANDS

Fingertips, not fists. Let your hands rest on the skirt, the bouquet or your crown like you're holding something delicate.

04

LEAVE A LITTLE SPACE

Keep a small gap between your arms and your waist so your silhouette stays defined.

05

SHOULDERS DOWN, BREATHE OUT

Before every frame, take a breath and let it go. Tension leaves your shoulders and your smile relaxes.

06

EYES ON THREE

Look away, and on my count of three look back at the lens. That fresh look is the one that ends up on the wall.









01

THE PORTRAIT

El retrato

These are the classics, the images your family will frame. We start here while your hair and makeup are perfectly fresh.



01 BOUQUET AT THE WAIST *Ramo a la cintura*

Bouquet low and centered, elbows soft and away from your body, shoulders relaxed.



02 THE TIARA TOUCH *Toque de corona*

Rest your fingertips on the crown, lift the elbow out, and tilt your chin slightly down.



03 SWEET LEAN *Inclinación dulce*

Hands on the skirt, lean toward the lens from the waist, and give me your real laugh.

Pro tip Hold the bouquet lower than you think, at the belly button, so it never hides the bodice.



04 FINGERTIP GLANCE *Mirada pensativa*

One hand near your lips, fingers relaxed. Look down, then slowly bring your eyes up to me.



05 OVER THE SHOULDER *Sobre el hombro*

Sit into the fabric, turn your shoulders away, and bring only your face back toward the light.



06 BOUQUET TO THE SKY *Ramo al cielo*

Raise the bouquet with a long arm and follow it with your eyes, like you're toasting your fifteen years.



07 SOFT PROFILE *Perfil suave*

Turn your body away, touch your hair lightly, and let your eyelashes face the lens.



02

THE GOWN

El vestido

You chose this dress for months, so let's show every layer. These poses are built around the skirt, the train and the bow.



08 THE BLOOM *La flor*

Sit down and let the skirt open around you like petals. I shoot from above and you look up.



09 FROM THE BALCONY *Desde arriba*

Stand at the bottom of the stairs, look up to me on the landing, and spread the train behind you.



10 MIRROR MOMENT *Frente al espejo*

Back to the camera, facing a vintage mirror. Your reflection tells the story.

Pro tip I'll arrange the dress and you focus on your face. Your helper resets the train between every frame.



11 THE LONG WALK *El gran paseo*

Walk away slowly and let the train trail. Glance back over your shoulder on my cue.



12 SHOW THE BOW *Luce el moño*

Back to the camera, chin over the shoulder. The bow and the lacing become the hero.



13 STAIRWAY CASCADE *Cascada en escalera*

Stand two steps up, facing away, and let the skirt pour down the staircase.



14 VEIL IN THE WIND *Velo al viento*

Your helper releases the veil on three. Hold your pose and let it fly.



15 CIRCLE OF TULLE *Círculo de tul*

Sit on the grass and we fan the skirt into a full circle. Lean back on one hand and smile.



16 TERRACE SWEEP *Barrida en la terraza*

Use a long, open space. Walk to the railing and let the train stretch the whole frame.



03

FRAMES & PLACES

Escenarios

Doorways, arches, balconies and gardens frame you like a painting. Bring me to a place that means something to you.



17 THE DOORWAY *En la puerta*

Step into an open door, one hand on the frame, and let the light fall across your face.



18 UNDER THE ARBOR *Bajo la pérgola*

Center yourself between two columns, bouquet low, and let the skirt fill the base of the frame.



19 GREEN TUNNEL *Túnel verde*

Stand at the end of a covered path. The arches repeat behind you and pull the eye in.

Pro tip Choose locations with depth, like arches, tunnels or rows of trees. They lead the eye straight to you.



20 BALCONY DAYDREAM *Soñando en el balcón*

Lean on the railing, look out at the view, and let me catch you from behind.



21 BY THE WATER *Junto al agua*

Sit with the skirt toward the camera and turn your face back over your shoulder.



22 A FRIEND IN THE FRAME *Un amigo en la foto*

Horses, dogs and family pets add personality. Touch them gently and keep your face to the light.



23 THE ROYAL RIDE *Paseo real*

Sit side-saddle, spread the gown over the horse, and sit tall like the princess you are.



04

THE SECOND LOOK

Segundo cambio

Short dress, boots, hats and balloons. The second look shows who you are on a normal Saturday, and it's always a favorite.



24 POWER STANCE *Postura de poder*

Feet apart, hands on hips, chin up. Own the frame.



25 CHAIR PLAY *Juego con la silla*

Sit on the edge, cross your legs, and bring a prop to your face.



26 THE KICK-BACK *Pie arriba*

Balloons in one hand, pop one heel up behind you, and laugh.



27 HANDS IN HAIR *Manos en el cabello*

Crouch low, run both hands through your hair, and keep your elbows wide.



28 CHIN IN HANDS *Barbilla en las manos*

Sit on a hay bale, elbows on your knees, and frame your face with both hands.



29 FENCE LEAN *Recargada en la cerca*

Put your shoulder to the fence, cross one boot over the other, and look up.



30 BOOTS FORWARD *Botas al frente*

Sit low with your knees up so the boots lead the frame.



31 STAIR STEP *En la escalera*

Put one foot a step higher, a hand on your hip, and a confident smile.

Pro tip Bring a second outfit. Boots, a short dress or a hat photograph younger and freer, and they give your slideshow variety.



05

FAMILY & FRIENDS

Familia y amigos

Abuelita, mom, the tías, your best friend or your twin. These are the photos that get more precious every year.



32 ABUELA'S BLESSING *La bendición de abuela*

Lean down into her embrace and close your eyes. Let her hold you.



33 THE FAMILY SQUAD *Las tías y mamá*

Bring in mom and the tías for one big, loud, happy frame. Silly faces welcome.

Pro tip Tell me who is coming before the session. I'll save ten minutes for family so nobody gets left out.



34 THE SISTER FIX *Arreglo de hermana*

One fixes the other's hair while you both laugh. A real moment beats a stiff pose.



35 SHARE THE CAKE *Compartan el pastel*

Hold the save-the-date cake between you and turn your shoulders toward each other.



36 CHINS UP *Barbillas arriba*

Lie on your stomachs side by side, chins in your hands, feet kicked up behind you.



37 BACK TO BACK *Espalda con espalda*

Sit back to back on the grass, lean your heads together, and look over at me.

YOUR SESSION CHECKLIST · TU LISTA

READY, SET, XV

Screenshot this page. Check it off the night before your session.

Bring with you

- [ ] Gown, petticoat and crown
- [ ] Bouquet or fresh flowers
- [ ] Second outfit, boots or hat
- [ ] Comfortable shoes for walking
- [ ] Jewelry and your medalla

The day before

- [ ] Nails done in a neutral or matching shade
- [ ] Steam the gown and let it hang
- [ ] Confirm the time and location with me
- [ ] Sleep early and drink water

Day of

- [ ] Hair and makeup done 30 minutes early
- [ ] Eat a light meal before we start
- [ ] A dress helper is on site
- [ ] Emergency kit packed

Ideas to bring

- [ ] Number balloons: 1 and 5
- [ ] A family heirloom or rosary
- [ ] Your last doll (última muñeca)
- [ ] Your horse, dog or favorite place

Agenda tu sesión Already booked her XV? Pick the day and time of her session at audencabello.com/session. Not booked yet? Check your date at AudenCabello.com/contact.







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