Home Helpers®
Home Care

EXCEPTIONAL IN-HOME CARE

WITH A PERSONAL TOUCH



ROCKLIN, CA OFFICE
Serving Placer, Sacramento
& El Dorado Counties


HIGHLY RATED ON
Google
"We cannot overstate how great it has been to work with Aaron, Bojana and their team."
Ryan Thompson
Click to Read or Write Reviews

WELCOME



At Home Helpers Home Care of Rocklin, we believe everyone deserves to feel safe, comfortable, and independent wherever they call home. As local owners, Aaron and Bojana Winaker take a personal, hands-on approach to care, building meaningful relationships with clients and families while providing compassionate, dependable support tailored to each individual's needs.

OUR MISSION

Our mission is to make life easier for individuals and families by delivering personalized care rooted in compassion, dignity, and respect. We're committed to helping loved ones maintain their independence, bringing peace of mind to families, and making every day a little brighter through care that feels like family.

Home Helpers® Home Care

HIGHLY RATED ON Google ★★★★★ · HOME HELPERS HOME CARE 4x FRANCHISE AWARD WINNER · BEST OF HOME CARE PROVIDER OF CHOICE · BEST OF HOME CARE LEADER IN EXPERIENCE · BEST OF ROCKLIN BusinessRate · BEST OF HOME CARE EMPLOYER OF CHOICE

EVERYDAY HOME CARE SERVICES

Personalized care and support designed around each client's daily needs, routines, and preferences.

Our compassionate caregivers make everyday living easier while helping individuals maintain their independence at home.

CLICK TO LEARN MORE

Explore Our Home Care Services



COMPANION CARE

Meaningful companionship that promotes emotional well-being and social connection.

- Games, hobbies, and activities
- Walks and recreational outings
- Assistance with daily routines



PERSONAL CARE

Respectful hands-on support that promotes comfort, dignity, and independence.

- Bathing and personal hygiene
- Dressing and grooming
- Mobility and transfer assistance



LIGHT HOUSEKEEPING

Reliable household assistance that promotes cleanliness, comfort, and organization.

- General household cleaning
- Laundry and changing bed linens
- Household organization

MEAL PREPARATION

Personalized meal support that promotes healthy eating and individual preferences.

- Meal planning and grocery lists
- Cooking and food preparation
- Accommodating dietary preferences



MEDICATION REMINDERS

Non-medical support that promotes consistent medication routines and peace of mind.

- Scheduled medication reminders
- Monitoring adherence to routines
- Communicating concerns to families



TRANSPORTATION

Reliable transportation assistance that promotes independence and community connection.

- Medical and personal appointments
- Grocery shopping and errands
- Social outings and activities





SPECIALIZED **SUPPORT**

When care needs become more complex, having the right support makes all the difference.

Our specialized care services provide compassionate, personalized assistance that promotes safety, comfort, and independence while giving families greater peace of mind.

CLICK TO LEARN MORE

Specialized Support Services







Memory & Cognitive Care

Compassionate Alzheimer's and dementia care emphasizing safety and engagement.

Chronic Condition Care

Support for chronic conditions while maintaining comfort and independence.

Recovery & Transitional Care

Personalized assistance for safe recovery following surgery or hospitalization.

Respite & Family Support

Dependable care giving family caregivers time to rest and recharge.

Advanced & Continous Care

Care providing ongoing supervision, assistance, and end-of-life support.

Veteran Support

Care honoring veterans while promoting dignity and independence.







Home Helpers®
Home Care



No Hourly Minimums
Flexible care options designed around your schedule and daily needs.

24-Hour Cancellation
Change or cancel care with 24-hour notice and no long-term contract.

Caregiver Match Guarantee
We keep working to find the best caregiver match for your loved one.

Hands-On Owners
Local owners remain personally involved in each client relationship.

Same-Day Care Available
When care is needed quickly, we can often get started that same day.

Free Medical Alert Device
A free medical alert device provides added safety and peace of mind.

WHAT SETS US APART...

ADDED SAFETY
FOR YOUR LOVED ONE



To enhance the care we provide, the **Mobile Companion 2** offers fall detection, live location, two-way communication, and 24/7 emergency response.

ALOE CARE HEALTH

Added benefits and personal touches that make the Home Helpers experience stand out.

**Provided to clients with a consistent care schedule.*

CAREGIVER MATCH GUARANTEE

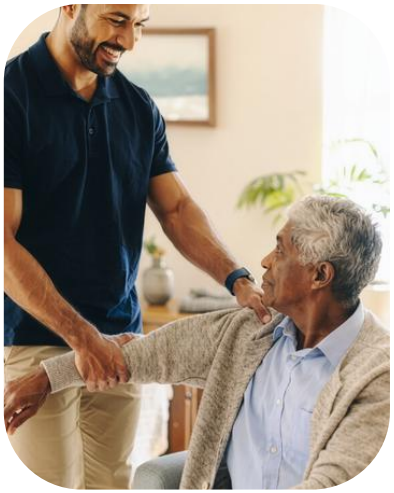
A great caregiver match makes all the difference. We take the time to pair you with someone who fits your personality, needs, and routine.

If it's not the right fit, we'll fix it — fast and respectfully. No awkwardness. No delay.











HOW IT WORKS

Finding the right care for your loved one starts with a simple conversation.

We're here to help you explore your options and create a personalized care plan that fits your family's needs.

CLICK TO LEARN MORE

Start Your Care Journey

1

CONNECT WITH US

Contact Home Helpers Rocklin to discuss your situation, ask questions, and learn about available care options.

2

FREE IN-HOME ASSESSMENT

We'll meet with you to better understand your loved one's needs, preferences, and daily routines

3

PERSONALIZED CARE PLAN

Together, we'll develop a care plan tailored to your loved one's individual needs and schedule.

4

BEGIN CARE

Get started with a carefully matched caregiver and support designed to make everyday life easier.



OWNERS
AARON & BOJANA
WINAKER

START YOUR CARE JOURNEY

916.634.0178

hello@homehelpersrocklin.com

homehelpershomecare.com/rocklin-ca

Home Helpers of Rocklin
6520 Lonetree Blvd, Ste. 134
Rocklin, CA 95675