HEMA Spring

Annual School Magazine 2026

ACADEMICS



INNOVATION



SPORTS



CREATIVITY



CULTURE



MUSIC



HEMA HIGHER SECONDARY SCHOOL

DEVOTION · DISCIPLINE · DILIGENCE · DEDICATION · CONSISTENCY

HEMA EDUCATION SOCIETY

CUSTODIANS OF EXCELLENCE

LEADERSHIP • VISION • GROWTH



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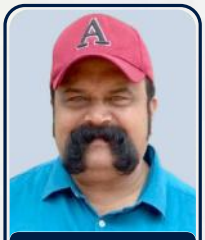

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UNITY
Together we achieve more

FOCUS
Focused efforts drive success

GROWTH
Committed to sustainable growth

TRUST
Built on trust, driven by values



ABOUT HEMA
HIGHER SECONDARY SCHOOL

Inspiring Minds, Shaping Futures, Building Character.

HEMA Higher Secondary School, established in 1973, stands as a symbol of excellence, innovation, and holistic education. Nestled in the heart of the BHEL Township, the school has consistently nurtured young minds, empowering them with knowledge, values, and confidence to excel in an ever-evolving world.

OUR MISSION

To foster academic excellence, strong character, creativity, and lifelong learning through a stimulating and inclusive educational environment. We strive to empower every student to realize their potential and contribute meaningfully to society.

OUR VISION

To be a centre of educational excellence that nurtures responsible, compassionate, and future-ready global citizens. Through innovation, technology, and value-based education, we aim to inspire learners to lead with integrity and purpose.

OUR COMMITMENT

We are committed to academic excellence and nurturing strong values. We focus on character building and encourage innovation and creativity. We believe in holistic development and ensure a safe, inclusive, and supportive environment for every child.

OUR CORE VALUES

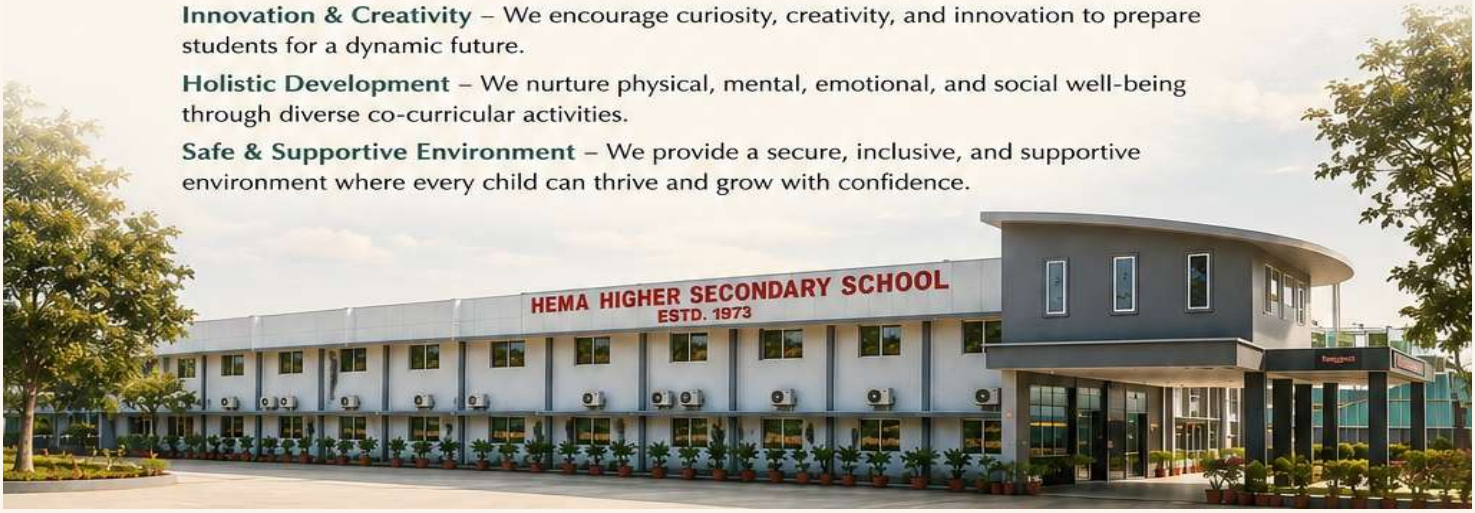
Academic Excellence – We deliver quality education with a strong focus on knowledge, understanding, and continuous improvement.

Character Building – We instill strong values, integrity, and compassion to shape confident and responsible individuals.

Innovation & Creativity – We encourage curiosity, creativity, and innovation to prepare students for a dynamic future.

Holistic Development – We nurture physical, mental, emotional, and social well-being through diverse co-curricular activities.

Safe & Supportive Environment – We provide a secure, inclusive, and supportive environment where every child can thrive and grow with confidence.



मंगुभाई पटेल
MANGUBHAI PATEL

सत्यमेव जयते

राज्यपाल, मध्यप्रदेश
GOVERNOR OF MADHYA PRADESH

लोक भवन
भोपाल-462052
LOK BHAVAN
BHOPAL-462052

क्रमांक 1260 /लोकभवन/2026
भोपाल, दिनांक- 25 मई, 2026

संदेश

हर्ष का विषय है कि हेमा हायर सेकेंडरी स्कूल द्वारा विद्यालय पत्रिका "**स्प्रिंग–2026**" का प्रकाशन किया जा रहा है।

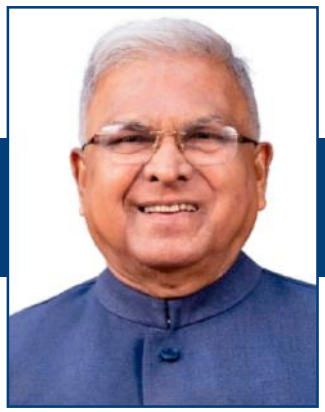
शिक्षा केवल ज्ञानार्जन का साधन नहीं, बल्कि व्यक्तित्व निर्माण, संस्कार संवर्धन और राष्ट्र निर्माण की नींव है। विद्यालय पत्रिका विद्यार्थियों की सृजनात्मक प्रतिभा को निखारती है। साहित्यिक अभिरुचि एवं कलात्मक अभिव्यक्ति को प्रोत्साहित करती है। विद्यार्थियों में समूह में कार्य करने और नेतृत्व क्षमता विकसित करने में सहयोगी होती है। उनमें सद्भाव और नैतिकता की भावना को मजबूत बनाती है।

आशा है, पत्रिका विद्यार्थियों के ज्ञान, चिंतन एवं सृजनशीलता को नई दिशा प्रदान करेगी। उन्हें शिक्षा, संस्कृति और सामाजिक उत्तरदायित्व के प्रति जागरूक बनाएगी।

शुभकामनाएं,

मंगुभाई पटेल

(मंगुभाई पटेल)



डॉ. मोहन यादव
मुख्यमंत्री
मध्यप्रदेश

क्रमांक-143/मु.मं.प्रे.प्र./26
भोपाल, दिनांक :- 1/05/2026

संदेश

प्रसन्नता का विषय है कि हेमा हायर सेकेंडरी स्कूल, भोपाल वार्षिक पत्रिका "स्प्रिंग" का प्रकाशन कर रहा है।

विद्यालय द्वारा स्मारिका के माध्यम युवा प्रतिभाओं को अभिव्यक्ति का मंच देने की पहल की है। विद्यालय की वार्षिक पत्रिका संपन्न गतिविधियों का परिचय देने का भी सशक्त माध्यम होती है।

मुझे आशा है "स्प्रिंग" का प्रकाशन विद्यार्थियों के व्यक्तित्व और कौशल विकास में भी सहायक सिद्ध होगा।

हार्दिक मंगलकामनाएं।

(डॉ. मोहन यादव)



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आलोक शर्मा
सांसद (लोक सभा)
भोपाल, मध्यप्रदेश

सदस्य - संसदीय स्थाई समिति, आवासन और शहरी कार्य मामले
सदस्य - परामर्शदात्री समिति, पर्यावरण, वन और जलवायु परिवर्तन मंत्रालय

सत्यमेव जयते

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क्र. 5/26 दिनांक 2-5-2026

:: संदेश ::

मुझे जानकर हार्दिक प्रसन्नता हुई कि हेमा हायर सेकेण्डरी स्कूल, गोविन्दपुरा, भेल, भोपाल द्वारा वर्ष 2026 में "स्प्रिंग" शालेय पत्रिका का प्रकाशन किया जा रहा है।

पत्रिका के प्रकाशन से छात्र-छात्राओं, अभिभावक एवं स्टॉफ के सदस्यों में उत्साह वर्धन के साथ-साथ कला-कौशल का एक मार्ग प्रशस्त होगा। मुझे आशा है कि पत्रिका में प्रकाशित जानकारी विद्यार्थियों के लिये अत्यंत उपयोगी होगी।

पत्रिका के प्रकाशन के लिए हार्दिक शुभकामनाएँ।

(आलोक शर्मा)



दिल्ली निवास - मकान नं. 21 रामानन्द आश्रम कॉलोनी (पहाड़ी) नेवरी मन्दिर रोड़, भोपाल (म.प्र.) पिन - 462003 मो. 9425020518
फ्लैट नंबर 1601 कोसी टावर मल्टी स्टोरीड, एमपी फ्लैट्स, बाबा खड़क सिंह (बीकेएस) मार्ग नई दिल्ली-110001

(धर्मेन्द्र शर्मा)
संयुक्त संचालक

अर्द्ध शास0 पत्र कमांक/वरि0निज सहायक/2026/ 9.1
कार्यालय संयुक्त संचालक लोक शिक्षण
भोपाल संभाग भोपाल

भोपाल, दिनांक 20-07-26

:: शुभकामना सन्देश ::

मुझे यह जानकर प्रसन्नता है कि विद्यालय की वार्षिक पत्रिका " स्प्रिंग " का अंक प्रकाशित होने जा रहा है ।

मुझे विश्वास है कि पत्रिका के माध्यम से छात्र-छात्राओं की सृजनात्मक प्रतिभा को प्रोत्साहन मिलेगा । साथ ही पत्रिका विद्यालय की रचनात्मक गतिविधियों के प्रचार-प्रसार का भी एक महत्वपूर्ण माध्यम बनेगी ।

पत्रिका के सफल प्रकाशन एवं स्कूल की उत्तरोत्तर प्रगति के लिए मेरी ओर से हार्दिक शुभकामनाएँ ।

भवदीय,

20/07/26
(धर्मेन्द्र शर्मा)



Vishvas Kailash Sarang
Minister
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Bhopal, Date : 02/05/2026

Message

I am happy to learn that the **Hema Higher Secondary School**, is bringing out its annual magazine **"SPRING"** .

A school magazine not only helps capture curricular and extra-curricular journey of the school and provides an opportunity to the students to showcase their talent and explore their creative potential but it also demonstrates the exuberance, vibrancy and commitment to excellence that is, I trust, an accurate reflection of daily life at Hema Higher Secondary School, thus, shaping overall personality of the child.

I would like to make a humble ***appeal*** *to* ***students*** *and* ***everyone*** *to excel in their respective areas* and *work harder hand in hand towards a greater goal of* ***building*** **STRONGER INDIA**.

I warmly congratulate all who, along with many students, have worked tirelessly to bring together all the numerous and varied articles into this excellent record of the year.

I extend my best wishes to the Management Team, Principal, Teachers and Students of the Hema Higher Secondary School to continue this journey on the road of excellence.

with best wishes,

Vishvas Kailash Sarang



दिल्ली निवास - मकान नं. 21 रामानन्द आश्रम कॉलोनी (पहाड़ी) नेवरी मन्दिर रोड़, भोपाल (म.प्र.) पिन - 462003 मो. 9425020518
फ्लैट नंबर 1601 कोसी टावर मल्टी स्टोरीड, एमपी फ्लैट्स, बाबा खड़क सिंह (बीकेएस) मार्ग नई दिल्ली-110001

Krishna Gaur
Minister of State (Independent Charge)
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Ref. 4111

Date 02/05/26

MESSAGE

It gives me immense pleasure to learn that HEMA Higher Secondary School, Bhopal, is publishing the 2026 edition of its annual school magazine, **"SPRING."**

A school magazine is much more than just a collection of pages; it is a vibrant canvas that reflects the creative spirit, academic excellence, and diverse talents of its students. Since its inception in 1973, HEMA School has been a cornerstone of quality education in the City of Lakes, nurturing young minds and preparing them to face the world with confidence and integrity.

The theme "SPRING" is a beautiful reminder of growth, renewal, and the blossoming of new ideas. I congratulate the Editorial Board, the teachers, and most importantly, the talented students for their hard work in bringing this publication to life.

I wish the HEMA Education Society and the entire school community continued success in all their future endeavors. Best wishes,

(Krishna Gaur)



श्रीमती मालती राय
महापौर

नगर पालिक निगम, भोपाल

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कार्यालय : कुशाभाऊ ठाकरे अंतर्राज्यीय बस टर्मिनल होशंगाबाद रोड, भोपाल (म.प्र.)

क्रमांक 93/म:क/26 दिनांक 03/08/26.

:: शुभकामना–संदेश ::

मुझे जानकर हार्दिक प्रसन्नता हुई कि हेमा हायर सेकेन्ड्री स्कूल गोविन्दपुरा, भोपाल द्वारा वार्षिक पत्रिका "स्प्रिंग" का प्रकाशन किया जा रहा है।

पत्रिका में प्रकाशित आलेखों से छात्र–छात्राओं, अभिभावक एवं स्टॉफ के सदस्यों में उत्साहवर्धन के साथ–साथ कला–कौशल का एक मार्ग प्रशस्त होगा। पत्रिका में प्रकाशित जानकारी विद्यार्थियों के लिये शैक्षणिक और रचनात्मक अवसरों का प्रतिवेदन होती है। उनमें पर्यावरण संरक्षण, साइबर जागरूकता, डिजिटल अवेयरनेस को विकसित करना सजग और जिम्मेदार नागरिक निर्माण की दिशा में सार्थक कदम होगा।

पत्रिका के प्रकाशन के लिए संस्था के सभी सदस्यों को मेरी ओर से हार्दिक शुभकामनाएँ।

(मालती राय)



पूर्व निवास : सी–559, पुष्पा नगर कॉलोनी, रेल्वे स्टेशन, 80 फीट रोड, भोपाल (म.प्र.) 462010
वर्तमान निवास : बी–32, 74 बंगला स्वामी दयानंद नगर, भोपाल (म.प्र.)

HEMA SPRING
Academic Session 2026-27

THE CHRONICLE COMPASS

A journey through the milestones, memories and magic of the academic year 2025-26

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118-124

INSPIRATIONAL INSIGHTS ...
Thoughts That Transforms Lives



Mr. Philip Panicker
President

Dear Teachers, Parents, and Fellow Students,

It is an absolute honour to address you through this Spring Edition of our school magazine. **Spring** is a season of transformation, renewal, and hope. It reminds us that every ending gives way to a new beginning and that growth comes through perseverance. Just as nature awakens with vibrant colours and fresh life, our school community continues to flourish with renewed energy, innovative ideas, and an unwavering spirit of excellence. As I reflect on the past years, I am filled with immense pride. Like seeds quietly taking root beneath the soil before they bloom, we have worked diligently, often behind the scenes, to achieve remarkable milestones. This magazine is a celebration of those inspiring moments of learning, growth, and success that have enriched every aspect of our school life.

In the Classrooms: Our students have demonstrated outstanding academic commitment, embracing challenges with curiosity and determination while discovering new passions and unlocking their true potential.

On the Sports Field: Our athletes displayed exceptional grit, teamwork, discipline, and sportsmanship, earning well-deserved victories and making our school proud.

Through the Arts: From music and dance to theatre and visual arts, our talented students have enriched our campus with creativity, imagination, and vibrant expression.

In the Community: Through charitable initiatives, environmental campaigns, and acts of service, we have strengthened our commitment to making a positive difference beyond the boundaries of our school.

Beyond academic achievements, trophies, and accolades, what truly makes our school exceptional is the culture we build together every day. Our school is more than a building of bricks and mortar—it is a second home where every student is respected, valued, encouraged, and inspired to grow. It is a place where mistakes become stepping stones to success, where kindness is a way of life, and where inclusivity, compassion, and mutual respect create an environment in which every child can thrive and discover their unique potential.

I extend my heartfelt gratitude to our Principal, Vice Principal, and dedicated teachers. You are the patient gardeners of young minds, nurturing dreams with wisdom, care, and unwavering commitment. You recognise the spark in every child, even when they may not yet see it in themselves, and your guidance shapes confident, capable, and compassionate individuals.

To our parents, thank you for your constant encouragement, trust, and unwavering support. Your partnership with the school provides the foundation upon which every child's success is built.

I would also like to express my sincere appreciation to our support staff—the security personnel, housekeeping staff, administrative team, and all those who work tirelessly behind the scenes. Your dedication ensures that our school remains safe, welcoming, and efficient. Every achievement we celebrate is made possible by your invaluable contribution.

To our dear students, let this beautiful season inspire you to embrace new opportunities and continue growing with confidence. Never be afraid to bloom at your own pace. Whether your passion lies in science, literature, the arts, sports, or community service, pursue it with dedication, integrity, and enthusiasm. Every effort you make today shapes the leader you will become tomorrow.

As you turn the pages of this magazine, I hope you take pride in the remarkable accomplishments, cherished memories, and inspiring stories that define our school community. May the spirit of spring fill us with optimism, resilience, and the courage to continue learning, growing, and uplifting one another.

Together, let us continue to bloom, inspire, and create a future filled with promise and possibility.

INSPIRATIONAL INSIGHTS ...
Vision Beyond the Horizon



Mr. Kishore Pillai
Secretary

"Devotion is the quiet overflow of a grateful heart."

Every masterpiece begins with a quiet act of devotion. A seed devotes itself to becoming a tree. A river carves its path through unwavering persistence. A sculptor sees a masterpiece where others see only a stone. In the same way, every dream, every achievement, and every act of kindness is born from silent, steadfast devotion.

This edition of our school magazine is not merely a collection of words and pictures; it is a living tapestry woven from countless hours of curiosity, perseverance, imagination, and dedication. Every page echoes the heartbeat of a community that believes learning is not confined to classrooms but flourishes wherever passion meets purpose.

"Great journeys are not defined by their destination, but by the quiet determination that shapes every step." As you journey through these pages, you will discover more than accomplishments, the courage hidden in every failure, the hope behind every beginning, and the quiet determination that transforms aspirations into realities. For devotion is not measured by grand gestures but by the countless unseen moments when we choose to keep believing, creating, and striving.

This edition inspires every reader to embrace devotion—not merely as a virtue to admire, but as a guiding principle that shapes every thought, action, and aspiration. Let it remind us that true devotion is reflected in our commitment to truth, our eagerness to learn, our compassion for others, and our willingness to serve with humility and purpose.

When hearts remain devoted to truth, minds remain open to learning, and hands are dedicated to meaningful service, every challenge becomes an opportunity, every effort gains purpose, and no dream remains beyond reach.

May this magazine inspire each reader to embrace devotion — not only as a virtue but as a way of life.

THREADS OF THOUGHTS ...
Woven with wisdom, guided by vision



Ms. Poonam Sharma
Principal

Excellence begins with values, and values begin at HEMA

"Education is not merely the acquisition of knowledge; it is the cultivation of values that shape character and inspire purposeful living"

It gives me immense pleasure to present this edition of our school magazine. This publication is a celebration of the enthusiasm, creativity, achievements, and talents of our students. It reflects the vibrant spirit of our school and serves as a testament to the dedication of our learners and educators.

At HEMA Higher Secondary School, we believe that every child is unique and possesses immense potential. Our mission is to provide a nurturing and inclusive environment where students are encouraged to explore their abilities, think critically, and express themselves confidently. Through a balanced blend of academics, sports, arts, and co-curricular activities, we strive to develop well-rounded individuals who are prepared to meet the challenges of an ever-changing world.

While academic excellence remains an important goal, true education goes beyond textbooks and examinations. It is rooted in values that guide our thoughts, actions, and decisions. **We are committed to nurturing qualities such as respect, honesty, responsibility, empathy, kindness, discipline, and perseverance.** These values help students become compassionate individuals, responsible citizens, and future leaders who contribute positively to society.

In today's fast-paced world, where knowledge is readily accessible, values provide the wisdom to use that knowledge meaningfully. They help us build strong relationships, make ethical choices, and face challenges with courage and resilience. **We encourage our students to uphold these values in every aspect of their lives and to strive for excellence with integrity.**

This magazine showcases the remarkable efforts and accomplishments of our students throughout the year. **I congratulate all contributors and appreciate the hard work of the editorial team and teachers who have made this publication possible.** As we continue our journey of learning and growth, let us remain committed to our shared vision of nurturing confident, compassionate, and value-driven individuals.

May this magazine inspire us all to dream big, work hard, and make a positive difference in the world around us.

The Prelude

HEMA Spring

NURTURED MINDS INSPIRED HEARTS LIMITLESS FUTURES

When dawn unfolds with whispered light,
And dreams awaken, fresh and bright,
A season blooms beyond the sky—
Where eager hearts and hopes can fly.

Spring is more than petals fair,
It is the promise in the air;
A song of minds that dare to dream,
A gentle flow, a vibrant stream.

Within these pages, voices rise—
Curious thoughts and shining eyes.
Each poem penned, each story told,
Reflects young hearts both brave and bold.

Here, every word becomes a seed,
Nurtured by thought, inspired by deed.
For knowledge blossoms, hand in hand,
To shape tomorrow's brighter land.

May every page ignite a spark,
To light the way through every dark.
May wisdom grow, creativity sing,
In every soul touched by Spring.

So turn these pages with delight,
Where imagination takes its flight.
For every ending marks a start—
And every spring begins within the heart.

EDITORS' COLUMN

Every memorable magazine is shaped by editors who believe every voice deserves to be heard.





Sitting Row (L to R) - Ms. Harmeet Kaur Patheja (English),
Ms. Meenal Rathore (Vice Principal, Chief Editor),
Ms. Poonam Sharma (Principal), Ms. Preeti Sharma (Hindi), Ms. Rema Sunil (Malayalam)
Standing Row 1 (L to R) - Ms. Naila Siddiqui (Co-Editor), Ms. Salma Khan Hashmi (English)
Miss Pari Sahu (XII B), Miss Sheenam Siddiqui (XII B), Miss Anushka Iyer (XI B)
Master Suyash Ahire (IX B), Ms. Archana Prasad (Editor), Mr. Amit Rajoriya (Sanskrit)

United in Creativity, Bound with Purpose

From the Chief Editor's Desk



Ms. Meenal Rathore
Chief Editor

Every child carries within them the spark of imagination; education nurtures that spark into a flame of lifelong learning.
It gives me immense pleasure and pride to present the latest edition of SPRING-2026, the Students' Magazine of HEMA Higher Secondary School. This vibrant compilation unfolds a plethora of expressions, showcasing the creativity, talent and intellectual inquisitiveness of our young learners.

The resplendent pages of this magazine reflect the rich spectrum of student life. Our budding writers have eloquently penned their thoughts, ideas, aspirations and experiences, offering insightful glimpses into their imaginative worlds. Their words resonate with sincerity, originality and a keen understanding of the world around them. Each page speaks volumes about the achievements, reflections and aspirations of our students. **It captures memorable excursions, joyous celebrations and significant milestones that have enriched their educational journey.**

Achievement is not merely measured by success but by the dedication, perseverance and passion that inspire it. **The magazine proudly highlights the outstanding performances of our students in the Class X and Class XII Board Examinations.** It also features students' incredible achievements in co-curricular and extracurricular activities. The carefully curated photographs and visual highlights vividly portray the diverse events, workshops, celebrations and accomplishments of the school, offering readers a glimpse into the vibrant life of our institution. **The magazine also serves as a bridge connecting our alumni to the enduring ethos of the school, rekindling cherished memories and strengthening their bond with their alma mater.**

The Art Gallery is a marvelous display of artistic excellence, where imagination takes shape through colours, sketches, paintings and creative designs. Every artwork is a manifestation of the boundless creativity that flourishes within our school community.

SPRING is more than a magazine; it is a celebration of emerging talent, resilience and the spirit of learning. I express my sincere gratitude to the Management of HEMA Higher Secondary School for their constant encouragement, vision and unflinching support in fostering a culture of creativity and excellence. Their commitment to holistic education provides our students with opportunities to explore and showcase their latent talents. I extend my heartfelt gratitude to our Principal for her constant support.

I congratulate editors, coordinators, teachers, office staff and all the students, whose dedication, enthusiasm and hard work have brought this publication to life. Their collective efforts have transformed this magazine into a vibrant reflection of the achievements, aspirations and creativity of our school community.

As we turn these pages, we celebrate not only accomplishments but also the promise of a brighter future shaped by curious minds and compassionate hearts. **May this edition inspire every reader to dream, create and continue exploring the limitless horizons of knowledge and imagination.**



From the *Editors*

"Devotion is the unwavering commitment to purpose that transforms effort into excellence."

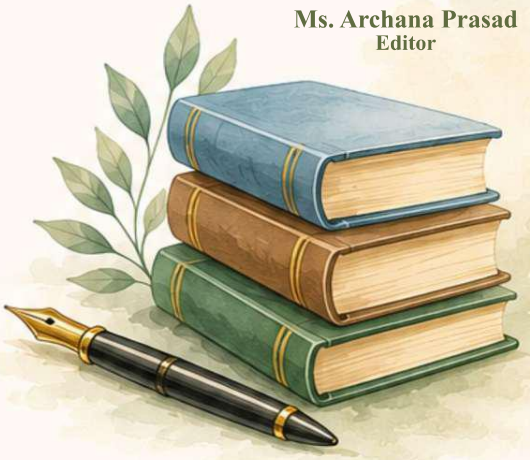


Ms. Archana Prasad
Editor

Devotion is reflected in the sincerity with which we fulfil our responsibilities, the perseverance with which we pursue our aspirations, and the integrity with which we uphold our values. It is this spirit that inspires learning, creativity, and meaningful achievement.

This edition of our school magazine celebrates the talent, dedication, and accomplishments of our students and the unwavering support of our educators. I extend my sincere gratitude to our Management, Principal, Vice Principal, faculty members, students, contributors, and the editorial team for their invaluable cooperation in bringing this publication to life.

May these pages inspire every reader to remain devoted to learning, character, and excellence.





Ms. Naila Siddiqui
Co-Editor

"Creativity is seeing what everyone else has seen, and thinking what no one else has thought."

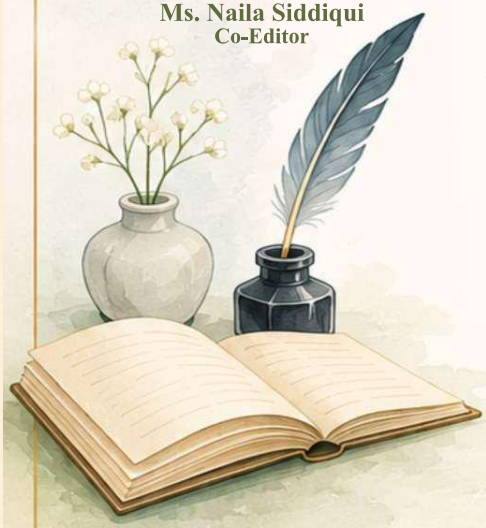
Creativity is the foundation of innovation and the driving force behind meaningful progress. It empowers us to question, explore, and transform ordinary ideas into extraordinary possibilities.

A creative mind is not limited by convention; it is inspired by curiosity, enriched through learning, and strengthened by the courage to imagine differently.

Let us cultivate originality in thought, excellence in action, and the confidence to embrace new perspectives, for every great achievement begins with a single creative idea.

This edition is a celebration of student achievements, creativity, and growth, alongside a tribute to our educators whose steadfast dedication and guidance continue to inspire excellence and shape young minds.

Let these pages be a source of inspiration, celebrating ideas, achievements, and the spirit of continuous growth.



Editorial Reflections

VOICES BEHIND THE MAGAZINE



"Being part of the Editorial Team has always fascinated me. Watching my seniors meticulously plan, create, and bring innovative ideas to life inspired me to become a part of this journey. This experience has given me a wealth of learning, creativity, and hands-on exposure, making it truly memorable.

Tanish Chaturvedi
Class X-B
Editorial Team



"Designing and editing have always been my forte, and getting the opportunity to contribute to the school annual magazine felt like the perfect culmination of my passion and creativity. This experience exposed me to new dimensions of design, collaboration, and creative expression, leaving an indelible mark on my journey and giving me valuable lessons that I will cherish forever.

Sheenam Siddiqui
Class XII-B
Editorial Team



"Every magazine is a journey of ideas, creativity, and collaboration. Being part of the editorial process gave me the opportunity to shape content, contribute ideas, and explore creative approaches. It was a rewarding experience that helped me capture and celebrate the spirit of our school.

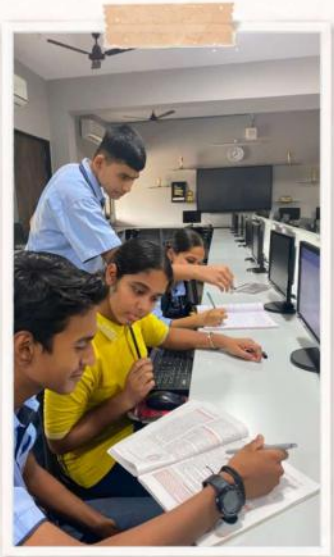
Suyash Ahire
Class IX-B
Editorial Team

Great magazines don't just happen, they are crafted with passion, purpose and teamwork.

From Vision to Print

Minds Behind the Making of **HEMA SPRING**



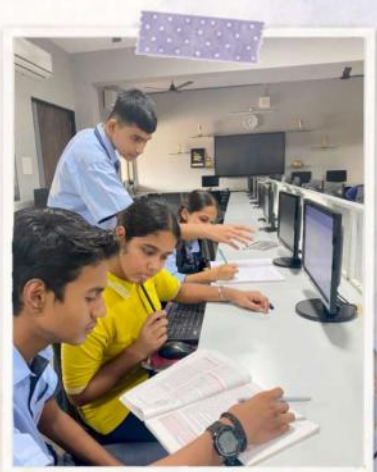



"Behind every memorable magazine are young leaders who turn ideas into impact."











The ACHIEVERS ARENA

HALLMARK OF EXCELLENCE

A PROUD MOMENT FOR HEMA!

Three Cheers

Teamwork turns, individual efforts into collective achievement.

HEMA Higher Secondary School has been honoured with the "School with Best Implemented Programs in AI and Robotics" award, recognizing its excellence in fostering innovation and STEM education.
Principal Ms. Poonam Sharma received the award on behalf of the school fraternity.



This achievement reflects the dedication of our educators, the enthusiasm of our students, and the unwavering support of our entire HEMA community, inspiring us to continue preparing young minds for the future.







Empowering Minds: Building the Future.

KUDOS!

JEE *Advanced* RESULT 2026



Heartiest Congratulations to

Our JEE Advanced Achiever

Krishna Verma

Batch 2025-26

ALUMNI

Our Proud JEE Advanced Achievers

Batch 2024-25



Ajendra Singh



Tanish Mishra

Celebrating the remarkable achievement of **Ajendra Singh** and **Tanish Mishra** (Batch 2024–25) and **Krishna Verma** (2025–26), who have made their alma mater proud by qualifying JEE Advanced 2026. Their dedication, perseverance and academic excellence continue to inspire the HEMA family.

A Glorious Moment

Excellence Through Dedication

CLASS 10TH

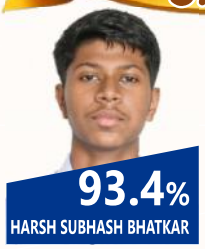
Congratulations!








93.6%
LAXMI KUSHWAHA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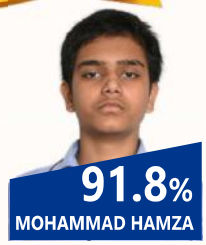
HARSH SUBHASH BHATKAR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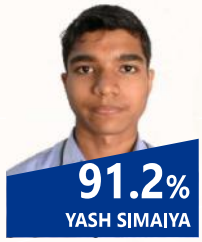
MOHAMMAD HAMZA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YASH SIMAIYA


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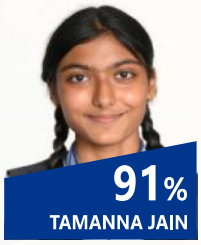
AVNI PATEL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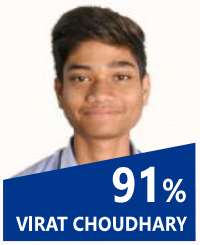
TAMANNA JAIN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VIRAT CHOUDHARY


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HARSHWARDHAN YADAV


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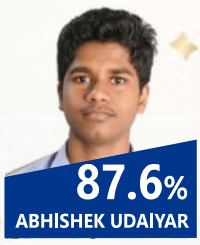
SANKALP PRASAD


88%
ANGEL SONI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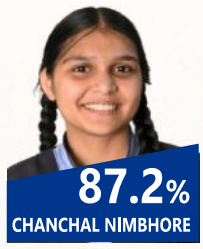
ABHISHEK UDAIYAR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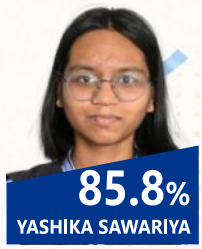
CHANCHAL NIMBHORE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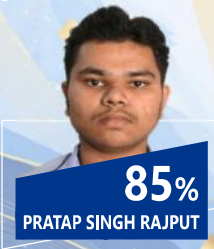
YASHIKA SAWARIYA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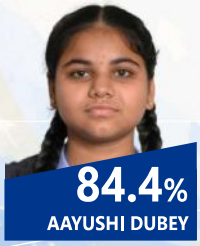
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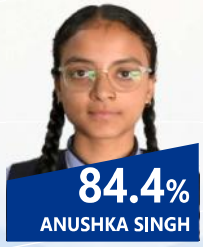
AAYUSHI DUBEY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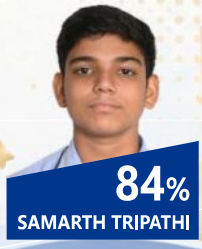
ANUSHKA SINGH


84%
SAMARTH TRIPATHI

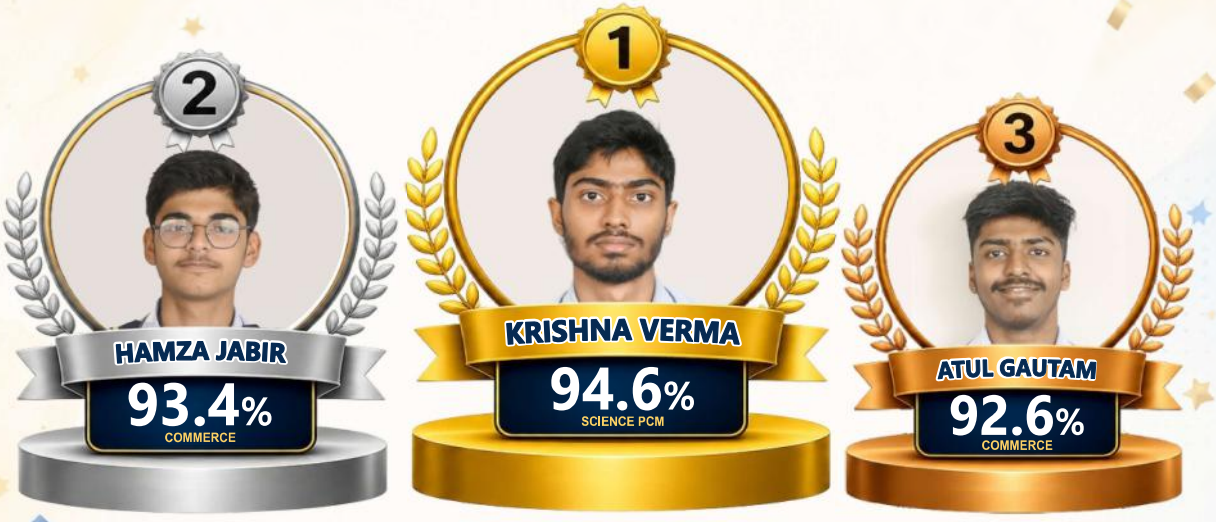
BOARD RESULTS : CLASS XII
(2025-26)

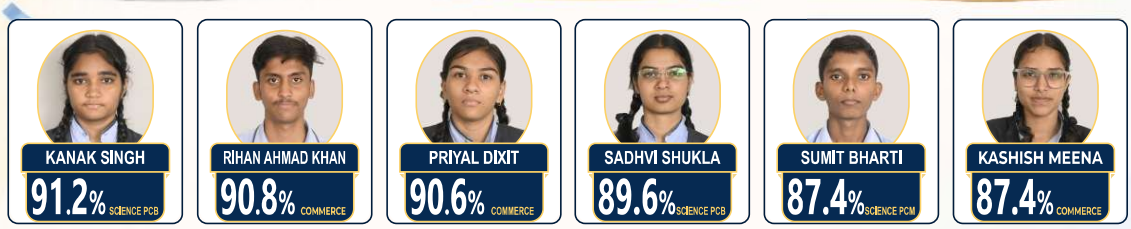
A Glorious Moment

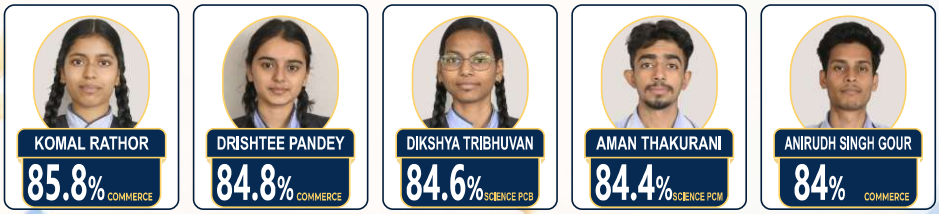
Honouring Academic Brilliance

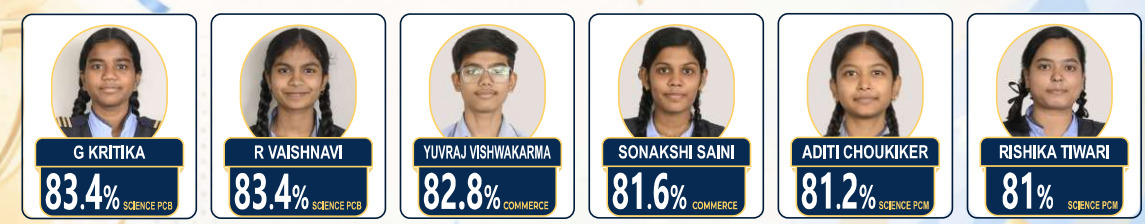
CLASS 12TH

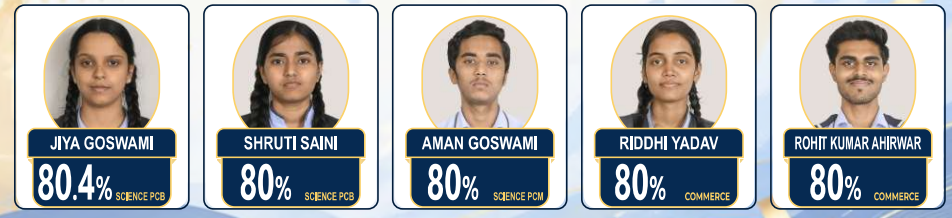
Congratulations!











THE Rhythmic SQUAD



ONE BEAT ONE BAND ONE SPIRIT





The Rhythmic Squad continues to bring accolades to our school through discipline, dedication, and the perfect harmony of music. Our band won First Prize in the District Level Competition, a result of teamwork and commitment. We were honoured with a special invitation from CISF to perform at their events and were also invited by RBI to represent our school on their esteemed platform, reflecting the trust and reputation we have earned. We have also received a CISF Certificate, acknowledging our acumen and outstanding minstrels' display. Together, we continue to inspire with every beat we play.

THE MAESTROS BEHIND THE MELODY

- Rishi Verma
- Naitik Verma
- Akshansh Babele
- Brijraj Ahirwar
- Suyash Ahire
- Mannat Jariya
- Shashwat Kumar
- Rupesh Bhalerao
- Tohid Mansoori
- Saif Ur Rehmaan
- Ansh Chauhan
- Rishabh Kaithal
- Kajal Jaiswal
- Dev Dubey
- Ravi Manjhi
- Ahana Biswas
- Anavika Tripathi
- Lakshit Malviya
- Simar Kushwaha
- Lakshya Gotele

A Proud Moment

FOR OUR SCHOOL!

CBSE CLUSTER 12
KABADDI
GIRLS TOURNAMENT 2026

Our school team has shown strength, strategy and team spirit to bring glory to our school.





BRONZE MEDAL
in the
Under-17 Girls CBSE Cluster Kabaddi Tournament 2026.

This remarkable achievement is a result of the hard work, dedication, discipline, and team spirit of our talented players, along with the continuous guidance and support of our coaches and school management.

Congratulations
TO OUR CHAMPIONS!



HONOURING EXCELLENCE IN
KARATE

DISTRICT TOURNAMENT

AT MANDU (MANDAV GARH), M.P.

Our karate champions have demonstrated outstanding skills, perseverance and sportsmanship, bringing laurels to the school.

ORGANISED BY:
World Funakoshi Shotokan Karate Organisation M.P.





DISCIPLINE | FOCUS | RESPECT | STRENGTH | EXCELLENCE





Congratulations
TO ALL OUR KARATE CHAMPIONS!

INTER SCHOOL KABADDI TOURNAMENT

under the aegis of
Bhopal Sahodaya Complex



HEMA Higher Secondary School, Bhopal inaugurated the three-day Inter-School Kabaddi Tournament with great zeal.The ceremony began with a warm welcome address by Principal Ms. Poonam Sharma, followed by the ceremonial raising of the school flag by the Chief Guest, Ms. Aditi Bhavsar Saxena, Assistant Commissioner of Police, Govindpura, who also administered the Oath of Sportsmanship. The event was graced by Special Guest Mr. Jagdish Sharma, Secretary, Madhya Pradesh Amateur Kabaddi Association. The contingent comprised Seventeen teams: including ten Boys' teams and seven Girls' teams who participated with great enthusiasm, exemplifying true sportsmanship, teamwork, and inter-school camaraderie.















> Success in sports begins with the courage to compete.



> Alone we can do so little; together we can do so much.
>
> – Helen Keller











> Champions keep playing until they get it right.
>
> – Billie Jean King

> It's not just a game, it's our pride, our spirit, our victory.

TEAMWORK. DISCIPLINE. DEDICATION.
TOGETHER WE WIN!

HEMA Harmony Cup

INTER-SCHOOL BAND COMPETITION

HEMA Higher Secondary School proudly organized the HEMA Harmony Cup, an Inter-School Band Competition that brought together talented school bands from across the city. The participating schools showcased their musical talent, coordination and vibrant performances, filling the campus with rhythm, energy and the true spirit of harmony.

















"*Music* is the strongest form of *magic*."







"*Rhythm* connects us,
Melody uplifts us,
Together, *music* unites us."







Inter School Competitions

"Excellence is never an accident; it is the outcome of vision, perseverance, and relentless pursuit of greatness."

Driven by an enduring spirit of excellence, **HEMA Higher Secondary School** has participated in a wide spectrum of prestigious inter-school competitions organised by **BHECNIS (BHEL)**. This enriching platform has empowered students to showcase their intellectual acumen, artistic brilliance, athletic prowess and collaborative spirit, reflecting the institution's unwavering commitment to holistic development and the pursuit of excellence beyond the classroom.

Patriotic SONG COMPETITION

The choir group proudly secured **Third Prize** in the Inter-School Patriotic Song Competition on 6 August 2025 by their soulful performance, uniquely enhanced by a trumpet accompaniment, captivated the audience and judges alike.







One Song... One Nation... One Pride

Trained & Guided by : | Mr. Amit Chakraborty | Mr. Navneet

FANCY DRESS *Competition*

Vihaan Kamle KG II B won Second Prize in the Fancy Dress Competition held on 7 August 2025.







SCHOOL DANCE *Competition*

The School has secured Second Prize in the Inter-School Dance Competition held on 8 August 2025

Grace in motion, passion in every step.







THE TORCHBEARERS

Investiture Ceremony

With honour comes responsibility, with responsibility comes the opportunity to make a difference. As young leaders step forward, they carry not just a badge of authority, but a promise to lead with integrity, compassion, and dedication.











Lead by example, and your actions will become your legacy.















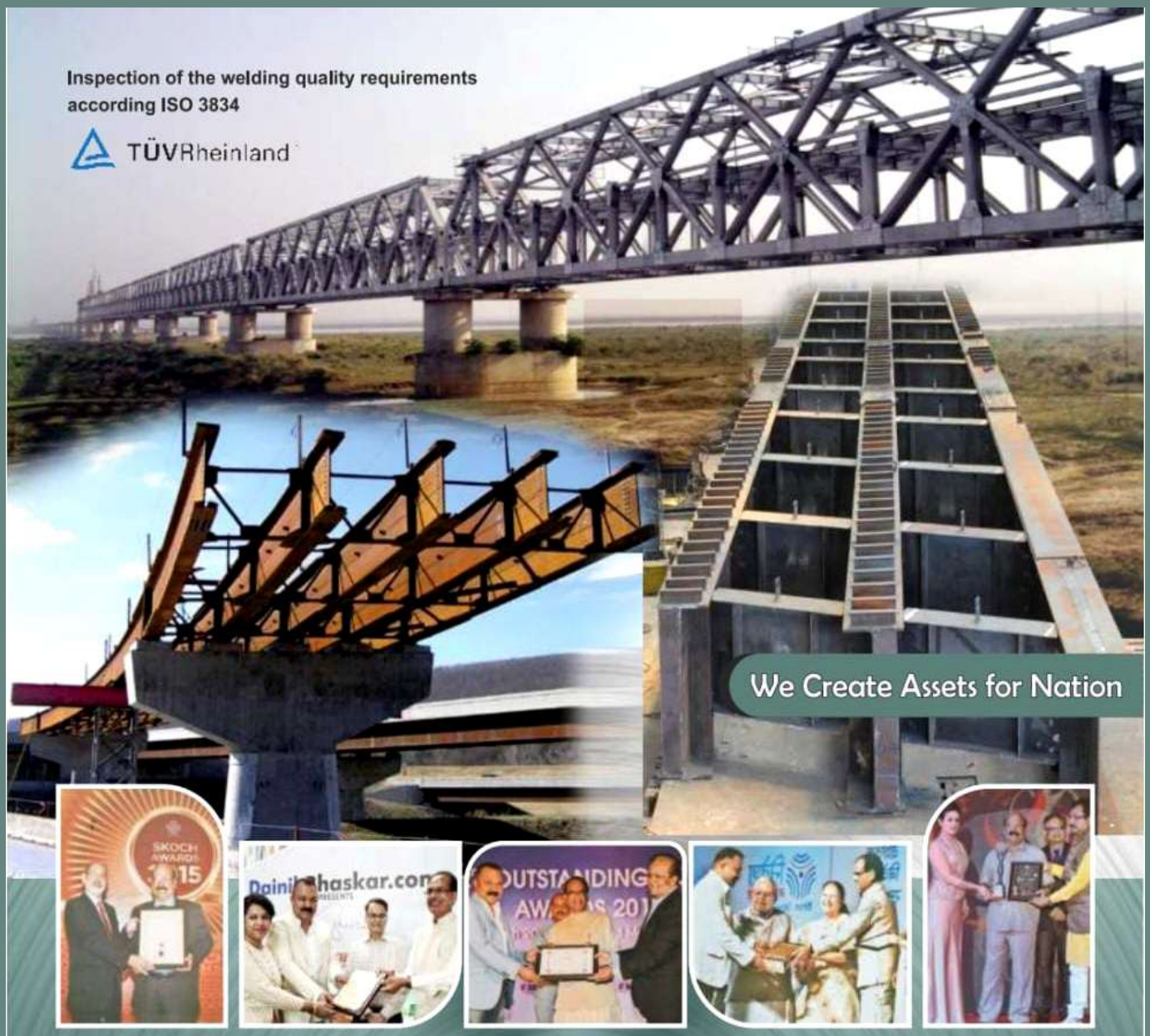








VISION INTEGRITY ACTION



UNITED

RAILWAYS | DEFENCE | POWER SECTOR | INFRASTRUCTURE

(An ISO 9001: 2015, 10002 : 2014, 14001: 2015, 45001:2018 Certified Company)

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- NEON & LED SIGNAGES
- CUSTOM DECOR
- METAL PARTITIONER
- NAME PLATES
- COMMON SEAL

LETTER EMPORIUM

4-B INDUSTRIAL ESTATE, GOVINDPURA, BHOPAL - 462023 (M.P.)

We Care

Seeds of Awareness









The Conscious Collective







Empower children to speak up and stay safe.

At HEMA Higher Secondary School, the well being, safety and holistic development of students remain our highest priorities. With this commitment, a series of informative and age appropriate awareness sessions were organised to educate, empower and guide students towards making informed choices for a healthy and safe future.







Aaroha Techno Search 2025

Students of Grades VIII and IX attended Aaroha Techno Search 2025 on 12 April 2025, at MANIT, Bhopal, exploring robotics, AI and coding.







POCSO : Growing Up Safe and Informed

An awareness session on Preparing for Puberty was conducted for Classes IV & V by the expert Ms. Mita Wadhwa.

Traffic Education

A session on Traffic Education was conducted on October 25, 2025, to promote **road safety awareness** among students.

Constable Mr. Devendra Lodhi and HC Mr. Girish Saraswat from the Traffic Police Department, Bhopal, shared valuable insights on traffic rules, road discipline, and safe driving practices.





Sugar Awareness Drive

To promote healthy living, a Sugar Awareness Drive was organised by the school to encourage students to make **informed dietary choices and reduce excessive sugar intake**.













We Care

Disconnect to Reconnect

An awareness session on **Mobile Phone addiction** was organised to help students understand its harmful impact and encourage responsible digital habits.

Flying High with Curiosity

Students of Classes X, XI and XII visited the Aviation Academy on 5 December 2025 gaining hands-on exposure to aircraft operations. An interactive session with the flight instructor made the experience both informative and inspiring. The day celebrated learning, exploration and the pursuit of new aspirations.













STRAW

Stray Relief and Animal Welfare

On 18 August 2025, STRAW (Stray Relief and Animal Welfare) conducted a workshop to emphasize on the importance of peaceful coexistence, responsible pet ownership, and ethical treatment of animals.

World Mental Health Day

To mark the World Mental Health Day, an awareness programme was organised to highlight the importance of mental well-being and a healthy lifestyle.





CLAT and Beyond:
Unlocking a World of Legal Opportunities



"The law is not just a profession—
it is a pathway to leadership,
innovation, and meaningful change."

Law today is far more than courtroom advocacy—it is a gateway to global leadership, innovation, and influence. Through CLAT, students can embark on a rewarding journey that opens doors to diverse and prestigious careers across the world. From structuring multi-billion-dollar mergers and acquisitions to advising multinational corporations as in-house legal counsel, legal professionals play a vital role in shaping modern businesses.

A legal education also offers exciting opportunities in Intellectual Property and Technology Law, where lawyers protect innovations, navigate data privacy, artificial intelligence, and emerging technologies. Those passionate about public service can pursue careers in the judiciary or civil services, interpreting laws and delivering justice that positively impacts society.

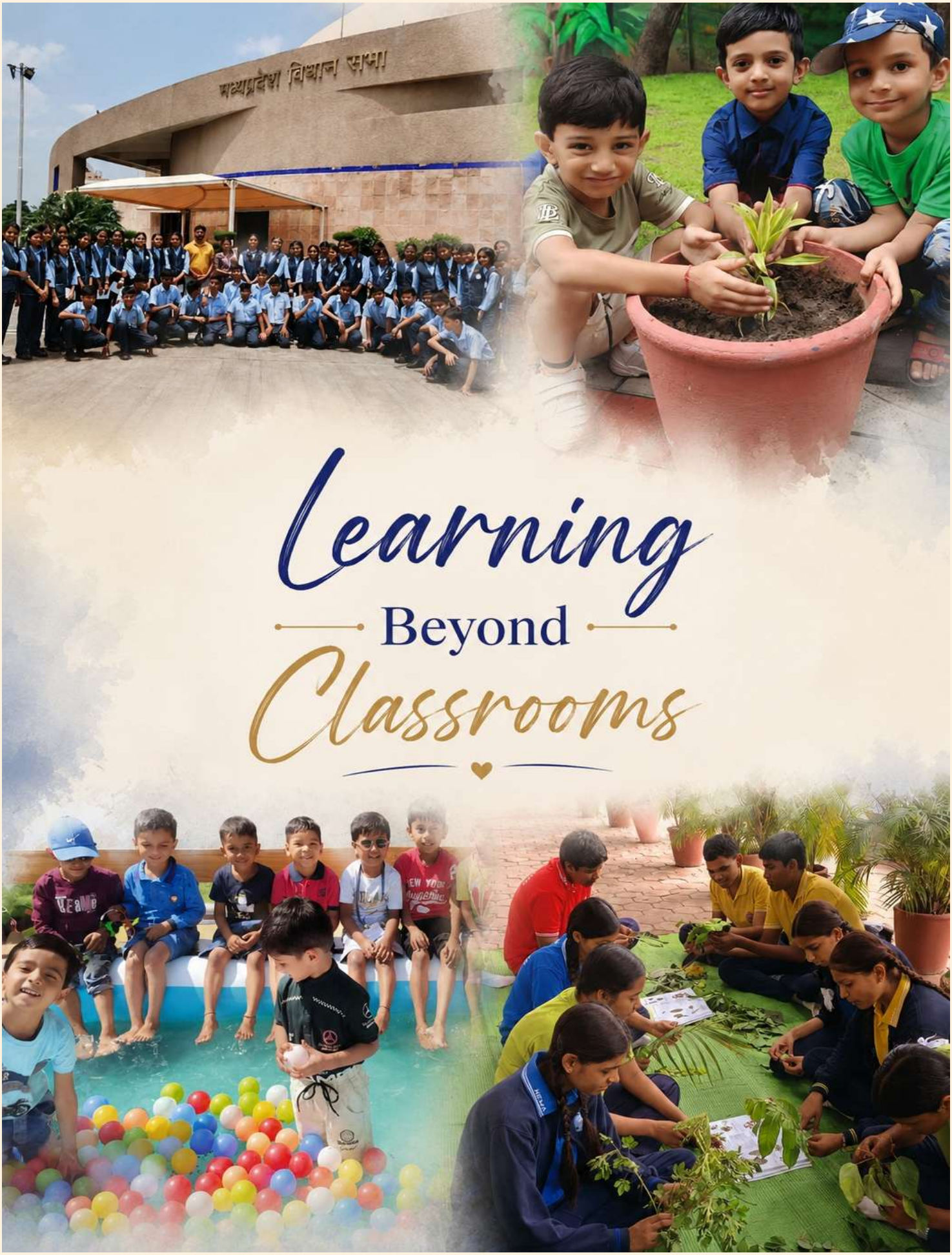
Another dynamic avenue is international arbitration, where legal experts resolve complex commercial disputes between global corporations across leading financial centres like London, Singapore, and New York.

With strong analytical thinking, negotiation skills, and ethical leadership, a law degree equips students to influence industries, safeguard innovation, and contribute meaningfully to society while building a successful global career.



Bishwajit Dutta
(MSc., LLB)
Director and HOD, CLAT Division,
LAW ACADEMY, BHOPAL
Above, Godrej Interio, Bank street,
Zone-II, M.P. Nagar, Bhopal.

Delivered during the
Career Counselling Session
for Senior Grade Students
at
HEMA Higher Secondary School.


मध्यप्रदेश विधान सभा
Learning
Beyond
Classrooms

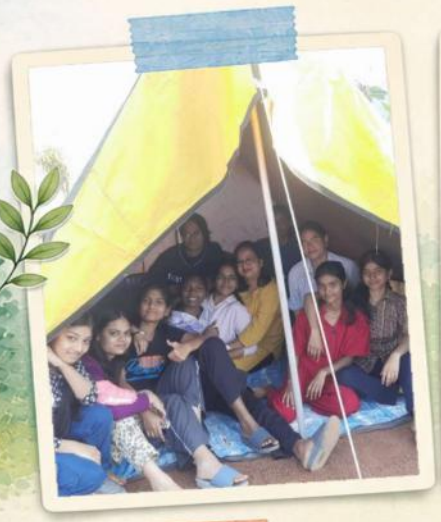
Overnight Odyssey

Where Fun Sparks Curiosity!

Explore
Adventure
Discover

**Life is not measured by the number of breaths we take,
but by the moments that take our breath away.**

Overnight Odyssey was an unforgettable journey of adventure, camaraderie, and self-discovery for the Class XII students. From exhilarating outdoor activities and collaborative challenges to joyful campfire moments under the starlit sky, every experience strengthened friendships, nurtured resilience and created memories to be cherished long after the journey ended. It was a celebration of togetherness, confidence, and the spirit of expedition.













Learn
Grow
Bond

Learn. Explore. Grow.



Outside *adventures* open minds and create *memories*.



Night camps teach courage, teamwork and *independence*.





From night camps, children learn skills that last a *lifetime*.

Every trip is a lesson, every moment a *memory*.







Explore more. *Learn* more. *Become* more.

Moments that Matter

Celebrating **Rakhi**, Spreading Love

On the occasion of **Raksha Bandhan**, the students of HEMA Higher Secondary School celebrated the festival of togetherness. They tied rakhis as a symbol of love, gratitude and respect, receiving heartfelt blessings and inspiring interactions in return. The initiative fostered the values of compassion, patriotism, service and social responsibility, making the celebration truly precious and meaningful.

Threads that unite

A memorable meeting with the
Hon'ble Governor Shri Mangubhai Patel





Bond beyond Blood

A visit to Yashoda HelpAge Home





Promise of protection

A privileged visit to Govindpura
Police Station





YOUNG INDIAN PARLIAMENT 2026

YOUTH PARLIAMENT AT VIDHAN SABHA

HEMA Higher Secondary School students participated in **a two-day Youth Parliament organised by Young Indians (YI) in collaboration with CII under the banner Thalir.** Through mock parliamentary proceedings, they experienced the legislative process, visited the Vidhan Sabha, and interacted with eminent leaders, including Shri Narendra Singh Tomar, Shri Rajneesh Kumar Agrawal, Shri Om Prakash Saklecha, and Shri Bhagwan Das Sabnani.











ACHIEVEMENTS THAT MAKE US PROUD



BEST RULING PARTY MEMBER

ANUSHKA IYER



MOST VALUABLE PARTICIPANT

UNNATI JAIN

Young Minds. Strong Voices. Better India.

Yoga & Meditation





On 20 March 2025, HEMA Higher Secondary School celebrated World Happiness Day by organising Yoga and Meditation sessions in the campus and at Police Awasiya Parisar, Govindpura. Students, teachers, and residents actively participated in yoga, mindfulness, and relaxation practices that promoted physical, mental, and emotional well-being. The programme concluded with a vote of thanks, inspiring participants to embrace a healthier, happier, and more balanced lifestyle.











PARTNERS *in Progress*

• TOGETHER, WE SHAPE TOMORROW •

A parent orientation programme fostered a meaningful partnership between home and school, acquainting families with the institution vision, academic frame work and values. Parent orientation sessions were held through open dialogue and shared aspiration. The sessions lead the foundation for a successful and enriching educational journey. A special session on the school **'HEMA APP'** was also conducted to help parents access all important information easily — curriculum, fees, leaves, notices, circulars, and much more at their fingertips.

"The partnership between home and school builds the bridge to success.





"Education flourishes when schools and parents walk together with a shared purpose.





"Together, we nurture minds, strengthen values and shape future.





"Strong partnerships today, bright futures tomorrow.

A School That Knows *Every Child*



MS. ROSHNI NAIR
Member, Parent Teacher Association

It was two years ago when I first stepped into HEMA Higher Secondary School with my daughter for her Class XI admission. From the moment we entered the campus, we felt genuinely welcomed. I admire the school management's commitment to understanding a student's aspirations and supporting the emerging academic choices that can shape their future. What impressed me most was that the teachers knew almost every child in the school, whether they taught them or not. At a time when such personal connections are becoming rare, this gave me immense reassurance as a parent. I knew that my daughter was not merely another name on the attendance register—she was known, noticed and cared for. The school also provided her with opportunities to explore her abilities beyond academics, within an atmosphere that balances discipline, independent thinking and a world of possibilities. I especially appreciate how feedback from parents is acknowledged, followed up and translated into action. The support staff—including the bus drivers and conductors—also contribute significantly towards making the school a safe and dependable place for our children. I truly believe that HEMA Higher Secondary School understands the essence of holistic development. The collective efforts of the school, it has created an environment where every child's individuality is respected, their aspirations are supported and their overall development is thoughtfully nurtured.

> *A great school doesn't just teach, it understands, encourage and believe in every child.*

Growing with Values, *Learning for Life*



MR. RAKESH DANGI
Member, Parent Teacher Association

Our association with HEMA Higher Secondary School has been a truly enriching and memorable experience. What I appreciate most about the school is its commitment to providing students with not only quality education but also strong values, confidence, discipline, and essential life skills.

The dedication and sincerity of the teachers, the caring and supportive learning environment, and the school's focus on the overall development of every child are truly commendable. It is wonderful to see how the school encourages students to explore their talents, express themselves confidently, and learn beyond the boundaries of textbooks.

As a parent, I feel happy and reassured to see Hardik learning and growing in such a positive environment. I sincerely appreciate the efforts of the entire HEMA team in nurturing young minds and helping every child discover their potential.We feel privileged to be associated with HEMA Higher Secondary School and wish the school continued success in inspiring and shaping many more bright, confident, responsible, and compassionate generations.

> *"HEMA nurtures not just young minds, but confident hearts, strong values and responsible futures.*

Cultural Kaleidoscope

Celebrate Cherish Inspire

HEMA Higher Secondary School is a vibrant canvas where significant regional, national and international festivals bloom into colourful celebrations. Through captivating music, graceful dance, expressive drama and artistic performances, students honour traditions, embrace diversity and weave together the timeless values of unity, creativity and patriotism.



Celebrating Tradition,
Embracing Togetherness
In Every Colour.

Lumina

The Sparkling Magic

ANNUAL FUNCTION

The Sparkling Magic 2025 unfolded as a captivating celebration of creativity, confidence and boundless talent, where pretty petals from Nursery to Class II mesmerised the audience with their vibrant expressions and enchanting performances. The occasion was graced by Dr. Monica Shukla, IPS, Additional Commissioner of Police (Crime & Headquarters), Urban Bhopal, as the Chief Guest, and Smt. Santosh Devi Garg, Deputy Secretary, CBSE, Bhopal, as the Guest of Honour. Their esteemed presence elevated the celebration, making it a truly memorable tribute to the joy of childhood.

























Little minds, boundless dreams, and a future filled with endless possibilities.


“Every little star deserves a moment to shine.”
HEMA HIGHER SECONDARY SCHOOL
(Heavy Electricals Malayalee Association) EDUCATION SOCIETY
ANNUAL FUNCTION
2025-26
LUMINA
THE SPARKLING MAGIC
Every child is a spark of possibility and every stage is where dreams begin to shine.



Graduation Day Celebrating The New Beginnings





Tiny footsteps marked a remarkable milestone as the **KG II Graduation Ceremony**, held on 1 March 2026, celebrated the commencement of a promising academic journey. The occasion was graced by the esteemed Chief Guest, Mr. Rajeev Mishra, an eminent motivational speaker and author, whose inspiring address encouraged budding learners to dream fearlessly. The ceremony was enriched with heartfelt reflections by parents, captivating performances by KG I and Class I students, and a gracious vote of thanks delivered by Kindergarten Coordinator, Ms. Maya Nair. The celebration concluded with a dignified salute to the nation, leaving behind cherished memories and renewed aspirations.







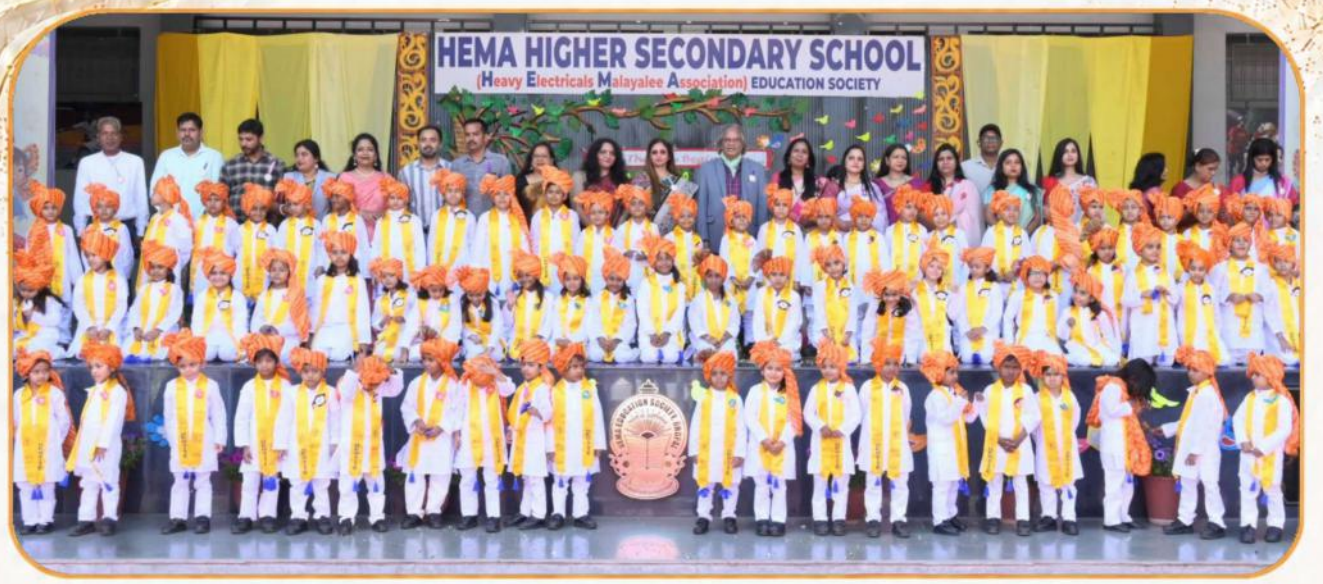






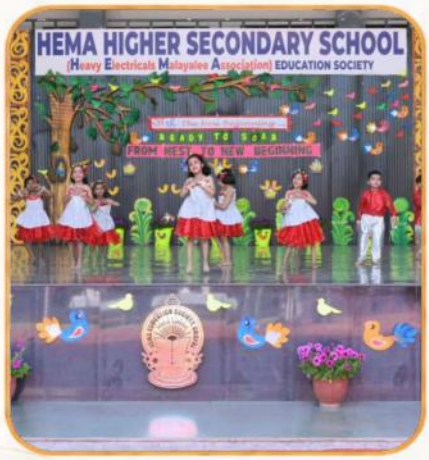


> *Every ending is a new beginning.*













66 Today's Graduates, tomorrow's trailblazers. 99

Farewell Fiesta

A Celebration of Memories and Milestones

The sweetest memories are made when one chapter ends and another begins. With hearts full of gratitude and dreams waiting to unfold, the **Class XII Farewell, lovingly hosted by the students of Class XI**, became a beautiful celebration of cherished memories and new beginnings. Every graceful performance, soulful theatrical presentation, and heartfelt tribute reflected the bonds forged over the years. The ceremony honouring student achievements added a touch of pride, while the lively interaction with **RJ Naini** from **92.7 BIG FM** filled the atmosphere with laughter, inspiration and unforgettable moments, making the farewell a treasured memory to carry into the future.









Beyond the Gates

Farewell



The sweetest memories are made
when one chapter ends and another begins.

The best is yet to come

REPUBLIC REVERIE

26 JANUARY

HEMA Higher Secondary School celebrated Republic Day with immense pride and enthusiasm.

The ceremony featured spectacular performances, impressive karate demonstration, and a grand march past by the four houses reflecting precision and team work.

The celebration was graced by the esteemed guests — Vice President Mr. Sajit Nair, School Secretary Mr. Kishore Pillai, and GC Member Mr. S. Sanjeev, who felicitated the winners and inspired the students.

The occasion stood as a memorable tribute to the spirit of nation fostering unity, responsibility and tremendous love for the motherland.











Freedom is not just our right, it is our responsibility.













Ek Pedh Maa Ke Naam

PLANTATION DRIVE



Tryst with the Tricolour

INDEPENDENCE DAY CELEBRATION

Commemorating the 79th Independence Day on 15 August 2025, HEMA Higher Secondary School celebrated the spirit of patriotism through the vibrant **Wheels and Heels** Marathon and the **Ek Ped Maa Ke Naam** plantation drive. Blending national pride with environmental stewardship, the celebration inspired students to embrace fitness, sustainability and their shared responsibility towards the nation The event was graced by Ms. Sunidhi Chauhan, Vikram Awardee and International Rifle Shooter, along with the esteemed members of the Governing Committee.















Wheels & Heels

MARATHON

Run with purpose, finish with pride.













The Heritage Mosaic:

Celebrating Kerala Piravi and MP Foundation Day

A captivating blend of music, dance, and tradition marked the celebration of Kerala Piravi and Madhya Pradesh Foundation Day, beautifully showcasing the rich heritage of both states while celebrating the enduring spirit of unity in diversity.


















Onam
Celebration
ഓണം
ആശംസകൾ
The spirit of Onam came alive in a magnificent celebration, where tradition and festivity blended beautifully. The majestic presence of Mahabali, honoured with a grand welcome, the ceremonial lighting of the lamp, a soulful prayer service and captivating traditional performances created an atmosphere of joy, cultural pride and timeless heritage.

HAPPY Teachers' DAY

Teachers' Day was celebrated with warmth and gratitude, honouring the mentors who inspire, guide and shape young minds. The celebration reflected the special bond shared between teachers and students and was a heartfelt tribute to their dedication, wisdom and unwavering support.















An Ode to Light:

DIWALI CELEBRATION

Diwali, the festival of lights was celebrated with great joy and enthusiasm at HEMA Higher Secondary School. The campus sparkled with diyas, rangoli, and colorful decorations, creating an atmosphere filled with positivity and togetherness. Students enjoyed various activities that highlighted the true spirit of Diwali — the victory of light over darkness, good over evil, and knowledge over ignorance.











Giggles in Bloom

Children's Day Celebration

















A vibrant celebration of childhood unfolded through special performances by teachers for the students. The celebration strengthened the bond between teachers and students, reflecting the warmth and togetherness that define our school.





EMBERS OF CHRISTMAS

The Christmas celebration was a joyful celebration of faith and togetherness. The programme featured a heartfelt enactment of the birth of Jesus Christ, special prayers, and a cheerful visit from Santa Claus, reinforcing the values of love, peace, and sharing.









CAMPUS CONFETTi

A vibrant blend of engaging activities, including fireless cooking, Lemon Squeeze Party and many other fun activities transformed our campus into a hub of creativity, collaboration, and joyful learning for students across all grades.


















SPECTRUM
OF
EXPRESSIONS

Every Drop Matters, Every Life Counts





Water is considered one of the most essential resources required to sustain life. Without water, one cannot imagine life. Conserving this precious resource is extremely important because natural disasters like droughts are extremely common in many regions of the world.

To survive these calamities, the most effective method is to store rainwater properly, a practice often called rainwater harvesting. If this life-saving activity is carried out properly and on a large scale, perhaps no one will die of thirst.



To perform this activity effectively, one should be aware of some important points. No matter how much water is harvested, if the stored water is in direct contact with sunlight, it will start evaporating. Just like food, water should also be stored for difficult situations.

Also, water should not be wasted in our houses or anywhere else because wasted water could save someone's life under certain conditions. Nowadays, in most cities, water is free for all, and this is a major reason why water is wasted excessively.



If the government starts charging even a very low fee for water, then the wastage of water will reduce. Farmers should make wells to store water. Nowadays, water pollution is also increasing, and the main cause is us — humans — who do not value this resource.

To conserve water, farmers should use drip irrigation instead of sprinkler systems. In cities, pipelines should be built to carry rainwater to storage tanks. If water is harvested properly, it can be used during calamities.



"Harvest nature's gifts, conserve water, and save life."

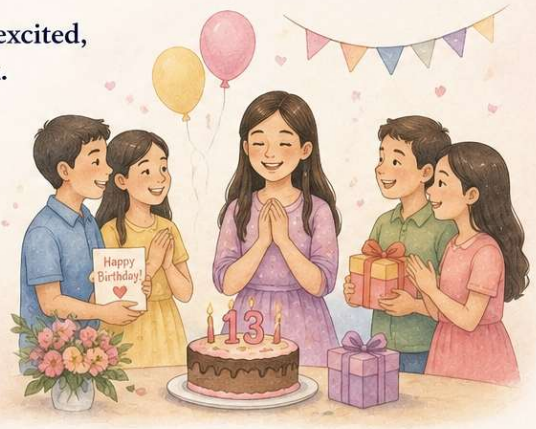
Farhan Uddin | Class: x B

An Unforgettable Day

Once upon a time, I was staying at my grandmother's home during summer vacation. It was my birthday, and I always love to celebrate my birthday with my whole family. Many guests came, including my entire group of cousins. On my special day, I thanked God for blessing me with the best family and siblings.

It was a grand celebration because it was my 13th birthday. Although I knew that all the guests and family members would come, I never expected such a grand celebration. Also, my sisters and brothers surprised me with the best gift ever. It was a handmade gift. I was so happy that someone had put in a lot of effort to make me feel special.

In the evening, I got to know that my results had come out. I was excited, nervous, and confident too. As expected, I had secured the 1st rank. This made me as well as my family even happier! This day was the best day of my life, and I will never forget it. I received so much good news and enjoyed a lot. It was truly an unforgettable day. We should always make memories and remember them, making them unforgettable.





Anika Chaudhary
VIII 'C'

Fear

It is said that before entering the sea
a river trembles with fear.
She looks back at the path she has travelled,
from the peaks of the mountains,
the long winding road crossing forests and villages

And in front of her,
she sees an ocean so vast,
that to enter
there seems nothing more than to disappear forever.

But there is no other way,
the river cannot go back.
Nobody can go back,
To go back is impossible in existence.

The river needs to take the risk
of entering the ocean,
because only then will fear disappear,

Because that's when the river will know
it is not about disappearing into the ocean,
but of becoming the ocean.

Anavika Tripathi IX B





The Courage to Begin



Every dream begins with a quiet start,
A hopeful thought inside the heart.
The road is long, the climb is steep,
But faith is stronger when we keep going.

Each fall teaches us how to rise,
Each tear clears the watching eyes.
With steady steps and honest aim,
Hard work turns effort into fame.



Parul Kumari VIII B

My Dear Mother



I love you for giving life to me,
I love you for wanting me,
And needing me by your side.

I love you for the emotions
You always understood.
I love you for making me smile
Whenever I felt sad.

I love you for the way you are,
And for how you make me smile.
But most of all, I love you,
'My Dear mother'



Shrishti Charla VA

The Gift of Togetherness

The Gathane family of six, including the grandparents, planned a special trip to Kerala to celebrate grandmother's 75th birthday. They had already bought train tickets and were packing with great excitement. A day before their departure, grandmother was busy in the kitchen preparing some snacks for the journey. While making quick movements, she accidentally slipped on the wet floor and fell down the stairs, injuring her back severely. The family rushed her to the hospital immediately. The doctors examined her and told the family that she would need complete rest for several days to recover. Hearing this news, everyone felt shocked and sad. Sadly, they had to cancel their long-planned trip to Kerala.

After five days in the hospital, the grandmother slowly recovered and was finally allowed to return home. Although the pain had reduced, the family still felt guilty for not being more careful. Soon, the grandmother realized how upset everyone was. She gently comforted them and said with a smile that sometimes mistakes happen, but what matters is the love and care of the family. To cheer her up, the family decided to celebrate her birthday at home instead. They arranged a small and warm celebration with a homemade cake, decorations, and heartfelt wishes.

The grandmother's eyes filled with tears of happiness as she saw the love of her family. Though the trip was cancelled, the day turned into a beautiful memory filled with warmth, care, and togetherness. That day, the Gathane family learned an important lesson: sometimes the greatest joy comes not from big trips, but from the love we share at home.

Aashirya Shah VII A





Education

For some it is a privilege,
For others it's a right.
The difference between darkness,
And a future that is bright.

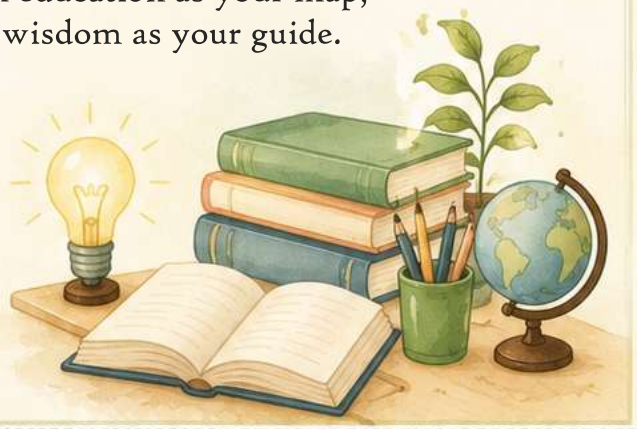
Some will think it as a burden,
Where as others see it as a gift.
The key to moving forward,
And to give your life a lift.

If school is not your calling,
Look beyond its doors.
The world can be a teacher,
Many adventures are in store.



As long as you are learning,
Your education grows.
That will lead to contributions,
As you share the things you know.

The world is waiting for your light,
To shine both far and wide.
With education as your map,
And wisdom as your guide.



ANUSHRI PATEL IX B

Smile

Smiling is infectious,
You catch it like the flu.
When someone smiles at me today,
I start smiling too.

I walked around the corner,
And someone saw me grin.
When he smiled, I knew right then
I had passed it on to him.

I thought about the smile
And then realised its worth.
A simple smile like mine
Soon could travel around the earth.



So if you feel a smile begin,
Don't leave it undetected,
Start an epidemic
And get the world infected!



LAVANYA NIRAPURE IX B

Social Awareness

"No one is useless in this world who lightens the burden of another." — By Charles Dickens

In today's modern world it is easy to get lost in screens and schedules. However, the true strength of a society lies not in its technology, but in social awareness. Social awareness is the ability to empathize with others, recognize social cues and understand the unspoken rules that govern our interactions. It teaches us the importance of empathy.

We can practice social awareness in our daily lives by inviting a classmate to join us if he or she is sitting alone or by helping elderly person in need. We should try to understand their traditions, cultures and languages. Even a small act of social awareness can bring a little happiness to anyone's life.

In conclusion, social awareness is much more than just a social skill, it is a fundamental bridge to human connection and collective progress.



"See the person, not the pattern."



Kritika Tiwari VIII C

My Favourite Season

"My favourite season is spring,"
And the positivity it must bring.
The flowers bloom and the fragrance spreads out.
The birds are seen singing aloud.

"The nature is green,"
And the trees are free.
The cold breeze comes out,
And we feel the freeze.

"I love the spring"
Because the trees are happy,
And the flowers are laughing.
The spring always brings hope.





Kanishka Koli VIII B

The Importance of English

"Dream forever, learn forever, build forever."

Learning never ends, and English is one of the best things we can have."
English is spoken everywhere, and it helps us communicate with people from other countries. It allows us to read books, use the internet, watch educational videos, and learn new ideas. Knowledge is power! English makes us brave to learn, share our thoughts, and achieve our goals.

English is more than a school subject—it's the key to a brighter future. It opens the doors to college, better jobs, and friends around the world. In this technological world, most technology, research, and online learning resources are in English, which makes it easier to learn new skills. "The more you learn, the bigger you grow." Everyday we read, write, hear, and speak English. We become more confident and ready for the future.



So, let's make English a part of our daily lives and never stop learning.
Every new word takes us one step closer to our dreams.

By: Tanish Chaturvedi
Class: X – B

A Day Without a Mobile Phone

I cannot even imagine a day without my phone. This is because so many things in our daily lives depend on mobile phones, such as watching videos on YouTube, texting on WhatsApp, and even solving problems using ChatGPT—including mathematics problems.

If I had to spend a day without my phone, I think I would engage in offline activities that I enjoy, such as playing indoor and outdoor games, gossiping with friends, chatting with my mother, and visiting friends and relatives to spend quality time with them.

I feel that such a day may never come for me. But if it ever does, I know I would probably sleep for half the day and then go outside to enjoy nature. I have experienced this before. It may feel difficult at first, but it is not impossible. In fact, I believe I can survive a day without a phone.



By: Shubhi Lodhi
Class: VIII – B

आलसी सियार



शाम्भवी चौधरी
III D

घुप अँधेरे जंगल में, रहता था एक सियार।
काम काज का बड़ा निखट्टू, खाने में होशियार।।
छीन-छीन कर सबका भोजन, खाता बारंबार।
लाख करे फिर कोशिश कोई, पकड़ नहीं आता हर बार।।
घुप अँधेरे जंगल में...

बड़ा आलसी चालबाज बस, जंगल-जंगल फिरता था।
बैठे-बैठे मिले भोज बस, यही कामना करता था।।
जंगल के राजा का चेला, खुद को वो कहता सरकार।
धौंस जमा सब को धमकाये, डांटे बारंबार।।
घुप अँधेरे जंगल में...

राजा को मालूम ना था ये, मेरा नाम है रहा बिगाड़।
नाम मेरा लेकर करता है, भोजन करने की जुगाड़।।
चली गिलहरी रपट लिखाने, करने बंटाधार।
यह सुनते ही घबराहट में, रोने लगा सियार।।
घुप अँधेरे जंगल में...

घेर सभी ने फिर सियार को, अच्छा मजा चखाया है।
बैठे-बैठे मिले ना भोजन, आज समझ में आया है।।
जंगल के राजा भी बोले, मेहनत करो सियार।
बिन मेहनत के मिले ना भोजन, समझ गए होशियार।।
घुप अँधेरे जंगल में...

सारांश: यह कविता एक आलसी और चालाक सियार के बारे में है जो दूसरों का खाना छीनकर खाता था और शेर के नाम का डर दिखाकर सबको धमकाता था। अंत में, जब उसकी शिकायत हुई और उसे सबक सिखाया गया, तो उसे समझ आया कि बिना मेहनत के कुछ हासिल नहीं होता।

एक प्रश्न है

हे प्रभु तेरी इस दुनिया में
ये **मंजर** क्यों है ?
कहीं अपनापन तो कहीं पीछे
खंजर क्यों है।

सुना है तू संसार के
हर ज़र्रे में रहता है
फिर ज़मीन पर
कहीं **मंदिर** कहीं **मस्जिद** क्यों है?

जब रहने वाले दुनिया के
हर बंदे तेरे हैं
तो फिर कोई **दोस्त** तो
कोई **दुश्मन** क्यों है?

जब तू ही लिखता है
सबका मुकद्दर
तो फिर कोई **बदनसीब** और
कोई मुकद्दर का **सिकंदर** क्यों है?



श्रेया चौरसिया
XII A

हिंदी के पाँच सुंदर सुविचार–

- "जहाँ चाह, वहाँ राह।"
- "मेहनत का फल हमेशा मीठा होता है।"
- "समय अमूल्य है, इसे व्यर्थ न गँवाएँ।"
- "सत्य की हमेशा जीत होती है।"
- "छोटी-छोटी खुशियाँ ही जीवन को सुंदर बनाती हैं।"



आराध्या सेठिया
VIII C

हिंदी में कुछ रोचक बातें

- हिंदी दुनिया की सबसे अधिक बोली जाने वाली भाषाओं में से एक है और यह भारत के साथ-साथ कई देशों में भी समझी जाती है।
- हिंदी भाषा देवनागरी लिपि में लिखी जाती है, जिसमें हर अक्षर का उच्चारण लगभग वैसा ही होता है जैसा लिखा जाता है।
- "नमस्ते" शब्द का अर्थ होता है— मैं आपके भीतर स्थित ईश्वर को नमन करता/करती हूँ।
- हिंदी में "वर्णमाला" में स्वर और व्यंजन मिलाकर कुल 52 अक्षर माने जाते हैं (पारंपरिक गणना के अनुसार)।
- हिंदी में कई शब्द संस्कृत, अरबी, फारसी और अंग्रेज़ी से आए हैं, जिससे यह भाषा और भी समृद्ध बनी है।
- हिंदी साहित्य में कबीर, तुलसीदास, प्रेमचंद और महादेवी वर्मा जैसे महान रचनाकारों का महत्वपूर्ण योगदान रहा है।
- "अ" हिंदी का पहला अक्षर है और "ज्ञ" अंतिम अक्षर माना जाता है।
- हिंदी फिल्मों (बॉलीवुड) ने भी हिंदी भाषा को दुनिया भर में लोकप्रिय बनाने में बड़ा योगदान दिया है।



कृष्णकांत शर्मा
IX A



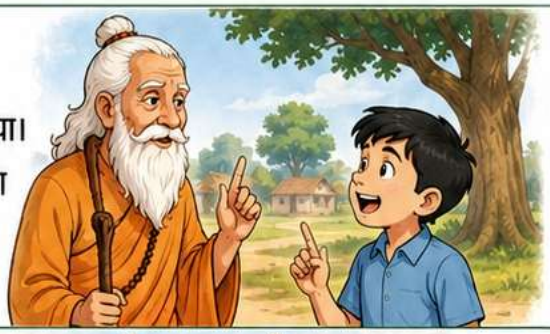
लघु कथा: सच्ची समझ



एक छोटे से गाँव में मोहन नाम का एक लड़का रहता था। वह पढ़ाई में अच्छा था, लेकिन उसे अपनी बुद्धि पर बहुत घमंड था। वह हमेशा दूसरों की बातों को अनदेखा कर देता और सोचता कि उसे सब कुछ आता है।



एक दिन गाँव में एक वृद्ध साधु आए। उन्होंने बच्चों की परीक्षा लेने का निश्चय किया। साधु ने मोहन से पूछा, "बताओ, सबसे बड़ा ज्ञान क्या है?"



मोहन ने तूरंत उत्तर दिया, "मुझे सब कुछ पता है, यही सबसे बड़ा ज्ञान है।"

साधु मुस्कुराए और उसे पास के कुएँ के पास ले गए। उन्होंने एक खाली घड़ा दिखाकर कहा, "इसमें पानी भरो।"



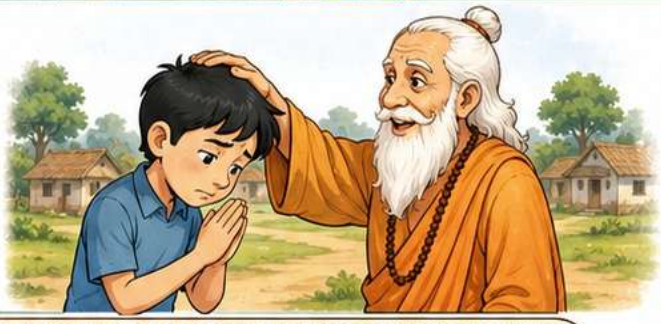
मोहन ने घड़ा भर दिया। फिर साधु ने कहा, "अब इसमें और पानी डालो।"

मोहन बोला, "यह तो पहले ही भर चुका है, इसमें और पानी नहीं आ सकता।"



साधु ने समझाते हुए कहा, "ठीक उसी तरह, जो व्यक्ति यह सोचता है कि उसे सब कुछ आता है, वह नया ज्ञान कभी नहीं सीख सकता। असली ज्ञान वही है, जो हमें विनम्र बनाए और सीखने के लिए हमेशा तैयार रखे।"

मोहन को अपनी गलती का एहसास हुआ। उसने साधु से क्षमा माँगी और निश्चय किया कि वह हमेशा विनम्र रहेगा और सीखता रहेगा।





सीख: सच्चा ज्ञान हमें विनम्र बनाता है और निरंतर सीखने की प्रेरणा देता है।

पर्व जैन
VIII C

हिंदी के सम्मान में



हिंदी केवल एक भाषा नहीं, बल्कि हमारी संस्कृति, परंपरा और पहचान का प्रतीक है। यह भाषा हमें एक-दूसरे से जोड़ती है और हमारे विचारों को सरलता से व्यक्त करने का माध्यम बनती है।

हिंदी का इतिहास समृद्ध है और इसमें महान साहित्यकारों ने अमूल्य रचनाएँ दी हैं। कबीर, तुलसीदास, प्रेमचंद और महादेवी वर्मा जैसे लेखकों ने हिंदी को नई ऊँचाइयों तक पहुँचाया है। उनकी रचनाएँ आज भी हमें प्रेरणा देती हैं।

आज के आधुनिक युग में, जहाँ अंग्रेजी का प्रभाव बढ़ रहा है, वहाँ हिंदी का सम्मान और भी आवश्यक हो जाता है। हमें अपनी मातृभाषा पर गर्व होना चाहिए और इसे अपने दैनिक जीवन में अधिक से अधिक अपनाना चाहिए।

हिंदी हमें अपनी जड़ों से जोड़े रखती है और हमारी पहचान को मजबूत बनाती है। इसलिए, हमें हिंदी का सम्मान करना चाहिए, इसका प्रचार-प्रसार करना चाहिए और आने वाली पीढ़ियों तक इसकी महत्ता पहुँचानी चाहिए।

"हिंदी है हम, वतन है हिंदुस्तान हमारा।"



अविशी शर्मा
X B

सुभाषितानि

1. आलस्यं हि मनुष्याणां
शरीरस्थो महान् रिपुः।
नास्त्युद्यमसमो बन्धुः
कृत्वा यं नावसीदति ।।



अनुवाद : आलस्य ही मनुष्यों के शरीर में रहने वाला सबसे बड़ा शत्रु है। परिश्रम के समान उसका कोई मित्र नहीं होता जिसको करके वह दुःखी नहीं होता अर्थात् सुखी होता है।

2. गुणी गुणं वेत्ति न वेत्ति निर्गुणो
बली बलं वेत्ति न वेत्ति निर्बलः।
पिको वसन्तस्य गुणं न वायसः,
करी च सिंहस्य बलं न मूषकः।।



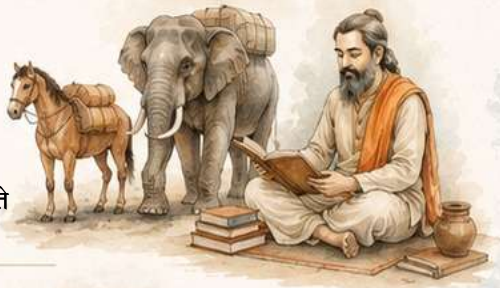
अनुवाद : गुणवान् व्यक्ति गुण को जानता है, गुणहीन नहीं जानता। बलवान व्यक्ति बल को जानता है, निर्बल नही जानता। कोयल वसंत के गुण को जानती है कौआ नहीं जानता और सिंह के बल को हाथी जानता है, चूहा नही जानता।

3. निमित्तमुद्दिश्य हि यः प्रकुप्यति
ध्रुवं स तस्यापगमे प्रसीदति ।
अकारणद्वेषि मनस्तु यस्य वै,
कथं जनस्तं परितोषयिष्यति ।।



अनुवाद : जो व्यक्ति किसी कारण के उद्देश्य से ही क्रोध करता है। निश्चित रूप से उस कारण के समाप्त होने पर वह प्रसन्न हो जाता है, जिसका मन बिना किसी कारण के द्वेष करता है उसको व्यक्ति कैसे संतुष्ट करोगे ?

4. उदीरितोऽर्थःपशुनापि गृह्यते,
हयाश्च नागाश्च वहन्ति बोधिताः।
अनुक्तमप्यूहति पंडितो जनः,
परेङ्गितज्ञानफला हि बुद्धयः ।।



अनुवाद : अनकहे हुए का अर्थ पशु से भी ग्रहण कर लिया जाता है, घोड़े एवं हाथी भी कहे जाने पर भार वहन कर लेते हैं। विद्वान् लोग बिना कहे ही बात का अनुमान लगा लेते हैं, बुद्धियाँ दूसरों के संकेत से उत्पन्न ज्ञानरूपी फल वाली होती हैं।

5. क्रोधो हि शत्रुःप्रथमो नराणां,
देहस्थितो देह विनाशनाय।
यथा स्थितः काष्ठगतो हि वह्निः,
स एव वह्निर्दहते शरीरम्।।



अनुवाद : मनुष्य के शरीर में रहने वाला क्रोध ही शरीर को नष्ट करने के लिए पहला शत्रु है, जैसे लकड़ी में स्थित आग उसे जलाने का कारण होती है, वही (क्रोध रूपी अग्नि) आग शरीर को भी जलाती है।



लावण्या निरापुरे
कक्षा = दसवीं बा

सुभाषितानि

1. मृगाः मृगैः सङ्गमनुव्रजन्ति, गावश्च गोभिः तुरङ्गास्तुरङ्गैः।
मूर्खाश्च मूर्खैः सुधियः सुधीभिः, समान-शील-व्यसनेषु सख्यम।।



अनुवाद : हिरण, हिरणों के साथ पीछे-पीछे चलते हैं। गाय, गायों के साथ, घोड़े, घोड़ों के साथ, मूर्ख, मूर्खों के साथ, बुद्धिमान, बुद्धिमानों के साथ जाते हैं। समान आचार (व्यवहार) एवं स्वभाव वालों में परस्पर मित्रता होती है।

2. सेवितव्यो महावृक्षः फलच्छाया समन्वितः ।
यदि दैवात् फलं नास्ति छाया केन निवार्यते।।



अनुवाद : फल एवं छाया से युक्त महान् वृक्ष का आश्रय करना (आश्रयलेना) चाहिए।संयोगवश यदि फल नहीं हैं तो भी छाया किसके द्वारा रोकी जाएगी? अर्थात् किसी के द्वारा नहीं।

3. अमन्त्रमक्षरं नास्ति, नास्ति मूलमनौषधम्।
अयोग्यः पुरुषः नास्ति, योजकस्तत्र दुर्लभः।।



अनुवाद : मंत्र से हीन कोई अक्षर नहीं है, औषधि से हीन कोई जड़ नहीं है। योग्यता से हीन कोई पुरुष नहीं है। वहाँ (व्यक्तियों एवं वस्तुओं) से जोड़ने वाला दुर्लभ है

4. संपत्तौ च विपत्तौ च महतामेकरूपता।
उदये सविता रक्तो रक्तश्चास्तमये तथा।।



अनुवाद : संपत्ति और विपत्ति में अर्थात् धनवान् होने पर और धनहीन होने पर महान् लोग समान रहते हैं।जैसे सूर्य उदय होते हुए लाल एवं अस्त होते हुए भी लाल रंग का ही होता है।

5. विचित्रे खलु संसारे नास्ति किञ्चिन्निरर्थकम् ।
अश्वश्चेद् धावने वीरः भारस्य वहने खरः ।।



अनुवाद : इस विचित्र संसार में कुछ भी निरर्थक नहीं है। यदि घोड़ा दौड़ने में वीर है तो गधा भार ढोने में निपुण होता है । इस संसार में सबका अपना अपना महत्व है।



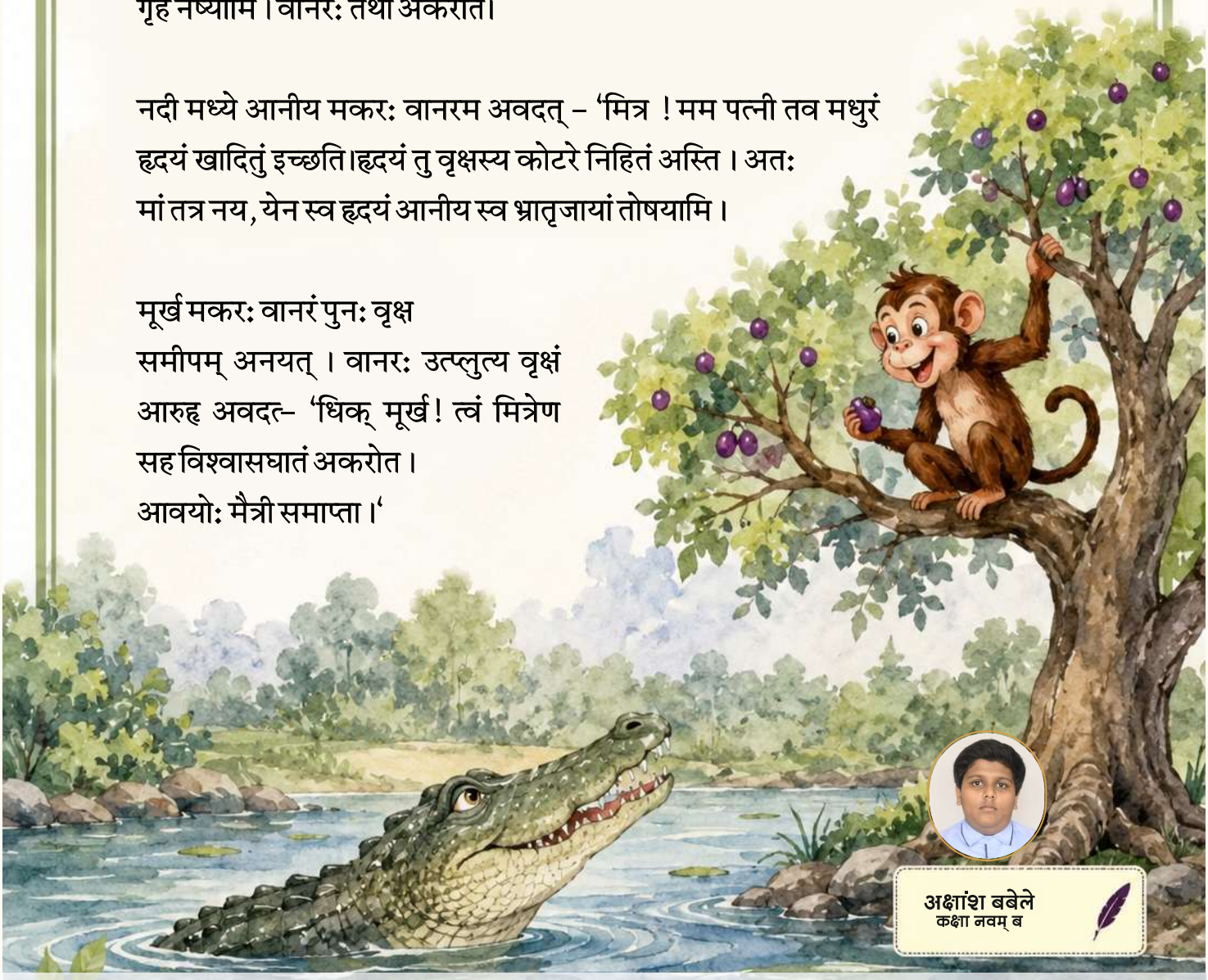
अनुश्री पटेल
कक्षा : दसवीं बा

वानरस्य चातुर्यम्

नदीतटे एकस्मिन् जम्बू वृक्षे एकः रक्तमुखः वानरः प्रति वसति स्म । सः जम्बू-फलानि खादति स्म । नद्याः जले एकः मकरः तस्य मित्रम् आसीत् । एकदा मकरः स्व पत्न्यै जम्बू फलानि अददात् । मधुराणि जम्बू-फलानि खादित्वा मकरीः प्रायः -मधुराणि फलानि खादित्वा वानरस्य हृदयम् मधुर भविष्यति, तर्हि आनय तस्य मित्रस्य हृदयम् । मकरः तीरम् आगत्य वानरम् अवदत- 'बन्धो ! तव भ्रातृजाया त्वां गृहे निमंत्रयति।' अहम् त्वां पृष्ठे धृत्वा गृहं नेष्यामि । वानरः तथा अकरोत।

नदी मध्ये आनीय मकरः वानरम अवदत् – 'मित्र ! मम पत्नी तव मधुरं हृदयं खादितुं इच्छति।हृदयं तु वृक्षस्य कोटरे निहितं अस्ति । अतः मां तत्र नय, येन स्व हृदयं आनीय स्व भ्रातृजायां तोषयामि ।

मूर्ख मकरः वानरं पुनः वृक्ष समीपम् अनयत् । वानरः उत्प्लुत्य वृक्षं आरुह अवदत- 'धिक् मूर्ख! त्वं मित्रेण सह विश्वासघातं अकरोत । आवयोः मैत्री समाप्ता ।'



अक्षांश बबेले
कक्षा नवम् ब

अहो ! काकस्य मूर्खता !

एकः जलाशयः अस्ति । जलाशये हंसः विहरति । जलाशयस्य तीरे वृक्षः अस्ति। काकः हंसं पश्यति । सः चिन्तयति "हंसः सर्वदा जलाशये भवति । अतः हंसस्य वर्णः श्वेतः । अहं कृष्णः अस्मि । अहं स्नानं करोमि। अहम् अपि श्वेतः भवामि ।"

अनन्तरं वायसः सलिलाशयं गच्छति । जलेन शरीरं प्रक्षालयति । पाषाणखण्डेन शरीरं वारं वारं मार्जयति । पुनः पुनः स्नानं करोति । तथापि काकः कृष्णः एव अस्ति । परन्तु देहे तीव्रा वेदना भवति ।

काकः कृष्णः एव अस्ति, श्वेतः न भवति । अन्धानुकरणं विनाशकारणम् इति काकः अवगच्छति ।

अन्धानुकरणं विनाशकारणम् ।



लक्ष्मी खैरनार
कक्षा नवमी अ

പുലരി

പുലരിയിൽ പൊൻകതിർ
തൂവിയെത്തും
സൂര്യൻ ഉണരും നേരമപ്പോൾ
പാരിൽ പുത്തനുണർവിൽ
ചൈതന്യ -മെങ്ങും കാണായി വന്നു
ഉഷസ്സിൻ നൈർമല്യം ഏറ്റുവാങ്ങാൻ
കൺതുറക്കും ചെറു കുസുമങ്ങളും
നറു മധു ഉണ്ണുവാൻ കൊതിയോടെ
പാറും കരിവണ്ടുകളും കാണാം
കിളികൾ തൻ കള കള പൂജനങ്ങൾ
ഉഷസ്സിനെ വരവേൽക്കും ഗീതമായി
പുതു സൗരഭ്യം തൂകും കുസുമങ്ങൾ
ഉഷസ്സിനെ വരവേൽക്കും
പൂച്ചെണ്ടുകളായി...



Nikhita Vimal
XII B

സൂര്യനുംചന്ദ്രനും
സൂര്യൻവന്നുചിരിക്കും
സ്വർണ്ണവെളിച്ചംതൂകും
പകൽസമയംതെളിയും
ലോകംമുഴുവൻചിരിക്കും

ചന്ദ്രൻവന്നുതെളിയും
തണുത്തവെളിച്ചംതരും
രാത്രിയിൽനമ്മെകാത്ത്
മനസ്സിന്ശാന്തിതരും

സൂര്യനുംചന്ദ്രനുംചേർന്ന്
നമ്മുടെലോകംനയിക്കും
പകലുംരാത്രിയുംമാറി
ജീവിതംസുന്ദരംആക്കും



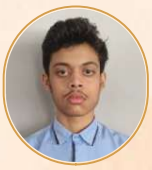
Rahuldev S.
II C

ചെറുകഥ

അമ്മ

രാമുവിന് ഒരിക്കലും അവൻറെ അമ്മ ഉണ്ടാക്കുന്ന ഭക്ഷണം ഇഷ്ടമില്ലായിരുന്നു കൂട്ടുകാരുടെ വീട്ടിലും ബന്ധുവീട്ടുകളിലും പോയി ആസ്വദിച്ചു കഴിക്കുന്ന ഭക്ഷണത്തെക്കുറിച്ച് അവനെപ്പോഴും വാചാലമാകുമായിരുന്നു. അമ്മ എന്താ അതുപോലെ ഉണ്ടാക്കാൻ ശ്രമിക്കാത്തത്. എന്തു സ്വാദിഷ്ടമായ ഭക്ഷണം തയ്യാറാക്കും അപ്പുവിന്റെ അമ്മ. "എല്ലാവരും വച്ചാൽ ഒരുപോലെ ആകില്ലല്ലോ മോനേ". ഇതായിരുന്നു അമ്മയുടെ മറുപടി. കാലങ്ങൾ കഴിഞ്ഞു. രാമു വിവാഹിതനായി. ആദ്യമാദ്യം ഭാര്യയുണ്ടാക്കുന്ന ഭക്ഷണം രാമു ആസ്വദിച്ചു കഴിച്ചു. സ്വന്തം വീട്ടിൽ അമ്മ ഉണ്ടാക്കുന്ന ഭക്ഷണം ഇഷ്ടം ഇല്ലാത്ത രാമു ഒരു ദിവസം ഭാര്യയോട് ആയിപറഞ്ഞു എൻറെ അമ്മ നല്ല രുചിയുള്ള ഭക്ഷണം തയ്യാറാക്കും. ഇന്നത്തെ ഭക്ഷണം അമ്മ തയ്യാറാക്കട്ടെ. അങ്ങനെ അന്നേദിവസം അമ്മയുണ്ടാക്കിയ ഭക്ഷണം കഴിച്ചു. ഇന്ന് ആദ്യമായാണ് അമ്മ ഇത്രയും സ്വാദിഷ്ടമായ ഭക്ഷണം ഉണ്ടാക്കിയത് എന്ന് മനസ്സിൽ ഓർത്തു വിക്കി വിക്കി പറയാൻ ശ്രമിച്ചു. അമ്മ ചോദിച്ചു, എന്താ മോനെ ? ഒന്നുമില്ല! അമ്മ നന്നായി പാചകം ചെയ്യും, അമ്മ ഉണ്ടാക്കുന്ന ഭക്ഷണം എല്ലാവർക്കും വലിയ ഇഷ്ടമാണ് എന്ന് ഭാര്യയോട് ആയി പറഞ്ഞു.





Mayookh Nair
XII C

വേരുകൾ കേരളത്തിൽ, ചിറകുകൾ HEMA-യിൽ

കേരളത്തിൽ നിന്ന് ഭോപ്പാലിലേക്ക് താമസം മാറിയപ്പോൾ ആറാം ക്ലാസ്സ് വിദ്യാർത്ഥി ആയ എനിക്ക് ഒരുപുതിയസ്കൂളിനെക്കുറിച്ച്ഏറെആശങ്കകൾ ഉണ്ടായിരുന്നു. എന്നാൽ HEMA ഹയർ സെക്കൻഡറിസ്കൂളിൽ ചേർന്നതോടെ ആ ആശങ്കകളെല്ലാംആവേശമായിമാറി.ക്ലാസ്സിൽ ചെന്നപ്പോൾ ആദ്യംഅറിഞ്ഞകാര്യം, ഈ സ്കൂ ളിന് കേരളവുമായിആഴത്തിലുള്ള ഒരുബന്ധമുണ്ടെന്നാണ്. 1973-ൽ ഭോപ്പാലിലെ BHEL ടൗൺഷിപ്പിൽ താമസിച്ചിരുന്നമലയാളികുടുംബങ്ങൾ ചേർന്നാണ് ഈ സ്കൂൾ സ്ഥാപിച്ചത്.അതുകൊണ്ട്ഇവിടെമലയാളംഒരുവിഷയമായിപഠിക്കാൻ കൂടിഅവസരമുണ്ടെന്ന്അറിഞ്ഞപ്പോൾ ആശ്വാസമായി. നാട്ടിലെഭാഷപൂർണമായിമറന്നുപോകില്ലല്ലോഎന്നചിന്തമനസ്സിന്സമാധാനം തന്നു.

പഠനത്തിനായിഒരുക്കിയിരിക്കുന്നസൗകര്യങ്ങൾ എന്നെഅത്ഭുതപ്പെടുത്തി. വിശാലവുംവായുസഞ്ചാരവുമുള്ള ക്ലാസ്സ് മുറികൾ, അറിവിന്റെ നിധിയായഗ്രന്ഥശാല, ശാസ്ത്ര-കമ്പ്യൂട്ടർ ലബോറട്ടറികൾ എന്നിവഓരോദിവസവുംപുതിയകാര്യങ്ങൾ പഠിക്കാനു ള്ളആകാംക്ഷ വർധിപ്പിക്കുന്നു. ടാറ്റക്ലാസ് എഡ്യൂവിന്റെ സഹകരണത്തോടെ പ്രവർത്തിക്കുന്ന



ആർട്ടിഫിഷ്യൽ ഇന്റലിജൻസ്, റോബോട്ടിക്സ്ലാബ് ഈ വിദ്യാലയത്തിന്റെ അഭിമാനമാണ്.

ഈ വിദ്യാലയത്തിൽ പഠനത്തിനൊപ്പം കല, സംഗീതം, നൃത്തം, ചിത്രരചന, കായികരംഗം എന്നിവയ്ക്കുംഒരുപോലെപ്രാധാന്യമുണ്ട്. പ്രത്യേകആർട്ട്ക്ലാസ്, സംഗീത-നൃത്തമുറികൾ, സംഗീതപരിശീലനത്തിനും,പരിപാടികൾക്കുമായിമനോഹരമായ ആംഫിതിയേറ്റർ, ഇൻഡോർ-ഔട്ട്ഡോർ കളിസ്ഥലങ്ങൾ, പരിശീലകരുടെനേതൃത്വത്തിലുള്ള കായികപരിശീലനം എന്നിവഓരോവിദ്യാർത്ഥിയുടെയും കഴിവുകൾ കണ്ടെത്താനും വളർത്താനും സഹായിക്കുന്നു.

വിദ്യാർത്ഥികളുടെസൗകര്യത്തിനുംസുരക്ഷയ്ക്കുംഇവിടെപ്രത്യേകശ്രദ്ധനൽകുന്നു. ശുദ്ധമായകുടിവെള്ളം, വൃത്തിയുള്ളശുചിമുറികൾ, കാന്റീൻ, ആരോഗ്യപ്രശ്നങ്ങൾ ഉണ്ടായാൽ വിശ്രമിക്കാനുള്ളസിക്ക്റൂംഎന്നിവസ്കൂൾ ജീവിതത്തെകൂടുതൽ സന്തോഷകരമാക്കുന്നു.

ഭോപ്പാലിലേക്കുള്ള സ്ഥലം മാറ്റം ഒരുവെല്ലുവിളിയായിരുന്നെങ്കിലും, HEMA ഹയർ സെക്കൻഡറിസ്കൂൾ ആ മാറ്റത്തെഒരുഅവസരമാക്കിമാറ്റി. പുതിയസാങ്കേതികവിദ്യകൾ പഠിക്കാനും, കായികരംഗത്തും കലാരംഗത്തും മികവ്നേടാനും, ഒപ്പംസ്വന്തംഭാഷയോടും വേരുകളോടുംഅടുപ്പംനിലനിർത്താനും ഈ സ്കൂൾ എനിക്ക്അവസരംതന്നു. ദൂരെയാണെങ്കിലും, ഇന്ന്ഇത്എന്റെ രണ്ടാമത്തെ വീടായിമാറിക്കഴിഞ്ഞു.

സ്കൂളിന്റെ ചിഹ്നത്തിൽ ആലേഖനംചെയ്തിരിക്കുന്ന "തമസോമാജ്യോതിർഗമയ" എന്നസന്ദേശംഅജ്ഞാനത്തിൽ നിന്ന്അറിവിന്റെ വെളിച്ചത്തിലേക്കുള്ള യാത്രയെ നമ്മെഓർമ്മിപ്പിക്കുന്നു. "സത്യമേവജയതേ" എന്നമഹത്തായസന്ദേശം സത്യസന്ധതയുടെ മൂല്യംപഠിപ്പിക്കുന്നു.

"അറിവുംഅച്ചടക്കവുംആത്മവിശ്വാസവുംഒരുമിച്ചു വളർത്തുന്ന എന്റെ പ്രിയ വിദ്യാലയമാണ് **ഹേമ ഹയർസെക്കൻഡറിസ്കൂൾ.**



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डॉ. राकेश सिंह जगत



एम.बी.बी.एस., एम. डी. (मेडिसिन)

कनस्लटिंग फिजिशियन, कार्डियोलोजिस्ट एवं डायबिटोलोजिस्ट

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विशेषज्ञता

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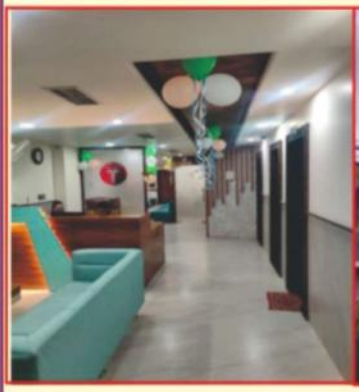





साईधाम क्लीनिक

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मो. 9755373004

उपलब्ध सुविधा :

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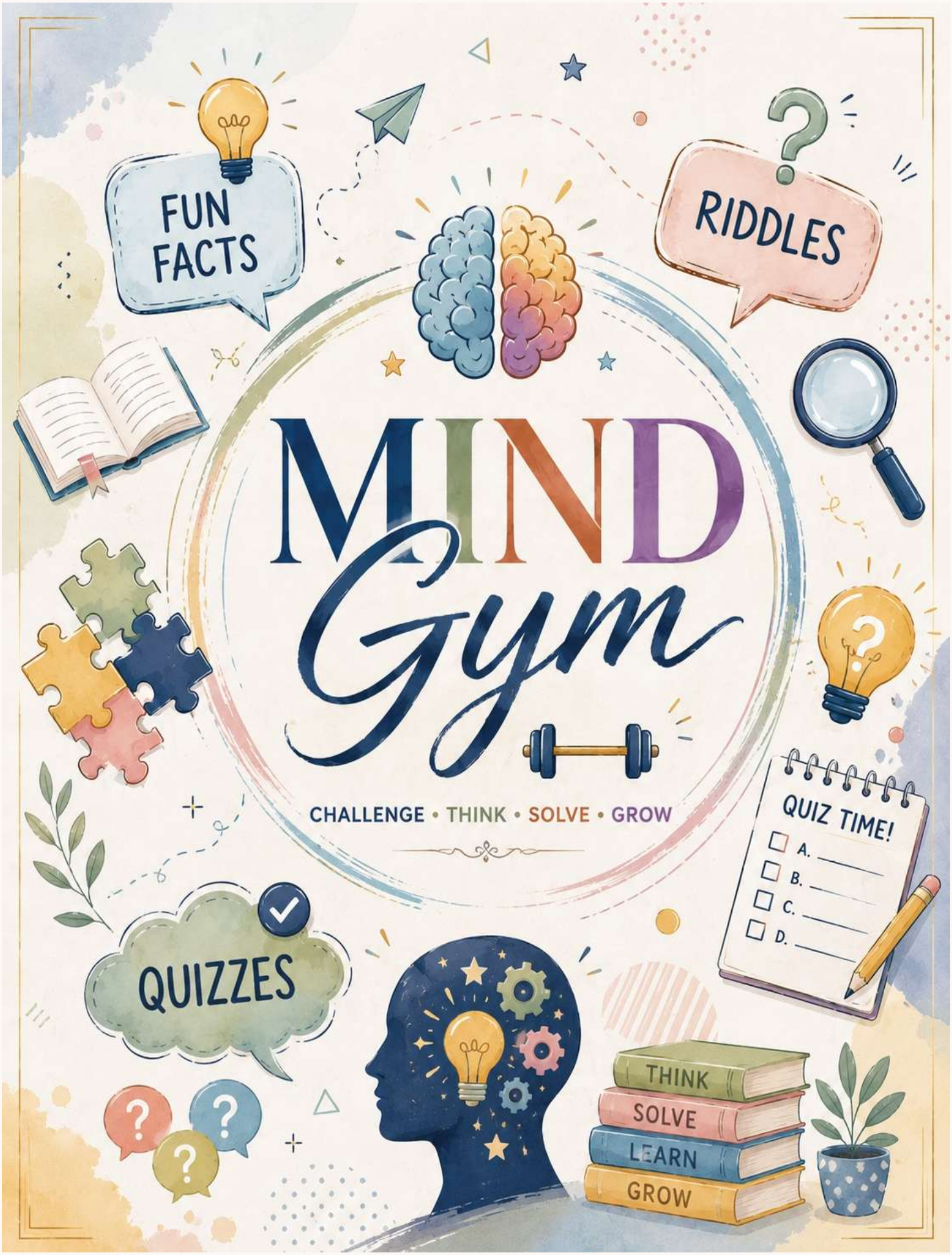
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Amazing Facts

★ Water can boil and freeze at the same time. This phenomenon is known as the triple point, where temperature and pressure conditions allow water to exist as a solid, liquid, and gas simultaneously.

★ Octopuses have three hearts. Two hearts pump blood through the gills, and one heart pumps it to the rest of the body.

★ The Pyramids of Giza are over 4,500 years old and are one of the Seven Wonders of the Ancient World.

★ The Berlin Wall stood for 28 years, from 1961 to 1989, symbolizing the Cold War division between East and West Germany.

★ The Taj Mahal was built by Emperor Shah Jahan in memory of his wife Mumtaz Mahal. It took about 22 years to complete.

★ The Great Wall of China is over 21,000 kilometres long and was built to protect China from invasions.



Aarush Dwivedi | IIID.

हिंदी चुटकुले

टीचर: बताओ, सबसे ज्यादा खुश कौन रहता है?

स्टूडेंट: वो, जिसे पता ही नहीं होता कि कल टेस्ट है!



पत्नी: सुनो जी, अगर मैं खो जाऊँ तो आप क्या करोगे?

पति: मैं अखबार में इश्तिहार दूँगा।

पत्नी: क्या लिखोगे?

पति: "जो भी मेरी पत्नी को ढूंढ ले, वही रख ले!" 😀



टीचर: "I am going" का हिंदी में क्या होगा?

स्टूडेंट: मैं जा रहा हूँ।

टीचर: "He is going" का?

स्टूडेंट: वो भी जा रहा है, उसे भी रोक लो! 😂

डॉक्टर: तुम्हें आराम की जरुरत है, कुछ दिन काम मत करो।

मरीज: लेकिन डॉक्टर साहब, मैं तो बेरोजगार हूँ!

डॉक्टर: फिर तो तुम बिल्कुल ठीक हो! 😀





दो दोस्त बात कर रहे थे—

पहला: यार, मेरी नींद नहीं पूरी होती।

दूसरा: क्यों?

पहला: मोबाइल रात भर चार्ज करता हूँ, खुद नहीं हो पाता! 😆



आस्था मेहरा
IX B

RIDDLES ?

Think. Smile. Solve.

Riddles are fun little puzzles for our minds.
They make us think in new and clever ways!

1 I have keys but no locks.
I have space but no room.
You can enter, but
you can't go outside.
Who am I?



2 The more you take,
the more you leave behind.
What am I?



3 I speak without a mouth
and hear without ears.
I have nobody, but
I come alive with wind.
What am I?



4 I have hands but
cannot clap.
I have numbers but
cannot count.
What am I?



5 I come from a mine
and get surrounded
by wood always.
Everyone uses me.
What am I?



6 I have cities, but no houses.
I have forests, but no trees.
I have rivers, but no water.
What am I?



7 The more of this there is,
the less you see.
What is it?



8 I'm light as a feather,
yet the strongest person
can't hold me for long.
What am I?



9 I can run but cannot walk.
I can fly but have no wings.
I can cry but have no eyes.
What am I?



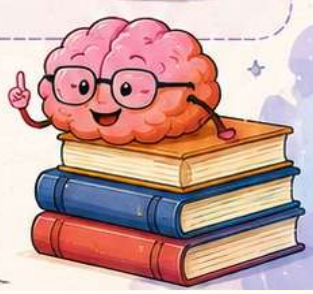
10 I have a face and
two hands, but no arms
or legs.
What am I?



Did you know?

Riddles boost our thinking, creativity and problem-solving skills!

Keep thinking...
the answer is always
in your mind!



Harshdeep Singh Bagga, IX B

Amazing FACTS of the WORLD and Things

Little facts, big wonders!

EARTH

Earth is the only planet not named after a god.



It takes 365.25 days for Earth to go around the Sun.

HONEY

Honey never spoils! Archaeologists have found pots of honey in ancient tombs that are over 3,000 years old and still edible.



PLANTS

Bamboo is the fastest-growing plant in the world. It can grow up to 91 cm (35 in) in just one day!



OCTOPUS

Octopuses have three hearts and blue blood!



MOUNT EVEREST

Mount Everest is the tallest mountain in the world, standing at 8,849 meters (29,032 feet)!



BANANAS

Bananas are berries, but strawberries are not!



LIGHTNING

A bolt of lightning is five times hotter than the surface of the Sun!



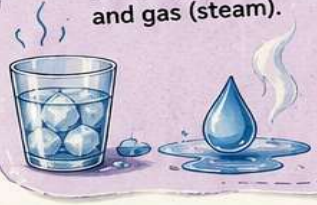
THE GREAT WALL OF CHINA

It is not visible from the Moon with the naked eye!



WATER

Water can exist in three forms at the same time: solid (ice), liquid (water), and gas (steam).



DID YOU KNOW?

There are more stars in the universe than grains of sand on all the beaches on Earth!



The world is full of amazing things, keep exploring!

Kashish Rai
XII A

"A world of words, a world of opportunities."

Fun Facts ABOUT ENGLISH LANGUAGE





"Language is the road map of a culture. It tells you where its people come from and where they are going."

W O R D S

01 A GLOBAL LANGUAGE

English is spoken by over 1.5 billion people worldwide. It is the most widely used language for international communication.



02 FULL OF WORDS!

English has one of the largest vocabularies of any language with over 171,000 words in use today and more are added every year!





NOT NATIVE, STILL UNIVERSAL

English is not the native language of most people who speak it. It is the official or second language in many countries.

04 SHORT & SWEET

The shortest complete sentence in English is *"I am."*



05 BORROWED & BLENDED

English has borrowed words from over 350 languages including French, Latin, Hindi, Arabic and many more!



06 ALWAYS EVOLVING

New words are added to the English dictionary every year! (Around 1000+ new words annually.)



07 LITERATURE POWER

English is the language of many famous works of literature, from Shakespeare to J.K. Rowling.



08 CONNECTS THE WORLD

English is the key in fields like science, technology, business, aviation and entertainment bringing the world closer together.





English is not just a language, it's a bridge to endless possibilities.

Yogita Rai
9th B

SCIENCE

FUN FACTS

Discover the wonders of our world!

1 THE UNIVERSE IS HUGE!

The observable universe is about 93 billion light-years in diameter!



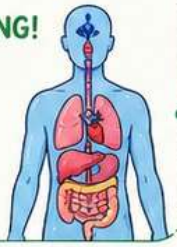
2 WATER IS UNIQUE!

Water is the only substance that exists naturally in three states: solid, liquid, and gas.



3 THE HUMAN BODY IS AMAZING!

Your body contains about 37.2 trillion cells—each working hard to keep you alive!



4 PLANTS ARE LIFE-SUPPORTERS!

Plants produce their own food using sunlight, water and carbon dioxide through a process called photosynthesis.



5 LIGHTNING IS HOTTER THAN THE SUN!

A bolt of lightning can reach temperatures of up to 30,000°C—five times hotter than the surface of the Sun!



6 HONEY NEVER SPOILS!

Archaeologists have found pots of honey in ancient tombs that are over 3,000 years old and still edible!



7 OCTOPUSES HAVE THREE HEARTS!

Two hearts pump blood to the gills, while the third pumps it to the rest of the body.



8 SCIENCE IMPROVES OUR LIVES EVERY DAY!

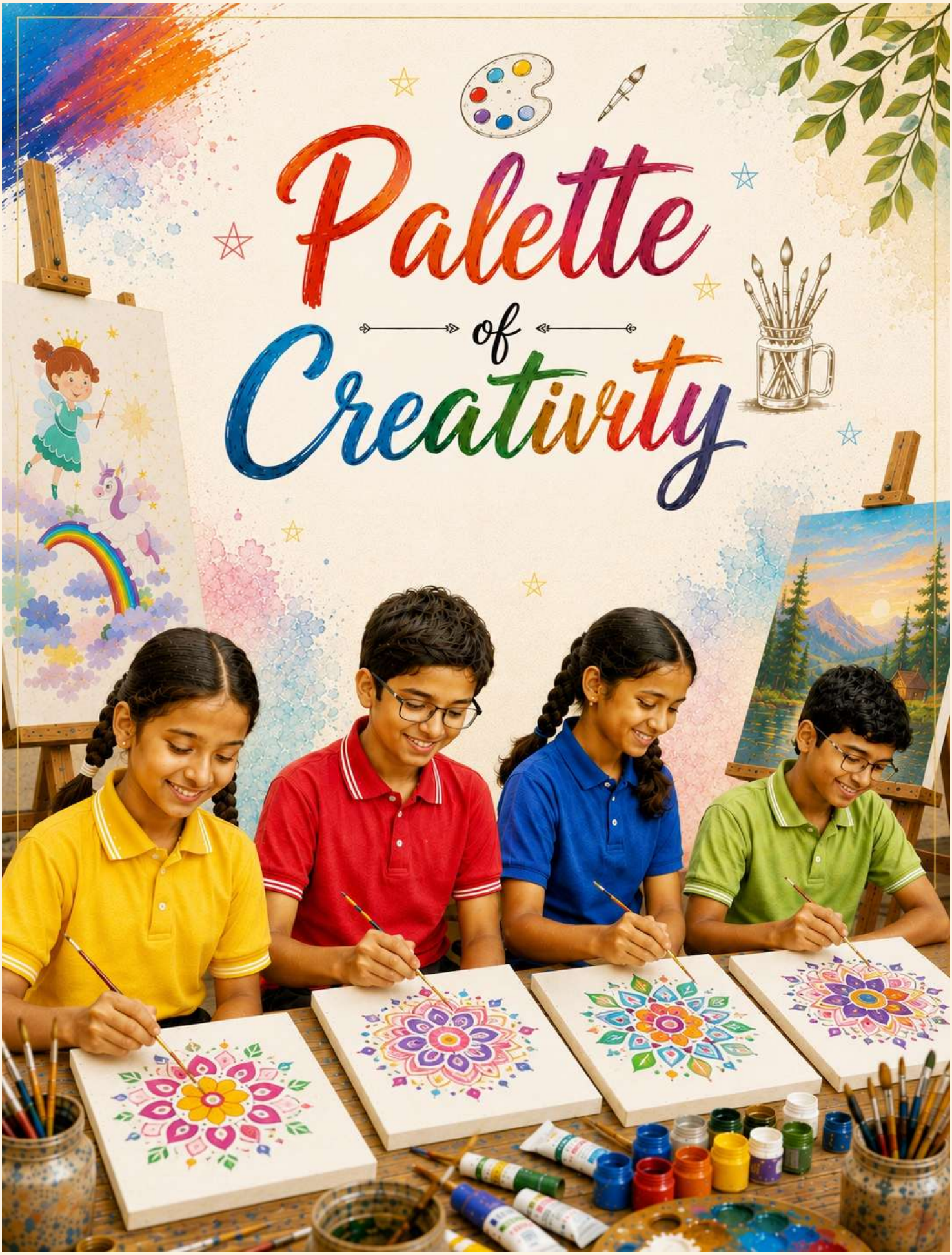
From medicines and vaccines to technology and transport, science makes our world better, safer and smarter!



"Science is all around us. Stay curious, keep questioning and never stop exploring!"



Pari Sahu, XII B


Palette
of
Creativity

“

Art is not what you see, but what you make others see.



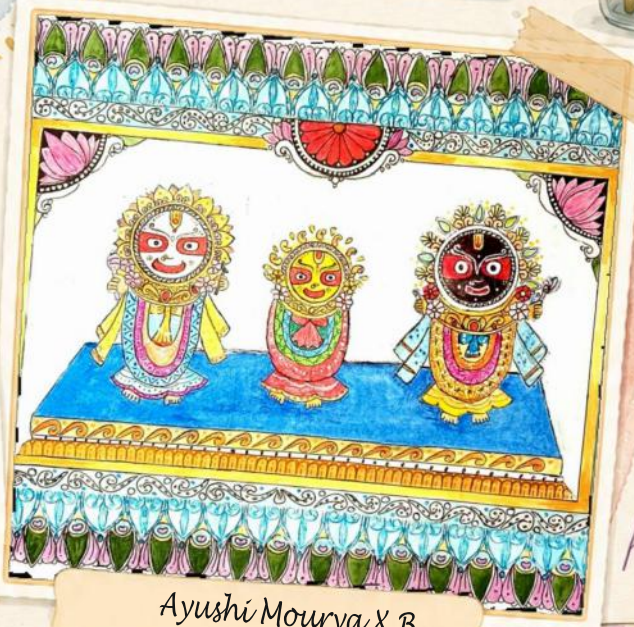
Aryan K. Borasi X B



Aashirya Shah VIII A



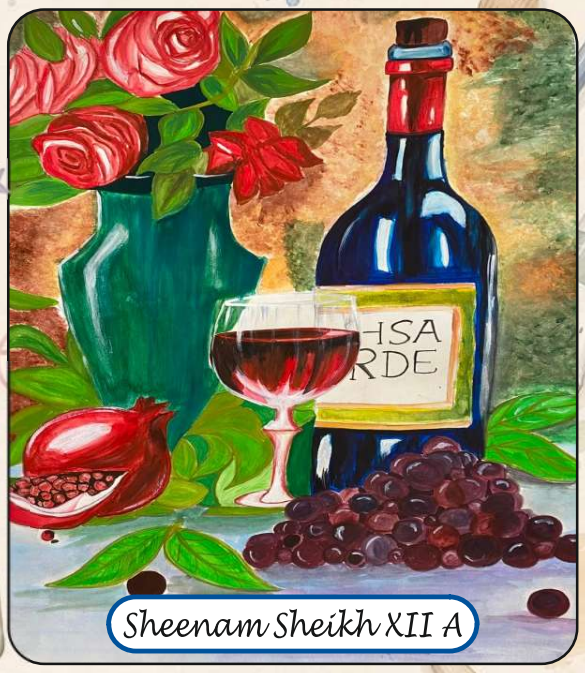
Kavya Mehra VIII C



Ayushi Mourya X B



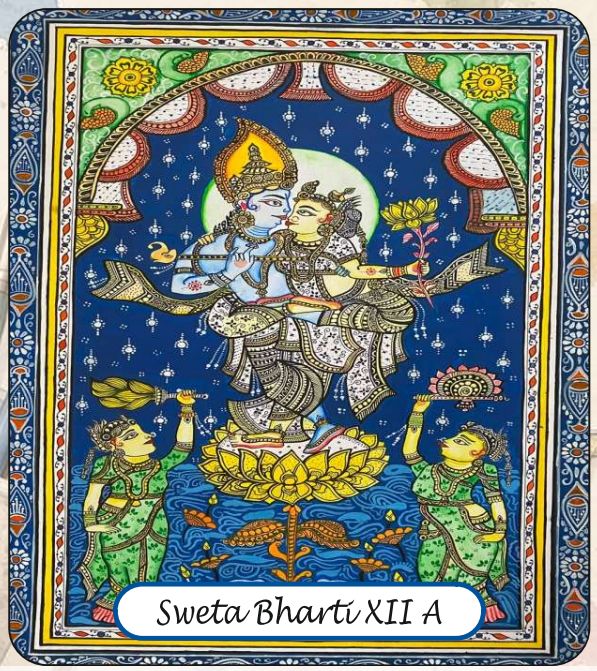
Vanshika Verma XII A



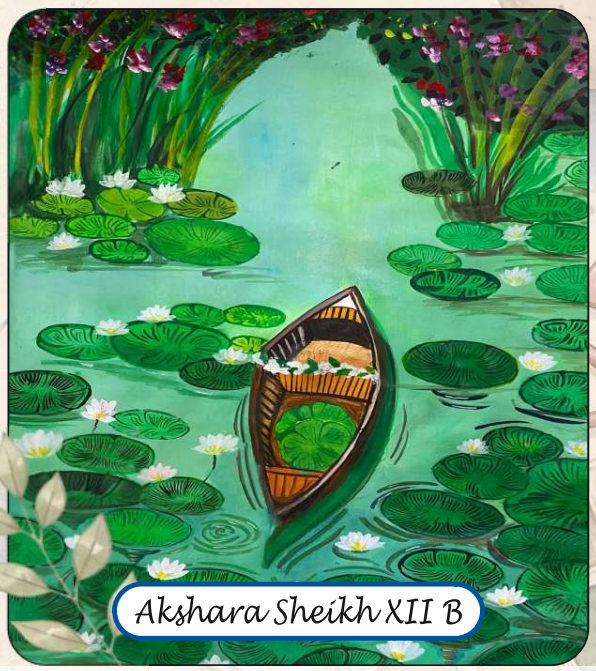
Sheenam Sheikh XII A



Kashish Rai XII A



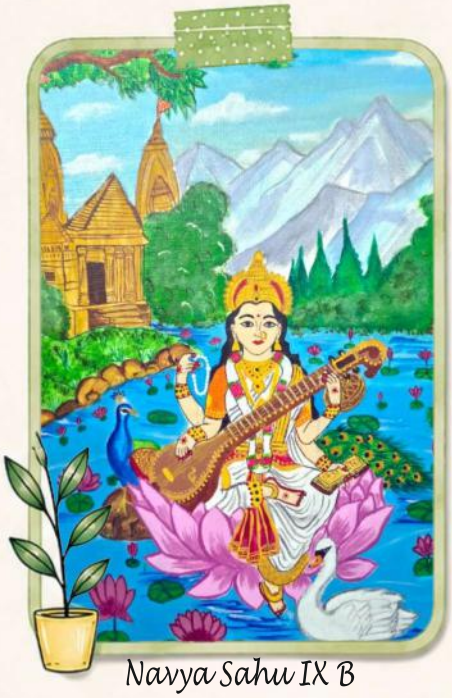
Sweta Bharti XII A



Akshara Sheikh XII B

- Young Minds -
Creative Hands

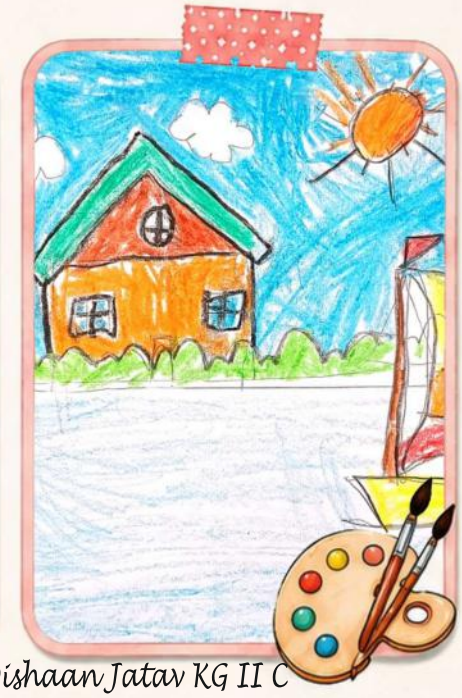
• A Canvas of Imagination •



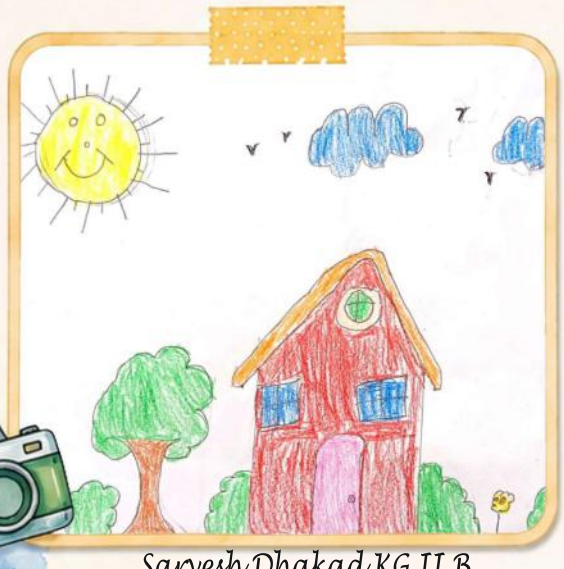
Navya Sahu IX B



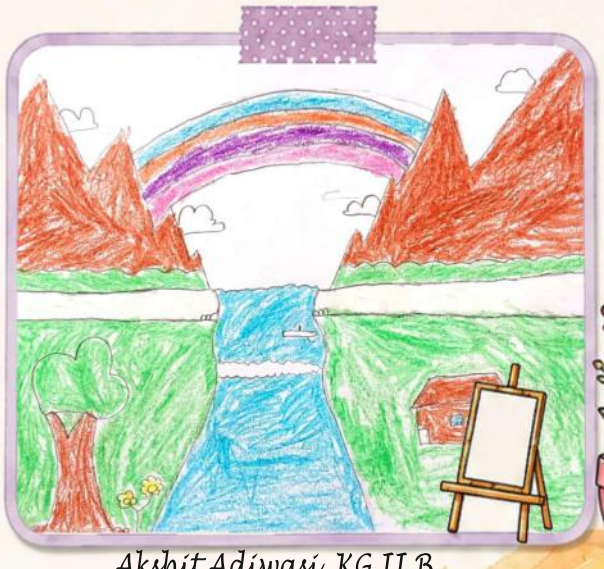
Navya Sahu IX B



Dishaan Jatav KG II C



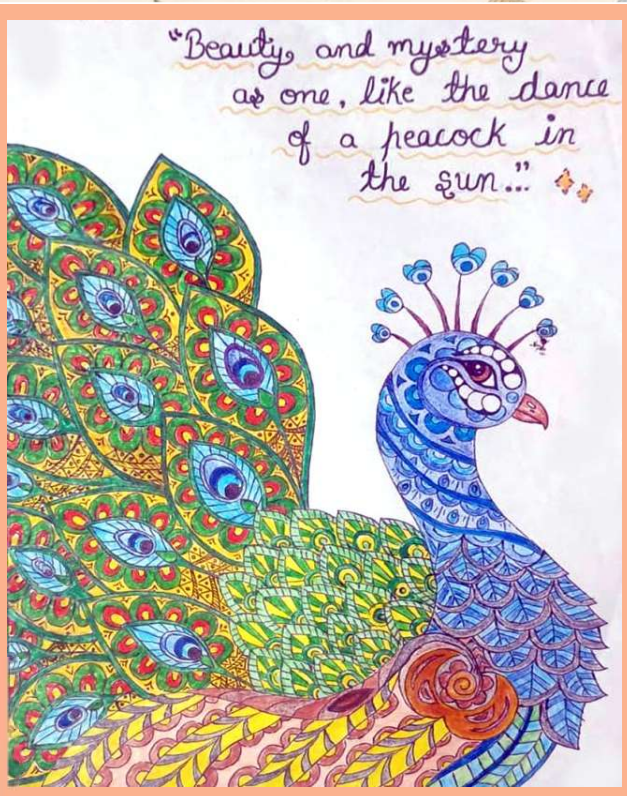
Sarvesh Dhakad KG II B



Akshit Adiwasi KG II B



Navika Sahu IX B



Aastha Mehra IX B



Anjali Ahirwar X B



Kanishka Gour IX B

LAB CARE ANALYTICS

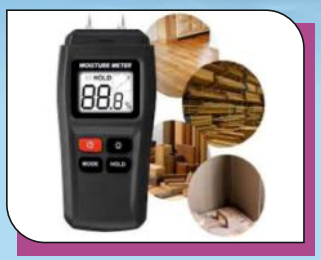
Water Testing Equipments

Civil & Other Equipments

Analytical Instruments









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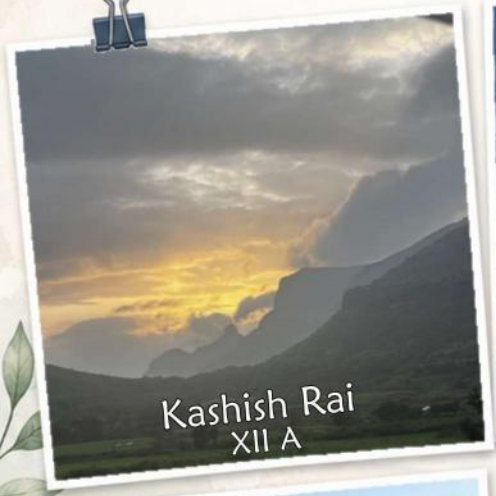
Through The Lens

Moments Captured, Memories Cherished.

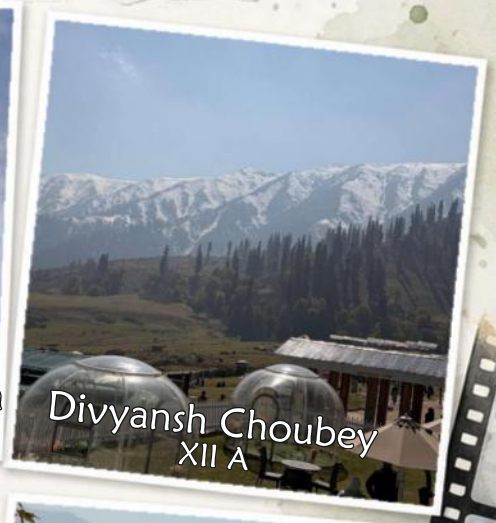




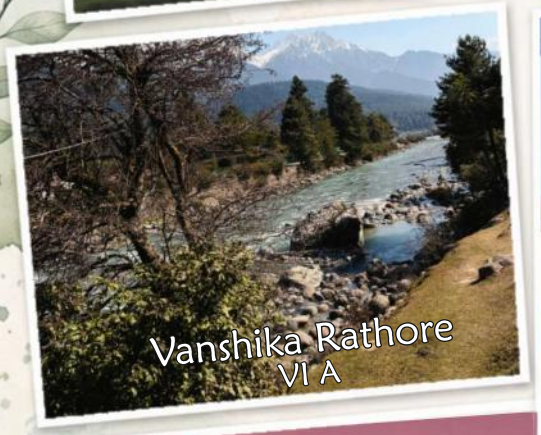
Kashish Rai
XII A



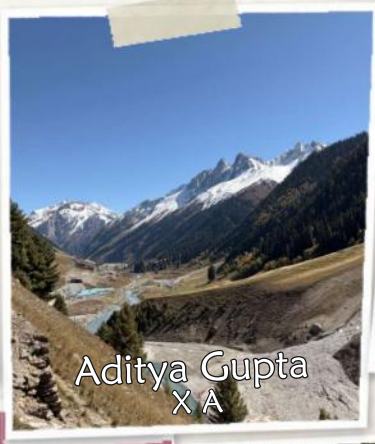
Sharman Singh Sisodiya
XII A



Divyansh Choubey
XII A



Vanshika Rathore
VI A



Aditya Gupta
X A



Vedansh Bhadauria
VII B



Shreeya Chourasiya
XII A



Saket Kushwaha
VI B

Through the Lens

CAPTURING MOMENTS, CREATING MEMORIES.









Every Click Tells a Story.
Every Frame Preserves a Memory.

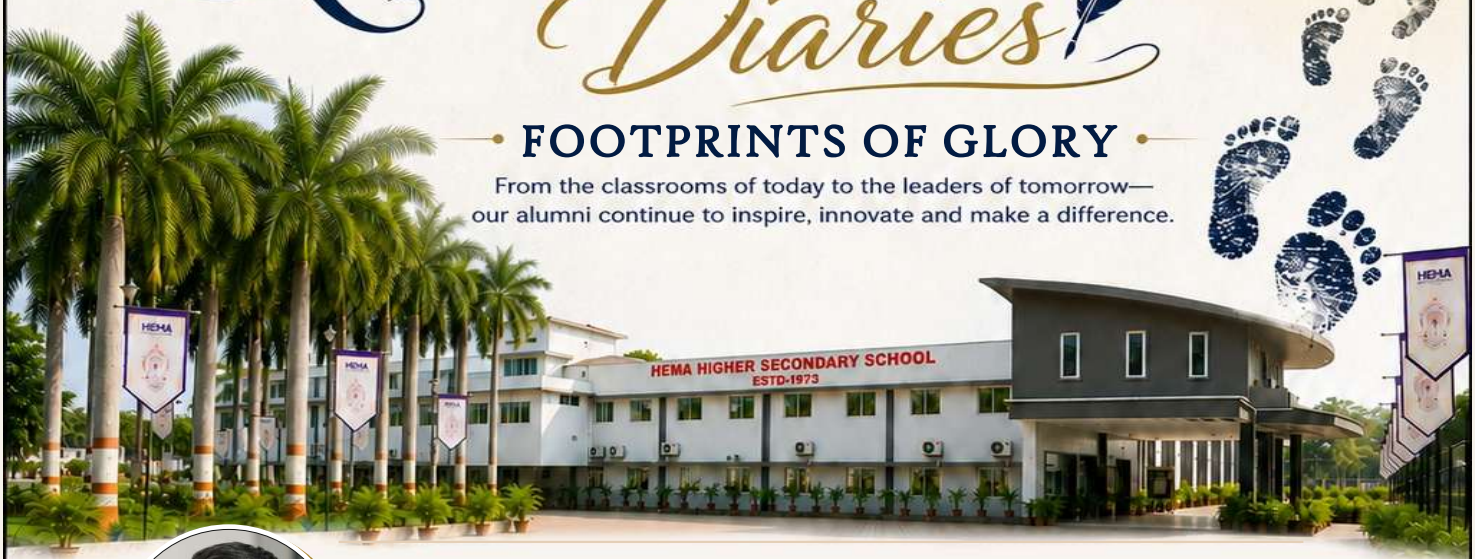
A visual narrative inspired by the creative vision of

Kishore Pillai

Alumni Diaries

FOOTPRINTS OF GLORY

From the classrooms of today to the leaders of tomorrow—
our alumni continue to inspire, innovate and make a difference.





ANUJ BALANI

Batch of 2024-25

NISM Cert. Research Analyst, Bhopal

HEMA has played a vital role in shaping who I am today. Beyond academics, opportunities as Editorial Head and Blue House Captain strengthened my leadership, communication, and teamwork skills. The guidance and support of my teachers built my confidence, strengthened my academic foundation, and gave me a clear direction for my future.



VIRAT TEVATIYA

Batch of 2024-25

AIR 162 NDA

HEMA taught me to aim high, believe in myself, and stay disciplined. The guidance of my teachers and the values nurtured by the school built my confidence and strengthened my determination. HEMA inspired me to pursue a career in Defence, preparing me to face challenges with courage, discipline, and dedication.



TANISH MISHRA

Batch of 2024-25

B.Tech, CHE; NIT Rourkela

I want to express my heartfelt appreciation for the exceptional education and nurturing environment provided by HEMA Higher Secondary School. I deeply value the outstanding efforts of my teachers. Their guidance, teaching, and support have been instrumental in my success, whether it was JEE or sports.



AJENDRA SINGH

Batch of 2024-25

B.Tech at NIT Kurukshetra

My journey at HEMA Higher Secondary School, from Class 6 to 12, was filled with learning, friendships, and cherished memories. After Class 12, I took a drop year to prepare for JEE, successfully cleared it, and am now pursuing B.Tech at NIT Kurukshetra. HEMA played a significant role in shaping my values, confidence, and aspirations. I will always be grateful to my teachers and school for guiding me towards my dreams.

Different paths. One legacy.
Proud yesterday. Inspiring today. Leading tomorrow.

EDUCATORS' INK



Emotional Intelligence:

The Foundation of a Holistic Personality



In today's fiercely competitive world, academic excellence and financial success have become the dominant yardsticks by which society measures achievement. Yet, one of the most indispensable ingredients of a fulfilling and meaningful life—Emotional Intelligence (EQ)—often remains overlooked.

Our emotions govern our thoughts, influence our decisions, shape our relationships and ultimately determine the quality of our lives. As the renowned psychologist Daniel Goleman, who popularized the concept of Emotional Intelligence, rightly observed: ***"IQ gets you hired, but EQ gets you promoted."***

Success is not merely determined by intelligence or talent; it is determined by how we respond to life's circumstances rather than how life happens to us. The ability to remain calm under pressure, empathize with others, regulate emotions and make wise decisions distinguishes truly successful individuals from merely accomplished ones.

Ironically, despite unprecedented technological advancement and material prosperity, the world is witnessing an alarming rise in anxiety, depression, loneliness and stress. Many individuals who appear successful by conventional standards struggle internally. We have seen highly accomplished entrepreneurs, celebrities, executives and professionals succumb to depression, isolation and tragically, even suicide. Their stories remind us that wealth may provide comfort, but it cannot guarantee emotional well-being.

According to the World Health Organization (WHO), depression is one of the leading causes of disability worldwide and mental health challenges among adolescents have risen significantly in recent years. These realities compel us to redefine what true success means.

Human beings are inherently social creatures. We thrive not in isolation but through meaningful relationships, shared experiences and genuine human connections. Unfortunately, in an era dominated by screens and virtual interactions, many children are gradually losing the art of face-to-face communication, empathy, patience and emotional resilience.

Schools and parents must therefore work together to nurture emotionally intelligent children. When children participate in conversations, collaborative activities, sports, arts, community service and family interactions, they naturally develop invaluable life skills such as:

- Empathy and compassion
- Conflict resolution
- Respect and kindness
- Effective communication
- Patience and self-control
- Leadership and teamwork
- Gratitude and generosity
- Critical thinking and resilience

These qualities cannot be downloaded from the internet or taught through textbooks alone—they are cultivated through meaningful human interaction and lived experiences. As Aristotle wisely said, ***"Educating the mind without educating the heart is no education at all."***

Emotional Intelligence does not merely prepare a child for a successful career; it prepares them for a successful life. It enables them to become emotionally resilient individuals who face adversity with courage, transform challenges into opportunities, and emerge as solution-oriented leaders rather than problem-focused spectators.

The emotionally intelligent child becomes someone who:

- Remains composed during crises
- Thinks creatively under pressure, and demonstrates empathy without compromising strength
- Builds healthy relationships
- Learns from failure instead of fearing it
- Possesses the maturity to manage both success and disappointment with grace

In essence, such an individual becomes an effective **"disaster manager"**—someone capable of navigating life's inevitable storms with confidence and wisdom.

> ***"Children are not things to be molded, but people to be unfolded."*** — Jess Lair

Let us not merely prepare our children to earn a living. Let us prepare them to live a life of purpose, compassion, resilience and joy. Only then will we have truly educated not just successful professionals, but *complete human beings*—individuals who possess the intelligence to excel, the wisdom to choose wisely and the emotional strength to flourish in an ever-changing world.

Meenal Rathore
Vice Principal | Educator

Responsible Consumption

The Foundation of Equity and Sustainable Development



Dr. Muktesh Pillai
PGT

Economic progress should not be measured solely by what we produce, but also by how responsibly we consume. In an era of rapid industrialization and consumerism, responsible consumption has become essential for ensuring social equity, environmental sustainability, and long-term economic prosperity.

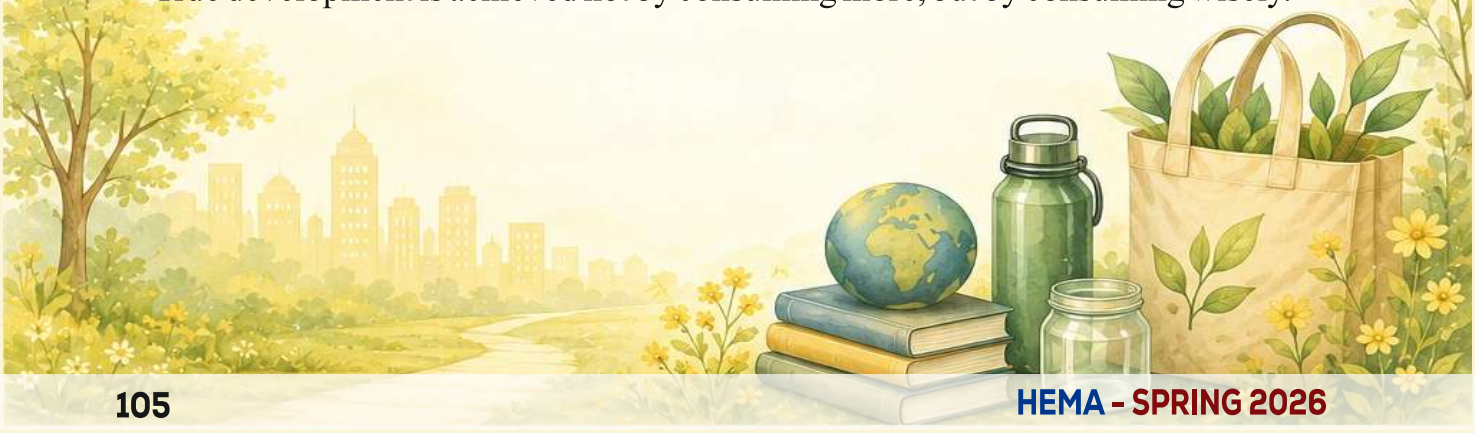
Responsible consumption means using resources wisely, avoiding unnecessary waste, and making informed choices that consider their economic, social, and environmental consequences. Every purchase we make influences production patterns, resource use, and the well-being of society.

From an economic perspective, responsible consumption promotes efficient resource allocation, reduces waste, and supports sustainable growth. Socially, it fosters equality by encouraging the fair use of limited resources and reducing disparities in access to essential goods. Environmentally, it conserves natural resources, minimizes pollution, and safeguards the interests of future generations.

The United Nations Sustainable Development Goal 12 (Responsible Consumption and Production) reminds us that sustainable development is not merely the responsibility of governments or industries—it begins with individual choices. Simple actions such as reducing food waste, conserving energy, recycling, and buying only what is needed can collectively create a significant positive impact.

For students, responsible consumption is more than a habit; it is a value that nurtures responsible citizenship. As India advances towards Viksit Bharat 2047, the nation will require not only skilled professionals but also conscious consumers who understand that sustainable development begins with everyday decisions.

"True development is achieved not by consuming more, but by consuming wisely."



Building Strong, Independent Children: A Shared Responsibility



Pooja Tiwari
PRT

I have twenty years of teaching experience, and I am a mother to a daughter. Over these years, I have learned a lot—not only from children but also from their parents. I have witnessed many changes in parenting and the family system in the past few years.

Earlier, most of the children grew up in joint families. They learned naturally from elders, became self-dependent at an early age, and developed life skills by observing and doing things on their own. Today, the majority of the families are nuclear, and many parents are working. Due to limited time, parents often provide extra comfort to their children.

This excessive comfort sometimes makes children over-dependent. At home, they struggle to do even simple tasks on their own and constantly need instructions. Many children do not want to use their own thinking because a large amount of time and attention is taken up by mobile phones and watching television. Along with this, over-protective parenting has made children physically, emotionally, and mentally weaker.

My humble request to parents is:

1. Help your children become self-dependent.
2. Allow them to complete their tasks independently.
3. Give them time, and empower them with their responsibilities.

Our role is not only to teach children academics; we must also make them emotionally, mentally, and physically strong. We need to teach them how to manage themselves in today's tough and struggling life.

A child's growth should focus on overall and balanced growth. This is something parents and teachers can achieve together, very effectively, if we support each other.

Together, let us build strong, confident citizens of our country.

Expanse of Hope



Archana Prasad
PGT

Entering the tiny gate with grope,
Only to find an expanse of hope.
A grateful heart filled with zeal,
To teach and learn a great deal.
Ready to nurture young and humble buds
Where, in every mind, knowledge floods.
Still doubting the responsibility designated,
With the garden of buds not so well cultivated.
But with a guide so great,
Things seem to be the best in the estate.
Meeting the best of new peers,
Leaving behind all doubts and fears.
Tracing the journey, though slowly,
But never looking back to the deemed lowly.
Landing in a land so blissful,
Making my journey truly peaceful.



Power of Positive Thinking



Bushra Siddiqui
PRT

Positive thinking plays an important role in our life. It helps us stay hopeful, confident, and motivated even during difficult situations. A positive mind looks for solutions instead of focusing on problems. When we think positively, we develop self-belief and courage. Positive thinking reduces stress and helps us face challenges calmly. It improves mental health and brings peace of mind.

Positive thinking helps us perform better in studies, work, and daily activities. It encourages us to keep trying even after failure. Life is not always easy, but our attitude decides how we deal with situations. People with a positive attitude inspire others.

In conclusion, the power of positive thinking can change our lives. By developing a positive mindset, we can achieve success, happiness, and inner strength.



Computer: A Smart Friend



Sheshadri Gawhade
PRT

Did you know? A computer can solve millions of calculations in just a few seconds! But computers are not only for work—they are also our **smart learning friends.**

From creating colorful drawings and playing educational games to learning coding, computers make **learning fun and exciting.** They help us find information quickly and connect with people around the world.

Today, computers also use **Artificial Intelligence (AI).** AI helps machines learn, think, and solve problems. Voice assistants and smart apps are common examples of AI.

However, computers should be **used wisely.** We should balance screen time with outdoor activities, reading, and spending time with family and friends.



Fun Fact: The first computer was so large that it could fill an entire room!

Turning IDEAS INTO VISUALS

MY PASSION, MY PROFESSION

What started as a simple love for photo editing in my school days slowly became the foundation of my career.

I spent hours experimenting, learning, and creating something new. I didn't know back then that this small passion would one day become my identity.

As I explored more, I discovered that graphic and multimedia design is not just about software or tools — it's about creativity, communication, and emotion.

So, I decided to learn it professionally. I joined design courses, practiced relentlessly, faced failures, learned from mistakes, and kept moving forward.

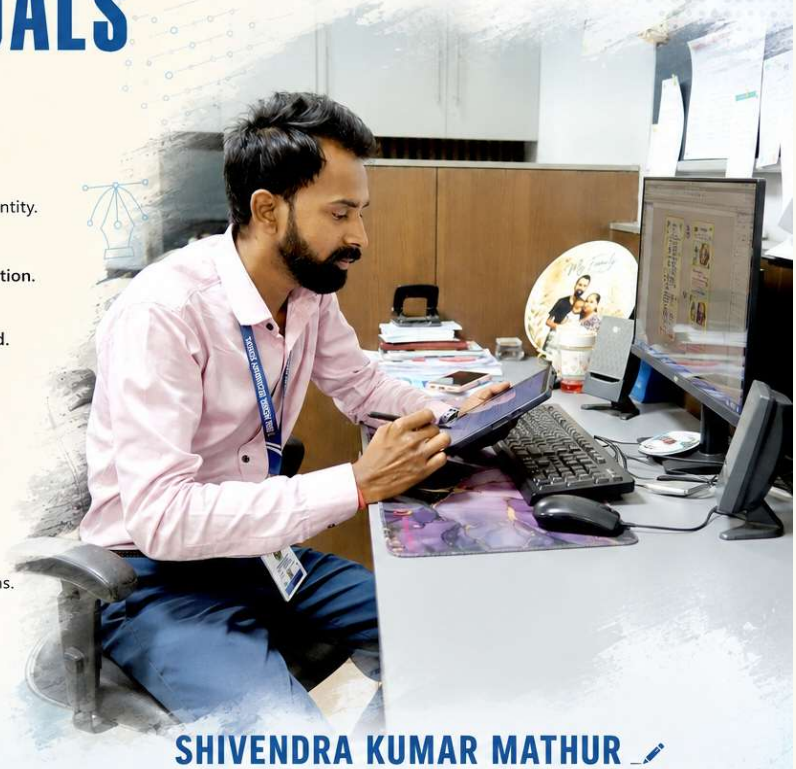
Step by step, my hobby transformed into my profession.

Since 2014, I have been working as a Graphic & Multimedia Designer. Every project I create carries a piece of my heart and the belief that good design can inspire, inform, and bring positive change.

If there's one thing I want to teach you, it's this:

"Have at least one skill of the hand."

It can open doors you never imagined and take you places beyond your dreams. Look within yourself. Find your passion. Nurture it. Believe in it. **Your passion can become your profession** — just as mine did.



CREATIVITY is the idea | **DESIGN** is the process | **VISUALS** are the language | **IMPACT** is the goal

SHIVENDRA KUMAR MATHUR
Graphic & Multimedia Designer | Office Coordinator
Turning Ideas into Visuals.

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शुचिपर्यावरणम्



अमित राजोरिया
पीजीटी संस्कृत

दुर्वहमत्र जीवितं जातं प्रकृतिरेव शरणम् ।
शुचि – पर्यावरणम् ॥
महानगर–मध्ये चलदनिशं कालायसचक्रम् ।
मनः शोषयत् तनुः पेषयद् भ्रमति सदा वक्रम् ॥
दुर्दान्तैर्दशनैरमुना स्यान्नैव जनग्रसनम् । शुचि ...॥1॥

कज्जलमलिनं धूमं मुञ्चति शतशकटीयानम् ।
वाष्पयानमाला संधावति वितरन्ती ध्वानम् ॥
यानानां पङ्क्तयो ह्यनन्ताः कठिनं संसरणम् ।
शुचि ...॥2॥

वायुमण्डलं भृशं दूषितं
न हि निर्मलं जलम्।
कुत्सितवस्तुमिश्रितं भक्ष्यं समलं धरातलम् ॥
करणीयं बहिरन्तर्जगति तु बहु शुद्धीकरणम् ।
शुचि ...॥3॥

कञ्चित् कालं नय मामस्मान्नगराद् बहुदूरम् ।.
प्रपश्यामि ग्रामान्ते निर्झर–नदी– पयःपूरम् ॥
एकान्ते कान्तारे क्षणमपि मे स्यात् सञ्चरणम् ।
शुचि ...॥4॥

हरिततरूणां ललितलतानां माला रमणीया।.
कुसुमावलिः समीरचालिता स्यान्मे वरणीया ॥
नवमालिका रसालं मिलिता रुचिरं संगमनम।
शुचि ...॥5॥

अयि चल बन्धो ! खगकुलकलरव गुञ्जितवनदेशम।
पुर–कलरव सम्भ्रमितजनेभ्यो धृतसुखसन्देशम् ॥
चाकचिक्यजालं नो कुर्याज्जीवितरसहरणम् ।
शुचि ...॥6॥

प्रस्तरतले लतातरुगुल्मा नो
भवन्तु पिष्टाः ।
पाषाणी सभ्यता निसर्गे स्यान्न समाविष्टा ॥
मानवाय जीवनं कामये नो जीवन्मरणम् ।
शुचि ...॥7॥



ആമുഖം

വെള്ളിക്കരയിട്ട മരതകപ്പട്ട് ചുറ്റി മണ്ണിൻ മകുടമായി വിളങ്ങും ലാവണ്യവതി മനശാന്തി തരും മമ ജന്മനാടേ.. മനോഹരി.... നമിക്കുന്നു നിന്നെ..... . പച്ചപ്പട്ട് പാവാടയിൽ മിന്നും വെള്ളിനൂലിഴ പോലെ സഖ്യം, മണ്ണിൻറെ മാതക ഗന്ധം നുകരും മക്കൾക്ക് ആശ്രയ മരുളും നമ്മുടെ മമനാട്.

കേരളത്തിന്റെ മഹിമകൾ വർണനാതീതമാണ്. പ്രകൃതി ഭംഗി, സാംസ്കാരിക പൈതൃകം, ഉയർന്ന ജീവിത നിലവാരം എന്നിവ കൊണ്ട് " ദൈവത്തിന്റെ സ്വന്തം നാട്" എന്നറിയപ്പെടുന്ന കേരളത്തിന്റെ സവിശേഷതകൾ പറഞ്ഞറിയിക്കാൻ എളുപ്പമല്ല. പ്രകൃതി സൗന്ദര്യം ആസ്വദിക്കാൻ പറ്റിയ കടൽത്തീരങ്ങളും കായലുകളും തോടുകളും വയനാട്ടിലെ വനങ്ങളും അതിമനോഹരമായ കാഴ്ചകളാണ്. കഥകളി, മോഹിനിയാട്ടം, കളരിപ്പയറ്റ്, തെയ്യം തുടങ്ങിയ കലാരൂപങ്ങൾ കേരളത്തിന്റെ സാംസ്കാരിക പൈതൃകത്തെ തൊട്ടറിയിക്കുന്നു. മികച്ച ആരോഗ്യ സംവിധാനങ്ങളും ഉയർന്ന സാക്ഷരത നിരക്കും കേരളത്തിന്റെ മറ്റൊരു പ്രത്യേകതയാണ്. ആയുർവേദ പാരമ്പര്യം കൊണ്ട് ചികിത്സാരീതികളിൽ പ്രശസ്തമായ നമ്മുടെ കൊച്ചു കേരളത്തെ പോലെ മറ്റൊരു നാടില്ല എന്നതും ഒരു യാഥാർഥ്യമാണ്. കേരളത്തിലെ നാളികേരത്തോട്ടങ്ങൾ, വിഭവസമൃദ്ധമായ സദ്യ എന്നിവ കേരളത്തിന്റെ വർണപ്പകിട്ടിനെ കൂടുതൽ മനോഹരമാക്കുന്നു.

രമ സുനിൽ
PRT





Ms. Rema Sunil Nair
PRT

ഈ സമയവും കടന്നുപോകുമെന്ന പ്രതീക്ഷയിൽ നാം തള്ളിനീക്കിയത് ഒരു കൊല്ല കാലത്തോളം. ഇനിയും പ്രതീക്ഷയുടെ തിരിനാളം ഒരുപാട് അകലെയാണ്. പക്ഷേ നിരാശയ്ക്ക് ഇടം നൽകാതെ നമ്മെ മുന്നോട്ട് നയിക്കുന്നത് നമ്മുടെ കുഞ്ഞു മക്കളാണ്. അവരുടെ ശുഭ പ്രതീക്ഷകളും ആത്മവിശ്വാസവും ആണ് ഈ അധ്യയന വർഷത്തെയും മുതൽക്കൂട്ട്. നാം കണ്ടു മടങ്ങുന്ന ഓരോ താളുകളിലും പ്രതീക്ഷ വറ്റാത്ത കുറെ കുഞ്ഞുമനസ്സുകളെ കാണാം. അവർ ഒരിക്കലും നിങ്ങളെ നിരാശപ്പെടുത്തില്ല.ഉറപ്പ്



हमारी प्यारी हिंदी भाषा और हम



प्रीती शर्मा
पीजीटी हिन्दी

हिंदी हमारी मातृभाषा ही नहीं, बल्कि हमारी पहचान और संस्कृति का एक महत्वपूर्ण आधार है। यह भाषा हमें हमारे इतिहास, परंपराओं और मूल्यों से जोड़ती है। हिंदी के माध्यम से हम अपने विचारों, भावनाओं और अनुभवों को सरल और सहज रूप में व्यक्त कर सकते हैं। यह भाषा जितनी मधुर है, उतनी ही व्यापक भी है।

भारत एक बहुभाषी देश है, जहाँ अनेक भाषाएँ बोली जाती हैं, लेकिन हिंदी एक ऐसी भाषा है जो देश के बड़े हिस्से को एक सूत्र में बाँधती है। यह न केवल संवाद का माध्यम है, बल्कि राष्ट्रीय एकता का प्रतीक भी है। हिंदी ने साहित्य, पत्रकारिता, सिनेमा और शिक्षा के क्षेत्र में अपना विशेष स्थान बनाया है।

हमारा कर्तव्य है कि हम हिंदी भाषा का सम्मान करें और इसके विकास में अपना योगदान दें। आज के आधुनिक युग में, जहाँ अंग्रेजी का प्रभाव बढ़ता जा रहा है, वहाँ हमें अपनी भाषा को भी समान महत्व देना चाहिए। हमें गर्व होना चाहिए कि हम हिंदी भाषी हैं और हमें इसका अपने दैनिक जीवन में अधिक से अधिक प्रयोग करना चाहिए।

अंततः, हिंदी केवल एक भाषा नहीं, बल्कि हमारी आत्मा की आवाज है। इसे अपनाकर और आगे बढ़ाकर ही हम अपनी संस्कृति और पहचान को सशक्त बना सकते हैं।





Empowering Educators

A workshop is not just a place to learn- it is where ideas are transformed into impactful classrooms.

Pedagogy with Purpose



Building Better Classrooms Together

Learning • Sharing • Growing Together

"Empowered teachers create empowered classrooms."













A CBSE Capacity Building Programme (CBP) on Learning Outcomes and Pedagogies by Dr. Sandesh Mishra and Ms. Suman Purohit, followed by an engaging session on Active Learning by Ms. Jayshree Indoria and Ms. Arshi Gouhar. The workshops equipped teachers with innovative teaching strategies, learner-centred pedagogies, and effective classroom practices, fostering professional growth and enriching students' learning experiences.

Overcoming Classroom Challenges



Dr. Rajeev Agrawal conducted an enriching session on Overcoming Classroom Challenges, equipping teachers with practical strategies to address everyday classroom situations, enhance student engagement, and create a positive learning environment.











Beyond Teaching: Influencing Young Minds

Ms. Vishakha Rajurkar Raj led an inspiring session on Beyond Teaching: Influencing Young Minds, highlighting the profound role of teachers in shaping students' character, values, and aspirations. The session encouraged educators to become compassionate mentors who inspire confidence, curiosity, and lifelong learning beyond academics.

Mental Well-Being

Ms. Priti Kalra conducted an insightful session on Mental Well-Being, highlighting the importance of emotional balance, stress management, and self-care. The session encouraged teachers to prioritise their well-Being for a healthier and more positive approach to teaching.









A healthy mind builds a positive and powerful teacher.







Meditation Session

Ms. Cheshtha Rathore conducted a rejuvenating Meditation Session, introducing teachers to mindfulness practices and techniques for balancing the body's chakras. The session promoted inner peace, emotional well-being, and renewed focus, helping educators reconnect with themselves and manage daily stress effectively.



Balance your chakras, balance your life.

Lead, Inspire, Succeed:
Cultivating Emotional Awareness for Effective Teaching



Ms. Gladis Nair

The session focused on the vital role of emotional awareness in creating a positive and supportive classroom environment. Gladis Nair emphasized understanding emotions, building empathy, and managing stress to enhance teacher well-being and student connections. Through engaging discussions and practical strategies, teachers were encouraged to lead with compassion, inspire positively, and succeed in their teaching journey.







Emotionally aware teachers create meaningful impact.



Self Grooming Session

by Ms. Rachna Bajaj

Ms. Rachna Bajaj conducted an insightful Self Grooming Session, highlighting the importance of personal presentation, confidence, and positive body language in the professional world. The session covered practical tips on grooming, posture, communication, and building a confident personality. Teachers were inspired to enhance their personal and professional presence, reflecting excellence inside and out.







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ANCILLARY STAFF



Every caring gesture reflects a commitment to excellence.

Sitting Row (L to R) - Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer), Mr. P. K. Ajit (School Co-Ordinator)

Standing Row 1 (L to R) - Ms. Manju, Ms. Kusum Bai, Ms. Baby Bai, Ms. Parvati, Ms. Vyula Joseph, Ms. Renuka, Ms. Babli Dhameriya, Ms. Asha Thakre, Ms. Rekhabai Khairnar, Ms. Sima Gosar, Ms. Devmanee, Ms. S. Uma, Ms. Kavita Choudhary, Ms. Nadiya, Ms. Rekha Lalwani, Ms. Lakshmi, Ms. K. Rajni

Standing Row 1 (L to R) - Mr. C. Balmurugan, Mr. Devi Singh Dhakad, Mr. Manoj Mahajan, Mr. Deepak Chobey, Mr. S. Silvan, Mr. Jashavant Kumar, Mr. Santosh Vishwakarma, Mr. C. Kumar, Mr. Kamlesh Makoriya, Mr. Santosh Chourasiya, Mr. M. Raja, Mr. Velangani, Mr. Pramod Patil, Mr. Govind

Standing Row 1 (L to R) - Mr. Vinod Namdev, Mr. Lakhan Baghel, Mr. R. Karthik, Mr. Manjoor, Mr. Berjesh Kumar, Mr. Ravi Choudhary, Mr. Sachin Band, Mr. Ravi Kadole, Mr. Vishal Yadav, Mr. Mohan Lal Mali, Mr. Radhakrishnan, Mr. Sanjay, Mr. Lokesh Mina

OFFICE STAFF



Efficiency is the silent force that keeps every dream in motion.

Sitting Row (L to R) - Ms. Nikita Shukla (Receptionist | Admission Incharge), Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer), Ms. Babita Sahu (Office Co-ordinator),
Standing Row (L to R) - Mr. Shivendra Kumar Mathur (Graphic & Multimedia Designer | Office Co-ordinator), Mr. Hitendra Sharma (Sr. Accountant), Mr. P. K. Ajit (School Co-ordinator), Mr. Sourav Das Gupta (Software Developer)

KINDERGARTEN

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Every masterpiece begins with a single stroke;
every successful life begins with an inspiring kindergarten teacher.

Sitting Row (L to R) - Ms. Vinita Tiwari, Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer), Ms. Maya Nair (Co-ordinator)

Standing Row 1 (L to R) - Ms. Akansha Yadav, Ms. Sneha Nair, Ms. Chinky Kaur, Ms. Ankita Banerjee, Ms. Sadhana Singh, Ms. Pooja Sharma, Ms. Kamaljeet Kaur, Ms. Manjusha Bonde

FOUNDATION BUILDERS



The greatest lessons are not merely taught –
they are lived through kindness, encouragement and belief in every child.

Sitting Row (L to R) - Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer)

Standing Row 1 (L to R) - Ms. Reena Sharma, Ms. Pooja Tiwari, Ms. K. Uma, Ms. Yojana Yadav, Ms. Jyoti Nanappan, Ms. Annapurna, Ms. Aditi Tiwari, Ms. Jalaja Jayachandran,

Standing Row 2 (L to R) - Ms. Kesar Advani, Ms. Bushra Siddiqui, Ms. Angitha Prasad, Ms. Vaishali Sharma, Ms. Trupti Chimote, Ms. Swati Rai, Ms. Sheshadri Gawhade, Ms. Shivani Dunge, Ms. Rita Gupta, Ms. Timsi Joshi, Ms. Ayesha Jamshed, Ms. Archana Tiwari, Ms. Iqra Ali, Ms. Jyoti Singh, Mr. Tarun Pagare

KNOWLEDGE NAVIGATORS



Curiosity is kindled where guidance and encouragement walk together.

Sitting Row (L to R) - Ms. Shahana Chakraborty, Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer), Ms. Namita Biswas

Standing Row 1 (L to R) - Ms. Neha Parita, Ms. Preeti Sharma, Ms. Jalaja Jayachandran, Ms. Humera Khatoon, Ms. Naila Siddiqui, Ms. Anjali Abhishek, Ms. Harmeet Kaur Patheja, Ms. Aarti Sharma, Ms. Sweta Malviya, Ms. Bindu Nair

Standing Row 2 (L to R) - Mr. Praveen Sharma, Mr. Amit Rajoriya, Mr. Nitin Bhandari, Ms. Shivangi Dunge, Ms. Archana Tiwari, Ms. Snehal Marathe

CATALYSTS OF SUCCESS



Every milestone begins with a mentor who believes in possibility.

Sitting Row (L to R) - Ms. Geetha Suresh, Ms. Meenal Rathore (Vice Principal), Ms. Poonam Sharma (Principal), Ms. Saumya Singh (Administrative Officer), Ms. Sreelata Pillai

Standing Row 1 (L to R) - Ms. Archana Gupta, Ms. Preeti Sharma, Ms. Muktesh Pillai, Ms. Salma Khan Hasami, Ms. Snehal Marathe, Ms. Dakshita Goyal, Ms. Bindu Nair, Ms. Swati Agrawal, Ms. Ritu Pandey, Ms. Archana Prasad, Ms. Lina Nagle, Ms. Neha Parita

Standing Row 2 (L to R) - Mr. Brijesh Soni, Mr. Amit Rajoriya, Mr. Shubham Saxena, Mr. Nitin Bhandari, Mr. Salman Aziz, Mr. Ranveer Singh Meena, Mr. Mayank Lodhi, Mr. Bani Prasad Jain, Mr. Nagendra Prasad, Mr. Sunit Vishudhyanand Singh

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Email: thefreelancers.ho@gmail.com

NEMA EDUCATION SOCIETY, BHOPAL

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SCHOOL ANTHEM

Lead us from darkness,
Lead us from darkness **to light.**

Let your brightness lead us to height,
Lead us to height **'O' Lord.**

Help us to walk in your light,
Guide us to know what is right,
Enlighten each one of us 'O' Lord,
Strengthen us to face all odds.

Lead .....

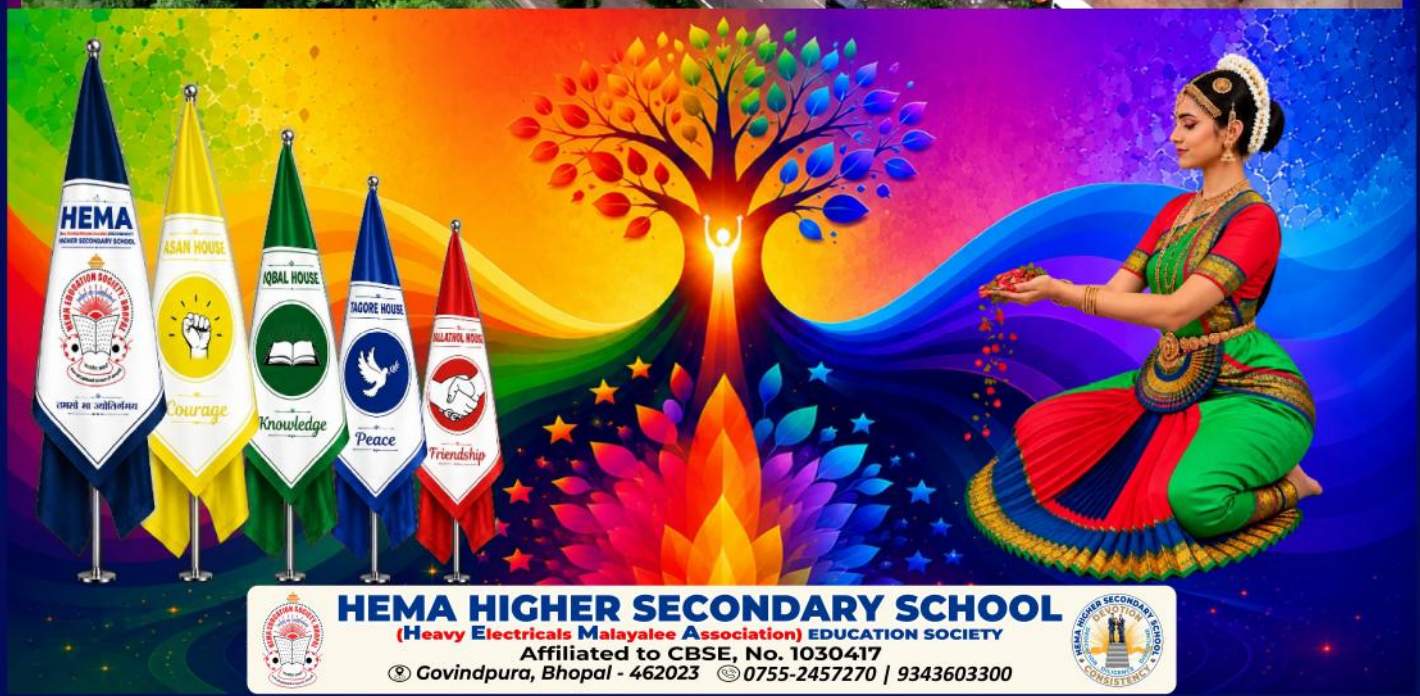
May we be firm and strong,
To help the needy and forlorn,
Let care, love and compassion,
Be our motto and mission.

Lead .....

Heal us from sorrows and pain,
Guard us from all things vain,
Bind us in spirit of unity.

Lead .....





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