

Reflections... SEPTEMBER 2026



Miller Center Senior Transportation



**WALK
for a
RIDE** 2026

**SEPTEMBER 15, 2026
5:00 CHECK-IN
5:30 WALK
PEKIN PARK LAGOON**

Register at Miller Center

\$30

PROCEEDS GO DIRECTLY TO
MILLER CENTER SENIOR TRANSPORTATION

★ YOUR DONATIONS STAY LOCAL! ★



MILLER CENTER DRIVERS

2026 WALK FOR A RIDE SPONSORS



John M. Evans
Supportive Living Community
Pekin, IL



OSF
HEALTHCARE

EXERCISE
with Ann



Liberty Village
of Pekin

BuseyBANK
Business | Wealth Management | Personal



Reflections
A MEMORY CARE RESIDENCE
by the Villas of Holly Brook
Alzheimer's & Dementia Specialty Care

aetna

ILLINOIS eye
CENTER

CEFCU

Charter
SENIOR LIVING, LLC
Enhancing the Human Spirit

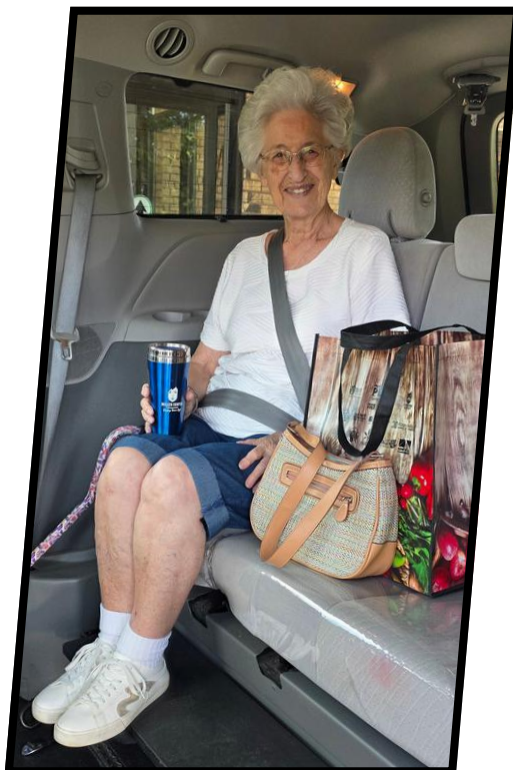


HIGH POINT
RESIDENCE
PEORIA



Vonderheide
Floor Coverings Co.

Integrity Plus Financial Solutions



RUTH MORRISON
MILLER CENTER RIDER

www.pekinparkdistrict.org/facilities/miller-center/

facebook.com/pekinmillercenter

pekinparkmillercenter@gmail.com

MILLER CENTER - 309-346-5210 - 551 S. 14TH ST - PEKIN, IL. 61554

MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

MILLER CENTER MAJOR SPONSORS

- 50 + News & View
- AETNA
- Busey Bank
- Charter Senior Living
- CEFCU
- Don Sarff Insurance
- Golden Tours
- John Evans Supportive Living
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- nuEra
- OSF HealthCare
- Preston-Hanley Funeral Home
- United Way of Pekin
- Villas of Holly Brook Pekin

COMMUNITY SUPPORTER - CARLE HEALTH

MILLER CENTER SENIOR TRANSPORTATION SERVICE

Monday - Friday * 8:00 - 4:00 * 309.346.5210

IN TOWN (PEKIN)	OUT OF TOWN
\$4 per stop	\$11 per stop
Wheelchair transport \$15 per stop	Wheelchair transport \$25 per stop

- Doctor Appointments
- Grocery Stores
- Hair Appointments
- Miller Center
- Banks
- and more!

These are suggested donations. No one is turned away for inability to pay. Miller Center Transportation is partially funded by The United Way of Pekin.



NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called ***New Day Senior Services*** to help identify available services and resources for you. Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**



*Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the **2nd Monday of the month at noon.***

SPECIAL EVENTS

Power of Age Expo 2026 monthly lunch and learn series.



The Power of Age Expo 2026

CHANGING THE CONVERSATION ON AGING
HOT TOPICS • LOCAL VENDORS • LUNCH
MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

REGISTER NOW

309.346.5210

*****Registration Limited**

*cancellation before the Monday of the Expo Week will
be moved to the next month*

\$B
per person

SEP
22ND

Presented by:

Ryan, Walgreens Pharmacy Operations

**“Vaccines & Prescriptions
What You Need to Know”
Vaccine Clinic**



OCT
27TH

Presented by:

Sunny Pearson, Age Central

**“No Tricks, Just Treats! -
Age Central Senior Services**

NOV
24TH

Presented by:

Ron Tyler, Family Core

**“Anger & You - Don’t
Be Mad”**

AARP
SMART DRIVER
SAFETY COURSE

September 28th & 29th
8:30 AM - 12:30 PM
2 day course, must attend both days

REGISTER TODAY!



ROAD TRIP!

HERE'S WHAT'S HAPPENING

Walking & Wildlife at



**MILLER PARK
ZOO**

EST. 1891

Join us for a fun morning trip to Miller Park Zoo! We'll take the small bus from Miller Center in Pekin to Bloomington. Grab your coffee and join other seniors for a brisk morning walk through the zoo grounds while learning about the amazing animals. Our tour guide will highlight two different animals and share interesting facts about them. After our walk, we'll enjoy breakfast together. Breakfast is on your own.

Wednesday, September 9th

Bus Leaves: 7:30 AM

~Space is limited~

Register at Miller Center Front Desk

• \$30 per person

• Walking Club Members: \$25

Price includes transportation and zoo admission.

Come walk, learn, and enjoy a morning of fun and friendship!

**Next STOP
Thrift SHOP**

Seats are limited!

\$25 activity fee

payment due at registration

Bus leaves @ 9:00

unless otherwise noted



Thursday, September 17th

Fairbury / Gridley

**Bus leaves at 8:45*

Wednesday, October 21st

Riders Choice

Vote for your favorite trip when you sign up

Wednesday, September 30th

Galesburg

Lunch at Judy's Family Cafe

Thursday, November 5th

Peoria Area



FLEECE

**DONATIONS
NEEDED**

Can you help??

Fleece & Thank You Event

In November, we will be making **No Sew Fleece Blankets** to donate to patients at the **Pekin Illinois Cancer Care**.

AT THE MILLER CENTER

NOW SHOWING

SHOW TIME 1:00 PM

ADMISSION: \$3

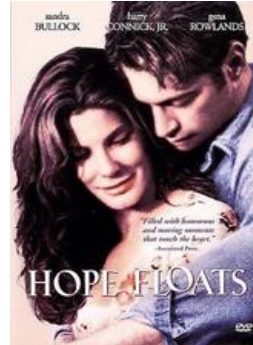
Includes movie & popcorn!

September 4th
The Sheep Detectives



September 11th
9 to 5

September 18th
Hope Floats



September 25th
Eat Pray Love



Technology Classes

At the Miller Center

You can register at Miller Center
OR SCAN QR code:



SENIOR PLANET
FROM AARP

AARP
Illinois

September - Navigating Medicare Resources Online

Summary: Medicare is a complex topic, but there are online resources to help! In this lecture, we'll discuss ways to find information about Medicare online. We'll explore medicare.gov and an example private insurance website to learn about the tools and resources they offer. You'll learn how to navigate these websites confidently to find what you need, including using the search bar and Chat features. We'll also introduce the State Health Insurance Assistance Program, or shiphelp.org, which is a great resource for getting trusted 1:1 guidance on Medicare. Please note that this lecture focuses on how to find reliable information on Medicare and does not provide advice on Medicare enrollment or plans. Registration is required, and light snacks will be provided.

Date/Time: Wednesday, September 30, 2026, at 12:00 pm – 1:00 pm

Online Registration: <https://events.aarp.org/kdOExK>

October - Intro to Estate Planning Tools & Resources

Summary: Estate planning may sound intimidating or something that requires a lot of resources. Creating an estate plan just means making sure that your health, finances, and anything you own is handled according to your wishes. In this case, a simple plan is better than no plan! In this lecture, you'll get an overview of some common documents found in an estate plan. We'll also cover some free or low-cost resources and digital tools to help you get started with a simple estate plan. Registration is required, and light snacks will be provided.

Date/Time: Wednesday, October 28, 2026, at 12:00 pm – 1:00 pm

Online Registration: <https://events.aarp.org/EstatePlanningPekin>

Monday

Tuesday

Wednesday

 — Stanley Horowitz	1 8:30 Wood Carvers 9:00 NUERA BUS TRIP to East Peoria 10:30 Pinochle Tournament w/ Lincoln Oasis 9:30 Matter of Balance 9:30 BINGO 10:00 Walking Club+ 12:30 Dominoes	2 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:30 Dartball 2:00 Northlight Writing Class
7 * HAPPY * LABOR DAY MILLER CENTER CLOSED	8 8:30 Wood Carvers 9:30 Matter of Balance 9:30 BINGO 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes 1:00 PAINT DAY	9 7:30 MILLER PARK ZOO TRIP 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:30 Dartball 2:00 Alzheimer Support Group 2:00 Northlight Writing Class DINE OUT! 
14 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	15 8:30 Wood Carvers 9:30 Matter of Balance 9:30 BINGO 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes   WALK RIDE 	16 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:30 Dartball 1:00 Book Club 2:00 Northlight Writing Class 7:00 Bottle Collectors
21 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	22 POWER OF AGE EXPO 8:30 Wood Carvers 9:00 Matter of Balance 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes	23 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:30 Dartball 2:00 Northlight Writing Class
28 8:30 AARP DRIVER SAFETY 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	29 8:30 AARP DRIVER SAFETY 8:30 Wood Carvers 9:30 Matter of Balance 9:30 BINGO 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes	30 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:00 Digital Literacy Class 12:30 Dartball 2:00 Northlight Writing Class THRIFT TRIP 

Thursday

Friday

Sat/Sun

3 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 <i>see page 10</i> 12:30 Hand & Foot 6:00 Lapidary	4 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group 10:15 Exercise w/ Ann 12:30 Euchre 1:00 Movie - The Sheep Detectives POPCORN FRIDAY	5  6
10 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 <i>see page 10</i> 12:30 Hand & Foot 6:00 Lapidary 7:00 Square Dance	11 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group 10:15 Exercise w/ Ann 12:30 Euchre 1:00 Movie - 9 to 5 POPCORN FRIDAY	12   13
17 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 <i>see page 10</i> 12:30 Hand & Foot 6:00 Lapidary THRIFT TRIP	18 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group 10:15 Exercise w/ Ann 12:30 Euchre 1:00 Movie - Hope Floats POPCORN FRIDAY	19 20
24 8:30 Wood Carvers 9:15 CapTel Presentation 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 <i>see page 10</i> 12:30 Hand & Foot 6:00 Lapidary 7:00 Square Dance GOLDEN TOURS DAY TRIP	25 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group 10:00 ROCKING WITH RUBY 12:30 Euchre 1:00 Movie - Eat Pray Love POPCORN FRIDAY	26 27

September

2026

hello FALL

GAMES & FUN



CARD GROUPS

Activity Fee: \$3

DOUBLE PINOCHLE

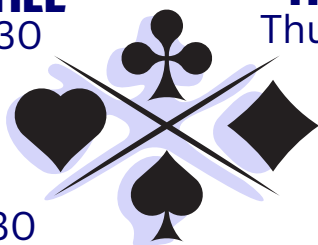
Mondays @ 12:30

HAND & FOOT

Thursdays @ 12:30

PINOCHLE

Tuesdays @ 12:30



EUCHRE

Fridays @ 12:30

Euchre Party

**September 12th
October 3rd**

**\$3 per person
6:00 PM**

Popcorn, coffee & tea provided

Dominoes

Join us every Tuesday for an afternoon of fun, friendship, and dominoes action!

TUESDAYS

12:30

ACTIVITY FEE: \$3.00

GAME DAY

Join us in an EASY card game of 1500!

Mondays @ 12:30

Activity Fee: \$3

Sponsored By
**The Villas Of
Holly Brook**
Premiere Senior Living Community



Dartball

Mondays & Wednesdays
12:30 PM

Activity fee: \$3.00

MORE CHANCES TO PLAY



TUESDAY BINGO

1st, 2nd & 3rd Tuesdays
and 5th if applicable

9:30 AM



HALLMARK
HEALTHCARE OF PEKIN



Help at Home.

LOFT
HEALTHCARE

Sponsored By

THURSDAY BINGO

Every Thursday
9:30 AM



SOLVERA
HEALTH™

Don Sarff
Sales Representative
(309) 713-5359

LINE DANCE

LINE DANCE LESSONS

THURSDAYS ACTIVITY FEE: \$4

12:00 Level 1 - Newbie

1:00 Level 2 - Beginner

2:00 Level 3 - High Beginner / Improver

MONTHLY DANCE PARTIES

Come practice the dances you learn in class, or put in a request of your own!

September 12th October 3rd

7:00 PM - 10:00 PM ACTIVITY FEE: \$7

Popcorn, coffee & tea provided

WHICH CLASS IS RIGHT FOR YOU?

Level 1 - Newbie

- New to line dancing
- Learning the steps
- Walk through step combinations

Level 2 - Beginner

- Step by step instruction
- Clear direction change
- Simple turns

Level 3 - High Beginner / Improver

- Faster paced instructions
- More complex combinations
- Full run throughs and less repetition

SCAN the QR code to sign up for LINE DANCE UPDATES



Golden Tours and Miller Center have partnered for 4 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

Four Old Broads on The High Seas Show - The Beef House

September 24, 2026 * 8:30 am - 6:00 pm

Holiday Mystery Tour

November 19, 2026 * 8:00 am - 6:00 pm

SAVE THE DATE

Customer Appreciation
Goodbye Party
Miller Center December 2nd 1PM

PAINT DAY

with

Canvas
Connections
Painting Parties

**1:00 PM
\$25**

**Pre-sketched Floral
Tuesday, September 8th**



Tazewell County TRIAD presents

TAZFEST 2026



WEDNESDAY

October 7, 2026



10:30 AM - 2:00 PM



PEKIN MOOSE LODGE 916

2605 Broadway St., Pekin, IL 61554

**NEW
LOCATION**



MOVE!

Exercise w/ Ann

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest.

Not only will you exercise, you'll make friends and have fun too!



Mon, Wed & Fri
9:00 & 10:15
Activity Fee: \$3

COMMUNITY SUPPORTER

 **Carle**Health

Rockin'
 WITH RUBY

September 25th
10:00 AM

No Exercise with Ann at 10:15

Activity fee: \$3

Ruby leads chair dancing!

Requests taken - Singing Encouraged!



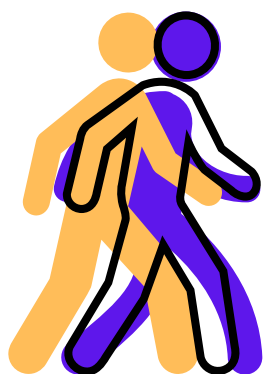
Square Dancing

Hosted by: Heart of Illinois
 Bachelor & Bachelorettes Club

Square Dances

2nd & 4th Thursdays of the month

September 10th & 24th 7:00 PM



MILLER CENTER

WALKING CLUB⁺

The Walking Club+ has been reinvented to include not only physical health, but brain and mind health as well. We will meet on Tuesdays & Thursdays and focus on walking outdoors weather permitting. When the weather is unpleasant we will walk to a video inside. After walking on Thursdays, we are incorporating brain games, discussion topics and conversation! The Walking Club has an annual membership of \$30 OR \$3/drop in fee.



WC+ Annual Members check out the trip discount on page 4!

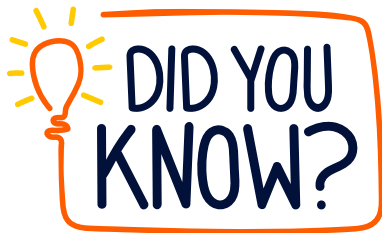
Tuesdays & Thursdays

10:00 AM Walk

10:00 AM Walk · 10:30 Meeting

GET CREATIVE AT THE MILLER CENTER

We have a variety of opportunities to be creative! Drop in and check them out!



WHY CRAFTS ARE GOOD FOR SENIORS

1. Crafting stimulates the mind
2. Making crafts improves memory and focus
3. Using fine motor skills keeps hands strong
4. Creative projects encourage self-expression
5. Crafting lifts mood and reduce stress
6. Group crafting activities create social connections
7. Hands on projects increase happiness
8. Repetitive motions help with hand-eye coordination
9. Making crafts gives seniors a sense of purpose
10. Relaxing hobbies support physical well-being



JOIN US AT THE MILLER CENTER MONDAYS & WEDNESDAYS FOR CRAFTS & CONVERSATION. BRING YOUR OWN PROJECT OR FIND SOMETHING TO DO WITH ALL OF THE DONATED CRAFTING ITEMS IN OUR CRAFT ROOM.

WOODCARVER \$3 GROUP

Tuesdays & Thursdays 8:30AM

They work on projects like carving and wood burning. There is a lot of equipment in our woodshop and some helpful woodworkers! Come in and check it out!

QUILT GROUP \$3

Fridays 9:00AM

There is plenty of space available for spreading out your equipment and working on projects. We also have fabric available to make Linus Blankets for children in the hospital. Come on in and see what they do!

CRAFTS & \$3 CONVERSATION

Mondays & Wednesdays 9:30AM

Did you know you can spend almost all day crafting at Miller Center? Our craft room is stocked FULL of supplies & you are welcome to use whatever you need! Stop in and enjoy some crafts and conversation.

LAPIDARY \$4

Thursdays 6:00PM

This group polishes and cuts stones for creative projects. You'd be amazed at the beautiful treasures they create!

LIVE ART OPEN STUDIO

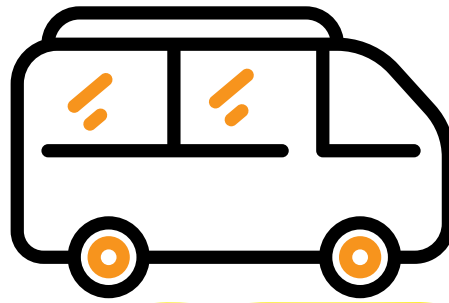


Wednesdays - 9:30AM - Donations Appreciated

No experience needed — just come paint, draw, and create in a relaxed space. Mid-tempo beats, good vibes, and room to explore your inner artist. Free & open to all / Donations for supplies appreciated

FREE

Senior Savings Shuttle



Tuesday, September 1st Bus Leaves at 9AM

*Staff on hand to answer questions and offer demonstrations.
Space is limited - Sign up at the front desk - Must bring picture ID*



MARIGOLDEN Line Dance **AND** Euchre Parties

at the Miller Center (cross from the Lagoon)
Saturday · September 12th
7:00 - 10:00 PM

Admission: \$7.00 (Line Dance)
\$3.00 (Euchre)

 **MILLER CENTER**
Pekin Park District
Enjoy Your Age!

Fun for all ages, dance levels or for those who want to come just to watch!

DINE IN OR CARRY OUT

Marigolden Breakfast

Pancakes, Sausage & Coffee or Juice

SUNDAY, SEPTEMBER 13, 2026
8AM-10AM
MILLER CENTER

551 S. 14th Street, Pekin
(across from the lagoon)

COST: \$7.00



Fundraiser to support TCRC and Miller Center programs



Reflections, the Miller Center Newsletter is proudly sponsored by:



 *Liberty Village of Pekin*



551 S. 14th Street, Pekin



309-346-5210



@pekinmillercenter