



VS



SOUTH GOWER

MUMBLES

SAT 26 SEPT | PWLLDU LANE | 2:30PM KO



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CHAIRMAN'S WELCOME

A very warm welcome to Pwlldu Lane to our nearest rivals, and to everyone joining us for what promises to be a fantastic day of rugby.

Today is a big occasion for the club, and it is great to see such a crowd here to support the teams. We have a full day of rugby ahead, with our youth, seconds and senior sides all taking to the field. It is a brilliant opportunity to showcase the club from top to bottom and, hopefully, enjoy some memorable rugby along the way.

I would like to take this opportunity to thank all of our staff, volunteers and everyone behind the scenes who have put in the late nights and long days to get everything prepared for today. These occasions simply would not happen without the time, effort and commitment of so many people, and it is hugely appreciated.

To both teams, I hope you enjoy the occasion and put on three great games of rugby for everyone watching.

To everyone here, enjoy what is surely to be an amazing three games, get behind the teams, and, when the rugby is over, stick around, grab a beer and enjoy the live music into the evening.

Have a fantastic day, and thank you for your continued support.

Ben Davies

Chairman



THANK YOU TO OUR WHOLE CLUB SPONSORS



**SOUTH
GOWER**



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P * H
BAR * RESTAURANT
MURTON



INTRODUCING OUR PRINCIPAL WHOLE CLUB SPONSOR



We're delighted to welcome back **The Joiners Arms Bishopston** as our Principal Whole Club Sponsor for the next two seasons.

Owned by Ian and Kath, The Joiners Arms has been a fantastic supporter of South Gower RFC for many years, and we're incredibly grateful for their continued commitment to the club.

Their backing helps us provide opportunities for everyone at the club from our youngest players in the Seahorse Squad all the way up to our Seniors.

A huge thank you to Ian, Kath and everyone at The Joiners Arms for your continued support for the South Gower RFC family.

For more information about The Joiners Arms including upcoming sports fixtures, kitchen opening times and events, visit their Facebook page: @[TheJoinersArmsBishopston](#)



Traditional free house serving hearty pub food with a Caribbean twist. High quality ales and beverages in a cosy atmosphere

Weekly Opening Hours

Monday: Closed

Tuesday: 3:00 PM - 10:30 PM

Wednesday & Thursday: 3:00 PM - 11:00 PM

Friday & Saturday: 12:00 PM - 11:00 PM

Sunday: 12:00 PM - 8:00 PM

50 Bishopston Road,
Bishopston,
Swansea
SA3 3EJ



01792 232658



@thejoinersbishopston

SHARE YOUR MATCHDAY MOMENTS

Mosaic

One story
of the day,
from every phone
that came.



Capture your favourite matchday moments from South Gower RFC v Mumbles RFC and share them on **Mosaic**.

No app required. Simply register using the link below, then upload your best photos and videos after the match.

<https://mosaic-app.community/u/mumbles-rfc-26sep>

✓ Up to 30 photos/videos per upload

✓ Up to 15 videos

✓ Videos up to 15 seconds each

Every photo helps tell the story, so get involved and share your matchday moments!

#UPPASEAHORSE

TEAMSHEETS 1ST XVS



1. Gareth Evans
2. Sam Cawsey
3. Lawrence Hyde
4. Jamie Jenkins
5. Charlie Stares
6. Fraser Deer
7. James Tune
8. Sam James
9. Alex Francis (C)
10. Sam Willlliamson
11. Sam Court
12. Joe Rees-Lee
13. Evan Jones
14. Olly Heinrich
15. Josh Jones

Substitutes

16. Morgan Israel
17. George Matthews
18. Sam Kaminaris
19. George Moore
20. Ben Jones



1. Dan Brooks
2. Gethin Bennett
3. Jack Cawsey Williams
4. Ethan Morgan (C)
5. Will Evans
6. Matthew Bishop
7. James Boskey
8. Will Howells
9. Jac Cross
10. Joe Thomas
11. Theo Oshisanya
12. Luke Morgan
13. Josh Jones
14. Matthew Hughes
15. Fraser Tait

Substitutes

16. Max Thomas
17. Ifan Evans
18. Lewis Buckley
19. Ellis Morgan
20. Olly Smith

Referee: Richard Brace

TEAMSHEETS 2ND XVS



1. Aaron Francis
2. Aiden Ellard
3. Jasper Willis
4. James Neale
5. Dan Gibbon
6. Nick Gwynn
7. Euan Lier
8. Jake Newington
9. Noah Williamson
10. Jac Greenwood (C)
11. Nathan Leach
12. Elgan Rice
13. Jacob Allisson
14. Zack Burns
15. Sam Davies

Substitutes

16. Nathan Davies
17. Jamie Taylor
18. Scott Bennett
19. Simon Bailey
20. Patrick McLernon
21. Roger Gill
22. Jamie Rewbridge
23. Ben Davies
24. Gareth Francis
25. Rob Gadd
26. Jonathan Lewis
27. Jamie Williams



1. Zak Jenkins
2. Josh Stephens
3. Lewis Morgan
4. Kian Bolam
5. George Mellowship
6. Tom Gravnor
7. Andrew Millard
8. Max Lazarevic
9. Owen Davies
10. Andrew Evans
11. Ed Jenkins
12. Josh Aka
13. Zak Phillips
14. Harry Mackey
15. Jamie George

Substitutes

16. Elliot Payne
17. Max Whittington
18. James Littlehales
19. Rhodri Taylor
20. Will Thomas
- 21 Rhys McCiver
- 22 Josh Hanbury
- 23 Jamie Armstrong
- 24 Joe McGreggor
- 25 Henri Onions

Referee: Mark Richards

TEAMSHEETS YOUTH



1. Matti Harper
2. Jinks Watkins
3. Casper Davies
4. Oscar Jackett
5. Eli Healings
6. Dexter Parrington-Hinds
7. William Dalling
8. Toby Baldoni
9. William Hooper
10. Rocco Lewis
11. Jed Painter
12. Austin Taylor
13. Ed Thomas
14. Sean Strevens
15. Dylan Whittaker

Substitutes

16. Lloyd Clatworthy
17. Alex Gordon
18. Riley Dempster
19. Eddie Price
20. Griff Ridler
21. Ben Williams
22. Dylan Davies
23. Will Davis
24. Dan Hinds

Referee: Mark Richards



RESPECT THE REF

Rugby is built on respect, both on and off the pitch.

So please support our referees, respect their decisions today and help us create a positive environment for players, officials and supporters alike.

Thank you for your understanding, and enjoy the rugby!

#uppaseahorse

FIXTURES AND RESULTS

THIS WEEK'S FIXTURES

Brynamman	v	Vardre
Bryncoch	v	Morrison
Cwmafan	v	Maesteg Quins
Porthcawl	v	Pencoed
South Gower	v	Mumbles

LAST WEEK'S RESULTS

Maesteg Quins	34	41	Bryncoch
Morrison	26	22	Brynamman
Mumbles	39	17	Vardre
Pencoed	28	22	Cwmafan
South Gower	20	29	Porthcawl

DIVISION 2 WEST CENTRAL

LEAGUE TABLE

	P	W	D	L	Pts
Porthcawl	2	2	0	0	10
Bryncoch	2	2	0	0	9
Morrison	2	2	0	0	9
Brynamman	2	1	0	1	6
Cwmafan	2	1	0	1	5
Mumbles	2	1	0	1	5
Pencoed	2	1	0	1	5
South Gower	2	0	0	2	1
Vardre	2	0	0	2	1
Maesteg Quins	2	0	0	2	1



SOUTH
GOWER

2026-27 STATISTICS

APPEARANCES

1



E Weatherley

Outside Centre

3



F Deer

Blindside Flanker

3



G Evans

Loose-head Prop

3

MOST TRIES

1



S Kaminaris

Openside Flanker

1



S Williamson

Fly Half

1



E Weatherley

Outside Centre

1

MOST POINTS

1



S Williamson

Fly Half

15



S Kaminaris

Openside Flanker

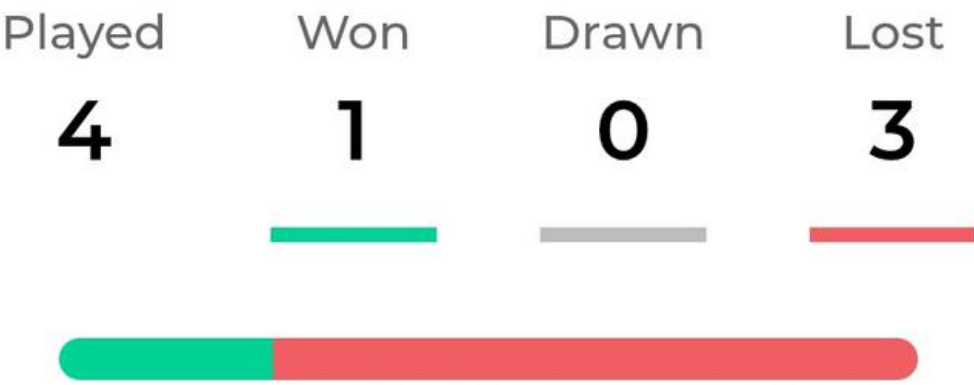
5



E Weatherley

Outside Centre

5



Form >



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[visit our website](#)



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MEET THE PLAYERS



JACOB ALLISON
CENTRE



ZACK BURNS
WINGER



SAM CAWSEY
HOOVER



SAM COURT
CENTRE



SAM DAVES
WING



FRASER DEER
BACK ROW



AIDAN ELLARD
HOOVER



GARETH EVANS
PROP



ALEX FRANCIS
SCRUM HALF



IOAN FRANCIS
BACK ROW



AARON FRANCIS
PROP



DAN GIBBON
2ND ROW

MEET THE PLAYERS



OLLY HEINRICH
WINGER



JOSH HUMPHREYS
WING/ FULL BACK



CODY HYLKEMA
2ND ROW



MORGAN ISRAEL
HOOVER



SAM JAMES
BACK ROW



JAMIE JENKINS
2ND ROW



JOSH JONES
CENTRE



BEN JONES
FLY HALF



SAM KAMINARIS
BACK ROW



EUAN LEIR
BACK ROW



GEORGE MATTHEWS
PROP



GEORGE MOORE
BACK ROW

MEET THE PLAYERS



JAMES NEALE
2ND ROW



JAKE NEWINGTON
BACK ROW



CHARLIE STARES
2ND ROW



ARUN TEMPLETON
BACK ROW



JAMES TUNE
BACK ROW



ELLIS WEATHERLY
CENTRE



JAMES WILD
WING



NOAH WILLIAMSON
SCRUM HALF



SAM WILLIAMSON
FLY HALF



LEO WOLLACOTT
PROP



**SOUTH
GOWER**

SOUTH GOWER RFC 2026/27 COACHING TEAM SEASON



JOSH HUMPHREYS
HEAD COACH



MIKE RUDDOCK
FORWARDS & TECHNICAL COACH



SAM COURT
ASSISTANT BACKS COACH



ALED WILLIAMS
KICKING COACH



ANDY MOORE
DIRECTOR OF RUGBY



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PLAYER PROFILE



Age: 21

Job: Labourer

Favourite Rugby Moment: Triple promotion and winning Crackers 7s

Rugby Hero: Michael Hooper

Favourite Food: Steak and chips

Best Away Ground: Dunvant

Pre Match Food: Weetabix, fruit and honey

Pre Match Song: Wind Up, Foofighters

Drink: Guinness

Interesting Fact: I was banned from playing touch Rugby for Wales

JAMES TUNE
FLANKER
#UPPASEAHORSE



**SOUTH
GOWER**

LAST TIME AT HOME

SOUTH GOWER 20- 29 PORTHCAWL

PHOTOS COURTESY OF PORTHCAWL RFC



SOUTH
GOWER

ADMIRAL WRU WEST CENTRAL FIXTURES 2026/27

SEP	26th Mumbles RFC (H)
OCT	10th Pencoed RFC (A) 17th Maesteg Quins RFC (H) 31st Morriston RFC (A)
NOV	21st Vardre RFC (H) 28th Brynamman RFC (A)
DEC	5th Bryncoch RFC (H) 12th Porthcawl RFC (A) 19th Cwmafan RFC (H)
JAN	2nd Mumbles RFC (A) 9th Pencoed RFC (H) 16th Maesteg Quins RFC (A) 23rd Morriston RFC (H) 30th Vardre RFC (A)
FEB	27th Brynamman RFC (H)
MAR	20th Bryncoch RFC (A)



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Community events



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(1 free kids meal with every adult main course)

**Looking to put your business in front of players,
supporters and the wider rugby community?**

At South Gower RFC we can provide opportunities
to:



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Promote your brand with a Pitchside Banner



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Affordable packages are available to suit businesses
of all sizes, helping you raise your profile while
supporting local grassroots rugby.

If you're Interested please contact **Christian
Heinrich** on **07775 876348** for more information.

JUNIOR FIXTURES

SUNDAY 27 SEPTEMBER



U7s v Festival (A)
U8s v Festival (A)
U9s v Trebanos (A)
U10s v Loughor (A)
U11s v Swansea Uplands (H) 9.45KO
U12s v Birchgrove (H) 11KO
U13s v Bonymaen (A)
U15s v Ystradgynlais (H) 12.15KO
U16s v Penclawdd (A)



**SOUTH
GOWER**

JUNIOR SPOTLIGHT

INTRODUCING OUR U15S



It is a pleasure to introduce you to the **South Gower Under 15s** squad. They are coached by Mark Bond, former club captain Andy Miller and Richard Mills.

The team continues to go from strength to strength as they adapted to new rules and Expectations of age group rugby. They train on a Thursday night between 7pm - 8.30pm.

We are always looking for new players, so if your child would like to join our team, please contact **Rhian** on **07834459824**



**SOUTH
GOWER**

COME AND EXPERIENCE SOUTH GOWER U15S

OPEN TRAINING SESSION

LED BY ANDY MOORE & MIKE RUDDOCK



 **Thursday 1 October**

 **5.30pm - 7pm**

 **South Gower RFC**

Open to New and Existing Players



FOR MORE INFORMATION

 **Polly Gordon 07792 077209**

 **Rhian Millar 07834 204032**

JUNIOR SECTION CONTACTS

2026/27

SEAHORSE SQUAD

TRAINING: FRIDAYS, 5.00PM - 5.30PM

U3S - U5S JESS REWBRIDGE - 07799 715463

MINIS

TRAINING: WEDNESDAYS, 6.00PM - 7.00PM

U6S RICHARD YATES - 07907 481423

U7S BEN DAVIES - 07772 184544

U8S CORINNE BROOKES - 07949 512258

U9S LAURA GILL - 07939 405242

U10S SARAH O'NEILL - 07946 376393

U11S JP CRONJE - 07946 204032

JUNIORS

TRAINING: WEDNESDAYS, 7.30PM - 8.30PM

U12S JAMIE TAYLOR - 07989 550548

U13S JAMIE REWBRIDGE - 07989 948781

TRAINING: THURSDAYS, 6.00PM - 7.30PM

U14S/U15S RHIAN MILLAR - 07834 459824

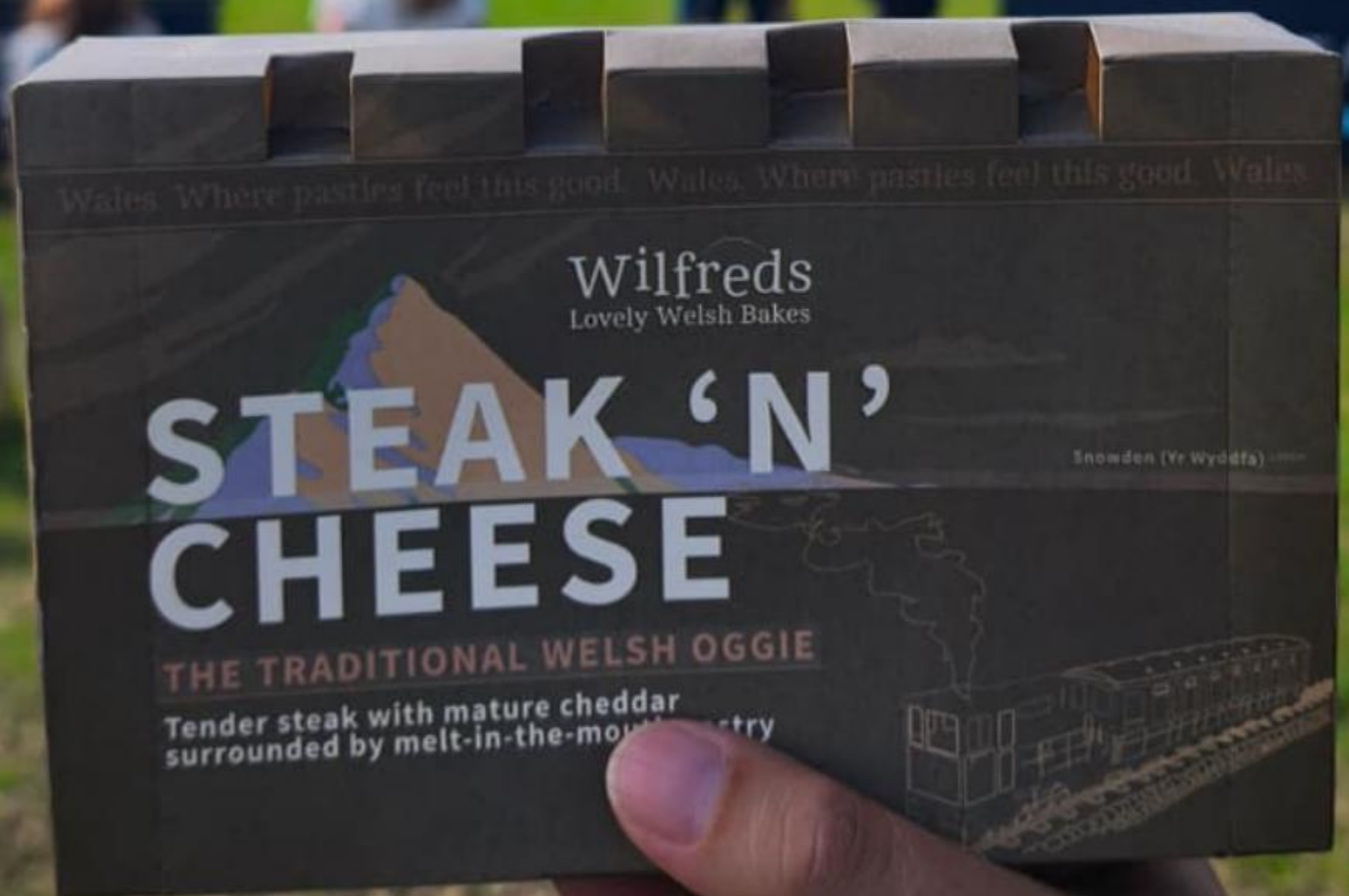
U16S ANDY HINDS - 07764 413304



SOUTH
GOWER

Wilfreds

Now available in the clubhouse



VOLUNTEER SPOTLIGHT



VOLUNTEER SPOTLIGHT JOHNATHAN LEWIS

CURRENT ROLE

JUNIOR SECTION CHAIRMAN
AND U10S COACH



INTERESTING FACT

PRE-MATCH I USED TO POLISH MY
BOOTS

RUGBY HERO

MA'A NONU



SOUTH
GOWER

VOLUNTEER SPOTLIGHT



FAVOURITE CURRENT GOWER PLAYER
ELLIS WEATHERLEY

WHY SOUTH GOWER?
AFTER MOVING FROM LLANELLI IN 2016 SOUTH GOWER
WAS THE FAVOURED CLUB TO JOIN

FAVOURITE GOWER MOMENT
SOUTH GOWER SECONDS DOMINATING MUMBLES
SECONDS



SOUTH
GOWER

VOLUNTEER SPOTLIGHT

WORST HABIT

SMELLING EVERYTHING I.E. FOOD
BEFORE TASTING IT

GO TO DRINK
GUINNESS

DESCRIBE SOUTH GOWER IN 3 WORDS

WELCOMING, COMMUNITY,
PROFESSIONAL



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