

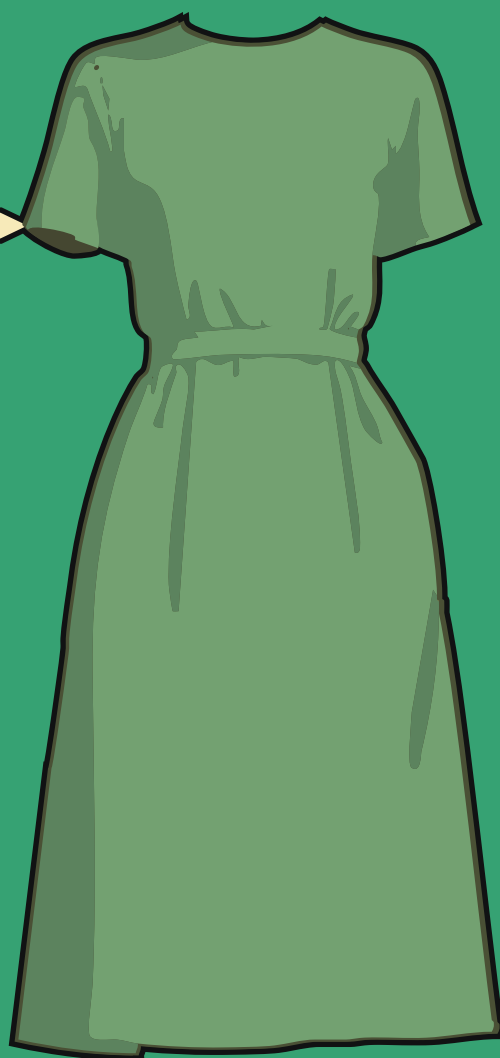
What to wear for **Comfort** at 25°C



Lightweight cotton, linen, or blended dress shirts, polos. Look for styles labelled “moisture-wicking” or “quick-dry” for extra comfort.



Choose easy-fitting, breathable fabrics. Flowy or pleated skirts in linen or cotton blends are a safe bet that allow airflow.



Flowy linen or cotton dresses, short- or three-quarter sleeves. Midi lengths provide coverage but won't overheat



Principles for Everyday Comfort

- ✓ **Workplaces** are encouraged to adopt business casual as the default dress code in support of Go 25.
- ✓ Opt for **lightweight layers and breathable fabrics**. Natural fibres, like cotton, linen, and lightweight wool, help keep sweat away from your skin and air moving. Technical blends, such as polyester-cotton or wool-polyester suiting, offer the same breathability with added durability and wrinkle resistance. Both help you feel fresh throughout the day.
- ✓ **Looser fits are your friend**. Go for relaxed silhouettes that let air circulate—think straight-cut trousers, easy-fit blouses, or unstructured jackets. Good tailoring should be comfortable, not tight.

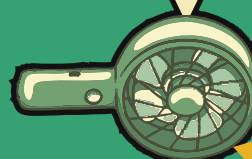
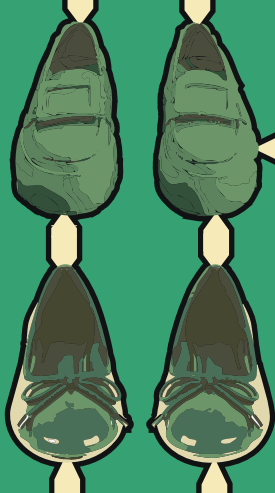
What to Avoid

- ✗ Heavy, dense fabrics (like thick twill, wool blends, or standard polyesters) will cling, trap heat, and make you feel sweaty.
- ✗ Clothing with non-breathable linings or stiff interfacings (like fully fused suit jackets) adds extra insulation - skip these for half-lined or unlined options.
- ✗ Dark colours could absorb more heat, especially under sunlight. Lighter colours - white, pale blue, pastels, beige - stay cooler and look fresh.

Keep a very lightweight blazer or cardigan at your desk for necessary occasions. Look for unlined or mesh-lined construction, and ideally choose jackets that drape rather than fit snugly.



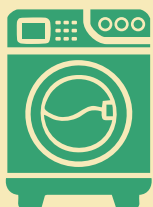
Dress shoes or loafers with breathable linings, or polished sneakers for business-casual settings. Consider no-show socks made from bamboo or cotton.



**Office
Edition!**

Laundry, Care & Wearing Tips

Linen will wrinkle; embrace it or blend with other fibres. For crease-free options, look for “easy iron” finishes or blends.



Wash most items cold or warm and hang them up. Dry them on low-heat settings if using a dryer. This helps keep technical fabrics performing their best!



Skip fabric softeners if you want to preserve sweat-wicking properties.



Build an office wardrobe with plenty of mix-and-match pieces - versatile layers, shirts, and separates so you can adapt as needed

Smart Fabric Choices

Linen or linen-blends work beautifully for smart and relaxed outfits. They let lots of air through and dry quickly. If you dislike wrinkles, try a linen-cotton or linen-polyester blend for a tidier look.



Ramie, Tencel, Bamboo viscose, and other similar plant-based fabrics are becoming more mainstream. They are ideal if you want something silky-soft, moisture-wicking, and comfortable.

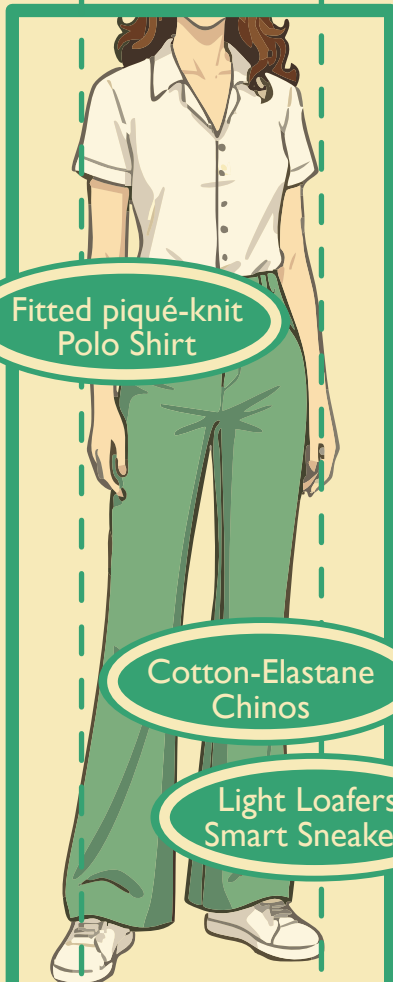
Cotton shirts and blouses are classics for a reason - they are soft, breathable, and stay fairly cool. Examples include poplin, voile, or other light weaves.



Moisture-wicking polyester or blended knits are a win if your work is more active, or if you want easy-care polos or technical inner layers. These are specifically designed to pull sweat away and dry fast.

Recommended for Go 25

The Business Casual



Fitted piqué-knit Polo Shirt

Cotton-Elastane Chinos

Light Loafers/ Smart Sneakers

Inspiration

Neat Office Look



Poplin or Linen-Blend Dress

For Meetings



Breathable Button-down

Moisture-wicking inner layer

Linen Skirt

GO 25

The Go 25 movement encourages setting indoor

temperatures to around 25°C (or as close as possible) — a practical way to reduce overcooling, save energy, and improve comfort in shared spaces. Here are friendly, research-backed tips to help you stay comfortable, professional, and at ease at work — whether you wear uniforms, business, or smart casual attire.



Remember, the best approach for Go 25 indoor environments is to dress in breathable, moisture-managing layers and choose relaxed but polished styles. Comfort and professionalism can absolutely go hand-in-hand in Singapore's climate.

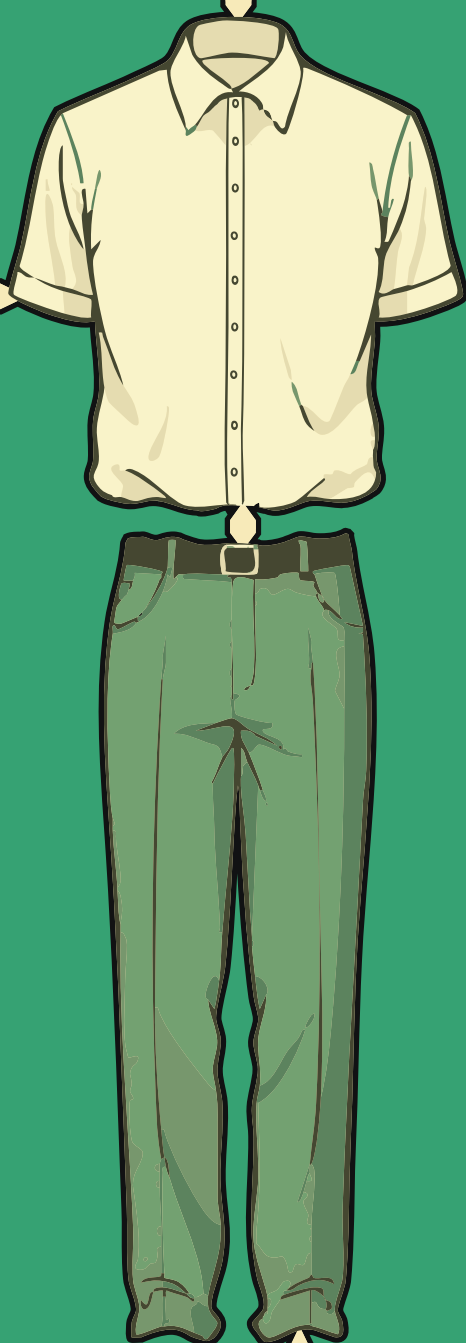
Guide Developed in collaboration with

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Inspiration

Neat Office Look

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Tailored Cotton Trousers

For Meetings

Breathable Shirt

IF NECESSARY
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Linen-Cotton/ Poly-lyocell
Blend Blazer

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