



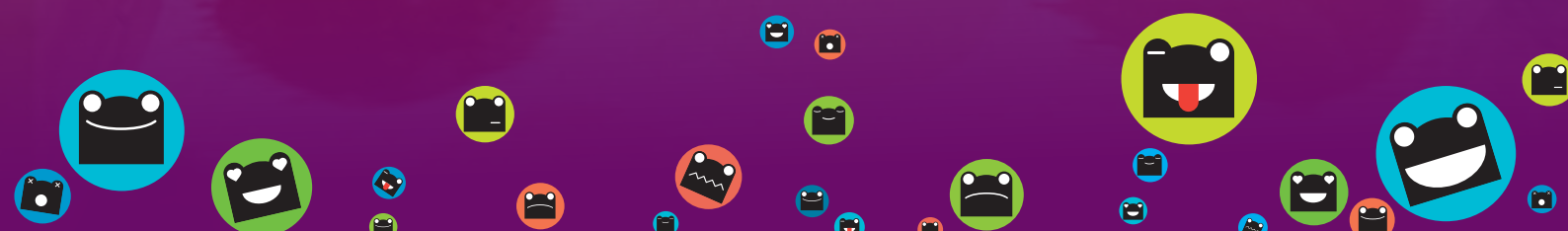
Eat That Frog

eatthatfrog.ac.uk

POST 16

2026 -27

POST-16 BROCHURE



We are Eat That Frog!

AND WE'RE DIFFERENT FROM ALL THE REST!

Founded in 2011, we are an Independent Specialist Provider (ISP), solely based around people, values and quality. We enable people to identify and overcome their barriers to live a more fulfilled life.

Our small groups, specialised instructors, 1:1 mentorship, supported internships and bespoke curriculum offer full personalised support. Developing social skills and coping mechanisms to boost confidence, reduce anxiety, and join small groups.

"The personalised learning programmes are designed effectively to evolve in stages and enable learners to build on their skills and knowledge and develop their confidence to work in different settings."

February 2024 - Ofsted



Transitioning to Eat That Frog

1

Initial consultation

Initial consultation takes place with the Eat That Frog SEND Team.



2

Ascertain requirements

Ascertain learners individual outcomes and needs from their Education and Health Care Plan.



3

Create a transition plan

Create a unique transition plan for every individual learner. To help ease them into life at Eat That Frog.



4

Mind map creation

Work directly with the learner to create a mind-map of their previous history, including likes, dislikes, family life, interests and hobbies.



5

CEIAG

A detailed CEIAG (Careers, Education, Information, Advice & Guidance) is created.



6

Collaborative curriculum

Parents/Carers are invited in with their young learner to meet the team and discuss needs and requirements.



7

Bespoke curriculum creation

Creation of bespoke ICP (Individual Curriculum Plan) is created to meet their careers aspirations and in alignment with their EHCP outcomes and individual targets and needs.



8

Start your journey

All learners develop at different rates and start with Eat That Frog at different levels. With this in mind, each learner takes part in a baseline assessment at the start of their journey in order to find their starting point. These assessments continue throughout their time at Eat That Frog to monitor their progression and what requirements are needed to prepare them for adulthood.



Qualifications

Learners can be offered a range of vocational subjects through OCN and City Guilds:

Entry 1 to Level 2 vocational qualifications.

Functional skills in maths and English.

GCSEs in maths and English.



These are chosen with the learners and form part of the individual curriculum plan. The rest of their curriculum is contingent on their destination choices.

Employment	Supported Internship	Apprenticeship	College	Volunteering
Interview preparation	Interview preparation	Maths & English	Maths & English	Work related skills
Work experience	Travel training	Career options & requirements	Entry requirements	Work experience
Employment portfolio	Employment portfolio	Work experience	Job Training	Health and wellbeing
Travel training	Skills matching	Tasters	Course options	Confidence
Job applications	Job training	College and training providers	Work experience	Preparing for adulthood
Interviews	Interviews	Careers fairs	College visits	

Careers Programme

A bespoke careers programme for Eat That Frog to provide good quality careers provision meeting the 8 Gatsby Benchmarks, as well as personalised advice and guidance from our in-house careers advisers.

BELOW IS AN EXAMPLE OF THE CAREERS PROGRAMME

Learning and Milestone Outcomes

TERM 1 - SEPT - DEC

- Preparation For Adulthood (PFA) goals
- Careers guidance
- Interactions with employers and training providers
- Introduction to work experience

TERM 2 - JAN - MAR

- Development of PFA goals
- Careers guidance
- Vocational profiling
- Work experience
- Interaction with employers and training providers

TERM 3 - APR - JUL

- Careers guidance sessions
- Review of progression routes and next steps

Key Events and Experiences

TERM 1 - SEPT - DEC

- Set termly PFA goals
- Explore pathways
- Interactions with employers
- Careers guidance sessions
- Transition planning

TERM 2 - JAN - MAR

- Review PFA goals and individual curriculum plan
- Complete vocational profile
- Explore work experience opportunities
- Interactions with employers and training providers
- Careers guidance
- Review transition plans

TERM 3 - APR - JUL

- Review termly PFA goals and individual curriculum plan
- Careers guidance session



CORE CURRICULUM

START

Preparing for adulthood (PFA)

Relationships & sexual education (RSE)

Prevent

British values

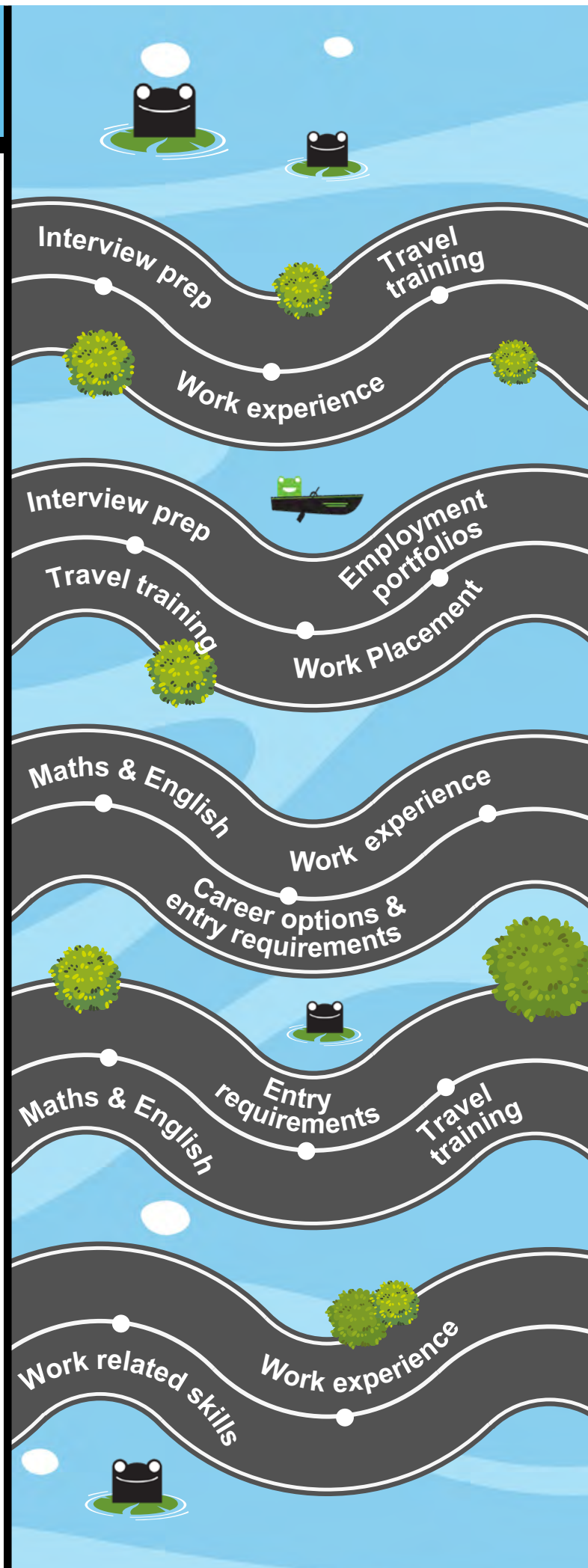
ETF Employability Programme

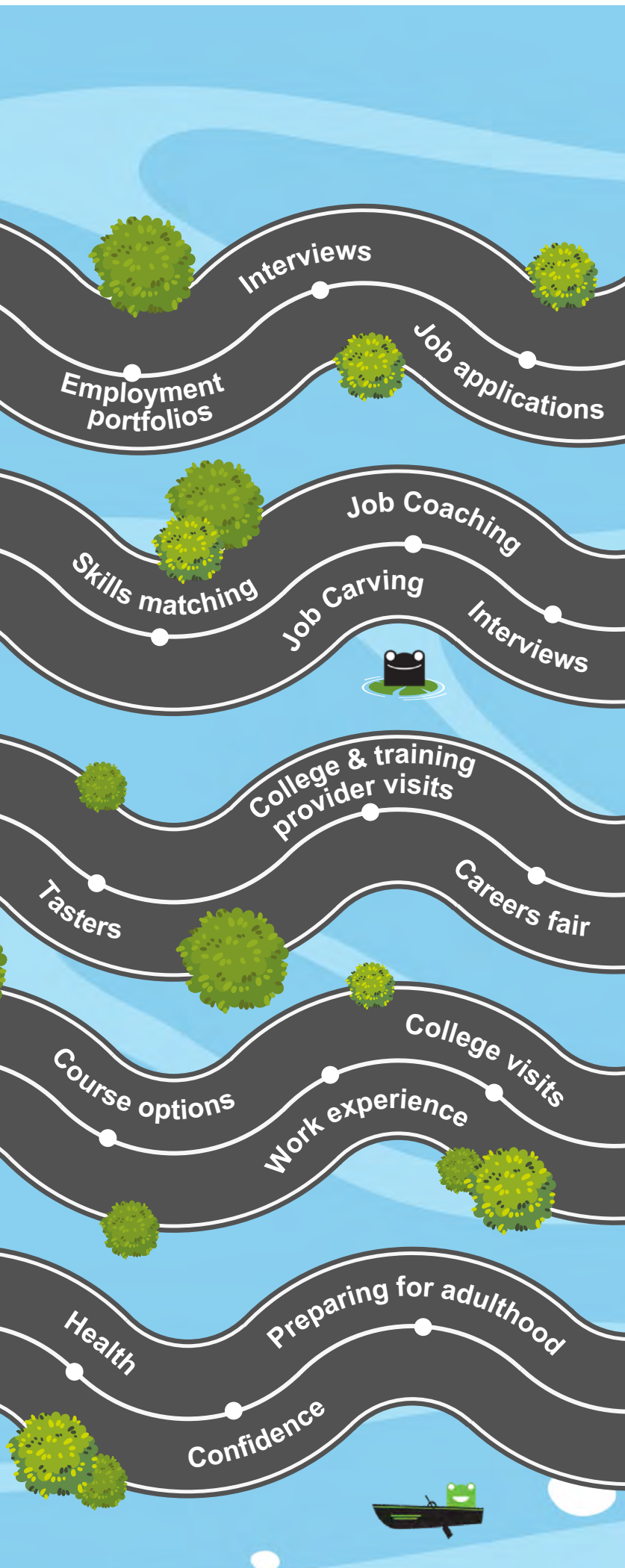
Work experience

Maths

English

Vocational qualification





DESTINATIONS

FINISH

EMPLOYMENT

**SUPPORTED
INTERNSHIP**

APPRENTICESHIP

COLLEGE

VOLUNTEERING



Preparing for Adulthood

THE FOUR PATHWAYS...

The “Preparing for Adulthood” (PFA) framework outlines four key pathways designed to help young people, especially those with Special Educational Needs and Disabilities (SEND), transition successfully into adult life.

Employment

- Subject options
- Explore careers
- High education options
- Qualifications
- Work experience
- GCSEs
- Vocational profiles
- Part-time employment
- Supported internships
- Transferable skills
- Access to work

Health & wellbeing

- Sex education
- Immunisations
- Accessing GP services
- Mental health and wellbeing
- Substance awareness
- Rest and recuperation
- Dental and medical
- Managing physical health
- Accessing adult services
- Healthy eating and exercise
- Relationships and consent

Community inclusion

- Social groups
- Developing friendships
- Resilience
- Time management
- Accessing help
- Antisocial awareness
- Community activities
- Substance awareness
- Social media safety
- Personal safety
- Budgeting

Independent living

- Travel training
- Spending money
- Making food
- Housing and safety at home
- Socialising
- Living skills
- Finances
- Income and benefits
- Decision making
- Life skills
- Time management

Supported Internships

Our supported internship programme provides a structured, high quality pathway for young people with an Education, Health & Care Plan (EHCP) to move from education into employment.

Designed in partnership with employers and Local Authorities, our model focuses on real workplace experience, tailored support and improved long-term outcomes.



A high-quality, employer-led pathway into paid employment

- Interview process to prepare learners for real recruitment.
- 6 weeks of work experience prior to placement to ensure the intern is the right fit for the employer.
- 16 hrs per week in a real workplace.
- Induction and careers sessions delivered alongside placement.
- Tailored maths and English only where required for the role.
- Dedicated Job Coaches support both intern and employer, tapering as the intern grows in confidence and independence, for up to 26 weeks.
- Staggered starts to maximise support and employer engagement.



Packages

Dependent on the young person's needs and situations, we can also offer the local authority different post-16 packages:

GROUP MODEL

Provides small, tailored learning environments with 4 – 6 learners per class. Supported by both a teacher and a learning support assistant. This model ensures each learner receives the individual attention they need.

- Small class sizes
- Tailored to individual needs
- Social skills development
- If successful, progression to education package

SUPPORTED INTERNSHIP

Providing first steps into employment by building workplace skills, gaining qualifications and securing jobs. Learners receive education and job coaching in real working environment.

- Enhance employability and social skills
- Progress into paid employment
- Develop real working skills
- Tapered support with dedicated Job Coaches
- Spend 16 hrs a week in a work environment

EDUCATION PACKAGE

Our standard educational package is for those who have either moved from a previous package or are immediately ready to start with ETF. (Can be adjusted if required)

- New curriculum package
- Full time is 10 sessions
- Ideally hours should be standard from start to meet condition of funding and bands
- Use transition days to prepare for the package offered

SEND and Centre Information

For any SEND enquiries please contact:
Zoe Ellis - sendinfo@eatthatfrog.ac.uk

We have six centres across South Devon, including post-16 centres in Newton Abbot, Paignton, Exeter and two in Plymouth, as well as an adult training centre in Torquay.



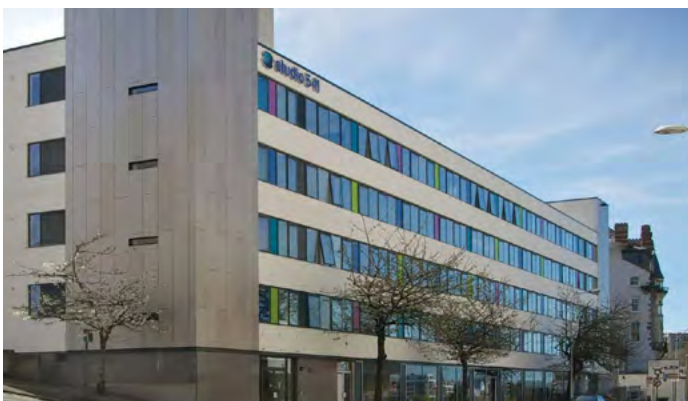
Newton Abbot

13 Courtenay St, Newton Abbot
TQ12 2QH



Paignton

89 Torquay Rd, Paignton
TQ3 2SE



Plymouth Pathways

Studio 5-11, Millbay Road
Plymouth, PL1 3LF



Exeter

60 South St, Exeter
EX1 1EE



Plymouth Futures

26 Lockyer Street,
Plymouth PL1 2OW



Torquay

91 Union St, Torquay
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Plymouth, Torquay, Newton Abbot, Paignton and Exeter 



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