

September 2026							
Mon	Tues	Weds	Thurs	Fri	Sat	Sun	
	1	2	3	4	5	6	
				Beat Surgery Silverdale Shops 10:00- 11:00hrs			
7	8	9	10	11	12	13	
	Beat Surgery Clifton Library 16:00- 17:00hrs						
14	15	16	17	18	19	20	
	Beat Surgery Wilford Coop 17:00- 18:00hrs						
21	22	23	24	25	26	27	
	Lets Talk Hope Centre Café. 11:00- 12:00	Beat Surgery Clifton Village Hall 10:00- 11:00	Lets Talk Esquires Café 14:00- 15:00				
28	29	30					