

Come home to **Pick n Play**

The Fresh Food People.

Penny
Gets it!
AI ASSISTANT
IN YOUR POCKET
AVAILABLE NOW IN-APP



Promotion Valid 19 - 25 October 2026

Bulk Vacuum Packed Rump Steak

169⁹⁹ per kg

no name™ Fresh Chicken Mixed Portions 10s

64⁹⁹ per kg

PnP All Purpose Potatoes 2kg, Tomatoes 1.5kg, Gem Squash 2kg V and Green Peppers 800g

BUY ALL 4 R140

LANCEWOOD CHEDDAR

Regular Price **136⁹⁹**

99⁹⁹

SMART SHOPPER PRICE

Lancewood Cheese Assorted 600g Each

LANCEWOOD DOUBLE CREAM PLAIN YOGHURT

Regular Price **79⁹⁸**

BUY ANY 2 R50

SMART SHOPPER PRICE

Lancewood Double Cream Yoghurt Assorted 500g

PnP Golden Delicious Apples 1.5kg, Bananas Prepack and Queen Pineapple Prepak

BUY ALL 3 R90

Try our, crumbed chicken range.

PnP Crumbed Chicken Burger 400g

BUY 2 FOR 69⁹⁹

PnP Crumbed Chicken Strips 400g

BUY 2 FOR 74⁹⁹

PnP Crumbed Chicken Schnitzel 600g

BUY 2 FOR 109⁹⁹

Everyday Staples for Every Family.

BUY ALL 3 49⁹⁹

SMART SHOPPER PRICE

Blue Ribbon Classic White Sliced Bread 700g, PnP Full Cream or Low Fat Fresh Milk Assorted 2 Litre and PnP no name™ Eggs Large 6s. Ts and Cs apply.

WAYS TO SHOP

get it delivered. **Pick n Play asap!**

Picked fresh by us. Also delivered by **MR D**

Instant savings **plus points.**

SMART SHOPPER

SHOP NOW pnp.co.za

BUY 2 FOR R 60
PnP Starking or Cripps Red Apples 1.5kg

Ask me about the fruit of the day.

BUY 3 FOR R 30
PnP Kiwi

BUY 2 FOR R 35
PnP Queen Pineapple

BUY 2 FOR R 55
PnP Blueberries on the Run

BUY ANY 2 SAVE R10
PnP Dessert Peaches or Nectarines Prepack

BUY ANY 2 SAVE R10
PnP Cut Fruit Sharing or For Me Assorted

Fresh picks, great value.

BUY 2 SAVE R10
PnP Chopped Mixed Mushrooms 400g

BUY ALL 4 R 130
PnP White or Brown Tortilla 6s, Chicken Stir Fry 400g, Ripe & Ready Avocado 2s & Rainbow Coleslaw Mix 300g

BUY ALL 4 R 120
Beef or Chicken Stir Fry 350g/400g, Stir Fry Noodles Assorted 250g, Stir Fry Sauce Assorted 100g and Stir Fry Veg Assorted 400-420g

BUY 3 FOR R 30
PnP Loose Avocado

Try me, I'm NEW

139⁹⁹
PnP Begonia 14cm

139⁹⁹
PnP Templo Bouquet

139⁹⁹
PnP Fresh Fynbos Posy 40cm

139⁹⁹
PnP Roses 14cm

129⁹⁹
PnP Fuschia Pot Plant

199⁹⁹
PnP Arum Lily 14cm

189⁹⁹
PnP Protea Bunch

SHOP NOW
pnp.co.za

**Your braai,
starts here.**

84⁹⁹
per kg

PnP Fresh
Chicken
Drumsticks 6s
or Wings 12s



65⁹⁹
per kg

PnP Fresh
Whole Chicken
in Tray



89⁹⁹
per kg

Bomb Squad
Bulk Oukraal
Wors



89⁹⁹
per kg

Pork Spare
Ribs Marinated
or Plain



Ask me how to
cook the tastiest
chicken roast?



159⁹⁹
per kg

PnP Lamb Pack
Consists of
Chops, Ribs
and Stew Cuts



**BUY ANY 2
SAVE
20%**

PnP Smoked Pork Cuts
Assorted Per kg



69⁹⁹
per kg

Bulk Pork
Braai Chops



129⁹⁹
per kg

Bulk Club and T-Bone
Steak Pack



R 45

PnP Chicken Stir Fry
400g



98⁹⁹
per kg

PnP Grabouw or Chakalaka
Chicken Wors

SHOP NOW
pnp.co.za



Regular Price **37⁹⁹**
29⁹⁹
SMART SHOPPER PRICE

PnP Gypsy Ham, Hickory Ham
or Peppered Ham 125g Each



Regular Price **99⁹⁹**
89⁹⁹
SMART SHOPPER PRICE

Cheese Grillers 650g
Each



Regular Price **67⁹⁹**
59⁹⁹
SMART SHOPPER PRICE

PnP Sliced
Pastrami 125g



Regular Price **43⁹⁹**
34⁹⁹
SMART SHOPPER PRICE

PnP Sliced Luncheon Loaves
Assorted 200g Each



119⁹⁹

Breco Braai Snoek 1kg



149⁹⁹

PnP Fishmonger's
Vannamei
Prawns 700g



Regular Price **79⁹⁹**
64⁹⁹
SMART SHOPPER PRICE

PnP Beef Sausage
Rolls 24s



**BUY ANY 2
R150**
SMART SHOPPER PRICE

Rana Filled Pasta
Assorted 250g

**Now pick
ANY 2
pizzas from
our range for
R125**
SMART SHOPPER PRICE

White stock last. Offer subject to availability. Ts & Cs & limits apply. Deal applies to any 2 PnP n Pay pizzas. Full Range.

PROMOTION VALID EVERY THURSDAY TO SUNDAY

MAKE EVERY DAY A BOERIE DAY.

*Game Time Wors 6 x 120g per pack and PnP Hotdog Rolls 6s.

R93
R70
SMART SHOPPER PRICE

PROMOTION VALID EVERY DAY OF THE WEEK. While stocks last. Offer subject to availability. Ts & Cs & limits apply.

**BRING HOME 2
CHICKENS* JUST R170**

*PnP Rotisserie Whole Chicken Assorted

R199
R170
SMART SHOPPER PRICE

PROMOTION VALID EVERY SATURDAY & SUNDAY Ts and Cs apply.

18⁹⁹
PnP Sour Bread 400g

18⁹⁹
PnP Ciabatta 400g

18⁹⁹
PnP Butter Flavour Bread 600g

25⁹⁹
PnP Banana Bread 300g

22⁹⁹
PnP Dessert Topped Buns 6s

99⁹⁹
PnP Chocolate or Coffee Flavoured Gateau Cake Each

44⁹⁹
PnP Garlic & Parsley or Cheese & Onion Baguette 250g Each

18⁹⁹
PnP Yellow Raisin Bread 600g

Ask me for the freshest bakes?

Freshly baked.

14⁹⁹
Dewfresh Greek Yoghurt Assorted 175g Each

BUY ANY 3 R25
Dewfresh Fun-Yo Drinking Snack Assorted 200ml

32⁹⁹
Dewfresh Full Cream Yoghurt Assorted 1kg Each

32⁹⁹
Dewfresh Full Cream Yoghurt Assorted 1kg Each

39⁹⁹
Dewfresh Greek Yoghurt Assorted 650g Each

36⁹⁹
Dewfresh Fun-Yo Dairy Snack Assorted 2kg

37⁹⁹
Dewfresh Double Cream Yoghurt Assorted 1kg Each

37⁹⁹
Dewfresh Double Cream Yoghurt Assorted 1kg Each

Creamy goodness every day.

SHOP NOW pnp.co.za

Come home to **Pick n Pay**

SMART SHOPPER BURGER FRIDAY.

Get these 5 ingredients:

Regular Price **R124**

R100

SMART SHOPPER PRICE

R100 deal is unlimited. While stocks last. T's and C's apply.

Pick n Pay

VALID 19 - 25 OCT 2026

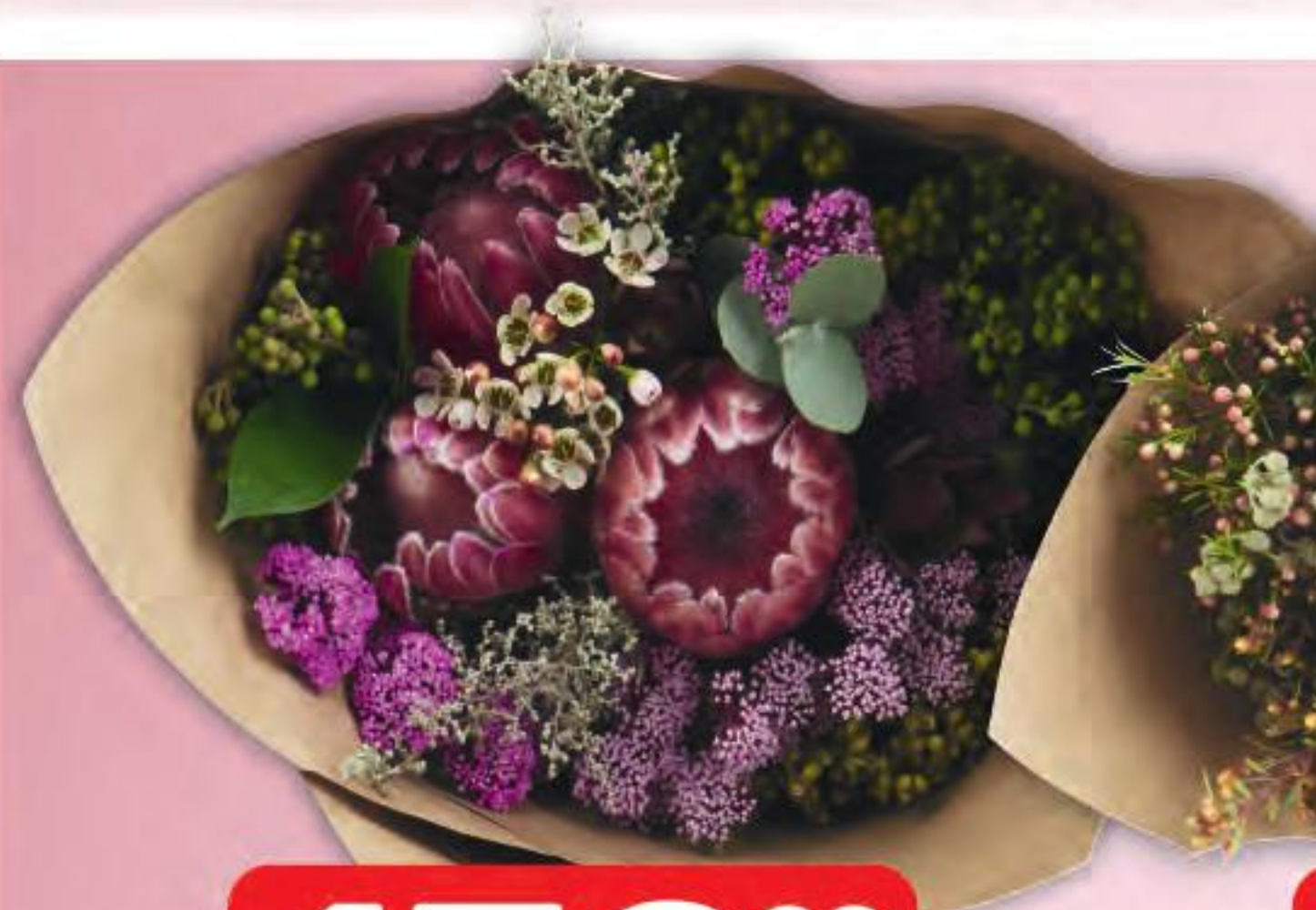
Only available at Pick n Pay Supermarkets, Hypermarkets and Mini Markets in Gauteng, North West, Mpumalanga, Limpopo, Northern Cape and Free State - Welkom, Loch Logan, Local Ficksburg, Lemo Mall, Potchefstroom, Noordstad, Rooydene, Dikheiberg Mall Bethlehem, Canal Crossing, Langenhoven Park, Parys, Virginia, Uptington, Family Odendaalsrus, Family Kroonstad, Kimberley, Mangaung, Local Bloem Plaza, Local Bloemgate, Galeshewe-Kimber, Family Rhodesdene, Viljoenskroon, Henneman, Showgrounds Bloemfontein, Postmasburg, Family Vryburg, Family Kuruman Two, Matlosana Mall, Family Vanderhof Park, Family Preller Walk Mall, Family Songloed, Family Towers at Langenhoven, Family Kathu, Family Wolmaransstad, Paalstad, Family Hoopstad and Family Reizis Square. Promotional stocks are limited. Limitations per customer may apply. Prices include VAT, where applicable. Smart Shopper prices are available to registered Smart Shoppers. Please visit smartshopper.pnp.co.za to register your card and update your details. Smart Shopper terms and conditions apply. No traders. E&OE. Excluding Express Stores. Selected products may not be available at all stores. Selected products have been styled for photography. Visit www.picknpay.co.za, or call 0860 30 30 30. Call phone rates apply.

Pick n Pay goes

PINK for October

Pick n Pay

In proud support of National Breast Cancer awareness month.



139⁹⁹

PnP Fresh Fynbos Posy 40cm



189⁹⁹

PnP Protea Bunch



32⁹⁹

PnP Pink Lady Apples 1kg



36⁹⁹

PnP Sliced White Mushrooms 250g



36⁹⁹

PnP Sliced Portobellini Mushrooms 250g



42⁹⁹

PnP Bananas Box 1.2kg

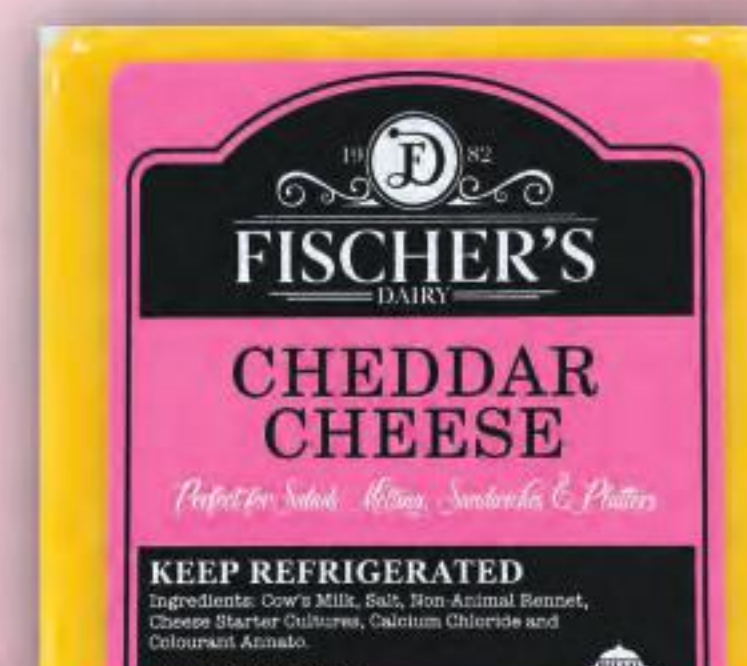


Regular Price **35⁹⁹**

29⁹⁹

SMART SHOPPER PRICE

no name™ Fat Spread Lite 1kg Tub



Regular Price **29⁹⁹**

26⁹⁹

SMART SHOPPER PRICE

Fischer's Dairy Cheddar Assorted 180g Each



Regular Price **46⁹⁹**

39⁹⁹

SMART SHOPPER PRICE

Canola Margarine Assorted 1kg Tub Each



Regular Price **137⁹⁹**

89⁹⁹

SMART SHOPPER PRICE

Fischer's Dairy Cheese Assorted 700g Each (Excludes Mature Cheddar)



29⁹⁹

SMART SHOPPER PRICE

Clover Fresh Milk Jug or Ultra Pasteurised Assorted 2 Litre Each



37⁹⁹

SMART SHOPPER PRICE

PnP Double Cream Plain Yoghurt 1kg



BUY ANY 2 R 69

SMART SHOPPER PRICE

Clover Double Cream Plain or Fruits of the Forest Full Cream Yoghurt Assorted 1kg



Regular Price **36⁹⁹**

29⁹⁹

SMART SHOPPER PRICE

Clover Fresh or Sour Cream 250ml Each



Regular Price **36⁹⁹**

27⁹⁹

SMART SHOPPER PRICE

Danone Ultra Mel Delight Assorted 4 x 100g Each

SHOP NOW
pnp.co.za

Seafood for the win!

From juicy prawns to tasty mussels, bring a little taste of the coast to your table! Perfect for sharing, easy to prepare and oh-so-delicious.



36⁹⁹

Breco Shrimps 240g



107⁹⁹

Breco Haddock Fillet 500g



79⁹⁹

PnP Fishmonger's Local West Coast Mussel Meat 400g



82⁹⁹

PnP Fishmonger's Calamari Rings 400g



106⁹⁹

Breco Prawn Meat 20/40 400g



122⁹⁹

PnP Fishmonger's Pink Prawn Tail Cut and Deveined 350g



179⁹⁹

Breco Vannamei Prawns 26/30 - 700g



199⁹⁹

Breco Vannamei Prawns with Heads on 16/20s 700g

MARKET DAY WEDNESDAY

Valid only Wednesday, 21 October 2026



R15

PnP Cabbage
Head



39⁹⁹

PnP Nectarines
Pre Pack



PnP Smoked
Cheese Griller 375g



109⁹⁹
per kg

Bulk Tenderised Beef Steak



99⁹⁹
per kg

Bulk Stewing Beef Bone-in



49⁹⁹

PnP Ring
Doughnuts 6s



Regular Price **89⁹⁸**
BUY 2 FOR R60
SMART SHOPPER PRICE

D'Lite 37% Fat
Spread 1kg



Regular Price **299⁹⁸**
BUY ANY 2 R240
SMART SHOPPER PRICE

Clover Cheese
Assorted 800g