Travel for Travellers
BY GLP WORLDWIDE

13-DAYS

BERGEN - NORWEGIAN FJORDS - OSLO

THE INNER FJORDS EXPLORER

NORWAY

LIVE THE LEGEND OF NORWAY

sale

BLACK FRIDAY PROMOTION

BOOK BY **DEC 3**

ITINERARY

Day 1
Depart Toronto

Day 2
Arrive Bergen

Day 3
Bergen & Embark

A 13-day cruise and land journey from Toronto through Bergen, Norway's inner fjords and Oslo. Sail aboard MS Trollfjord for seven nights, then continue by rail, coach and fjord cruise on the classic Norway in a Nutshell route.

Please note: Scenic sailing, excursions and sightseeing order may be adjusted due to weather, sea conditions and operational considerations.

Day 4
Kvinnheradsfjord

Day 5
Stavanger

Day 6
Hardangerfjord

Day 7
Sognefjord

Day 8
Ålesund

Day 9
Nordfjord

Day 10
Bergen

Day 11
Norway in a Nutshell

Day 12
Oslo

Day 13
Depart Oslo

DAY 1

Journey Begins

Begin your Norway adventure as you depart Toronto on your overnight flight to Europe, connecting onward to Bergen. Settle in and look ahead to Norway's dramatic fjords, coastal cities and rich maritime heritage.

DAY 2

Welcome to Bergen

Arrive in Bergen, the gateway to Norway's fjords. Meet your local representative and transfer to your hotel, then take time to settle in after your overnight journey. This evening, gather with your fellow travellers for a welcome dinner as your Norway adventure begins.

Accommodation: *Home Hotel Bryggen Bergen or similar (1 night)*

DINING: D

DAY 3

Bergen

Gateway to The Fjords

Begin the day with a guided tour of Bergen, known as the Gateway to the Fjords. Ride the Fløibanen Funicular to Mount Fløyen for sweeping views over the city, harbour and surrounding fjords, with time to enjoy the scenic viewpoints.

This afternoon, transfer to the pier and board MS Trollfjord. Meet your Expedition Team, settle into your cabin and enjoy your first dinner onboard as the ship departs Bergen, beginning your voyage through Norway's majestic fjords.

Accommodation: *MS Trollfjord (7 nights)*

DINING: B, D

DAY 4

Kvinnheradsfjord

Rosendal & the Heart of Hardanger

Cruise into Kvinnheradsfjord, a scenic branch of the great Hardangerfjord. Surrounded by steep mountains, waterfalls and peaceful coastal landscapes, this beautiful fjord offers your first glimpse into Norway's inner fjords.

At its heart lies Rosendal, a charming village framed by orchards and glacier views. Spend time discovering Barony Rosendal, Norway's only manor house of its kind, or enjoy the village's gardens, galleries and mountain scenery.

DINING: B, L, D

DAY 5

Stavanger

Stavanger & the Fjord of Light

Sail through dramatic Lysefjord, where soaring cliffs rise more than 3,000 feet above the sea and iconic Preikestolen, or Pulpit Rock, towers over the fjord. Later, arrive in Stavanger, a lively coastal city blending Viking heritage with modern charm. Explore the picturesque Old Town, lined with white wooden houses, cafés, galleries and waterfront restaurants, or browse local shops for Norwegian crafts and traditional wool sweaters.

DINING: B, L, D

Included Shore Excursion

Walking Tour of Stavanger

Explore Stavanger's harbour, historic old town, colourful Øvre Holmegate and cathedral while discovering the city's culture and maritime heritage.

DAY 6

Hardangerfjord

Queen of the Fjords

Today's journey brings you into the magnificent Hardangerfjord, often called the Queen of the Fjords. Framed by glaciers, orchards, villages and snow-capped peaks, this beautiful waterway reveals some of Norway's most poetic landscapes.

At the fjord's innermost reach lies Eidfjord, a peaceful village surrounded by cliffs and tumbling rivers. Here, you may visit the Hardangervidda Nature Centre or join an excursion to the dramatic Vøringsfossen waterfall.

DINING: B, L, D

DAY 7

Sognefjord

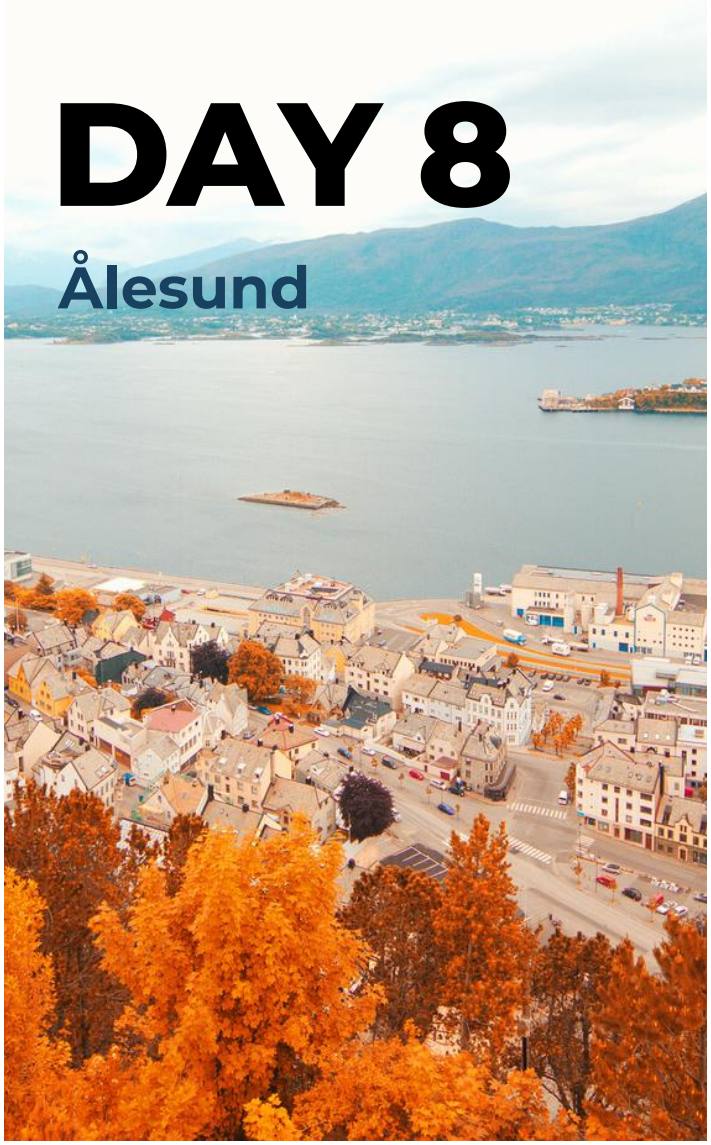
Nearby stands the UNESCO-listed Urnes Stave Church, Norway's oldest stave church, where intricate wooden carvings blend Viking artistry with early Christian symbolism.

Deep into Norway's Heart

Journey into Sognefjord, the King of the Fjords, stretching deep into Norway's mountain landscapes. Towering cliffs, waterfalls and glacier-carved valleys surround Skjolden, creating one of the country's most dramatic natural settings.

From here, guests may explore Jostedalsbreen Glacier, mainland Europe's largest glacier, or follow scenic valley trails toward historic mountain farms and peaceful viewpoints.

DINING: B, L, D



DAY 8

Ålesund

Art Nouveau by the Sea

Arrive in Ålesund, a beautiful coastal city known for its elegant Art Nouveau architecture, pastel buildings and scenic waterfront setting.

Stroll along cobbled streets and cafés, explore the city's design heritage, or head to Mount Aksla for sweeping views over Ålesund and the Sunnmøre Alps.

DINING: B, L, D

Included Shore Excursion

Ålesund Panoramic Bus Tour

Discover Ålesund's Art Nouveau streets and harbour on a panoramic bus tour, including Mount Aksla's Fjellstua viewpoint for sweeping views of the town and Sunnmøre Alps.

DAY 9

Nordfjord

Included Shore Excursion

Jostedalsbreen Glacier

Discover Olden's glacier scenery on an excursion to Briksdal, an arm of Jostedalsbreen, with waterfalls, mountain views and access by scenic trail or troll car.

Glaciers, Valleys & Village Life

The approach to Nordfjord is among Norway's most scenic sailings, stretching inland from the open sea toward glacier-carved valleys and mirror-bright lakes. Along the sheltered shores, red boathouses, green pastures, forested slopes and silver waterfalls create a peaceful rhythm of village life beneath steep mountain peaks.

DINING: B, L, D

At the fjord's innermost reach lies Olden, a quiet village framed by the turquoise Oldeelva River and the mighty Jostedalsbreen Glacier. From here, enjoy an included excursion toward Briksdal Glacier, travelling through beautiful valleys and mountain scenery to experience one of Norway's most memorable glacier landscapes.

DAY 10

Bergen

Bergen Disembarkation

Arrive back in Bergen this morning, returning to the Gateway to the Fjords after your journey through Norway's western fjords. After disembarkation, transfer to your hotel and enjoy the rest of the day at leisure.

Take time to explore Bergen at your own pace, perhaps discovering Bryggen's UNESCO-listed alleyways, harbourfront views and charming streets. This evening, gather for dinner at a local restaurant.

Accommodation: *Home Hotel Bryggen Bergen or similar (1 night)*

DINING: B, D

Norway in a Nutshell

Begin your scenic journey from Bergen to Oslo, travelling by rail, coach and fjord cruise through some of Norway's most iconic landscapes. Ride the Bergen Railway to Voss, continue by coach through dramatic valleys to Gudvangen, then cruise along the UNESCO-listed Nærøyfjord to Flåm. From there, board the famous Flåm Railway to Myrdal before continuing onward to Oslo.

Accommodation: *Clarion Hotel The Hub Oslo or similar (2 nights)*

DINING: B, L, D

DAY 12

Oslo

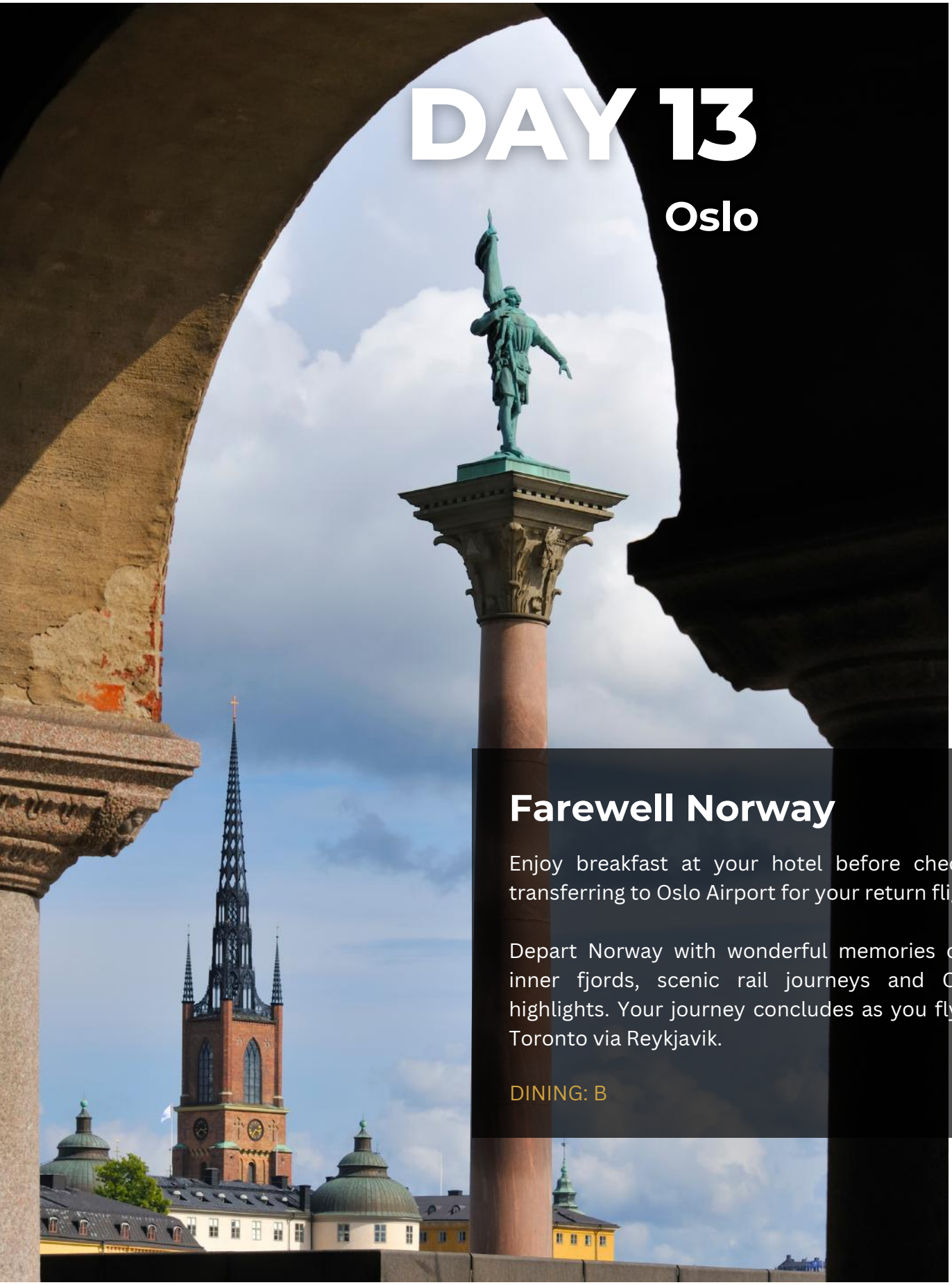
Visit the Fram Museum, which tells the story of Norway's polar exploration, followed by the Kon-Tiki Museum, known for showcasing remarkable expeditions across the seas. Continue with a sightseeing tour of Oslo, Norway's elegant capital city.

Oslo City

Discover Oslo's main landmarks on a guided sightseeing tour through Norway's elegant capital. Admire the Royal Palace, National Theatre, Parliament, waterfront Opera House and the medieval Akershus Fortress, each offering a glimpse into the city's history, culture and modern Nordic design.

The rest of the day is at leisure, giving you time to explore at your own pace, stroll along the harbour, browse local shops or relax before the journey comes to a close. This evening, gather with your fellow travellers for a farewell dinner at a local restaurant.

DINING: B, D



DAY 13

Oslo

Farewell Norway

Enjoy breakfast at your hotel before checking out and transferring to Oslo Airport for your return flight home.

Depart Norway with wonderful memories of Bergen, the inner fjords, scenic rail journeys and Oslo's cultural highlights. Your journey concludes as you fly from Oslo to Toronto via Reykjavik.

DINING: B

Note: The sightseeing order is indicative only and may be adjusted on the day due to traffic conditions or operational considerations.

- **Built / Renovated:** 2002 / 2023
- **Length x Beam:** 135.75 m x 21.5 m
- **Decks:** 9
- **Cabins/Suites:** 270 / 21
- **Max. passengers:** 500

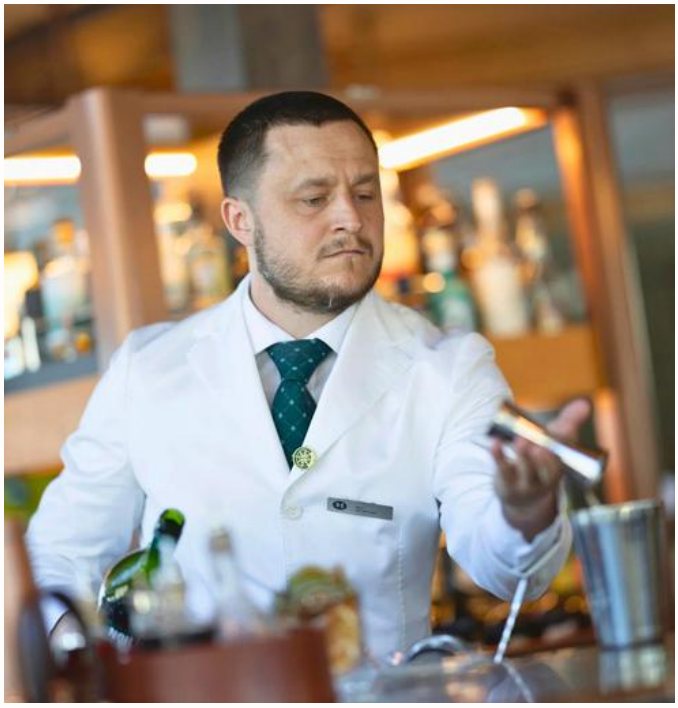
MS TROLLFJORD

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast.

On board, locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through.

The style of décor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing.

HURTIGRUTEN



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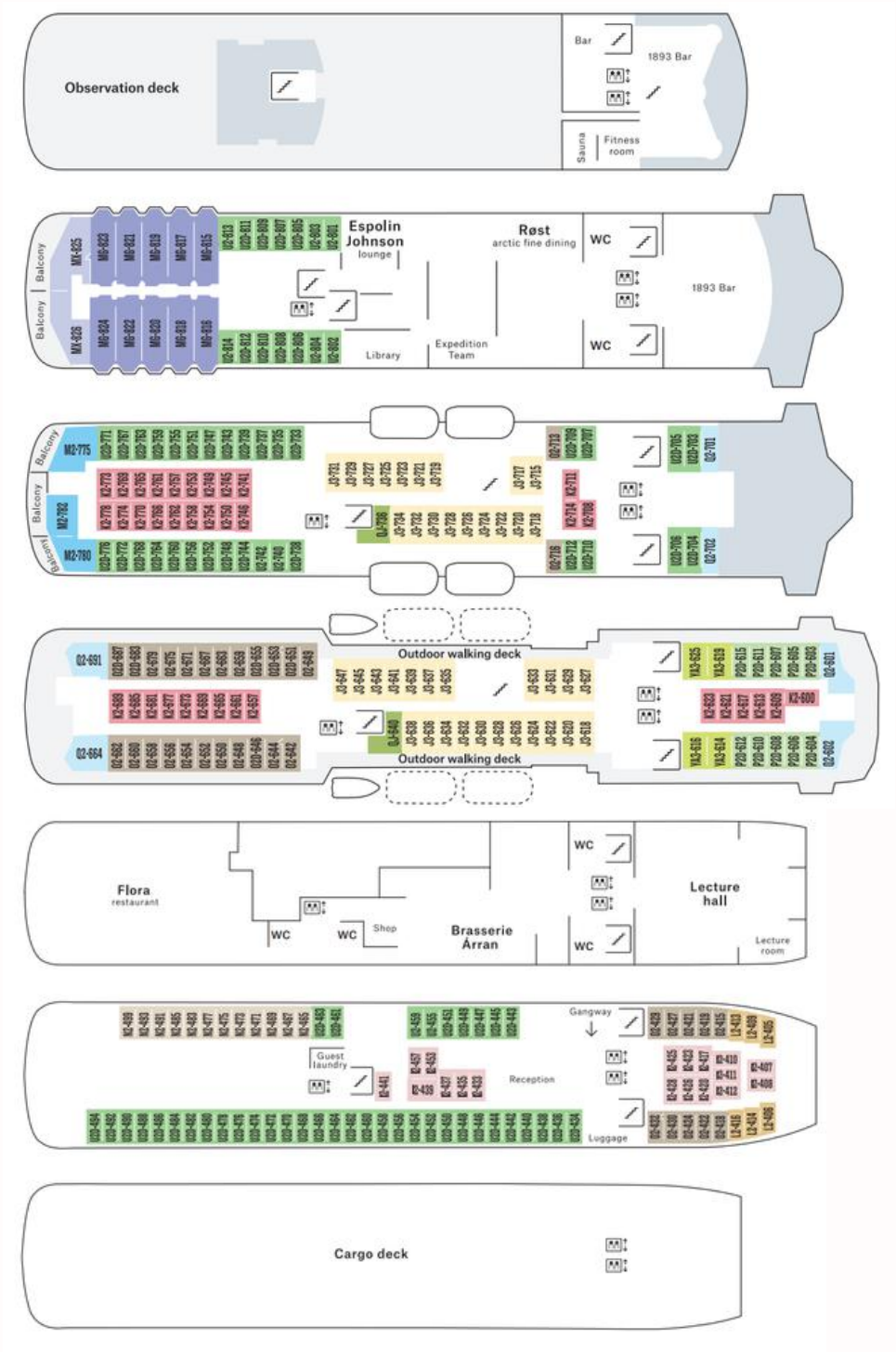
DECK PLAN



- MX Owner's Suite
- MG Grand Suite
- M2 Suite
- Q2 Mini Suite
- U2D Arctic Superior
- QJ Arctic Superior
- YA3 Arctic Superior
- P2D Arctic Superior
- J3 Polar Outside
- O2D Polar Outside
- N2 Polar Outside
- O2 Polar Outside
- L2 Polar Outside
- K2 Polar Inside
- I2 Polar Inside

STATEROOM TYPES

Polar Inside
Smart, simple & great value

Deck: 4/6/7

Room Size: 9-10 m²

Polar Outside
Classic cabins with a window

Deck: 4/6/7

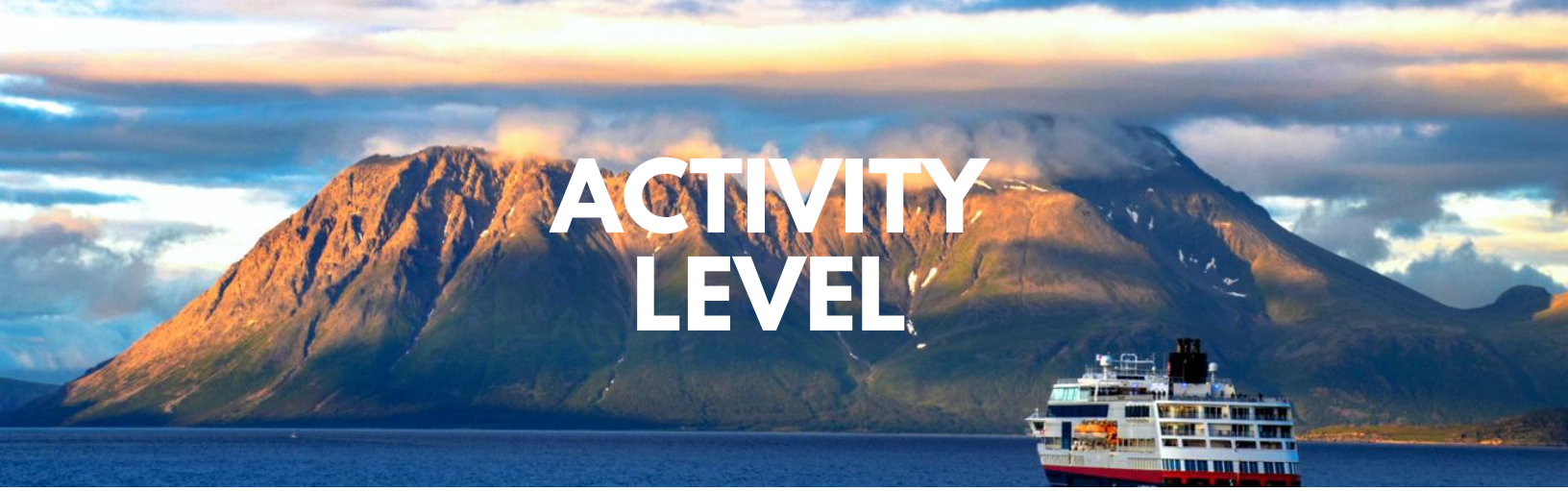
Room Size: 10-12 m²

Arctic Superior
Added comfort & extra touches

Deck: 4/6/7/8

Room Size: 11-16 m²

Accessible cabins available



ACTIVITY LEVEL

Activity Level: 2 of 5 — Moderate

1 – Leisurely, 2 – Moderate, 3 – Active, 4 – Vigorous, 5 – Robust

This journey is suitable for travellers with average mobility who are comfortable with regular daily activity. Sightseeing may include 1–3 hours of walking, cobblestone streets, uneven pathways, moderate inclines, stairs, and periods of extended standing. Travellers should be able to manage steps and multiple flights of stairs independently.

THE ACTIVITY LEVEL

3 / 5 Active

1 — 2 — **3** — 4 — 5

1 being least challenging, 5 being most challenging

THE ACTIVITY LEVEL

1 / 5 Leisurely

1 — 2 — 3 — 4 — 5

1 being least challenging, 5 being most challenging

THE ACTIVITY LEVEL

4 / 5 Vigorous

1 — 2 — 3 — **4** — 5

1 being least challenging, 5 being most challenging

THE ACTIVITY LEVEL

2 / 5 Moderate

1 — **2** — 3 — 4 — 5

1 being least challenging, 5 being most challenging

THE ACTIVITY LEVEL

5 / 5 Robust

1 — 2 — 3 — 4 — **5**

1 being least challenging, 5 being most challenging

PACKAGE RATES

TOUR DATE: SEPTEMBER 11 - 23, 2027

PACKAGE RATE (Cruise & Land, CAD$, per person)

CABIN CATEGORY	CABIN TYPE	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
K2	Polar Inside	CAD $8,540	CAD $11,170
J3	Polar Outside	CAD $9,040	CAD $13,370
O2	Polar Outside	CAD $9,770	CAD $13,740
U2D	Arctic Superior	CAD $10,380	CAD $14,110

CRUISE INCLUSIONS:

- 7 nights cruise in a comfortable cabin with ensuite bathroom
- Full board and complimentary tea and coffee on board the MS Trollfjord
- Unlimited Select drinks onboard (soft drinks, beers, wines & spirits at the Flora and Arran restaurants and Bar Open hours)
- On Board Credit:
  - Polar Inside Cabins: 75 Euro per person
  - Polar Outside Cabins: 125 Euro per person
  - Arctic Superior Cabins: 175 Euro per person
- Complimentary Wi-Fi throughout the ship and in your cabin
- Shore excursion as per itinerary
- English speaking guide per itinerary stated

LAND INCLUSIONS:

- 2 nights hotels in Bergen & breakfast as specified in the itinerary
- 2 nights hotels in Oslo & breakfast as specified in the itinerary
- Transportation of one (1) piece of luggage per person between the hotel in Bergen and the hotel in Oslo.
- Transfers, tours and meals as indicated in the itinerary
- English-Speaking local guide in each city.
- Porterage at hotels IN/OUT (1 piece per person)
- Gratuities for included guides, drivers and meals

EXCLUSIONS:

- International airfare and taxes & fuel surcharges Toronto–Bergen // Oslo-Toronto
- Meals not included in itinerary
- Bottled water will not be provided onboard. The ship offers water refill stations, and guests are encouraged to bring their own reusable water bottles.
- Optional travel, health, accident or other insurances.
- ETIAS application fee, which at estimated cost of **EUR 20** per person (subject to change)

ESTIMATED INTERNATIONAL AIR:
Roundtrip airfare in economy class from Toronto to Bergen and return Oslo to Toronto including applicable air taxes and fees at estimated price of **CAD 1,800 per person**

Transportation: Iceland air
Tentative Flight Schedule:
FI 602 11SEP Toronto - Reykjavik 8:45PM 6:20AM 12SEP
FI 334 12SEP Reykjavik - Bergen 10:10AM 2:30PM
FI 323 23SEP Oslo - Reykjavik 4:30PM 5:20PM
FI 605 23SEP Reykjavik - Toronto 8:00PM 10:05PM

- Additional cost to be applied for other departure cities
- Please contact us for air deviation, Saga class upgrade surcharges.

SPECIAL NOTE:
- Names provided at time of booking MUST match exactly your passport
- You must have a passport valid for at least 6 months after your return date
- If you wish to purchase optional travel insurance with us, it MUST be purchase prior to final payment date. Please contact us for a quotation.

DEPOSIT AND PAYMENT

First Deposit:	CAD $1,500 per guest for double occupancy at the time of booking.
	CAD $3,000 per guest for single occupancy at the time of booking.
Second Deposit:	CAD $1,500 per guest for double occupancy due on Feb 11, 2027.
	CAD $3,000 per guest for single occupancy due on Feb 11, 2027.
Final Payment:	Due on May 13, 2027

CANCELLATION CHARGES (Air cancellation penalties are subject to airline regulations)

From time of booking – Feb 11, 2027:	CAD $3,000 per cabin
From Feb 12 – May 13, 2027:	CAD $6,000 per cabin
From May 14 – Jul 8, 2027:	50% of tour cost
From Jul 9 – Aug 12, 2027:	90% of tour cost
From Aug 13, 2027 – date of departure:	100% of tour cost

IMPORTANT INFORMATION & TERMS

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We strongly recommend the purchase of trip cancellation or comprehensive travel insurance at the time of booking. Please contact us for a quotation.

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PRICE FROM

CAD$ 8,540

BEFORE

~~$10,675~~ / PERSON

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LIVE WEBINAR

NOV 12, 2026 | 3 - 4 PM . EDT

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