MORETTA

FUNCTIONAL HEALTH



Give the gift of health this Christmas

CATALOG · CHRISTMAS EDITION 2026

OUR BRANDS

BESTLIFE · DR. STEVE MORETTA · SŌMATYA — PRECISION FUNCTIONAL HEALTH

morettahealth.com



Dr. Steve Moretta, ND, IHP

METABOLISM · HORMONES · LONGEVITY

In person in Katy and Houston
Virtual worldwide

FOUNDER, PRESIDENT AND CEO

Dr. Steve Moretta

PRECISION FUNCTIONAL HEALTH

Doctor of Naturopathy and Functional Medicine with more than 30 years of experience in health, nutrition and epigenetics. A family experience with cancer awakened his mission: to understand the root causes of chronic disease and to look for solutions at the source.

Today that mission is called **Moretta Functional Health**: a functional health ecosystem that supports you at every stage, through its brands:

BESTLIFE	Supplements for everyday health, since 2009.
SOMATYA	Metabolism, weight and hormones: peptides, GLP-1, lab testing and hormone replacement therapy, under medical supervision.
CAFFARI · SKINCODE	Functional coffee and skin care.

He also educates communities and trains health professionals around the world.

DR. STEVE MORETTA

OUR SCIENCE

Epigenetic and orthomolecular nutrition

How nutrition influences your genes, and how to give every cell what it needs, through three processes:

01 **DNA methylation.** Nutrients that support balanced methylation.

02 **Polyphenols and sirtuins.** Compounds such as resveratrol and the cellular stress response.

03 **Antioxidant response.** Ingredients such as curcumin that support the body's natural defenses.

Contents

One vision of functional health.

BESTLIFE

04 **Digestive, liver and dental**
Power Cleanse · Pro 40B · Enzymm · L-Glutamine+ · LiverPrime · OraBiome

05 **Cardiovascular and immune**
Cardiovida+ · MarineCore · Vita360 · Solara DK · Cellostrum

06 **Antioxidants, joints and superfoods**
TGN+ · Move+ · Moringa · Magnéo · Beehive · Berberine+

07 **Endocrine and brain**
Komplete · H&H · Zmart+ · Lioné

08 **Performance, women and men**
Wynn Performance · Essential · Femnova · Zelva+

09–11 **Medical grade**
Dr. Steve Moretta's professional line

12 **Testimonials**
Families who trust BestLife

13–14 **Packs**
BioCleanse 360 · Cardio · Liver · Brain · Immune Allergen · Daily Essentials · Digestive · Sleep & Calm · Move

15 **Smart Health System**
Total Reset · levels 1 to 5

CAFFARI | SKINCODE™

16 **Caffari and Skincode**
Functional and single-origin coffee · skin and hair care

SŌMATYA

17 **Peptides and medical programs**
Foundation, Precision and Complete · 90-day programs

18 **Real results**
Transformation stories

19 **Christmas gift guide**
Caffari and Skincode Gift Boxes, plus gift ideas

20 **How to order**
Phone, WhatsApp and websites

The color squares show the category of each BestLife product. In the digital version, tap any product to buy it online.

DIGESTIVE



Power Cleanse

FIBER, PROBIOTICS AND HERBS

- Supports natural waste elimination*
- Supports nutrient absorption*
- Helps control appetite*

454 g (16 oz)
In 6 packs **$74.00**

DIGESTIVE



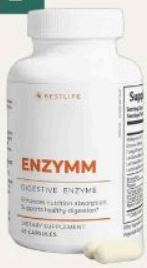
Pro 40B

40 BILLION PROBIOTICS

- Four probiotic strains with prebiotics
- Strengthens natural defenses*
- Supports digestive health*

60 capsules **$65.00**

DIGESTIVE



Enzymm

DIGESTIVE ENZYMES

- Helps break down proteins, fats and carbohydrates*
- Improves nutrient assimilation*

60 capsules **$69.00**

DIGESTIVE



L-Glutamine+

L-GLUTAMINE POWDER

- Supports lean muscle mass*
- Supports cell growth*
- Supports growth hormone release*

98 g (3.46 oz) **$49.00**

LIVER



NEW

LiverPrime™

LIVER HEALTH SUPPORT

- Supports liver health*
- Supports natural detoxification processes*
- Daily liver care formula

60 capsules
Liver Pack · p. 13 **$48.00**

DENTAL



NEW

OraBiome™

CHEWABLES FOR DENTAL AND ORAL HEALTH

- Supports a balanced oral microbiome*
- Helps maintain normal saliva pH*
- Supports tooth protection*

30 chewables **$59.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

CARDIOVASCULAR



Cardiovida+

NITRIC OXIDE, RESVERATROL AND OMEGAS

- Cardiovascular health*
- Immune support*
- Sexual function*
- Antioxidant protection*

Grape · 390 g
In 6 packs **$89.00**

CARDIOVASCULAR



NEW

MarineCore™

OMEGA-3 · EPA 180 MG + DHA 120 MG

- Supports heart health*
- Supports brain health*
- Supports the immune system*

100 softgels
Cardio Pack **$54.90**

IMMUNE



Vita360™

COMPLETE MULTIVITAMIN

- Daily nutritional support*
- Vitamins A, C, D, E and B complex
- With calcium, magnesium, zinc and selenium

60 capsules **$50.00**

IMMUNE



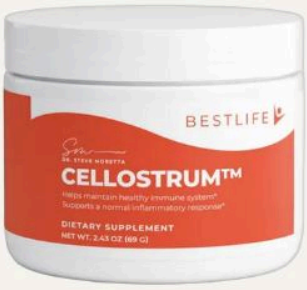
Solara DK™

VITAMIN D3 + K2

- 5,000 IU of D3 and 100 mcg of K2 (MK-7)
- With calcium and BioPerine®
- Supports bones, heart and immune system*

60 veg. capsules
Cardio Pack **$44.90**

IMMUNE



Cellostrum™ powder

BOVINE COLOSTRUM · IMMUNOGLOBULIN G (IGG)

- Contains bovine colostrum, a natural source of IgG
- Helps maintain a healthy immune system*
- Supports a normal inflammatory response*

69 g (2.43 oz)
Smart Health 2–5 **$74.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

ANTIOXIDANTS



TGN+

TURMERIC, GINGER, MSM, QUERCETIN AND BROMELAIN

- Supports a normal inflammatory response*
- Promotes a healthy metabolic response*

Capsules
Liver Pack **$68.00**

JOINTS



Move+

JOINT AND FLEXIBILITY SUPPORT

- Helps maintain healthy cartilage and joints*
- Comfort, support and mobility*

60 capsules **$68.00**

SUPERFOODS



Moringa Pure OP+

MORINGA OLEIFERA EXTRACT

- Helps protect cells from damage*
- Protein, vitamin C, B6, riboflavin and iron

Capsules **$39.00**

SUPERFOODS



Magnéo™

MAGNESIUM GLYCINATE · 275 MG

- Calming effect*
- Bone and joint support*
- Natural sleep aid*

90 capsules **$39.00**

SUPERFOODS



Beehive

BEE BREAD, PROPOLIS AND ROYAL JELLY

- Concentrated powder for health and energy*

30 sachets **$64.00**

SUPERFOODS



Berberine+

BERBERINE

- Supports healthy glucose metabolism*

60 capsules **$59.90**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

SUPERFOODS



Komplete Super Food

ULTRA CLEANSE · GREEN GRASSES, ALGAE, HERBS, FRUITS AND VEGETABLES

- Superfoods and botanical extracts to support energy*
- Organic wheat, barley, oat, rye and kamut grasses
- With spirulina, chlorella and prebiotic fiber (FOS)

Herbs, vegetables and fruits
250 g · 50 servings **$99.00**

ENDOCRINE



H&H

ASHWAGANDHA WITH BLACK PEPPER

- Adaptogen that helps manage stress*
- Supports hormonal balance*

60 capsules **$50.00**

BRAIN



Zmart+

NOOTROPIC FORMULA

- Helps improve mental clarity*
- Supports concentration*
- Supports memory*

60 capsules
Brain Pack **$79.00**

BRAIN



NEW

Lioné™

LION'S MANE · 1000 MG

- Supports memory*
- Supports focus*
- Supports brain health*

60 capsules
Brain Pack **$54.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

PERFORMANCE



NEW

Wynn Performance

PROTEIN SHAKE · CHOCOLATE

- Helps maintain muscle mass*
- Supports post-workout muscle recovery*

Chocolate · 525 g **$69.00**

PERFORMANCE



NEW

Wynn Performance

PROTEIN SHAKE · VANILLA

- Helps maintain muscle mass*
- Supports post-workout muscle recovery*

Vanilla · 480 g **$69.00**

WOMEN



Essential

HAIR, SKIN AND NAILS

- Vitamin B6, folate and biotin
- Promotes hair growth*
- Strengthens nails*

60 capsules **$65.00**

WOMEN



Femnova™

FEMALE HORMONAL BALANCE

- Supports menstrual health*
- Promotes well-being during menopause*
- Helps maintain a healthy endocrine system*

60 capsules **$64.00**

MEN



Zelva+

FORMULA FOR MEN

- Energy support*
- Helps with stamina*
- Vitality and sex drive*

60 capsules **$65.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.



Medical grade

DR. STEVE MORETTA

Professional formulas selected by Dr. Steve Moretta. Professional quality to support your well-being, with guidance from your Functional Health Coach.



GSH Bioavailable

REDUCED GLUTATHIONE

- Broad-spectrum antioxidant support*
- Helps neutralize free radicals*

60 capsules
SHS 4–5 **$79.50**

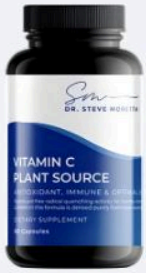


NAC Xcel+

N-ACETYL CYSTEINE

- Supports optimal liver function*
- Supports respiratory health*

Capsules **$54.00**



Vitamin C Plant Source

PLANT-BASED VITAMIN C

- Helps neutralize free radicals*
- Healthy immune support*

Capsules **$59.00**



NAD+

CELLULAR WELL-BEING

- Healthy aging*
- Normal cellular function*
- Cardiovascular health*

60 capsules
SHS 5 **$79.00**



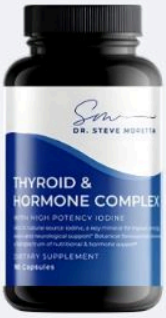
MMC

MINERAL DROPS

- Whole-body mineral health*
- Helps alkalize your water

2 fl oz
SHS 4–5 **$59.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

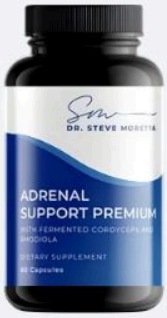


Thyroid & Hormone Complex

HIGH-POTENCY IODINE

- Supports thyroid, energy and brain*
- Nutritional and hormonal support*

Capsules **$79.00**

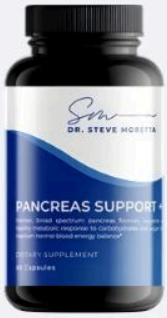


Adrenal Support Premium

FERMENTED CORDYCEPS AND RHODIOLA

- Adrenal function support*

Capsules **$74.00**



Pancreas Support+

BROAD-SPECTRUM FORMULA

- Healthy metabolic response to carbohydrates and sugar*
- Normal energy balance*

Capsules **$74.00**

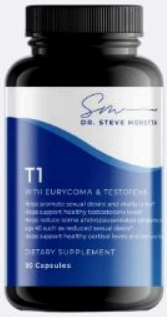


Metaglucox

BLOOD SUGAR BALANCE

- Helps maintain healthy glucose levels*
- Supports a healthy metabolism*

120 capsules
Smart Health 3–5 **$69.00**



T1

WITH EURYCOMA AND TESTOFEN®

- Supports sex drive and vitality*
- Supports healthy testosterone levels*

90 capsules **$98.00**



Fermented Melatonin

CULTURED WITH PROBIOTICS

- Helps you fall asleep and stay asleep*
- Supports the brain and immune system*

Drops **$54.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

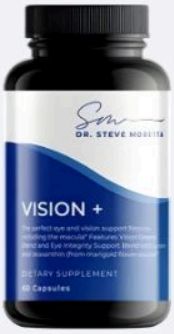


Fermented B Complex

FERMENTED PROBIOTIC DROPS

- Supports liver, brain and energy*

2 fl oz
SHS 5 **$79.00**



Vision+

LUTEIN AND ZEAXANTHIN

- Supports vision and macular health*

Capsules **$79.00**



Blue Cell+

COGNITIVE WELL-BEING

- Promotes cognitive well-being*

2 fl oz (60 ml)
Brain Pack · SHS 4–5 **$45.00**



Zeox+

EXTRA-STRENGTH FORMULA

- Natural detoxifier*
- Humic and fulvic acid · vegan

1 fl oz (30 ml)
BioCleanse 360 **$59.00**



Vermé

BLACK WALNUT, WORMWOOD, CLOVE AND OREGANO

- Herbal formula for intestinal cleansing*

2 fl oz (59 ml)
BioCleanse 360 **$49.00**

PERSONALIZED GUIDANCE

Not sure which to choose? Your Functional Health Coach will guide you.

WhatsApp +1.346.244.3171
Phone 1.888.400.1257

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

BESTLIFE FAMILIES

Improving lives



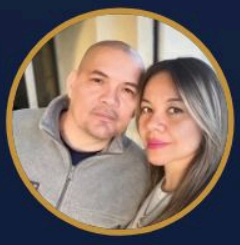
"We have used BestLife products as a family for the last 16 years... We fully trust the company, its philosophy and the quality of every formula.

Pedro Ortiz · Texas, USA



"We have used BestLife products for the last 16 years and, thanks to them, we have kept our family's health at an optimal level... We are deeply grateful for the support we received and for the quality and consistency of BestLife products.

Wilson & Anita · Ecuador



"BestLife is not just a line of supplements, it is a way to live better.

Wilfer & Jennifer Martínez · Texas, USA



"My family and I have used BestLife products for more than a decade... That is why we trust BestLife and keep choosing its products as part of our lifestyle.

Paola Gallagher · Kentucky, USA

Real customer testimonials, translated from Spanish. Individual experiences vary. *These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

DR. STEVE MORETTA'S COMBINATIONS

Packs

BESTLIFE

CLEANSE
BioCleanse Pack 360



Power Cleanse



Vermé



Zeox+

3 products · cleanse* **$145.35**

HEART
Cardio Pack

NEW



Cardiovida+



MarineCore™



Solara DK™

3 products · heart* **$179.36**

LIVER
Liver Pack

NEW



LiverPrime™



Komplete



Berberine+

3 products · liver* ~~$206.90~~ **$157.50**

BRAIN
Brain Pack

NEW



Zmart+


Blue Cell+



Lioné™

3 products · focus* ~~$178.00~~ **$160.20**

IMMUNITY
Immune Allergen Pack

NEW


TGN+



Vitamin C



Solara DK™



Cellostrum™

Quercetin, vitamin C, vitamin D3 + K2 and bovine colostrum with IgG: support a healthy, balanced immune system.*

4 products ~~$245.90~~ **$221.31**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

DR. STEVE MORETTA'S COMBINATIONS

Essential packs

BESTLIFE

Combinations for the most common needs, with 10% savings.

Your Functional Health Coach helps you choose the right pack for you.

DAILY WELLNESS Daily Essentials Pack

NEW



Vita360



MarineCore



Solara DK



Magnéo

Multivitamin, omega-3, vitamin D3 + K2 and magnesium: the daily foundation for your energy, heart, bones and rest.*

4 products ~~$188.80~~ **$169.92**

DIGESTION Digestive Pack

NEW



Pro 40B



Enzymm



L-Glutamine+

40-billion probiotics, digestive enzymes and L-glutamine: support digestion and gut health.*

3 products ~~$183.00~~ **$164.70**

REST Sleep & Calm Pack

NEW



Magnéo™



H&H


Fermented Melatonin

Magnesium, ashwagandha and fermented melatonin: support relaxation, stress management and restful sleep.*

3 products ~~$143.00~~ **$128.70**

MOBILITY Move Pack

NEW



Move+


TGN+



MarineCore™

Joint support, turmeric with quercetin and marine omega-3: support mobility, flexibility and a normal inflammatory response.*

3 products ~~$190.90~~ **$171.81**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

DR. STEVE MORETTA'S SIGNATURE PACK

Smart Health System

Total Reset

BESTLIFE

> *"I designed the Smart Health System as my go-to protocol: five levels that build on one another, to support you step by step."*
>
> DR. STEVE MORETTA

Choose your level with your Functional Health Coach: each level includes everything in the previous one and adds new products.

PRODUCT	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
 Power Cleanse	✓	✓	✓	✓	✓
 Cardiovida+	✓	✓	✓	✓	✓
 Cellostrum™ powder	–	✓	✓	✓	✓
 Metaglucox	–	–	✓	✓	✓
 Blue Cell+	–	–	–	✓	✓
 MMC	–	–	–	✓	✓
 GSH Bioavailable	–	–	–	✓	✓
 NAD+	–	–	–	–	✓
 Fermented B Complex 2 fl oz	–	–	–	–	✓
Products included	**2**	**3**	**4**	**7**	**9**
Retail price	**$154.85**	**$225.15**	**$327.75**	**$468.83**	**$599.93**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

CAFFARI BY BESTLIFE · MEDIUM ROAST

Single-origin and functional coffee

CAFFARI



GROUND

Vitality Mushroom

MEDIUM ROAST ●●●○○

With lion's mane and chaga. Chocolate flavor with earthy notes, for energy and focus.*

340 g (12 oz) **$39.00**



INSTANT

Mushroom Fuse

MEDIUM ROAST ●●●○○

Instant coffee with mushrooms, ready in seconds.

54 g (1.9 oz) **$49.00**



WHOLE BEAN

Golden Nut Toffee

MEDIUM ROAST ●●●○○

Single origin from Brazil. Notes of roasted peanut, milk chocolate and honey. 100% arabica.

340 g (12 oz) **$39.00**

SKINCODE BY BESTLIFE

Skin and hair care

SKINCODE™ by BESTLIFE



TALLOWÉ

GRASS-FED TALLOW BALM

Nourishes and hydrates with vitamins A, D, E and K. Lemongrass and lavender.

56 g (2 oz) **$44.00**



SKIN FIRMING CREAM

HYALURONIC ACID + COQ10

With DMAE; revitalizes the look of skin for a more youthful appearance.

56 g (2 oz) **$54.00**



PEPTIDE EYE GEL-CREAM

EYE CONTOUR

Reduces the look of puffiness and expression lines. With peptides.

30 ml (1 fl oz) **$59.00**



GROW+

PEPTIDE HAIR SERUM

Peptides and botanicals that nourish the scalp and enhance hair.

30 ml (1 fl oz) **$69.00**

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

SŌMATYA
PRECISION FUNCTIONAL HEALTH



MEDICAL PROGRAMS

Peptide therapy, lab testing, personalized supplementation therapy and hormone replacement therapy†

Three personalized 90-day Somatya programs. Yours is defined by your assessment and clinical analysis, under the supervision of licensed medical providers.

OUR PROGRAMS

SOMATYA ●○○

Foundation

The foundation to start your transformation.

90-day program

SOMATYA ●●○

Precision

More personalization based on your results.

90-day program

SOMATYA ●●●

Complete

Our most comprehensive program.

90-day program

ALL PROGRAMS INCLUDE

Coaching
Professional follow-up of your progress

Nutrition protocol
Personalized meal plan

Supplementation plan
Personalized to your assessment

MEPH
Mental, emotional and physical well-being

Somatya app
Your progress in one place

HOW IT WORKS

1. Metabolic assessment at somatya.com → 2. Clinical analysis and lab testing → 3. Your personalized program

BOOK YOUR METABOLIC ASSESSMENT

somatya.com

Also explore the full line of Somatya supplements

SŌMATYA
PRECISION FUNCTIONAL HEALTH

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.

†Lab testing, hormone replacement therapy and prescription medications are only available after an evaluation by an independent licensed healthcare provider, who decides whether a treatment is appropriate; not everyone qualifies. Compounded medications are prepared for each patient by licensed 503A pharmacies; they are not FDA-approved, the FDA does not evaluate their safety, effectiveness or quality, and they are not generic versions of or equivalent to approved medications. All medications carry risks and possible side effects. Results vary. Somatya is not a pharmacy or a medical provider; clinical services are provided by independent medical providers, identified in the program's clinical documents.

SŌMATYA
PRECISION FUNCTIONAL HEALTH

TRANSFORMATION STORIES

Real results

Commitment, professional support and a personalized plan.





WEIGHT LOST

−210

POUNDS

Personalized program





WEIGHT LOST

−86.4

POUNDS

Somatya program

◆ HEALTH ◆ ENERGY ◆ STRENGTH ◆ WELL-BEING

Real testimonials, used with the participants' permission; photos and weights provided by them. Their results were achieved with a personalized plan that included professional supervision, a nutrition protocol and lifestyle changes. **These results are not typical:** most people lose less weight, and results vary from person to person. Consult a health professional before starting any program. More information at somatya.com.

CHRISTMAS GIFT GUIDE

Give the gift of health this Christmas



CAFFARI Gift Box

Three functional coffees: Vitality Mushroom, Mushroom Fuse and Golden Nut Toffee. The perfect gift for coffee lovers.

~~$127.00~~ **$114.30**

LIMITED EDITION · CHRISTMAS 2026

SKINCODE™ Gift Box

A complete facial ritual: Skin Firming Cream, Peptide Eye Gel-Cream and Tallowé. Firmness, eye contour and deep hydration.

~~$157.00~~ **$141.30**

LIMITED EDITION · CHRISTMAS 2026



MORE GIFT IDEAS

FOR A HEALTHY FRESH START

Daily Essentials Pack

$169.92 See p. 14 →

FOR SOMEONE WHO NEEDS REST

Sleep & Calm Pack

$128.70 See p. 14 →

FOR A HEALTHY HEART

Cardio Pack

$179.36 See p. 13 →

FOR THOSE ALWAYS ON THE GO

Move Pack

$171.81 See p. 14 →

Order early to receive it before December 25. Gift Boxes and packs with 10% savings. *These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.



How to order

MORETTA
FUNCTIONAL HEALTH

BESTLIFE

ORDER YOUR PRODUCTS

Supplements, packs, Caffari and Skincode.

vidabestlife.com

SŌMATYA
PRECISION FUNCTIONAL HEALTH

METABOLIC ASSESSMENT

Somatya line and personalized medical programs.

somatya.com

MORETTA
FUNCTIONAL HEALTH

MEET DR. MORETTA

Our philosophy, services and all our brands.

drmoretta.com

SCAN TO FIND ALL OUR LINKS

morettahealth.com

Stores, programs, social media and more, all in one place.



CUSTOMER SERVICE

Questions? Your Functional Health Coach helps you choose and place your order.

PHONE 1.888.400.1257 WHATSAPP +1.346.244.3171



PROFESSIONALS AND WELLNESS CENTERS

Are you a health professional, or do you own a wellness center, gym or spa? Find out how to become an Elite Affiliate.

We ship to 41 countries and Puerto Rico

Prices in USD; international shipping is quoted by country. Availability of some products varies by country.

*These statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease. Consult your doctor before using any supplement.