What to wear for
Comfort at 25°C

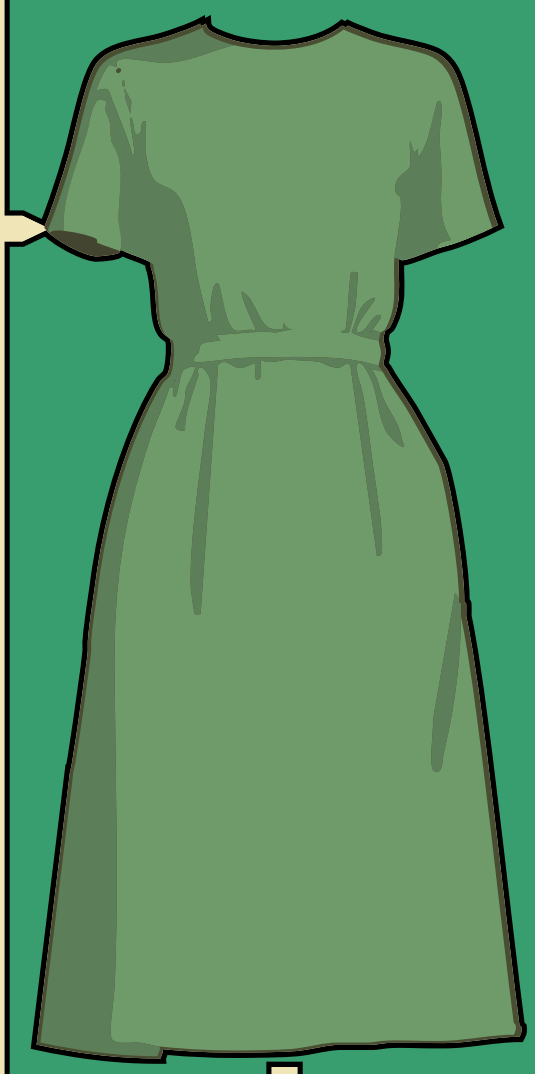
SINGAPORE GREEN BUILDING COUNCIL

GO 25

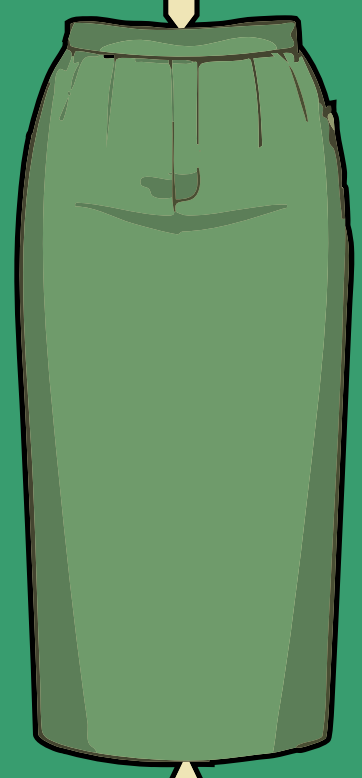


Lightweight cotton, linen, or blended dress shirts, polos. Look for styles labelled “moisture-wicking” or “quick-dry” for extra comfort.





Choose easy-fitting, breathable fabrics. Flowy or pleated skirts in linen or cotton blends are a safe bet that allow airflow.



Flowy linen or cotton dresses, short- or three-quarter sleeves. Midi lengths provide coverage but won’t overheat

Principles for Everyday Comfort

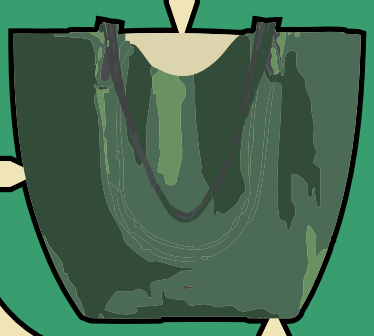
- ✔ **Workplaces** are encouraged to adopt business casual as the default dress code in support of Go 25.
- ✔ Opt for **lightweight layers and breathable fabrics**. Natural fibres, like cotton, linen, and lightweight wool, help keep sweat away from your skin and air moving. Technical blends, such as polyester-cotton or wool-polyester suiting, offer the same breathability with added durability and wrinkle resistance. Both help you feel fresh throughout the day.
- ✔ **Looser fits are your friend.** Go for relaxed silhouettes that let air circulate—think straight-cut trousers, easy-fit blouses, or unstructured jackets. Good tailoring should be comfortable, not tight.

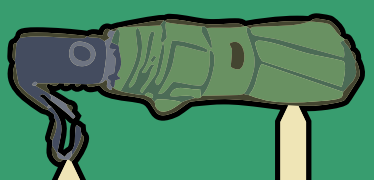
What to Avoid

- ✖ Heavy, dense fabrics (like thick twill, wool blends, or standard polyesters) will cling, trap heat, and make you feel sweaty.
- ✖ Clothing with non-breathable linings or stiff interfacings (like fully fused suit jackets) adds extra insulation - skip these for half-lined or unlined options.
- ✖ Dark colours could absorb more heat, especially under sunlight. Lighter colours - white, pale blue, pastels, beige - stay cooler and look fresh.

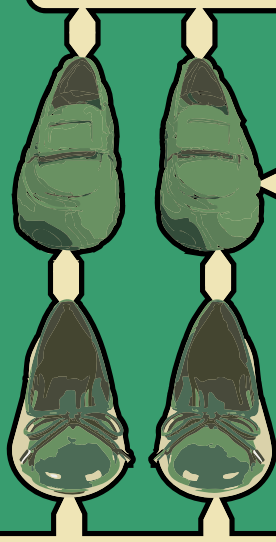
Keep a very lightweight blazer or cardigan at your desk for necessary occasions. Look for unlined or mesh-lined construction, and ideally choose jackets that drape rather than fit snugly.



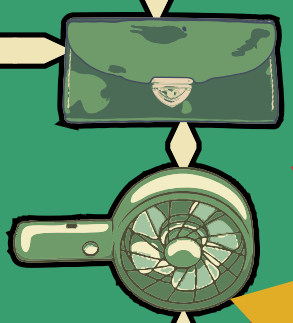




Dress shoes or loafers with breathable linings, or polished sneakers for business-casual settings. Consider no-show socks made from bamboo or cotton.







Office Edition!

Laundry, Care & Wearing Tips

Linen will wrinkle; embrace it or blend with other fibres. For crease-free options, look for "easy iron" finishes or blends.

Wash most items cold or warm and hang them up. Dry them on low-heat settings if using a dryer. This helps keep technical fabrics performing their best!

Skip fabric softeners if you want to preserve sweat-wicking properties.

Build an office wardrobe with plenty of mix-and-match pieces - versatile layers, shirts, and separates so you can adapt as needed

Smart Fabric Choices

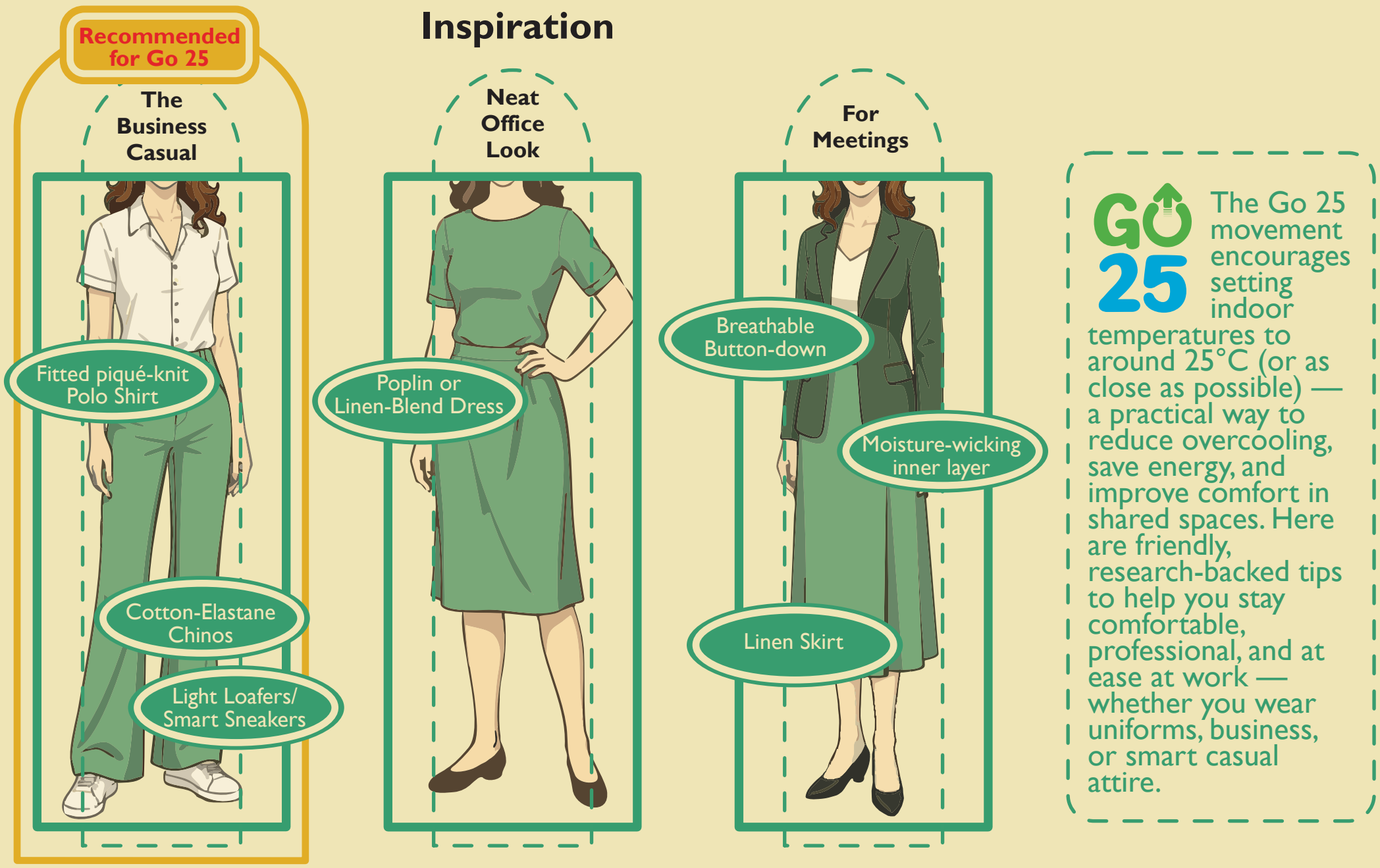
Linen or linen-blends work beautifully for smart and relaxed outfits. They let lots of air through and dry quickly. If you dislike wrinkles, try a linen-cotton or linen-polyester blend for a tidier look.

Ramie, Tencel, Bamboo viscose, and other similar plant-based fabrics are becoming more mainstream. They are ideal if you want something silky-soft, moisture-wicking, and comfortable.

Cotton shirts and blouses are classics for a reason - they are soft, breathable, and stay fairly cool. Examples include poplin, voile, or other light weaves.

Moisture-wicking polyester or blended knits are a win if your work is more active, or if you want easy-care polos or technical inner layers. These are specifically designed to pull sweat away and dry fast.

Inspiration



GO 25 The Go 25 movement encourages setting indoor temperatures to around 25°C (or as close as possible) — a practical way to reduce overcooling, save energy, and improve comfort in shared spaces. Here are friendly, research-backed tips to help you stay comfortable, professional, and at ease at work — whether you wear uniforms, business, or smart casual attire.

Remember, the best approach for Go 25 indoor environments is to dress in breathable, moisture-managing layers and choose relaxed but polished styles. Comfort and professionalism can absolutely go hand-in-hand in Singapore's climate.

Guide Developed in collaboration with

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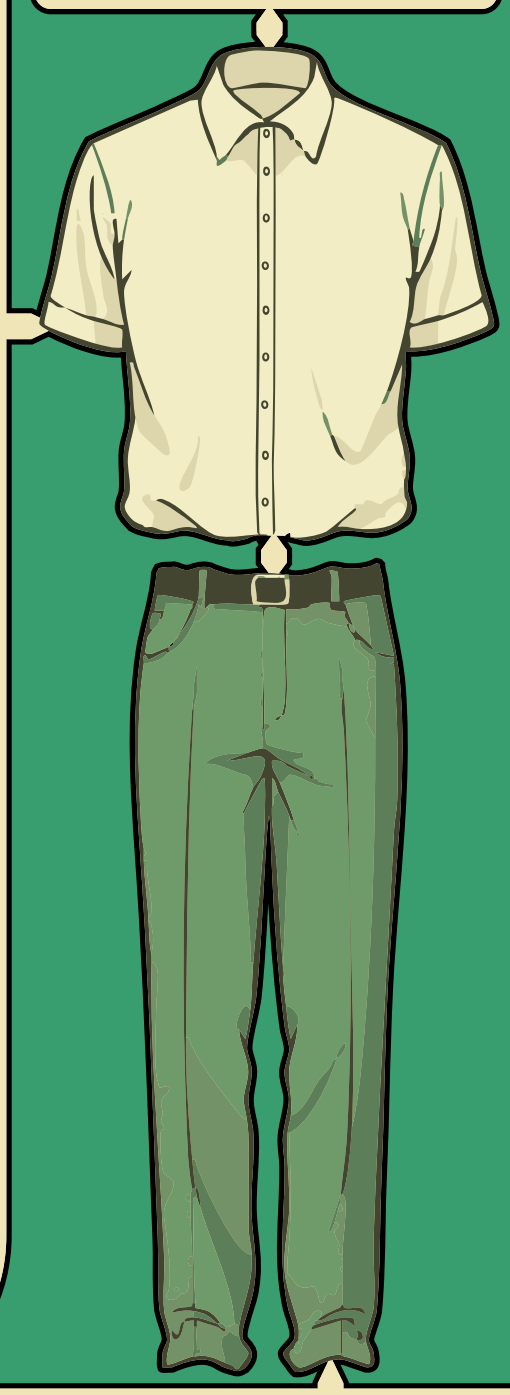
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GO 25



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Choose easy-fitting, breathable fabrics. Flat-front, ankle-length trousers in linen or cotton blends are a safe bet.



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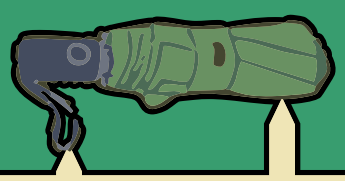
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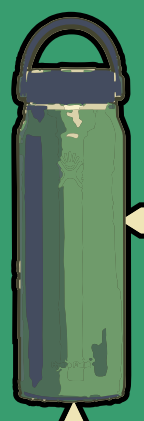


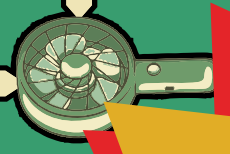


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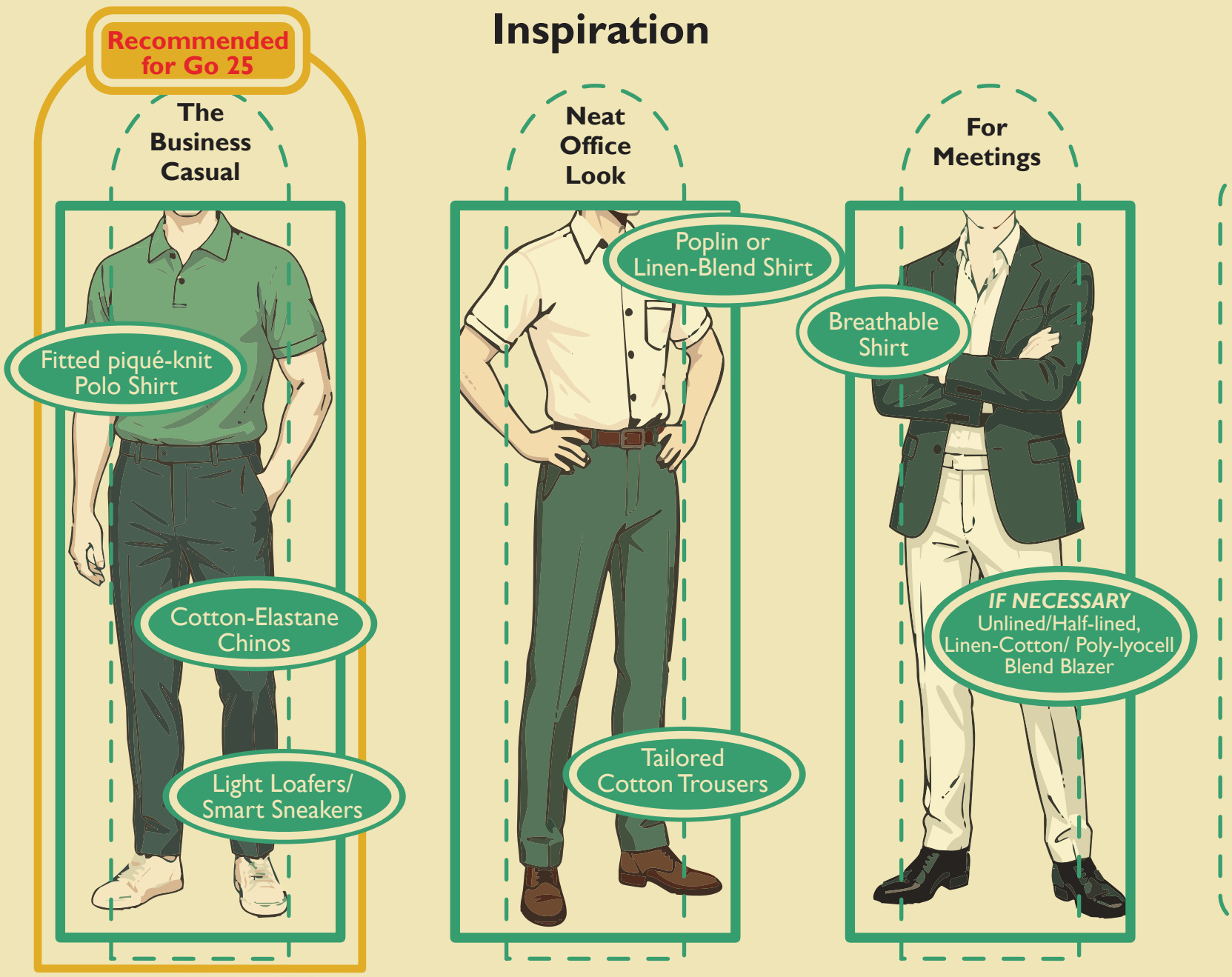
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