

PRICE £4.99 | VOLUME 85 EDITION 3 | SUMMER 2022

British Dental Nurses' JOURNAL®

The Journal of the British Association of Dental Nurses



British Association of Dental Nurses

Chief Executive
PAMELA A SWAIN
MBA, LCGI, FIAM, FCMI

MENOPAUSE ADVICE

INSIDE THIS ISSUE:

PRESIDENT'S REPORT	03	BRUSH UP ON CPD	14 - 19	FEATURE: CONTAMINATION	24
BADN NEWS	04 - 06	EDUCATION	20 - 21	BADN REWARDS	26
INDUSTRY NEWS	08 - 12	FEATURE: OPPORTUNITY	22	CALENDAR	26

YOU'RE COVERED



**DÜRR
DENTAL**

HD 410

Hände-Desinfektion
Hand disinfection
Désinfection des mains
Disinfezione delle mani
Antiséptico para piel sana



2,5l



Protects and hydrates
hand disinfection



**DÜRR
DENTAL**
THE BEST, BY DESIGN

BADN EXECUTIVE COMMITTEE



President
Jacqui Elsdon MSc FBADN
president@badn.org.uk



Chairman
Joan Hatchard LCGI FBADN
chairman@badn.org.uk



President-elect
Debra Worthington
president@badn.org.uk



Treasurer
Michelle Brand BSc MA
finance@badn.org.uk



Education Representative
Anita Stanforth FDS Sc MSc
education@badn.org.uk

For Executive Committee member biographies, please go to the About Us page of the BADN website: www.badn.org.uk



Executive Editor: Pamela Swain MBA
LCGI FIAM FCI

Managing Editor: James Cooke

Group Sales Manager: Ed Hunt

Production Designer: Rob Tremain

Divisional Administrator: Francesca Colclough

Managing Director: Steve Hardiman

Front Cover: CGDent President Abhi Pal,
BADN President Jacqui Elsdon, BSDHT President
Diane Rochford and BDA CEO Martin Woodrow
outside N° 10

Please address all correspondence to:

Executive Editor

Email: pam@badn.org.uk

Tel: 01253 338 360

Membership Subscriptions:

Full Members – £35

Retired Associates – £25

Overseas Associates – £45

Student e-Associates £10

Associates – £40

Journal Subscriptions:

£120 per annum (UK institutions only)

£150 per annum (overseas institutions only)

Printed by Buxton Press Limited

ISO14001 certified

© British Dental Nurses' Journal

Published by Purple Media Solutions

Registered in England.

Registered number 5949065

The British Dental Nurses Journal (BDNJ) is published by
Purple Media Solutions Ltd on behalf of the British Association

PURPLE

of Dental Nurses (BADN). The BADN has sole responsibility
of the editorial content of this magazine. Any comments or
questions regarding editorial content should be addressed to
the executive editor.

From your President



Welcome to the Summer Edition of the British Dental Nurses' Journal.

cuppa and join us for some interesting conversations and knowledgeable speakers.

As we move towards re-registration for DCPs, my thoughts turn to our CPD and PDP responsibilities. As GDC registrants we are obligated to steer our CPD via our 'Field of Practice', therefore no more cherry picking your CPD! If you are short on CPD hours, then head to your BADN journal for further CPD hours. You can also log into several back issues of the journal whilst you're there, to complete as much CPD as you need. Don't miss the ARF deadline for your declarations and submissions.

We also have our new website launching in August.

The website will offer a mobile friendly layout, allowing you to browse with ease as we had recognised that the current one needed to be brought into the 21st century with a fresh new look and functionality. We plan to go live with the new website across the weekend of Saturday 6th & Sunday 7th August. To stay up to date with the latest news and information, please be sure to follow our social media channels.

The year is gathering momentum and I have been busy, out and about, representing dental nurses. I met separately with colleagues from Wales: the Chief Dental Officer of Wales, Andrew Dickinson, and Kathryn Marshall, who is employed by Health Education Inspectorate Wales (HEIW) as their Head of Dental Workforce Development. We discussed skill mix within the dental team and how that may be applied in the workplace to enhance patient care and access to NHS dentistry.

And lastly, the General Dental Council is setting out plans for public protection for the next three years. Within the information provided, the GDC states that it expects fees to be higher than the levels set in 2019, to around £730 (+7%) for dentists and to around £120 (+5%) for dental care professionals.

In July I attended the Dental Awards winners' lunch, to celebrate the achievements of the winners. The Dental Nurse category was won by Lorraine Hanvey, who works in Portadown in Belfast. The judging panel agreed that Lorraine went above and beyond her role when supporting anxious patients within her practice.

Following this announcement, BADN will be lobbying the GDC to not raise the Annual Retention Fees for Dental Nurses. I strongly urge you to respond to the consultation to provide your views on this so that they understand the depth of feeling amongst Dental Nurses in times of financial strain. Find out more here:

<https://bdnj.co.uk/2022/07/05/consultation-on-gdcs-three-year-strategic-plan-amidst-great-uncertainty-in-dentistry/>

There have been a number of online meetings at which I have represented dental nurses together with being interviewed by the events organisers for The Dentistry Show London, taking place in October 2022. This will be the next national dental exhibition where I will be delivering a presentation about working during the Menopause.

To ensure you have the very latest information from us, you can sign up to your BADN newsletter which will keep you informed of any new news and events at <https://www.badn.org.uk/Public/Subscribe-to-BADN-Newsletters>

At BADN, I am continuing to host the on-line Coffee Catch Ups on the last Saturday of every month. This is where we gather for an informal chat and to provide some formal CPD for you. Grab a

We need to stand together to ensure our voice is heard within the profession. Join us at BADN: <https://www.badn.org.uk/>

Jacqui Elsdon

BADN President 2019-2022

Follow us on Twitter... @BADNUK www.facebook.com/badn1

Pam Swain celebrates 30 years with BADN

In 1992, Pat Heap, Past BADN President and Chairman, was interviewing candidates to fill a vacancy for Executive Secretary. One applicant stood out far above the rest and still holds the position 30 years later, although the job title has been upgraded to 'Chief Executive' due to this individual's tireless work in ensuring that BADN is an ever-present force in the dental sector with high visibility, and that the dental nurses it represents have their voices heard.

That applicant was of course Pam Swain. "It does not seem 30 years since I interviewed Pam for the role of Secretary," recalls Pat Heap. "At interview, she was by far the best candidate and over the past 30 years has proved to be an asset to the Association, ensuring the advancement of dental nurses, giving help and advice to those needing it."

A part of what helped Pam to stand out from the crowd was her eclectic background, which included an extended stint in Brussels working for Hilton International in their European Area Office, in both personnel and marketing; and then for NATO – first in the Electronic Warfare section and later in Operations Division. Pam's international experience didn't end there, as she would go on to work for the Bank of Bermuda on the island itself before starting the 1990s with a 12-month sabbatical to study at the Massage Institute of New England in Massachusetts, USA.

"Pam's international background, working for organisations such as NATO, Hilton International and the Bank of Bermuda, brought a fresh perspective to BADN," explains Past BADN President Paula Sleight. "She has been integral to BADN's development over the last 30 years, where there have been many changes – including the reclaiming of the title 'dental nurse'. We were previously known as Dental Surgery Assistants or DSAs. Pam has been there for all the Presidents and Chairmen of the Association as we campaigned for statutory registration and recognition of dental nurses as valued members of the dental team."

When Pam arrived at BADN – then known as the Association of British Dental Surgery Assistants – its membership comprised around 500, there were no tangible benefits on offer, the staff consisted of two-part timers working around one shared desk, and the Association was rarely included in wider dental meetings – even when matters pertaining to dental nurses were decided. It had little, if any, political clout. Correspondence was almost exclusively via letter, produced using an old typewriter.

Pam started by injecting the Association with a sense of professionalism, staging Council meetings in a more business-like manner with an agenda sent out in advance, proper Minutes with Action Lists recorded, and reports submitted in advance instead of being delivered verbally at the meeting. She negotiated with Fisk Brett for a computer system (with terminals for each staff member) and took over as Editor of this very Journal, which until that point was described as 'somewhere between a rag mag and a parish magazine', introducing a more modern format and contemporary style.

Current BADN Chairman, Joan Hatchard, notes that Pam is the longest serving Chief Executive of any dental professional association. "In 1992, BADN had fewer than 500 members; the Association was largely ineffective, had little or no influence and lacked direction. Members were not provided with professional support," Joan explains. "Pam's appointment was a turning point for the Association; BADN now provides huge support for its members, including access to professional indemnity insurance, a



legal helpline, a quarterly Journal with CPD, a health and wellness hub, and BADN Rewards – all of which have been instigated by Pam. The profile of the Association has been raised by her articles and regular columns for several dental publications and by her speaking at dental nursing and other events.

"During the pandemic, Pam helped in the process of enabling dental nurses to be recognised as 'key workers' and supported dental nurses through a difficult time. She works to continually highlight the essential role played by dental nurses within the dental team."

At the recent 80+2 Anniversary celebration in Birmingham, BADN celebrated Pam's milestone anniversary with the Association. BADN President Jacqui Elsdon presented Pam with a gold bracelet from former and current Presidents, Executive Committee members and staff. Pam was also awarded Honorary Life Membership of the Association.

"Having had two roles within BADN during the past 6 years [Education Representative and President], I have witnessed Pam's strong work ethic and exemplary organisational and networking skills first-hand," said Jacqui. "It makes my role as President easier knowing that I have that support behind me. Pam has been BADN's 'one constant' over the last 30 years and I personally would like to thank her for ensuring that our Dental Nursing Professional Association remains accessible to all Dental Nurses, trainees and qualified, despite the many challenges along the way. Very many congratulations, Pam."

In 2022, 30 years after Pat Heap interviewed Pam Swain for the executive position, the BADN now has 4 full-time staff and a membership in the thousands. BADN is the largest, longest-running and quite possibly the most respected of the DCP associations, while Pam celebrates another achievement, making it into Dentistry's Top 50 most influential people in the dental sector this year.



Congratulations! BADN Member Honoured

BADN is proud to announce that member Maria Sanchez received a British Empire Medal in the recent Platinum Jubilee Birthday Honours list.

"I began my career as a dental nurse, or DSA as we were then called, in 1975. I fell into the job purely by chance, having left college after taking my A levels, not knowing what I wanted to do with my life. My good friend mentioned that she had applied to the Eastman Dental Hospital to train as a dental nurse, and I started to think this was something that I might enjoy. The rest is history.

"I worked in general practice for six months whilst waiting for a place at the Eastman. After qualifying, I worked in the paediatric department, and that is where my interest has stayed. I have had several career breaks and different jobs over the years, but eventually returned to dental nursing in general practice in 1997.

"In 2006, I started working in the Community Dental Service, and that is where I have been ever since. I now work exclusively in paediatric dental general anaesthesia, managing the service and also assisting clinically at the hospital twice a week. It is an extremely fulfilling role, but also very demanding. However, I would not change a thing and look forward to going to work each day, knowing that I am helping to improve the lives of both our patients and their families

"I was redeployed twice during the Covid pandemic within my Trust – the first time on ITU, and the second helping in an admin capacity in the maternity service; I enjoyed both spells of redeployment, but I was happy to return home to dentistry. I feel truly honoured and humbled to have received the British Empire Medal for my services to dentistry, and grateful to my wonderful colleagues, both in Community and in the wider Trust."



BADN celebrates belated 80th anniversary

The UK's professional association for dental nurses, the British Association of Dental Nurses (BADN), celebrated its delayed 80th Anniversary at the recent Dentistry Show with an Anniversary Afternoon Tea at the NEC Hilton.

At the Tea, BADN President Jacqui Elsdon presented long service badges to Michelle Brand (5 years), Jenny Wood (10 years) and Paula Sleight (25+ years); presented the three Past Presidents at the Tea with BADN 80th anniversary commemorative brooches, and read out a letter of congratulations from HM The Queen.

BADN were delighted to welcome Junior Vice President of the British Veterinary Nursing Association (BVNA), Charlotte Pace, who spoke briefly about the collaboration between the two Associations, and made the toast to BADN.

President Jacqui also presented Chief Exec Pam Swain with a gold bangle from members of the Executive Committee, past and present, and Past Presidents, to mark 30 years of working for BADN. Pam was also made an Honorary Life Member of the Association.



When oral hygiene is more of a challenge...

Achieving good oral hygiene isn't easy for patients with fixed appliances. Help them protect their teeth and gums with TePe's new specialist Orthodontic Kit.

- TePe have selected specialist products from their range suitable for patients with fixed appliances
- For tailored care of teeth and gums while appliances are in place
- Helps build effective oral hygiene habits

Offer your patients the new TePe Orthodontic Kit. Ask your TePe wholesaler.



BADN Menopause Policy launches to immediate widespread endorsement

In March this year, BADN launched its Menopause Policy in response to the fact that women over 50 are the fastest growing segment of the workforce – and dental nursing is 98% female. According to a leading HR company, one in four menopausal women consider leaving their job because of lack of support and understanding from employers or managers. Employers who do support their employees through the menopause will benefit from lower sickness absence and employee turnover, as well as increased engagement and loyalty.

The Policy outlines the challenges faced by menopausal women in the workplace and suggests ways in which employers can support menopausal employees. Dental practices, laboratories, clinics, organisations and dental industry companies – as well as their veterinary equivalents – have been asked to adopt the Policy and implement it in their workplace.

BADN President Jacqui Elsdon commented: “Given the current recruitment and retention crisis in dental nursing, it is in the best interests of general dental practices to support their employees during this time – not to mention the fact that menopause-related tribunals have doubled in recent years.

“However, BADN recognises that this is still a difficult subject for many people, and many employers may not know how to broach this subject in their practice. We have therefore produced this advice sheet with lists of relevant legislation, useful articles and websites, and a specimen policy to break this taboo.”

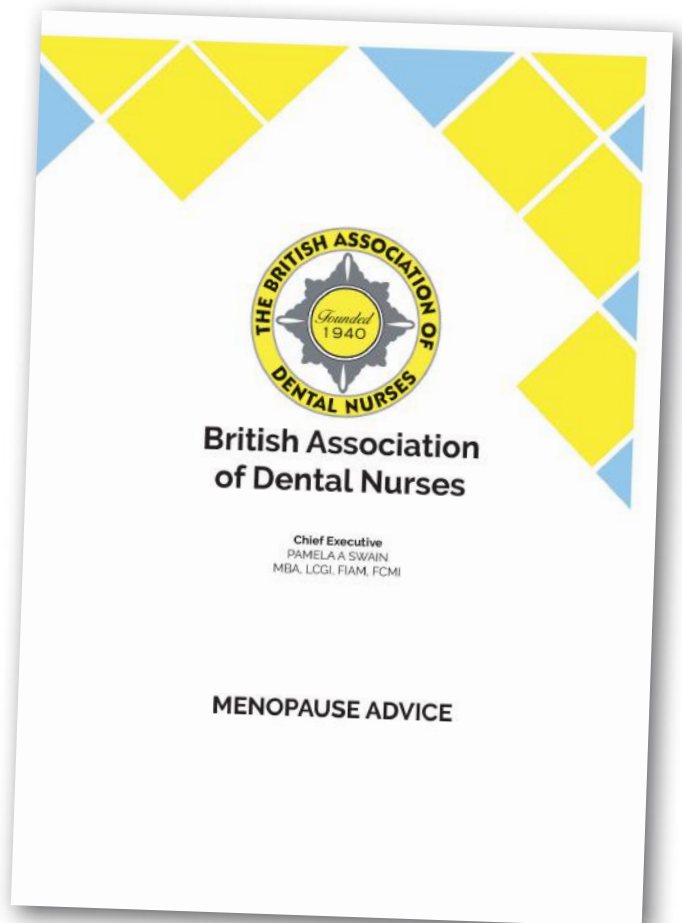
In the months following the launch of BADN’s Menopause Policy, several leading dental associations – and even one non-dental professional association – have shown their support by publicly endorsing the document.

“We are delighted by the response and outpouring of support,” said BADN Chief Executive Pam Swain. “The British Association of Dental Therapists (BADT), the British Society of Dental Hygiene and Therapy (BSDHT), the British Dental Industry Association (BDIA), the College of General Dentistry (CGDent), the Dental Technologists’ Association (DTA), the Dental Laboratories Association (DLA), the Orthodontic National Group (ONG) and even the British Veterinary Nursing Association (BVNA) have all expressed their support for the Policy and are encouraging their members to adopt it. If your professional association hasn’t yet declared their support (did I hear someone say BDA?), contact them and ask why not!”

Charlotte Pace RVN, Junior Vice President of the BVNA, recently attended the BADN 80th Anniversary Afternoon Tea (and blogged about the experience here: bit.ly/3OP8OWz). She commented: “BVNA have recently supported and adopted BADN’s menopause policy, which is now available in our chronic illness toolkit. BVNA are pleased to partner with another association outside the veterinary profession, which will help grow a better understanding of One Health, where human and veterinary professionals work together for the greater good. BADN have had a long battle to protect the title of Dental Nurse, and it is hoped that we can learn from their hard-fought experiences in order to protect the veterinary nurse title. We look forward to a close relationship with another association outside the veterinary profession, working towards a greater understanding of the importance of One Health.”

Fellow dental associations are equally as enthusiastic about the BADN Menopause Policy.

BADT President Debbie Hemington said, “BADT are proud to support this superb initiative by the BADN. As a predominantly female profession still, this will impact so many of our members and their families, and having some written guidance to share with workplaces will be invaluable to anyone who needs it. BADN are to be commended on highlighting the impact of this topical issue and in raising awareness



among the whole dental team. Dental practices could now lead the way by adopting the policy and showing that progress within the field is not confined to clinical techniques.”

The College of General Dentistry, membership of which is open to all dental and oral health professionals, is the first organisation representing dentists to do publicly support the Policy, noting that 78% of the regulated dental profession as a whole is female.

“The BADN’s Menopause Policy is an important, practical and succinct tool which helps dental professionals to better understand the menopause, to appreciate relevant employment law, and to implement a menopause policy in their practice,” Abhi Pal, President of the College of General Dentistry, said. “Making appropriate adjustments for staff affected by the menopause is both a moral duty enabling committed and experienced colleagues to remain in valuable employment, and a legal duty not to discriminate on the grounds of gender, age or disability. Supportive dental practices and understanding employers will also find they benefit in return from improved staff retention and reduced sickness absence. On behalf of the College, I congratulate BADN on its publication, and am pleased to endorse it.”

Gail Vernon, Vice-President of the BDIA, added: “This is a great resource making it easier to talk about menopause in the workplace. It’s also a great example of shared learnings across the industry and the BDIA are delighted to lend support to this important initiative.”

The advice sheet/policy is available on the BADN website www.badn.org.uk. Hard copies have been made available at the BADN stand at various dental trade shows up and down the country.

THE PROBE

WEBINAR

Why take time out from the practice when you can **watch our webinars** at your convenience?

Our webinars are **specially designed for dentists** and their teams on behalf of some of the major supporting dental companies. Dentists and DCPs can watch in the comfort of their own home and more importantly they are free for everyone!



FREE 1 HOUR eCPD
WITH EVERY WEBINAR

FREE
WEBINAR



Limited webinars for 2022, book yours now:

✉ haydon.rainsford@purplems.com ☎ +44 (0) 1732 371570

www.the-probe.co.uk/webinars

Working in partnership with:



THE PROBE

Smile

PURPLE
media solutions ltd

Care Quality Commission encourages deaf and hard of hearing people to share their experiences of care



The Care Quality Commission (CQC), partnering with Disability Rights UK (DRUK), is asking more people that are deaf or hard of hearing to feedback their experiences of care to help services improve. CQC's Because We All Care campaign, launched in January 2021, aims to help health and social care services identify and address quality issues by encouraging people to share feedback on individual experiences of care.

It is estimated that one in six people are deaf or hard of hearing, this represents approximately 11 million people today and is expected to rise to 15.6 million by 2035. CQC introduced SignLive video service which allows people to connect with CQC to share their feedback using British Sign Language (BSL) as well as text relay.

CQC has previously reported on experiences of care from people with disabilities, that they encountered inequalities in accessing and receiving healthcare; CQC is committed to addressing health inequalities and is working to reduce barriers so people can tell inspectors what is working and what needs to improve.

CQC's Chief Inspector of Adult Social Care, Kate Terroni, said:

"We are committed to addressing health inequalities and reducing barriers to care and we want to see an accessible health and social care system which is consistently effective in communicating with people about their care, that adheres to the Accessible Information Standards (AIS).

"CQC has introduced SignLive as a service for those who use BSL, it connects people who want to contact us with a BSL interpreter who relays information between the person using the service and CQC. We also introduced Text Relay as a method of contacting us as well, alongside our existing communication channels.

"The lived experience of people who are deaf and hard of hearing, and the wider community, is significant in understanding how care for them can be improved. We want to learn from their experiences and drive these improvements and ensure people receive good safe care."

CQC Registration Inspector and Disability Equality Network Chair, Paul Kirby, said:

"There are some 151,000 people in the UK who use BSL and, of these, 87,000 are deaf. Health and social care providers know in order to meet

the needs of the people they care for they need to effectively communicate with them. Our relationship with hearing changes through the course of our lives, just as our care needs change as we adapt.

"We've had some amazing leaps and advancements in technology which has had a huge impact on people who are deaf or hard of hearing. Being able to better access information, communicate with health and social care professionals, and them with us, is vital to getting appropriate care. It is important that we learn and understand what is working well and what can be improved, to drive care forward.

"The deaf community and BSL users reached a turning point recently with the passing of the BSL Act 2022. Whilst BSL was already recognised as an official language the Act will help communication with the community be more effective, creating better provision of services and gives BSL a footing in the Equality Act 2010. Effective communication is key and CQC wants people who are deaf or hard of hearing to feedback about their care experiences."

Head of Advice & Information at DR UK, Michael Paul, said:

"We have a long and successful relationship with the Care Quality Commission in encouraging disabled people to share their experiences of care services they use. We're really happy to again work together to reach more disabled people, and ultimately improve care services for disabled people and everyone else."

A review by the deaf health charity SignHealth, concerning accessibility standards in the NHS, found deaf people experienced of a lack of accessible communications which acted as a barrier to getting the care they need in a timely manner.

CQC wants to ensure everyone has the same opportunities to feedback about their care and provide an accessible platform to do so, so that experiences can be understood and used to challenge care providers, learned from and shared to drive improvement. Last year CQC introduced SignLive as a way to remove barriers in feeding back, it enables people to communicate their experiences of healthcare services via video in BSL.

People can give feedback on their experiences of care, or those of someone they care for, on the CQC website or through their local Healthwatch. Local Healthwatch organisations can also help you with advice and information to access the support you need.

BADN Members Graduate From Kent University

BADN Past President and Chair Jane Dalgarno and BADN member Rebecca Silver (pictured here with Director of Studies and former BADN Chair Dr Debbie Reed) graduated last month at Rochester Cathedral with an MSc in Advanced and Specialist Health Care from the University of Kent.



Education Committee

We are looking for members for the BADN Education Committee – if you are involved in the training/education of dental nurses and are interested, please contact BADN Education Representative Anita Stanforth at education@badn.org.uk for more details. Education Committee meetings are held via Zoom.

Stay up-to-date with the very latest news in the profession

The Dentistry Show London – Friday 7th and Saturday 8th October 2022 – will provide the perfect opportunity for dental professionals to get the very latest news, recommendations and product information on the market.

Free for all members of the team to attend, there will be various lecture programmes catering to all. Whether you're looking to enhance your clinical skills, gain enhanced CPD in core topics or gain useful business intelligence, this will be the place for you.

Dentistry Show London
7-8 October 2022 | ExCeL London
london.dentistryshow.co.uk

REGISTER NOW!



Delivered by CloserStill Media – the same organisation that brings you the British Dental Conference and Dentistry Show (BDCDS) – you can trust in the calibre of the event and the quality of the speakers. You can also look forward to an extensive trade exhibition with an array of manufacturers and suppliers on hand to help with any questions you may have.

Register for free online today!

The Dentistry Show London will be held on Friday 7th and Saturday 8th October 2022, ExCeL London.

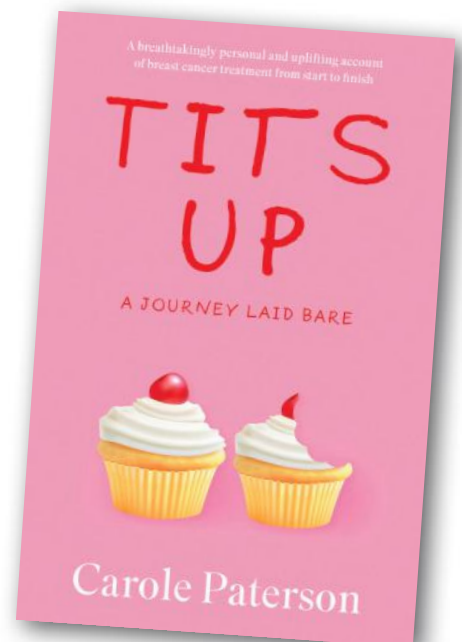
Visit london.dentistryshow.co.uk for more information.

Carole Paterson lays breast cancer journey bare

BADN members will be familiar with Carole Paterson (formerly Carole Houston), who was co-organiser of the All I Want for Christmas Dental Days in Blackpool for people in recovery and the homeless, has spoken both at the National Dental Nursing Conference and the Dental Nurse Forum at the Dentistry Show on her work with people in recovery, and at a BADN Coffee Catch Up and in Dental Nursing magazine about the challenges she faced battling breast cancer.

Carole has now written a book about her breast cancer experience – a book designed to be informative, but not sensationalist; honest but not frightening for anyone who has just been diagnosed. She covers the things no one tells you – including the oral health implications. “I’ve intentionally written my book in a conversational way so that it’s easy to read, full of information, but not too scary,” Carole says. “I want it to be something that can be read by patients, their loved ones, and friends and colleagues who just want to understand what it is like to be a cancer patient and how they can provide support at a very scary time.”

Published by Matador, “Tits Up – A Journey Laid Bare” is available from Amazon and other retailers – all proceeds will be donated to breast cancer charities.



GDC Hearing Service launched

The Dental Professionals Hearing Service – the dedicated hearings function of the General Dental Council (GDC) – launched today. While hearings already take place before a committee of three independent panellists, the regulator has made this move to further highlight hearings' independence from its fitness to practise investigation and prosecution functions.

As part of the new service, a dedicated website now provides a one-stop-shop for information including the different types of hearing, details of future and past hearings, and a summary of what dental professionals and witnesses can expect when attending a hearing.

The legislation the GDC operates under prevents the creation of an entirely independent hearings function and as such the new service remains legally part of, and accountable to, the GDC. The new dedicated hearings service, however, illustrates the regulator's commitment to making improvements wherever it can while it waits for regulatory reform.

GDC Chair, Lord Toby Harris, said:

"The independence of the hearing from any investigative process is a fundamental tenet of justice, but we know this separation at the GDC isn't always understood by those going through the system. By making this change we are aiming to highlight this independence and thereby promote confidence in the fairness of the system."

GDC Executive Director, Fitness to Practise, John Cullinane, said:

"This is one of several important changes we are making in relation to how fitness to practise and hearings work. While we are limited in how far we can go before our outdated legislation is reformed, wherever possible we are focussed on making changes that will improve the experience of everyone involved. We believe this administrative separation will help people to better-understand how the system works."

The GDC is keen to provide reassurance that the creation of the new service will cause no disruption to any hearings that are already scheduled.

GDS Reform Programme engagement event - Wales

On behalf of the Welsh Government, NHS Business Services Authority and HEIW, you are invited to the online GDS Reform Programme engagement event – 11/13/14 July 2022.

Following commencement of the dental primary care contract variation on 1 April 2022, this event is aimed at DCPs, performers/associates and contract owners to allow you the opportunity to provide honest feedback on your experiences so far.

Attendees at this event will be arranged into 3 distinct groups:

- 30 DCPs
- 30 Contract owners
- 30 Performers/Associates

Each group will attend a discussion session, led by a facilitator external to the GDS Reform Programme, to ensure impartiality.

The focus of this July event is to hear from individuals on how the contract variation has affected your working practice and to listen to suggested solutions for the future shaping of the Programme. This is an open environment to help shape the reform of the dental contract and contribute to the on-going development of the new contract.

Aim: To raise awareness of the challenges within the current dental contract reform programme

Objectives:

- To share experiences of the current dental contract reform programme through facilitated discussions
- To identify the challenges within a reform programme
- To provide an opportunity to develop solutions to shape the reform programme

CPD Development outcomes: A, D x 1.5 hours.

This event will be run on 3 separate occasions to ensure opportunity for as many people as possible to attend. Please only register for one event, to allow as many colleagues as possible the opportunity to contribute. Please register here: <https://bit.ly/3Ox04o6>

GDC calls for focus on CPD; DCPs' annual renewal opens

The annual renewal period for dental care professionals (DCPs) opens today with the General Dental Council (GDC) calling for professionals to check their CPD record now to make sure they've completed enough hours to meet the minimum requirements for ongoing registration.

In addition to paying the annual retention fee and making their indemnity statement by 31 July, professionals need to make sure they make a compliant CPD statement on time, including having completed at least 10 hours of CPD over the last two years. With more than 3,000 DCPs falling foul of at least one of the CPD rules last year, the regulator is keen to highlight the requirements.

There are three steps to completing annual renewal. For DCPs these are:

- Pay the annual retention fee by 31 July.
- Make an indemnity statement by 31 July.
- Complete the required amount of CPD by 31 July and go on to make an annual or end of cycle CPD statement by 28 August.

GDC Chief Operating Officer, Gurvinder Soomal, said: "The vast majority of dental care professionals complete all aspects of their registration renewal every year without any complications. But last year, more than 3,000 did not meet the requirements for CPD for reasons unrelated to COVID-19.

"Keeping up with professional development is an essential part of being a healthcare professional but there are also immediate practical impacts of not making a compliant CPD statement for the individual and their dental team, as non-compliance can interrupt their ability to practice. It takes just a few minutes to check your CPD record to make sure you have done enough – and if you find out now that you need to do more, you have enough time to put it right before the end of July."

The GDC is also reminding DCPs of the need to meet minimum CPD requirements following two years of flexibility – supporting those who may have found it difficult to access CPD during the pandemic.

The GDC provides more information about annual renewal and CPD on its website: <https://www.gdc-uk.org/registration/annual-renewal-and-fees>

BADN AGM



The BADN Annual General Meeting is provisionally scheduled for Tuesday 22 November 2022 at the Naval & Military Club, London at 3pm (details to be confirmed).

This will be a hybrid meeting, with members invited to attend in person or via Zoom. Details will be circulated shortly and the Agenda and supporting documents will be available in the members' area of the BADN website in November.

NOMINATIONS

Nominations are requested for the role of Education Representative. Nominees should be registered with the GDC as a dental nurse, a BADN member for the last three years, and involved in the education/training of dental nurses. This is a two-year role, with the possibility of a second two year term.

For a more detailed description of the role and a nomination form, please contact the Chief Exec at pam@badn.org.uk. Completed nomination forms must reach the Chief Exec by 31 August 2022.



BRAND NEW! **THE PROBE** DENTAL PODCAST

The Probe Dental Podcast features discussions that explore all areas of the British dental sector.

Guests join us from all areas of the industry to provide their own unique perspectives on a wide range of topics, from manufacturers and figureheads of various dental organisations, to those in the trenches working in practice, and more.

Nothing is off limits in The Probe Dental Podcast, so be sure to tune in wherever you get your podcasts!



STREAMING ON:



iTunes | Spotify | Google Podcasts | Soundcloud | Anchor | You Tube

For more information, sponsorship opportunities or to book a podcast please contact James on:

 james.cooke@purplems.com

www.the-probe.co.uk/podcast

Purple Media, your #1 source for all things dental

Better access to NHS Dental Services under new reforms



Patients across the country will benefit from improved access to dental care under changes announced by NHS England today.

New reforms to the dental contract - the first in 16 years - mean NHS dentists will be paid more for treating more complex cases, such as people who need three fillings or more.

Dental therapists will also be able to accept patients for NHS treatments, providing fillings, sealants, preventative care for adults and children, which will free up dentists' time for urgent and complex cases.

To make services more accessible for people, dentists must update the NHS website and directory of services so patients can easily find the availability of dentists in their local area.

High-performing dental practices will have the opportunity to increase their activity by a further 10% and to see as many patients as possible.

In March last year, the Government asked NHS England to lead on the next stage of dental system reform to deliver better outcomes for patients and better support dentists.

The new reforms will ensure that dentists, who are operating at full capacity for the first time in two years, will be able to recover dental services following the impact of the pandemic.

Chief Dental Officer for England Sara Hurley said: "The NHS is determined to overhaul dental provision, with a focus on increasing access to necessary dental care and supporting prevention, today's reforms are the first step on that journey.

"NHS dental staff are working hard to recover services, but the key to delivering this will be reform – these changes announced today will help teams carry out even more treatments and help address the inevitable backlogs that have built up during the pandemic.

"Anyone with concerns about their dental health should contact their local dentist as they usually would or seek advice from NHS 111."

"Infection prevention and control measures to protect staff and patients were introduced during the pandemic, limiting the number of procedures that NHS dentists could carry out."

NICE guidance states that dental teams should see patients for an oral check-up based on their health risk which can be once every two years instead of every six months – this will ensure appointments are given to those most in need.

Abhi Pal, President of the College of General Dentistry, said: "While the NHS dental contract in England needs fundamental reform, we welcome these significant improvements. In particular, the removal of unnecessary restrictions on the roles played by members of the wider dental team, the direction of more resource to the treatment of patients with greater needs, and the potential for practices to deliver additional care so that all funding allocated to dentistry is used for its intended purpose."

Debbie Hemington, President of The British Association of Dental Therapists said: "The British Association of Dental Therapists are pleased that the full skill set of DCPs has been acknowledged and welcomes these initial reforms to the NHS dental contract, and we particularly look forward in working with NHS England to clarify how skill mix and direct access in NHS practice can be utilised".

British Association of Dental Nurses (BADN) President-elect Debra Worthington said "BADN – the professional association for dental nurses in the UK - support this reform and look forward to working with the Office of the Chief Dental Officer in developing it further; in particular in promoting the effective use of dental team skill mix to ultimately improve oral health outcomes. BADN wholeheartedly support the effective utilisation of dental nurses in the clinical environment, using skills achieved by further education leading to post-registration qualifications, thereby expanding the role of the dental nurse and ultimately improving the patient experience."

Diane Rochford, President of the British Society of Dental Hygiene and Therapy (BSDHT) said: "I welcome the initial phase of changes to the contract for general dental services in England. The focus on access to care for patients and the implementation of the wider dental team providing care within their full scope of practice is essential to assist in reducing oral health inequalities. BSDHT look forward to the next phase work for dental contract reform."

Dentistry's hidden heroes



Figures published by GOV.UK¹ show “positive signs” that diets are becoming healthier, with sugar consumption in a steady decline since 2008.

However, despite this decline, sugar consumption in children and adults is still too high.

Among all dental professionals, a strong collaborative effort is imperative to ensure that patients are well-equipped to make positive changes in their diet. Hopefully, as a result, these trends in sugar consumption will continue to fall.

The importance of a dental nurse

When a patient visits the clinic, there are plenty of opportunities for the dental team to interact with them and offer guidance on diet and general oral health. But no-one is in a better position to do this than dental nurses.

After acquiring additional skills in oral health education and promotion, dental nurses can provide important oral hygiene advice for patients. Not only are they in regular face-to-face contact with patients, but they become a familiar and friendly presence during patient appointments and/or treatment.

Prevention is considered the best way to ensure good oral health in patients, and dental nurses are fully equipped with the skills needed to educate and remind them about the importance of regular check-ups, proper brushing techniques and, of course, a balanced diet, to name but a few preventative methods.

Despite their vital position, dental nurses have, and continue to, voice their dissatisfaction regarding their roles and many have left the profession as a result.

Why?

Does dissatisfaction around pay, lack of enjoyment/fulfilment and low recognition sound familiar?

These are just some of the reasons why dental nurses are quitting dentistry.ⁱⁱ Dental nurses are invaluable to the dental team and to patients, so why aren't they always treated as such?

Here at Colosseum Dental UK, we recognise how integral dental nurses are within the dental practice. With your increasing responsibilities and continued passion for excellent patient care, we want to thoroughly reward you for your hard work and dedication.

So, what does a career with Colosseum Dental UK look like?

Join the team!

By joining the Colosseum Dental UK team, you'll be in full control of your career, with some additional benefits added in!

First and foremost, we offer a competitive salary package as well as flexible working options. This not only demonstrates our recognition of your importance, but also helps you balance professional and personal commitments.

To ensure that you work in outstanding facilities, we have invested millions into revamping our clinics and kitting them out with modern equipment and technologies. As a result, our teams are better able to deliver outstanding care, as well as feeling proud to come to work.

The ethos among our team is one of productivity, positivity and proactiveness – we encourage our dental nurses to speak up if they think there's something we could be doing better. Real change is only possible with your help!

The chance to go further

Being a dental nurse means you have so many additional skills and areas you can delve into, to progress your career and improve your confidence when at work.

As such, we offer the chance to work across different dental specialisms as well as opportunities for continuous professional development. If you're looking to explore a new specialism, or move up into management, we are here to make this a reality.

Imagine where you could go with Colosseum Dental UK

For some dental nurses, simply being recognised for their hard work would be a reward enough. But at Colosseum Dental UK, you're worth far more than that.

Get in touch today to find out where you could go with us. For more information, please visit <https://www.colosseumdental.co.uk/careers/job-opportunities/dental-nurses>

References

- i. Tedstone, A. (2020). New data reveals how our diets are changing over time - UK Health Security Agency. [online] ukhsa.blog.gov.uk. Available at: <https://ukhsa.blog.gov.uk/2020/12/21/new-data-reveals-how-our-diets-are-changing-over-time/> [Accessed 31 May 2022].
- ii. Silver, R. (2021). Where have all the dental nurses gone? BDJ Team, [online] 8(10), pp.8–13. Available at: <https://www.nature.com/articles/s41407-021-0765-y> [Accessed 31 May 2022].



Brush up on CPD



Hello and welcome to Brush up on CPD. This program, produced by Purple Media Solutions, provides you with clinical features from which you can claim up to two hours of Continuing Professional Development (CPD), a mandatory part of registration with the General Dental Council. Each article offers an hour verifiable CPD on subjects.

Articles in this issue:

Communication – fundamental to quality care, relationships and healthy workplaces	16 - 17
Helping patients with halitosis	18 - 19
Q&A	15

waterpik® waterflosser®

Brush Up on CPD appears in *The Probe* throughout the year. All certificates are issued online. Readers must be registered with www.the-probe.co.uk in order to gain access to the CPD questions and multiple choice answers. Once you have logged in, click on 'Brush Up' to see the question and answer options. When you have submitted the correct answers for both articles, you will be able to print out your two hours' verified CPD certificate.

To answer the questions below, visit www.the-probe.co.uk and log in.

Click on the 'CPD - Brush Up' tab.

The questions for this Brush Up will appear under 'Brush Up – BDNJ Summer 2022

CPD questions – Communication – fundamental to quality care, relationships and healthy workplaces

1) What is not considered a form of nonverbal communication?

- a) Posture
- b) Email
- c) Facial expressions
- d) Eye contact

2) "Nonverbal communication is a more reliable source of information than the spoken word". Is this statement...

- a) True
- b) False
- c) They are equally reliable

3) Effective communication with patients is what Principle number, as per the nine principles of good practice, set by the GDC?

- a) One
- b) Nine
- c) Three
- d) Two

4) What is a way to deal with difficult patients?

- a) Tell them that care is essential and they must listen to you
- b) Respect their choice to refuse treatment, but let them know you want a positive outcome
- c) Call the practice manager
- d) Give them the negative consequences of saying no

5) What will not improve patient communication?

- a) Turning away to make notes on a computer
- b) Asking open questions
- c) Maintaining eye contact
- d) Smiling

6) Good communication is essential for....?

- a) Keeping standards high
- b) Avoiding complaints
- c) Healthy workplaces
- d) Securing consent
- e) All of the above

CPD questions – Helping patients with halitosis

1) What does anosmia mean?

- a) Altered sense of smell
- b) Reduced sense of smell
- c) Loss of sense of smell
- d) The patient smells like ammonia

2. Of COVID patients who developed anosmia, roughly what fraction do not recover after a year according to researchers?

- a) 1 in 100
- b) 1 in 20
- c) 1 in 10
- d) 1 in 5

3. Which of the following are factors that increase the risk of halitosis?

- a) Dietary choices
- b) Periodontal diseases
- c) Chronic sinusitis
- d) All of the above

4. Halitosis can have a negative impact on a patient's....?

- a) Social life
- b) Employability
- c) Self-esteem
- d) All of the above

5. Are probiotics a reliable treatment for halitosis?

- a) There is currently inadequate research to recommend probiotics for halitosis
- b) Probiotics are a proven treatment for halitosis
- c) Probiotics reduce patients sugar consumption
- d) Probiotics make antibiotics redundant

6. What advice is worth giving if a patient states that they use non-prescribed probiotics?

- a) To consume probiotics every day
- b) To be mindful that some products marketed as probiotic contain substantial sugars, and why that may be counterproductive
- c) Stay silent
- d) Suggest a competing brand

7. Which of the following can help reduce bad breath?

- a) Regular brushing
- b) Flossing
- c) Tongue cleaning
- d) All of the above

8. Why might COVID have made it less likely for a patient to recognise if they have halitosis?

- a) Reduced social contact
- b) Loss of smell as a complication of COVID
- c) Remote working
- d) All of the above

9. What percentage of halitosis cases begin in the oral cavity?

- a) 50%
- b) 35%
- c) 90%
- d) 100%

10. Why do ketogenic diets sometimes give dieters fruity smelling breath?

- a) Because of the ketones produced by ketosis
- b) Because the diet requires eating a lot of fruit
- c) It doesn't, this is a myth
- d) Because fruit particles locked within meat are being released

Communication – fundamental to quality care, relationships and healthy workplaces

Learning objectives

- To understand the importance of effective communication.
- To consider the different types of communication.
- To offer tips to help you communicate better and improve your interpersonal skills.

GDC Development Outcome: A



Good communication is fundamental for the delivery of quality dentistry. Whether you are speaking to someone in person, or via phone/video messaging, care should be taken with tone, content, clarity and level/type of information. Think about the language you are using – is there too much jargon, or could someone feel patronised? The same applies for written communication, including emails.

In the dental setting, be aware of nonverbal communication during all patient encounters. Types of nonverbal communication include: facial expressions, eye contact, posture and body language. Noticing and responding to these cues can alter outcomes; research has indicated nonverbal communication is “often regarded as a more reliable source of information than the spoken word,” particularly for interpreting “emotion”.ⁱ Evaluating mixed signals from your patients can help to elicit valuable information without questions and identify any potential barriers to care and the successful delivery of oral health education/promotion.ⁱⁱ

So, in the treatment room, if an individual is saying “yes” to your proposal, but their arms are folded and their body is pointing away from you, this stance could be unconsciously revealing a desire to walk away. If you are speaking to a patient via phone, consider not just what they are saying but how they are saying it; during video calls, pay attention to things like their eye contact (or lack of). When signals are mixed, empathy, understanding and confidence are required if you want to dig deeper and establish trust.

But be mindful to not read too much into nonverbal clues and risk misinterpretation. For example, the issue could be with personal space and easily fixed. Are you sitting too close, or is their chair uncomfortable, or too low? Sit where a patient would sit, would you feel intimidated with the seating arrangement?

Communicating with others in dentistry

Effective communication with others outside and within the practice will be supported by good processes and protocols, which should be reviewed, audited and updated when necessary. When making a referral, for example, note-taking and record-keeping protocols will enable you to communicate the exact nature of the work you require from another practice/specialist. In your letter, include all information pertaining to your patient, such as their medical, dental and social histories, initial findings, diagnosis and radiographs, also the names of everyone involved in their plan so far. Precisely outline your expectations, and what you want to achieve. If you accept referrals, clarify grey areas by phone immediately.

Your dental practice may have long-established relationships with a dental laboratory and/or technician. Such relationships are key to successful outcomes and happy patients. If you are briefing a new laboratory, double check orders; be precise and ensure timeframes are discussed. For both new and ongoing relationships, ask if there is anything you can do to improve communication. Look at the technology you use, your impression materials – does a lab recommend you make changes to ensure

better fit and/or aesthetics, or smoother workflows between the two of you?

When dealing with suppliers, remember communication is a two-way street; your suppliers must be giving you added value with regular contact, telling you about products to save time and money and/or improve results.

Communicating with others in the dental team

Communication creates a healthy, happy and productive workplace; the GDC expects DCPs to treat all their colleagues fairly and with respect, in a way that supports teamwork and is in the best interests of the patient.ⁱⁱⁱ A team which has fostered a culture of open, honest communication and nurtures it, will be cohesive and deliver exceptional care. If everyone in the practice knows they are appreciated and will be listened to should they raise any kind of issue – personal or work-related – trust, loyalty and respect can grow.

Successful dentistry is the sum of many parts and when goals are shared, because there is a free flow of information between practice colleagues, they become easier to achieve. Regular meetings will ensure people are up-to-date with policy and procedures and any other detail that might be relevant. Patients receive their care from various members of the team and must be given information that is clear and consistent, to avoid misunderstandings, dissatisfaction with your service and complaints.

Good communication will also enable all those who work in the practice to take good care of one another. Restrictive, yet



necessary protocols due to the pandemic put immense amount of pressure on teams, particularly psycho-social pressure.

^{iv} Workplace-related stress was a significant problem in dentistry before Covid-19; now the importance of checking in with colleagues has never been more important. Good interpersonal relationships will give people confidence to speak up if they have concerns about a patient, colleague or process and help them to feel comfortable talking about themselves. If you, or someone else, knows they will be supported if they have an issue that is impacting on their ability to do their job safely, this is good for wellbeing.

If/when communication between colleagues breaks down, once every effort has been made to resolve it swiftly and positively, consider how to avoid future conflict. Perhaps the problem was feeling they'd been asked to do something outside their competency; in these scenarios, improving skills and knowledge can help.

Communicating with patients

Effective communication with patients is Principle Two of the nine principles of good practice, set by the GDC in its Standards for the Dental Team document.^v Building a rapport with patients allows DCPs to identify, then address, individual needs so they can provide tailored care.

Barriers to good communication can include language, age and the mental capacity to process information, including cognitively. As per Principle Two, all patients must have full understanding before, during and after their treatment, to make a decision about their care, and fully consent to it. They should receive clear information about cost, how long it will take and potential risks with going

ahead, or not going ahead. They need their options laid out, and to know what the DCP thinks is the most appropriate course of action, based on their knowledge and experience. You want them to feel comfortable to ask you to explain, as many times as they need; it is crucial they understand their role in their treatment's success.

Have a strategy for dealing with people who are difficult. Solid interpersonal skills give DCPs the confidence to persevere with looking for a solution; for example, a patient's anger could be rooted in dental fear or phobia. By remaining calm and professional, confrontation can often be diffused. Empathy is essential, too. Stay firm so they understand what won't be tolerated. You are there to help, but they can choose to leave.

Respect a patient's choice, but let them know that your goal is for a positive outcome that lasts. If the aim is to educate, help them improve their oral health, with practical things they can do at home. Use visual aids, demonstrate how to use a brush and reinforce positive messaging so they can experience what a really clean mouth feels like. Recommend quality products that offer a range of benefits, such as the Arm & Hammer™ 100% Natural Toothpaste range, which can improve everyday oral hygiene. The products are clinically proven to remineralise tooth enamel, neutralise acids caused by food and drink, restore a natural pH and provide lasting freshness, while also being vegan-friendly, containing no preservatives and no artificial colours.

Tips to improve communication with patients and others include smiling – easier without a mask – maintaining eye contact and, when appropriate, making notes while facing them, using a notepad,

rather than a computer where you'll likely be sat side on. Listen, ask "open" questions that won't elicit either a "yes" or "no" response. Stay away from jargon and always ask/follow up to check if someone has understood.

Good communication is essential for keeping standards high, for avoiding complaints and maintaining healthy work environments. It will give your patients confidence in you, your practice and the dental profession; it is the foundation of consent. When an individual has well-developed interpersonal skills, they will find it easier to build relationships and work effectively alongside others. They will speak up if they have concerns, about a patient, colleague or process. They may also feel more comfortable talking about themselves. With improved communication skills, you can become a better practitioner and a happier, more productive person in and out of the practice.

For more information about the carefully formulated Arm & Hammer™ toothpaste range, please visit <http://www.armandhammer.co.uk/> or email: ukenquiries@churchdewright.com

Arm & Hammer™ 100% Natural Baking Soda Toothpaste range can now be purchased from Boots, Superdrug and Amazon, with further stockists following.

References

- i. Phillips J. Nonverbal Communication: An Essential Skill in the Workplace. Australian Medical Record Journal. 1993;23(4):132-134. doi:10.1177/183335839302300406
- ii. Can you help your patients through better communication? Vital 6, 23–26 (2009). <https://doi.org/10.1038/vital1038>
- iii. Standards for the Dental Team. Principle Six. General Dental Council (GDC). Can be assessed online at: <https://standards.gdc-uk.org/>
- iv. Mahendran, K., Patel, S. & Sproat, C. Psychosocial effects of the COVID-19 pandemic on staff in a dental teaching hospital. Br Dent J 229, 127–132 (2020). <https://doi.org/10.1038/s41415-020-1792-3>
- v. Standards for the Dental Team. Principle Two. General Dental Council (GDC). Can be assessed online at: <https://standards.gdc-uk.org/>

Helping patients with halitosis

Learning objectives

- To understand the effects of halitosis on patients' wellbeing.
- To develop understanding on the various causes of halitosis.
- To help dental teams advise patients on halitosis with due sensitivity.

GDC Development Outcome: C

waterpik®

Halitosis, otherwise known as bad breath, is an embarrassing ailment that can have an outsized effect on patients' lives. Bad breath can have a significant impact on a patient's social and romantic life, as well as affecting confidence, self-esteem, and employability.^{1,2}

There are a large number of factors that increase the risk of halitosis, including but by no means limited to: alcohol, dietary choices, dehydration, starvation, dry mouth, gingival and periodontal diseases, gastro-oesophageal pathologies, smoking, diabetes, supplements, vitamin deficiency, poor oral hygiene, advanced age, stress, medications, cryptic tonsillar hypertrophy, post-nasal drip, chronic sinusitis, and rhinitis.^{3,4} As you can see there are numerous causes of bad breath, some intraoral others extraoral, but none are exclusive so a patient's bad breath can be caused by a combination of factors. That said, 90% of halitosis originates within the oral cavity.⁵ The unpleasant smell produced by intraoral halitosis is mostly due to volatile sulphur compounds (VSCs), which are predominantly produced by anaerobic bacteria. Many of the same oral bacteria that cause halitosis also contribute to the development of chronic inflammation, gingivitis, and periodontitis. Even more seriously, the same bacteria can increase the risk of oral and digestive tract cancers.⁴

At the best of times it can be difficult for people to self-identify halitosis (conversely many people erroneously believe that they have halitosis when they actually do not), and right now may be particularly challenging. The COVID-19 pandemic has created circumstances where many people may have developed



halitosis without realising it. People have had minimised social contact, a substantial percentage of the workforce are still performing their duties remotely, and mask wearing has been encouraged and mandated in some instances. These factors will have increased the likelihood of a patient's halitosis going unnoticed and un commented on. Furthermore, widely reported symptoms of COVID-19 are altered (parosmia), reduced (hyposmia), or lost sense of smell (anosmia). Smelling things that are not actually present (phantosmia), and corresponding changes in taste have also been reported.

While around 45% of COVID-19 patients had some form of olfactory dysfunction, for most this symptom was thankfully temporary and their senses have since recovered, usually within a matter of weeks.⁶ However, a minority of patients develop long COVID-19, with research indicating around 1 in 20 affected by anosmia still have not recovered over a

year after infection.⁷ While only a small percentage of patients appear to be affected in the long-term, given the millions of cases overall this still indicates that hundreds of thousands of people will experience this loss. If a patient appears unaware that they have halitosis, approach the matter with sensitivity, as it can have a real impact on self-esteem.

Probiotics have been suggested as a means of controlling halitosis, and this comes up fairly often online so patients may ask you about them. As mentioned above, in a majority of cases halitosis is caused by bacteria that create VSCs, so it has been theorised that probiotics may help shift the oral biome away from harmful anaerobic bacteria. This is generally suggested as a complementary therapy to oral prophylaxis and improved oral hygiene, rather than a solution in itself. Probiotics may also provide a secondary benefit by aiding with health concerns that are risk factors for halitosis, indirectly reducing

the risk. However, while this sounds logical, very few independent studies currently exist to establish the credibility of this therapy. There may be potential as a complementary therapy, but it is likely too early to recommend in most cases.^{8,9} Additionally, many products marketed to consumers as probiotic contain sugars (sometimes in fairly large quantities), and this may not be immediately obvious to patients from how they are marketed. If a patient raises the idea themselves, make sure they are aware that the sugar could be counterproductive (as it can feed and promote anaerobic bacteria that harm oral health and create halitosis).

Dietary choices can have a marked influence on breath. Some are obvious and direct, such as eating garlic causing garlic breath, but some choices have more indirect effects. Low carbohydrate ketogenic diets can cause what is often informally referred to as keto-breath, which is essentially a side-effect of the diet doing what is intended and the body switching to ketosis which produces ketones such as acetone as a result (giving it a characteristic rotten fruit smell). Furthermore, protein rich foods can leave particles that putrefy and release VSCs. In addition to good oral hygiene and keeping well hydrated, patients may find that chewing sugar-free gum and/or using a mouthwash that is formulated for keto by-products helpful in managing this while maintaining the diet.¹⁰

While there are many causative and contributing factors to halitosis, the literature indicates that the vast majority of halitosis is attributable to oral compounds and conditions arising from poor oral hygiene. All patients should be advised to maintain their oral hygiene through regular brushing and flossing. Bacterial coating of the tongue contributes to bad breath, so tongue cleaning with a scraper may also be a good recommendation.⁵ In addition, patients should be encouraged to stay well hydrated.

The Waterpik® Water Flosser is a great recommendation for patients that supplements toothbrushing and is easy to use. It is clinically proven to be more effective at reducing plaque and improving gingival health than both string floss and interdental brushes,^{11,12} and it has the prestigious accreditation of

the Oral Health Foundation. The Plaque Seeker™ Tip, which uses specially designed bristles to deal with stubborn plaque accumulation in more difficult to access areas, can help patients who struggle to regularly brush and floss to maintain their oral hygiene.

Many patients are unaware that they suffer from halitosis, while others are all too aware which can be anxiety-inducing – both states can be socially and internally harmful. Personal judgement needs to be exercised in raising the issue with patients, but there is some opportunity here. Halitosis can serve as an early indicator that something is amiss, making early detection of an issue more likely, and giving the patient and the dental team more of a chance to take corrective action sooner rather than later.

For more information on Waterpik® products please visit www.waterpik.co.uk. Waterpik® products are available from Amazon, Asda, Costco UK, Argos, Boots, Superdrug online and in stores across the UK and Ireland.

Book a free Waterpik® Professional Lunch and Learn for 1 hour of verifiable CPD and a free Waterpik® Water Flosser – available either as a face to face meeting or a webinar. Please visit www.waterpik.co.uk/professional/lunch-learn/

References

1. Deolia S., Ali M., Bhatia S., Sen S. Psychological effects of halitosis among young adults. *Annals of Indian Psychiatry*. 2018; 2(2): 120-124. <https://www.anip.co.in/text.asp?2018/2/2/120/246530> February 15, 2022.
2. Alazmi S. Prevalence and psychosocial impact of halitosis: a cross-sectional study. *Dentistry Open Access Open Journal*. 2021; 1(1): 15-18. <https://soaj.com/wp-content/uploads/Prevalence-and-Psychosocial-Impact-of-Halitosis-A-Cross-Sectional-Study-DOAJ-I-104.pdf> February 15, 2022.
3. Gokdogan O., Catli T., Ileri F. Halitosis in otorhinolaryngology practice. *Iranian Journal of Otorhinolaryngology*. 2015; 27(79): 145-153. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4409959/> February 14, 2022.
4. Hampelska K., Jaworska M., Babalska Z., Karpinski T. The role of oral microbiota in intra-oral halitosis. *J Clin Med*. 2020; 9(8): 2484. <https://doi.org/10.3390/jcm9082484> February 14, 2022.

5. Veerasha K., Bansal M., Bansal V. Halitosis: a frequently ignored social condition. *Journal of International Society of Preventive Community Dentistry*. 2011; 1(1): 9-13. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3894075/> February 17, 2022.
6. Kandemirli S., Altundag A., Yildirim D., Sanli D., Saatci O. Olfactory bulb MRI and paranasal sinus CT findings in persistent COVID-19 anosmia. *Academic Radiology*. 2021; 28(1): 28-35. <https://doi.org/10.1016/j.acra.2020.10.006> February 14, 2022.
7. Renaud M., Thibault C., Le Normand F., McDonald E., Gallix B., Debry C., Venkatasamy A. Clinical Outcomes for patients with anosmia 1 year after COVID-19 diagnosis. *JAMA Network Open*. 2021; 4(6): e2115352. <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2781319> February 14, 2022.
8. Laleman I., Teughels W. Probiotics in the dental practice: a review. *Quintessence International*. 2015; 46(3): 255-264. http://www.quintpub.com/userhome/qi/qi_46_3_laleman_p255.pdf February 17, 2022.
9. Saiz P., Taveira N., Alves R. Probiotics in oral health and disease: a systematic review. *Applied Sciences*. 2021; 11(17): 8070. <https://doi.org/10.3390/app11178070> February 17, 2022.
10. Barrea L., Verde L., Vetrani C., Marano F., Aprano S., Savastano S., Colao A., Muscogiuri G. VLCKD: a real time safety study in obesity. *Journal of Translational Medicine*. 2022; 20: 23. <https://doi.org/10.1186/s12967-021-03221-6> February 17, 2022.
11. Barnes, C. M., Russell, C. M., Reinhardt, R. A., Payne, J. B. and Lyle, D. M. Comparison of irritation to floss as an adjunct to toothbrushing: effective on bleeding, gingivitis and supragingival plaque. *J Clin Dent*. 2005; 16(3): 71-77. <https://pubmed.ncbi.nlm.nih.gov/16305005/> February 14, 2022.
12. Goyal, C. R., Lyle, D. M., Qaqish, J. G. and Schuller, R. Comparison of water flosser and interdental brush on reduction of gingival bleeding and plaque: a randomized controlled pilot study. *J Clin Dent*. 2016; 27: 23-26. <https://pubmed.ncbi.nlm.nih.gov/28390208/> February 14, 2022.

College of General Dentistry launches Professional Framework for dental careers

The College of General Dentistry (CGDent) has launched its much-anticipated Professional Framework, which describes the expected level of a dental practitioner's capabilities at each stage of their careers.

Aimed at providing recognition of professional development and promoting job satisfaction and workforce retention, Career Pathways in Dentistry: Professional Framework sets out the knowledge, skills and other attributes which define each of five career stages – safe, capable, experienced, enhanced and accomplished – for each role in the primary dental care team, and for each of five domains within each stage – clinical and technical, professionalism, reflection, development, and agency.

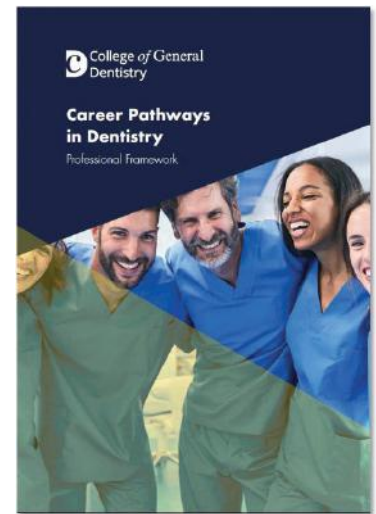
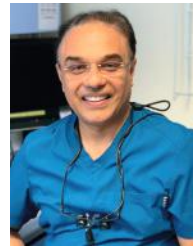
The framework has been mapped out by four working groups – representing dentists, dental hygienists & therapists, dental nurses & orthodontic therapists, and dental & clinical dental technicians – working together through a programme board and reference group.

CGDent is the independent professional body into which the Faculty of General Dental Practice (FGDP) transferred last year. The UK's only medical college run by and for oral health professionals, it is unique in welcoming all dental and oral health professionals with relevant postgraduate qualifications into full membership.

The creation of career pathways for general dental practice was a key founding purpose of the College, and the Professional Framework provides the intellectual foundation of its Career Pathways in Dentistry programme, which is supported by Colgate.

The College is also developing a Certified Membership scheme, which will provide dental professionals with the tools to guide their individual postgraduate development journey. This will present the opportunity to embark on a pathway that fits in with personal learning and training goals using a flexible, modular approach supported by a facilitated, reflective personal development plan. It will also provide a structure through which those already established in their careers can further develop their career aspirations and/or mentor less experienced colleagues. This unique proposition, which will be for all members of the dental team, will enable dental professionals to demonstrate that they have met the capabilities for each career stage as defined in the Professional Framework. Progressing along the scheme will be a journey of professional development, rather than an end-point examination, and one in which the individual will be supported.

Dr Abhi Pal, President of the College, and Professor Avijit Banerjee, Chair of the College's Career Pathways Programme Board, said:



"Those who carve out a career in the primary dental care sector have been almost unique within healthcare professions in not having defined career structures to support their professional development, despite the presence of multiple training opportunities.

"The CGDent Professional Framework adopts an innovative approach which encourages flexibility for dental professionals to meet their practice and career aspirations, whilst recognising milestones along their often varied professional journeys, by providing a clear and coherent supporting structure.

"It is a product made for dental professionals and by dental professionals, and the College owes its thanks to the many dentists, hygienists, therapists, nurses and technicians who have contributed to it, as well as to Colgate for their generous support that has enabled it to be completed."

Career Pathways in Dentistry: Professional Framework is available for all dental professionals to download free of charge at: <https://cgdent.uk/career-pathways/>

The College is inviting feedback on the Professional Framework in order to refine it and make it as robust as possible, and encourages dental professionals to explore it, test it out, and consider how they might use it to support their own development as well as that of colleagues. Feedback should be submitted online at cgdent.uk/professional-framework-feedback.

Who cares? Norfolk Wellbeing does.

The past two years have been particularly tough for the dental profession with a specific toll on the health and wellbeing (HWB) of us all. Primary care professionals have been struggling to balance life and work and meet high levels of service demand. Good health and wellbeing provision is recognised as a key factor in helping people feel better, control their workload and thrive at work. But dental nurses have been largely forgotten and as a result we have seen an exodus of many from dentistry to other sectors of employment.

In early 2022, Norfolk and Waveney CCG invested a significant level of funding to answer the question 'Who Cares?' for Healthcare Professionals. This campaign is aimed specifically at primary care staff with a focus on Dental Care Professionals (DCPs) and support staff in dentistry. It is free to these colleagues with the focus on Pressure and Burnout, Mental Health, Work / Life Balance and Physical Health.

The programme offers access to the #WeCareTogether website <https://wecaretogethernw.co.uk/wecare/> which has been tailored to the specific needs of all primary care staff in Norfolk & Waveney. This is a one stop shop offering access to all the HWB resources provided by the dental professional bodies nationally, as well as c150 of the best NHS HWB resources.

Supporting this with practical help is free access to the Resilient Team Academy for those in a position of leadership in the dental team and the Shapes Programme for all staff. These two platforms provide an established network of Health and Social Care professionals coming together to share best practice and tackle problems. They offer a fresh approach to health and wellbeing, providing skills and tools that are responsive and can be instantly applied to the way that dental nurses need support.

This is the help that has been needed by dental nurses, when they require it, at a time that they have available to them in their busy lives utilising resources that colleagues have said really work.

To learn more of this initiative, please contact Nick Stolls, Professional Dental Lead for Health and Wellbeing, Norfolk and Waveney CCG at: n.stolls@nhs.net

Delta Awards – All you need to know

Delta Awards has established itself as a new Awarding Organisation for the dental nurse profession. But who are they? Let's find out!

What is an Awarding Organisation?

An Awarding Organisation is an organisation that designs, develops and awards the recognition of learning outcomes. These outcomes can include knowledge, skills and competencies and are measured following an assessment and quality assurance process. Awarding Organisations are experts at developing courses that meet the needs of both employers and the learners undertaking them. Standardisation is also a big part of the role of an awarding body, as they are responsible for ensuring learners receive the same level of assessment without unfair bias.

The courses are Level 2, 3 and 4. What does this mean?

The courses designed are pitched at different educational levels which are split into Levels 1-8 in England, Wales and Northern Ireland, with 12 levels in Scotland. Delta Awards courses range from Level 2 to Level 4. Delta Awards has followed the guidance set down by the Regulated Qualifications Framework (RQF) to ensure all courses have the specified number of learning hours and appropriate level of difficulty to meet the criteria of the levels they are assigned.

Comparison of Educational Levels

- Level 2** – GCSE level
- Level 3** – A levels, T levels and BTEC National Diplomas
- Level 4** – First year of an undergraduate degree or foundation degree

How is Delta Awards regulated?

Delta Awards is fully quality assured and holds ISO 9001 status – this means they adhere to a set of standards that helps them ensure they meet learner and employer needs within statutory and regulatory requirements.

"The Level 4 Certificate in Advanced Oral Health Practice programme encourages dental nurses to really research the issues surrounding patient oral health education and apply their knowledge when helping their patients. The included additional skill of fluoride application also improves confidence in the surgery."

Sarah Wadiun, Tutor,
Delta Dental Training

How are Delta Awards courses different to those currently available?

Delta Awards is a modern, diverse and current organisation, and all personnel involved with the organisation work in the dental industry. Their courses meet the requirements of today's dental nurse and cover all areas of dental nursing, meaning that no matter what environment a dental nurse works in, there will be a course for them. It isn't just the subject of the course but the way the course is delivered. Flexibility in booking examinations which have

real time remote invigilation means the learner can proceed through the course at their own pace and be assured of support throughout the exam process while employers can be sure the assessment process is reliable.

Why was Delta Awards created?

The creation of Delta Awards was driven by the lack of up to date courses available from other Awarding Organisations. Learner demand for subjects such as Cone Beam CT, Minor Oral Surgery and Paediatric Dental Nursing has increased with dental nurses keen to progress their careers in all sectors - some sectors with no training provision at all. Other courses in existing subjects were improved with additions of the extended duties available to dental nurses and others have been adapted to meet the needs of those nurses in specialised sectors such as orthodontics.

"We are currently undergoing accreditation with Delta

Awards and we are very excited about adding some n

ew courses to our provision"

Amanda Henson, Centre Manager, Dental Support

Services

What does Delta Awards mean to today's dental nurses?

Delta Awards has been created by dental care professionals for dental care professionals and dental nurses will always be the focus of this organisation. As the profession changes, diversifies and expands, so will the training courses they provide. Delta Awards will listen to the profession and dedicate their course provision to the learners within it.

Dentistry is evolving and advancing at an incredible rate. Delta Awards was established in 2020 to be at the forefront of the development of dental nurses who are stepping forward to take on a more active role and embracing their scope of practice.



Cherry Ali

Our Certified Courses have been created by Dental Care Professionals who are passionate about what they do, and our aim is to provide continuing professional development that is up to date and reflects dentistry today.

For further information, email the Examinations Officer, Cherry Ali, at examinations@deltaawards.uk, or visit the website: www.deltaawards.uk

Opportunity of a Lifetime



The word, 'unprecedented,' has been used constantly since the pandemic began, and although it is accurate in the context of Covid-19, it is also true to say that our individual lives are full of unique moments. Circumstances, people, and events that shape our lives and our personalities as individuals.

Recently, global events, such as the pandemic, the cost-of-living crises, this era of technology, etc, have all come together to affect humanity as a collective and as a result many industries have been altered, some permanently.

Dentistry is no exception to this and as all members of the dental team have been reconsidering their future, dental nurses have also been re-evaluating their career and choices.

As one dental nurse said to me, "No one was clapping for us." This astute observation and heartfelt sentiment has been noticed and felt by many in the profession (as I understand) and the consequent conscious weighing up of the benefits and risks of a career in dental nursing, has led to this current moment in time, where we are all faced with the phenomenon of a shortage of dental nurses.

On the face of it, this is totally understandable. However, whatever your reasons for becoming a dental nurse, the current lack of dental nurses, presents an incredible opportunity for the profession.

The silver lining to the situation at hand, is that as the world is evolving, the business of dentistry must also adapt.

Surprisingly, the GDC registration of dental nurses does not seem to have altered the culture and status quo of dentistry as such. However, the discontent of dental nurses, and ensuing lack of personnel, renders the profession, some heavy leverage, possibly for the first time.

Whether you are a trainee, newly qualified, an experienced senior nurse, or a nurse looking for a change in direction within dentistry, the value you bring, professionally and personally, is the at the crux of it all. You are more than a dental nurse, you are an invaluable team

member who has numerous skills and abilities. So, awakening to and harnessing the power of you, and your career, through self-awareness, action and reflection is the key.

Of course, change in the perception of the value of dental nursing cannot be done in isolation. Other members of the dental team, in particular dentists and practice owners, need to come to the table. But if they are in the company of a new type of dental nurse, an empowered dental nurse, fuelled by self-awareness, a new improved collaborative partnership can be born. Evolution is a slow but beautiful process.

So, if you are willing to take a seat, with courage and compassion, for yourself and others, and can embrace yourself in glorious technicolour, and shine a light on the brand of you, ready to be a changemaker, you could be feasting at a banquet, and emerging as a strong and powerful player in a line of work that is truly going places.

You would change, not just the direction of your occupation, and your life, but also that of your loved ones and would forever, be a part of the legacy and the future of dental nursing.

About the author

Dr Amber Qureshi, (Dr Amber Q) MBA MSc, MBPsS, is a specialist in special care dentistry. Her coaching and consultancy work has included the public and private sector. She is also an author, speaker, podcaster and is passionate about equity for all living creatures and making the world a more loving, kind, compassionate, diverse, and inclusive place. Dr Amber Q coaches individuals to awaken their potential through the power of self awareness.



Contact: dramberg@gmail.com

Podcaster at Inside Out Smile: available on all major podcasting platforms

waterpik® waterflosser™

THE EASY AND MOST EFFECTIVE WAY TO FLOSS™

60
YEARS of INNOVATION



THE SCIENCE IS CLEAR



**REDUCES
PLAQUE**
with up to
99.9%
REMOVED
from treated areas.¹



**REDUCES
GINGIVITIS**
up to
50%
BETTER
than string floss.¹



**CLEANS PLAQUE
AROUND BRACES**
up to
3X
BETTER
than brushing alone.¹



**HELPS IMPLANT
GUM HEALTH**
up to
2X
MORE
than brushing and
traditional flossing.¹



**HEALTHIER
GUMS**
with up to
93%
LESS BLEEDING
in just 4 weeks.¹

Schedule a Lunch & Learn today

Get one hour of verifiable CPD for your team and
a free Waterpik® Water Flosser.

waterpik.co.uk/professional



¹ Independent clinical study. Go to waterpik.co.uk for details.

Nuview Cross Contamination



Within a dental surgery all surfaces are subjected to potential contamination during most dental procedures. The production of aerosol spray that can carry potentially harmful bacteria and viruses into the atmosphere will settle on surfaces posing a risk of both direct and indirect infection.

The method of disinfecting hands, surfaces and equipment within a surgery was traditionally centred around using alcohol-based products. These came with considerable drawbacks as a method of cross infection control as alcohol has been shown to cause microcracking of surfaces, binding of proteins to surfaces and dryness and cracking of skin. As well as these drawbacks, alcohol is unsuitable for use within the dental unit waterlines and produces an acrid smell within the surgery.

An alternative suggested within HTM 01-05 is the use of bleaches or chlorine. These have similar drawbacks to alcohol-based products as well as producing an acrid smell, being an irritant and requiring higher COSHH requirements. Chlorine, much like alcohol, is only a means to disinfect.

The main drawback of using a disinfectant only means having to adopt a two-step process to ensure cross contamination controls are met. A surfactant/detergent is required to be used on a surface to remove any soiling's prior to disinfection. In a modern busy practice nurses are already under onerous time constraints and practices are working to ever tighter budgets. The cost of a two-step process in both monetary value and the application of resource, with increased COSHH requirements, consumes valuable time from one of a dental surgery's most precious resource, the dental nurse.

In recent years we have seen the rise of 2 in 1 cleaner disinfectants within the dental sector. As well as the time and cost savings of 2 in 1 products, the evolving technology for disinfectants has given rise to an alternative means of infection control in the form of Alcohol-Free biocidal solutions such as the Continu 2 in 1 products. These are available as

Wipes, Sprays, Waterline Treatments and Instrument Cleaners offering a fully HTM 01-05 complaint disinfection solution that can clean and disinfect in a one step process. Continu combined detergent and disinfection offers a cost saving as a one stop procedure and simplifies a practice's disinfection guidelines.

Products such as the Continu 2 in 1 solution have the benefit of a low chemical hazard rating reducing the COSHH risks and associated monitoring as well as leaving a fresh, clean and fragrance-free working environment.

The benefits of alternatives from alcohol and chlorine methods of disinfection control are apparent for the practice. The use of such products efficiently utilises staff resources for cleaning and disinfection whilst offering a low chemical hazard rating minimising the exposure to harmful chemicals. This, coupled with the need to hold less stock of product and reduced purchasing costs for a product that can prolong the life of surfaces on equipment results in a saving on capital expenditure in the long term.

As dental practices evolve and modernise, so too can disinfection procedures, Products such as Continu offer a modern and convenient alternative.

Nuview are giving away a bundle of Continu prizes which include: 2 in 1 Anti-Microbial Surface Cleaning Wipe tubs, 2 in 1 Wipe Refills, Flat Pack Wipes and Biodegradable Wipes. As well as 2 x £50 Amazon vouchers.

To win this collection of prizes all you have to do is enter the answer to this question in the link below before 23:59 on 31st August 2022:

H₂O is the chemical formula for what?

<https://forms.gle/qRLybKBLBNj7bM8f8>

BADN supports Dentistry Show London 2022



BADN is always working hard to support the education and development of dental nurses across the UK. As part of this commitment, the Association often collaborates with national events – including Dentistry Show London, which will be held on Friday 7 and Saturday 8 October 2022.

The event will bring with it plenty of opportunities for learning, innovation and networking. It once again hopes to draw in more than 2,500 dental professionals who share a passion for clinical excellence and who strive every day to go above and beyond for their patients and colleagues.

For dental nurses, Dentistry Show London will provide a variety of lectures and interactive sessions covering an array of relevant and interesting topics. These will include clinical areas, practice management guidance, career development advice, compliance support and so much more. There will also be enhanced CPD available for all the team to make the most of, with core CPD subjects explored such as safeguarding, medical emergencies and radiography.

In fact, there will be more than 100 hours of content for delegates to choose from, with sessions tailored to all members of the team. This will ensure that dental nurses can tailor their learning experience according to their own interests, expertise and career ambitions. Plus, you'll get to hear from leading lights in the profession, with an eclectic speaker line-up consisting of some of the biggest names in their respective fields, including BADN President Jacqui Elden

You will be able to find out more about any products, materials or training courses discussed in lectures by browsing the extensive trade floor. Over 180 exhibitors are expected to fill the hall, with a mixture of product suppliers and manufacturers, training and coaching experts, associations, academies and more on hand to connect with delegates. You can watch product demonstrations, seek individualised advice or sign up for future courses – all the while making the most of any show offers being promoted.

Of course, BADN will be there – we will have a stand manned by President Jacqui Elden and Chair Joan Hatchard.

There will also be charities in attendance, who you may be interested in engaging with to find out more about exciting volunteering opportunities or projects currently available that you may be interested in joining.

Among them will be Dentaaid, who commented:

"Dentaaid is really excited to be part of Dentistry Show London. This year has seen such exciting growth for our charity and we are helping more hard-to-reach communities to access dental care than ever before. The show will be a great opportunity for us

to meet potential volunteers who can help us deliver dental care either on our mobile dental units in the UK or by joining our teams overseas. It also gives us chance to catch up with all our supporters and contacts in the dental industry who have been instrumental in our success. We've always got lots of news to share with visitors to the show and we'll also be inviting people to join our new Dentaaid Community which is a great way of finding out about fundraising, volunteering and getting involved with our charity."

With much to look forward to, some of the feedback from delegates at the Dentistry Show 2021 included:

With much to look forward to, some of the feedback from delegates at the Dentistry Show 2021 included:

"Really good show, really interesting selection of speakers. Impressed by exhibitors and excited to discover new products. I came with my team, it's a good bonding exercise and great to have contact with the wider industry."

- Rachel McGrane dental nurse from the Private Treatment Centre

"The show has been really well organised. It's great to see everyone safely and catch up with friends after so long. Really nice to get the brain working too."

- Deki Bray, practice manager at Country Practice Dental Clinic

It's free to attend, so be sure to register for the Dentistry Show London now!

The Dentistry Show London will be held on Friday 7th and Saturday 8th October 2022, ExCeL London.

Visit london.dentistryshow.co.uk for more information.

Dentistry Show London

7-8 October 2022 | ExCeL London

london.dentistryshow.co.uk

BADN Rewards: Saving our members time and money

BADN Rewards gives you access to a range of offers designed to support members both personally and professionally. This month's highlights include:

Free telephone legal helpline

Everyone will require legal assistance at some point in their lives. If you are purchasing a property, involved in an accident, setting up a business or trying to ensure that you've made adequate provision for those closest to you, a discussion with a legal advisor would be an excellent first step.

BADN Rewards have partnered with Lyons Davidson Solicitors to provide BADN members with access to their team of legal advisors through a free telephone legal helpline*.



Fixed fee tax return services - TWD Accountants

BADN Rewards is pleased to offer members an exclusive fixed fee tax return service for either employed or self-employed members*.

Employed members tax return service - £117.50 including VAT - saving £20 off the standard fee for the first year.

Self-employed members tax return service - £252.00 including VAT - saving £47 off the standard fee for the first year.



Catch the latest blockbusters and save money on tickets

Get up to 40% off next time you visit the cinema with fantastic discounts available at over 300 nationwide venues. Whether you are seeking action, romance, comedy or thriller, enjoy great savings every time at local and nationwide chains such as ODEON and Vue*.



Save on your favourite retailers through Gift Card Savings

BADN members have the freedom to buy a range of Gift Cards and eGifts at discounted rates*. It's a great way for you to save hundreds of pounds annually. From everyday essentials like your weekly supermarket shop to life's luxuries such as dining out.



Savings on your gym membership, digital fitness subscriptions and more with MyGymDiscounts!

As a BADN member, you can save up to 25% on a membership at your chosen club, closest to wherever you live or work. Choose from a wide range of options at over 3,300 gyms, leisure centres, yoga and pilates studios and bootcamps across the UK. If the gym isn't for you - don't worry! They also offer up to 55% off digital fitness subscriptions so you can kickstart your fitness regime from the comfort of your home.



To take advantage of these and other fantastic deals visit the BADN Rewards page today: <https://www.badnbenefits.org.uk>

*Terms and conditions apply to all benefits. See website for details. Offers subject to change without notice and correct at time of print. The Cinema Society - Discounts vary between cinema venues. Please check when purchasing vouchers, registration to The Cinema Society required to access discount. BADN Rewards is managed and run on behalf of BADN by Parliament Hill Ltd.

2022 CALENDAR



July

- 4 Copy date for Summer 2022 British Dental Nurses' Journal
- 10-13 Eid al Adha
- 12 Orangeman's Day Bank Holiday (N. Ireland only)
- 28 Summer 2022 edition of British Dental Nurses' Journal published
- 29-30 Al Hijra (Islamic New Year)

August

- 1 Bank Holiday (Scotland only)
- 1 Results of NEBDN OSCEs issued
- 18 BADN Executive Committee meeting
- 29 Summer Bank Holiday (not Scotland)

September

- 1 Closing date for confirmation NEBDN Nov 22 written exam/OSCEs
- 9 NEBDN Post-Registration written exam
- 15 - 17 British Orthodontic Conference Birmingham ICC (contact ann.wright@bos.org.uk)
- 25-27 Rosh Hashanah (Jewish New Year)

October

- 3 Copy date for Autumn 2021 edition of the British Dental Nurses' Journal
- 4-5 Yom Kippur
- 7-8 London Dentistry Show, ExCel London
- 24 Diwali
- 27 Autumn 2021 edition of British Dental Nurses' Journal published
- 30 BST ends (clocks go back)

November

- 11 NEBDN National Diploma written exam (OSCEs 27, 28 January 2023)
- 12 Birth of Baha'u'llah
- BADN Executive Committee meeting
- 30 St Andrew's Day (Scotland only)

December

- 12 Results of NEBDN Nov 22 written exam issued (OSCE results 13 March 2023)
- 18 Hanukkah begins (ends 26 December)
- 25 Christmas Day
- 26 Boxing Day
- 27 Christmas Day Bank Holiday



**6TH - 10TH
SEPTEMBER**

**DENTAID IS PROUD TO BE
THE CHARITY PARTNER OF
THE STRAUMANN
CHARITY BIKE RIDE 2022**

**500 MILES
IN 5 DAYS**

**COAST TO COAST ACROSS
NORTHERN SPAIN FROM
BILBAO TO SITGES**

**FUNDRAISING FOR
A NEW MOBILE
DENTAL UNIT**

dentaid

straumanngroup

To find out more about how you can
support this event contact
sarah.gardiner@straumann.com



**Donate
here!**



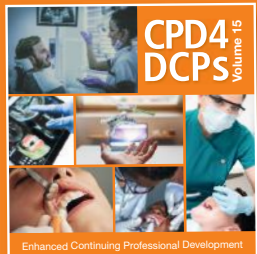
Order Now

ECPD for your whole practice

CPD 4 DCP's is a fully verifiable ECPD program that enables each member of the dental team to complete one year's ECPD requirement in a highly cost-effective manner. Covering all the highly recommended subjects, each volume is specially designed to cover the ECPD needs of up to 10 DCPs.

Providing 10 hours of verifiable ECPD, one Volume covers the annual verifiable ECPD needs of most practices.

ONLY £315+ VAT



Subjects covered

- "If they haven't heard it, you haven't said it."
- Seeing treatment clearly: diagnostic imaging challenges
- Avoiding the dangers of sepsis in the dental practice
- Responding to complaints
- Confidentiality – Disclosure of Patient Records
- Why proper waste disposal is essential
- Safeguarding in dentistry
- Digital Scanning in Practice
- Leadership for team retention in dentistry
- Dealing with a patient suffering from a suspected stroke

- ✓ Just one Volume per practice per year, up to 10 people
- ✓ 10 hours verifiable CPD including all recommended subjects
- ✓ Ongoing modular learning program
- ✓ The whole team learning from the same information at the same pace
- ✓ Saves time and money
- ✓ Can be used by GDP's
- ✓ Enhanced CPD Compliant

**Buy Volume 15 and get Volumes
13 & 14 for just £250 for both**

Buy online www.purplems.my-subcs.co.uk

For more information please email me at francesca.colclough@purplems.com or T: 01732 371 570