



Emirates
GBR 
SAILGP TEAM

GRASSROOTS TO GLORY

*DEVELOPING FEMALE
TALENT BOTH
ON-AND-OFF
THE WATER*

THE ISSUE

**WOMEN MAKE UP ONLY 24%
OF THE UK SAILING
COMMUNITY.**

**80% OF FEMALE SAILORS SAY
THE SPORT STILL FACES
A SERIOUS GENDER
IMBALANCE ISSUE.**

SOURCES: RYA 2024, WORLD SAILING TRUST



**WITHOUT VISIBLE ROLE MODELS,
STRONG MENTORSHIP, AND CLEAR
PATHWAYS, WOMEN ARE STILL
BEING HELD BACK FROM REACHING
THE **TOP LEVELS** OF SAILING AND
LEADERSHIP.**

THE SOLUTION

**HANNAH MILLS AND
SIR BEN AINSLIE FOUNDED
THE ATHENA PATHWAY
PROGRAMME IN 2022.**

**ATHENA PATHWAY IS
EMIRATES GBR'S DEVELOPMENT
PATHWAY INTO THE SPORT
TO CREATE GENDER EQUITY.**



KEY IMPACT 2025

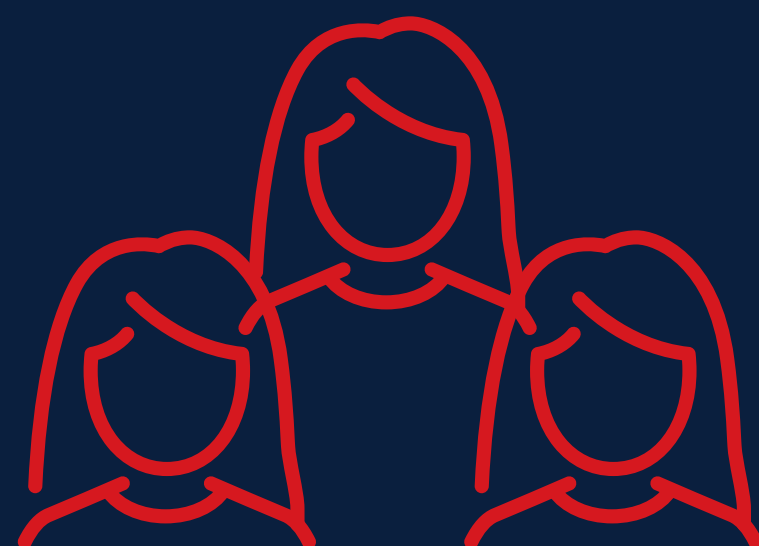


110

PARTICIPANTS ATTENDED
DEVELOPMENT FOILING SESSIONS.

74%

WERE FEMALE.



UP FROM

42%

THE PREVIOUS YEAR.

ELLIE ALDRIDGE, OLYMPIC KITE FOILING CHAMPION,
TRANSITIONED FROM ATHENA PATHWAY
PROGRAMME TO **EMIRATES GBR** FEMALE
DEVELOPMENT SAILOR.

HANNAH MILLS CONTINUED HER DEVELOPMENT IN
THE **F50 DRIVER ROLE** THROUGH A **PERFORMANCE
DEVELOPMENT PLAN**.





HANNAH MILLS
STRATEGIST

TRAINING:

- **255** minutes in the driver role
- **120** minutes on the simulator
- At-home grinding machine to train for light wind events
- **71** races complete in Season 2025
- **19** practice sessions



ELLIE ALDRIDGE
FEMALE DEVELOPMENT SAILOR
RESERVE SAILOR

TRAINING:

- **220** minutes across strategist and flight controller roles
- **425** minutes on the simulator
- **9** events completed
- Chase boat operations

2025 KEY IMPACTS

EMIRATES GBR MANAGEMENT TEAM HAS SUPPORTED HANNAH'S AMBITION TO DRIVE AN F50 IN HER OWN TEAM, AND BE THE FIRST FEMALE LED TEAM BOTH ON AND OFF THE WATER.

THROUGH 250+ HOURS OF BUSINESS MENTORSHIP & SUPPORT FROM SIR BEN AINSLIE AND TEAM CCO/ CMO JO GRINDLEY.



USING OUR VOICE

100+ PEOPLE ATTENDED OUR **WOMEN TRAILBLAZERS PANEL** AT THE SOUTHAMPTON INTERNATIONAL BOAT SHOW WITH...



HANNAH MILLS OBE
OLYMPIC CHAMPION, STRATEGIST AND
ATHENA PATHWAY CEO / CO - FOUNDER

LAUREN EATWELL
ENGINEER, HEAD OF WINDWINGS BAR TECH



JAZZ TURNER
PARA INCLUSIVE SAILOR

HOSTED BY
FIONA MORGAN
CHIEF PURPOSE OFFICER AT SAILGP





“

***I WANT TO INSPIRE MORE
WOMEN TO BE INVOLVED
IN SAILING AND NOT BE
AFRAID OF ‘EXTREME
SPORTS’.***

ELLIE ALDRIDGE MBE

Emirates **GBR** *SAILGP TEAM*

1851 TRUST 
SPORT INSPIRED LEARNING

PERFORMANCE  ACADEMY
PART OF THE ANDREW SIMPSON GROUP

SCARAMOUCHE
SAILING  TRUST

 **ATHENA**
PATHWAY

 Greig City
Academy