Reflections...
NOVEMBER 2026

MILLER CENTER
Pekin Park District
Enjoy Your Age!

6th Annual

IN ALL Things GIVE Thanks

FRIENDS GIVING

Light Lunch

Crafts

Games

Photo Booth





RSVP
to Miller Center
309-346-5210

Thank You

This free event is brought to you by

The Villas Of Holly Brook
Premiere Assisted Living Community
855 20-VILLA

Reflections
A MEMORY CARE RESIDENCE
by the Villas of Holly Brook
(855-208-4552)

www.pekinparkdistrict.org/facilities/miller-center/
facebook.com/pekinmillercenter pekinparkmillercenter@gmail.com
MILLER CENTER - 309-346-5210 - 551 S. 14TH ST - PEKIN, IL. 61554

MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

MILLER CENTER MAJOR SPONSORS

- 50 + News & View
- AETNA
- Busey Bank
- Charter Senior Living
- CEFCU
- Don Sarff Insurance
- Golden Tours
- John Evans Supportive Living
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- nuEra
- OSF HealthCare
- Preston-Hanley Funeral Home
- United Way of Pekin
- Villas of Holly Brook Pekin

COMMUNITY SUPPORTER - CARLE HEALTH

MILLER CENTER SENIOR TRANSPORTATION SERVICE

Monday - Friday * 8:00 - 4:00 * 309.346.5210

IN TOWN (PEKIN)	**OUT OF TOWN**
$4 per stop	$11 per stop
Wheelchair transport $15 per stop	Wheelchair transport $25 per stop

- Doctor Appointments
- Grocery Stores
- Hair Appointments
- Miller Center
- Banks
- and more!

These are suggested donations. No one is turned away for inability to pay.
Miller Center Transportation is partially funded by The United Way of Pekin.

UNITED WAY Pekin

NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called ***New Day Senior Services*** to help identify available services and resources for you. Services are free and available to those 60 years and older.
Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**

THE CENTER FOR YOUTH & FAMILY SOLUTIONS cyfsolutions.org

Call Megan at 309-323-6568 to schedule an appointment.
*She will be at Miller Center on the **2nd Monday of the month at noon**.*

SPECIAL EVENTS

Power of Age Expo 2026 monthly lunch and learn series.



The Power of Age Expo 2026

CHANGING THE CONVERSATION ON AGING

HOT TOPICS • LOCAL VENDORS • LUNCH

MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

REGISTER NOW

309.346.5210

******Registration Limited***

cancelation before the Monday of the Expo Week will be moved to the next month

$5 per person

NOV 24TH

“ Anger & You - Don’t Be Mad”

Presented by:
Ron Tyler, Famliy Core

DEC 15TH

“Fire Safety First”

Presented by:
Chief Trent Reeise

Medicare Open Enrollment Help at Miller Center

Free, unbiased help with Medicare Open Enrollment is coming to the Miller Center on Friday, **November 13th, from 9:00 AM to 12:00 PM**. Certified SHIP counselors from Age Central will be on-site to help you review 2027 plans, check prescription coverage, and find ways to save money.

Looking for

2027 *Expo Topic Ideas*

- HEALTH
- LEGAL INFO
- SAFETY
- EXERCISE
- INSURANCE
- MENTAL HEALTH

HERE'S WHAT'S HAPPENING

Ever wondered what REALLY happens behind the scenes at a funeral home?

Join us for a special

Lunch & Tour at Preston-Hanley Funeral Home

This is your chance to step inside, take a look around, and get a better understanding of what really goes on inside a funeral home — all in a relaxed and welcoming environment.
Come curious. Ask questions. See what's behind the scenes.

🍽️ Enjoy lunch with us
🏠 Take a behind-the-scenes tour
💬 Ask the questions you've always wondered about
🔍 Learn about the many things that happen behind the scenes that families may never see
🚌 Need a ride from Miller Center? Bus will leave at 10:40AM

📅 **November 18th**
⏰ **11:00 AM–1:00 PM**
📍 **Preston-Hanley Funeral Home**

Space may be limited, so be sure to RSVP!



Next Stop Thrift Shop

Thursday, November 5th
Peoria Area

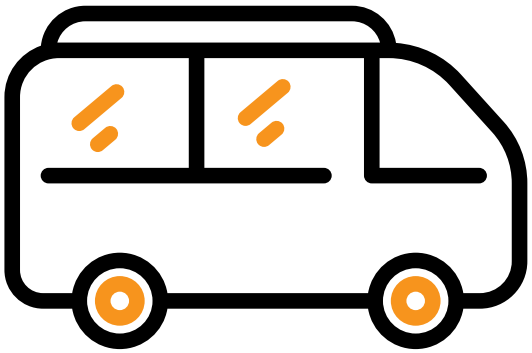
$25 activity fee
payment due at registration
Bus leaves @ 9:00

Brainstorm with Us!

Are you a free thinker with a knack for fundraising and a heart for the Miller Center? Join our casual focus group to brainstorm fresh program concepts and new revenue ideas. Sign up at the front desk!

FREE

Senior Savings Shuttle



TO

nuEra

Tuesday, November 17th **Bus Leaves at 9AM**

Staff on hand to answer questions and offer demonstrations.

Space is limited - Sign up at the front desk - Must bring picture ID

AT THE MILLER CENTER

NOW SHOWING

SHOW TIME 1:00 PM

ADMISSION: $3

Includes movie & popcorn!

November 6th
The Art of Racing in the Rain



November 13th
The Swedish Connection



November 20th
Mrs. Doubtfire





Fleece & Thank You Event

November 2nd at 10AM, we will be making **No Sew Fleece Blankets** to donate to patients at the **Pekin Illinois Cancer Care**.

Technology Classes

At the Miller Center

You can register at Miller Center OR SCAN QR code:

SENIOR PLANET FROM AARP

AARP Illinois

November - Tech Basics for Caregiving

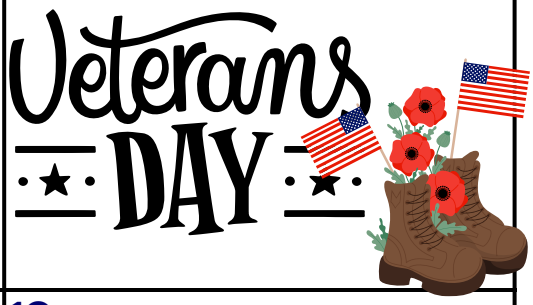
Caregiving is challenging in different ways for both the caregivers and the recipients of care. Thankfully, there are a variety of tech tools that can make caregiving easier for both and allow people to do more on their own. In this lecture, we'll explore ways to integrate technology into your daily routine: from scheduling reminders with your phone or home assistant, to accessing self-care resources and making the most of telehealth appointments. We'll also explore options for ordering and receiving essential items like groceries and prescription drugs from the comfort of your home. Registration is required, and light snacks will be provided.

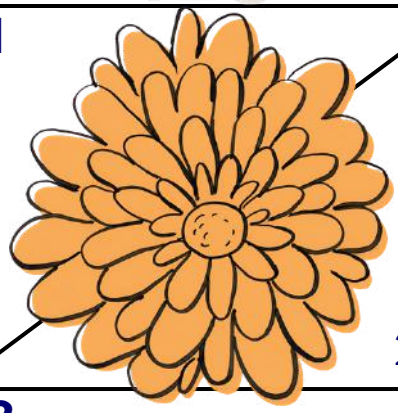
Date/Time: Wednesday, November 25, 2026, at 12:00 pm – 1:00 pm
Online Registration: https://events.aarp.org/TechCaregivingPekin

December - Online Shopping

Caregiving is hard, but tech tools can make it easier! Join us in this lecture to find out how. Registration is required.

Date/Time: Wednesday, December 9, 2026, at 12:00 pm – 1:00 pm
Online Registration: https://events.aarp.org/OnlineShopPekin

Monday	Tuesday	Wednesday
2 9:00 Exercise w/ Ann 9:30 Craft & Conversation **10:00 Fleece & Thank You** 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	**3** **ELECTION DAY** 8:30 Wood Carvers 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes 	**4** 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann 12:30 Dartball **2:30 Americana Sing**
9 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann **12:00 New Day Senior Services** 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	**10** 8:30 Wood Carvers 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes **DINE OUT!** 	**11** **Miller Center CLOSED** 
16 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	**17** 8:30 Wood Carvers **9:00 nuEra Trip** 10:00 Walking Club+ 12:30 Pinochle 12:30 Dominoes **1:00 PAINT DAY**	**18** 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann **11:00 Trip to Preston Hanley** 12:30 Dartball **1:30 Bookclub** **2:30 Americana Sing** **7:00 Bottle Collectors**
23 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	**24** **POWER OF AGE EXPO** 8:30 Wood Carvers ~~10:00 Walking Club+~~ 12:30 Pinochle 12:30 Dominoes	**25** 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 9:30 Live Art / Open Studio 10:15 Exercise w/ Ann **12:00 Digital Literacy Class** 12:30 Dartball
30 9:00 Exercise w/ Ann 9:30 Craft & Conversation 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 12:30 Double Pinochle	**Autumn is a gentle reminder that changes can be beautiful.** 	

Thursday	Friday	Sat/Sun
5 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 *see page 10* 12:30 Hand & Foot 6:00 Lapidary **THRIFT TRIP** 	**6** 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group 10:15 Exercise w/ Ann 12:30 Euchre **1:00 Movie - The Art of Racing in the Rain**  POPCORN FRIDAY	**7** **6:00 Euchre Party** LINE DANCE PARTY !!! 7 PM  **8**
12 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 *see page 10* 12:30 Hand & Foot 6:00 Lapidary **7:00 Square Dance**	**13** 9:00 Exercise w/ Ann 9:00 Quilting Group **9:00 - Noon Open Enrollment Event Age Central** *see page 3* 9:30 China Painting Group 10:15 Exercise w/ Ann 12:30 Euchre **1:00 Movie - The Swedish Connection**  POPCORN FRIDAY	**14**  **15**
19 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club+ 12:00 - 3PM Line Dance Lessons Levels 1, 2, 3 *see page 10* 12:30 Hand & Foot 6:00 Lapidary **GOLDEN TOURS TRIP**	**20** 9:00 Exercise w/ Ann 9:00 Quilting Group 9:30 China Painting Group **10:00 ROCKING WITH RUBY** **11:15 FRIENDSGIVING** 12:30 Euchre **1:00 Movie - Mrs. Doubtfire**  POPCORN FRIDAY	**21**  **22**
26  **Miller Center CLOSED**	**27** 	**28**  **29**



GAMES & FUN

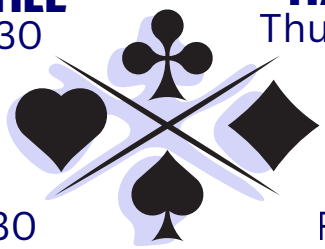


CARD GROUPS

Activity Fee: $3

DOUBLE PINOCHLE
Mondays @ 12:30

HAND & FOOT
Thursdays @ 12:30



PINOCHLE
Tuesdays @ 12:30

EUCHRE
Fridays @ 12:30

Euchre Party

November 7th
December 5th

$3 per person
6:00 PM
Popcorn, coffee & tea provided

LOOKING FOR PINOCHLE PLAYERS



Dartball

Mondays & Wednesdays
12:30 PM
Activity fee: $3.00

GAME DAY

Join us in an EASY card game of 1500!

Mondays @ 12:30
Activity Fee: $3

The Villas Of Holly Brook
Premiere Senior Living Community

learn how to play

MAH JONGG

Mondays
12:30PM $3

THURSDAY BINGO



Every Thursday
9:30 AM

3 CARDS FOR $3
5 CARDS FOR $4

Sponsored By

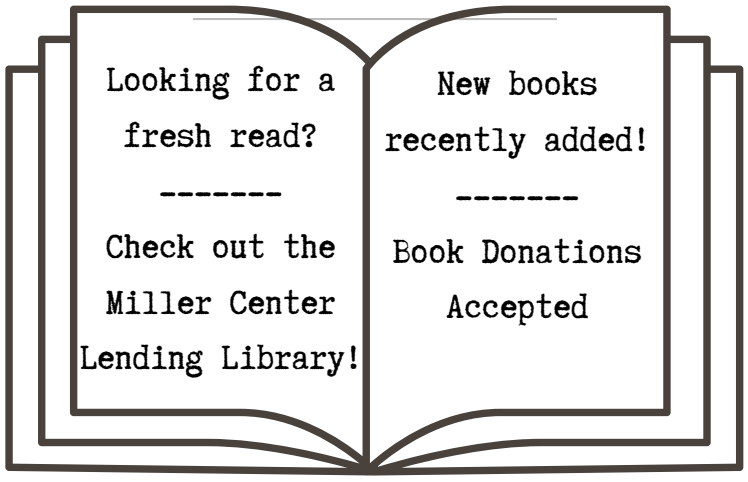
Don Sarff
Sales Representative
(309) 713-5359

Help at Home

HALLMARK HEALTHCARE OF PEKIN

LOFT HEALTHCARE

OPEN LIBRARY



LINE DANCE

LINE DANCE LESSONS

THURSDAYS ACTIVITY FEE: $4

12:00 Level 1 - Newbie
1:00 Level 2 - Beginner
2:00 Level 3 - High Beginner / Improver

MONTHLY DANCE PARTIES

Come practice the dances you learn in class, or put in a request of your own!

November 7th December 5th

7:00 PM - 10:00 PM ACTIVITY FEE: $7

Popcorn, coffee & tea provided

WHICH CLASS IS RIGHT FOR YOU?

Level 1 - Newbie
- New to line dancing
- Learning the steps
- Walk through step combinations

Level 2 - Beginner
- Step by step instruction
- Clear direction change
- Simple turns

Level 3 - High Beginner / Improver
- Faster paced instructions
- More complex combinations
- Full run throughs and less repetion

SCAN the QR code to sign up for LINE DANCE UPDATES

GOLDEN TOURS
THE ULTIMATE DAYTRIP EXPERIENCE

Customer Appreciation Goodbye Party Miller Center December 2nd 1PM

After 6 incredible years of unforgettable journeys, onboard Bingo, and laughter on the open road, Golden Tours Senior Day Trips has come to a close. Tracy has been far more than a travel coordinator—she has been a champion for our senior community, bringing us together and generously donating **over $16,000** back to the Miller Center to support our programs.

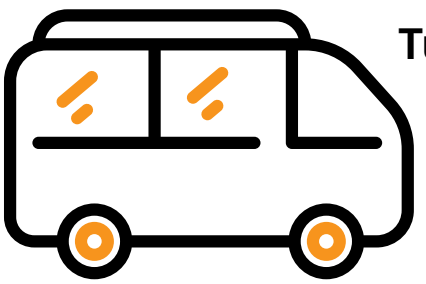
Holiday Mystery Tour
November 19, 2026
8:00 am - 6:00 pm
Last Trip from MC!

thank you

Thank you, Tracy for your presence, energy, and the unforgettable travel experiences! You will be deeply missed by everyone who had the privilege of hopping aboard the luxury motorcoaches. Thank you for your generous donations to the Miller Center.



FREE Senior Savings Shuttle TO nuEra



Tuesday, November 17th
Bus Leaves at 9AM

Staff on hand to answer questions and offer demonstrations.

Space is limited - Sign up at the front desk - Must bring picture ID



MILLER CENTER

WALKING CLUB+

The Walking Club+ has been reinvented to include not only physical health, but brain and mind health as well. We will meet on Tuesdays & Thursdays and focus on walking outdoors weather permitting. When the weather is unpleasant we will walk to a video inside. After walking on Thursdays, we are incorporating brain games, discussion topics and conversation!

Tuesdays 10 AM Walk
Thursdays 10 AM Walk 10:30 Meeting

The Walking Club has an annual membership of $30 OR $3/drop in fee.

Rockin' WITH RUBY

November 20th 10:00 AM
No Exercise with Ann at 10:15
Activity fee: $3



Ruby leads chair dancing!
Requests taken - Singing Encouraged!

Square Dancing

Hosted by: Heart of Illinois Bachelor & Bachelorettes Club



Square Dances
2nd & 4th Thursdays of the month
November 12th 7:00 PM

Exercise w/ Ann

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. Not only will you exercise, you'll make friends and have fun too!



Mon, Wed & Fri
9:00 & 10:15
Activity Fee: $3

COMMUNITY SUPPORTER
CarleHealth

GET CREATIVE AT THE MILLER CENTER

PAINT Days

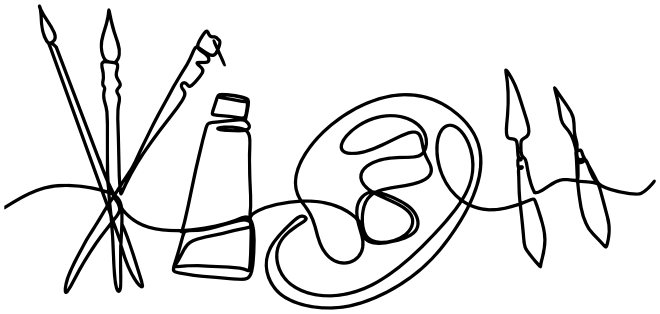
1:00 PM $25

with





Mountains
Tuesday, November 17th





Snowman on Bottle
Tuesday, December 8th

We have a variety of opportunities to be creative! Drop in and check them out!

WOODCARVER GROUP $3

Tuesdays & Thursdays 8:30AM
They work on projects like carving and wood burning. There is a lot of equipment in our woodshop and some helpful woodworkers! Come in and check it out!

QUILT GROUP $3

Fridays 9:00AM
There is plenty of space available for spreading out your equipment and working on projects. We also have fabric available to make Linus Blankets for children in the hospital. Come on in and see what they do!

CRAFTS & CONVERSATION $3

Mondays & Wednesdays 9:30AM
Did you know you can spend almost all day crafting at Miller Center? Our craft room is stocked FULL of supplies & you are welcome to use whatever you need! Stop in an enjoy some crafts and conversation.

LAPIDARY $4

Thursdays 6:00PM
This group polishes and cuts stones for creative projects. You'd be amazed at the beautiful treasures they create!

LIVE ART OPEN STUDIO



Wednesdays - 9:30AM - Donations Appreciated
No experience needed — just come paint, draw, and create in a relaxed space. Mid-tempo beats, good vibes, and room to explore your inner artist. Free & open to all / Donations for supplies appreciated

Do you enjoy Reflections, the Miller Center's monthly newsletter?

To better allocate our resources toward community programs, we are transitioning away from printed mailings and moving Reflections entirely digital!

You don't have to miss a single update. Choose how you'd like to stay connected:

- **Text Alerts:** Sign up to receive a direct link on your phone each month. See QR Code below.
- **Email:** Get the full newsletter delivered straight to your inbox. Email millercenter@pekinparkdistrict.org
- **In-Person:** If you still prefer a physical copy, you can always pick one up at the Miller Center.

DON'T MISS OUT ON NEW PROGRAMS AND TRIPS! SUBSCRIBE TO TEXT ALERTS FOR MILLER CENTER NEWS & UPDATES. CLICK ON OR SCAN THE ADJACENT QR CODE WITH YOUR SMARTPHONE CAMERA APP OR TEXT "FOLLOW MILLERCENTER" TO 309-347-7477

OPT OUT ANYTIME

followyourinterest
MILLER CENTER



AMERICANA SING

November 4th & 18th
2:30 - 3:30





Experience the heart of live music at our open jam! Whether you're a fan or just curious, come pull up a chair and enjoy some live local picking.

Reflections, the Miller Center Newsletter is proudly sponsored by:

Liberty Village of Pekin

MILLER CENTER
Pekin Park District
Enjoy Your Age!

551 S. 14th Street, Pekin | 309-346-5210 | @pekinmillercenter