

Coniston and Crake Valley News



September 2023 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage, Penny Bridge, LA12 7RQ	<i>Brian works for Filling Station on Thursday</i> <i>Brian's rest day is Friday</i>	07505 048736

SAFEGUARDING OFFICER

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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

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cover photo : Marnie, life model for Brantwood - see page 12

Church Services for September 2023

3rd			
Thirteenth Sunday after Trinity			
St. Luke Torver	9.00am	Bikers' Breakfast	Rev Ian Swift/CMA
St. Luke Lowick	9.30am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
10th			
Fourteenth Sunday after Trinity			
Holy Trinity Colton	10.00am	Holy Communion	Rev Joanna Henson
St. Andrew Coniston	11.00am	Morning Worship	Pamela Hull
St. Mary Penny Bridge	11.00am	Morning Worship And Baptism	Rev Brian Streeter
17th			
Fifteenth Sunday after Trinity			
St. Luke Torver	9.00am	Harvest Service And Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Harvest Service And Communion	Rev Brian Streeter
24th			
Sixteenth Sunday after Trinity			
St Luke Lowick	9.30am	Methodist Service	Rev Jo Rand
Holy Trinity Colton	10.00am	Morning Worship	Pam Priestley
St. Andrew Coniston	11.00am	Harvest Service And Communion	Rev Brian Streeter
St Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter

From the Registers

Baptisms

10th September, St Mary, Penny Bridge: Miles Joseph James Croft

24th September, St Andrew, Coniston: Mabel Rose Usher & George Richard Usher

Weddings

2nd September, Holy Trinity, Colton: Kayleigh Gilbraith and Keith Graves

30th September, St Luke, Torver: Rosie Steele and Daniel Britt

Memorial Service

20th September, St Andrew, Coniston: Margaret Procter

Pastoral Letter from David Bickersteth

Objections!

There are several objections to belief in God. One, the reliability of the Bible Brian tackled in last month's letter. Two other common objections are that science is contradictory to faith in the supernatural. Having leisure time in retirement I have spent time looking into this argument. Historically most of the greatest scientists had a faith, but it could be argued that faith was a prerequisite to a position as an academic. However, there are many leading scientists today with a profound faith. One of the most convincing in Professor James Tour, rated as one of the world's leading researchers into carbon and nano technology. Look him up! What's interesting about Dr Tour is that he was brought up a secular Jew, but through his science came to believe in the Creator God and in Jesus as the full revelation of God as a Person.

The more difficult objection to Belief is the problem of suffering and evil. How can an all-powerful God ignore suffering? This doesn't seem to be a problem for the first Christians or the Apostles, who endured extreme persecution and martyrdom. Not just in the early centuries, but much later. Consider our part of the world where Viking raids and conflict marked out lives for centuries. Again, it could be argued that they lived in a 'supernatural' world where everything was black and white – disasters were evil or demonic, now we know better. Yet persecution continues in the twenty first century even in sophisticated advanced nations like China.

Unanswered prayer for a dying child seems to point to an indifferent – or non-existent God. We can understand human evil – as in the Holocaust or the invasion of the Ukraine – but why doesn't a loving God act to stop such evil and disease? The honest answer is that we don't know – but God in Christ suffered torture and death from religious bigots and a cruel empire. If that was the end of the story, we would have no grounds for hope or faith.

The Christian faith rests upon the Resurrection and the promise that God does understand suffering and death. We are in this world for at best ninety plus years, some for just a few years, but Christians are people who believe that life continue postmortem. This world will be looked back upon as we look back upon our days in primary school!

But we are not here to endure evil and suffering in the hope of a better eternal future. Christ taught us to pray for His Kingdom to come on earth – as in heaven. Our task is to alleviate pain and suffering in the here and now but live as people with hope for the future.

If interested in looking at these issues, the classic twentieth century author was CS Lewis (of Narnia fame) who came to faith in middle age and lost his wife to cancer – read the Problem of Evil. Today I would recommend William Lane Craig, and Professor John Lennox who have debated with the greatest atheist of today. You can find a huge amount of debate and teaching on You Tube and the internet.

It boils down to the question 'is it true'? If it is – then to ignore the evidence is to ignore your own destiny. If not true, then as St Paul wrote, 'if Christ has not been raised, our preaching is useless and so is your faith' (1 Corinthians 15:4). Is it not worth some of you time finding out for yourself?

Continue to dig deep!

David

Around the Parishes : Colton

The Fate of the Fête

The Well was dry,
Not a cloud in the sky.

(We could not hold a public event without running water)

We had to decide –
So nothing inside.

The rain in Colton fell mainly on the ground!
Dawn on the day
What could we say?

The raffle a must
Space had to be found!

The church proved a haven
No tables upturned (Matthew 21)
£800 was saved
All was not lost, and at no extra cost!

Susan King



Rev Brian Streeter draws the raffle. On the right is Mrs Margaret Sanders who sold the second largest amount of raffle tickets and also makes a very generous donation to the church by selling plants displayed on the wall to passers by, from outside her home.

Colton Parish Council **Fame at Last**

We are delighted that our parish has been beautifully showcased in a film about our very own parish lengthsman, Archie Workman. **Drainspotting**, directed by Andy Oxley and Joshua Gaunt, premiered on the at the Laurel and Hardy Museum in Ulverston. It will be showing in the valley soon at Oxen Park Cinema Club. Congratulations to all involved. We'll need to find a red carpet to roll out!

Archie is, as we all know, multi-talented and has finished refurbishing and painting the benches on Bouth Village Green a rather stunning grey. They look fantastic and are well loved and much used by residents and visitors alike.

Community Plan Update

We will be busy in September reading and analysing the questionnaires completed as part of our community plan consultation exercise. We plan to hold a informal social meeting on the evening of the 14th of October to share results and get any final input over a simple supper. Keep an eye on the website and Colton Link for more information and how to reserve a spot.

Bethecar Moor Section 38 Notice

After much work, the Bethecar Commoners Association is at the final stages to gain approval and funding to support the restoration of areas of wood pasture on Bethecar Moor. Wood pasture offers a valuable mosaic habitat. This work follows on from previous High Level Stewardship schemes and supports nature recovery. In particular, the regeneration of habitat of threatened species such as the rare High Brown Fritillary and Duke of Burgundy butterflies. The areas of fencing will protect against over-grazing. All rights of way and footpaths will be maintained. If successful, the Bethecar Commoners Association plan to hold two open meetings locally later this year to explain the plans in more detail. As a consultee, Colton Parish Council has written to the Planning Inspectorate in support of this project. If you want to find out more, the application and accompanying documents can be downloaded at: [jerramecology.co.uk /Bethecar-moor-common-fencing-consultation/](http://jerramecology.co.uk/Bethecar-moor-common-fencing-consultation/)

Our next parish council meeting is on the 2nd of October at Oxen Park Reading Room.

Colton Harvest Supper is on Sunday October 6th in the Church Hall after the Harvest Service. For more information please contact **Sue Dean** on **01229 861435** or **07769 551155**.

Egton cum Newland



Join us on **Friday 29th September**, 2 - 4pm in Greenodd Village Hall for a catch up with friends and neighbours over coffee and cake and help us raise money for Macmillan Cancer Support. Admission £2.

Various stalls and raffle, do join us you will be most welcome.

Jean and team.

Crake Valley Friendship Club

The next outing is on **Wednesday 20th September** to Skipton, leaving Greenodd at 9am and stopping at Country Harvest on the way. There are a few vacant seats, please contact **Anne** on **01229 861278** for more information.



Greenodd Post Office opening times: at Greenodd Village Hall

Mondays: 12.15 - 16.00

Tuesdays: 9.00 - 12.30

Fridays: 12.15 - 16.00

Do you have unfinished embroidery/knitting items in the back of a cupboard?
Would you like the opportunity to share ideas and spend time with like-minded ladies?

If so please come along and join our friendly self-help group.

Knitting & Stitching Ladies at Greenodd Village Hall

Monday evenings 7 - 9 pm

Commencing **11th September** (for 12 weeks)

A further 12 weeks commencing in January 2024

Small charge to cover hire of hall

(amount dependent on numbers attending)

For further information phone Chris **01229 861198**

Egton with Newland, Mansriggs & Osmotherley Parish Council

The new Council held its Annual Meetings in May and met on 4th July 2023. The minutes of all our meetings can be viewed on **www.enmoparishcouncil.org.uk**.

The Council recently completed its purchase of the allotments at Spark Bridge and will seek to register so the six allotments have statutory protection under the Allotments Act.

The Council has about 2 hectares (5 acres) of woodland in small plots around the Parish, all covered by our Woodland Management Plan. We have removed diseased ash and cleared other areas to allow us to implement our planting scheme aimed at increasing bio-diversity and to the range of native species, including some fruit trees, in our woodland.

Directly opposite Sandhills Wood in Penny Bridge we have created a new viewpoint looking down to the Leven Estuary and now have a seat placed so people walking up from the Penny Bridge can sit, relax and enjoy the view.

We are also looking at a management plan for land near Tarn Close and will be working with that community to develop this.

At Greenodd the bus shelter has been refurbished and re-painted by a working party of pupils from Sedbergh School. We have thanked the School for its help which was done as part of its community programme.

Following contact with the Cumbria Resilience Forum we are about to make an application for funding to equip Greenodd Village Hall so that it can act as Community Hub in the event of another extended power outage such as happened after Storm Arwen. This effort has involved working with Egton-cum-Newland WI and the Hall Committee.

The next Parish Council Meeting is on **Tuesday 5th September**. Please come along if you want to raise any issue that you think affects the community. Look at our website (**www.enmoparishcouncil.org.uk**) to see the agenda. If there is something you want put on the agenda please contact our Clerk by email using **clerk@enmoparishcouncil.org.uk**.

Brian Campbell Chair, Egton with Newland, Mansriggs and Osmotherley Parish Council

Coniston & Torver

Rainfall, Garden House, Coniston, July 2023

Total - 325.6mm (12.8ins)

Wet days - 27

More than 1mm on 25 days

Wettest day - 15th - 65.5mm (2.6ins)

Thanks

Bill and Muriel Cooper of Coniston would like to thank their wonderful family and friends, St Andrews Church Council and the Vicar for lovely cards and gifts they received on their Platinum Wedding Anniversary. Fond memories of their wedding held at St Andrews in 1953.

Memorial

A Memorial Thanksgiving short service in memory of Margaret Procter, known by all as Auntie Margaret, will be held at St Andrew's Church led by Pamela Hull on **Wednesday 20th September** at 12 noon, followed by soup, tea and scones.
Anne

Lunch and Dominoes

We will be starting again on **Wednesday October 4th at 12.30pm** in Coniston Institute Reading Room. Do come along and join us for soup/roll and a pud, tea/coffee, followed by dominoes. All for £5.00, everyone welcome.

To book a place, ring **Jean** on **015394 41617**, by the Monday before.

We will then continue on the first Wednesday of the month for the winter season.

Coniston Forum

Wednesday 20th September, 7 - 8.30pm at the Coniston Institute.

Non party political discussion on constitutional reform chaired by Robert McCracken KC.

Should the UK

(i) introduce proportional representation for the House of Commons and/or

(ii) reform the House of Lords?

Come and share your views or just listen, and then reflect.

All welcome

Coniston Sports and Social Centre

Wednesday 6th September – **Monthly Quiz Night**, open from 7pm, quiz starts at 8pm, £3pp

Saturday 16th September – **Private Party** – closed from 7pm

Saturday 30th September – **90's Disco by Smiler** at 8pm

Premier League Football Matches will be played when available on sky sports. Plus other Sky Sports fixtures shown on our screens during opening hours (currently Friday – open from 4pm, Saturday – from 12pm and Sunday from 1pm)
A huge thank you to all who supported the August monthly quiz night – it was a great night again. £153 has been donated to Diabetes UK – chosen by the winning team.



Please join us for our next one.

If you'd like to book our facilities or have any other enquiries please do get in touch.
Tel: **015394 41812**, email: **Conistonsports@gmail.com**

Becca Myers (Club Secretary)

Coniston Local History Society

Upcoming meetings for the rest of 2023.

Monday 18th September

Jim Bownass - Memories of Old Cumberland & Westmorland.

Monday 16th October

Colin Pickthall - Cumbrian Monasteries and their Empires

Monday 20th November

Stephe Cove - Washfolds in the Duddon Valley...and Beyond.

All meetings start at 2.30pm in The Reading Room of The Coniston Institute
£3.00 entry fee. No Booking required. Refreshments available.

Proposed Sale of Coniston Vicarage

The Parochial Church Council (PCC) at St. Andrew's, Coniston has been informed by the Diocese of Carlisle of their intention to raise funds for the diocese through the disposal of the vicarage in Coniston village.

The PCC has requested from the diocese a delay in the sale to permit time for alternative funding and usage to be explored. We have initially been given a 6-month reprieve but have requested a 12-month period to allow for a more thorough process to be carried out.

As part of this we would welcome comments and opinions from members of Coniston and Torver communities. In particular, if the sale were to go ahead then how this should be undertaken and conducted.

Please do forward any thoughts to the vicar, the **Revd Brian Streeter** at the Vicarage, Penny Bridge or via telephone or email. Many thanks.

Brian Streeter

Coniston Community Lunches

We are very pleased to be starting our monthly lunches again from October 2023 on the 3rd Monday of each month until March 2024. Starting at 12.30pm in the Institute Reading Room. As usual there will be a hearty 2 course meal + tea and coffee. No payment is expected however a suggested donation of £5 would be welcome to help cover our costs.

Dates for your diary are: **16th October; 20th November; 18th December; 15th January; 19th February and 18th March.**

If anyone would like to volunteer some help or food then please contact **Helen** on **015394 41277**.

We look forward to seeing everyone again and perhaps a few new faces.

Best wishes from the **Community Lunch Team**



Coniston Institute

Saturday 14th October 2023

Tickets £15 online : conistoninstitute.uk

Box office: 07789591619

Doors 7:00pm. Cabaret style. BYOB.

Reports

Coniston Water - Designated Bathing Water Status 2023 Public Consultation



Water based activities are already, and increasingly, extremely popular on Coniston Water. The importance of such activities to people's physical and mental health is increasingly recognised. But serious concerns have arisen about frequent incidents of inadequate treatment of sewage at, or bypassing of, the sewage treatment works in Coniston and Torver.

The designation of parts of the lake as "Bathing Waters" would impose a legal requirement on the Environment Agency to carry out regular assessments of the water quality. Such a designation would also make it easier for United Utilities to obtain approval from its regulator OFWAT for any necessary expenditure on improvements to the capacity or effectiveness of the local sewage treatment works.

Coniston Parish Council conducted surveys throughout the 2022 Bathing Water season and evidenced that the lake is utilised by a large number of people for swimming and other water-based activities, however, it was frustrating that our application did not proceed to full consultation in 2022. The observations from 2022 has made us more determined that our lake should be given Designated Bathing Water Status and the Parish Council has resolved to resubmit an application.

The areas that we are seeking to be Designated are those around Coniston Boating Centre and Monk Coniston as well as the water around Brown How.

As part of this application a public consultation has been arranged for

Wednesday 27th September 2023 at 7pm at the Reading Rooms, Coniston Institute

Please attend to find more about this process and share your valuable thoughts and comments. If you are unable to attend, please either email your comments or send a letter to Coniston Parish Council.

Tracy Coward - Chair, Coniston Parish Council

tracy.coward@coniston.info

TottleArt Display

The Art group that meets at Tottlebank Baptist Church (LA12 8HY) is taking a break over the Summer, but there is a display of their artwork in the School Room at the Church. Why not call in during September and take a look? The church is usually open daily from 10 am until dusk (except 10th – 15th September 2023).

Coniston WI

The next WI meeting will be a walk on Tuesday 5th September and our monthly meeting will be on Tuesday 19th September with a speaker, in the Reading Room in Coniston at 7.30pm. Everyone is welcome. We have plans to visit the Old Laundry Theatre and also enjoy a Christmas meal at Brantwood.

For more details tel **Judith** on **015394 41245**.

Brantwood News and Views



In the Blue Gallery we have "Trees, Trauma and Transformation" by Patricia Townsend. This exhibition consists of digital video and digital photographic prints mounted on aluminium. Early in 2022, violent storms hit Cumbria, uprooting thousands of trees, many in the vicinity of Brantwood. Root plates, trailing torn roots or studded with fragments of rock were suddenly exposed. Taking these as her starting point, Townsend imagines hybrid beings in which animal, plant and mineral are intertwined and interdependent. These beings bear the marks of each tree's trauma but also carry the hope of new life. Exhibition continues throughout September until 8th October.

On display until 17th September, our Severn Studio exhibition is '*Down the Field*' by Sarah Garforth. This is a series of screenprints limited to 20, based on Sarah's morning walk in Gouthwaite Reservoir field in Yorkshire with her dog Dotty. The prints show the month by month changes in the flora and fauna, the seasons and a few personal memories. This is followed by '*A Walk in the Hills*' Recent Paintings by Frank Gordon. Frank's landscape painting is forged from his life-long experience as a walker in the hills. He is inspired by the fells of the Lake District and the landscape of his home in the Yorkshire Dales National Park as well as being a 'student' of Ruskin for most of his adult life. He marries a close study of nature in all her moods from first hand experience. This exhibition opens on 23rd September and runs until the end of the year.

Fell Pony Life Drawing Day

On Saturday 23rd September, we are thrilled to be able to host this drawing day with Libby Robinson from the Fell Pony Heritage Trust and our model for the day 'Marnie'. Marnie lives on the open fell tops all year round. She is also a working pony used for carriage driving and has a pedigree of ancestors in this region going back centuries. As well as learning about these wonderful fell ponies, artists can draw, paint or sculpture in their chosen medium in the setting of Brantwood's lakeside meadow. Full details on our website.

For full details of all our exhibitions and events, please visit our website **www.brantwood.org.uk**. Box office: **enquiries@brantwood.org.uk** or call **015394 41396**.



Dear Readers,

It is with sorrow and excitement that I share news that I will leave Grizedale Arts in September to take up the role of Director at the Public Arts Trust of India in Jaipur.

I have worked with Grizedale for 4.5 years and most of that time has been heavily focused on The Farmer's Arms and its revival as a new collaborative rural arts centre that would serve the needs of the Crake community and visitors to the area. We were able to progress the project through numerous lockdowns, going on to meet an ambitious fundraising target which, given how uncertain and difficult a time it was for us all, is tantamount to its timely nature and the community's need for something hopeful.

Taking this much-loved institution from dilapidated to operational has been an utter whirlwind with innumerable challenges, but I wouldn't change any of it for the world! I've learnt a lot through the process, and haven't always got it right, but seeing The Farmer's Arms steadily become a thriving rural hub welcoming folks of all ages and backgrounds to enjoy food and drink and creative pursuits has been a hugely joyful experience.

For me, it is the moments when locals and visiting artists engage, learning from one another's lived experience that is a tangible marker of the project's success to date. As I step away, I know The Farmer's Arms will continue to grow and evolve, enhancing the lives of visitors and locals who pass through its historic doors, incorporating their ideas and supporting their ambitions.

When I arrive in India, I'll be part of a team building 2 new art centres - one in Jaipur and one in Jodhpur – transforming heritage properties into hybrid spaces with restaurants, food labs, accommodation, art studios, galleries, libraries, and shops, supporting emerging artists and local crafts people through ambitious programmes and welcoming international artists to engage with our communities. The context might be very different, but ambitions will be similar, as despite the distance between us, most communities internationally are not so dissimilar.

Until next time,

Emma

As always, you can find out more through our website
at: www.lakedistrictfarmersarms.com/whats-on/

To contact our friendly team, email hello@lakedistrictfarmersarms.com or call
01229 481160.

OPEN FOR FOOD & DRINK, THURSDAY - SATURDAY

Cafe, 10am-5pm | Stable Bar, 12noon-10pm

What's on at the Farmer's Arms in September

2nd Sept — Gelli Plate Printmaking with Jess Levine: 2 - 4pm / £35

5th Sept — Evening Course: Introduction to Furniture Making: 6 - 8pm every Tuesday for 6 weeks / £250

6th & 7th Sept — Evening Course: Pottery with Francis Lloyd-Jones: 6 - 8pm every Wednesday or Thursday for 6 weeks / £180

7th Sept — Evening Course: Ceramic Techniques: 6 - 8pm every Thursday for 6 weeks / £200

8th, 9th & 10th Sept — Social Clay Pottery Festival: Programme times and prices available online

8th Sept — Jack Hartley Live in the Stable Bar: 7.30pm / Free

9th Sept — Drop In Making Day with Tom Philipson & Francis Lloyd-Jones: 10 - 4pm / POA

9th Sept — Technicolor Black Hole Live in the Stable Bar: 7.30pm / Free

9th & 10th Sept — Lawson Park Open Weekend: 12 - 6pm / £5 OTD

11th Sept — Evening Course: Metalwork Techniques: 6 - 8pm every Monday for 6 weeks / £200

14th Sept — Celtic Fiddles Live in the Stable Bar: 7.30pm / Free

16th Sept — Tool Sharpening and Restoration: 10am - 4pm / £10 p/hr

20th Sept — Ask a Gardener: Expert-led Q&A: 6 - 7.30pm / £10

Rookhow

Retreat Away Fund

The Rookhow Retreat Away Fund provides subsidised stays for vulnerable groups, including refugees, youth groups, drug and alcohol recovery and women dealing with domestic violence. So far it has supported over 400 people from 30 organisations to benefit from Rookhow's peace and tranquility. Rookhow puts 5% of its booking income into this fund which is also supported by local Quaker Meetings and individuals. The next round's deadline is 27th September. Please contact Sue for more details. Check the website for details and an application form. <https://rookhow.org.uk/charitable-work>



Quaker Meetings at Rookhow Meeting House

On the first Wednesday of every month 7.30 - 8pm and 1st and 3rd Fridays 12.30-1pm. All welcome.

Open Days

Our friendly volunteer guides will be happy to show you around Rookhow on the 1st and 3rd Fridays of every month 10am - 4pm. All year round. Individuals and groups welcome. Recent groups who have visited include Cartmel Peninsula Local History Society, St Paul's Church Grange-over-Sands, Brigsteer WI and Coniston Mothers' Union. If you're coming as a group, please let us know so we have enough cake ready!

Day bookings

Rookhow Meeting House can be booked for meetings & day events (Monday-Thursday) and as a base for use of the woodland.

Website: rookhow.org.uk. Contact **Sue Nicholls**, Development Manager Tel **07377 971783** Email: contactrookhow@gmail.com

Printmaking Gallery and Studio



A group of local artists have come together to open a new printmaking gallery and studio in the centre of Ulverston. **Printshare** was founded in 2017 by the printmakers, who meet regularly to share skills, ideas, materials and equipment. They now have a permanent base at No.9 Queen Street.

The facility offers a programme of affordable workshops, open to everyone regardless of skill or experience. Upcoming workshops this autumn will include linocut, collagraph, multi-media printmaking and gelli plate printing. For details of the full range of workshops you can visit **printsharelakes.co.uk** or call in at the gallery which is open every Saturday from 10am to 2pm.

Friends of the X112

Lunch - Rampside Village Hall, Thursday 14th September, 11.30 for 12 noon, £12 for coffee, main course and dessert.

Please pre-book on **01229 869637**

Friends of the X112 are pleased to announce the return of the

ASDA BUS

Every Monday, leaving Coniston at 8.45am, arriving at Asda via the Coast Road at 11.07am

Leaving Asda for the return trip at 1.55pm.

Next Rusland Horizons Event

Veteran Tree ID Walk: Saturday 9th September, 10am - 3pm

Following the great response to the last Veteran Tree ID Walk in spring, Rusland Horizons has decided to hold another event, this time in autumn.

Join Rusland Horizons on a guided walk around Finsthwaite Heights to explore this fascinating landscape, visiting veteran and ancient trees. At the last event in May there was a real mix of trees, ranging from the expected such as oak, hazel, hawthorn and beech, to rarer species of cherry, juniper and aspen.

As part of the guided walk, there will also be the chance to record one or two particularly special veteran trees for the Woodland Trust Ancient Tree Inventory.

Full details and booking can be found on the Rusland Horizons website now, at the usual 'What's On' page. **<https://www.ruslandhorizons.org/whats-on.aspx>**





The editor has been sent an open letter from the partners at Haverthwaite Surgery which unfortunately is too long to reproduce in full but the main points are covered below. The full letter can be seen on the Haverthwaite Surgery website at **haverthwaitesurgery.co.uk** and is also displayed at the Surgery.

“For some time it has been clear to NHS England that our surgery building is no longer up to the standard as outlined in the mandatory guidelines by the Department of Health for Estates and Facilities”. The surgery is busier than ever with the clinical rooms at capacity caring for a patient population of just over 2,900.

“Early last year we entered discussions with a third party to develop an existing building with additional land in Haverthwaite... the property developer is a local resident. He is extremely passionate about the community and the all-important retention of necessary health services for our semi-rural patient population.”

“... very recently we coincidentally received an eviction notice from the owner of our current premises together with a proposed rental lease agreement containing a 65% increase to £55k per annum. Such an increase would not be approved and funded by the Lancashire and Cumbria Integrated Care Board (ICB) without substantial renovations to the existing building”.

“... we continue with our original plan to move into a brand new third-party owned property. Both options however require financial commitment from the ICB. As such, very shortly in September the ICB will arrange an open meeting in which to discuss our options and the financial viability of each. It is unlikely that the dispersal of our current patient population to over-stretched Ulverston practices will be raised, given the unquestionable need to retain a much-needed healthcare service central to this area”.

“We want to ensure that you, our patients, are kept abreast of this current situation and where you can, we would welcome your involvement. Please do keep an eye on our Facebook page, or at haverthwaitesurgery.co.uk for any updates.

Thank you in advance for your understanding in this matter,

Yours sincerely,

Dr Philip Edwards, GP Partner and Sarah Edwards, Managing Partner.



**Saturday
2nd Sept
2023**
gates open 8:30am

LOWICK SHOW

the Lowick 'L'al Royal' show

Adults £7.50 | Under 16's £2.50 | Under 5's FREE | Car Park FREE

save £1 on advanced adult tickets, buy them at www.lowickshow.co.uk

Classes to enter... Livestock/Horses/Home Produce

Enter on the day... Novelty Dogs/ Children's Races/
Cumberland Wrestling

On the Field... Refreshment Tent/
Trade Stands/Local Crafts Tent/

Beer Tent-open throughout the day until 9:30pm.



SAT NAV LA12 8EE

My children have started at new schools, one in primary and the other secondary. Between uniforms, PE kit and bus fares, my finances are pretty stretched. Is there any help I can get?

A good place to start is the Citizens Advice website where you'll find lots of information on the support you might be entitled to for school-related costs.

The help you can get to cover school lunches will vary depending on how old your children are and if you claim benefits. Children in Reception, Year 1 and 2 automatically get free school meals. You can apply for free school meals for older children if you claim certain types of benefits, including Universal Credit, Child Tax Credit and Income Support.

If your child can't walk to school because of special educational needs or disabilities they should get free school transport. You may be able to get help with transport costs from your Local Education Authority (Westmorland & Furness Council) if your children can't walk because it's dangerous or too far, or if you are on a low income. They may also be able to help you with activity and school uniform costs. You're likely to be considered to be on a low income if you get means-tested benefits like Universal Credit or Housing Benefit. Check the Westmorland & Furness website for more information and to apply.

In some places there are also local charitable schemes that can help. A good place to find out about these is the school itself or Parent Teacher Association (PTA), which will usually know if these kinds of schemes exist.

A lot of people are feeling the squeeze at the moment, but it's important to remember that help is available with school costs and you're not alone. For more information visit the Citizens Advice website.

. Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

Call 015394 46464 - this is being staffed from 9:30 – 2pm

•Email advice via our submission page on our website www.southlakescab.org.uk

Help to Claim (Universal Support): 0800 144 8 444

Readings for September 2023

3rd	Romans 12.9 - 21	Matthew 16.21 - 28
10th	Romans 13.8 - 14	Matthew 18.15 - 20
17th	Harvest: 2 Corinthians 9.6 - 15	Luke 12.16 - 30
24th	Harvest: 2 Corinthians 9.6 - 15	Luke 12.16 - 30
	Philippians 1.21 - 30	Matthew 20.1 - 16

A THOUGHT FOR THE MONTH by Rev. David Gregg
SEPTEMBER 22ND: THE AUTUMN EQUINOX

Every family has little sayings that only make sense to *them*. Our family has them too! One that my Mother and her sister Bessie invented, and passed on to us children, is **"Your light is on!"** You say it very slowly and deliberately if you say something to someone in the family which they don't catch, even if you repeat it several times. It's because one day Mum and Auntie Bessie saw a man on a bicycle, in the middle of the day, with his bicycle light on. As he approached, Auntie Bessie called out, "Y'light's on!" "What?" said the cyclist, as he came up to them. "Your light's on!" repeated Auntie Bessie, a bit louder. The man still didn't catch it. He braked to a halt and turned round back towards them. "What did you say?" he yelled. So Auntie Bessie and Mum both repeated, very loudly, and slowly in unison, **"YOUR LIGHT IS ON!"**

The Autumn Equinox, with its equal hours of daylight and darkness, invites thoughts of the centrality of "Light" to the whole of our existence. "Let there be *light*" is the very first feature of the Genesis account of Creation, with the Sun, Moon and Stars coming later as light-bearers.

Our Graeco-Roman world-view can tend to treat abstract ideas as *absolute* (i.e. things complete in themselves). The Hebraic world-view mostly treats opposites as *relative* to each other, (so that "despair" is the *absence* of "hope", for instance). Similar examples are Joy and Sadness, Peace and Turmoil, Good and Evil, Life and Death, Freedom and Bondage, Heaven and Hell, Charity and Selfishness, "Filial" Love and Hatred. And fundamental to all is "LIGHT" (and DARKNESS). The root idea of Light is "Shining" with Darkness as the absence of Light.

There are three main features of Light. If we list them as (1) giving *Guidance*, (2) giving *Illumination/Revelation*, (Oh! I See!) and (3) *Photosynthesis* (the interaction of sunlight with the material elements, basic to all organic Life) it immediately leads us to the saying of the Lord Jesus, "I am the Way, the Truth and the Life."

In the Hebrew Scriptures, "Light" signifies Almighty God in action. His face shines; He is the *source* of all light and light is the chief feature of His *glory*.

In the New Testament, the LORD Jesus Christ is introduced as "the true light which enlightens everyone" (John ch. 1 vv 1-9) and He Himself is recorded as making the fundamental claim, "I am the light of the world" (John ch. 8 v. 12). His disciples are told, "*You* are the light of the world" and commanded to "let your light shine before others". (Matthew ch. 5 vv 14-16)

There are two ways that we can respond to this. In the spirit of Holman Hunt's famous painting of "The Light of the World", we can open the door of our hearts and receive Jesus Christ as our LORD and Saviour, and we ourselves may show by our testimony and our good works that our task is to shine in the darkness so that others may believe as well and give glory to God.

Parish Prayer Diary September 2023

1st: Pray for the local Shows taking place during September.

2nd: Pray Christian marriage continues to be celebrated and faithfully upheld and pray also for couples solemnising their marriage in church this month.

3rd: **Sunday, the first day of the week:**

Father God, you search us and know us: may we rely on you in strength and rest on you in our times of weakness, now and in all our days.

4th: Pray for staff and pupils preparing to return to school this week; pray for children anxious about starting a new school.

5th: Pray for people affected by natural disasters and the charities helping them.

6th: Pray for Benefice Staff team meeting this afternoon.

7th: Pray for crews providing lifesaving emergency and rescue services, especially those services that are charity funded.

8th: Pray for children, young people and adults learning to read and write; pray also for their teachers.

9th: Pray parents and God-parents will take seriously promises made to nurture the Christian spiritual development of children they bring for baptism.

10th: **Sunday, the first day of the week:**

Jesus opened a new and living way into the presence of Almighty God, so let us with pure hearts and steadfast wills worship him in Spirit and Truth.

11th: Pray for young people starting, or preparing for, their chosen Apprenticeship; that they settle quickly into the new routine of travel, working and learning.

12th: Pray for our Government.

13th: Pray for Christians in Pakistan who despite living under the daily threat of violence, hostility or false imprisonment, continue to be salt and light to their communities.

14th: Pray for Christian song writers as they proclaim in word and music the wondrous story of the Father's love, the Saviour's grace and the Spirit's empowering.

15th: Pray for those working with the various youth groups across our benefice, as they seek to find ways of making the Gospel relevant to all ages.

16th: Pray for areas of on-going armed conflict, and for the peacemakers trying to bring resolution.

17th: **Sunday, the first day of the week:**

May the Lord our God, defend his world-wide Church from all false teaching so that his faithful people, knowing his truth and proclaiming Jesus as Lord, may know and enjoy eternal life in Christ's Kingdom today and for ever.

18th: Pray for students leaving home for the first time to commence a university course, and pray for their families as they help with logistics and early support.

19th: Pray for The Children's Society working with children who run away, are ill-treated or battling with mental health problems.

20th: Pray for people awaiting hospital treatment or surgery.

21st: Pray for people affected by dementia, and for those who care for them.

22nd: Pray for our farming community, providing quality food for the nation and working to conserve wildlife habitat.

23rd: Pray for those who carry the responsibility of caring for our church buildings.

24th: **Sunday, the first day of the week**

May the Lord of creation, whose glory is around and within us: open our eyes to his wonders that we may serve him with reverence all the days of our lives.

25th: Pray for Open Doors regional *Standing Strong* events over next few weeks connecting UK churches with the persecuted church for worship, prayer and encouragement.

26th: Pray for the Head Teachers and Governing Board Members of our local schools, for wisdom and inspiration in guiding our children in Kingdom ways.

27th: Pray for people struggling financially, and for the charities that provide help such as Citizens Advice, Step Change or Christians Against Poverty.

28th: Pray for relief agencies across the world, and their workers who often put their lives on the line to help the victims of conflict. Pray that aid supplies can move freely and be used wisely.

29th: Pray for Teaching Assistants making their contribution to the education and support of school children across our County.

30th: Pray with thankfulness for the harvest season and praise our heavenly Father who faithfully answers our prayer “give us this day our daily bread”.

From the Editor

Please send in your items for inclusion in the October edition by September 15th.

Juliet Caldwell, Editor 07884 232281

editor@conistonandcrakechurches.co.uk



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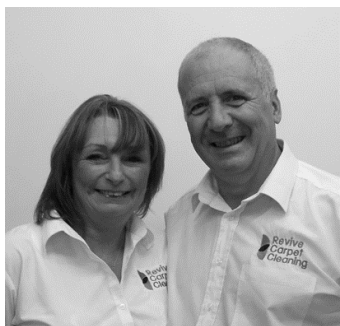
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Regular events

Monday from 11 th Sept	Knitting and Stitching, 7pm	Greenodd Village Hall
Monday	Short Mat Indoor Bowling, 7 - 9pm, no experience needed	Greenodd Village Hall
2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Wednesday	Parent and Toddler Group 9.30 - 11.30am (term time only)	Coniston S & S Centre
Wednesday	Beginners Pilates, 4.30pm	Greenodd Village Hall
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Community Lunch, 1pm sharp	Farmers Arms, Lowick
1 st Wednesday from 4 th Oct	Dominoes and Lunch, 12.30pm	Coniston Institute
Thursday	"Young at Heart" exercise and lunch, 11am £5	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 nd Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 rd Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
1 st Wednesday	Quaker Meetings, 7.30pm	Rookhow
1 st & 3 rd Friday	Quaker Meetings, 12.30pm	Rookhow
2 nd Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	Bouth Village Hall
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
Fridays	Indoor Bowling, 2 - 4pm	Coniston Institute

Can I ask all "owners" of the above regular events to check that the details shown are still current?

What's On Guide - September

2 nd	Lowick Show	Lowick Bridge
2 nd	Gelli Plate Printing workshop, 2pm	Farmer's Arms
5 th	ENMO Parish Council meeting, 7pm	Greenodd Village Hall
5 th	Film: "Living" 7.30pm	Oxen Park Cinema Club
8 th	Live music: Jack Hartley	Farmers Arms
8 th -10 th	Social Clay Pottery Festival, see page 13 - 14	Farmers Arms
9 th -10 th	Lawson Park Open Weekend	Grizedale Arts Lawson Park
9 th	Drop in Making Day, see page 13 - 14	Farmers Arms
9 th	Veteran Tree Walk, see page 15	Rusland Horizons
9 th	Live music: Technicolour Black Hole	Farmers Arms
11 th	Blawith & Subberthwaite Parish Council	Lowick Community Hall
13 th	Kingsharp mobile knife sharpener, 10am	Ruskin Museum Courtyard
14 th	Friends of X112 lunch, see page 15	Rampside Village Hall
14 th	Live music: Celtic Fiddles	Farmers Arms
16 th	Tool Sharpening & Restoration 10am - 4pm	Farmers Arms
17 th	The Autumn String Quartet, 7pm see overleaf	Water Yeat Village Hall
18 th	Talk: Jim Bownass, Coniston Local History Soc.	Coniston Institute
20 th	Crake Valley Friendship Club outing, see p 6	Greenodd
20 th	Coniston Forum 7pm, see page 8	Coniston Institute
20 th	Ask a Gardener 6pm	Farmers Arms
23 rd	Fell Pony life drawing day - see page 12	Brantwood
23 rd	Film: "Blue Caftan", 7.30pm	Oxen Park Cinema Club
27 th	Coniston Bathing water designation meeting	Coniston Reading Rooms
28 th	Mothers' Union: Transformation Now Reflections	Member's home
29 th	Coffee & Cake for Macmillan Cancer Support 2 - 4pm	Greenodd Village Hall

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