

October Activities



Monday	Tuesday	Wednesday	Thursday	Friday
Special Dates: Oct. 2nd - Craig H.'s Birthday, Oct. 5th - Kenzetta H.'s Birthday, Oct. 6th - Melodies with Marcy, Oct. 8th - Lien L.'s Birthday, Oct. 8th - Jerry H.'s Birthday, Oct. 14th - Forster Apple Fest, Oct. 15th - Drum Circle, Oct. 16th - Singing with Judy, Oct. 16 th - - Pet Therapy with Basset Hounds Oct. 17th - John B.'s Birthday, Oct. 20th - Melodies with Marcy, Oct. 22nd - Pet Therapy with Maggie, Oct. 22nd - Hanna Z.'s Birthday, Oct. 22nd - Paul H.'s Birthday, Oct. 22nd - Bible Study, Oct. 23rd - Jenny F.'s Birthday, Oct. 25th - Chris S.'s Birthday, Oct. 26th - Ruth A.'s Birthday, Oct. 27th - Bingo Store, Oct. 28th - Halloween Movie Showing, Oct. 29th - Pet Therapy with Maggie, Oct. 30th - Singing with Judy			1 October IQ Crossword #58 Discovery Studio Hula Pants & Seated Exercise October Jeopardy Trivia Sensory, Spa, & Karaoke Cornhole & Seated Exercise	2 Matching Owl Decorations Wise Old Owl Crossword Discovery Studio Cornhole & Seated Exercise BINGO Sensory, Spa, & Karaoke Scoop It & Seated Exercise
5 SPACE Categories Meteor Shower Mining Discovery Studio Scoop It & Seated Exercise Travelogue: Czech Republic Basketball & Seated Exercise Sensory, Spa, & Karaoke	6 TUNES Categories Statue of Liberty Mining BINGO Basketball & Seated Exercise Melodies with Marcy Disc Golf & Seated Exercise Sensory, Spa, & Karaoke	7 ANGEL Categories Mixed-Up Firefighter Baking, Sports Talk, & Jewelry Club Disc Golf & Seated Exercise Fall Family Feud Ladder Ball & Seated Exercise Sensory, Spa, & Karaoke	8 TWANG Categories Spine-Tingling Night Mining Discovery Studio Ladder Ball & Seated Exercise What am I? Trivia Dart Ball & Seated Exercise Sensory, Spa, & Karaoke	9 Clever Crows Crossword WHALE Categories Discovery Studio Dart Ball & Seated Exercise BINGO Bowling & Seated Exercise Sensory, Spa, & Karaoke
12 Indigenous Cuisine of America Matching Moccasins Discovery Studio Bowling & Seated Exercise Karaoke/Dance Party Bean Bag Toss & Seated Exercise Sensory, Spa, & Karaoke	13 FIRST Categories First People's Day Mining Discovery Studio Parachute Ball & Seated Exercise BINGO Cornhole & Seated Exercise Sensory, Spa, & Karaoke	14 Military Salute Mining DONUT Categories Baking, Sports Talk, & Jewelry Club Hula Pants & Seated Exercise Forster Apple Fest Noodle Ball & Seated Exercise Sensory, Spa, & Karaoke	15 CLOWN Categories Spelling Turn the Page Drum Circle Noodle Ball & Seated Exercise Fall Would You Rather Battle Bags & Seated Exercise Sensory, Spa, & Karaoke	16 CHIME Categories Top Dog Rhyme Singing with Judy Battle Bags & Seated Exercise BINGO with Bassets Baseball Toss & Seated Exercise Sensory, Spa, & Karaoke
19 Going Scouting Match The Story of Scouting Word Fit Discovery Studio Baseball Toss & Seated Exercise Fall Price is Right Bean Bag Toss & Seated Exercise Sensory, Spa, & Karaoke	20 Inspiring Scouting Quote Merit Badges Mining BINGO Bean Bag Toss & Seated Exercise Melodies with Marcy Baseball Toss & Seated Exercise Sensory, Spa, & Karaoke	21 Matching Pumpkin Pie Pumpkin Spice Latte Mining Baking, Sports Talk, & Jewelry Club Parachute Ball & Seated Exercise October Modern Jeopardy Bowling & Seated Exercise Sensory, Spa, & Karaoke	22 SWEPT Cat. & Corn Rhyme Discovery Studio Pet Therapy Bowling & Seated Exercise Fall Pictionary & Bible Study Disc Golf & Seated Exercise Sensory, Spa, & Karaoke	23 SPINE Categories Thrillers & Scary Movies Crossword Discovery Studio Disc Golf & Seated Exercise BINGO Cornhole & Seated Exercise Sensory, Spa, & Karaoke
Spirit Week				
Decades Day	Sports Team Shirt Day	Pajama Day	Orange & Black	Costume Day
26 MAGIC Categories Mixed-Up Halloween Monsters Discovery Studio Noodle Ball & Seated Exercise Meow-Loween Finish the Phrase Hula Pants & Seated Exercise Sensory, Spa, & Karaoke	27 TRICK Categories The Monster Match Discovery Studio Hula Pants & Seated Exercise BINGO & Bingo Store Dart Ball & Seated Exercise Sensory, Spa, & Karaoke	28 All About Pumpkins Word Fit BONES Categories Baking, Sports Talk, & Jewelry Club Dart Ball & Seated Exercise Movie Showing Baseball Toss & Seated Exercise Sensory, Spa, & Karaoke	29 Mixed-Up Candy & CLAWS Cat. Discovery Studio Pet Therapy Halloween Games & Seated Exercise Halloween BINGO Halloween Games & Seated Exercise Sensory, Spa, & Karaoke	30 Secret Halloween Quote GHOST Categories Singing with Judy Halloween Games & Seated Exercise Monster Mash Party Halloween Games & Seated Exercise Sensory, Spa, & Karaoke

October Menu



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Meal Service Information & Dietary Accommodations: All food is made with love by our kitchen staff, if any foods interfere with dietary restrictions, we will make the appropriate accommodation! Every breakfast and lunch is served with 8oz of 1% milk, and soy milk for those that are lactose intolerant. Hot cocoa, tea, decaf coffee, and water are available upon request! Breakfast is served at 10:15am, Lunch is served at 12:30pm, and Afternoon Snack is served at 3:15pm			1 Biscuits & Honey w/ Cantaloupe Monte Cristo Pinwheels Cucumber Salad Diced Peaches Whole Grain Crackers WG Crackers & Cheese Slices	2 Cinnamon Crisps & Fruit Salsa Stuffed Pepper Casserole Pineapple Tidbits Whole Grain Bread Yogurt, Granola, & Peaches
5 Oatmeal Bars & Cantaloupe Broccoli Cheddar Casserole Mandarin Oranges Whole Grain Bread Yogurt, Granola, & Peaches	6 Breakfast Pizza & Apples Chicken Tortilla Soup Diced Peaches Spanish Rice Tortilla Chips WG Crackers & Cheese Slices	7 Brown Sugar Oatmeal & Bananas Meat Pasties Mashed Potatoes Sliced Pears Whole Grain Bread String Cheese & Trail Mix	8 Chocolate Muffins & Applesauce Ham & Bean Soup Fruit Cocktail Whole Grain Bread Apple Slices & Peanut Butter	9 French Toast Sticks & Mixed Berries Spaghetti Bake California Veggie Blend Pineapple Tidbits Graham Crackers & Applesauce
12 Banana Bread & Mandarin Oranges Chicken Noodle Soup Fruit Cocktail Side Salad Whole Grain Bread String Cheese & Trail Mix	13 Cinnamon Apple Muffin & Applesauce Italian Subs Cauliflower Mandarin Oranges Apple Slices & Peanut Butter	14 Biscuits & Honey w/ Cantaloupe Roasted Tomato Soup w/ Chicken Grilled Cheese Diced Peaches Cottage Cheese & Diced Peaches	15 Cinnamon Crisps & Fruit Salsa Tater Tot Casserole Diced Pears Whole Grain Bread WG Crackers & Cheese Slices	16 English Muffin, Eggs, & Hash Browns Lasagna Soup Broccoli Pineapple Tidbits Whole Grain Bread Yogurt, Granola, & Peaches
19 Breakfast Pizza & Apples Breakfast Casserole Diced Peaches Whole Grain Bread Yogurt, Granola, & Peaches	20 Pumpkin Muffins & Applesauce Cheeseburgers Potato Wedges Pineapple Tidbits WG Crackers & Cheese Slices	21 Quiche & Fruit Salad Ham & Cheese Sandwich w/ Pickle Cucumber Salad Fruit Cocktail String Cheese & Trail Mix	22 French Toast Sticks & Mixed Berries Chicken Parmesan Casserole Green Beans Sliced Pears Whole Grain Bread Apple Slices & Peanut Butter	23 Oatmeal Bars & Cantaloupe Meat Loaf Mashed Potatoes Broccoli Whole Grain Bread Graham Crackers & Applesauce
Spirit Week				
Decades Day	Sports Team Shirt Day	Pajama Day	Orange & Black	Costume Day
26 Maple Oatmeal & Bananas Italian Wedding Soup Side Salad Diced Peaches Whole Grain Bread String Cheese & Trail Mix	27 Banana Bread & Mandarin Oranges Chicken & Stuffing Casserole Pineapple Tidbits Whole Grain Bread Apple Slices & Peanut Butter	28 Cinnamon Pumpkin Muffin & Applesauce White Chicken Chili Fruit Cocktail Tortilla Chips & Spanish Rice Cottage Cheese & Diced Peaches	29 Biscuits & Honey w/ Cantaloupe Salisbury Steak Mashed Potatoes Green Beans Whole Grain Bread WG Crackers & Cheese Slices	30 Cinnamon Crisps & Fruit Salsa Aloha Beef Slider Mandarin Oranges Cucumber Salad Yogurt, Granola, Peaches