

3
WEEKS
LEFT

COLLECT THE RANGE

SPAR

FULL CREAM MILK

LONG LIFE

UHT PROCESS

Sourced from South African Farmers

SPAR Long Life Full Cream, Low Fat or Fat Free Milk (Excl. Lactose Free) 6 x 1 litre

89⁹⁹ per pack

Save R15 WITH RewardsCARD

REFILL YOUR JAR

With golden roasted ARABICA BEANS FOR A RICH AROMA

Nescafé GOLD

SOLUBLE COFFEE

Rich Aroma & Smooth Taste

7

Nescafé Gold Coffee Assorted 200 g or Pouch 220 g (Excl. Alta Rica and Decaf)

149⁹⁹ each

Save R45 WITH RewardsCARD

SA'S #1 CEREAL HAS A NEW LOOK!

48 Biscuits

SINCE 1929

BOKOMO

VEET-BIX

WHOLEGRAIN WHEAT BISCUITS

High in Fibre
High in Vitamins B1, B2 & B3
Source of Iron

Bokomo Weet-Bix 900 g

49⁹⁹ each

Save R15 WITH RewardsCARD

UNLEASH
YOUR INNER CHEFTM
with **nutrifresh**

Ends 8 November 2026

nutrifreshTM is a registered trademark used under license by TCC Global N.V.
Ts & Cs apply.

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19cm Cook's Knife

COLLECT 30 STICKERS

Shop, chop, slice and dice your way to

80% OFF

nutrifreshTM Kitchen Essentials.



SPAR

REFINED WHITE SUGAR

SPAR Refined White Sugar 2.5 kg

58⁹⁹ each

WITH RewardsCARD

SPAR

CHOICE SALTED BUTTER

SPAR Choice Butter or Butterable Spread 500 g

69⁹⁹ each

WITH RewardsCARD

SPAR

TOILET TISSUE

ULTRA SOFT & GENTLE

SPAR Toilet Tissues 2 ply 18s

99⁹⁹ per pack

WITH RewardsCARD

YOUR BUTCHER

ROOIBERG BOEREWORS

Your Butcher By SPAR Rooiberg Boerewors

109⁹⁹ per kg

YOUR BUTCHER

BEEF

Your Butcher By SPAR Rump or Sirloin Steak

169⁹⁹ per kg

YOUR BUTCHER

CHICKEN

Your Butcher By SPAR Chicken Star Pack (Drumsticks and Thighs)

69⁹⁹ per kg



Enjoy

Tender Chicken Bake

For Less



Your Butcher
By SPAR
Chicken
Braai Pack
8s / 5s / 3s

69⁹⁹
per kg



SPAR
Tender & Tasty
Buffalo Wings
(BBQ/Peri-Peri)

109⁹⁹
per kg



SPAR
Steak Co.
Beef Rump Tail
Medallions

199⁹⁹
per kg



SPAR
Tender and Tasty
Honey Glaze
Pork Rashers

179⁹⁹
per kg



SPAR
freshline
Potatoes
3 kg

54⁹⁹
per pack



SPAR
freshline
Long Life
Tomatoes
1 kg

26⁹⁹
each



SPAR
freshline
Aqua Leaf
Lettuce
Head
400 g

14⁹⁹
each



SPAR
freshline
Banana Bag
750 g

24⁹⁹
per pack



SPAR
Bakery
Trifling Cake
Assorted

74⁹⁹
each



SPAR
Bakery
White
Ciabatta

BUY
2
FOR

70⁰⁰



SPAR
Bakery
Muffins
6s
Assorted

59⁹⁹
per pack



Sourced for **quality** and **taste** so
you can serve **irresistible** meals
every day. **Affordable prices**
mean you can enjoy moist, tender
chicken dishes **more often**.
Your Butcher products are
available **only at SPAR**.

Scan for recipe



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App.
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Fridge Super Value

Clover
Ultra Pasteurised
Carton or Jug
Full Cream or
Low-Fat
Fresh Milk
2 litre

29⁹⁹ each
WITH Rewards CARD

SPAR
EXTRA LARGE EGGS
30 EGGS
GRADE 1-59 g

78⁹⁹ per pack
WITH Rewards CARD

Rama
Original
60% Fat Spread
Tub
1 kg

54⁹⁹ each
WITH Rewards CARD

Flora
Light
40% Tub
1 kg
Assorted

54⁹⁹ each
WITH Rewards CARD

BLUE RIBBON
CLASSIC
WHITE BREAD
700 g

17⁹⁹ each
WITH Rewards CARD

Kiri
Cream Cheese
12 Piece
Portions
200 g

74⁹⁹ each
WITH Rewards CARD

SPAR
Processes
Cheese Slices
Cheddar
or Gouda
900 g

109⁹⁹ each
WITH Rewards CARD

Clover
Tussocks
800 g
Assorted

124⁹⁹ each
WITH Rewards CARD

Clover
Cheese
Tussocks
800 g
Assorted

124⁹⁹ each
WITH Rewards CARD

**Parmalat,
Melrose or President**
Cheese Slices
380 g / 400 g
Assorted

64⁹⁹ each
WITH Rewards CARD

PRESIDENT
Feta
Cheese
400 g
Assorted

64⁹⁹ each
WITH Rewards CARD

SPAR
French Polony
2 kg
Assorted

49⁹⁹ each
WITH Rewards CARD

Rainbow
Simply Chicken
Polony
700 g / 1 kg
Assorted

72⁹⁹ each
WITH Rewards CARD

SPAR
Back, Lean, Shoulder,
Streaky, Diced
Bacon or Chicken
Rashers
200 g
Assorted

34⁹⁹ per pack
WITH Rewards CARD

Pork Sausages
375 g
Assorted

54⁹⁹ per pack
WITH Rewards CARD

SPAR
Smoked
Cheese Griller
425 g
Assorted

69⁹⁹ each
WITH Rewards CARD

Danone
Danup
Multigrain & Yoghurt
Blend Cream
(Excl. Boost)
950 g
Assorted

45⁰⁰
WITH Rewards CARD

SPAR
Viennas
(Excl. Chicken
& Cheese)
500 g
Assorted

47⁹⁹ per pack
WITH Rewards CARD

LANCEWOOD
DOUBLE CREAM
YOGHURT
1 kg
Assorted

49⁹⁹ each
WITH Rewards CARD

Danone
Nutriday Smooth
Low Fat or
Plain Full Cream
(Excl. Double Cream)
6 x 100 g
Assorted

38⁰⁰
WITH Rewards CARD

SPAR
Full Cream
Maas
2 kg

29⁹⁹ each
WITH Rewards CARD

Clover
Krush
100% Fruit Juice
1.5 litre
Assorted

42⁹⁹ each
WITH Rewards CARD

Clover
Tropika
Dairy Fruit Mix
2 litre
Assorted

34⁹⁹ each
WITH Rewards CARD

Heat. Eat. Save.

More Filling

McCOY
Pies or Sausage
Rolls
Assorted

70⁰⁰
BUY ANY 2 FOR
Gourmet Recipe
McCOY
REAL DEAL PIES

Fresh & Convenient

Pieman's
Pies or Sausage Rolls
(Excl. Burger Pie)
Assorted

55⁰⁰
BUY ANY 2 FOR
PIEMAN'S
MADE JUST RIGHT

Dekicious & Made Easy

Cooked Gammon

169⁹⁹ per kg
The FOOD STALL

CHIKKA CHICKEN
6 Meal
(2 x Thighs, 2 x Drums,
2 x Wings) and
100 g Chips

124⁹⁰ per meal
ATE & LEFT NO CRUMBS
CHIKKA CHICKEN

LOVE IT? SPAR GETS IT DELIVERED

Download now! Available on the App Store GET IT ON Google Play

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SC_SSR5971_3

SHOP & CHOP

with **nutrifresh™**



Freezer Super Savers

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Sea Harvest
Crisp & Chunky
6 Wild caught fish fillet portions
assorted sea gulls and herb crust
CRISP & CHUNKY

Sea Harvest
Hake Medallions
6 Wild caught, medium hake portions
CRISP & CHUNKY

Sea Harvest
Crisp & Chunky
500 g
or
Hake Medallions
450 g
Assorted

92⁹⁹ each
WITH Rewards CARD

SPAR
Ocean Crisp
Crumbed Hake Fillets
Classic
400 g

SPAR
Ocean Crisp
Crumbed Hake Portions
480 g
Assorted

82⁹⁹ per pack
WITH Rewards CARD

1&J
FISH FINGERS
24 ORIGINAL CRISPY FISH FINGERS
400 g

1&J
Original Fish Fingers
600 g

79⁹⁹ per pack
WITH Rewards CARD

SPAR
30 SAUSAGE ROLLS
POFFY PASTRY FILLED WITH SAUSAGE
CHICKEN FILLING

SPAR
Sausage Rolls
30s

114⁹⁹ per pack
WITH Rewards CARD

SPAR
CHICKEN & MUSHROOM PIES
GOLDEN BROWN PUFFY PASTRY PIES
WITH CHICKEN IN A CREAMY
MUSHROOM SAUCE

SPAR
PEPPER STEAK PIES
GOLDEN BROWN PUFFY PASTRY PIES
WITH PEPPER STEAK FILLING

69⁹⁹ per pack
WITH Rewards CARD

SPAR
EVERYDAY VALUE BURGERS
MADE WITH CHICKEN & BEEF

SPAR
Everyday Value Burgers
1.2 kg

59⁹⁹ per pack
WITH Rewards CARD

SPAR
HAWAIIAN PIZZA
ITALIAN STYLE TOMATO SAUCE TOPPED WITH MOZZARELLA,
PINEAPPLE & HAM PIECES

SPAR
MARGHERITA PIZZA
ITALIAN STYLE TOMATO SAUCE TOPPED WITH MOZZARELLA
& CHEDDAR CHEESE

SPAR
Frozen Pizza
250 g / 300 g
Assorted

46⁹⁹ each
WITH Rewards CARD

SPAR
CRUMBED CHICKEN
BURGER PATTIES
High in Protein
Pre-cooked
AIR FRYER + 5 MIN

SPAR
Crumbed Chicken
Burger Patties
Original or
Cheese
520 g

44⁹⁹ each
WITH Rewards CARD

SPAR
FROZEN CHICKEN
MIXED PORTIONS WITH A
BRINE BASED MIXTURE

SPAR
Frozen Chicken
Mixed Portions
5 kg

189⁹⁹ per pack
WITH Rewards CARD

Coca-Cola
AIR FRYER
STRAIGHT CUT
POTATO CHIPS

McCain
AIR FRYER
STRAIGHT CUT
POTATO CHIPS

SPAR
Crumbed Chicken
Burger Patties

125⁰⁰ per combo
WITH Rewards CARD

SPAR
Crumbed Chicken
Burgers 750 g
+
McCain
Air Fryer
Straight Cut
Potato Chips
750 g
+
Coca-Cola
Regular Only
1.5 litre

125⁰⁰ per combo
WITH Rewards CARD

SPAR
CRUMBED CHICKEN
STRIPS
High Protein
Pre-cooked
AIR FRYER + 5 MIN

SPAR
Crumbed Chicken
Steaklets, Pops,
Fries Coated,
Nuggets,
Strips or Burgers
750 g

59⁹⁹ each
WITH Rewards CARD

SPAR
SOUTHERN STYLE
CHICKEN MIXED PORTIONS
7 PIECES
Pre-cooked
Individually Frozen

SPAR
Southern
Style Chicken
Mixed
Portions
1 kg

74⁹⁹ per pack
WITH Rewards CARD

SPAR
Choice Grade
Mediterranean
Roast
Vegetable Mix
SWEET POTATO CHUNKS, BUTTERNUT
CHUNKS, POTATO WEDGES, BROCCOLI
FLORETS, MARINOW ROUNDELS, SLICED
CORNISH, SALADIC DRESSING
IN VARIABLE PROPORTIONS

SPAR
Mediterranean
Mix or
Cut Beans
1 kg

44⁹⁹ per pack
WITH Rewards CARD

Nature's Garden
slap chips

Nature's Garden
Slap Chips
or Ovenbake
Straight
Cut Chips
900 g

42⁹⁹ per pack
WITH Rewards CARD

PIEMAN'S
POCKETS
BBQ CHICKEN
FOLDED PIZZA DOUGH
WITH CHICKEN AND CHEESE
IN SWEET BBQ SAUCE

Pieman's
Frozen Pocket
Pies
6s
Assorted

119⁹⁹ per pack
WITH Rewards CARD

Fry's
FAMILY
FAVORITE
BUTTERNUT & SPINACH BALLS
BOUTLETTES DE COURGE BUTTERNUT
ET D'EPINARDS

Fry's
Burgers 320 g,
Nuggets 380 g,
Popcorn 300 g,
Schnitzel 320 g
or
Easy Veg 240g
Assorted

54⁹⁹ per pack
WITH Rewards CARD

MAGNUM
mini CLASSIC
55 ml

MAGNUM
mini WHITE ALMOND
55 ml

Magnum
Ice Cream
Mini
5 x 55ml
Assorted

89⁹⁹ per pack
WITH Rewards CARD

OLA Rich 'n Creamy
Deliciously creamy
CHOCOLATE ICE CREAM
MADE IN CHOCOLAT / VANILLE IN CHOCOLATE

OLA Rich 'n Creamy
Deliciously creamy
NEAPOLITAN
CHOCOLATE, VANILLA AND STRAWBERRY FLAVORED
MADE IN CHOCOLAT, VANILLE ET FRUITS /
VANILLE VANILLE, CHOCOLAT, VANILLE ET FRUITS

OLA
Rich 'n Creamy
Ice Cream
1.8 litre
Assorted

100⁰⁰
Save R54
WITH Rewards CARD

Super BUNDLE DEAL
Cadbury
DAIRY MILK
crunchie BLAST

Cadbury
5 Star 80 ml, Crunchie 90 ml,
Dairy Milk 90 ml, Oreo 90 ml or
Lunch Bar 100 ml
Ice Cream
Stick

65⁰⁰
WITH Rewards CARD



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Savings made super!

Super BUNDLE DEAL
BUY ANY 2 FOR
38⁰⁰
 WITH RewardsCARD

SPAR Shredded Tuna in Oil or Water 170 g

Everyday Pantry Value

SPAR SA Extra Virgin Olive Oil 1 litre

199⁹⁹ each
WITH RewardsCARD

Excella Sunflower Cooking Oil 2 litre

69⁹⁹ each
WITH RewardsCARD

SPAR Brown Sugar 2 kg

39⁹⁹ each
WITH RewardsCARD

Fatti's & Moni's Macaroni or Spaghetti 500 g

30⁰⁰
WITH RewardsCARD

Excella Parboiled Rice 2 kg

26⁹⁹ each
WITH RewardsCARD

Maggi 2 Minute Instant Noodles 5s Assorted

60⁰⁰
WITH RewardsCARD

Koo Baked Beans in Tomato Sauce 400 g

14⁹⁹ each
WITH RewardsCARD

Rhodes Chakalaka, Butter Beans, Mixed Veg or Creamstyle Sweetcorn 400 g - 420 g Assorted

40⁰⁰
WITH RewardsCARD

Bull Brand Curried Mince 400 g Assorted

50⁰⁰
WITH RewardsCARD

Golden Cloud Cake Wheat Flour 2.5 kg

34⁹⁹ each
WITH RewardsCARD

Snowflake Self Raising Flour 1 kg

21⁹⁹ each
WITH RewardsCARD

Iwisa or Super Sun Super Maize Meal 5 kg

49⁹⁹ each
WITH RewardsCARD

Bull Brand Corned Meat 300 g Assorted

55⁰⁰
WITH RewardsCARD

TOP UP monthly with SPAR Mobile for ONLY R19 and UNLOCK MULTIPLE FREE DATA deals in-store.
Dial *136# (Ts & Cs apply)



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Must-have Savings

Super
BUNDLE
DEAL



BUY
ANY
2
FOR

35⁰⁰

WITH RewardsCARD

Royco
Dry Cook in Sauce,
Potato Bake or
Coat & Cook
37 g - 50 g
Assorted

Save on Pantry Favourites



All Gold
Tomato Sauce
700 ml

32⁹⁹
each

WITH RewardsCARD



Nola
Mayonnaise
(Excl. 500 g
and 730 g)
750 g / 780 g
Assorted

39⁹⁹
each

Save R10
WITH RewardsCARD



Nando's
Umlilo
Hot Sauce
90 ml

25⁰⁰

WITH RewardsCARD

Super
BUNDLE
DEAL



Imana
Gravy or Sauce
34 g / 38 g
Assorted

BUY
ANY
3
FOR

27⁰⁰

WITH RewardsCARD

Super
BUNDLE
DEAL



Robertson's
Herbs and Spices Medium Refill
(Excl. White Pepper,
Black Pepper and Whole Spices)
12 g - 100 g
Assorted

BUY
ANY
2
FOR

27⁰⁰

WITH RewardsCARD



Knorr
Aromat
Seasoning Refill
Trio Pack
200 g
Assorted

25⁹⁹
per pack

WITH RewardsCARD

Bulk Value



Sasko
Cake Wheat Flour
10 kg

119⁹⁹
each

WITH RewardsCARD



Tastic
Long Grain
Parboiled Rice
10 kg

149⁹⁹
each

WITH RewardsCARD



SPAR
Super
Maize Meal
12.5 kg

86⁹⁹
each

WITH RewardsCARD

SPAR



PAYDAY POWER SAVERS

Great combos. Bigger savings. More value for your family.

Super
BUNDLE
DEAL

1 PERISHABLES COMBO



SPAR
Margarine Brick 500 g
+
SPAR
Frozen Chicken Mixed
Portions 5 kg
+
SPAR
Large Eggs 60s

354⁰⁰
per combo

WITH RewardsCARD

2 SMALL COMBO



SPAR
Super Maize Meal 5 kg
+
SPAR
Parboiled Rice 2 kg
+
SPAR
Sunflower Oil 750 ml
+
SPAR
Instant Noodles Assorted 5s
+
SPAR
Baked Beans in Tomato Sauce 400 g
+
SPAR
Pilchards in Tomato or Chilli Sauce 400 g

149⁰⁰
per combo

WITH RewardsCARD

3 LARGE COMBO



Spekko
Long Grain Rice 10 kg
+
SPAR
Super Maize Meal 10 kg
+
SPAR
Brown Sugar 2 kg
+
SPAR
Sunflower Oil 2 litre

320⁰⁰
per combo

WITH RewardsCARD

TRUSTED SPAR QUALITY

EVERYDAY VALUE
FOR YOUR FAMILY

HELPING YOU STRETCH
EVERY RAND

SPAR



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Wake Up To Breakfast Deals



nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19 CM COOKS KNIFE

COLLECT 30 STICKERS

A CUT ABOVE THE REST

Ends 8 November 2026



Kellogg's
The Original
CORN FLAKES
TOASTED GOLDEN CEREAL FLAKES

BUY one for a BONUS sticker!

Kellogg's Corn Flakes 1 kg

72⁹⁹ each

WITH RewardsCARD



Kellogg's
All-Bran
Flakes

Kellogg's All-Bran Flakes 1 kg

76⁹⁹ each

WITH RewardsCARD



Kellogg's
FROSTIES

Kellogg's Coco Pops, Crunchers, Froot Loops (Original or Bubblegum Berry) or Vanilla Rice Krispies (Excl. Fills) 340 g / 350 g / 375 g / 400 g Assorted

45⁹⁹ each

WITH RewardsCARD



Jungle
Oats

The original favourite

Jungle Oats 1 kg

36⁹⁹ each

WITH RewardsCARD



SPAR
MUESLI
BERRY SWISS

with real wheat flakes with raisins, dried berries and nuts

High in Energy Protein Dietary Fibre

SPAR
WHOLE NUT CRUNCH MUESLI
LIGHTLY TOASTED DATES & WHEAT FLAKES WITH RAISINS & NUTS

High in Energy Protein Dietary Fibre

SPAR Muesli 750 g Assorted

54⁹⁹ each

WITH RewardsCARD



SPAR
SLICED BUTTERMILK RUSKS

SPAR
CONDENSED MILK & FUDGE RUSKS

SPAR Rusks 450 g / 500 g Assorted

44⁹⁹ each

WITH RewardsCARD



JOKO
STRONG QUALITY TEA
African Blend

100% WHOLEGRAIN PURE DATE
✓ High in Energy
✓ High in Fibre
✓ High in Protein
✓ Low GI
✓ Puller for Longer

ORIGINAL JOKO TEA SINCE 1900
EXPERTLY BLENDED

Joko Tagless Teabags 100s

54⁹⁹ per pack

WITH RewardsCARD



Freshpak
PURE ROOIBOS

AS SEEN ON TV

SAVE EXTRA

Tagless BAGS 80

Freshpak Rooibos Tagless Teabags 80s

46⁹⁹ per pack

Save R11 WITH RewardsCARD



Cremora

COFFEE AND TEA CREAMER WITH PALM OIL

NET WEIGHT 750g

Cremora Coffee and Tea Creamer 750 g

49⁹⁹ each

WITH RewardsCARD



HOUSE OF COFFEES
HUG in a MUG

CREAMY CAPPUCCINO

A deliciously sweet and creamy coffee drink

House of Coffees Hug in a Mug 8s Assorted

65⁹⁹ per pack

WITH RewardsCARD



SPAR
filter coffee

ESPRESSO filter coffee
WIEBER MISCHEUNG filter coffee

STRONG ROAST
MEDIUM ROAST

SPAR Filter Coffee (Incl. Beans) 250 g Assorted

89⁹⁹ each

WITH RewardsCARD



SPAR
HONEY

GATHERED FROM FLOWER NECTAR

100% Pure Honey

CHOICE GRADE

SPAR Honey 500 g

59⁹⁹ each

WITH RewardsCARD



Black Cat
SMOOTH PEANUT BUTTER

ORIGINAL

Since 1928

NO ADDED SUGAR
CRUNCHY PEANUT BUTTER

High in Energy

Super BUNDLE DEAL

SAVE EXTRA

Black Cat Peanut Butter 400 g Assorted

70⁰⁰

Save R30 WITH RewardsCARD



ALL GOLD
Est. 1908

Tastes Real Good!

SMOOTH APRICOT

APRICOT & PEACH JAM

Easy to Open

All Gold Smooth Apricot or Apricot & Peach Jam 900 g

36⁹⁹ each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED



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SC_SSR5971_7

LOOK OUT FOR PARTICIPATING PRODUCTS TO GET BONUS STICKERS

BUY me for a BONUS sticker!



34⁰⁰
WITH RewardsCARD

Simba Potato Chips
120 g Assorted

Treat Yourself

Super BUNDLE DEAL **SAVE EXTRA**

Lay's Potato Chips
120 g Assorted (Excl. Kettle Cooked)

BUY ANY 2 FOR

39⁰⁰

Save R11 WITH RewardsCARD

Super BUNDLE DEAL

Willard's Cheasnaks
135 g Assorted

BUY ANY 2 FOR

28⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Spookies or Flyers Chips
100 g or Chip Strip 4s Assorted

BUY ANY 2 FOR

18⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Airwaves or Orbit Chewing Gum
14 g Assorted

BUY ANY 2 FOR

20⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Maynards Allsorts Liqueurice
150 g, Gums or Jellies 100 g Assorted

BUY ANY 2 FOR

19⁹⁹ per pack

WITH RewardsCARD

Super BUNDLE DEAL

Manhattan Mallows
150 g Assorted

BUY ANY 2 FOR

35⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Mister Sweet Speckled Eggs
100 g / 125 g

BUY ANY 2 FOR

31⁹⁹ per pack

WITH RewardsCARD

Super BUNDLE DEAL

Snickers, Twix or Mars Chocolate Bar
40 g / 46 g Assorted

BUY ANY 2 FOR

27⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Oreo Biscuits (Incl. Oreo Pancake)
105 g / 128.8 g / 129 g Assorted

BUY ANY 2 FOR

32⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Bakers Biscuits
125 g Assorted

BUY ANY 2 FOR

12⁹⁹ per pack

WITH RewardsCARD

Super Baking Deals

KOO Fruit
Fruit Salad in Syrup

CHOICE GUIDE

Only the best will do

GROWN LOCALLY

Koo Fruit Cocktail or Fruit Salad
825 g

69⁹⁹ each

WITH RewardsCARD

Nestlé
dessert & cooking cream

Nestlé
ideal evaporated milk

Nestlé Dessert Cream
290 g or Ideal Evaporated Milk
380 g

39⁹⁹ each

WITH RewardsCARD

Nestlé
GOLD CROSS full cream sweetened condensed milk

Nestlé
full cream sweetened condensed milk

Nestlé Gold Cross or Sweetened Condensed Milk
385 g

39⁹⁹ each

WITH RewardsCARD

Nestlé
caramel treat dairy dessert

Nestlé Caramel Treat
360 g

44⁹⁹ each

WITH RewardsCARD

MOIR'S
Instant Pudding

MOIR'S
Instant Pudding

MOIR'S Instant Pudding
90 g Assorted

BUY ANY 2 FOR

22⁰⁰

WITH RewardsCARD

SPAR
VANILLA FLAVOURED CUSTARD

SPAR Vanilla Flavoured Custard
1 litre

26⁹⁹ each

WITH RewardsCARD

Rhodes
Trotters Orange Flavoured Jelly

Rhodes
Trotters Pineapple Flavoured Jelly

Rhodes
Trotters Greengage Flavoured Jelly

Rhodes Trotters Jelly
40 g Assorted

BUY ANY 3 FOR

22⁰⁰

WITH RewardsCARD

Nestlé
Cocoa

Nestlé Cocoa Powder
62.5 g

49⁹⁹ each

WITH RewardsCARD

MAIZENA
CORN FLOUR

MAIZENA
CORN FLOUR

Maizena Cornflour
500 g

31⁹⁹ each

WITH RewardsCARD

SNOWFLAKE
too fresh to flop easy mix

SNOWFLAKE
too fresh to flop easy mix

Snowflake Easy Mix
1 kg Assorted

32⁹⁹ each

WITH RewardsCARD

INA PAARMAN'S KITCHEN
LEMO FLAVOUR CHEESECAKE

INA PAARMAN'S KITCHEN
CHOCOLATE MOUSSE

Ina Paarmann's Premix
250 g - 700 g Assorted

69⁹⁹ each

WITH RewardsCARD



SPAR Rewards deals available while stocks last.

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SHOP

Get a sticker
for every R100
you spend.



COLLECT

Fill your
collector's card
with **30 stickers**
and hand it in at
the till.

SAVE UP TO 80%
on **nutrifresh™** Kitchen Essentials



Beverage Value



Fruitree
Nectar Blend
6 x 200 ml
Assorted

39⁹⁹
per pack

WITH RewardsCARD



aQuellè
Flavoured
Sparkling Water
6 x 500 ml
Assorted

42⁹⁹
per pack

WITH RewardsCARD



Brookes
Oros Squash
Concentrate
2 litre
Assorted

36⁹⁹
each

WITH RewardsCARD



SPAR
Carbonated Soft Drink
2 litre
Assorted

25⁰⁰

WITH RewardsCARD



aQuellè
Natural Still or Sparkling Water
1.5 litre

22⁰⁰

WITH RewardsCARD



Fusion
Dairy Blend
1 litre
Assorted

22⁰⁰

WITH RewardsCARD



Roses
Cordials
750 ml
Assorted

42⁹⁹
each

WITH RewardsCARD



Lipton
Iced Tea
1.5 litre
Assorted

24⁹⁹
each

WITH RewardsCARD



Coca-Cola
Regular Only
2 litre

50⁰⁰

WITH RewardsCARD



Sparletta or Twist
Regular Only
(Incl. Apple Rush)
2 litre
Assorted

34⁰⁰

WITH RewardsCARD



Pepsi
Pepsi Zero Sugar,
7 Up No Sugar,
Miranda,
Mountain Dew
500 ml

16⁰⁰

WITH RewardsCARD



Monster
Energy Drink
(Incl. Zero)
500 ml
Assorted

32⁰⁰

WITH RewardsCARD



Powerade
Sports Drink
500 ml
Assorted

26⁰⁰

WITH RewardsCARD

Every 500ml bottle
you buy, **donates** to
breast cancer support.

SPAR



CANCERVIVE
CREATING AWARENESS - CARING - CELEBRATING LIFE

LOVE IT? SPAR GETS IT DELIVERED



Download now!

Available on the
App Store

GET IT ON
Google Play

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Personal Care Value

FIND THE FULL RANGE IN-STORE

nutrifresh
UNLEASH YOUR INNER CHEF
at SPAR



SAVE UP TO 80%
on **nutrifresh**
Kitchen Essentials

SPAR

UNLEASH YOUR INNER CHEF
with **nutrifresh**



22 July - 8 November.
See in-store for details.

Dettol
Hygiene Soap 175 g Assorted
28⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 28⁰⁰

LUX
Beauty Soap 150 g Assorted
26⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 26⁰⁰

Vaseline
Petroleum Jelly 250 ml Assorted
45⁹⁹
WITH Rewards CARD

Dove
Antiperspirant Roll-On Deodorant for Male or Female 50 ml Assorted
28⁹⁹
WITH Rewards CARD

Nivea
Roll On For Men or Women 50 ml Assorted
24⁹⁹
WITH Rewards CARD
BUY ANY 2 FOR 24⁹⁹

Dove
Antiperspirant Deodorant Body Spray for Male or Female 150 ml Assorted
42⁹⁹
WITH Rewards CARD

AXE
Deodorant for Men 150 ml Assorted
34⁹⁹
WITH Rewards CARD

Colgate
Total Clean or Max White Toothpaste 75 ml Assorted
38⁹⁹
WITH Rewards CARD

Colgate
Fluoride Toothpaste Charcoal + Whitening 75 ml
75⁹⁹
WITH Rewards CARD

Aquafresh
Fresh & Minty, Mild & Herbal Toothpaste 100 ml
30⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 30⁰⁰

dawn
Lotion for Male or Female 400 ml Assorted
28⁹⁹
WITH Rewards CARD

NIVEA
Lotion or Cream for Male or Female (Incl. Radiant & Beauty) 400 ml Assorted
54⁹⁹
WITH Rewards CARD

SPAR
Germex Hand Wash or Hand Sanitiser 250 ml Assorted
32⁹⁹
WITH Rewards CARD

dawn
Cream for Male or Female 400 ml Assorted
31⁹⁹
WITH Rewards CARD

Kotex
Maxi Pads 16s/20s Assorted
78⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 78⁰⁰

SPAR
Petals Multipack 18s Assorted
22⁹⁹
WITH Rewards CARD

Lil-lets
Thin Pantliners 100s or Tampons 32s Assorted
41⁹⁹
WITH Rewards CARD

SPAR
Petals Panty Liners 20s Assorted
20⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 20⁰⁰

Care By SPAR
Facial Tissues 200s Assorted
23⁹⁹
WITH Rewards CARD

Organics
Shampoo, Conditioner or 2 in 1 1 litre Assorted
89⁹⁹
WITH Rewards CARD

Nivea
Shower Gel or Cream for Male or Female 500 ml Assorted
68⁹⁹
WITH Rewards CARD

EverySun
SPF50 Lotion 200 ml or Spray Trigger 300 ml
239⁹⁹
WITH Rewards CARD

GynaGuard
Ultimate Daily Control Intimate Wash 140 ml
64⁹⁹
WITH Rewards CARD

Baby Care Value

Nestlé
Cerelac Baby Cereal with Milk 500 g Assorted
76⁹⁹
WITH Rewards CARD

Huggies
Baby Wipes 56s Assorted
29⁹⁹
WITH Rewards CARD

PURITY
Baby Food Jar or Puree 200 ml / 150 ml Assorted
33⁰⁰
WITH Rewards CARD
BUY ANY 2 FOR 33⁰⁰

Johnson's
Baby Wipes 288s Assorted
104⁹⁹
WITH Rewards CARD

HUGGIES
Dry Comfort
Up to 12 hours protection with a runny poo pocket w...
177⁹⁹
WITH Rewards CARD

Grandpa
Powder Sachets 38s or Tablets 76s
89⁹⁹
WITH Rewards CARD

HUGGIES
Dry Comfort
Up to 12 hours protection with fast absorbing channels
177⁹⁹
WITH Rewards CARD

SPAR Rewards deals available while stocks last.

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Everyday Essentials



Home Care By SPAR
Gloves
Small/Medium/Large

17⁹⁹
per pair

WITH RewardsCARD



Energizer
Batteries
Max AA or AAA
8s

109⁹⁹
per pack

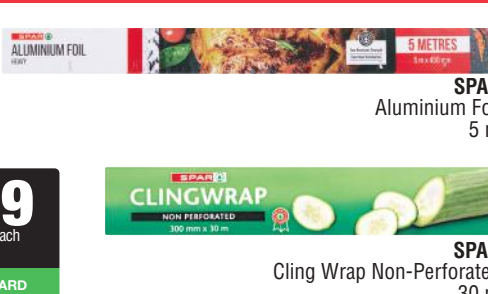
WITH RewardsCARD



Kiwi
Paste
50 ml
Assorted

18⁹⁹
each

WITH RewardsCARD



SPAR
Aluminium Foil
5 m

39⁹⁹
each

WITH RewardsCARD



SPAR
CLINGWRAP
NON PERFORATED
300 mm x 30 m

49⁹⁹
each

WITH RewardsCARD



SPAR
ROLLER TOWELS
FRESH

21⁹⁹
per pack

WITH RewardsCARD



SPAR
Kitchen Towel
2s
Assorted

16⁹⁹
each

WITH RewardsCARD



Scotch Brite
Heavy Duty
Brass, Wire or
Stainless Steel Scourers
1s / 3s

21⁹⁹
per pack

WITH RewardsCARD



SPAR
PAPER PLATES

39⁹⁹
per pack

WITH RewardsCARD



Otima
Lock Box
600 ml

30⁰⁰
BUY 2 FOR

WITH RewardsCARD



Garbie
Black
Refuse Bags
20s

49⁹⁹
per pack

WITH RewardsCARD



Tuffy
Refuse Black Bags
750mm x 900mm
10 x 80 litre

37⁹⁹
per pack

WITH RewardsCARD



Home Care By SPAR
Heavy Duty Mop
300 g

99⁹⁹
each

WITH RewardsCARD



Home Care By SPAR
Broom

59⁹⁹
each

WITH RewardsCARD



goodliving
Cooler Box
26 litre
Assorted

199⁹⁹
each

WITH RewardsCARD



Pineware
Automatic
Black or White
Corded Kettle
1,7 litre

179⁹⁹
each

WITH RewardsCARD



SPAR
FIRELIGHTERS

21⁹⁹
per pack

WITH RewardsCARD



Charka
BRIKETTE

99⁹⁹
each

WITH RewardsCARD



goodliving
Large
Braai Stand

279⁹⁹
each

WITH RewardsCARD



Poolbrite
Monthmate
Super Plus Floater
1,5 kg
Assorted

119⁹⁹
each

WITH RewardsCARD



Hth
Granular Chlorine
8 kg

399⁹⁹
each

WITH RewardsCARD



COLLECT THE FULL RANGE WITH SPAR
SAVE UP TO 80% on **nutrifresh** Kitchen Essentials

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM AND

SAVE UP TO 80% on **nutrifresh** Kitchen Essentials

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

COLLECT 30 STICKERS

SHOP, SWIPE, COLLECT & SAVE!

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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tops!

at SPAR

WHERE
EPIC
STORIES
START

Deals valid from **19 October** to **8 November 2026**.

ALL ITEMS
AS SEEN
ON TV

PRESIDENT'S FIRST PICK

Affectionately known as "The President's Choice", Graham Beck Brut has been in the room for a few history-making moments. A palate-cleansing bubbly that opens the door for its better half. Once you meet the Brut, you'll want a bottle (or several) always chilling in the fridge.

Once you go Brut, you never go back...



199⁹⁹
each

WITH Rewards CARD

Graham Beck
Non-Vintage Brut,
Brut Rosé or Bliss Nectar
Sparkling Wine
750ml



SCAN HERE
TO VIEW OUR
LEAFLET ON
YOUR PHONE



SAVE
EXTRA

349⁹⁹

WITH Rewards CARD

Jameson
Triple Distilled
Irish Whiskey
750ml



BUY
2
FOR

299⁰⁰

WITH Rewards CARD

Savanna
Premium Dry
Cider
Handies
6 x 500ml



BUY
2
FOR

170⁰⁰

WITH Rewards CARD

Castle Lite
Cans
6 x 500ml



84⁹⁹
each

WITH Rewards CARD

Protea
Sauvignon Blanc,
Chenin Blanc, Pinot Grigio,
Chardonnay, Rosé,
Cabernet Sauvignon, Merlot or Shiraz
750ml



84⁹⁹
each

WITH Rewards CARD

Jakkalsvlei
White, Red or
Pink Moscato
750ml



89⁹⁹
each

WITH Rewards CARD

Durbanville Hills
Chardonnay, Chenin Blanc,
Chenin Blanc Light,
Sauvignon Blanc, Dry Merlot Rosé,
Cabernet Sauvignon,
Merlot, Pinotage or Shiraz
750ml



99⁹⁹

WITH Rewards CARD

Roodeberg
Classic Blend of
Red Varietals
750ml

ONLY AT
tops!
at SPAR



BUY
ANY
2
FOR

120⁰⁰

WITH Rewards CARD

Olive Brook
Shiraz/Cabernet Red Blend, Pinotage,
Merlot, Cabernet Sauvignon/Merlot,
Malbec, Cinsault, Shiraz,
Cabernet Sauvignon, Sauvignon Blanc,
Chenin Blanc, Chardonnay, Moscato White
or Moscato Rosé
750ml

SWIPE  SAVE! EVERYDAY DEALS!

FREE DELIVERY 



Product availability
may vary by store.
While stocks last.

#N18 aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
ORIGHT

WINE KULCHA



1

189⁹⁹
each
WITH Rewards CARD

Pongrácz
Méthode Cap Classique
Chardonnay/Pinot Noir
Brut, Noble Nectar
Demi Sec or Brut Rosé
Sparkling Wine
750ml

2

179⁹⁹
each
WITH Rewards CARD

Pierre Jourdan
Brut, Belle Rosé,
Silk Nectar
or Belle Nectar
Sparkling Wine
750ml

3

799⁹⁹
WITH Rewards CARD

Veuve Clicquot
Brut Champagne
750ml

4

82⁹⁹
each
WITH Rewards CARD

Robertson Winery
Sparkling Wine
(Incl. Non-alcoholic)
750ml

5

689⁹⁹
WITH Rewards CARD

Moët & Chandon
Impérial Brut
Champagne
750ml

6

99⁹⁹
WITH Rewards CARD

Bon Courage
Blush Vin Doux
Sparkling Wine
750ml

7

189⁹⁹
each
WITH Rewards CARD

Simonsig
Kaapse Vonkel Brut,
Brut Rosé, Satin Nectar
or Nectar Rosé
Sparkling Wine
750ml

8

94⁹⁹
per pack
WITH Rewards CARD

J.C. Le Roux
Sparkling Wine
Cans
6 x 300ml

9

89⁹⁹
each
WITH Rewards CARD

Robertson Winery
Mimosa Berry,
Orange or Passion Fruit
Infused Sparkling Spritzer
(Incl. Non-alcoholic)
750ml



114⁹⁹
each
WITH Rewards CARD

Fat Bastard
Sauvignon Blanc,
Chardonnay, Rosé
or Chenin Blanc
750ml



79⁹⁹
each
WITH Rewards CARD

Spier
Signature
Sauvignon Blanc,
Chenin Blanc, Chardonnay
or Chardonnay/Pinot Noir
750ml



79⁹⁹
each
WITH Rewards CARD

KVV
Classic Collection
Sauvignon Blanc,
Grenache Blanc,
Chardonnay,
Chenin Blanc, Rosé,
Moscato White or Rosé
750ml



79⁹⁹
each
WITH Rewards CARD

Du Toitskloof
Sauvignon Blanc,
Chenin Blanc,
Chardonnay,
Cape Blend or
Pinotage Rosé
750ml



89⁹⁹
each
WITH Rewards CARD

Spier
Signature
Cabernet Sauvignon,
Merlot, Pinotage,
Shiraz or
Cabernet/Merlot/Shiraz
750ml



139⁹⁹
each
WITH Rewards CARD

Fat Bastard
Shiraz, Cabernet Sauvignon,
Pinotage, Merlot
or Golden Reserve
750ml

*AVAILABLE AT SELECTED STORES ONLY

#NO 18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
RIGHT

ON CLOUD WINE...?

A garden soirée, a spontaneous picnic or simply a sunny afternoon can become an occasion when paired with the right glass of wine. When sunshine, good company and great wine come together, you've got the perfect blend for a blooming good time.



1

AS SEEN ON TV

84⁹⁹
each

WITH Rewards CARD

Protea
Sauvignon Blanc, Chenin Blanc, Pinot Grigio, Chardonnay, Rosé, Cabernet Sauvignon, Merlot or Shiraz
750ml

2

209⁹⁹
each

WITH Rewards CARD

Bonne Esperance
Dry Red or Dry White
5L

3

ONLY AT tops!

74⁹⁹
each

WITH Rewards CARD

Bruce Jack
Cabernet Sauvignon, Chenin Blanc, Merlot, Pinotage, Pinotage Malbec, Sauvignon Blanc, Sauvignon Blush, Pinot Grigio, Shiraz or Moscato
750ml

4

99⁹⁹
each

WITH Rewards CARD

Diemersdal
Sauvignon Blanc, Unwooded Chardonnay, Sauvignon Rosé or Cabernet Sauvignon/
Merlot
750ml

5

ONLY AT tops!

114⁹⁹
each

WITH Rewards CARD

Carnival
Dry Red, Dry White, Sweet Red, Sweet White or Sweet Rosé
3L

6

144⁹⁹
each

WITH Rewards CARD

Diemersfontein
Pinotage
750ml

7

219⁹⁹
each

WITH Rewards CARD

Rupert & Rothschild
Classique
750ml

8

99⁹⁹
each

WITH Rewards CARD

Four Cousins
Natural Sweet Red, Natural Sweet White, Natural Sweet Rosé or Dry Red
1.5L

84⁹⁹
each

WITH Rewards CARD

KVV
Classic Collection
Pinotage, Merlot, Shiraz, Cabernet Sauvignon, Petit Verdot or Cape Blend
750ml

86⁹⁹
each

WITH Rewards CARD

Van Loveren
Cabernet Sauvignon Merlot, Cabernet Sauvignon, Merlot or African Java Pinotage
750ml

149⁹⁹
each

WITH Rewards CARD

Kleine Zalze
Vineyard Selection
Chenin Blanc, Chardonnay or Sauvignon Blanc
750ml

259⁹⁹
each

WITH Rewards CARD

The Chocolate Block
750ml

139⁹⁹
each

WITH Rewards CARD

Kanonkop
Kadette
Pinotage
750ml

69⁹⁹
each

WITH Rewards CARD

Sedgwick's
The Original
Old Brown
1L

79⁹⁹
each

WITH Rewards CARD

Paarl Perlé
White
2L

*AVAILABLE AT SELECTED STORES ONLY



LOOKING FOR SOMETHING WORTH UNWRAPPING?

SCAN HERE TO SHOP EXCLUSIVE 2U DEALS.



489⁹⁹ per pack
WITH Rewards CARD
Jameson
Select Reserve
Irish Whiskey
Gift Pack
750ml



599⁹⁹ per pack
WITH Rewards CARD
Glenmorangie
12 Year Old
Single Malt
Scotch Whisky
Gift Pack
750ml



899⁹⁹ per pack
WITH Rewards CARD
The Glenlivet
15 Year Old
Speyside
Single Malt
Scotch Whisky
Gift Pack
750ml



899⁹⁹ per pack
WITH Rewards CARD
KWV
15 Year Old
Alambic Blend
Potstill Brandy
Gift Pack
750ml



399⁹⁹ per pack
WITH Rewards CARD
KWV
10 Year Old
Barrel Select
Potstill Brandy
Gift Pack
750ml



499⁹⁹ per pack
WITH Rewards CARD
KWV
12 Year Old
Small Batch
Potstill Brandy
Gift Pack
750ml



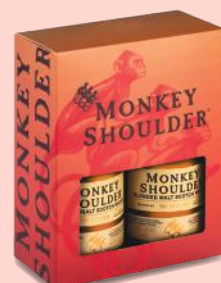
899⁹⁹ per pack
WITH Rewards CARD
Rémy Martin
V.S.O.P
Cognac
Gift Pack
750ml



349⁹⁹ per pack
WITH Rewards CARD
Cruxland
Gin
Gift Pack
750ml



349⁹⁹ per pack
WITH Rewards CARD
Jägermeister
Herbal Liqueur
Gift Pack
750ml



799⁹⁹ per pack
WITH Rewards CARD
Monkey Shoulder
The Original
Blended Malt
Scotch Whisky
Gift Pack
750ml

***Limited stock available**

SAVE EXTRA

489⁰⁰ per combo
WITH Rewards CARD
Martell
VS Cognac
750ml and
Appletiser
100%
Sparkling Juice
1.25L



399⁰⁰ per combo
WITH Rewards CARD
Aperol
Spritz
750ml and
Riccadonna
Sparkling Wine
750ml and
Schweppes
(Incl. Variants)
1L



299⁰⁰ per combo
WITH Rewards CARD
Jack Daniel's
Old No. 7
Tennessee Whiskey
750ml and
Coca-Cola
Cans
6 x 200ml

TAKE THE
MONKEY SHOULDER
SOUND HOME

BUY A BOTTLE OF
MONKEY SHOULDER AND
STAND A CHANCE TO
WIN 1 OF 50
MARSHALL
SPEAKERS

SWIPE YOUR
SPAR REWARDS CARD
TO ENTER.
1 OCTOBER TO 30 NOVEMBER 2026.
T'S AND C'S APPLY.

YOUR LOCAL LEKKER DEALS

189⁹⁹
WITH Rewards CARD
Klipdrift
Export Brandy
750ml



260⁰⁰
WITH Rewards CARD
Johnnie Walker
Blended
Scotch Whisky
& Lemonade
Cans
6 x 300ml



190⁰⁰
WITH Rewards CARD
Redd's MXD
Spirit Cooler
(Incl. Variants)
Cans
6 x 440ml



220⁰⁰
WITH Rewards CARD
Black Crown
Premium
Spirit Cooler
Cans
6 x 440ml



200⁰⁰
WITH Rewards CARD
Bahama
Spirit Cooler
(Incl. Variants)
Cans
6 x 440ml



75⁰⁰
WITH Rewards CARD
Heineken
Pure Malt
Lager
Returnable Bottle
650ml



209⁰⁰
WITH Rewards CARD
Heineken
Lager
or Silver
Cans
6 x 500ml



190⁰⁰
WITH Rewards CARD
Sol
Cans
6 x 500ml



209⁰⁰
WITH Rewards CARD
Windhoek
Premium
Draught
6 x 440ml



150⁰⁰
WITH Rewards CARD
Flying Fish
Premium Pressed Lemon
Flavoured Beer
(Excl. Dry Apple)
6 x 330ml

FREE DELIVERY 2U



Product availability
may vary by store.
While stocks last.

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available at all TOPS at SPAR stores from 19 October up to and including 8 November 2026 (including the Free State, Mpumalanga and North West Province) while stocks last. Not available in KwaZulu-Natal, Lowveld, Limpopo, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. In the event that an error occurs in an advertisement or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please. The advertised lines are only available at TOPS at SPAR stores.

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SUPERSPAR: 2ND AVENUE • ALJOS • ARTEMIS • ATLAS MALL • BEL AIR • VC • BRACKENGATE • BROADACRES • CARLSWALD • CROWTHORNE • EAGLE CANYON • ERMELO • EURO • FIVE STAR • FLORIDA JUNCTION • FLORIDA MARKET • THE WEDGE • FONTANA THE ZONE ROSEBANK • GLEN ACRES • GORDON ROAD • HOBART • KANONKOP • KARAGLEN • KENILWORTH • MIDWATER • M.C.C • MAGALIES • MEYERSDAL • MINI MARKET • MOOI NOOI • NORTHWOLD • OLIVEDALE • PALM COURT • PALMS SANDS • PARKRAND • POLOFIELDS • POTCHEFSTROOM • RANT 'N DAL • RETAIL CROSSING • ROBERTSBROOM • RUIJSIG • RUSTENBURG SQUARE • RYNFIELD • SAFARI • SASOLBURG • SAVEWAYS • SECUNDA • NORTH POINT • SPRINGBOK • ST MICHAEL'S • STANDERTON • STEVE'S BLACKHEATH • SUNNINGHILL • THE ANGELO • THE FALLS • THE SQUARE • TREVENNA MONUMENT • VAALPARK • VORNA VALLEY • WESTWOOD • WONDERPARK • XAVIER •

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.

Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from 19 October up to and including 08 November 2026, while stocks last.

We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply.

Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

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