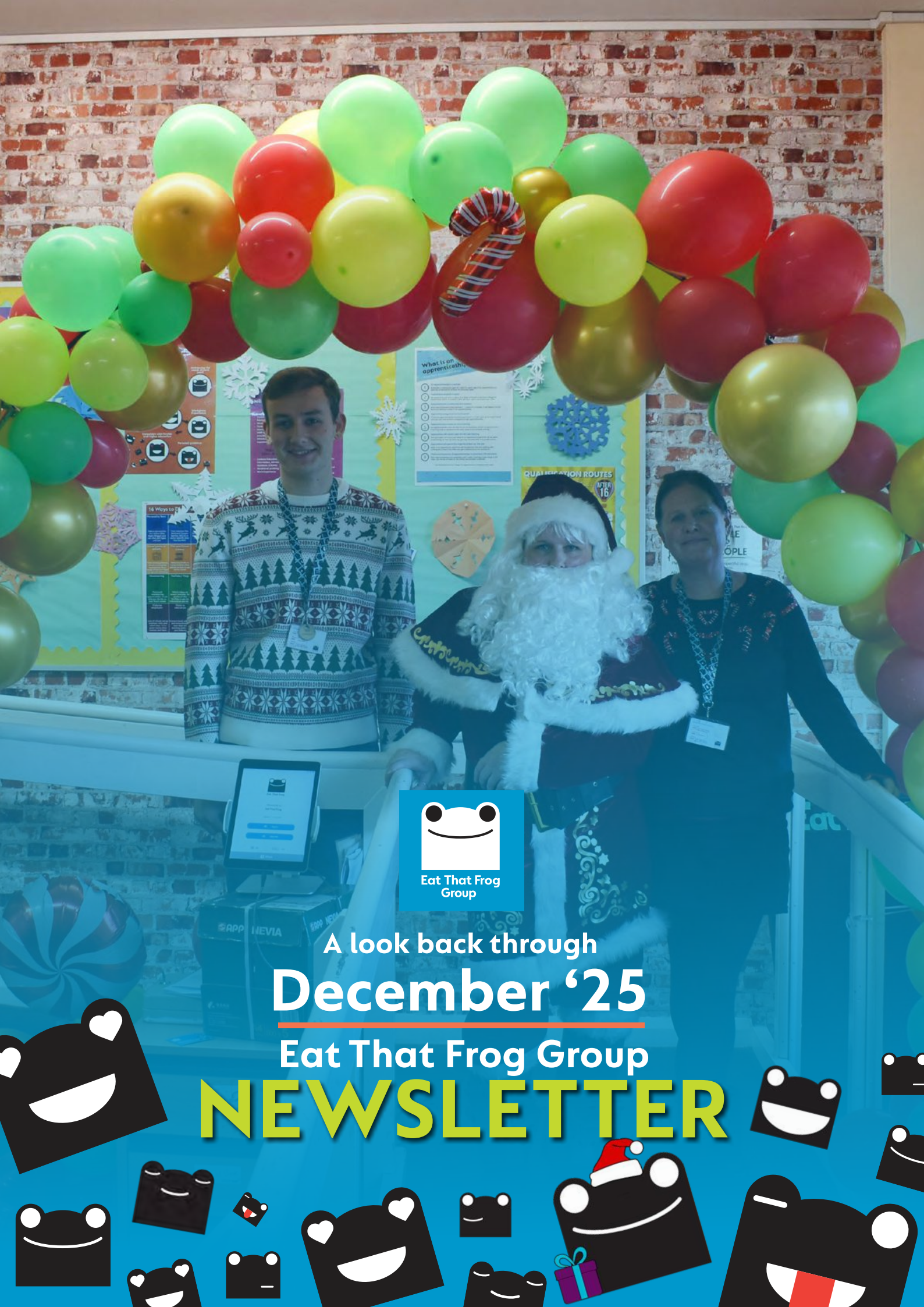




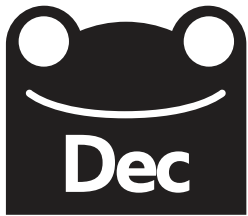
A look back through

December '25

Eat That Frog Group

NEWSLETTER





Eat That Frog
Group

December was a month of festive celebration across Eat That Frog Group. Centres got involved in creating festive cheer both within centres and their local communities. We also discovered some fantastic news about The Learning Curve. Each centre has shared what they got up to during December.

Ofsted Success for The Learning Curve

We are really pleased to share the outcome of our recent Ofsted inspection for The Learning Curve, part of the Eat That Frog Group. The Learning Curve funds our two programmes, Leap and King's Trust Team Programme.

The inspection took place in November 2025 and was one of the first few provisions to be inspected under the new framework. The report confirms that **The Learning Curve is meeting the 'Expected Standard' overall**, with **inclusion recognised as 'Strong Standard'**. Safeguard standards were fully met, with inspectors highlighting the **open and positive culture that helps learners feel safe and supported**.

The Learning Curve

Part of Eat That Frog Group

Ofsted Inspection Report Card

Inspection report: 18 November 2025



✓ Safeguarding standards met

Ofsted

“Tutors are highly experienced in supporting young people facing significant life challenges.”



Inspectors praised the inclusive approach created by leaders and staff. They recognised the work we do with learners who face barriers to education, including those not in education, employment or training, learners with SEND and those with complex life experiences. The report also highlights the rich opportunities available, such as work experience, volunteering, community projects and residential activities. Inspectors noted that tutors know learners well and tailor support to individual needs. Learners were seen to be growing in confidence, communication skills and self awareness, with many well prepared for their next steps.

The report also acknowledges the positive and welcoming learning environment, where learners feel encouraged to try new experiences and build confidence for the future.

This fantastic result reflects the commitment and care shown every day by staff, learners, trustees and partners. Thank you to everyone who supports our learners to move forward with confidence.

[View the live report](#)

[Click here to view](#)

Post 16 Exeter

An alternative Panto experience

On the 11th December, Exeter learners got to enjoy a trip to the Cygnet theatre to watch Goldilocks and the Underworld. A unique, neurodiverse-led alternative panto by [Four of Swords](#)

Learner, Louise, shared her experience.

"On the 11th of December, some of the staff and learners and I went to the Cygnet Theatre at to see Goldilocks and the Underworld.

Once we got there, we were guided to our seats that were in the front row and reserved for us. I was impressed with the actor's ability to remember so many lines, especially Goldilocks who had the most lines. I was also even more impressed when, at the end, they told us the acting group wrote the story themselves, and it was their first ever performance in front of a proper audience. I also liked the fox puppet that was made with recycled materials; for example his legs were made of old belts and buckles. There were also lots of parts of the show that were funny and engaging.

Overall, it was a very enjoyable experience and something nice to do with other staff and learners ahead of the Christmas break."



If you are or know a young person that are not currently in Education, training or employment, try one of our fully funded programmes for individuals aged 16 - 24 in Newton Abbot and Exeter

Funded by UK Government

Your Path, Your Future

Age 16 - 24 Essential Skills

Ready to strengthen your life skills, boost your confidence and start planning for a future that works for you?

Your Path, Your Future is a FREE and practical Essential Skills Programme designed especially for 16-24 year olds who want to take that next step forward with support, direction and real skills that open doors.

What's in it for you?

- Boost your confidence and self-belief
- Improve your literacy and numeracy skills
- Get hands-on with digital skills that matter
- Learn everyday life skills and personal development tips
- Explore your career options & set goals
- Build your employability skills - CVs, interviews and more

Ready to take the first step?

Ask your support worker, work coach or local provider to refer you - or contact Eat That Frog to find out more!

• Must not be in education, employment or training AND must be a resident of Newton Abbot or Exeter.

Contact:
info@eatthatfrog.ac.uk
01803 551551

Devon and Torbay Combined Local Authority

Start Dates:
Two sessions a week for 3 weeks
ETF Newton Abbot
Every Wed & Fri
• 7th January '26
• 28th January '26
• 18th February '26

Exeter Community Centre
Every Tue & Thu
• 6th January '26
• 27th January '26
• 17th February '26

Available in Newton Abbot & Exeter*

Funded by UK Government

Stepping Stones Age 18+ Essential Skills

Take the First Step Towards a Brighter Future. If you're facing challenges like unemployment, low confidence or health issues, Stepping Stones is here to help you move forward, one step at a time.

This fully funded programme is designed to build your confidence, strengthen essential skills and guide you towards new opportunities.

What's in it for you?

Literacy Skills
Boost your English, create strong CV's and complete job applications with confidence.

Numeracy Skills
Budget for everyday life, understand payslips and manage money better.

Digital Skills
Use email, online forms and access online services with ease

Ready to take the first step?

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Post 16 - Newton Abbot

Jumpers on and off we went

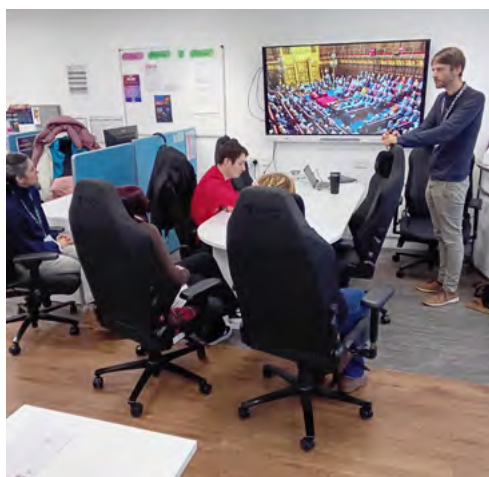
To celebrate Christmas Jumper Day and raise money for Save the Children, the Newton Abbot centre planned something a bit different.

Staff and learners took part in a sponsored walk from the centre to Town Quay. Christmas jumpers were worn all the way. Bright. Festive. And very cheerful. Along the route, everyone learned about the Templer family. They were an important Victorian family in the local area. They are also the reason behind the Templer Way, a well known walking route.



The full Templer Way is 18 miles long. It starts at Haytor and finishes in Teignmouth. Our group walked a small section of this historic route and enjoyed learning about its background as they went. There was lots of laughter, fresh air and festive spirit. Most importantly, it was all for a great cause.

A hands on lesson in government



On 4 December, Tom visited the Newton Abbot Centre to talk to learners and staff about how the UK government works.

The visit linked to Parliament Week, which had taken place the week before.

Tom explained what happens in UK Parliament and how decisions are made. Learners explored the roles of the House of Commons and the House of Lords.

Learners took part in fun voting activities and were keen to get involved.

They asked thoughtful questions, including how many MPs there are and what topics are discussed each day.

It was a great chance for learners to understand how voting links to everyday life and how their voices can be heard.



Post 16 - Paignton

A Festive Feast to Remember

Eat That Frog staff and learners came together at our Paignton centre before the end of term to enjoy a truly scrummy Christmas Feast.

Everyone got involved from planning and preparation through to cooking and decorating the tables. It was a real team effort and a lovely chance to slow down and enjoy time together.

The centre was full of festive cheer, good food and plenty of smiles. To top it all off, there was even a special visit from Santa. A brilliant way to celebrate the season and the strong community spirit at Eat That Frog.



Festive Fun and Fundraising at Paignton

Paignton Centre was full of festive cheer as learners hosted their very own Christmas Fayre. Learners worked together to plan and prepare the event from start to finish. They designed games, made decorations and organised activities, showing great creativity and teamwork along the way.

Each learner was given responsibility for running a table on the day. This gave everyone the chance to build confidence, practise skills and play an important part in making the fayre a success. Popular games included Pin the Nose on the Reindeer, a festive twist on a classic favourite, Hook a Frog and a Christmas raffle packed with exciting prizes. There was a steady stream of visitors throughout the event and a brilliant buzz in the room as people joined in with the fun.



Thanks to everyone's hard work, the Christmas Fayre raised an amazing £200. The money will go towards future activities and events at the centre, helping to create even more opportunities for learners to enjoy and take part in.

Post-16 - Plymouth Futures

Plymouth gets into the Christmas spirit

Plymouth Centre well and truly joined in with the festive fun.

There was plenty of excitement as our new staff member Rachel won the popular 'Guess the Name of the Tree' competition. It proved a real talking point and raised lots of smiles along the way.

Our learner Rosie also played a big part in the celebrations. She baked some delicious salted caramel brownies which were sold to raise money for Save the Children.

It was a lovely way to come together, enjoy the season and support a really important cause. A huge well done to everyone involved.



George Gets Off to a Purrfect Start

George made a fantastic start to his work experience at the Cats Protection charity shop and quickly showed just how capable he is.

He followed instructions well and took on a range of essential tasks that are especially important at the busiest time of year in retail. George worked confidently with customers and staff and showed a real willingness to get stuck in.

He even used his height to his advantage helping customers reach items and sorting Christmas stock into the right places.

George also made some creative decisions about where displays should go to help items stand out and sell better.



Already he is thinking ahead and has shared ideas about how the games section could be improved which really impressed the team.

The feedback from the shop could not have been better. The manager said "He fits in like a hand in a glove you would think he had been here for years he is ace"

A brilliant first day and a great start to his work experience journey.

Post 16 - Plymouth Pathways

Spreading Christmas Cheer at Derriford

A Plymouth Post 16 learner, EH, recently visited Derriford Hospital to drop off Christmas cards for patients.

The cards were written by learners and were specially created for elderly patients spending time in hospital over the festive period.

It was a simple but thoughtful gesture, helping to spread a bit of Christmas cheer and remind patients that they were being thought of during the season.



A Winning Shot for Pathways



Pathways has kicked off the year with its very first photography competition and it was a great success

Learners put their creativity to the test and the standard of entries was fantastic making judging a real challenge

Congratulations go to Macauley Veale who took 1st place and Jake Allen who secured 2nd place

We were delighted to welcome Julia, Centre Manager from our Exeter Centre, who visited to present the prizes.

Both winners received Amazon vouchers as a reward for their brilliant work.

A big well done to everyone who took part. We are already looking forward to the next competition.

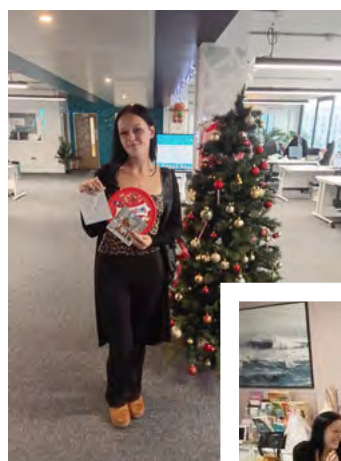
Festive Thank you's at Bingo

EG has completed her final music bingo session of the year and it ended on a really positive note.

To mark the occasion, she worked hard to make Christmas cards for everyone who takes part in the sessions. The players were absolutely delighted and very grateful for all the effort and care EG has shown throughout the year.

The kindness went both ways too. EG was given a box of chocolates and Christmas cards from the music bingo group as a thank you. When she returned to the centre, she shared the chocolates around so everyone could enjoy them.

It was a lovely way to finish the year and a great example of thoughtfulness, confidence and community spirit.



Six Weeks of Success for the LE@P Team

As LE@P's second outing comes to an end, we want to give a huge shout out to Nevaeh, Ruben and Tom for their hard work and commitment over the last six weeks.

During their time on the programme, the group completed weekly work experience at Abbey Hall. They helped paint, clean and prepare the hall ready for the community, showing real pride in their work and great teamwork every step of the way.

They also supported fundraising for Children in Need, approaching local businesses big and small to secure donations for our centre raffle. Thanks to their confidence and determination, the raffle was a huge success.



Alongside this, the learners took part in team building activities, CV writing sessions and interview skills workshops. They also met with other training providers across the city to explore future options and next steps.

The group helped promote Eat That Frog and LE@P at a job centre event, working alongside other providers to share information about the support available for 16 to 18 year olds who are not currently in education, training or employment.

There was plenty happening back at the centre too, including cooking sessions, although the less said about the doughnut batter experiment the better.

The Learning Curve
LE@P
OUTSIDE THE BOX!

A fully funded, Plymouth based, six week programme for 16-18 year olds

LE@P is perfect for you if you want to build confidence, learn new skills and take steps towards employment or further training.

WHAT'S INVOLVED?

- > Group sessions and 1:1 support
- > Work Preparation
- > Health & Wellbeing support
- > Money and budgeting help
- > Digital Skills

WHY JOIN?

Gain valuable skills and work experience, get help with job searching and applications, build confidence and overcome barriers whilst getting support every step of the way.

START HERE

MORE INFORMATION
01803 551551
www.eatthatfrog.ac.uk | info@eatthatfrog.ac.uk

Department for Education

All three learners are now moving on to exciting next steps. These include studying Art, Design and Media at City College, Animal Care with Achievement Training, and joining the Team programme with The King's Trust.

Nevaeh, Ruben and Tom have been fantastic additions to the Eat That Frog family and we wish them every success for the future.



Twelve weeks of growth and success

The **King's Trust** Team have now completed their 12 week programme. They marked the occasion with a presentation for parents, guardians and Eat That Frog staff.

The presentation shared what the learners have achieved. They spoke about new skills, talked honestly about challenges and showed just how far they have come.

When the programme began, many of the young people were shy, reserved and anxious. Watching them grow in confidence, develop new skills and leave feeling more prepared for employment and future opportunities has been incredibly rewarding.

Several learners are already taking positive next steps. Some are applying for apprenticeships while others are looking at jobs or further training.

All learners achieved their Level 1 in Employment, Teamwork and Community Skills
We are incredibly proud of every learner and we wish them all the best for the future.



TEAM PROGRAMME

Aged 16-18?

BOOST YOUR CONFIDENCE

on our 12-week personal development programme

TEAM  **DELIVERY PARTNER**

Gain Confidence | Work Experience
New Skills | New Friends | Qualifications

Team Leader: Louise Gregory **Contact Number:** 07483 349287
Email: louise.gregory@eatthatfrog.ac.uk

Start Dates:
 19th Jan '26 Eat That Frog, 89 Torquay Road, Paignton, TQ3 2SE
 27th Apr '26 Eat That Frog, 13 Courtenay Str, N. Abbot, TQ12 2QH



"Thank you for all of your help and guidance these last 12 weeks. You have made a safe space for me to step outside my comfort zone."

- Amelia - King's Trust 2025

Funded by
The Learning Curve
 Charity Number: 1090735



Denim and Hollie have now completed their Turing trip and what an experience it was.

While away they tried out a range of different jobs. This included interacting with local people and seeing what everyday working life looks like in Spain.

It was a great chance to build confidence and learn new skills in a real world setting.

The trip was not all work though. They visited lots of beautiful places and made the most of being somewhere new.

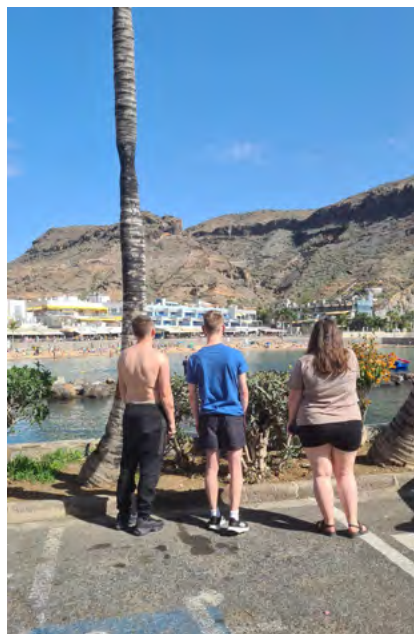


There was plenty of fun along the way and lots of memories made.

They also enjoyed sampling traditional Spanish food and learning more about the culture.

One of the highlights was taking part in a MasterChef style cooking challenge back at the villa which proved very popular.

The trip was a fantastic mix of learning independence and enjoyment and both learners gained so much from the experience.



Adult Training

Learning to Believe in Yourself

One of our learners has recently completed their Essential Skills course and shared some lovely feedback about their experience.

They told us *"this has really helped me improve my self belief and made me realise it is okay to ask for help."*

This is such an important step for many learners.

Building confidence and understanding that support is there can make a huge difference to how people approach learning and future opportunities.

We are really proud of the progress made and look forward to seeing what comes next on their journey.

Our Essential Skills Programmes are designed to guide you gently back into planning your future by giving you access to the skills you need to succeed.



Essential Skills



"This has really helped me improve my self belief and made me realise it is okay to ask for help."

EAT THAT FROG - ESSENTIAL SKILLS LEARNER



**Funded by
UK Government**

**Eat That Frog**

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**Available in
Newton Abbot & Exeter***

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- Get hands-on with digital skills that matter
- Learn everyday life skills and personal development tips
- Explore your career options & set goals
- Build your employability skills - CVs, interviews and more

Ready to take the first step?
Ask your support worker, work coach or local provider to refer you – or contact Eat That Frog to find out more!

Must not be in education, employment or training AND must be a resident of Newton Abbot or Exeter.

Contact:
info@eatthatfrog.ac.uk
01803 551551

**SCAN ME**

Start Dates:
Two sessions a week for 3 weeks
ETF Newton Abbot
Every Wed & Fri
• 7th January '26
• 28th January '26
• 18th February '26

Exeter Community Centre
Every Tue & Thu
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• 27th January '26
• 17th February '26

**Devon and Torbay
Combined County Authority**

**Funded by
UK Government**

**Eat That Frog**

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Age 18+ Essential Skills

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**Devon and Torbay
Combined County Authority**



**National
Careers
Service**
Helping you take
the next step

Eat That Frog 
WORKSHOP

GET A CV

**HERE
EVERY
MONDAY!**

CV WORKSHOP
10.00 - 12.00PM

**POP IN TO FIND
OUT MORE!**

NEED A CV?
JOIN OUR CV WORKSHOP

NEED CAREER ADVICE?
DROP IN AND SEE US!

EAT THAT FROG,
91 UNION STREET,
TORQUAY, TQ3 1DG



Looking for work in construction or labouring?
Our construction programme could help you get back
on track



CONSTRUCTION PROGRAMME

**OPEN TO
TORBAY
RESIDENTS
19+***

*A Construction
Programme designed
to support people aged
19+ and over who are
claiming benefits and
looking for a job.*



Giving you the chance to build skills, gain qualifications, experience and learn more about working in a specific industry, all while getting support to apply for real job opportunities at the end of the programme.

Level	Level 1
Times	9.30 - 3.30
Course Length	2 Weeks
Delivery Type	Face to Face
Location	Eat That Frog 91 Union St, Torquay, TQ1 3DG
Dates	6 th - 17 th October '25 1 st - 12 th December '25 12 th - 23 rd January '26 16 th - 27 th February '26 16 th - 27 th March '26 4 th - 15 th May '26



SCAN HERE!

For more information:

01803 551551

info@eatthatfrog.ac.uk www.eatthatfrog.ac.uk

• Employability

Discover what employers look for when applying for construction or labouring roles. Get help with your CV, cover letters, job applications and mock interviews.

• CSCS Card

Take the test to gain your CSCS card to give your new career a kick start!

• Construction safety

Health and safety is a crucial part of any role but even more so in construction sites. Explore the best practices of keeping safe in your new role.

• Starting work onsite

Discover what to expect when you start. Go into your new role with a new found confidence.

• Meet employers

Meet local employers who are actively recruiting for construction roles.

Eat That Frog 

**NO DATA?
NO PROBLEM!**



**FREE
DATA
GIFTING***

**OPEN
TO ALL**

Pop in to our centres to find out more
Paignton, Torquay, Newton Abbot, Plymouth

01803 551551
eatthatfrog.ac.uk
info@eatthatfrog.ac.uk

*Subject to availability

 **Good Things**
Foundation

jobcentreplus

Looking for work in customer service?
A **SWAP** could help you get back on track



CUSTOMER SERVICE SWAP

**A Sector-based Work
Academy Programme (SWAP)
is designed to support people
aged 19+ and over who are
claiming benefits and looking
for a job.*

**OPEN TO
TORBAY
RESIDENTS
19+***



Giving you the chance to build skills, gain qualifications and experience and learn more about working in a specific industry – all while getting support to apply for real job opportunities at the end of the programme.

Level	Level 1
Times	9.30 - 3.30
Course Length	2 Weeks
Delivery Type	Face to Face
Location	Eat That Frog 91 Union St, Torquay, TQ1 3DG
Dates	20 th - 31 st October '25 26 th Jan - 6 th Feb '26



SCAN HERE!

For more information:

Talk to your work coach

01803 551551

info@eatthatfrog.ac.uk

www.eatthatfrog.ac.uk

• Employability

Discover what employers look for when applying for customer service roles. Get help with your CV, cover letters, job applications and mock interviews.

• Customer service

Learn the basics of customer service techniques. Gain new skills to take with you into your new future role.

• Personal confidence

Learn techniques to increase your confidence when communicating with customers.

• Conflict resolution

Learn the most effective ways to deal with customer conflicts.

• Self awareness

Gain the ability to understand & reflect on your thoughts, emotions & behaviours, enhance your personal growth and decision-making.

• Meet employers

Meet local employers who are actively recruiting for customer service roles.

learn Devon
and more



Looking for work in a particular sector?
A **SWAP** could help you get back on track

SWAP

**FULLY FUNDED
LEVEL 1 COURSES**

*A Sector-based Work Academy Programme (SWAP) is designed to support people aged 19+ and over who are claiming benefits and looking for a job.

OPEN TO TORBAY RESIDENTS 19+*

Giving you the chance to build skills, gain qualifications and experience and learn more about working in a specific industry – all while getting support to apply for real job opportunities at the end of the programme.

We have courses in the following sectors:

Level	Level 1
Course Length	2 Weeks
Delivery Type	Face to Face

Teaching Assistant
Hospitality
Customer Service
Health & Social Care
Cleaning & Facilities
Warehouse & Logistics

POP IN AND TALK TO US ABOUT
SWAPS OR TALK TO YOUR JCP
WORK COACH FOR A REFERRAL

SCAN TO USE OUR SWAP FINDER

For more information:
Talk to your work coach
01803 551551 | info@eatthatfrog.ac.uk
www.eatthatfrog.ac.uk

learn devon

Digital Skills Course

Available to age 19+ in Torquay & Paignton

Do you need help using a computer.. or a mobile phone?

*Must live in Torbay and not be in work or training

Want to feel more confident using technology? Whether it's a phone, tablet, or computer, our **FREE** Digital Skills course is here to help you step by step. No experience needed – just bring your curiosity!*

What you'll learn

- Stay Safe Online** – protect personal info, avoid scams and shop securely
- Get Online** – use phones, tablets, laptops and connect with ease
- Use Apps** – discover useful apps and how they support daily life
- Find & Apply for Jobs** – search, register and apply online with confidence
- Create CVs & Documents** – write, save and manage your work simply
- Explore Careers** – discover job opportunities and career paths
- Everyday Tasks** – save photos, add contacts, use social media safely
- Email & Communication** – set up, send and receive messages easily
- Solve Simple Tech Problems** – learn what to do when things go wrong
- Digital Wellbeing** – manage screen time and use technology healthily

Start Dates:

Eat That Frog Torquay
(91 Union Street, TQ1 3DD)

17th - 28th Nov '25
30th Mar - 10th April '26
20th Apr - 1st May '26
11th - 22nd May '26
1st - 12th June '26

Eat That Frog Paignton
(200 Torquay Rd, TQ1 2SE)

17th - 28th Nov '25
9th - 20th Feb '26
30th Mar - 10th April '26

For more information:
Ask your support worker, work coach or local provider to refer you – or contact Eat That Frog directly!

01803 551551
www.eatthatfrog.ac.uk
info@eatthatfrog.ac.uk

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Current Programmes

Click on each one to find out more

Torbay

National Careers Service (19+)

SWAPs (19+)

Digital Skills (19+)

King's Trust (16-18)

Construction Programme (19+)

Newton and Exeter

Stepping Stones (18+)

Your Path, Your Future (16-24)

Plymouth

LE@P (16-18)

Dates for Your Diary

21st January '26
Non Pupil Day

9th – 13th February '26
Employability Week

16th – 20th February '26
Half Term

17th February '26
Shrove Tuesday/Pancake Day

From January 2026 Eat That Frog Group Newsletter will be published quarterly.



Eat That Frog
Group



eatthatfrog.ac.uk

01803 551551

info@eatthatfrog.ac.uk

Plymouth, Torquay, Newton Abbot, Paignton
and Exeter

