

WHIMSYCAL

may

september 2025

ARE YOU A FRAUD?

*Impostor syndrome article
and a test by Asude Kaya*

**STORIES &
PUZZLES INSIDE!**

12,000

**YEARS LATER:
MEET THE
HYBRID
DIREWOLVES!**



*"Direwolves
are special
to me."*

*"Here's me
and Romulus.
(Or maybe
Remus.
They're
twins, and
hard to tell
apart."*

Follow the white rabbit.



Most people feel the same way. Because we grow up in a world where we are never going to be “enough”.

But should we accept that? Aren't we enough really?

Let's take a closer look at what you feel: If you feel like you aren't enough to do your job, to study or even to be a housewife, welcome to the club! Probably you have impostor syndrome.

Are you a fraud?



Life with impostor syndrome, scenario 1:

Let's take Eylül with the impostor syndrome

Position: Project Specialist

Place: Meeting Room

That morning, Eylül looks at the mirror and she says to herself “How did you get to this position?” She has been working at this company for 3 years but she still feels stressful. When she comes into the meeting room, her team leaders have been waiting for her. When she starts the presentation she is shaking but nobody notices her. One of the team leaders asked her “Why did you design this project as such?” *[Eylül's inner voice]*

“They know that I'm not good enough. I planned it like an idiot.”

She gets tense but she says softly: “This method...like..I thought because it was useful. But if you want, I can change the method...” Actually she has planned it very well. But being judged makes her feel like she is failing. In the lunchtime, she goes to the office balcony, she starts to text her friends. She sends a message to her best friend saying “Such smart people in this company... I feel like I am elementary when I'm with them.” At end of the day, when the team leaders thanked her, she thought that she was just lucky. She even arrived home thinking “*They will see I'm a fraud one day...*”

Life without impostor syndrome, scenario 2:

Let's take Eylül without the impostor syndrome

Position: Project Specialist

Place: Meeting Room

That morning, Eylül looks at the mirror and she smiles at herself. When she comes into the meeting room, her team leaders have been waiting for her. She talks with self confidence and one of the team leaders asks her “Why did you design this project as such?”

[Eylül's inner voice]

“Good! It means they question something. Maybe I have some points that I have to review.”

“Good question! I thought this method is useful but maybe it needs a different perspective. If you want we can take a look at the different methods.”



At end of the day, when the team leaders thanked her, she thought that she was good enough at this job. Of course she has some skills that she has to improve but it doesn't mean she is bad at this job.

She arrived home thinking “We had a good progress for this week. Even this is a success.”



by Asude Kaya

did you know?



imposter syndrome is more
common amongst women

why women experience it more?

Imagine you are a woman who has just graduated from university and you are looking for a job that suits your department and qualifications. But every job application asks you about your gender first. Even if they don't say anything about your gender, when you are in the interview, you feel that pressure on you. And the weird thing is, you don't know the reason. You can't consider them being sexist. You probably feel like you're exaggerating.

But you should know that you are not alone.



This isn't the point that we are stuck. Unfortunately the issue starts when you start the job. Let's say, you've graduated one of the engineering departments. If you are a woman, you already start one step backwards. Because 70% of your department is men. And you already feel overwhelmed at the beginning of your business journey, feeling you might not be enough.

Let's take a look at the scientific side. Women and men have different brain lobes dominant. So, if you are a man the left side of your brain is more dominant - which means you're more analytical. But if you are a woman, especially an engineer woman, it means the right side of your brain is more dominant - which also means sentiments are more dominant on your nervous system. I mean, you did this without using your analytic skills as much as men do. But they instead of congratulating you, they push you aside just because you're a woman.

Everybody doing and believing in one thing doesn't mean it is the right thing. Don't forget making believe someone to something is easy in today's world. The important thing is what you make yourself believe in.

You are not underachieved, on the contrary, you should be proud of yourself for doing whatever you're doing.

you wanna know if you have this syndrome or not?

turn the page for a test

by Asude Kaya

*For each question, please circle the number that describes your answer.
Give the first response that enters your mind.
Don't overthink it.*

I've often succeeded on tasks even though I was scared. I thought I wouldn't do well

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I can make people believe that I'm better than I really am

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I avoid criticism if possible and I'm scared when others criticize me

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

When people praise me for something, I'm scared I won't be worthy of it

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I sometimes think I got my position or my success because I was in the right place at the right time or I knew the right people

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I'm scared that important people will think I'm not skilled enough

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I sometimes think about my works and I feel like I could do more

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

I rarely think my project/task is good

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

Sometimes I feel or believe that my success in my life or in my job was just luck

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

It's hard for me to accept compliments about my intelligence.

1 (not true) 2 (rarely) 3 (sometimes) 4 (often) 5 (very true)

by Asude Kaya

I'm disappointed sometimes about my previous successes and I think I had to be more successful

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

Sometimes I'm afraid others will realize that I don't have that kind of knowledge

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

I'm often afraid that I may fail at a new assignment even though I generally do well

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

When I succeed something, I have doubts that I can repeat that success in the future the same way

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

If I get a great praise about my success, I think there must be a problem with my work

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

I often compare my skills to people around me and I think they might be smarter than me

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

I often worry about not succeeding with a project, even though people around me believe me so much

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

If I'm going to get a promotion, I get nervous to tell others until it is done and well

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

I feel bad if I'm not "the best" or at least "very special" in competitive situations

1	2	3	4	5
(not true)	(rarely)	(sometimes)	(often)	(very true)

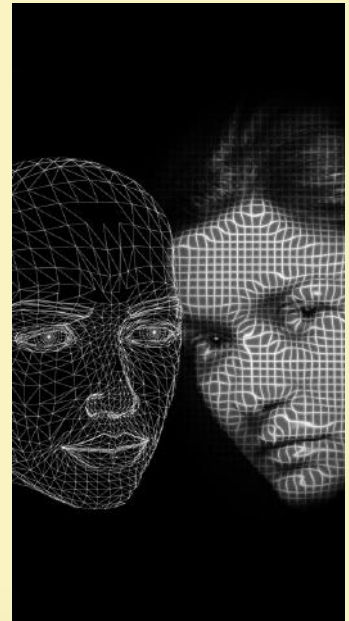
*this test is scientifically accurate, but, just for fun. it cannot
diagnose you in any way. if you need diagnosis, see an expert.*

by Asude Kaya

why you might be feeling like that?

In fact, the people who experience imposter syndrome might have feelings of inadequacy.

Also even when you are more than enough, you may fall into this feeling. Because, unfortunately, feeling of inadequacy is about the things people impose you. This may be identified as manipulation but we won't talk about that today. Because you can't say "*please don't manipulate me*" to people. But you can notice the situation and you can take some steps.



Let's take a look at why you get affected by people's manipulations easily ?

External Validation

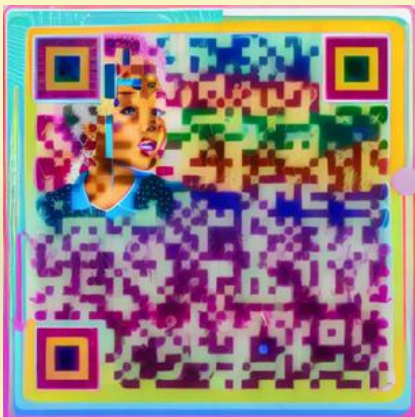
You can accept something about you only if/when people approve it.
e.g ; "I am a generous person but I can only believe that if people tell me "you are generous."

Low Self- Esteem

If you have low self-esteem, probably you see your own qualifications worthless. These kinds of people can see their qualifications only when others tell them.

Weak Self - Schema

Self - Schemas are some structures that determine who that person is and what they can do. If these schemas aren't clear, external factors start to shape the person.



Reflected Appraisal

According to this theory, people think of themselves according to how other people treat them.
e.g ; "If people think that I'm naive then I must be naive."

Imposter Syndrome

If you know that you are good at cooking but you still think about that you don't deserve the praise about it, it is just a coincidence etc. congrats! You might have this syndrome.

I mean you need to take a step about how you heal yourself. It shouldn't be about people's treatments. You need to start your healing journey from yourself. Think about which issue you might have and take a step right now!

by Asude Kaya

The Stranger Theory

There are people you haven't even met yet
who will change your life forever.

They'll be there on the biggest days of your life.

At your wedding.

At your new job.

At your birthday.

Right now, they're living their own story,
unaware that your paths are destined to cross.

But they're already on their way to you,
and that should be a reason for excitement.

Because all of the memories you haven't made yet,
the laughter, the milestones, the magic still to come.

How could you ever be sad?

chapter I

That day was very bad for me. In the evening, I arrived home. There were some strange marks in front of the door. It looked fishy. I hesitated to go in. Apparently, someone had broken in. I noticed that the door was open. I pushed it wide open. I heard some weird noises from the kitchen. I went to the kitchen with quiet steps.

There was a woman whose back is only thing I could see. She was holding a piece of paper and behaved as if she owned the house. She hadn't seen me yet. She suddenly realized I was there but wasn't scared or surprised. She said something, but I didn't understand her. Apparently, she was speaking a language that I didn't know.

She was a stranger in my house but I was feeling that she wouldn't harm me. She seemed like she had a burden but couldn't express it to me. Then, she showed me the paper that had a mark on it. I instantly recognized it. I had seen that mark in front of the door. I took the paper from her hand. The mark looked like a star but it wasn't complete. There were some letters and numbers I couldn't understand. The woman pointed at herself, then the mark on the paper. There must have been a connection between her and the mark. The woman pointed at that missing part of the mark and suddenly ran out.

I ran after her but I couldn't catch her. I didn't know what to do. The day already was bad for me and then, this happened. I wanted to lie down, but just then I saw a weird object on the kitchen counter.

It was like a flashlight. I turned it on, and a pale blue light appeared. There was a short sentence on the device:

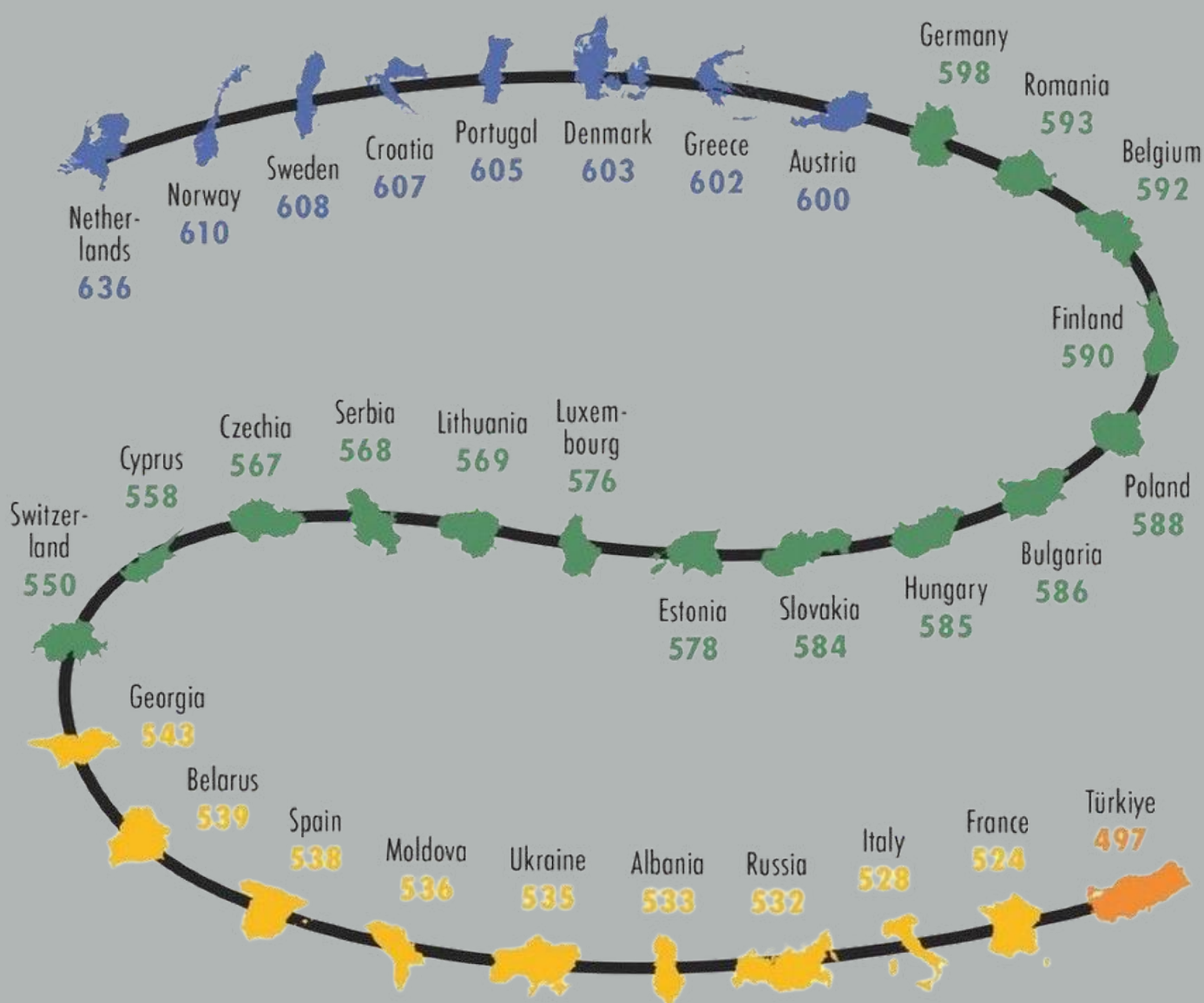
"Everything reveals out of the blue."

by Batuhan İsmail Özcan

Europe's English skills

Countries' score on the EF English Proficiency Index 2024

■ Very high ■ High ■ Moderate ■ Low



Source: Education First - English Proficiency Index 2024



Said I love you' and heard it back

Not home. Drafted to war

Making art

Reheated pizza, again

Feeling lonely

Hates this place but can't leave

Discussing the relationship

No home to go back to

New start

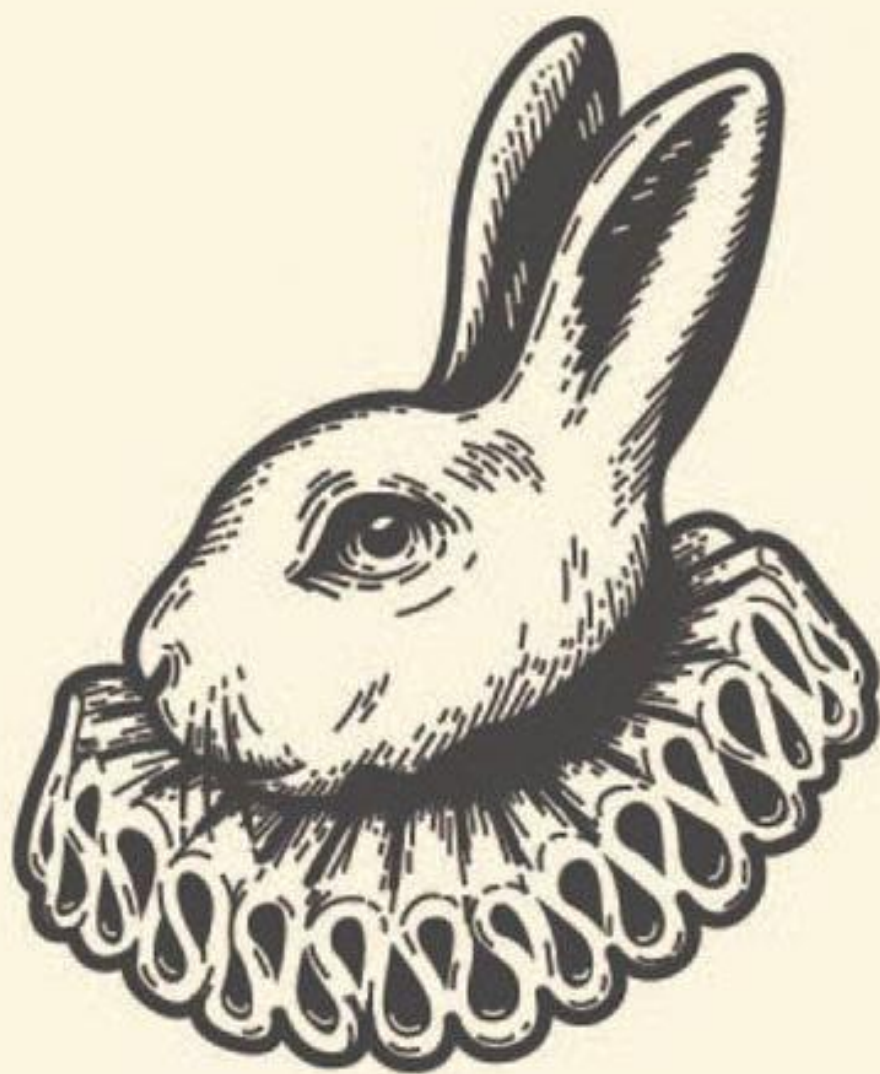
Trying not to fall apart

First kiss

Saved a cat

or maybe it saved them

PEOPLE WHO DON'T THINK
SHOULDN'T TALK



ALICE IN WONDERLAND

chapter II

I think, that woman left this flashlight. Did she forget it or did she leave it on purpose?

I returned to the armchair and lie down. I fell asleep in a minute because I was tired the whole day. I woke up with great fear because in my dream, I saw that woman.

In a silent and dark forest that woman was telling me the same thing: *"Everything reveals out of the blue."*

What should I have done? Okay, obviously it was a clue. But why? I was not trying to find anything anyway. I couldn't have gone to the police. Maybe forgetting about it was the best option. There must have been a mistake.

I couldn't control my curiosity. I decided to call Eddie, my best friend because I needed someone by my side. I called him and said: *"Please come here urgently."* I prepared some snacks and waited for him. He came at 11 PM or so. He said, *"What the fuck is that mark in front of your house?"* as soon as he entered. I said nothing, gave the paper to him and I went to bring the snacks.

I told him everything and we didn't speak for almost 5 mins. Then he grumbled and said, *"Out of the blue, out of the blue... Kitana, give me the flashlight."* I gave the flashlight to him. Eddie said, *"Is this a blue light?"*

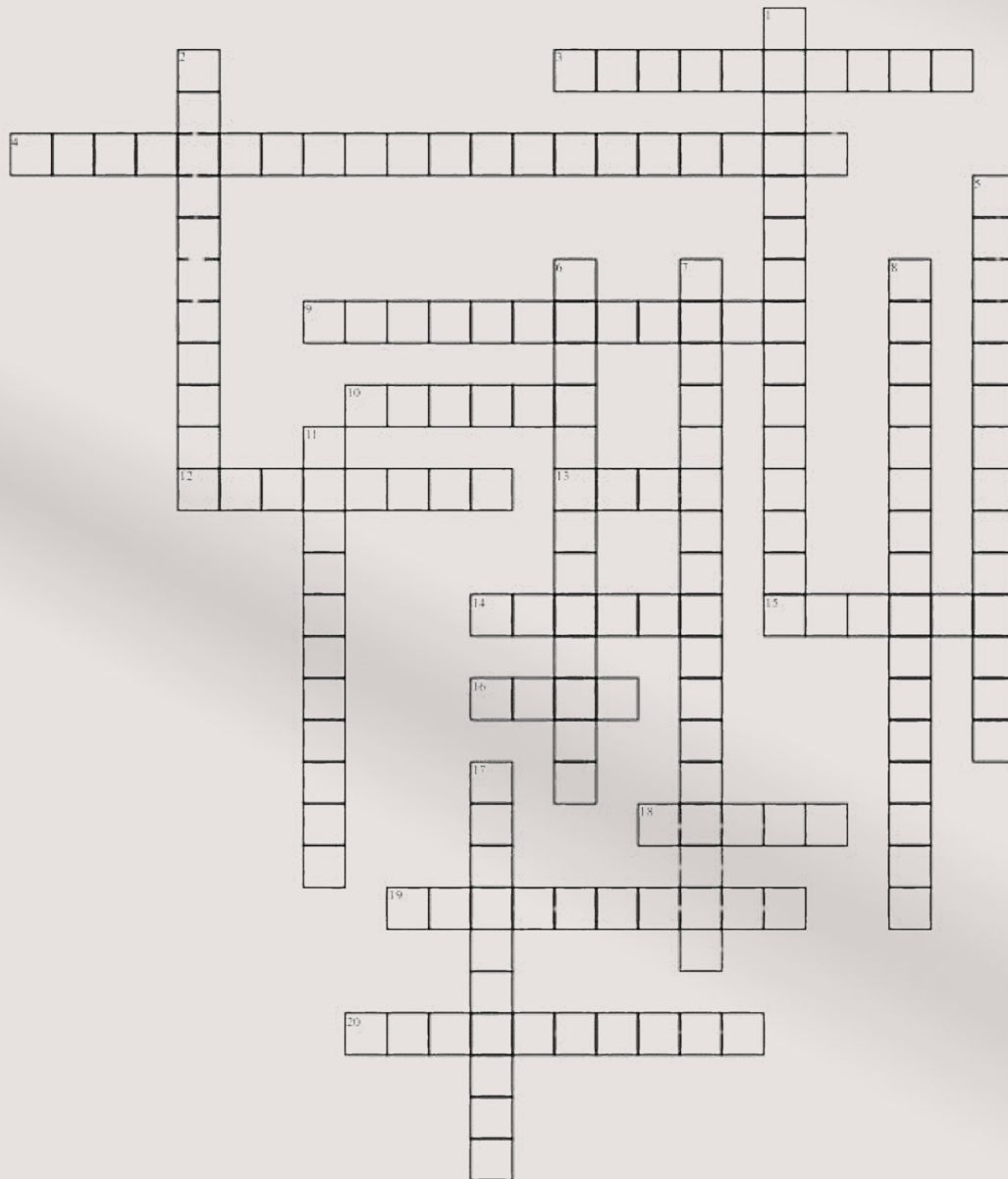
"Yes, The woman left it. I don't know why."

Then Eddie pointed the flashlight at the paper. As soon as he pointed it, the missing part of the star was completed and a lightning struck the door with a big noise. The door of the house was broken.

I was scared.

Instantly, Eddie ran to the door and said, *"Oh my... this is unbelievable."*

Harry potter crossword



Across

3. What school house is Harry in?
4. What is the name of the group that Harry joins?
9. Who is Hogwart's school nurse?
10. Who was Professor Umbridge trying to get fired?
12. Who is Sirius Black's House elf?
13. What are the end-of-term exams called?

14. What position does Ron play on the Quidditch team?
15. What is Bellatrix Lestrage in relation to Sirius Black?
16. What is at the end of the corridor in Harry's dreams?
18. Who is Ron's sister?
19. Why did Harry have to go to the hearing?
20. Who is the headmaster of Hogwarts?

Down

1. Where do the children break into?

2. Who dies at the ministry?
5. Who is Harry's least favorite teacher?
6. Who is he-who-must-not-be-named?
7. Who is the Defense Against the Dark Arts teacher?
8. Why could Harry see the horses pulling the carriages?
11. Who is the main character?
17. Who is Harry's godfather?

spot thirteen differences



positive traits word search puzzle

E V I T A E R C K H E L P F U L Y I O G R W L M
 K R L L M H I S E R I O U S W I N N P B E U O H
 G H U M B L E H O N E S T Q X D E S O M S B Y G
 F L E X I B L E O R L Q L R M E V I S M I N A N
 P O Y N Q Q P R A C T I C A L N I G F Q L U L I
 Q O B M R S O F I F U N N Y H I T H R S I K G R
 I U R Q E V I T C A R T T A X M I T I K E M N U
 T I A Z A R E L A X E D G G D R S F E I N I O T
 T A V F T N E D N E P E D N I E N U N L T C R R
 P N E S E L F L E S S W X P L T E L D L B H T U
 Q C S O L A C C E P T I N G B E S O L E X E S N
 E I N P F U I W I S W P S A O D I H Y D D E C O
 V P L T O I T S B N B J G D E S U C O F J R O L
 I M I I R N S G N I K R O W D R A H C Z R F N U
 S O S M G T A J W H T R A E O T N W O D Y U F F
 I T T I I E I O R G A N I Z E D D H U S Q L I T
 C I E S V L S Y R E S P E C T F U L R W R A D H
 E V N T I L U F P A T I E N T B K Y T Y E Q E G
 D A E I N I H C Z F J A N M S K A X E F L K N U
 K T R C G G T I J L N M O D E S T J O O I I T O
 I E Q I D E N C I T S I L A E R Q Z U O A N D H
 M D F C U N E B M A T U R E X W J G S G B D D T
 U P B A L T E S E L F D I R E C T E D L L J G F
 T R U S T I N G V L E A I K W M S U O R E N E G

courteous
 sensitive
 listener
 trusting
 realistic
 skilled
 nurturing
 goofy
 kind

focused
 humble
 relaxed
 independent
 patient
 determined
 flexible
 down to earth

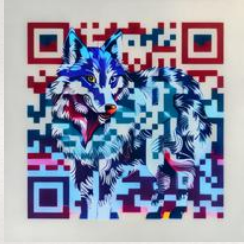
practical
 forgiving
 reliable
 serious
 funny
 respectful
 friendly
 attractive

mature
 enthusiastic
 self directed
 modest
 insightful
 optimistic
 strong
 loyal

selfless
 decisive
 cheerful
 generous
 motivated
 confident
 accepting
 hardworking

organized
 brave
 resilient
 honest
 helpful
 thoughtful
 creative
 Intelligent

direwolves are back!



colossal labs is working
on this project

de-extinction!

utopic or
dystopic?

Remus

Scan for George
Martin's blog

direwolves has become popular
with Game of Thrones series



scan for TIME article



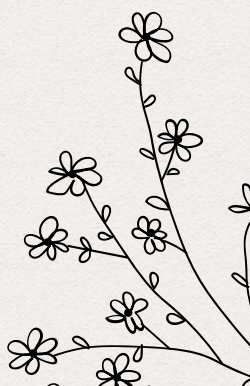
the north remembers!

George
Martin

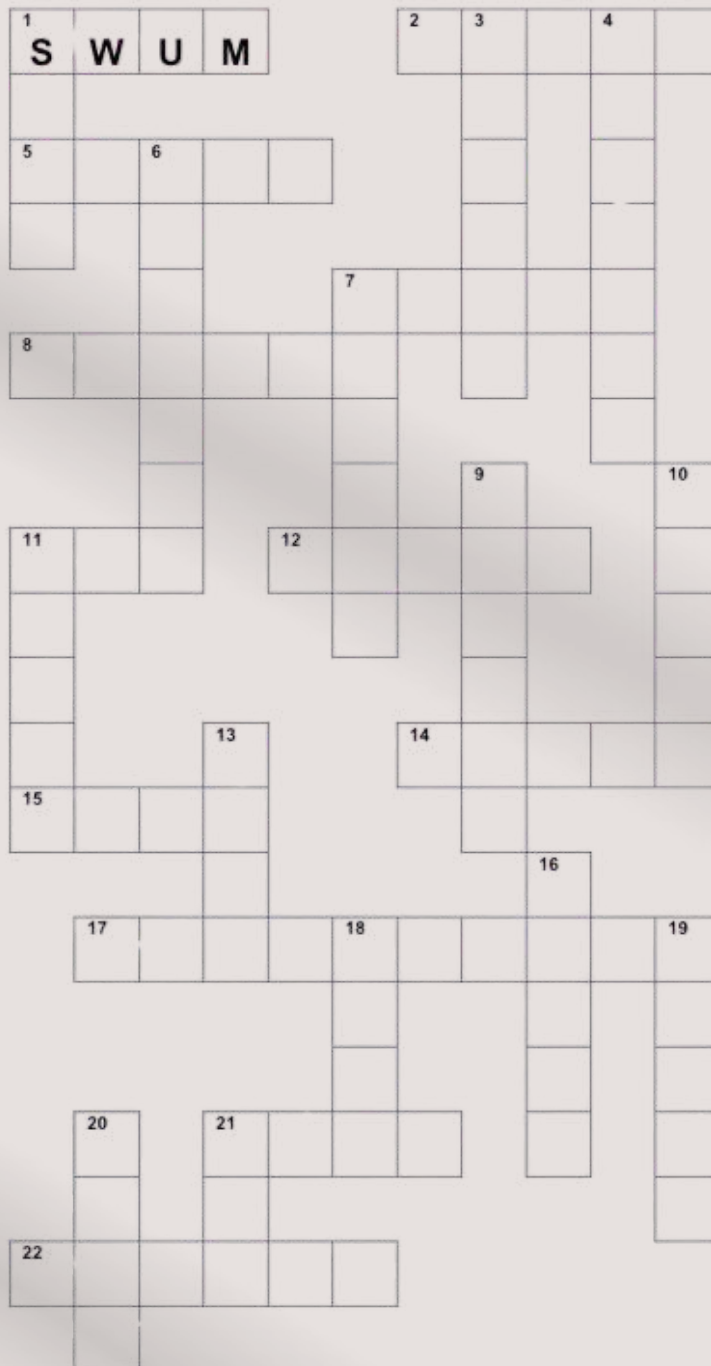


the name reminded you of
someone? :)

Khaleesi



present perfect verbs crossword

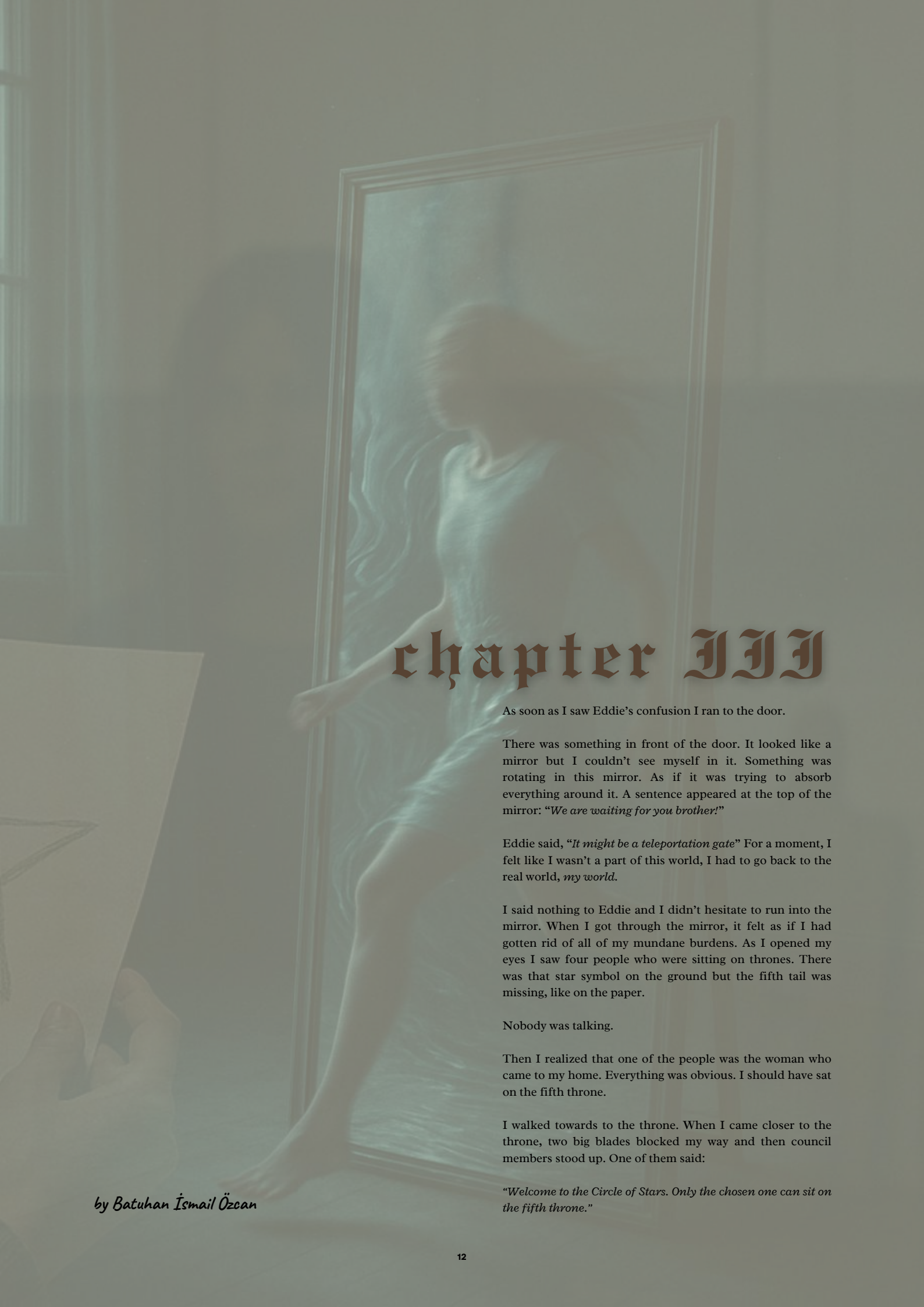


ACROSS WORDS

1. swim
2. draw
5. eat
7. spend
8. teach
11. sit
12. hear
14. begin
15. do
17. understand
21. make
22. bitten

DOWN WORDS

1. see
3. ride
4. write
6. think
7. steal
9. drive
10. fly
11. stand
13. hold
16. find
18. read
19. drink
20. pay
21. meet



chapter III

As soon as I saw Eddie's confusion I ran to the door.

There was something in front of the door. It looked like a mirror but I couldn't see myself in it. Something was rotating in this mirror. As if it was trying to absorb everything around it. A sentence appeared at the top of the mirror: "*We are waiting for you brother!*"

Eddie said, "*It might be a teleportation gate*" For a moment, I felt like I wasn't a part of this world, I had to go back to the real world, *my world*.

I said nothing to Eddie and I didn't hesitate to run into the mirror. When I got through the mirror, it felt as if I had gotten rid of all of my mundane burdens. As I opened my eyes I saw four people who were sitting on thrones. There was that star symbol on the ground but the fifth tail was missing, like on the paper.

Nobody was talking.

Then I realized that one of the people was the woman who came to my home. Everything was obvious. I should have sat on the fifth throne.

I walked towards to the throne. When I came closer to the throne, two big blades blocked my way and then council members stood up. One of them said:

"*Welcome to the Circle of Stars. Only the chosen one can sit on the fifth throne.*"

by Batuhan İsmail Özcan

spot ten differences





**“HOW LONG
IS FOREVER?”**

- ALICE

**“SOMETIMES
JUST ONE
SECOND”**

- WHITE RABBIT

- ALICE IN WONDERLAND -

spot six differences



Tongue Twisters

*Peter Piper picked a peck of pickled peppers.
A peck of pickled peppers Peter Piper picked.
If Peter Piper picked a peck of pickled peppers,
Where's the peck of pickled peppers Peter Piper picked?*

*Betty Botter bought some butter
But she said the butter's bitter
If I put it in my batter, it will make my batter bitter
But a bit of better butter will make my batter better
So 'twas better Betty Botter bought a bit of better butter*

*How much wood would a woodchuck chuck if a
woodchuck could chuck wood?
He would chuck, he would, as much as he could, and
chuck as much wood
As a woodchuck would if a woodchuck could chuck wood*

*You know New York, you need New York, you know you
need unique New York.*

I saw a kitten eating chicken in the kitchen.

If a dog chews shoes, whose shoes does he choose?

Near an ear, a nearer ear, a nearly eerie ear.

Six sticky skeletons. (x3)

*A skunk sat on a stump and thunk the stump
stunk, but the stump thunk the skunk stunk.*

*Lesser leather never weathered wetter weather
better.*

TRUE COLORS PERSONALITY TEST

One of the most popular personality tests is the True Colors Personality Test. This personality test asks a series of questions to rate your likes and dislikes. Then the test will rate your personality as either a blue, green, orange or gold personality type. You may be a combination of two colors, but usually a person will exhibit one primary color. A personality test is not a way to categorize people, but it allows us to understand the personality traits generally. You will operate as one primary color for the most part, but high levels of stress and other environmental factors can shift your personality type for short intervals. Have fun!

On the next page, there are 11 incomplete sentences that describe people. Each sentence has four possible endings. Give **four** points to the phrase that is "**most like you**", **three** points to the phrase that is "**almost most like you**", **two** points to the next phrase, and **one** point to the phrase that is "**least like you**"

TRUE COLORS

PERSONALITY TEST

1. WHEN I MAKE DECISIONS:

- a. I do it quickly and go with the first impressions.
- b. I think about it, consider the options and then decide.
- c. I listen to my feelings and consider how my decisions will affect others.
- d. I take it seriously and always try to make the right decision.

2. THE BEST WAY FOR OTHERS TO SHOW ME THEY CARE ABOUT ME IS TO:

- a. Do fun things with me.
- b. Give me space to be myself.
- c. Spend time with me doing whatever.
- d. Do what I want to do; not let me down or break a promise.

3. WHEN I'M WITH MY FRIENDS, I LIKE TO PROVIDE:

- a. The excitement; the fun; the jokes.
- b. Questions; answers; a logical way of looking at things.
- c. Concern for others; a lot of caring.
- d. The planning; a sense of security; a good standard.

4. I LIKE TO:

- a. Act on a moment's notice; do risky things.
- b. Provide answers or give thought to people's questions.
- c. Help maintain a sense of harmony and togetherness.
- d. Be responsible, dependable, and helpful to others.

TRUE COLORS

PERSONALITY TEST

5. ONE THING I AM REALLY GOOD AT IS:

- a. Acting courageously.
- b. Thinking.
- c. Being sensitive.
- d. Organizing.

6. FRIENDS WHO KNOW ME BEST WOULD SAY THAT I AM:

- a. Competitive.
- b. Reserved, thoughtful.
- c. Emotional, friendly.
- d. Neat, prepared.

7. MY BASIC APPROACH TO LIFE IS:

- a. To take one day at a time and have fun.
- b. To figure out what life is all about.
- c. To help others and be happy and succeed.
- d. To plan for the future and make it as good as possible.

8. WHEN I AM FEELING DISCOURAGED OR "DOWN IN THE DUMPS":

- a. I often become rude, mad, or sometimes even mean.
- b. I withdraw, don't talk very much, and try to think my way out of the problem.
- c. I feel emotional, sad, and usually like to talk it over with someone close to me.
- d. I try to figure out what's causing the problem and fix it.

TRUE COLORS

PERSONALITY TEST

9. I FEEL GOOD ABOUT MYSELF WHEN:

- a. I can do things that are difficult.
- b. I can solve problems or figure things out.
- c. I can help other people.
- d. I am appreciated or rewarded for things I do.

10. TEACHERS AT SCHOOL WHO SAW ME WHEN I WASN'T ON MY BEST BEHAVIOR MIGHT DESCRIBE ME AS:

- a. Rowdy or a little wild.
- b. Arrogant.
- c. Talkative.
- d. Someone who wants things my way, dominant, worrying.

11. TEACHERS AT SCHOOL (WHO LIKE ME AND IN WHOSE CLASS I DO PRETTY WELL) WOULD PROBABLY DESCRIBE ME AS:

- a. Charming, a natural leader, clever, someone who is fun to have around.
- b. Thoughtful, someone who has good answers, someone who likes to figure out problems.
- c. Nice, friendly, someone who gets along with other students and is helpful to the teacher and others.
- d. Neat, organized, prepared, someone who does assignments and is a good student.

TOTAL YOUR COLUMNS AND PLACE YOUR RESULTS
IN THE BLANKS BELOW.

----- A. ORANGE ----- B. GREEN ----- C. BLUE ----- D. GOLD

TRUE COLORS

PERSONALITY TEST

ARE YOU **BLUE?**

*Enthusiastic...Sympathetic...Personal?
Warm...Communicative...Compassionate?
Idealistic...Spiritual...Sincere?
Peaceful...Flexible...Imaginative?*

I have a strong desire to be a role model. I am skilled at motivating and interacting with others – I make friends easily and like having friends.

I respond well to encouragement rather than competition.

I like being artistic, communicating with people, and helping people.

ARE YOU **GREEN?**

*Analytical...Global...Conceptual?
Cool...Calm...Collected?
Inventive...Logical...Problem Solver?
Abstract...Creative...Investigative?*

I am conceptual and am an independent thinker. For me, work is play. I am drawn to constant challenge. I like to develop models and explore ideas.

TRUE COLORS

PERSONALITY TEST

ARE YOU **GOLD?**

*Loyal...Dependable...Prepared?
Thorough...Sensible...Punctual?
Faithful...Stable...Organized?
Caring...Concerned...Helper?*

*I am stable and organized. I am detailed oriented and predictable.
I believe that work comes before pleasure, even if I must work overtime to
complete the job. I understand and respect authority and am comfortable
with how rules go.*

ARE YOU **ORANGE?**

*Witty...Charming...Spontaneous?
Impulsive...Generous...Impactful?
Optimistic...Eager...Bold?
Physical...Immediate...Courageous?*

*I learn by doing and experiencing, rather than by listening and reading. I
like being physically involved in the process and am motivated by my own
natural competitive self and sense of fun. I am a natural performer. I like
doing tasks that allow me to be independent and free.*

