



ACTIVITIES IN ROCHESTER HILLS

Within a 20-Mile Radius

A local guide to fun for kids, teens,
adults & date nights.

Inside:



Kids | Indoor +
Year-Round Fun



Kids | Outdoor +
Learning Adventures



Adults | Active Fun +
Night Out



Adults | Low-Key,
Creative + Outdoor

*You don't need to wonder what to do this weekend.
This guide has you covered.*

Compiled by Rebecca Realty Group





KIDS SECTION

Indoor + Year-Round Fun



Rainy day, winter day, or just burn-some-energy day?
Start here.

1



Indoor Play Spots

- Kids Empire — giant indoor playground (Auburn Hills + Troy)
- T&B Play — indoor play space (Rochester Hills)
- Boogie Babies — play + movement (Rochester Hills)

2



Big Energy Fun

- Urban Air — trampolines + adventure attractions (Sterling Heights)
- Sky Zone — jump park fun (Shelby Township)
- Full Throttle — karting + arcade for older kids/teens (Sterling Heights)

3



Arcades + Movies

- Round1 — bowling, arcade, karaoke, games (Auburn Hills)
- Emagine Rochester Hills — movie nights
- AMC Forum 30 + MJR Troy Grand — more movie options

4



Big Hit Attractions

- LEGOLAND Discovery Center Michigan (Auburn Hills)
- SEA LIFE Michigan Aquarium (Auburn Hills)

Toddler to teen, there's something here for every age.



Outdoor + Learning Adventures

For playground days, trail days, animal days, and curious-kid days.

1



Parks + Nature

- Innovation Hills (Rochester Hills)
- Bloomer Park (Rochester Hills)
- Stony Creek Metropark (Shelby Township)
- Paint Creek Trail (Rochester area)
- Avon Nature Area (Rochester Hills)

2



Nature Centers + Animals

- Burgess-Shadbush Nature Center (Shelby Township)
- Red Oaks Nature Center (Madison Heights)
- Detroit Zoo (Royal Oak)
- Yates Cider Mill — seasonal family favorite (Rochester Hills)

3



Science + History

- Cranbrook Institute of Science (Bloomfield Hills)
- Rochester Hills Museum at Van Hoosen Farm
- Meadow Brook Hall tours + grounds (Rochester)

4



Adventure + Active

- TreeRunner Rochester Adventure Park, Putt Forest + Bounce Forest
- Auburn Hills Skate Park
- Bowers School Farm (Bloomfield Hills)

Fresh air, fun, and a little learning? Perfect combo.





ADULT SECTION

Active Fun + Night Out

For friend nights, date nights, and competitive fun.



1



Golf + Games

- Topgolf (Auburn Hills)
- Round1 — bowling + arcade + karaoke (Auburn Hills)
- Avon North Hill Lanes (Rochester Hills)

2



Adrenaline + Competition

- Full Throttle Adrenaline Park — karting + games (Sterling Heights)
- Activate Games — interactive challenge rooms (Utica)
- The HUB Stadium — fowling, axe throwing + golf suites (Auburn Hills)

3



Escape + Entertainment

- Escapology Escape Rooms (Auburn Hills)
- Xtreme Breakout Escape Rooms (Shelby Township)
- Emagine Rochester Hills
- AMC Forum 30

4



Shows + Local Nights

- Meadow Brook Theatre (Rochester)
- Downtown Rochester strolling + seasonal atmosphere
- Rochester Mills Beer Company (Rochester)

Yes, adults deserve fun plans too.



REBECCA REALTY GROUP

Low-Key, Creative + Outdoor

For slower days, easy outings, browse-around days, and low-effort date ideas.

1



Trails + Fresh Air

- Paint Creek Trail — walk, run, bike
- Innovation Hills — easy strolls + scenic paths
- Bloomer Park — trails + peaceful outdoor time
- Stony Creek Metropark — beach, kayaking, biking, paddleboarding

2



Culture + Creative Time

- Meadow Brook Hall tours + events
- Cranbrook Institute of Science
- Painting with a Twist (Rochester Hills)
- Rochester Hills Museum at Van Hoosen Farm

3



Shopping + Browse Around

- The Village of Rochester Hills
- Downtown Rochester
- Great Lakes Crossing Outlets (Auburn Hills)

4



Easy Local Favorites

- Yates Cider Mill cider + donuts
- Coffee shop hopping
- Patio drinks or brewery stops
- Movie-and-dinner nights

Sometimes the best plans are the simple ones.