

Come home to Pick n Pay

The Fresh Food People.

Penny
 Gets it!
 AI ASSISTANT
 IN YOUR POCKET
 AVAILABLE NOW IN-APP



Promotion Valid 12 - 18 October 2026



PnP Fresh Chicken
Braaipack 8s or 16s

67⁹⁹
per kg



PnP All Purpose Potatoes 2kg,
English Tomatoes 1kg, Beetroot
and Carrot 1kg

BUY ALL 4
R90



Bulk Lamb Braai
Chops

189⁹⁹
per kg



BUY ANY 2
R35

PnP Bananas
Prepack or Red or Yellow
Apples 1kg



36⁹⁹
SMART SHOPPER PRICE

Dewfresh Fun-Yo Dairy Snack
Assorted 2kg Each



134⁹⁹
106⁹⁹
SMART SHOPPER PRICE

First Choice Cheese
Assorted 700g Each

Everyday Staples for Every Family.



BUY ALL 3
49⁹⁹
SMART SHOPPER PRICE

Blue Ribbon Classic White Sliced Bread 700g, PnP Full
Cream or Low Fat Fresh Milk Assorted 2 Litre and
PnP no name™ Eggs Large 6s. Ts and Cs apply.



WAYS TO SHOP

get it delivered. **Pick n Pay**
fresh! fast! easy! **asap!**



Picked fresh
by us. Also
delivered by



Instant savings
plus points.



SHOP NOW
pnp.co.za

BUY 2 FOR R35
PnP Queen Pineapple

BUY 3 FOR R30
PnP Kiwi

BUY 2 FOR R60
PnP Starking or Cripps Red Apples 1.5kg

BUY ANY 2 SAVE R10
PnP Dessert Peaches or Nectarines Prepack

BUY ANY 2 SAVE R10
PnP Cut Fruit Sharing or For Me Assorted

BUY 2 FOR R55
PnP Blueberries on the Run

Fresh picks, bright bites.

BUY ALL 4 R130
PnP White or Brown Tortilla 6s, Chicken Stir Fry 400g, Ripe & Ready Avocado 2s & Rainbow Coleslaw Mix 300g

ALL 4 FOR R120
Beef or Chicken Stir Fry 350g/400g, Stir Fry Noodles Assorted 250g, Stir Fry Sauce Assorted 100g and Stir Fry Veg Assorted 400-420g

BUY 3 FOR R30
PnP Loose Avocado

BUY ANY 2 SAVE R10
PnP Chopped Mixed Mushrooms 400g

BUY ALL R60
PnP English Cucumber, Crisp Lettuce Head, Loose Avocado and Slicing Tomatoes 2s

Ask me for this weeks wrap special?

Try me, I'm NEW

189⁹⁹
PnP Anthuriums 14cm

119⁹⁹
PnP Fuschia Pot Plant

139⁹⁹
PnP Roses 14cm

199⁹⁹
PnP Arum Lily 14cm

139⁹⁹
PnP Fresh Fynbos 40cm

189⁹⁹
PnP Protea Bunch

139⁹⁹
PnP Tempo Bouquet

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Protein, for every plate.



89⁹⁹
per kg

Pork Spare Ribs Marinated or Plain



69⁹⁹
per kg

Bulk Pork Braai Chops



109⁹⁹
per kg

Beef Chuck, Blade Steak, Brisket or Short Rib Bone-in



99⁹⁹
per kg

Bulk Farmstyle Boerewors



**BUY ANY 2
SAVE
20%**

PnP Pork Neck Steak Boneless or Sirloin Per kg



79⁹⁹
per kg

PnP Fresh Skinless Chicken Breast Fillets 4s or 12s



84⁹⁹
per kg

PnP Fresh Chicken Drumsticks 6s or Wings 12s



119⁹⁹
per kg

PnP Mediterranean or Moroccan Braai Espetada



98⁹⁹
per kg

PnP Grabouw or Chakalaka Chicken Wors

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Regular Price **43⁹⁹**
34⁹⁹
SMART SHOPPER PRICE

PnP Shaved Chicken or Smoked Ham 125g Each



Regular Price **64⁹⁹**
49⁹⁹
SMART SHOPPER PRICE

PnP Smoked Cheese Griller 375g



Regular Price **67⁹⁹**
59⁹⁹
SMART SHOPPER PRICE

PnP Beef Salami 100g



Regular Price **44⁹⁹**
36⁹⁹
SMART SHOPPER PRICE

Eskort Red or Smoked Viennas 500g Each



44⁹⁹

Eskort Marinated Rib Burgers 500g



119⁹⁹

Breco Braai Snoek 1kg



149⁹⁹

PnP Fishmonger's Vannamei Prawns 700g



Regular Price **79⁹⁹**
64⁹⁹
SMART SHOPPER PRICE

PnP Beef Sausage Rolls 24s



79⁹⁹

PnP Chicken Sliders 8s



Now pick **ANY 2** pizzas from our range for

R125
SMART SHOPPER PRICE

PROMOTION VALID EVERY THURSDAY TO SUNDAY



MAKE EVERY DAY A BOERIE DAY.

*Game Time Wors 6 x 120g per pack and PnP Hotdog Rolls 8s.

Regular Price **R93**
R70
SMART SHOPPER PRICE

PROMOTION VALID EVERY DAY OF THE WEEK. While stocks last. Offer subject to availability. Ts & Cs & limits apply.



BRING HOME 2 CHICKENS* JUST R170

*PnP Rotisserie Whole Chicken Assorted

Regular Price **R199**
R170
SMART SHOPPER PRICE

PROMOTION VALID EVERY SATURDAY & SUNDAY Ts and Cs apply.



18⁹⁹
PnP Sour Bread 400g



18⁹⁹
PnP Ciabatta 400g

Freshly baked.



29⁹⁹
PnP Garlic Bread 250g



18⁹⁹
PnP Yellow Raisin Bread 600g



18⁹⁹
PnP Butter Flavour Bread 600g



39⁹⁹
PnP Carrot Loaf 400g



99⁹⁹
PnP 2-Layer Chocolate Cake



99⁹⁹
PnP Chocolate or Coffee Flavoured Gateau Cake Each

Ask me for the freshest bakes?



BUY ANY 2 R50
SMART SHOPPER PRICE

Clover Bliss, Fruits of the Forest, Double Cream Plain 500g

Perfect for lunchboxes







DOUBLE CREAM PLAIN YOGHURT



Regular Price 57⁹⁹
47⁹⁹
SMART SHOPPER PRICE

Clover Happy Squares Medium Fat Cream Cheese 200g



Regular Price 72⁹⁹
59⁹⁹
SMART SHOPPER PRICE

Clover Traditional Feta Assorted 400g Each



BUY ANY 2 R20
SMART SHOPPER PRICE

Clover Tropika or Bliss Drinking Yoghurt Assorted 250g



Regular Price 42⁹⁹
36⁹⁹
SMART SHOPPER PRICE

Clover Happy Spread Cream Cheese 180g



Regular Price 59⁹⁹
49⁹⁹
SMART SHOPPER PRICE

Clover Cheese Portion Assorted 250g Each



Regular Price 114⁹⁹
99⁹⁹
SMART SHOPPER PRICE

Clover Cheese Assorted 500g Each



Regular Price 139⁹⁹
124⁹⁹
SMART SHOPPER PRICE

Clover Cheese Assorted 950g Each

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Come home to
Pick n Pay

SMART SHOPPER
BURGER FRIDAY.

Regular Price R124
R100
SMART SHOPPER PRICE












Get these 5 ingredients:

PnP Crumb Chicken, PnP Beef, PnP Mutton, PnP Boerie, PnP Cheese, or PnP Pepper Patties 4s, PnP Bakery Buns 4s, Lettuce Mix 80g, Slicing Tomatoes 2s, and Clover Full Cream Processed Cheese Slices 100g.

Only available at Pick n Pay Supermarkets, Hypermarkets and Mini Markets in Gauteng, North West, Mpumalanga, Limpopo, Northern Cape and Free State - Welkom, Loch Logan, Local Ficksburg, Lemo Mall, Potchefstroom, Noordstad, Rooyden, Diliabeng Mall Bethlehem, Canal Crossing, Langenhoven Park, Parys, Virginia, Uptington, Family Odendaalsrus, Family Kroonstad, Kimberley, Mangaung, Local Bloem Plaza, Local Bloemgate, Galeshewe-Kimber, Family Rhodesdene, Viljoenskroon, Henneman, Showgrounds Bloemfontein, Postmasburg, Family Vryburg, Family Kuruman Two, Matlosana Mall, Family Vanderhof Park, Family Preller Walk Mall, Family Fleurbaai, Family Songloed, Family Towers at Langenhoven, Family Kathu, Family Wolmaransstad, Paarltdorp, Family Hoopstad and Family Relizis Square. Promotional stocks are limited. Limitations per customer may apply. Prices include VAT, where applicable. Smart Shopper prices are available to registered Smart Shoppers. Please visit smartshopper.pnp.co.za to register your card and update your details. Smart Shopper terms and conditions apply. No traders. E&OE. Excluding Express Stores. Selected products may not be available at all stores. Selected products have been styled for photography. Visit www.picknpay.co.za, or call 0860 30 30 30. Call phone rates apply.

Pick n Pay

VALID 12 - 18 OCT 2026

Pick n Pay goes

PINK for October

Pick n Pay

In proud support of National Breast Cancer awareness month.



139⁹⁹

PnP Tempo Bouquet



139⁹⁹

PnP Begonia
14cm



34⁹⁹

PnP White Mushrooms 250g



36⁹⁹

PnP Portabellini Mushrooms 250g



54⁹⁹

ZA Blueberries



34⁹⁹

PnP Avocado 2s

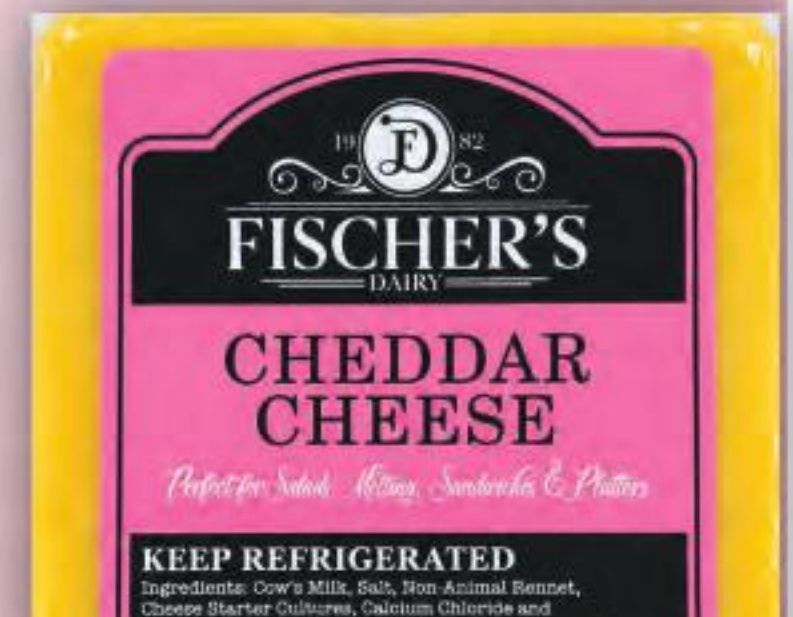


Regular Price **35⁹⁹**

29⁹⁹

SMART SHOPPER PRICE

no name™ Fat Spread Lite 1kg Tub



Regular Price **29⁹⁹**

26⁹⁹

SMART SHOPPER PRICE

Fischer's Dairy Cheddar Assorted 180g Each

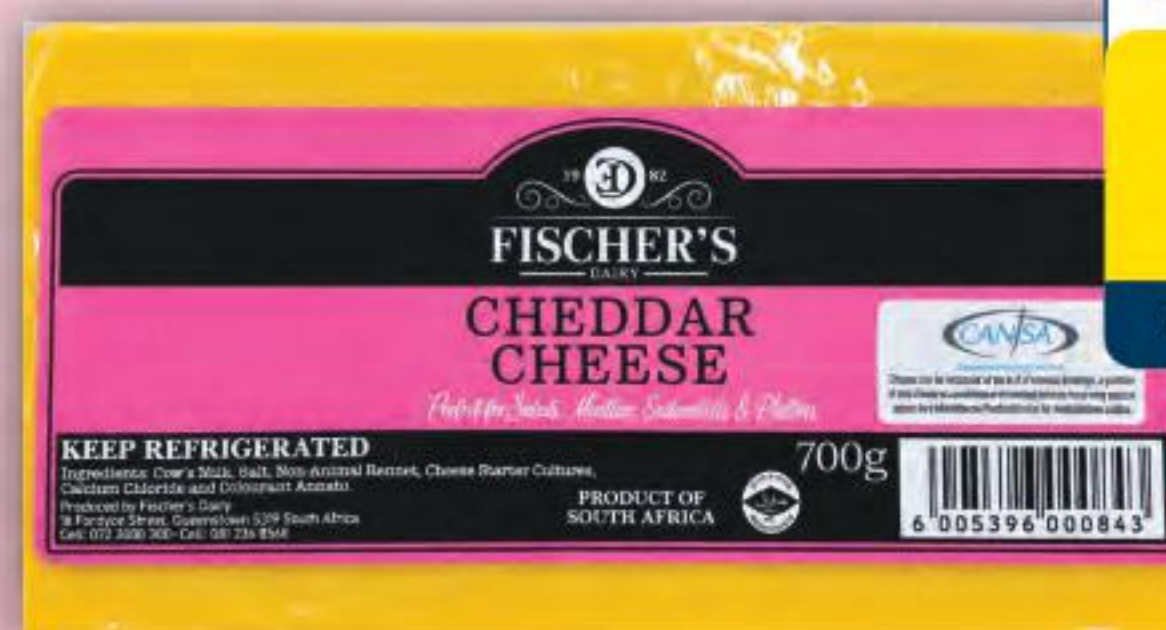


Regular Price **46⁹⁹**

39⁹⁹

SMART SHOPPER PRICE

Canola Margarine Assorted 1kg Tub Each



Regular Price **137⁹⁹**

99⁹⁹

SMART SHOPPER PRICE

Fischer's Dairy Cheese Assorted 700g Each (Excludes Mature Cheddar)



29⁹⁹

SMART SHOPPER PRICE

Clover Fresh Milk Jug or Ultra Pasteurised Assorted 2 Litre Each



37⁹⁹

SMART SHOPPER PRICE

PnP Double Cream Plain Yoghurt 1kg



**BUY ANY 2
R 69**

SMART SHOPPER PRICE

Clover Double Cream Plain or Fruits of the Forest Full Cream Yoghurt Assorted 1kg



Regular Price **36⁹⁹**

29⁹⁹

SMART SHOPPER PRICE

Clover Fresh or Sour Cream 250ml Each



Regular Price **36⁹⁹**

27⁹⁹

SMART SHOPPER PRICE

Danone Ultra Mel Delight Assorted 4 x 100g Each

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Seafood for the win!

From juicy prawns to tasty mussels, bring a little taste of the coast to your table! Perfect for sharing, easy to prepare and oh-so-delicious.



36⁹⁹

Breco Shrimps 240g



107⁹⁹

Breco Haddock Fillet 500g



79⁹⁹

PnP Fishmonger's Local West Coast Mussel Meat 400g



82⁹⁹

PnP Fishmonger's Calamari Rings 400g



106⁹⁹

Breco Prawn Meat 20/40 400g



122⁹⁹

PnP Fishmonger's Pink Prawn Tail Cut and Deveined 350g



179⁹⁹

Breco Vannamei Prawns 26/30 - 700g



199⁹⁹

Breco Vannamei Prawns with Heads on 16/20s 700g

SHOP NOW
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Ask me for
today's salad
special?



MARKET DAY WEDNESDAY

Valid only Wednesday, 14 October 2026



29⁹⁹

PnP Golden
Delicious
Apples 1.5kg



**BUY ALL FOR
R 55**

PnP English Cucumber, Crisp Lettuce Head, Loose
Avocado and Slicing Tomatoes 2s



99⁹⁹
per kg

Beef Potjiekos Bone-in



59⁹⁹
per kg

Bulk Pork Pack



**BUY 3 FOR
R 25**

PnP Mini French Bread
200g



**BUY ANY 2
R 150**
SMART SHOPPER PRICE

Clover Butro,
Mooiriver,
Springbok Butter
500g



**Regular Price 299⁹⁸
BUY ANY 2
R 240**
SMART SHOPPER PRICE

Clover Cheese
Assorted 800g

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