	Autumn 1&2 Respectful Relationships	Spring 1 Staying Safe, online and offline
Year 7	Healthy, respectful relationships Disability awareness Race- Black History Month Self Esteem and where to find support Bullying, cyberbulling and where to get support What is sexual harrassment, the law and how to report it	Boundaries, consent, respecting privacy Alcohol (Facts) + peer pressure Drugs (Facts) + peer pressure Smoking and vaping + peer pressure Avoiding Gangs Online Gaming and Grooming (CEOP Reporting)
Year 8	Healthy, respectful relationships Disability awareness Race- Black History Month Self Esteem and where to find support Bullying, cyberbulling and where to get support What is the sexual harrassment, the law and how to report it	Boundaries, consent, respecting privacy Alcohol (Facts) + peer pressure Drugs and substance misuse + peer pressure Smoking and vaping + peer pressure Avoiding Gangs and carring knives Online Gaming and Grooming (CEOP Reporting)
Year 9	Healthy, respectful relationships Disability awareness Race- Black History Month Pornography and impact on relationships Bullying, cyberbulling and where to get support What is the sexual harrassment, the law and how to report it	Boundaries, consent and coercive control Alcohol dependance and implications Drugs and County Lines Smoking and vaping Avoiding Gangs and carring knives Online Gaming and Grooming (CEOP reporting)
Year 10	Healthy, respectful relationships Disability Awareness Race- Black History Month Sex and the media Bullying, cyberbulling and where to get support What is the sexual harrassment, the law and how to report it	Female Genital Mutilation, Forced Marriage, Honor Based Violence, Modern slavery Drugs and County Lines, Child Criminal Exploitation and Child Sexual Exploitation Dealing with conflict and coercive control Domestic Abuse- where to get support Avoiding Gangs and carrying knives Online Gambling and where to get help
Year 11	Healthy, respectful relationships Disability Awareness Race- Black History Month Self abuse, alchol, drugs, self harm, where to get help and support Bullying (sexting and sharing of nude images) What is sexual harrassment/ violence, the law and how to report it	Female Genital Mutilation, Honor Based Violence, Modern slavery Drugs and County Lines, Child Criminal Exploitation and Child Sexual Exploitation Dealing with conflict and coercive control Domestic Abuse- where to get support Avoiding Gangs and carring knives Online Gambling and where to get help

	Spring 2	Summer 1
	Health and Wellbeing	**Rights, Responsibilities and British Values**
Year 7	What is mental health and how to talk about it Mental resilience and coping skills Managing emotions- the importance of happiness Positive choices - being active to improve mental health Positive choices - importance of sleep/relaxation to improve mental health Personal hygiene, valuing self inc. dental health	What is politics/why is politics important? How is the country run? What do the main political parties stand for? How can people influence the make-up of government? Political debates and parliament: voting at 16? How do civil liberties affect me?
Year 8	What is mental health? How to talk about it and where to get help Personal Hygiene and self care Self confidence and self esteem Positive choices - being active / real world vs virtual Managing social anxiety Positive choices - managing your screen time	Starting a community Building a community Decision making Criminals, Law and Society Law making in the UK Prisons, Reform and Punishment
Year 9	What is mental health? How to talk about it and where to get help Personal hygiene and self care Feeling nervous and how to manage anxiety Managing social anxiety Grief and loss Blood, organ and stem cell donation	Extremism What is terrorism? Proud to be British The Radicalisation process Counter terrorism Anti-semitism
Year 10	Positive Choices: Healthy and unhealthy habits/ energy drinks What is stress and how can we deal with it? Low mood and depression Alcohol misuse and effects on your future and society Social Media and 'Fear Of Missing Out' (FOMO) Cervical/breast/testicular cancer	Critical Thinking and Fake News Exploring Britishness and British Values LGBT rights and British Values What are human rights? Exploring human rights Holding those in power to account
Year 11	Cervical/breast/testicular cancer Sexual Health/myths about pregnancy Pregnancy and choices Abortion Miscarriage Grief and loss	Radicalisation process and counter-terrorism The Equality Act LGBTQ+, support and protected characteristics

	Summer 2
	Celebrating Diversity
Year 7	Multicultural Britain What is your identity? The Equality Act Breaking down Stereotypes Prejudice and discrimination The UK's relations with other countries
Year 8	What is LGBTQ+? Homophobia in school and society Supporting those that are LGBTQ+ Challenging homophobia Protected characteristics Working together to improve communities
Year 9	Elections and electoral systems Parliamentary democracy and the UK constitution Roles of executive, legislative and judiciary, plus a free press Actions citizens can take to influence decisions The legal system in the UK- Living under the rule of law Marriage- Legal benefits; Cohabitation/Civil Partnership
Year 10	International Organisations Brexit Aid and supporting other countries Fair Trade Immigration and refugees Gender Equality