



The **PEAK** Alphabet Adventure™

★ Letters, Sounds, Tracing & More! ★

Learn

Explore

Read



★ ACCESSIBILITY SUPPORTS ★



Large Visuals



Predictable Layout



Minimal Clutter



Works for Visual and Hands-On Learners

★ What You'll Do in This Book! ★



A-Z Letter Recognition



Uppercase & Lowercase Practice



Beginning Sounds



Alphabet Vocabulary



Early Writing Practice

♥ Build skills. Have fun. Love learning! ♥



For Pre-K & Kindergarten



★ A Hands-On Alphabet Workbook for Bright Beginnings! ★

♥ Created with love for every learner ♥

Page 1

Welcome to the Alphabet Trail

Build strong alphabet skills one step at a time.

A complete A to Z adventure

Letter recognition and letter sounds

Uppercase and lowercase tracing and writing

Beginning sound and vocabulary practice

Short lesson plans and accessibility supports

How to Use This Workbook

1

Complete one or two pages at a time. Short, successful practice helps children stay engaged and confident.

2

Children may respond by pointing, matching, circling, saying, tracing, building, or writing.

3

Use the lesson plan page when you want a guided 15 to 20 minute activity.

4

Model the task before asking the child to begin.

5

Repeat favorite activities often to strengthen confidence and memory.

1

Use short directions and clear visual examples.

2

Cover unused parts of a page to reduce visual overload.

3

Offer movement breaks, flexible seating, and sensory tools.

4

Allow non-writing responses such as pointing, placing a counter, or saying the answer aloud.

5

Reduce choices and use first-then language when additional support is needed.

Suggested Materials

1

Crayons, pencils, markers, dot markers, and dry erase sleeves

2

Letter cards, magnetic letters, alphabet puzzles, and picture books

3

Play dough, craft sticks, pom poms, and mini erasers

4

Sand, salt, rice, or shaving cream for sensory writing

5

Household objects for letter and sound hunts

Caregiver and Educator Tips

1

Begin with a quick review of familiar letters.

2

Connect letters to names, favorite foods, toys, and family words.

3

Invite children to move, chant, sing, build, and trace.

4

Pause when a child is tired or frustrated.

5

Adjust the pace and response method to fit the learner.

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1. Letter A

Look it. Say it. Trace it. Learn it.

A a

Uppercase and lowercase

A says

/a/ as in apple

Say the sound and the words below.

apple

ant

alligator

Trace the letters.

A A a a

Write the letter.

A a A a

A Beginning Sound

Circle or point to the words that begin with A.

apple

sun

ant

ball

alligator

A word

Challenge

Say or draw another word that begins with A.

Letter A Practice

Find it. Match it. Write it.

Find the target letter

A	q	r	A	t
a	A	d	m	A
a	q	A	s	t
A	c	d	A	n

Trace and write a word

Apple

_____apple_____

Match uppercase and lowercase

A	_____	a
a	_____	A
A	_____	a

Lesson Plan: Letter A

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase A and lowercase a, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as apple, ant, alligator.

Warm Up

Show the letter A. Say the letter name and repeat the sound together.

Explore

Find A in books, signs, names, or an alphabet chart.

Active Learning

Build A with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter A practice pages.

Kindergarten Extension

Write A and a, then say or write one A word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter A.

2. Letter B

Look it. Say it. Trace it. Learn it.

B b

Uppercase and lowercase

B says

/b/ as in ball

Say the sound and the words below.

ball

bee

bear

Trace the letters.

B

B

b

b

Write the letter.

B b B b

B Beginning Sound

Circle or point to the words that begin with B.

ball

sun

bee

cat

bear

B word

Challenge

Say or draw another word that begins with B.

Letter B Practice

Find it. Match it. Write it.

Find the target letter

B	r	s	B	b
b	B	m	n	B
b	r	B	t	b
B	d	m	B	p

Trace and write a word

Ball

Match uppercase and lowercase

B	_____	b
b	_____	B
B	_____	b

Lesson Plan: Letter B

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase B and lowercase b, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as ball, bee, bear.

Warm Up

Show the letter B. Say the letter name and repeat the sound together.

Explore

Find B in books, signs, names, or an alphabet chart.

Active Learning

Build B with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter B practice pages.

Kindergarten Extension

Write B and b, then say or write one B word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter B.

3. Letter C

Look it. Say it. Trace it. Learn it.

C c

Uppercase and lowercase

C says

/k/ as in cat

Say the sound and the words below.

cat

cake

cow

Trace the letters.

C C c c

Write the letter.

C c C c

C Beginning Sound

Circle or point to the words that begin with C.

cat

sun

cake

fish

cow

C word

Challenge

Say or draw another word that begins with C.

Letter C Practice

Find it. Match it. Write it.

Find the target letter

C	s	t	C	c
c	C	n	p	C
c	s	C	b	c
C	m	n	C	q

Trace and write a word

Cat

cat

Match uppercase and lowercase

C	_____	c
c	_____	C
C	_____	c

Lesson Plan: Letter C

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase C and lowercase c, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as cat, cake, cow.

Warm Up

Show the letter C. Say the letter name and repeat the sound together.

Explore

Find C in books, signs, names, or an alphabet chart.

Active Learning

Build C with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter C practice pages.

Kindergarten Extension

Write C and c, then say or write one C word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter C.

4. Letter D

Look it. Say it. Trace it. Learn it.

D d

Uppercase and lowercase

D says

/d/ as in dog

Say the sound and the words below.

dog

duck

drum

Trace the letters.

D

D

d

d

Write the letter.

D d D d

D Beginning Sound

Circle or point to the words that begin with D.

dog

sun

duck

cat

drum

D word

Challenge

Say or draw another word that begins with D.

Letter D Practice

Find it. Match it. Write it.

Find the target letter

D	t	b	D	d
d	D	p	q	D
d	t	D	c	d
D	n	p	D	r

Trace and write a word

Dog

Match uppercase and lowercase

D	_____	d
d	_____	D
D	_____	d

Lesson Plan: Letter D

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase D and lowercase d, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as dog, duck, drum.

Warm Up

Show the letter D. Say the letter name and repeat the sound together.

Explore

Find D in books, signs, names, or an alphabet chart.

Active Learning

Build D with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter D practice pages.

Kindergarten Extension

Write D and d, then say or write one D word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter D.

5. Letter E

Look it. Say it. Trace it. Learn it.

E e

Uppercase and lowercase

E says

/e/ as in egg

Say the sound and the words below.

egg

elephant

elbow

Trace the letters.

E E e e

Write the letter.

E e E e

E Beginning Sound

Circle or point to the words that begin with E.

egg

ball

elephant

sun

elbow

E word

Challenge

Say or draw another word that begins with E.

Letter E Practice

Find it. Match it. Write it.

Find the target letter

E	b	c	E	m
e	E	q	r	E
e	b	E	d	m
E	p	q	E	s

Trace and write a word

Egg

egg

Match uppercase and lowercase

E	_____	e
e	_____	E
E	_____	e

Lesson Plan: Letter E

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase E and lowercase e, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as egg, elephant, elbow.

Warm Up

Show the letter E. Say the letter name and repeat the sound together.

Explore

Find E in books, signs, names, or an alphabet chart.

Active Learning

Build E with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter E practice pages.

Kindergarten Extension

Write E and e, then say or write one E word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter E.

6. Letter F

Look it. Say it. Trace it. Learn it.

F f

Uppercase and lowercase

F says

/f/ as in fish

Say the sound and the words below.

fish

fan

feather

Trace the letters.

F

F

f

f

Write the letter.

F f F f

F Beginning Sound

Circle or point to the words that begin with F.

fish

ball

fan

sun

feather

F word

Challenge

Say or draw another word that begins with F.

Letter F Practice

Find it. Match it. Write it.

Find the target letter

F	c	d	F	n
f	F	r	s	F
f	c	F	m	n
F	q	r	F	t

Trace and write a word

Fish

fish

Match uppercase and lowercase

F	_____	f
f	_____	F
F	_____	f

Lesson Plan: Letter F

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase F and lowercase f, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as fish, fan, feather.

Warm Up

Show the letter F. Say the letter name and repeat the sound together.

Explore

Find F in books, signs, names, or an alphabet chart.

Active Learning

Build F with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter F practice pages.

Kindergarten Extension

Write F and f, then say or write one F word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter F.

7. Letter G

Look it. Say it. Trace it. Learn it.

G g

Uppercase and lowercase

G says

/g/ as in goat

Say the sound and the words below.

goat

gift

gum

Trace the letters.

G G g g

Write the letter.

G g G g

G Beginning Sound

Circle or point to the words that begin with G.

goat

sun

gift

fish

gum

G word

Challenge

Say or draw another word that begins with G.

Letter G Practice

Find it. Match it. Write it.

Find the target letter

G	d	m	G	p
g	G	s	t	G
g	d	G	n	p
G	r	s	G	b

Trace and write a word

Goat

Match uppercase and lowercase

G	_____	g
g	_____	G
G	_____	g

Lesson Plan: Letter G

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase G and lowercase g, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as goat, gift, gum.

Warm Up

Show the letter G. Say the letter name and repeat the sound together.

Explore

Find G in books, signs, names, or an alphabet chart.

Active Learning

Build G with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter G practice pages.

Kindergarten Extension

Write G and g, then say or write one G word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter G.

8. Letter H

Look it. Say it. Trace it. Learn it.

H h

Uppercase and lowercase

H says

/h/ as in hat

Say the sound and the words below.

hat

hand

hen

Trace the letters.

H H h h

Write the letter.

H h H h

H Beginning Sound

Circle or point to the words that begin with H.

hat

sun

hand

fish

hen

H word

Challenge

Say or draw another word that begins with H.

Letter H Practice

Find it. Match it. Write it.

Find the target letter

H	m	n	H	q
h	H	t	b	H
h	m	H	p	q
H	s	t	H	c

Trace and write a word

Hat

hat

Match uppercase and lowercase

H	_____	h
h	_____	H
H	_____	h

Lesson Plan: Letter H

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase H and lowercase h, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as hat, hand, hen.

Warm Up

Show the letter H. Say the letter name and repeat the sound together.

Explore

Find H in books, signs, names, or an alphabet chart.

Active Learning

Build H with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter H practice pages.

Kindergarten Extension

Write H and h, then say or write one H word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter H.

9. Letter I

Look it. Say it. Trace it. Learn it.

I i

Uppercase and lowercase

I says

/i/ as in igloo

Say the sound and the words below.

igloo

insect

ink

Trace the letters.

I

I

i

i

Write the letter.

I I I I

I Beginning Sound

Circle or point to the words that begin with I.

igloo

sun

insect

ball

ink

I word

Challenge

Say or draw another word that begins with I.

Letter I Practice

Find it. Match it. Write it.

Find the target letter

I	n	p	I	r
i	I	b	c	I
i	n	I	q	r
I	t	b	I	d

Trace and write a word

Igloo

igloo

Match uppercase and lowercase

I	_____	i
i	_____	I
I	_____	i

Lesson Plan: Letter I

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase I and lowercase i, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as igloo, insect, ink.

Warm Up

Show the letter I. Say the letter name and repeat the sound together.

Explore

Find I in books, signs, names, or an alphabet chart.

Active Learning

Build I with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter I practice pages.

Kindergarten Extension

Write I and i, then say or write one I word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter I.

10. Letter J

Look it. Say it. Trace it. Learn it.

J j

Uppercase and lowercase

J says

/j/ as in jam

Say the sound and the words below.

jam

jet

jelly

Trace the letters.

J

J

j

j

Write the letter.

J j J j

J Beginning Sound

Circle or point to the words that begin with J.

jam

sun

jet

cat

jelly

J word

Challenge

Say or draw another word that begins with J.

Letter J Practice

Find it. Match it. Write it.

Find the target letter

J	p	q	J	s
j	J	c	d	J
j	p	J	r	s
J	b	c	J	m

Trace and write a word

Jam

Match uppercase and lowercase

J	_____	j
j	_____	J
J	_____	j

Lesson Plan: Letter J

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase J and lowercase j, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as jam, jet, jelly.

Warm Up

Show the letter J. Say the letter name and repeat the sound together.

Explore

Find J in books, signs, names, or an alphabet chart.

Active Learning

Build J with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter J practice pages.

Kindergarten Extension

Write J and j, then say or write one J word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter J.

11. Letter K

Look it. Say it. Trace it. Learn it.

K k

Uppercase and lowercase

K says

/k/ as in kite

Say the sound and the words below.

kite

key

koala

Trace the letters.

K K k k

Write the letter.

K k K k

K Beginning Sound

Circle or point to the words that begin with K.

kite

sun

key

fish

koala

K word

Challenge

Say or draw another word that begins with K.

Letter K Practice

Find it. Match it. Write it.

Find the target letter

K	q	r	K	t
k	K	d	m	K
k	q	K	s	t
K	c	d	K	n

Trace and write a word

Kite

Match uppercase and lowercase

K	_____	k
k	_____	K
K	_____	k

Lesson Plan: Letter K

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase K and lowercase k, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as kite, key, koala.

Warm Up

Show the letter K. Say the letter name and repeat the sound together.

Explore

Find K in books, signs, names, or an alphabet chart.

Active Learning

Build K with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter K practice pages.

Kindergarten Extension

Write K and k, then say or write one K word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter K.

12. Letter L

Look it. Say it. Trace it. Learn it.

L l

Uppercase and lowercase

L says

/l/ as in lamp

Say the sound and the words below.

lion

leaf

lamp

Trace the letters.

L L l l

Write the letter.

L l L l

L Beginning Sound

Circle or point to the words that begin with L.

lion

sun

leaf

fish

lamp

L word

Challenge

Say or draw another word that begins with L.

Letter L Practice

Find it. Match it. Write it.

Find the target letter

L	r	s	L	b
l	L	m	n	L
l	r	L	t	b
L	d	m	L	p

Trace and write a word

Lion

lion

Match uppercase and lowercase

L	_____	l
l	_____	L
L	_____	l

Lesson Plan: Letter L

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase L and lowercase l, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as lion, leaf, lamp.

Warm Up

Show the letter L. Say the letter name and repeat the sound together.

Explore

Find L in books, signs, names, or an alphabet chart.

Active Learning

Build L with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter L practice pages.

Kindergarten Extension

Write L and l, then say or write one L word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter L.

13. Letter M

Look it. Say it. Trace it. Learn it.

M m

Uppercase and lowercase

M says

/m/ as in moon

Say the sound and the words below.

moon

map

mouse

Trace the letters.

M

M

m

m

Write the letter.

M m M m

M Beginning Sound

Circle or point to the words that begin with M.

moon

sun

map

ball

mouse

M word

Challenge

Say or draw another word that begins with M.

Letter M Practice

Find it. Match it. Write it.

Find the target letter

M	s	t	M	c
m	M	n	p	M
m	s	M	b	c
M	m	n	M	q

Trace and write a word

Moon

_____ moon _____

Match uppercase and lowercase

M	_____	m
m	_____	M
M	_____	m

Lesson Plan: Letter M

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase M and lowercase m, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as moon, map, mouse.

Warm Up

Show the letter M. Say the letter name and repeat the sound together.

Explore

Find M in books, signs, names, or an alphabet chart.

Active Learning

Build M with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter M practice pages.

Kindergarten Extension

Write M and m, then say or write one M word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter M.

14. Letter N

Look it. Say it. Trace it. Learn it.

N n

Uppercase and lowercase

N says

/n/ as in nest

Say the sound and the words below.

nest

nose

net

Trace the letters.

N N n n

Write the letter.

N n N n

N Beginning Sound

Circle or point to the words that begin with N.

nest

sun

nose

fish

net

N word

Challenge

Say or draw another word that begins with N.

Letter N Practice

Find it. Match it. Write it.

Find the target letter

N	t	b	N	d
n	N	p	q	N
n	t	N	c	d
N	n	p	N	r

Trace and write a word

Nest

_____ nest _____

Match uppercase and lowercase

N	_____	n
n	_____	N
N	_____	n

Lesson Plan: Letter N

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase N and lowercase n, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as nest, nose, net.

Warm Up

Show the letter N. Say the letter name and repeat the sound together.

Explore

Find N in books, signs, names, or an alphabet chart.

Active Learning

Build N with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter N practice pages.

Kindergarten Extension

Write N and n, then say or write one N word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter N.

15. Letter O

Look it. Say it. Trace it. Learn it.

O o

Uppercase and lowercase

O says

/o/ as in octopus

Say the sound and the words below.

octopus

orange

owl

Trace the letters.

O O o o

Write the letter.

O O o o

O Beginning Sound

Circle or point to the words that begin with O.

octopus

sun

orange

ball

owl

O word

Challenge

Say or draw another word that begins with O.

Letter O Practice

Find it. Match it. Write it.

Find the target letter

O	b	c	O	m
o	O	q	r	O
o	b	O	d	m
O	p	q	O	s

Trace and write a word

Octopus

Match uppercase and lowercase

O	_____	o
o	_____	O
O	_____	o

Lesson Plan: Letter O

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase O and lowercase o, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as octopus, orange, owl.

Warm Up

Show the letter O. Say the letter name and repeat the sound together.

Explore

Find O in books, signs, names, or an alphabet chart.

Active Learning

Build O with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter O practice pages.

Kindergarten Extension

Write O and o, then say or write one O word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter O.

16. Letter P

Look it. Say it. Trace it. Learn it.

P p

Uppercase and lowercase

P says

/p/ as in pig

Say the sound and the words below.

pig

pizza

pen

Trace the letters.

P P p p

Write the letter.

P p P p

P Beginning Sound

Circle or point to the words that begin with P.

pig

sun

pizza

fish

pen

P word

Challenge

Say or draw another word that begins with P.

Letter P Practice

Find it. Match it. Write it.

Find the target letter

P	c	d	P	n
p	P	r	s	P
p	c	P	m	n
P	q	r	P	t

Trace and write a word

Pig

Match uppercase and lowercase

P	_____	p
p	_____	P
P	_____	p

Lesson Plan: Letter P

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase P and lowercase p, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as pig, pizza, pen.

Warm Up

Show the letter P. Say the letter name and repeat the sound together.

Explore

Find P in books, signs, names, or an alphabet chart.

Active Learning

Build P with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter P practice pages.

Kindergarten Extension

Write P and p, then say or write one P word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter P.

17. Letter Q

Look it. Say it. Trace it. Learn it.

Q q

Uppercase and lowercase

Q says

/kw/ as in queen

Say the sound and the words below.

queen

quilt

quail

Trace the letters.

Q Q q q

Write the letter.

Q q Q q

Q Beginning Sound

Circle or point to the words that begin with Q.

queen

sun

quilt

ball

quail

Q word

Challenge

Say or draw another word that begins with Q.

Letter Q Practice

Find it. Match it. Write it.

Find the target letter

Q	d	m	Q	p
q	Q	s	t	Q
q	d	Q	n	p
Q	r	s	Q	b

Trace and write a word

Queen

queen

Match uppercase and lowercase

Q	q
q	Q
Q	q

Lesson Plan: Letter Q

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase Q and lowercase q, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as queen, quilt, quail.

Warm Up

Show the letter Q. Say the letter name and repeat the sound together.

Explore

Find Q in books, signs, names, or an alphabet chart.

Active Learning

Build Q with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter Q practice pages.

Kindergarten Extension

Write Q and q, then say or write one Q word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter Q.

18. Letter R

Look it. Say it. Trace it. Learn it.

R r

Uppercase and lowercase

R says

/r/ as in rabbit

Say the sound and the words below.

rabbit

rain

robot

Trace the letters.

R R r r

Write the letter.

R r R r

R Beginning Sound

Circle or point to the words that begin with R.

rabbit

sun

rain

fish

robot

R word

Challenge

Say or draw another word that begins with R.

Letter R Practice

Find it. Match it. Write it.

Find the target letter

R	m	n	R	q
r	R	t	b	R
r	m	R	p	q
R	s	t	R	c

Trace and write a word

Rabbit

rabbit

Match uppercase and lowercase

R	_____	r
r	_____	R
R	_____	r

Lesson Plan: Letter R

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase R and lowercase r, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as rabbit, rain, robot.

Warm Up

Show the letter R. Say the letter name and repeat the sound together.

Explore

Find R in books, signs, names, or an alphabet chart.

Active Learning

Build R with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter R practice pages.

Kindergarten Extension

Write R and r, then say or write one R word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter R.

19. Letter S

Look it. Say it. Trace it. Learn it.

S s

Uppercase and lowercase

S says

/s/ as in sun

Say the sound and the words below.

sun

sock

star

Trace the letters.

S S s s

Write the letter.

S s S s

S Beginning Sound

Circle or point to the words that begin with S.

sun

ball

sock

cat

star

S word

Challenge

Say or draw another word that begins with S.

Letter S Practice

Find it. Match it. Write it.

Find the target letter

S	n	p	S	r
s	S	b	c	S
s	n	S	q	r
S	t	b	S	d

Trace and write a word

Sun

sun

Match uppercase and lowercase

S	_____	s
s	_____	S
S	_____	s

Lesson Plan: Letter S

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase S and lowercase s, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as sun, sock, star.

Warm Up

Show the letter S. Say the letter name and repeat the sound together.

Explore

Find S in books, signs, names, or an alphabet chart.

Active Learning

Build S with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter S practice pages.

Kindergarten Extension

Write S and s, then say or write one S word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter S.

20. Letter T

Look it. Say it. Trace it. Learn it.

T t

Uppercase and lowercase

T says

/t/ as in turtle

Say the sound and the words below.

turtle

tree

train

Trace the letters.

T

T

t

t

Write the letter.

T t T t

T Beginning Sound

Circle or point to the words that begin with T.

turtle

ball

tree

fish

train

T word

Challenge

Say or draw another word that begins with T.

Letter T Practice

Find it. Match it. Write it.

Find the target letter

T	p	q	T	s
t	T	c	d	T
t	p	T	r	s
T	b	c	T	m

Trace and write a word

Turtle

turtle

Match uppercase and lowercase

T	t
t	T
T	t

Lesson Plan: Letter T

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase T and lowercase t, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as turtle, tree, train.

Warm Up

Show the letter T. Say the letter name and repeat the sound together.

Explore

Find T in books, signs, names, or an alphabet chart.

Active Learning

Build T with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter T practice pages.

Kindergarten Extension

Write T and t, then say or write one T word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter T.

21. Letter U

Look it. Say it. Trace it. Learn it.

U u

Uppercase and lowercase

U says

/u/ as in umbrella

Say the sound and the words below.

umbrella

up

under

Trace the letters.

U U u u

Write the letter.

U u U u

U Beginning Sound

Circle or point to the words that begin with U.

umbrella

ball

up

sun

under

U word

Challenge

Say or draw another word that begins with U.

Letter U Practice

Find it. Match it. Write it.

Find the target letter

U	q	r	U	t
u	U	d	m	U
u	q	U	s	t
U	c	d	U	n

Trace and write a word

Umbrella

umbrella

Match uppercase and lowercase

U	_____	u
u	_____	U
U	_____	u

Lesson Plan: Letter U

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase U and lowercase u, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as umbrella, up, under.

Warm Up

Show the letter U. Say the letter name and repeat the sound together.

Explore

Find U in books, signs, names, or an alphabet chart.

Active Learning

Build U with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter U practice pages.

Kindergarten Extension

Write U and u, then say or write one U word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter U.

22. Letter V

Look it. Say it. Trace it. Learn it.

V v

Uppercase and lowercase

V says

/v/ as in van

Say the sound and the words below.

van

vase

violin

Trace the letters.

V V v v

Write the letter.

V v V v

V Beginning Sound

Circle or point to the words that begin with V.

van

sun

vase

ball

violin

V word

Challenge

Say or draw another word that begins with V.

Letter V Practice

Find it. Match it. Write it.

Find the target letter

V	r	s	V	b
v	V	m	n	V
v	r	V	t	b
V	d	m	V	p

Trace and write a word

Van

Match uppercase and lowercase

V	_____	v
v	_____	V
V	_____	v

Lesson Plan: Letter V

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase V and lowercase v, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as van, vase, violin.

Warm Up

Show the letter V. Say the letter name and repeat the sound together.

Explore

Find V in books, signs, names, or an alphabet chart.

Active Learning

Build V with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter V practice pages.

Kindergarten Extension

Write V and v, then say or write one V word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter V.

23. Letter W

Look it. Say it. Trace it. Learn it.

W w

Uppercase and lowercase

W says

/w/ as in whale

Say the sound and the words below.

whale

water

web

Trace the letters.

W

W

w

w

Write the letter.

W w W w

W Beginning Sound

Circle or point to the words that begin with W.

whale

ball

water

sun

web

W word

Challenge

Say or draw another word that begins with W.

Letter W Practice

Find it. Match it. Write it.

Find the target letter

W	s	t	W	c
w	W	n	p	W
w	s	W	b	c
W	m	n	W	q

Trace and write a word

Whale

whale

Match uppercase and lowercase

W	_____	w
w	_____	W
W	_____	w

Lesson Plan: Letter W

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase W and lowercase w, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as whale, water, web.

Warm Up

Show the letter W. Say the letter name and repeat the sound together.

Explore

Find W in books, signs, names, or an alphabet chart.

Active Learning

Build W with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter W practice pages.

Kindergarten Extension

Write W and w, then say or write one W word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter W.

24. Letter X

Look it. Say it. Trace it. Learn it.

X x

Uppercase and lowercase

X says

/ks/ as in box

Say the sound and the words below.

x-ray

xylophone

box

Trace the letters.

X X x x

Write the letter.

X x X x

X Beginning Sound

Circle or point to the words that begin with X.

x-ray

sun

xylophone

cat

box

X word

Challenge

Say or draw another word that begins with X.

Letter X Practice

Find it. Match it. Write it.

Find the target letter

X	t	b	X	d
x	X	p	q	X
x	t	X	c	d
X	n	p	X	r

Trace and write a word

X-ray

Match uppercase and lowercase

X	_____	x
x	_____	X
X	_____	x

Lesson Plan: Letter X

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase X and lowercase x, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as x-ray, xylophone, box.

Warm Up

Show the letter X. Say the letter name and repeat the sound together.

Explore

Find X in books, signs, names, or an alphabet chart.

Active Learning

Build X with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter X practice pages.

Kindergarten Extension

Write X and x, then say or write one X word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter X.

25. Letter Y

Look it. Say it. Trace it. Learn it.

Y y

Uppercase and lowercase

Y says

/y/ as in yarn

Say the sound and the words below.

yarn

yak

yo-yo

Trace the letters.

Y Y y y

Write the letter.

Y y Y y

Y Beginning Sound

Circle or point to the words that begin with Y.

yarn

sun

yak

fish

yo-yo

Y word

Challenge

Say or draw another word that begins with Y.

Letter Y Practice

Find it. Match it. Write it.

Find the target letter

Y	b	c	Y	m
y	Y	q	r	Y
y	b	Y	d	m
Y	p	q	Y	s

Trace and write a word

Yarn

Match uppercase and lowercase

Y	_____	y
y	_____	Y
Y	_____	y

Lesson Plan: Letter Y

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase Y and lowercase y, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as yarn, yak, yo-yo.

Warm Up

Show the letter Y. Say the letter name and repeat the sound together.

Explore

Find Y in books, signs, names, or an alphabet chart.

Active Learning

Build Y with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter Y practice pages.

Kindergarten Extension

Write Y and y, then say or write one Y word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter Y.

26. Letter Z

Look it. Say it. Trace it. Learn it.

Z z

Uppercase and lowercase

Z says

/z/ as in zebra

Say the sound and the words below.

zebra

zipper

zoo

Trace the letters.

Z Z z z

Write the letter.

Z z Z z

Z Beginning Sound

Circle or point to the words that begin with Z.

zebra

ball

zipper

sun

zoo

Z word

Challenge

Say or draw another word that begins with Z.

Letter Z Practice

Find it. Match it. Write it.

Find the target letter

Z	c	d	Z	n
z	Z	r	s	Z
z	c	Z	m	n
Z	q	r	Z	t

Trace and write a word

Zebra

zebra

Match uppercase and lowercase

Z	_____	z
z	_____	Z
Z	_____	z

Lesson Plan: Letter Z

15 to 20 minutes | Pre-K and Kindergarten

Focus

Recognize uppercase Z and lowercase z, hear the sound, and practice letter formation.

Materials

Workbook pages, crayons, a letter card, and examples such as zebra, zipper, zoo.

Warm Up

Show the letter Z. Say the letter name and repeat the sound together.

Explore

Find Z in books, signs, names, or an alphabet chart.

Active Learning

Build Z with play dough, craft sticks, or body movement.

Workbook Connection

Complete one or two Letter Z practice pages.

Kindergarten Extension

Write Z and z, then say or write one Z word.

Learning Supports

Use short directions, visuals, movement, and flexible response options.

Check

Ask the child to show, say, trace, or build letter Z.

Alphabet Review Trail

Say each letter and color the ones you know.

A	B	C	D	E	F
G	H	I	J	K	L
M	N	O	P	Q	R
S	T	U	V	W	X
Y	Z				

Write 3 letters and 3 words you remember.

Celebrate the Alphabet Adventure

☐ I can name letters.

☐ I can hear beginning sounds.

☐ I can trace letters.

☐ I can match uppercase and lowercase letters.

☐ I can say letter words.

☐ I can keep learning every day.

Certificate of Completion

This certificate is proudly presented to

for completing The PEAK Alphabet Adventure™

and growing in confidence, curiosity, and early literacy skills.

Date

Caregiver or Educator