

UNLEASH YOUR INNER CHEF

with **nutrifresh**™

nutrifresh™ is a registered trademark used under license by TCC Global N.V. Ts & Cs apply.



SPAR
Long Life
Full Cream,
Low Fat or Fat Free
Milk
(Excl. Lactose Free)
6 x 1 litre

92⁹⁹
per pack

WITH **RewardsCARD**

BUY
me for a
BONUS
sticker!

**LOOK OUT FOR
BONUS STICKER PRODUCTS**



Flora
Regular, Light or
Gold Fat Spread or
Rama Original
60% Fat Spread
Tub
1 kg

52⁹⁹
each

WITH **RewardsCARD**



Parmalat
Pre-Packed Cheese
850 g
Assorted

119⁹⁹
each

Save **R49**
WITH **RewardsCARD**



Bokomo
Weet-Bix
900 g

49⁹⁹
each

WITH **RewardsCARD**



Tastic
Parboiled
Rice
2 kg
Assorted

29⁹⁹
each

Save **R8**
WITH **RewardsCARD**



Twinsaver
Toilet Roll
Twin Ply
Value Pack
18s

109⁹⁹
each

Save **R40**
WITH **RewardsCARD**

Quality Meat. Unbeatable Value



**Bulk
Pork
Packs**

59⁹⁹
per kg



**Your Butcher
by SPAR**
Beef Rump
or
Sirloin Steak

169⁹⁹
per kg



SPAR
Tender and Tasty
Pork Belly Spare Ribs
Sweet & Sticky or BBQ
1 kg

159⁹⁹
each

SC_SSR5827_1

SPAR



Succulent Braai Roast

with a side of Savings

A whole fresh chicken in a clear plastic bag with a 'Your Butcher by SPAR' label.

Your Butcher By SPAR
Whole Fresh Chicken in a Bag (no Giblets)

59⁹⁹ per kg

A package of chicken drumsticks with a 'Your Butcher by SPAR' label.

Your Butcher by SPAR
Chicken Drumsticks

74⁹⁹ per kg

A package of chicken thighs with a 'Your Butcher by SPAR' label.

Your Butcher by SPAR
Chicken Thighs

74⁹⁹ per kg

A package of beef topside roast with a 'Your Butcher by SPAR' label.

Your Butcher by SPAR
Beef Topside Roast

159⁹⁹ per kg

A round chocolate ganache cake with white cream decorations.

SPAR Bakery
Gateaux Nestlé Cakes (Chocolate Ganache, Chocolate Luxury Mousse, Rich Chocolate, Black Forest, Chocolate & Caramel, Chocolate & Peppermint, Red Velvet or Carrot Cake)

169⁹⁹ each

A package of assorted muffins with a 'SPAR Bakery' label.

SPAR Bakery
Muffins 4s Assorted

39⁹⁹ per pack

A bag of SPAR freshline potatoes.

SPAR freshline
Potatoes 3 kg

49⁹⁹ per pack

A box of SPAR freshline mandarin beauties.

SPAR freshline
Mandarin Beauties Mini Box 1.5 kg

49⁹⁹ per box

A bag of SPAR freshline seasons favourite or red apples.

SPAR freshline
Seasons Favourite or Red Apples 1.5 kg

29⁹⁹ per pack

A package of SPAR freshline potjie pack.

SPAR freshline
Potjie Pack 1 kg

39⁹⁹ per pack

The 'Your Butcher by SPAR' logo, featuring a red background with a white border and the text 'YOUR BUTCHER by SPAR TRUSTED QUALITY'.

Sourced for **quality** and **taste** so you can serve **mouthwatering** meals every day. Our quality chicken is moist, tender and **affordable** too. **Your Butcher** products are available only at **SPAR**.

A package of Albany sliced white bread.

Albany
Sliced White Bread 700 g

17⁹⁹ each

WITH **RewardsCARD**

A package of Albany superior brown or thick sliced bread.

Albany
Superior Brown or Thick Sliced Bread 700 g

15⁹⁹ each

WITH **RewardsCARD**

A package of SPAR bakery syrup waffles.

SPAR Bakery
Syrup Waffles 6s

BUY 2 FOR 70⁰⁰



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App. Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from **24 August** up to and including **07 September 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

Fridge Super Value

parmalat
Melrose
Processed Cheese Slices (Melrose Melts or Maxi Slices) 400 g Assorted

62⁹⁹ per pack

WITH Rewards CARD

PRÉSIDENT
President Feta Cheese 400 g Assorted

62⁹⁹ each

WITH Rewards CARD

SPAR
Margarine Brick 500 g

22⁹⁹ each

WITH Rewards CARD

SPAR
LARGE EGGS
60 EGGS
SPAR Large Eggs 60s

124⁹⁹ per pack

WITH Rewards CARD

SAVE EXTRA
SPAR
EXTRA LARGE EGGS
30 EGGS

74⁹⁹ per tray

WITH Rewards CARD

BUY me for a BONUS sticker!
SPAR
French or Chicken Polony 2 kg

49⁹⁹ each

Save R20 WITH Rewards CARD

34 Champion
SPAR
Full Cream Maas 2 kg

29⁹⁹ each

WITH Rewards CARD

SPAR
Red or Smoked Viennas 500 g

46⁹⁹ each

WITH Rewards CARD

SPAR
Shoulder or Diced Bacon 200 g

32⁹⁹ each

WITH Rewards CARD

SPAR
Back, Lean, Streaky Bacon or Chicken Rashers 200 g

37⁹⁹ each

WITH Rewards CARD

SPAR
Sliced Sandwich Ham 200 g Assorted

26⁹⁹ each

WITH Rewards CARD

parmalat
Smooth Dairy Snack or Kids 6 x 100g Assorted

21⁹⁹ per pack

WITH Rewards CARD

Danone
Danup Multigrain & Yoghurt Blend Cream (Excl. Boost) 950 g Assorted

22⁹⁹ each

WITH Rewards CARD

Clover
Tropika Dairy Fruit Mix 2 litre Assorted

34⁹⁹ each

WITH Rewards CARD

SPAR
Long Life Cream 300 ml

24⁹⁹ each

WITH Rewards CARD

parmalat
Smooth, Low Fat, Easy Gert or Double Cream Yoghurt (Incl. Protein 800g) 1 kg Assorted

39⁹⁹ each

WITH Rewards CARD

Delicious Made Easy
Pork Shank (Eisbein)

144⁹⁰ per kg

The FOOD STALL at SPAR

Your roast is ready!
Chikka Chicken Roast Chicken* x 1 & Coca-Cola Regular Only 1.5 litre

100⁰⁰ per combo

CHIKKA CHICKEN

Fresh & Convenient
Pieman's Pies or Sausage Rolls (Excl. Burger Pie) Assorted

55⁰⁰

PIEMAN'S

More Filling
McCOY Pies or Sausage Rolls Assorted

65⁰⁰

McCOY

Super BUNDLE DEAL
SPAR
LARGE EGGS
60 EGGS
GRADE 1-51g

SPAR
Frozen Chicken Mixed Portions with a Brine Based Mixture 5 kg

SPAR
Margarine Brick 500 g

350⁰⁰ per combo

WITH Rewards CARD

Shop, chop, slice and dice your way up to

80% off
nutrifresh™
Kitchen Essentials

30 STICKERS IS ALL IT TAKES

Find out more

Ends 8 Nov 2026

LOVE IT? SPAR GETS IT DELIVERED

Download now! Available on the App Store GET IT ON Google Play

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SHOP & CHOP

with nutrifresh™



Freezer Super Savers

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SPAR
Frozen Skinny, Slap Fries, Oven Bake Crinkle or Straight Cut Chips
1 kg

36⁹⁹ each
WITH Rewards CARD

Super BUNDLE DEAL

McCain
Frozen Vegetable or Stir Fry
250 g Assorted

BUY ANY 2 FOR 30⁰⁰
WITH Rewards CARD

SPAR
Frozen Carrots, Corn and Peas Mix or Mediterranean Roast Mix
1 kg

44⁹⁹ each
WITH Rewards CARD

McCain
Frozen Stir Fry
700 g Assorted

36⁹⁹ per pack
WITH Rewards CARD

SPAR
Frozen Mixed Vegetables, Corn or Country Mix
1 kg

39⁹⁹ each
WITH Rewards CARD

I&J
Deep Water Hake or Haddock Medallions
450 g or Light & Crispy Hake Portions
600 g Assorted

106⁹⁹ each
WITH Rewards CARD

SPAR
Crumbed Hake Portions
480 g Assorted

82⁹⁹ each
WITH Rewards CARD

I&J
Crumbed Fish Fingers
800 g

109⁹⁹ each
WITH Rewards CARD

SPAR
Crumbed Chicken Spicy Wings, Strips, Bites with Cheese or Burgers with Cheese
500 g

52⁹⁹ each
WITH Rewards CARD

SPAR
Frozen Pies or Sausage Rolls
4s Assorted

69⁹⁹ per pack
WITH Rewards CARD

I&J
Beefers or Chicksters
Beef Patties
800 g Assorted

104⁹⁹ each
WITH Rewards CARD

SPAR
Everyday Chicken and Beef Burgers
1.2 kg

56⁹⁹ per pack
WITH Rewards CARD

SPAR
Frozen Pizza
250 g / 300 g Assorted

45⁹⁹ each
WITH Rewards CARD

SPAR
Frozen Mixed Chicken Portions
5 kg

199⁹⁹ per pack
WITH Rewards CARD

Super BUNDLE DEAL

Magnum
Ice Cream
90 ml / 100 ml Assorted

BUY ANY 2 FOR 55⁰⁰
WITH Rewards CARD

Country Fresh
Ice Cream 1.8 litre Assorted

64⁹⁹ each
WITH Rewards CARD

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Savings made super!

Super BUNDLE DEAL

BUY ALL FOR 129⁰⁰ per combo

WITH RewardsCARD

SPAR Super Maize Meal 5 kg
+ SPAR Parboiled Rice 2 kg
+ SPAR Sunflower Oil 750 ml
+ SPAR Baked Beans in Tomato Sauce 400 g
+ SPAR Pilchards in Tomato or Chilli Sauce 400 g

Everyday Pantry Value

SPAR BROWN SUGAR

Pure Cane Sugar
Cultivated in Lush South African Soil

SPAR Brown Sugar 2 kg

39⁹⁹ each

WITH RewardsCARD

Cremora

SWEETENED / ADOÇADO

Cremora Coffee and Tea Creamer 750 g

49⁹⁹ each

WITH RewardsCARD

Nestlé Hot Chocolate

SWEETENED COCOA / MISTURA ADOÇADA CO

Nestlé Hot Chocolate 500 g

89⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

SAVE EXTRA

BUY ANY 2 FOR 110⁰⁰

WITH RewardsCARD

Nescafé Cappuccino Sticks 8s / 10s Assorted

Nescafé Ricoffy

Value Refill 800g

Nescafé Ricoffy Original Instant Coffee (Excl. Decaf) 750 g / 800 g

144⁹⁹ each

WITH RewardsCARD

JOKO

STRONG QUALITY TEA
African Blend

Joko Tagless Teabags 100s

54⁹⁹ each

WITH RewardsCARD

Laager

ORIGINAL TASTE

Pure Rooibos

Laager Rooibos Tagless Tea Bags 80s

39⁹⁹ per pack

WITH RewardsCARD

SAVE EXTRA

BUY one for a BONUS sticker!

119⁹⁹ each

WITH RewardsCARD

Nescafé Classic Coffee Granules or Doy Pack (Excl. Decaf) 200 g / 230 g Assorted

CONDENSED MILK & FUDGE RUSKS

450 g

44⁹⁹ each

WITH RewardsCARD

SLICED BUTTERMILK RUSKS

SPAR Rusks 450 g / 500 g Assorted

BUY one for a BONUS sticker!

45⁹⁹ each

WITH RewardsCARD

Futurelife Instant Cereal Original or Zero (Incl. Crunch and Kids, Excl. High Protein) 375 g - 500 g Assorted

WHITE STAR

NEW

WHOLE GRAIN INSTANT MAIZE PORRIDGE

THE CLEVER CHOICE

850 g

22⁹⁹ each

WITH RewardsCARD

White Star Instant Maize Porridge

850 g / 1 kg Assorted

SAVE EXTRA

36⁹⁹ each

WITH RewardsCARD

Rhodes Smooth Apricot or Mixed Fruit Jam 900 g

YUM YUM

Smooth PEANUT BUTTER

Yum Yum Peanut Butter (Excl. Choc Dreams & Caramel Dreams) 400 g Assorted

36⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

13⁹⁹ each

WITH RewardsCARD

Sunblest Pasta 500 g Assorted

5 PACKS Kellogg's Noodles

Durban Curry

70 g x 5 PACKS

50⁰⁰

WITH RewardsCARD

BUY ANY 2 FOR 69⁹⁹

WITH RewardsCARD

SPAR Sunflower or Canola Oil 2 litre

Super BUNDLE DEAL

329⁰⁰ per combo

WITH RewardsCARD

SPAR Brown Sugar 2 kg
+ SPAR Super Maize Meal 10 kg
+ SPAR Sunflower Oil 2 litre
+ Spekko Parboiled Rice 10 kg

SPAR South African Extra Virgin Olive Oil

1 litre

199⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

25⁰⁰

WITH RewardsCARD

SPAR Spaghetti or Macaroni 500 g

Super BUNDLE DEAL

89⁹⁹ each

WITH RewardsCARD

Iwisa or Super Sun Super Maize Meal 10 kg

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LOOK OUT FOR PARTICIPATING PRODUCTS TO GET BONUS STICKERS

BUY
me for a
BONUS
sticker!



39⁹⁹
each

Save R10
WITH RewardsCARD

Crosse & Blackwell
Tangy
Mayonnaise
750 g

Save on Pantry Favourites



All Gold
Tomato Sauce
700 ml

34⁹⁹
each

WITH RewardsCARD



Mrs Ball's
Chutney
470 g
Assorted

33⁹⁹
each

WITH RewardsCARD



Nando's
Vusa 125 ml,
Peri-Peri Sauce
250 ml
or
Perinaise 265 g
Assorted

42⁹⁹
each

WITH RewardsCARD



Pakco
Atchar
385 g
Assorted

39⁹⁹
each

WITH RewardsCARD



Robertson's
Spice Bottles
(Excl. Grinders,
Crushed Garlic,
Pepper Range,
Crushed Chilli
&
Ground Cloves)
100 ml
Assorted

23⁹⁹
each

WITH RewardsCARD



Knorr
Aromat
Seasoning
70 g / 75 g
Assorted

29⁰⁰

WITH RewardsCARD



Robertson's
Rajah
Curry Powder
100 g
Assorted

19⁹⁹
each

WITH RewardsCARD



Knorrox
Flavoured
Stock Cubes
24s
Assorted

21⁹⁹
per pack

WITH RewardsCARD



Imana
Cook-in-Sauce
48 g
Assorted

22⁰⁰

WITH RewardsCARD



Imana
Packet Soup
45 g / 50 g
Assorted

20⁰⁰

WITH RewardsCARD



Bull Brand
Corned Meat
300 g
Assorted

27⁹⁹
each

WITH RewardsCARD



Rhodes
Boerewors
Relish
410 g

21⁹⁹
each

WITH RewardsCARD



Bull Brand
Curried Mince
400 g
Assorted

26⁹⁹
each

WITH RewardsCARD



All Gold
Tomato & Onion
Mix
410 g

18⁹⁹
each

WITH RewardsCARD



Koo
Baked Beans in
Tomato Sauce
400 g

14⁹⁹
each

WITH RewardsCARD

TOP UP monthly with SPAR Mobile for ONLY R19 and UNLOCK MULTIPLE FREE DATA deals in-store.
Dial *136# (Ts & Cs apply)



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Always-on savings!



49⁹⁹
per pack

WITH RewardsCARD

Coca-Cola
Coca-Cola Zero, Fanta,
Sprite or Stoney
6 x 300 ml

Treat Yourself



Brookes
Oros Squash
Concentrate 2 litre
Assorted

36⁹⁹
each

WITH RewardsCARD



Liqui-Fruit
100% Fruit
Juice Blend
2 litre
Assorted

49⁹⁹
each

WITH RewardsCARD



SPAR
Smoothie
Fruit Concentrate
1 litre
Assorted

20⁰⁰

WITH RewardsCARD



SPAR
100% Fruit Juice Blend
6 x 200 ml
Assorted

41⁹⁹
per pack

WITH RewardsCARD



aQuellé
Still or
Sparkling
Natural
Spring Water
6 x 500 ml

36⁹⁹
per pack

WITH RewardsCARD



Fanta, Sprite or
Stoney
Soft Drink
2 litre
Assorted

38⁰⁰

WITH RewardsCARD



Reboost
Energy Drink
500 ml
Assorted

18⁰⁰

WITH RewardsCARD



Red Bull
Energy Drink
(Incl. Sugar Free)
250 ml
Assorted

30⁰⁰

Save R12
WITH RewardsCARD



Coca Cola
Regular Only
2 litre

47⁰⁰

WITH RewardsCARD



Manhattan or
Mister Sweet
Gums or Jellies
50 g / 60 g
Assorted

24⁰⁰

WITH RewardsCARD



Willard's
Cheasnaks
135 g
Assorted

26⁰⁰

WITH RewardsCARD



Lays
Potato
Chips
120 g
Assorted

40⁰⁰

Save R10
WITH RewardsCARD



Beacon
Nosh 56 g,
Jelly Tots
Bar 48 g,
TV Bar 47 g,
Damascus
Nougat 40 g
or Black Cat
Bar 56 g / 48 g

24⁰⁰

WITH RewardsCARD



Oreo
Biscuits
128.8 g / 129 g
Assorted

30⁰⁰

WITH RewardsCARD



De Vries
Ginger Biscuits
200 g

13⁹⁹
each

WITH RewardsCARD



Cadbury
Assorted
Chocolate Slabs
(Incl. Bubbly)
136 g / 150 g

40⁹⁹
each

WITH RewardsCARD

Home Bake Savings



Parmalat
Vanilla
Flavoured Custard
1 litre

27⁹⁹
each

WITH RewardsCARD



Maizena
Cornflour
500 g

31⁹⁹
each

WITH RewardsCARD



Golden Cloud
Cake Wheat Flour
2.5 kg

34⁹⁹
each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED

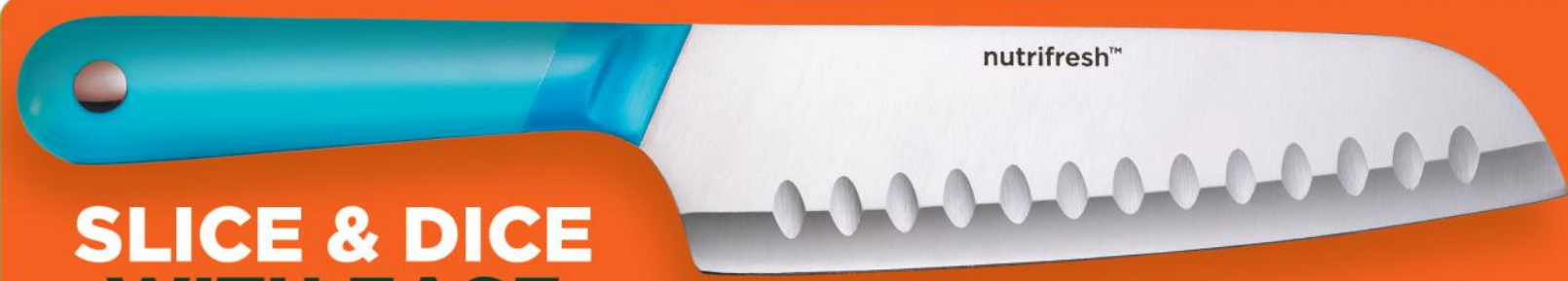


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SC_SSR5827_7



SLICE & DICE WITH EASE

nutrifresh™

16.5cm Santoku Knife

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price: **79⁹⁹**

COLLECT 30 STICKERS

Soft Care & Super Savings

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

NEW SIZE 175g

Protects against 99.9% of germs**

Preserves natural skin barrier. Protege contra 99.9% de germes.**

Protex

24h germ protection

Protex Hygiene Soap 175g Assorted

BUY ANY 2 FOR 30⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

LUX

Wake Me Up

MINT OIL WITH FLORAL MUSK

For Refreshed Skin

For Glowing, Even Toned Skin

PURIFYING CLAY, VITAMIN C & NIACINAMIDE

150g

Lux Beauty Soap 150g Assorted

BUY ANY 2 FOR 26⁰⁰

WITH RewardsCARD

Colgate

Herbal

HEALTHY GUMS

100ml e3.105g

Colgate

Maximum Cavity Protection

Enriched with Calcium

Colgate Triple Action 150 ml or Maximum Protect, Winterfresh, Herbal, Herbal Salt or White 100 ml Toothpaste

22⁹⁹ each

WITH RewardsCARD

SENSODYNE

Clinically Proven

Cavity Sensitive

Powerful Protection

Sensitivity Protection • Strong Teeth & Healthy Gums

Sensodyne Cavity Sensitive Toothpaste 75 ml

31⁹⁹ each

WITH RewardsCARD

AXE

ADRENALIN

WILD SPICE & SANGUINO SCENT

48 HRS NON STOP FRESH

Deodorant for Men 150 ml Assorted

35⁹⁹ each

WITH RewardsCARD

BUY me for a BONUS sticker!

NIVEA

COOL KICK

48h

NIVEA

Dry Comfort

0% Alcohol* Dual Protect

Nivea Roll On For Men or Women 50 ml Assorted

BUY ANY 2 FOR 48⁰⁰

WITH RewardsCARD

PLAYBOY

DEODORANT

ATLANTIS

PLAYgirl

Perfumed Body Spray

Playboy 125 ml or Playgirl 90 ml Aerosol Deodorant (Excl. Playgirl 150 ml) Assorted

31⁹⁹ each

WITH RewardsCARD

Vaseline

BLUESEAL

rich conditioning jelly

cocoa butter

Vaseline

Petroleum Jelly

250 ml Assorted

46⁹⁹ each

WITH RewardsCARD

INGRAM'S

THE SKIN DOCTOR

Rich Moisture Lotion

MOISTURE PLUS

INGRAM'S

Caring Repair Original Camphor

400 ml Assorted

44⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

NIVEA

BODY CREAM COOL KICK

TRIPLE MOISTURE BOOST

Instant Cooling Complex

48h

NIVEA

Irresistible Smooth

Body Cream

Nivea Cream for Male or Female (Excl. Radiant & Beauty) 400 ml

BUY ANY 2 FOR 100⁰⁰

WITH RewardsCARD

TRESemmé

USED BY PROFESSIONALS

PRO COLLECTION

LOWER SULFATE

TEOR DE SULFATO MAGROSO

TRESemmé

SHAMPOO

750 ml

TRESemmé

SHAMPOO

750 ml / 900 ml Assorted

109⁹⁹ each

WITH RewardsCARD

RADOX

MINERAL THERAPY

ESTD 1908

FEEL BALANCED

with Hyssop and Rice Milk BODYWASH

RADOX

MINERAL THERAPY

ESTD 1908

FOR MEN

FEEL SPORTY

with Thyme and Hemalite BODYWASH

400 ml

Radox Body Wash 400 ml Assorted

42⁹⁹ each

WITH RewardsCARD

Lil-lets

smartfit

100 scented thin pantyliners

for your discretion

everyday freshness

Lil-lets Thin Pantyliners 100s Assorted

44⁹⁹ per pack

WITH RewardsCARD

Kotex

MAXI PROTECT

0% LEAKS UP TO 100% COMFORT*

NORMAL

20 PADS

Kotex

MAXI PADS

16s / 20s Assorted

39⁹⁹ per pack

WITH RewardsCARD

Lil-lets

smartfit

32 tampons

100% free from fragrance & chlorine bleach

regular

Lil-lets

smartfit

32 tampons

100% free from fragrance & chlorine bleach

super plus

Lil-lets Tampons 32s Assorted

41⁹⁹ per pack

WITH RewardsCARD



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8_SC_SSR5827

Baby & You Value



Nestlé Nestum
BABY CEREAL
regular wheat
Add milk
6+ months
500 g
WITH *Rewards*CARD



Nestlé Nestum
BABY CEREAL
honey
Add milk
6-12 months
500 g
WITH *Rewards*CARD

Nestlé Nestum No. 1 Baby Cereal 500 g Assorted

49⁹⁹ each



Super BUNDLE DEAL
PURITY Baby Food Jar 125 ml or Puree Pouch 110 ml Assorted
BUY ANY 3 FOR



PURITY
Mixed Fruit & Oat
7 MONTHS
WITH *Rewards*CARD



PURITY
Creamy Sweet Potato with Cinnamon
6 MONTHS
WITH *Rewards*CARD

42⁰⁰



Johnson's
baby aqueous cream
lightly fragranced
Enriched with jelly & oils. Gently cleanses and provides all day moisture care.
WITH *Rewards*CARD

49⁹⁹ each



4 VALUE PACK
Johnson's
baby extra sensitive wipes fragrance free
224 wipes
WITH *Rewards*CARD

98⁹⁹ per pack



Little Munchkins
by SPAR
DISPOSABLE NAPPIES for boys and girls
64 NAPPIES
WITH *Rewards*CARD

139⁹⁹ per pack



HUGGIES
Dry Comfort
Up to 12 hours protection with a runny poo pocket waistband
Newborn
2 Jumbo pack 5-6kg 74
WITH *Rewards*CARD

139⁹⁹ per pack



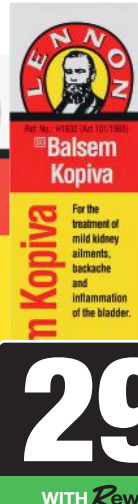
HUGGIES
Dry Comfort PANTS
2X Faster Absorbing
Up to 12-hour Dryness
4 Jumbo pack 5-6kg 48
WITH *Rewards*CARD

139⁹⁹ per pack

Health Care Value



LENNON
Haarlemensis
(Haarlemmer Dille)
For the treatment of kidney and bladder complaints.
WITH *Rewards*CARD



LENNON
Balsam Kopiva
For the treatment of mild kidney ailments, backache and inflammation of the bladder.
WITH *Rewards*CARD

Lennon Drops 20 ml Assorted

29⁹⁹ each



Benylin
Children's Wet Cough Mucus Relief
Thins and loosens chest mucus
Sugar, Alcohol & Colourant Free
AGES 2 to 12
WITH *Rewards*CARD



Benylin
Wet Cough Mucus Relief
Thins and loosens chest mucus
Sugar, Alcohol & Colourant Free
WITH *Rewards*CARD

Benylin Cough Syrup 100 ml Assorted

54⁹⁹ each



VICKS
VapoRub
VAPORIZING OINTMENT
Relieves 5 Cough & Cold Symptoms
Verlig 5 Hoëse en Verkoue Simptome
WITH *Rewards*CARD

Vicks Vapo Rub 50 g

48⁹⁹ each



GRAND-PA
HEADACHE POWDERS
38 STICK PACK POWDERS
SAME PRODUCT | STICK PACK
RELIEVES: HEADACHE, TOOTHACHE, PAIN AND FEVER
WITH *Rewards*CARD

Grandpa Powder Sachets 38s

89⁹⁹ per pack



COLLECT THE FULL RANGE WITH SPAR
SAVE UP TO 80% on **nutrifresh** Kitchen Essentials

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM AND SAVE UP TO 80% on **nutrifresh Kitchen Essentials**

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COLLECT 30 STICKERS

SHOP, SWIPE, COLLECT & SAVE!

LOVE IT? SPAR GETS IT DELIVERED



SPAR2U

Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App.
Special available at selected SPAR and SUPERSPAR (Excluding Kwikspar and SPAR Express stores). Promotion valid from **24 August** up to and including **07 September 2026**, while stocks last.
We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply.
Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).



nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19 CM COOKS KNIFE

COLLECT 30 STICKERS

A CUT ABOVE THE REST

Ends 8 November 2026



Happiness in a cup

SPAR goodliving Travel Mug Assorted

59⁹⁹ each

WITH RewardsCARD



SPAR goodliving Everyday Mugs

14⁹⁹ each

WITH RewardsCARD



Sunbeam

899⁹⁹ each

WITH RewardsCARD

Sunbeam Air Fryer 6.5 litre



24 PRE CUT CUBES

PACKED IN 4 SEPARATELY SEALED FOIL PACKETS

Firelighters

LOW ODOUR

29⁹⁹ per pack

WITH RewardsCARD

Bic Firelighters 24s



Otima Clear Plastic Jug Set (Jug with Lid and 6 Cups) 8 piece

22⁹⁹ per set

WITH RewardsCARD



Otima Plastic Salad Bowl and Lid

39⁹⁹ per set

WITH RewardsCARD



Prestige Airfryer Liners 50s Assorted

59⁹⁹ per pack

WITH RewardsCARD



Hth Dry Chlorine 4 kg

259⁹⁹ each

WITH RewardsCARD



charka BRIKETTE

40+

The heart of your braai for more than 40+ years

CHARKA LASTS LONGA™

5kg

Charka Brikettes 5 kg

99⁹⁹ each

WITH RewardsCARD

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SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App. Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from **24 August** up to and including **07 September 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

Everyday Essentials



SPAR
goodliving
LED Opal
5W or 9W A60 B22

15⁹⁹
each

WITH RewardsCARD



Price's
Lighthouse Candles
400 g

31⁹⁹
per pack

WITH RewardsCARD



Garbie
Super Saver
Refuse Bags
20s

39⁹⁹
per pack

WITH RewardsCARD



Energizer
MAX
AA12

149⁹⁹
per pack

WITH RewardsCARD



SPAR
Kitchen Towel
2s
Assorted

19⁹⁹
per pack

WITH RewardsCARD



Home Care
By SPAR
Heavy Duty Broom
1s

139⁹⁹
each

WITH RewardsCARD



SPAR
Kitchen Towel
2s
Assorted

19⁹⁹
per pack

WITH RewardsCARD



Home Care
By SPAR
Scourers Abrasive
3s
Assorted

16⁹⁹
per pack

WITH RewardsCARD

Pet Smart Deals



Epol
Dog Food
7 kg / 8 kg
Assorted
(Incl. Puppy)

179⁹⁹
each

WITH RewardsCARD



SPAR
pro-balance
Pro-Balance Dry
8 kg
Assorted Plus
Wet
775 g
Assorted

280⁰⁰

WITH RewardsCARD



Brennco
Wild Bird
Seed
2 kg

32⁹⁹
each

WITH RewardsCARD



Whiskas
Dry Cat Food
2.7 kg
Assorted

400⁰⁰

WITH RewardsCARD



Pamper
Fine Cuts
in Gravy or
Jelly
Multi Pack
12s
Assorted

119⁹⁹
per pack

WITH RewardsCARD



SPAR
petcare
Cat Litter
10 kg

64⁹⁹
each

WITH RewardsCARD



nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price
R399.99

Discounted Price:

79⁹⁹

19 CM
BREAD
KNIFE

COLLECT
30
STICKERS

CHEF
QUALITY
AT
HOME

Ends 8 November 2026

Deals valid from **24 August** to **7 September 2026**.

ALL ITEMS
AS SEEN
ON TV

**EVERYONE
WINS!!
R500
MILLION**
IN **GUARANTEED** PRIZES

BUY
any
participating
products and
spend **R200**
or more.

SWIPE
your SPAR
Rewards
card at the till.

REDEEM

when you scan
the QR code
and upload
your till slip.



Competition valid from 8 July - 7 October 2026.
Ts & Cs apply. One entry per till slip.



499⁹⁹

WITH Rewards CARD

Jameson
Select Reserve
Irish Whiskey
750ml



249⁹⁹

WITH Rewards CARD

Johnnie Walker
Red Label
Blended Scotch Whisky
750ml

SAVE
EXTRA



499⁰⁰ per combo

WITH Rewards CARD

Courvoisier
VS Cognac
750ml and
Appletiser
100% Sparkling Juice
1.25L



189⁹⁹

WITH Rewards CARD

Klipdrift
Export
Brandy
750ml



149⁹⁹

WITH Rewards CARD

Belgravia
London Dry Gin
750ml



149⁹⁹ each

WITH Rewards CARD

Russian Bear
Triple Distilled
Vodka
(Incl. Variants)
750ml



149⁹⁹ each

WITH Rewards CARD

Rain Dance
Natural Sweet Red,
Natural Sweet Rosé,
Dry Red or
Johannesberger White
5L



99⁰⁰

WITH Rewards CARD

Robertson Winery
Chapel White,
Extra Light, Sweet White,
Sweet Rosé, Red or
Sweet Red
750ml



170⁰⁰

WITH Rewards CARD

Castle Lite
Original or Draught
Cans
6 x 500ml



94⁹⁹ per pack

WITH Rewards CARD

Hunter's
Iced
Flavoured
Alcoholic Grain Beverage
Cans
6 x 500ml

WIN



Food
Vouchers



Shopping
Vouchers



Travel
Vouchers



Entertainment
Vouchers



Experience
Vouchers

WHEN YOU BUY ANY
OF THESE PRODUCTS.

**200 MB
FREE DATA** mobile

With each
product
purchase!

SWIPE WIN! EVERYDAY DEALS!

DELIVERED



Product availability
may vary by store.
While stocks last.

Switch to **SPAR Mobile** now and get guaranteed **FREE DATA** in-store when you buy any participating product.
Ts & Cs apply. Visit www.sparmobile.co.za for more information.

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RIGHT**

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **SPAR mobile**

With each product purchase!

WINE KULCHA

at **tops!**



BUY ANY 6 FOR

450⁰⁰

WITH Rewards CARD

Nederburg
Classic
Chenin Blanc, Lyric,
Sauvignon Blanc,
Stein, Rosé,
Cabernet Sauvignon,
Duet or Merlot
750ml



74⁹⁹

WITH Rewards CARD

Glühwein
Red Grape
750ml



79⁹⁹

each
WITH Rewards CARD

Du Toitskloof
Selected
Shiraz, Merlot, Pinotage,
Cabernet Sauvignon,
Sandsteen or
Cape Blend
750ml



89⁹⁹

each
WITH Rewards CARD

Darling Cellars
Chocoholic Pinotage,
Cabernet Sauvignon,
Merlot, Pinotage,
Shiraz or
Bushvine Malbec
750ml



119⁹⁹

each
WITH Rewards CARD

Hartenberg
Doorkeeper
Shiraz, Merlot Malbec,
Reserve Red or
Shiraz/Mourvèdre/
Grenache
750ml



124⁹⁹

WITH Rewards CARD

Alto
Rouge
750ml



134⁹⁹

WITH Rewards CARD

Darling Cellars
Black Granite
Vintage Reserve
750ml



139⁹⁹

WITH Rewards CARD

Diemersfontein
Pinotage
750ml



159⁹⁹

WITH Rewards CARD

Roodeberg
Black
750ml



170⁰⁰

WITH Rewards CARD

Spier
Signature
Cabernet Sauvignon,
Merlot, Pinotage,
Shiraz or Cabernet/
Merlot/Shiraz
750ml



84⁹⁹

each
WITH Rewards CARD

Jakkalsvlei
White, Pink or
Red Moscato
750ml



84⁹⁹

each
WITH Rewards CARD

Franschhoek Cellar
Chenin Blanc,
Sauvignon Blanc,
Chardonnay, Rosé,
Shiraz, Merlot or
Cabernet Sauvignon
750ml



125⁰⁰

WITH Rewards CARD

Tall Horse
Chenin Blanc,
Sauvignon Blanc,
Chardonnay, Sugar
Berry Sweet Red,
Moscato, Pinotage,
Shiraz, Merlot or
Cabernet Sauvignon
750ml



145⁰⁰

WITH Rewards CARD

Porcupine Ridge
Sauvignon Blanc,
Chenin Blanc,
Chardonnay, Merlot,
Cabernet Sauvignon,
Syrah or Rosé
750ml



150⁰⁰

WITH Rewards CARD

Spier
Signature
Sauvignon Blanc,
Chenin Blanc,
Chardonnay or
Chardonnay/Pinot Noir
750ml



119⁹⁹

each
WITH Rewards CARD

Beyerskloof
Chenin Blanc/
Pinotage,
Pinotage Rosé,
Pinotage or
Cabernet Merlot
750ml



480⁰⁰

WITH Rewards CARD

Durbanville Hills
Chardonnay,
Chenin Blanc,
Chenin Blanc Light,
Sauvignon Blanc,
Dry Merlot Rosé,
Cabernet Sauvignon,
Merlot, Pinotage
or Shiraz
750ml



79⁹⁹

each
WITH Rewards CARD

Annabelle
Cuvée
Sparkling Wine
750ml



194⁹⁹

each
WITH Rewards CARD

Krone
Cap Classique
Borealis Brut,
Brut Rosé,
Night Nectar
Demi-Sec or
Night Nectar Rosé
750ml



129⁹⁹

each
WITH Rewards CARD

Robertson Winery
Golden Nectar,
Natural Sweet Red,
Natural Sweet White,
Natural Sweet Rosé,
Dry Red, Crisp Dry White,
Extra Light or
Johannisberger
Red or White
3L

EXCLUSIVE TO
tops!
at SPAR



180⁰⁰

WITH Rewards CARD

Olive Brook
Shiraz/Cabernet Red Blend,
Pinotage, Merlot, Cabernet Sauvignon/Merlot,
Malbec, Cinsault, Shiraz, Cabernet Sauvignon,
Sauvignon Blanc, Chenin Blanc, Chardonnay,
Moscato White or Moscato Rosé
750ml



130⁰⁰

WITH Rewards CARD

Shortwood
Red, White or
Rosé
750ml

tops!
at SPAR

TURN UP EPIC

WITH A WINE THAT WORKS EVERY TIME

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PHUZA
ORIGHT

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **SPAR mobile**

With each product purchase!

COCKTAIL KULCHA

at **tops!**
at SPAR



249⁹⁹ each
WITH Rewards CARD

SKYY
Vodka
(Incl. Flavours)
750ml



899⁹⁹
WITH Rewards CARD

Don Julio
Reposado Tequila
750ml



139⁹⁹ each
WITH Rewards CARD

Wild Africa Cream
Premium Liqueur
(Incl. Variants)
750ml



179⁹⁹
WITH Rewards CARD

Captain Morgan
Original Spiced Gold Rum
750ml



199⁰⁰ per combo
WITH Rewards CARD

Bacardi
Spiced Rum
750ml and
Coca-Cola
(Incl. Variants)
1L

Recipes so good they have you channelling your inner mixologist.



**SCAN.
MIX.
ENJOY.**

FIND YOUR KULCHA

at **tops!**
at SPAR



Corona
Extra Cans
6 x 410ml
190⁰⁰
WITH Rewards CARD



260⁰⁰
WITH Rewards CARD

Red Square
Clover Tropika
Flavoured Spirit Cooler Cans
6 x 440ml



199⁰⁰
WITH Rewards CARD

Strongbow
Premium Apple Cider Cans
6 x 440ml or
Ultra Strawberry and Lime Cans
6 x 500ml



89⁹⁹ per pack
WITH Rewards CARD

Annabelle
Cuvée Sparkling Wine Cans
6 x 250ml



259⁰⁰
WITH Rewards CARD

Chillers Punch
Spirit Cooler Cans
6 x 440ml



250⁰⁰
WITH Rewards CARD

Smirnoff
Twist or Storm Spirit Cooler Cans
6 x 440ml



290⁰⁰
WITH Rewards CARD

Bacardi
Breezer Spirit Cooler Cans
6 x 440ml



199⁹⁹ per pack
WITH Rewards CARD

Savanna
Premium Dry Cider Handies
12 x 330ml



200⁰⁰
WITH Rewards CARD

Brutal Fruit
Sparkling Spritzer Cans
6 x 500ml



280⁰⁰
WITH Rewards CARD

Gordon's
Spirit Cooler Cans
6 x 440ml



199⁰⁰
WITH Rewards CARD

Windhoek
Premium Draught or Lager Cans
6 x 500ml

ZERO ZONE

0% Drinks
100% Vibes



79⁹⁹ per pack
WITH Rewards CARD

Brutal Fruit
Ruby Apple 0% Cans
6 x 300ml



70⁰⁰
WITH Rewards CARD

Monster
Energy Drink Cans
500ml



69⁹⁹ per pack
WITH Rewards CARD

Coca-Cola
Original Cans
6 x 200ml



64⁹⁹ per pack
WITH Rewards CARD

Valpré
Still or Sparkling Water
6 x 500ml



60⁰⁰
WITH Rewards CARD

Coca-Cola or Schweppes
(Incl. Variants)
1L

tops!
at SPAR

TURN UP EPIC

SWIPE



WIN!

EVERYDAY DEALS!

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RIGHT**

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **mobile**

With each product purchase!

WHISKY KULCHA

at **tops!** at SPAR



1. Johnnie Walker
Red Label Blended
Scotch Whisky 750ml

AS SEEN ON TV

R249,99
WITH Rewards CARD

2. Johnnie Walker
Blonde Blended
Scotch Whisky 750ml

R289,99
WITH Rewards CARD

3. Johnnie Walker
12 Year Old
Black Label Blended
Scotch Whisky 750ml

R419,99
WITH Rewards CARD



349⁹⁹
WITH Rewards CARD

Jameson
Triple Distilled
Irish Whisky
750ml



174⁹⁹
WITH Rewards CARD

Firstwatch
Extra Fine
Whisky
750ml



309⁹⁹
each
WITH Rewards CARD

Jack Daniel's
Old No. 7
Tennessee
Whiskey
(Incl. Variants)
750ml



499⁹⁹
WITH Rewards CARD

The Glenlivet
Founder's Reserve
Single Malt
Scotch Whisky
750ml



599⁹⁹
WITH Rewards CARD

The Glenlivet
12 Year Old
Single Malt
Scotch Whisky
750ml

COGNAC KULCHA

at **tops!** at SPAR



579⁹⁹
WITH Rewards CARD

Rémy Martin
V.S.
Supérieur Cognac
750ml

Rémy Martin
V.S.O.P
Cognac
750ml

869⁹⁹
WITH Rewards CARD



529⁹⁹
WITH Rewards CARD

Hennessy
V.S.
Cognac
750ml



HENNY-RITA
SCAN. MIX. ENJOY



189⁹⁹
WITH Rewards CARD

KWV
3 Year Old
Brandy
750ml



BERRY BLAST
SCAN. MIX. ENJOY

DELIVERED



Product availability
may vary by store.
While stocks last.

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available at all TOPS at SPAR stores from 24 August up to and including 7 September 2026 (including the Free State, Mpumalanga and North West Province) while stocks last. Not available in KwaZulu-Natal, Lowveld, Limpopo, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. In the event that an error occurs in an advertisement or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please. The advertised lines are only available at TOPS at SPAR stores.

TOPS at SPAR



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www.aware.org.za

Not For Persons Under The Age Of 18.



SAVE UP TO 80%
on **nutrifresh™**
Kitchen Essentials



COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Ts & Cs Apply



Home Care Value

Finish
All in 1 56s, Quantum Tabs 50s or Ultimate Plus Tabs 45s Assorted

219⁹⁹ each

WITH RewardsCARD

Sunlight
Dishwashing Liquid (Excl. Platinum Range) 750 ml

29⁹⁹ each

WITH RewardsCARD

Handy Andy
All Purpose Cream 750 ml Assorted

23⁹⁹ each

WITH RewardsCARD

Domestos
Multipurpose Stain Removal Thick Bleach Cleaner 750 ml Assorted

28⁹⁹ each

WITH RewardsCARD

Jik
Bleach 1.5 litre Assorted

34⁹⁹ each

WITH RewardsCARD

Airoma
Air Freshener 210 ml Assorted

19⁹⁹ each

WITH RewardsCARD

Mr Muscle
Tile Cleaner 750 ml Assorted

49⁹⁹ each

WITH RewardsCARD

Sunlight
Laundry Bar 400 g / 500 g Assorted

23⁹⁹ each

WITH RewardsCARD

Sta-soft
Fabric Softener Refill 500 ml Assorted

50⁰⁰

WITH RewardsCARD

Sunlight
Hand Washing Powder 2 kg Assorted

59⁹⁹ each

WITH RewardsCARD

Robertson's
Bicarbonate of Soda 500 g + **Safari**
Spirit Vinegar 750 ml / 1 litre

40⁰⁰

WITH RewardsCARD

Doom
Blue Death Powder 500 g

79⁹⁹ each

WITH RewardsCARD

Ariel
Auto Liquid (2 litre) or Auto Capsules (21s) Assorted

299⁹⁹

WITH RewardsCARD

YOU CAN DO IT ALL, RIGHT HERE AT SPAR

DStv **Lesaka EasyPay** **AVON**

Pay your bills in a flash

Biu VOUCHER **HOLLYWOOD bets** **betway bucks**

Top up your chances

NETFLIX **Voucher** **Google Play** **ROULEX**

Pre-paid entertainment vouchers

Top up pre-paid electricity

MTN **CellC** **vodacom** **Telkom** **mobile**

Buy data, airtime and social bundles

Doing more with your money at SPAR

Experience a world of easy top-up options. Now available in-store at **SPAR**

Ts & Cs apply. For updated terms and conditions, please go to www.spar.co.za

MOVE WITH MORE!

1GB R38

VALID FOR 30 DAYS

SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
Maximum 10 SPAR Rewards deals per product, per customer on all **SAVE EXTRA** products. While stocks last. Ts & Cs apply.

SPAR: KIBLER PARK • BAILLIE PARK • BEDFORDVIEW • BLAIRGOWRIE • CRAIGHALL • DORINGKRUIN • FAIRLANDS • FERNDALE VILLAGE • FOURWAY GARDENS • GEELHOUT • HARRISMITH • HENNEMAN • HEUWELSIG • KINGFISHER • LADYBRAND • LANGENHOVEN PARK • MACYS • MEDITAS • MEIRINGSPARK • MIEDRPARK • NORTHCLIFF • OUKLIP • PINESLOPES • RADIOKOP • RANDPARK RIDGE • RIDGEWAY GARDENS • RIVERVIEW • ROBINDALE • SANDRINGHAM • STEPHENSON STREET • STRUBENS VALLEY • SUNWARD PARK • SUPER A NORWOOD • TUSCANY • TYRONE • VYFHOEK • WALKERVILLE

SUPERSPAR: 2ND AVENUE • ALJOS • ARTEMIS • ATLAS MALL • BEL AIR • VC • BRACKENGATE • BROADACRES • CARLSWALD • CROWTHORNE • EAGLE CANYON • ERMELO • EURO • FIVE STAR • FLORIDA JUNCTION • FLORIDA MARKET • THE WEDGE • FONTANA THE ZONE ROSEBANK • GLEN ACRES • GORDON ROAD • HIGHLAND • HOBART • KANONKOP • KARAGLEN • KENILWORTH • M.C.C. • MAGALIES • MEYERSDAL • MIDWATER • MINI MARKET • MOOI NOOI • NORTHWOLD • OLIVEDALE • PALM COURT • PALMS SANDS • PARKRAND • POLOFIELDS • POTCHEFSTROOM • RANT 'N DAL • RETAIL CROSSING • ROBERTSBROOM • RUIMSIG • RUSTENBURG SQUARE • RYNFIELD • SAFARI • SASOLBURG • SAVEWAYS • SECUNDA • NORTH POINT • SPRINGBOK • ST MICHAEL'S • STANDERTON • STEVE'S BLACKHEATH • SUNNINGHILL • THE ANGELO • THE FALLS • THE SQUARE • TREVENNA MONUMENT • VAALPARK • VORNA VALLEY • WESTWOOD • WONDERPARK • XAVIER • MEYERTON • LANSERIA • KS GARDENIA,

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.
Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from **24 August** up to and including **07 September 2026**, while stocks last.
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Let's chat **0860 313 141**

Say **"hello"** to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [/myspar](https://www.facebook.com/myspar)

SPAR

SUPERSPAR