dedici

Learning & Development Catalogue (Healthcare)

Practical Learning for Healthier People, Smarter Teams, and More Connected Communities



Please note we have several catalogues and course lists:

Learning & Development Catalogue (Non-Healthcare)

Coaching Catalogue

"About Dedici" Catalogue

Please follow the links or email info@dedicicpd.co.uk

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Our Healthcare course list contains over 100 workshops **designed for delivery** face to face, online or blended. In addition, we provide a **bespoke workshop service** to meet your specific learning objectives.

Workshops are designed to suit to the **target audience and project specification**, ensuring relevance and impact.

For course outlines or to discuss your specific needs, please contact the team at info@dedicipd.co.uk

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Many of our workshops are blended (incorporating elements such as pre-work, e-books, e-learning, Action Learning Sets (ALS), psychometrics and coaching). Some elements incur an additional charge.

However, any of our workshops can be blended with an ALS (online session) **to embed the learning**. This provides the opportunity to discuss, encourage and challenge. We also offer **1 to 1 coaching** follow up. See our **Coaching Catalogue** for more details.

BESPOKE
Dedici provides a **bespoke workshop service** to meet your specific learning objectives. Get in touch at info@dedicicpd.co.uk with your requirements.

CHALLENGING RELATIONSHIPS	**BLENDED ELEMENTS**
Understanding Workplace Bullying (half day)	
Introduction to Coping with Workplace Conflict (half Day)	
Learning from Mediators; Managing Clinical Hostility (half day or 1 day)	✔ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✔ ebook
Coping with Workplace Conflict (1 day)	
Courageous Conversations (1 day)	
Managing Challenging Behaviours (1 day)	

CLINICIANS IN TRAINING - Most of our workshops are suitable for Trainees - the shortlist below may be of particular interest.	**BLENDED ELEMENTS**
Delivering Practical Clinical Teaching (1 day)	
Interpersonal Skills; Effective Relationships for Clinicians in Training (1 day)	
Advanced Clinical Communication Skills (2 day)	✔ Pre-work

COACHING & MENTORING	**BLENDED ELEMENTS**
Coaching Tips & Tools (half day)	
Mentoring for Clinical Professionals (half day)	
Coaching & Mentoring for Healthcare Professionals (1 day)	
Introduction to Coaching Skills (1 day)	✔ Pre-work
Professional Healthcare Mentor (1 day)	✔ Pre-work

COMMUNICATION	BLENDED ELEMENTS
Enhancing Communication Skills for Healthcare Professionals (half day)	
Communication Tips & Tools (half day)	
Insights discovery: Getting to Know Yourself and Others (half day or 1 day)	
Transform Your Meetings – via The Thinking Environment® (1 day)	✔ Video pre-work
Advanced Communication Skills for Healthcare Professionals (1 day)	✔ Pre-work
Communicating & Influencing with NLP (1 day)	✔ Pre-work + ebook
Presentation Skills for Healthcare Professionals (1 day)	
Breaking Bad News (1 day)	
Advanced Clinical Communication Skills (2 day)	✔ Pre-work

COMPLIANCE & MANDATORY TRAINING NEW	BLENDED ELEMENTS
Preventing Sexual Harassment at Work (Worker Protection Act 2023) (half day) NEW	
Public Safety & Protect Duty (Martyn's Law) (half day) NEW	
Equality, Diversity, Inclusion & Belonging (half day or 1 day) NEW	
Creating Psychological Safety (half day)	
Active Bystander (half day) NEW	

CORE PERSONAL SKILLS	BLENDED ELEMENTS
Applying Sport Psychology to Improve Clinical Performance (half day)	
Introduction to Assertiveness (half day)	✔ Pre-work
Transform Your Self Development - via The Thinking Environment® (1 day)	✔ Video pre-work
Transform Your Career - via The Thinking Environment® (1 day)	✔ Video pre-work
Being Influential in Your Team (1 day)	✔ Pre-work
Personal Power and Influence (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✔ Pre-work
What next? Career Transitions Workshop (1 day)	
Professional Interviews Toolkit for Clinicians (1 day)	
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	✔ DBT Suite
Time Management for Healthcare Professionals (1 day)	✔ Pre-work
Improving Interview Skills for SAS Doctors (1 day)	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence (1 day)	

CULTURE & DIVERSITY	BLENDED ELEMENTS
Equality, Diversity, Inclusion & Belonging (half day or 1 day) NEW	
Neurodiversity Awareness – Patient Focus (half day)	
Neurodiversity Awareness – Workplace focus (half day)	
Exploring Cross Cultural Communication in Healthcare (1 day)	
Education, Teaching, and Supporting Leaders with Neurodiversity (1 day)	

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DOCTORS' APPRAISAL & REVALIDATION	BLENDED ELEMENTS
Reflective Practice for Doctors (half day)	
Managing your Appraisal and Revalidation (1 day)	
Appraisal Skills for Medical Appraisers (1 day + e-learning Pre-work)	✔ e-learning
Medical Appraiser Upskilling: Coaching Skills (1 day)	✔ Pre-work

LEADERSHIP & MANAGEMENT	BLENDED ELEMENTS
Authentic Leadership Fundamentals for Clinicians (half day)	
Transform Your Meetings – via The Thinking Environment® (1 day)	✔ Video pre-work
Transform Your Leadership - via The Thinking Environment® (1 day)	✔ Video pre-work
Leadership Fundamentals (1 day)	✔ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✔ ebook
Collaborative Leadership for SAS Doctors (1 day)	✔ Pre-work
Managing Challenging Behaviours (1 day)	
Compassionate Leadership (1 day)	
Cultivating Multi-Disciplinary Teams (1 day)	
Superior Followership (1 day)	
Clinical Leadership (2 day or 4x half day)	

LED/IMG DOCTOR CORE SKILLS - Most of our workshops are suitable for LED/IMG Doctors - the shortlist below may be of particular interest.	BLENDED ELEMENTS
Managing Your Appraisal & Revalidation (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✔ Pre-work
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	
Clinical Professionalism (1 day)	
Advanced Clinical Communication Skills (2 day)	✔ Pre-work

LIFESTYLE MEDICINE NEW	BLENDED ELEMENTS
Introduction to Lifestyle Medicine (half day) NEW	
Lifestyle Medicine and Sleep Health (half day) NEW	
Lifestyle Medicine and Women's Health (half day) NEW	
Lifestyle Medicine and Prevention and Management of Chronic Disease (1 day) NEW	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	

MEDICAL EDUCATION/SUPERVISION	BLENDED ELEMENTS
Supporting Resident Doctors to Survive & Thrive (half day)	
Careers Conversations for Senior Educators (half day)	
Advanced Coaching for Educational Supervisors (half day)	
Development Workshop for ES - SuppoRTTed Return to Training (half day)	
Refresher Workshop for Educational Supervisors (half day)	✔ Pre-work
Neurodiversity Awareness - Workplace Focus (half day)	
Supporting the Doctor Facing Challenges (half day or 1 day)	
Annual Update for Clinical & Educational Supervisors: Coaching Skills (1 day)	
Improving Wellbeing – Helping You Develop Resilience in Resident Doctors (1 day)	✔ Pre-work
Resolving Difficult & Challenging Behaviours in Resident Doctors (1 day)	
Coaching & Mentoring for Educational Supervisors (1 day)	✔ Pre-work
Clinical Supervision Skills: Interactions Inviting Change (1 day)	
Challenging Conversations with Resident Doctors (1 day)	
New Postgraduate Medical Supervisor Training (1 day or 2 day)	✔ Pre-work
Effective Educational Supervision: Supporting Doctors and Ensuring Quality Training (2 day)	✔ Pre-work

PATIENT – CENTRIC	BLENDED ELEMENTS
Neurodiversity Awareness – patient focus (0.5 day)	
Human Factors Related Processes for Clinicians (1 day)	✔ ebook
Health Coaching: Engaging in Participatory Healthcare (1 day)	
Clinical Professionalism (1 day)	
Motivational Interviewing (1 day)	
Emotional Regulation Toolkit (1 day)	✔ DBT Suite
Coaching for Patient Self Care (1 day)	

QUALITY – CENTRIC	BLENDED ELEMENTS
Making a Case for Your Improvement Idea (half day)	
Introduction to Improving Patient Care Through LEAN Techniques (half day)	
Improving Patient Care Through LEAN Techniques (1 day)	
Quality Improvement in Healthcare (1 day)	
Quality Improvement 'in Action' (1 day + Optional Blended Programme)	✔ Action Learning Sets + 1:1 Coaching

SAS DOCTORS / DENTISTS - Most of our workshops are suitable for SAS Doctors / Dentists - the shortlist below may be of particular interest.	BLENDED ELEMENTS
Responsible Roles for SAS Doctors (half day)	
Improving Interview Skills for SAS Doctors (1 day)	
Transitioning to the Portfolio Pathway (1 day)	
Transitioning to the Portfolio Pathway (Psychiatry) (1 day) NEW	

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TEAMWORK	BLENDED ELEMENTS
Creating Psychological Safety (half day)	
Creating and Maintaining a High-Performance Team (1 day)	
Transform Your Relationships - via The Thinking Environment® (1 day)	✔ Video pre-work
Supporting the Development of Team Based Working (1 day)	
Cultivating Multi-Disciplinary Teams (1 day) NEW	

TECHNOLOGY	BLENDED ELEMENTS
Introduction to Using Microsoft Excel (half day)	✔ Pre-work
Intermediate Microsoft Excel (half day)	✔ Pre-work
Advanced Microsoft Excel (half day)	✔ Pre-work
Introduction to Microsoft PowerPoint (half day)	✔ Pre-work
Intermediate Microsoft PowerPoint (half day)	✔ Pre-work
Microsoft Outlook Tips & Tools (half day)	✔ Pre-work
Introduction to Microsoft Word (half day)	✔ Pre-work
Intermediate Microsoft Word (half day)	✔ Pre-work
Introduction to Microsoft Teams (half day)	✔ Pre-work
Intermediate Microsoft Teams (half day)	✔ Pre-work
Advanced Microsoft Teams (1 day)	✔ Pre-work
Introduction to SharePoint (half day)	✔ Pre-work
Microsoft 365 (half day or 1 day)	✔ Pre-work
Introduction to Copilot (half day)	✔ Pre-work
Introduction to Power BI (half day)	✔ Pre-work
Drop in Clinic (On Site Support) (half day or 1 day)	✔ Pre-work
Mastering Email Management in a Healthcare Setting (half day)	✔ Pre-work
Presenting Online with Confidence (half day)	✔ Pre-work
Using AI in the Workplace (half day or 1 day)	

THE THINKING ENVIRONMENT ® NEW	BLENDED ELEMENTS
Transform Your Leadership - via The Thinking Environment ® (1 day)	✔ Video pre-work
Transform Your Relationships - via The Thinking Environment ® (1 day)	✔ Video pre-work
Transform Your Self Development - via The Thinking Environment ® (1 day)	✔ Video pre-work
Transform Your Career - via The Thinking Environment ® (1 day)	✔ Video pre-work
Transform Your Meetings - via The Thinking Environment ® (1 day)	✔ Video pre-work
Transform Your Parenting - via The Thinking Environment ® (1 day) NEW	✔ Video pre-work
The Thinking Environment ® Leadership Series (modular) NEW	✔ Video pre-work

TRAINING & DEVELOPMENT	BLENDED ELEMENTS
Advanced Training Course Design for Healthcare Trainers (1 day)	✔ Pre-work
Delivering Practical Clinical Teaching (1 day)	
Train the Trainer (1 or 2 day)	✔ Pre-work
Teaching & Learning in Clinical Settings (2 day)	

WELLBEING	BLENDED ELEMENTS
Introduction to Mental Health Awareness for Clinicians (half day)	
Suicide Awareness (half day)	✔ Pre-work + ebook
Improving Wellbeing: Helping You to Develop Individual & Team Resilience (1 day)	✔ Pre-work + ebook
Mindfulness & Self Compassion for Healthcare Professionals (1 day)	✔ DBT Suite
Distress Tolerance Skills (1 day)	✔ DBT Suite
Stop Surviving & Start Flourishing (1 day)	✔ Pre-work
Mental Health Awareness for Clinicians - FAIB Accredited (1 day)	✔ Pre-work
Suicide First Responder (1 day)	
Menopause Awareness (1 day)	

MASTERCLASSES Masterclasses are at a premium rate, but allow for up to 40 delegates	SPEAKER - speaker bio links below
AI in Healthcare - Pitfalls and Promises (half day)	Professor John McLachlan
AI in Healthcare - Practical AI for Clinicians (half day) NEW	Professor Phil Newton
Contemporary Medico-Legal Issues in Modern Healthcare (1 day)	Professor Rob Heywood
Issues at the End of Life - Children, Adults and Advance Decision-Making (1 day)	Professor Rob Heywood
The Changing Face of Medicine (1 day)	Professor John McLachlan
Mindfulness-Based Emotional Intelligence Programme (2 day) NEW	Dr Reena Kotecha

UNDER CONSTRUCTION Workshops with the "Under Construction" logo are planned but not yet fully designed, please enquire	BLENDED ELEMENTS
Introduction to Lifestyle Medicine (half day) NEW	
Lifestyle Medicine and Sleep Health (half day) NEW	
Lifestyle Medicine and Women's Health (half day) NEW	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence (1 day)	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	
Transform Your Relationships - via The Thinking Environment ® (1 day)	✔ Video pre-work

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