



Central Region
Schools Trust
Founded by the RSA

CRST
People
Development
Institute

RQT SUPPORT PROGRAMME 2026-7



proudly part of



Central Region
Schools Trust

Founded by the RSA

"Supporting social justice through exceptional schools."

Career Stage

RQT Support Programme

Purpose: Genuine continuous professional development, growing and developing the talents and skills of all staff is at the heart of the Central Region Schools Trust, our mission, vision & values. We know the quality of teaching makes the biggest difference to pupil outcomes, therefore our professional development opportunities exist to ensure everyone in our school teams is the very best they can be.

Delivery: The RQT Support Programme focuses on a series of on-line sessions designed to support in a collaborative manner, your career stage, and to allow for discussion and build your toolkit to develop practice. These sessions will often be delivered in 'phases' so as to maximise the impact and purpose for your classroom.

Further, there is a research inquiry, which: is an opportunity to focus on an area of pedagogy or leadership that you choose to learn more about. The focus needs to be an area of practice that will impact on pupil outcomes. The project can be part of a PM objective focussed on improving pupil outcomes through improved teaching/pedagogy.

You will be supported by a member of the People Development Team to reflect on your research, your thinking and the impact on outcomes.

Presentation: At the end of the RDI (summer term) you will be asked to put together a simple presentation of your research, findings, and outcomes.



Career Stage RQT Support Programme

Facilitators

John Tomsett - Educational Consultant & Research Specialist

Matthew Purslow – Head of People Development

Teresa Wilson – Trust Lead Early Career Stage

Deb Smith – Vice Principal

Matthew Harrison Webster – Assistant Principal

Lucy Khan – Assistant Principal

Francesca Stanley - Trust Lead Personal Development

Jenna Brown – Lead Practitioner

Claire Round – Trust Lead SEND

“I have found all of the course content to be very informative and useful. It has been extremely valuable to have had the opportunity to connect with colleagues from across the trust, and to have the knowledge that I can call upon their expertise in times of need. My practise will be enhanced following this CPD as my knowledge and confidence has grown.”

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Principal Facilitator - John Tomsett

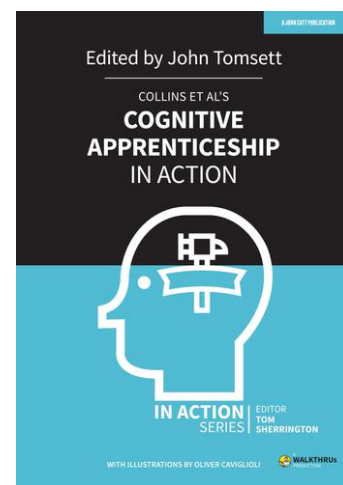
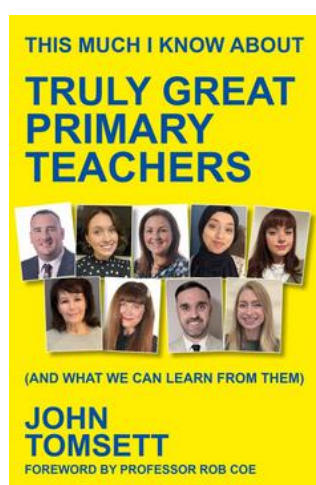
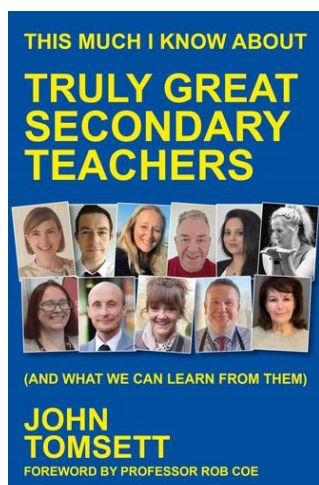
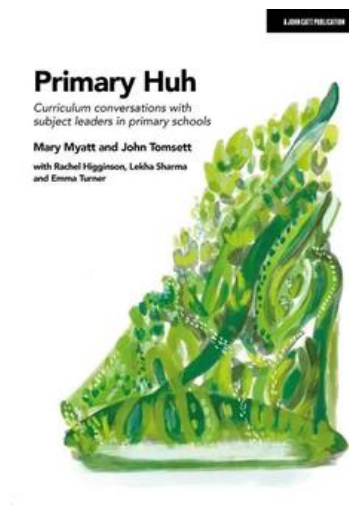
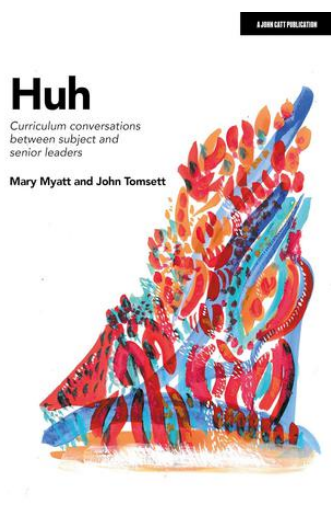
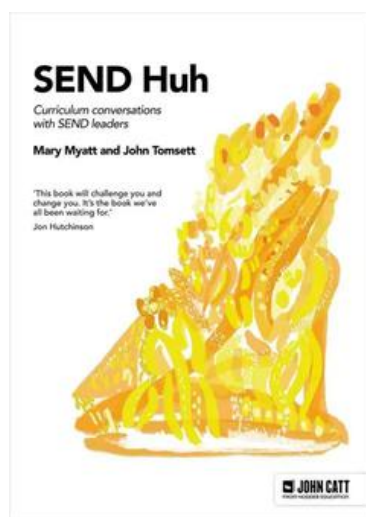


John Tomsett spent 33 years teaching in state schools and served as a secondary headteacher for 18 years, most recently at Huntington Research School in York. He runs a blog entitled "This Much I Know" and has written extensively on topics related to school leadership, as well as enhancing teaching and learning.

John advocates that the primary duty of all headteachers is to develop exceptional teaching. He is the author of thirteen books, including *Love Over Fear: Creating a Culture for Truly Great Teaching* and *Mind Over Matter: Improving Mental Health in Our Schools*.

In the Huh: Curriculum series, he worked alongside curriculum specialist Mary Myatt. Additionally, he co-founded The Headteachers' Roundtable think tank and is a sought-after speaker in the field of education. Currently, he serves as the educational consultant for the AI teacher coach known as Aristotal.

Links: www.johntomsett.com



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Schedule

Session	Date	Activity	Venue	Facilitators	Phase
1	22nd October 2026	Launch Research Project	TEAMS 3.30-5pm	John Tomsett Matthew Purslow	All together
2	10 th December 2026	Pastoral - the role of class/form tutor	TEAMS 3.30-5pm	Francesca Stanley Lucy Khan	Primary - LK Secondary - FS
3	28th January 2027	Feedback & Responsive Teaching	TEAMS 3.30-4.30pm	Teresa Wilson Deb Smith	All together (Breakouts)
4	11th February 2027	Reflections on research interventions	TEAMS 3.30-5pm	John Tomsett	All together
5	12th March 2027	Positive Behaviour Management	TEAMS 3.30-5pm	Matthew Harrison-Webster Jenna Brown	Primary - MHW Secondary - JB
6	6th May 2027	Adaptive Teaching & Reasonable Adjustment	TEAMS 3.30-5pm	Claire Round	All together
7	8th July 2027	Graduation & Presentations	ASSAY 3.30-5pm	John Tomsett Matthew Purslow Teresa Wilson	All together

Contact:

For enquiries about development courses at Central Region Schools Trust, please contact:

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