

MY *Garden Route* **LIFE**

SUMMER IN STYLE | 2025



DON'T MISS THE SUZUKI JIMNY GATHERING

Experience the Ultimate
Outdoor Gathering of it's Kind

25 – 28 September 2025
Louvain Guest Farm
in the Outeniqua
Mountains



FREE

INSIDE

Explore Wilderness
The Village with Soul

Dr Jon Morley Weigh's
in on Modern Diets
for a Healthier Life

Meet the Local Artist
Redefining Affordable
Investment Art

Garden Route 101 – Better Together



SUZUKI

www.safaritown.co.za

SAFARI TOWN

MUSIC FESTIVAL

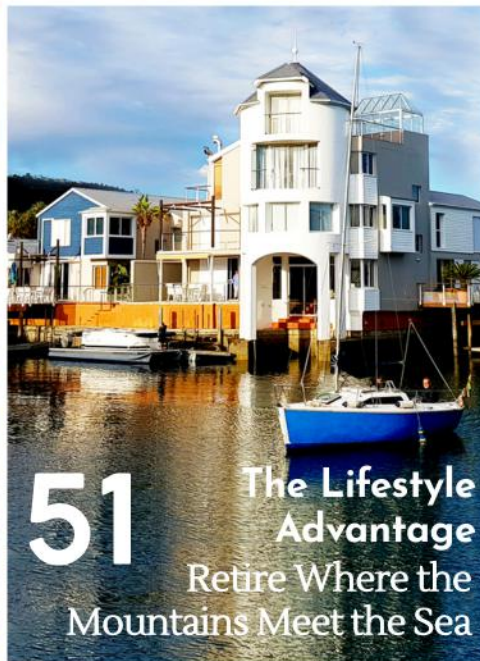
OUTDSHOORN

27 September 2025 · Recreation Ground



JEREMY LOOPS ■ SPOEGWOLF ■ KAREN ZOID
EARLY B ■ SCHALK BEZUIDENHOUT ■ CRIMSON HOUSE
REFENTSE ■ HENRU & SCHWABE ■ RHINO & THE RASTA ■ JANINE FOURIE

SA VS ARG ON BIGSCREEN



In this Issue

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SUMMER 2025 HIGHLIGHTS!

Suzuki Safari Town Music Festival Sept 27 Oudtshoorn



Don't miss the Suzuki Safari Town Festival is happening at the Recreation Ground in Oudtshoorn with some of SA's top talent.

Jeremy Loops, Spoegwolf, Karen Zoid, & Early B, alongside a host of other acts throughout the day. Comedian and proud Jimny owner, Schalk Bezuidenhout returns as the official MC, bringing his signature charm and humour to the festival.

Suzuki Jimny Gathering 2025 Sept 25-28 - Louvain



Join us in 2025 for the 2nd Official Jimny Gathering at Louvain Guest Farm in the picturesque Outeniqua Mountains.!

Hosted by Louvain, this gathering promises to be a memorable escape for all Suzuki Jimny enthusiasts, offering a unique blend of fun, adventure, community, & breathtaking scenery.

RoadTrip | Louvain Langkloof



Louvain Guest farm is the perfect breakaway from city life with mountain views, self-catering cottages, glamping and camping at a working farm along Route 62.

Contributors

Louvain, Morné Jonker, Brendon Carpenter, Suzuki George & Oudtshoorn, Henk van der Schyf, Douglas Jonker, Siggy Bockmaier, Sphiwe Hobasi, Sinazo Gulwa, Michael Wood, Margriet Wood, Ibrahim, Abby Fourie, Terence Pharoah, Pangolin, Rich-Wins, Kaytlyn Vianello, John-Michael Weston, Li Parker, Daleen Joubert, Peter Leppan, Dr Jon Morley, Esme Morley, Danie & Melanie, Ian Visser, Fairy Knowe, Helena, Serendipity, Roxanne Blum, Hugo, Missi & Biskit, Lizelle, Anina Harmse, Sean Trietsch, Peter Pharoah, Oakpics, Chelsey & Kevin, Greenfire Enviro, GARDAG, Kaylee, Desiree du Preez, Justin Malan, The McAdam Family, Beatrix Bosch, Cloudbase Paragliding, Hugo Leggatt, Leon Strydom, Marnus Daubern, Denim de Jager, Laurell Tretheway, and any one else that we may have missed in the last minute rush of getting our first issue to print.

ADVERTISING

Terence: +27 (0)79 422 0728 gardenroute101.co.za

MYGARDENROUTELIFE

Our Garden Route 101 community is built by a shared vision, a culture of care, and a commitment to protect our natural heritage for future generations.

Welcome to the very first issue of My Garden Route Life, a publication born from passion, purpose, and a love for the incredible region we are lucky enough to call home. Garden Route 101 stands for authenticity, meaningful connection, and a celebration of all that makes this region extraordinary.

Thank you to our contributors that took the time to write meaningful content that resonates with our ethos. To everyone else, we honestly couldn't have done it without you, proof once again that the magic only happens when we work together.

Suddenly anything is possible, even landing a bush plane on a dirt strip over the mountains at a farm in the Langkloof.

A special thank you to Morné and his incredible team at Louvain, Siggy, our intrepid pilot, Suzuki and Jimny, to Peter for unexpectedly putting down his paint brush to join us for the shoot. Daleen for doing Abby's hair colour at the last minute, Margriet for styling, to everyone who generously provided props and of course, to our crew that worked so hard to bring this cover story to life, despite last minute changes due to weather.

Whether you're a longtime resident or a new arrival drawn to its charm; to live, work and play in the Garden Route is nothing short of a privilege. The Garden Route 101 platform is built on a shared belief that our community is more than a place, it's a way of life. It's misty early morning walks along the beach, sharing images of sunrise and sunset, late-night conversations around the braai, and the kind of everyday magic that happens when people care and look out for one another. We celebrate the stories that matter, capturing the heartbeat of our neighbourhoods through those we meet along the way. We're here to uplift local voices, support local initiatives and share your brand's journey with a community that loves "local" and understands the importance of supporting businesses in our region.

To our brave advertisers - Thank you. Your support was a leap of faith, not just in our vision, but in the people of our region. You committed with your wallets and your reputations, and we couldn't have done this without you. Your belief in community marketing makes this platform possible and we're proud to stand alongside you and share your stories.

To our Readers - Thank you for joining us, we invite you to keep the circle strong by supporting the *Garden Route 101 Recommended Business Network*. These hardworking entrepreneurs and local businesses are the backbone of the community, providing employment to our growing towns, they are people you can rely on for peace of mind, quality workmanship, and a team that cares about customer service. We invite you to enjoy your journey through our first issue and until next time: Stay safe, stay connected, and enjoy every moment in this special place we call home.

Warmly,
The Editorial Team



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INSTAGRAM



WEBSITE



GARDEN ROUTE 101
BETTER TOGETHER

It's a way of life.

While every effort is made to ensure accuracy, Garden Route 101 cannot be held liable for any errors or omissions.



Jimny people like to travel. We like to safari. We like to journey. Whether you are CAW, CBS, CG, OR CX, head to Louvain in the Langkloof to join all the other Jimny family at the biggest gathering of it's kind!

Join Schalk Bezuidenhout and Suzuki Jimny enthusiasts for a weekend of off-road adventure, music, and community spirit at Louvain Guest Farm, just 60kms outside George on the Uniondale Road.

Highlights from the Trail

Expect thrilling 4x4 tracks, scenic drives, and guided challenges designed to put you and your Jimny to the test. Whether you're a seasoned Jimny driver or just bought one last week, the mountain is calling with terrain for every skill level.

Safari Town Festival 27 September 2025

Oudtshoorn Recreation Ground

Live performances by South Africa's favourite muso's
You don't need a Jimny to join us for this open-air music festival. Shuttle services for guests staying at Louvain.

Join us for the only gathering of it's kind!

Be part of the magic - let's break new records at the Jimny Migration at Louvain (Jimny's Only)

Book your Tickets, Load the Jimny, bring the family, this is just not an experience any Jimny owner would want to miss!



Come and celebrate what the community of Jimny is all about
Don't Miss Out Tickets are selling fast. Visit Jimny Gathering 2025 to book your spot and be part of South Africa's most spirited 4x4 celebration.



FREEDOM!
Your Way
Open Skies
Open Roads

Suzuki Comfort
and
Affordability
Meets
Langkloof
ADVENTURE!

Whether you're cruising through
the forest or offroading in
the Langkloof, you're
always in control.

25 - 28 Sept 2025

IT'S A WAY OF LIFE.

From bush to beach,
wherever your soul
seeks wild Jimny
gets you there





ADVENTURE
ISN'T A DESTINATION
IT'S A LIFESTYLE.



ROAD TRIP

LOUVAIN IN THE LANGKLOOF



Adventure Awaits... Off-Road Living, South African Style

South Africans have a deep-rooted love for the wild and rugged. Louvain Guest Farm is where that spirit comes alive.

Nestled in the Upper Langkloof Valley, just 45km from George, this expansive working farm offers the perfect launchpad for off-road enthusiasts and nature seekers.

Whether you're bird spotting in the forest, tackling challenging off road trails, soaring above the mountains in a microlight, exploring ancient caves or meandering with your camera on foot or with your mountain bike, Louvain delivers the kind of raw, scenic adventure that fuels the soul.





Starry Nights

Fresh Mountain Air

Rekindle your love for life at a slower pace at Louvain, where the landscape meets legacy, and life finds its rhythm again.

Louvain isn't just a place to stay, it's a place you'll remember long after the dust has settled and you're heading home along the R62 back to civilisation.

With its olde-world charm, Louvain offers the kind of warmth and authenticity born from a place rooted in heritage, a sense of stepping back to a time when life seemed simpler and had more meaning. Think polished wood, the comforting glow of warm, inviting fireplaces, and hand-finished touches that reflect a love of life living close to the land and honouring those that came before.

The Louvain accommodation reflects the Jonker family's connection to a bygone era, with traditional furnishings lovingly restored, quirky vintage fittings, and a timeless sense of character that echoes visiting Ouma and Oupa in the good old days.

Their self-catering cottages, guest rooms, and glamping tents are spacious, welcoming, and styled with comfort in mind. And tucked away in a secret hideaway, you might find Ibrahim stoking the fire at the hot tub where you can soak away the day's adventures creating memories that will last a lifetime.



Louvain isn't just a stop on the R62, it's a chapter in your life story, a place of long, philosophical conversations around the fire under starlit skies.



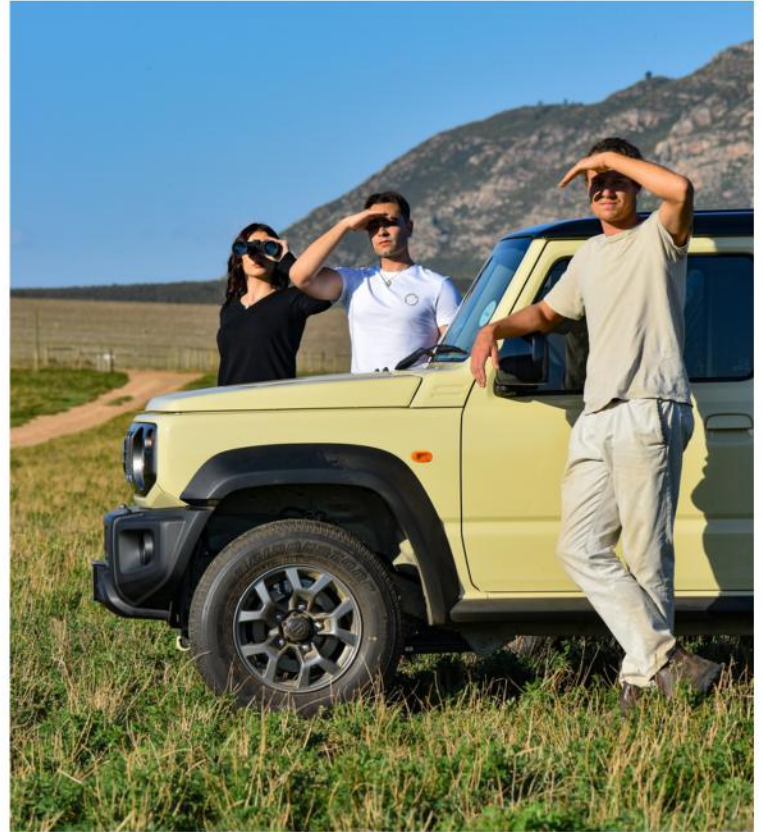
Time Slows

And making memories
is all that matters

Say “I do” at Louvain’s historic
stone church

Begin your new life together with soft light
filtering through arched windows onto
the weathered stone walls of the Louvain
church, creating an intimate backdrop for
a romantic, traditional ceremony...

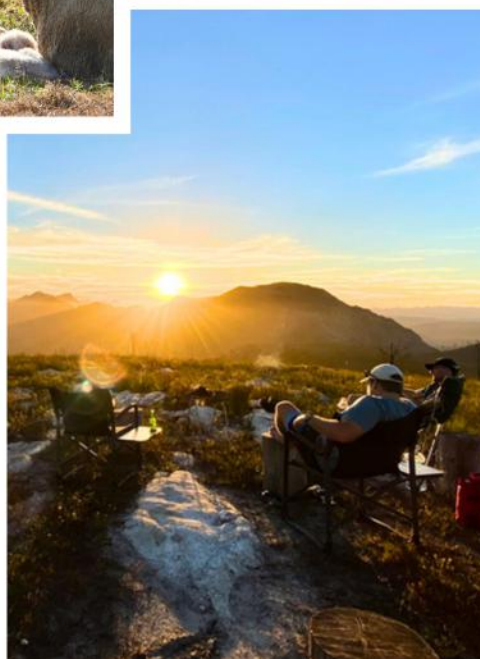
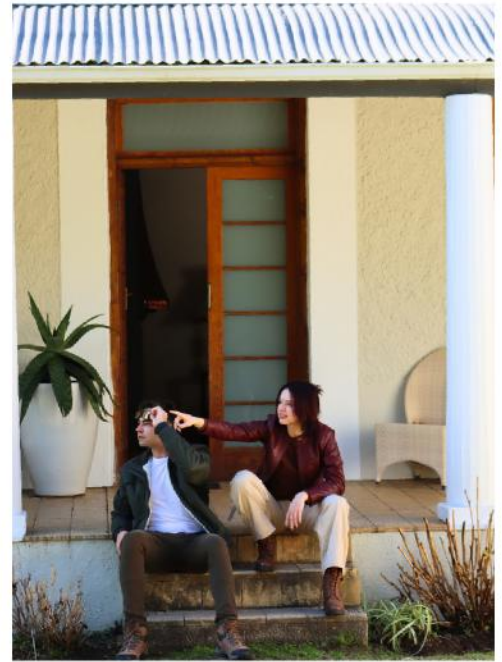
And I’ll let you in on a secret...
Louvain has its very own make-up artist
and hairstylist. From soft, romantic waves
to flawless bridal glam, Margriet will ensure
that you’re looking radiant as you make
your way down the aisle towards the
next chapter in your love story.





WILD AT HEART TAKE THE DETOUR AND LET YOUR SPIRIT SOAR

Rekindle the romance of life at a slower pace at Louvain, where skygazing, birding, and quiet walks on a working farm steeped in history invite you to reconnect with the natural rhythms of nature.





LOUVAIN
COUNTRY
Style
HOSPITALITY



LOUVAIN GUEST FARM

Tranquil retreat in the Upper Langkloof Valley

A warm welcome to Louvain Guestfarm, a tranquil working farm situated in the upper Langkloof, halfway between George and Uniondale in the Western Cape.

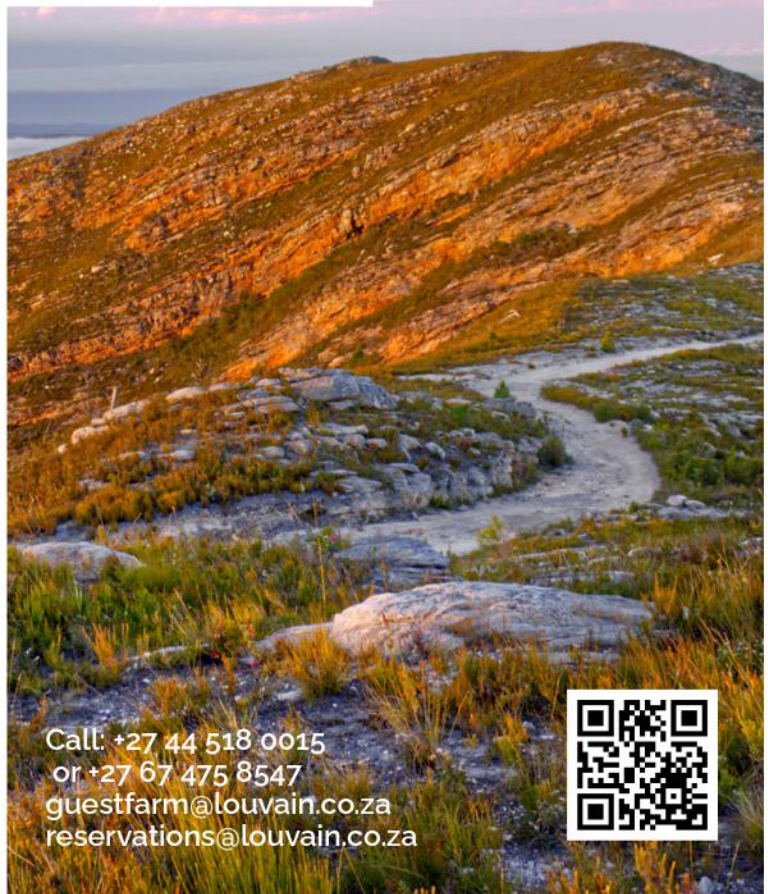


Louvain Guest farm is the perfect breakaway to trade one kind of "busyness" for another, with so much to do, you'll be back to experience new adventures year after year.

Amazing 4x4 Trails
Microlight Flights
Hiking Trails
Mountain Biking
Bird Watching
Rock Art & Cave Paintings
Magical Nights Under the Stars
Traditional Stone Church
Fully Equipped Venue

The Langkloof valley is 160km in distance, stretching from Herold a small village north of George to Humansdorp near Port Elizabeth.

The valley is an important, fertile, fruit growing region nestled between the Kammanassie, Kouga and the Outeniqua mountain ranges.



Louvain Guest Farm,
Herold, Upper Langkloof,
R62 Outside George,
Western Cape

Call: +27 44 518 0015
or +27 67 475 8547
guestfarm@louvain.co.za
reservations@louvain.co.za



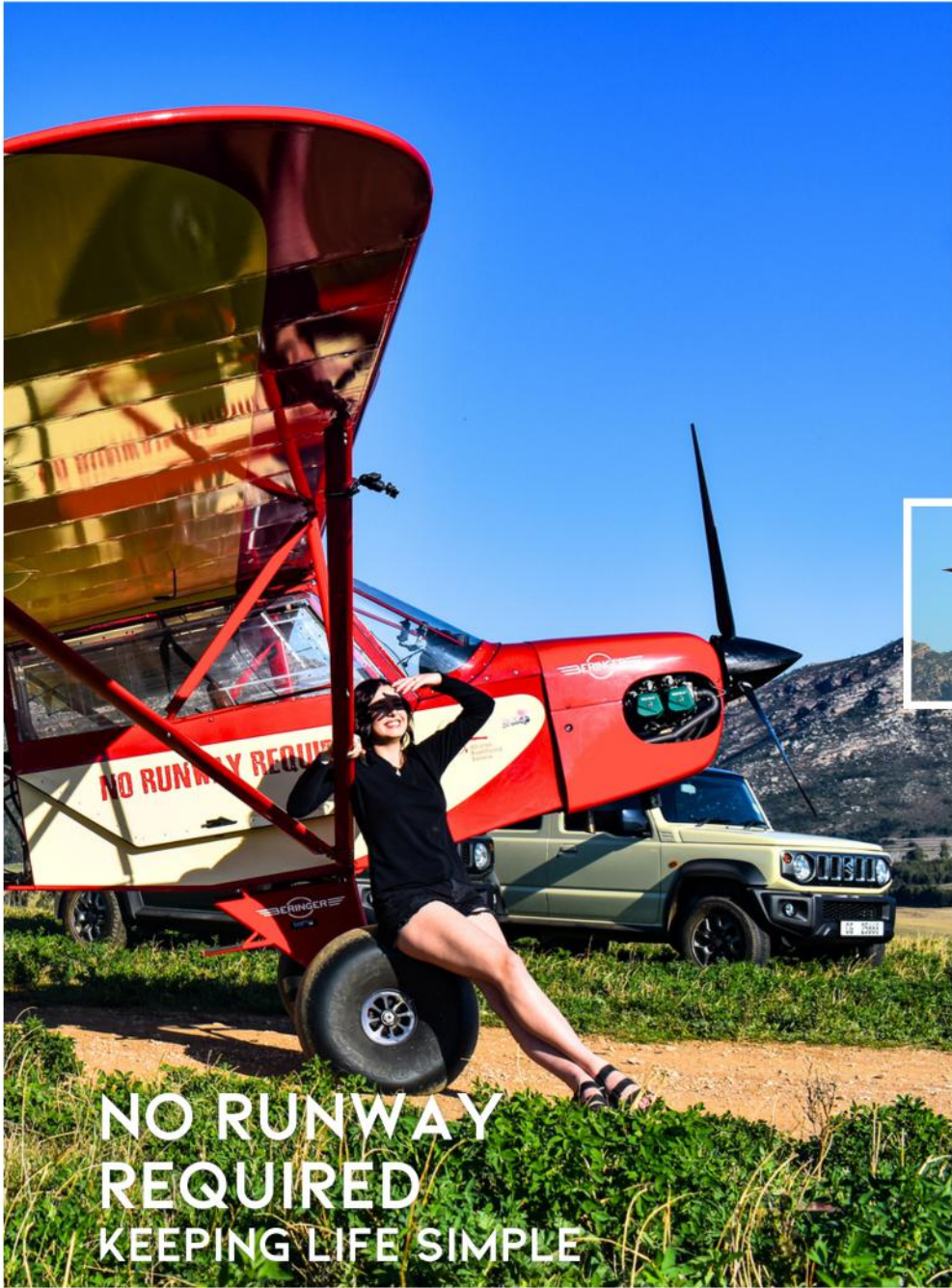
Big Sky country
offering awe-
inspiring views
where you won't
trade comfort for
rustic charm

Rugged by day, restful by night, Louvain's accommodation invites you to put your feet up after a long day navigating dusty off-road mountain trails. Stay in spacious self-catering cottages and en-suite guest units that blend traditional charm with modern comforts, try glamping for a touch of laid back living or get closer to nature at the forest campsite. This family-run working farm offers a perfect escape for families, couples, friends, or corporate groups looking to reconnect and make memories together.

Beyond the thrill of off-road trails, Louvain invites you to slow down and explore at your own pace. Soar over the vast landscape in a microlight at sunset, wander pristine mountain paths, go horse riding or spot birds in the forest, then relax at the dam, or even join a friendly game of cricket on their lovingly maintained pitch.

Whether you're chasing adrenaline highs or searching for serenity, the Louvain experience is more than a destination, it's an off-grid escape that whispers to the adventurer in every one of us.







ESSENTIAL GEAR

Don't leave home without stocking up with Rich-Wins Kits and Pangolin's locally sourced products for outdoor, off road adventures & travel.

Planning your Garden Route escape starts with the right stuff trusted gear for every trail and adventure.



REKINDLE YOUR WILD SIDE

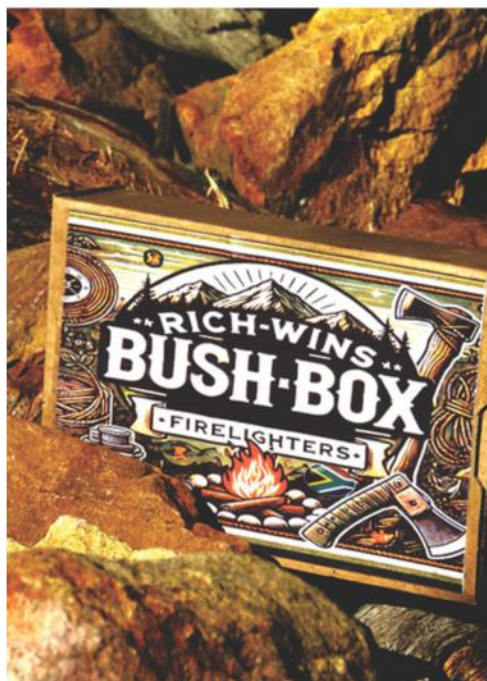


RICH-WINS

Eco-Friendly Bush Box fire-starting survival kit & Firelighters designed for rugged, off-grid adventures.



CANOE. CAMP.
CLIMB. CYCLE.
CRUISE. CONQUER.



'n Bietjie Anders...
Morne Jonker, a former wine-maker, supports those facing life's challenges, sourcing Louvain Wines from Anders Wines, founded by a dedicated mom, raising her autistic son and recognising that, just like wine, being different adds character.

Art That You Can Wear

Each piece by John-Michael Weston is more than jewellery, it is a handcrafted expression of nature, heritage, and artistry.

Inspired by the land and shaped by the artist's hands, his exquisite creations reflect a technique passed down from father to son. Every facet is intentional, every detail tells a story.



SHOP THE LOOK

JOHN-MICHAEL WESTON

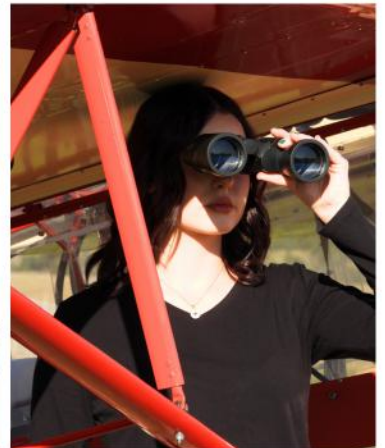
Visit John-Michael at the Scarab Market in Sedgefield on Saturdays to experience his collection.



OUTDOOR STYLE IN A BACKPACK

The forest doesn't care that you forgot to pack an extra pair of socks.

Whether you're camping, hiking, or chasing sunsets in the Karoo, outdoor style is all about packing smart, keeping it light, and trail-chic.



What's in my BackPack?

- Camera & Phone
- Power Bank
- Binoculars
- SPF Tinted SunScreen & Lip Balm
- Travel-size Tissues
- Compact Mirror
- Hair Ties
- Lightweight layers (quick-dry top, fleece)
- Reusable water bottle
- Wide-brim Hat & Scarf
- Mosquito Repellant
- Pocket Size Trail Snacks & Biltong
- Quick Dry Microfibre Towel for Spur of the Moment Skinny-dipping in a Mountain Pool



Gearing up for
THE JOURNEY

ABBY'S
TRAIL ESSENTIALS



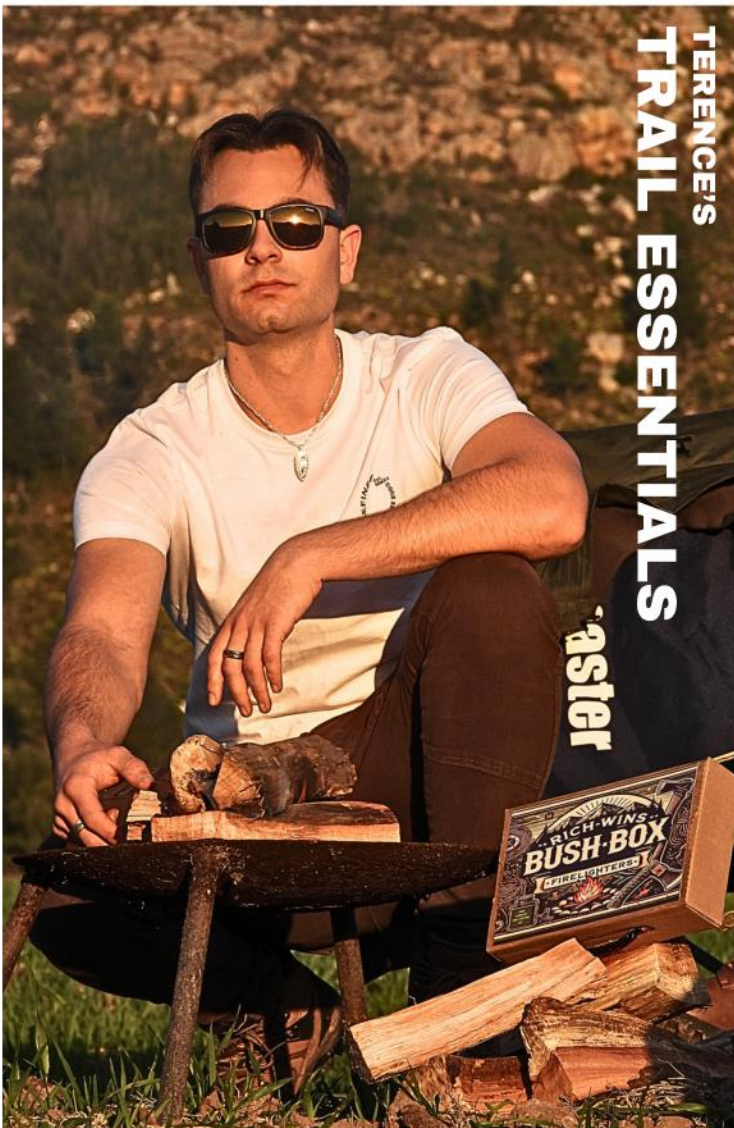


MY OFF-ROAD MUST HAVES



Because a multi-tool and optimism can't fix everything.

When adventure calls, ditch the suitcase, pack light, stick to the essentials and you'll be good to go, wherever the trail leads.



TERENCE'S
TRAIL ESSENTIALS



Trail Ready SURVIVAL KIT



What's in my BackPack?

- Camera & Phone
- Waterproof Lighter
- RichWins Bushbox with FireStarters,
- Portable Grid & Saw
- Pocket Multi-Tool
- Power Bank
- Binoculars
- SPF Lip Balm
- & SunScreen
- Lightweight Layers (Performance Tee, Windbreaker)
- Extra Pair of Socks
- Sunnies & Bandana
- Pangolin Headlamp
- Pangolin First Aid Kit
- Paracord Bracelet
- Reusable Water Bottle
- Mosquito Repellent
- Aqua Tabs
- Pocket Size
- Trail Snacks & Biltong
- Protein Bars
- Nuts & Trail Mix

PANGOLIN

Pangolin stuff is Africa tough

Adventure. Secured.

Inspired by the resilient African pangolin, PANGOLIN creates premium gear for those who expect more from the outdoors. Our products protect your equipment, keep your essentials organised, and support your adventures – whether you are on the trail, the water or the road.

From cooler bags to tie-downs, dry bags, tow straps, and emergency gear, our products are built for durability and dependability. Where possible we prioritise locally-made products to support South African manufacturing and to uphold our tough-as-Africa standards.

PANGOLIN – for those who move with purpose, and pack with precision.

High-quality soft cooler bags & accessories • Tie-downs, straps and stretchies • Waterproof cellphone, waist & key pouches • Dry bags • Headlamps • Vehicle & household emergency solutions

www.pangolin.co.za

For stockists, please contact us at sales@pangolin.co.za
or call 082 412 7972



Photographer
Anina Harmse
Bride: Lizelle

NATURE'S TOUCH

with Minimal Fuss

Margriet Wood

There is Beauty in Simplicity

One of my loved ones asked me during high school what I wanted to do one day.

My immediate answer was: "Ek wil mooi maak"

In English this means to beautify, using a person's natural features to enhance and bring out their natural beauty.

Fast forward a few years and look at me now. Not only am I beautifying and enhancing my clients gorgeous and natural features, one of my main missions is also to make them feel beautiful and loved.

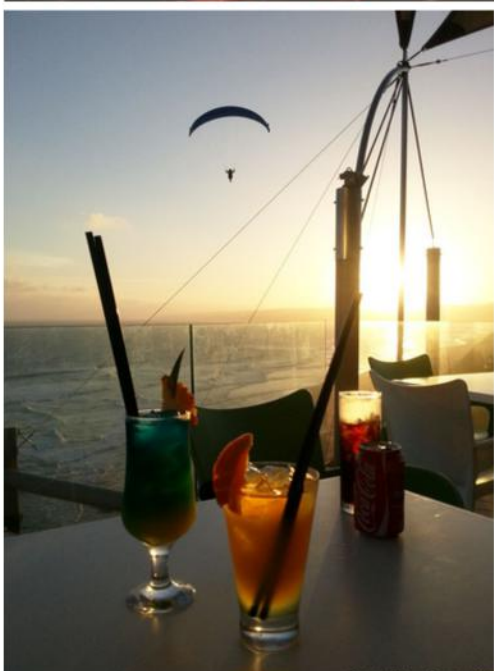
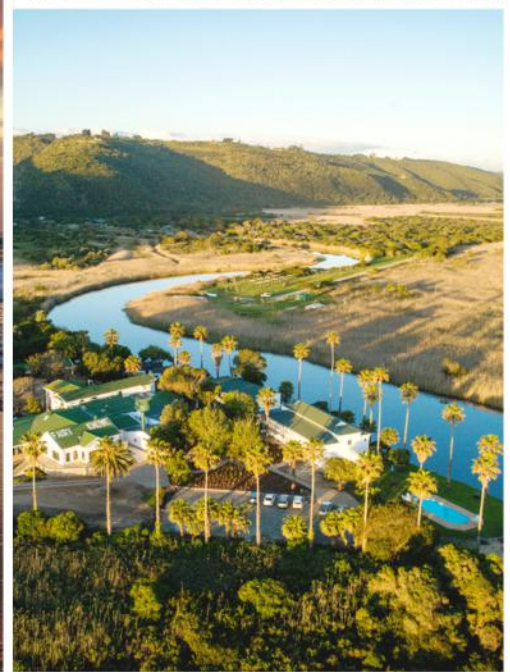
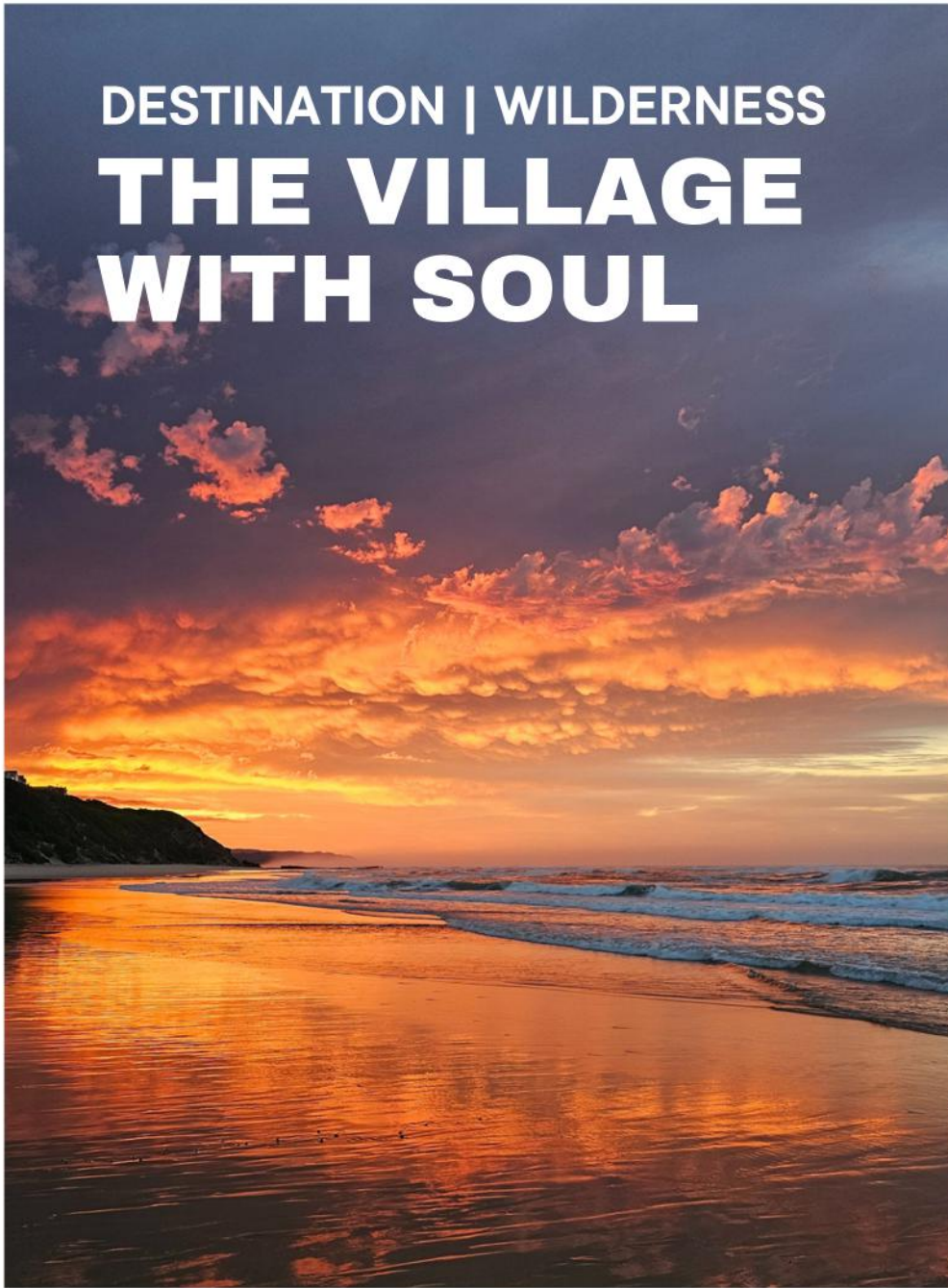
Whether you're planning a wedding, or special occasion, Louvain offers the perfect venue and Margriet's eye for detail will ensure that your look is styled to perfection.

Your Look,
Your Moment,
Margriet's Magic
Call +27 79 655 8951

Internationally Qualified
Travelling Professional Stylist
Hair & Make-up Artist
Bridal | Film & Events

DESTINATION | WILDERNESS

THE VILLAGE WITH SOUL





Nature's Playground

ESCAPE TO WILDERNESS

Trade Shopping Carts For
Salty Air, Mountain Views,
Rivers, Lakes And Trails
Your Next Unforgettable
Experience Is Just Around
Kaaiman's Bend.



LOVED BY LOCALS AND
A FAVOURITE AMONG VISITORS
COME FOR THE FOOD AND WINE
STAY FOR THE VIBE

WILDERNESS

WHETHER YOU COME FOR LIVE MUSIC UNDER THE STARS
COSY FIRESIDE COCKTAILS, OR THAT ICONIC SUSHI MOMENT
WE'VE GOT YOUR NAME WRITTEN ALL OVER IT

**Award-winning food & wine, sushi, live
entertainment in a lush garden setting.
The Girls offers a vibrant dining experience
in the heart of Wilderness.**

The Square
Owen Grant Street
WILDERNESS
OPEN 7 DAYS A WEEK
+27 44 877 0445



Ditch the Daily Grind ESCAPE TO WILDERNESS



Sundowners

Your Itinerary

Chasing sunsets and new adventures. Escape the ordinary and embrace life like a local in our little village by the sea.

Morning Magic

Kick off your day with a sunrise stroll along the beach then paddle along the tranquil Touw River. Lace up your boots for a forest hike in Wilderness National Park.

Whether you're gliding across the water or wandering beneath ancient trees, nature sets the pace for your day in paradise.

Midday Meander

Head into the village to explore the boutiques and art galleries.

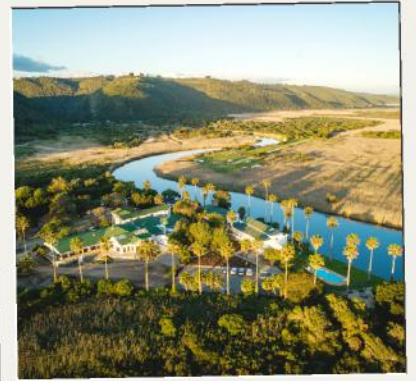
Grab an ice-cream or sip a freshly brewed coffee and get ready for a burst of adrenaline

Take to the skies in a paraglider soaring above the beach with breath-taking views that will leave you exhilarated and inspired.

Evening Indulgence

As the sun dips, choose from top-notch restaurants like The Girls, Serendipity or Amare Vita for a feast of hearty South African seafood, steaks served with the award winning fine wines.

Fall into bed at one of the many stylish beachfront lodges, cosy cabins, or riverside guesthouses, all promising a dreamy end to your perfect day.



Sleep Over at Fairy Knowe



Forest Hike!



View from Above

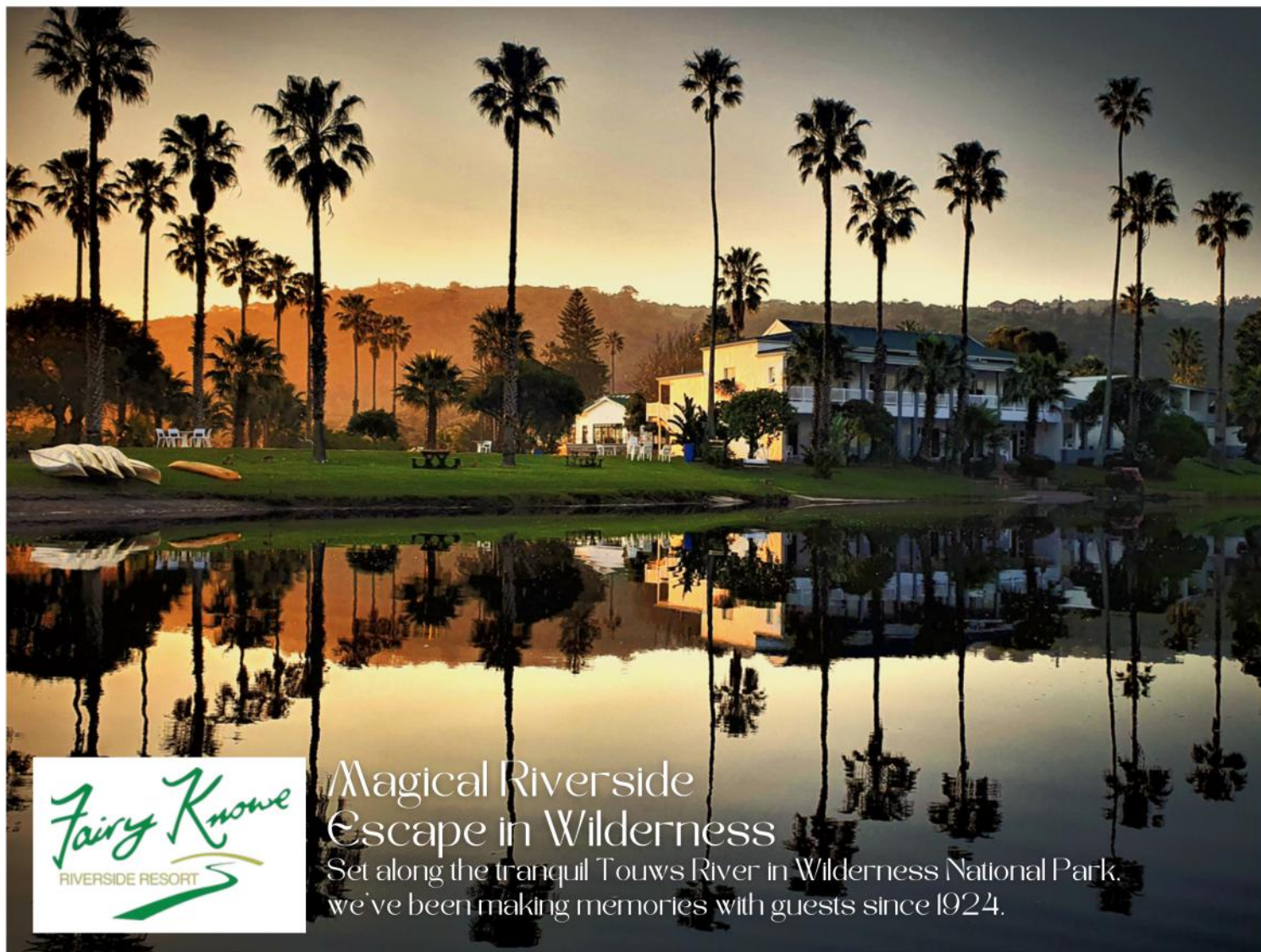


Sunset on the Beach



Ice-Cream after a hot day at the Beach

Come & Spend time in Wilderness where nature sets the pace and the fun never sets



Magical Riverside Escape in Wilderness

Set along the tranquil Touws River in Wilderness National Park, we've been making memories with guests since 1924.

Our spacious rooms and family chalets feature TVs, tea-coffee stations, and full bathrooms, with most offering tranquil river views. Hearty meals are served daily with family-style dining at Amare Vita Restaurant, with relaxed evenings at the bar.

Our beloved "grand dame" offers easy access to the beach, outdoor adventures and the serenity of nature, with birdwatchers flocking to spot over 280 species, including the stunning Knysna Loerie. On-site canoe rentals allow you to explore the meandering waterways, cool off in the sparkling pool, or enjoy a friendly match on the tennis court.

Δ Fairy Tale Setting for Your Dream Honeymoon

Nestled in the heart of Wilderness, this enchanting riverside retreat offers the perfect backdrop for your wedding or honeymoon, surrounded by lush gardens, serene waterways, and magical sunsets.

Situated just 20-minutes from George airport and central to all tourist attractions, the Fairy Knowe Hotel is the perfect base to explore the Garden Route.



1 Dumbleton Crescent, Wilderness - Call 044 250 0300
Experience the Fairy Tale Magic of the Garden
Route's favourite hotels - Book your stay today



Happily Ever After Begins Here

Say "I do" and start your love story together at Fairy Knowe Hotel where forever begins with magical, unforgettable moments.

ESCAPE TO WILDERNESS

Nature's Playground



ISLAND LAKE

Located on the eastern side of Wilderness, Island Lake is great for fishing, boating, water-skiing, birdwatching, and relaxed family braais. With picnic spots, swimming and canoe launch areas, it's perfect for spontaneous family outings or full-day adventures.



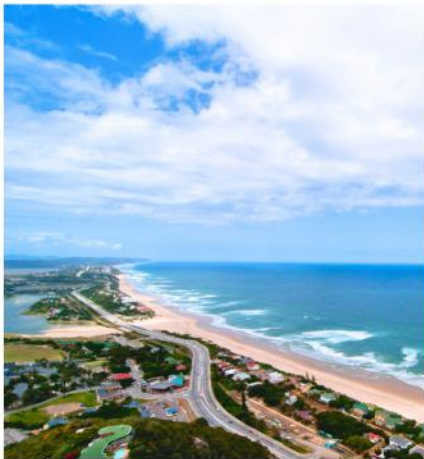
EBB & FLOW

Set in the Garden Route National Park, Ebb-and-Flow along the Touw River, offers riverside camping, cabins, hiking trails, and canoe hire. Just minutes from Wilderness village, it's a great spot for a spontaneous getaway, a picnic in the forest or alongside the river for the day.



FINE ART OF LIVING

Browse art galleries, boutiques, and artisan coffee shops. Unwind with healing spa therapies, enjoy a lazy lunch 'al fresco' style. Enjoy gourmet fare paired with award-winning wines. Choose from steaks, seafood, wood-fired pizza, or cocktails at sunset overlooking the beach.



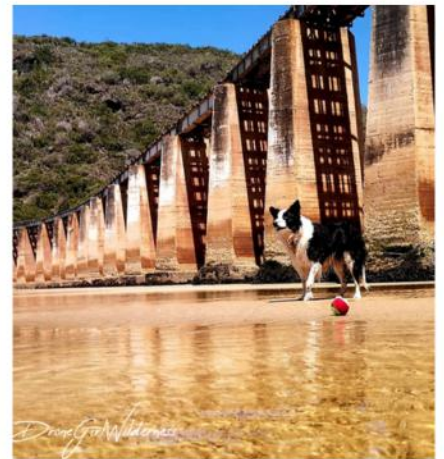
MAP OF AFRICA

The Map of Africa viewpoint offers dramatic views where the landscape carved by the river resembles the African continent. A top spot for paragliding, and photographing magical sunsets towards George and the Outeniqua mountains.



TOUW RIVER

Cruise the reed-lined Touw River aboard the Wilderness Ferry. Daily departures to and from the village. Whether you're headed for a hike or arriving in style for dinner, it's a scenic, memorable ride, you can even book for special occasions.



KAAIMANS BEACH

Tucked into the bend at Kaaimans Pass, this river-mouth beach with historic houses lining the far bank is a local favourite. Bring your fishing rod, pack a picnic, hire a canoe or try guided abseiling at the waterfall for a bit of adventure. Parking is limited, so arrive early. And the best part, dogs are welcome too.



Inspired South African Cuisine Meets Riverside Charm

We invite you to indulge in an unforgettable, uniquely South African gourmet dining experience. Stay the night and unwind in the comfort of our luxurious, stylish country home beside the peaceful waters of Wilderness.

Serendipity Restaurant & Country House is set in a lush garden on the banks of the Touw River Lagoon in the Wilderness National Park and offers superb cuisine, friendly, professional service with wonderful wines. Graceful but relaxed is the credo for fine dining at Serendipity. Our South African inspired menu changes regularly and is lovingly crafted with locally sourced ingredients, the benchmark of our Serendipity fare.

Join Us for Dinner from Monday to Saturday. Bookings Essential



Serendipity 

www.serendipitywilderness.com

Online bookings for Dinners
and/or Accommodation.

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Freesia Avenue



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Tandem Flights - No Experience Needed!

We offer tandem paragliding flights, expert tuition, license courses, guided tours, and top-quality equipment sales and rentals.

Enjoy the unforgettable thrill of a tandem flight with a qualified instructor on any good-weather day.

Our instructors are equipped with HD action cameras on a customised telescopic boom, capturing breathtaking footage of you in flight, so you can relive your unforgettable experience and share it with family and friends.

**All you need is a
sense of adventure**



**CLOUDBASE
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Wilderness
Garden Route
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Bookings recommended
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Want to take control and learn to fly solo? Learn to Fly with our Professional Training & Courses

Our internationally recognised school is run by full-time, experienced instructors, Jan Minnaar (founder) and Khobi-Jane Bowden. We offer world-class training backed by years of competition experience, representing South Africa at World Championships & World Cup events. Our training combines comprehensive theory at our Cloudbase HQ. Hands-on training practical flying sessions at prime flying sites just a short drive away.



MEET PETER PHAROAH

Sawubona!

I have a passion for Africa and its people. The heat, dust & textures are my inspiration.

Sawubona is a traditional Zulu greeting meaning 'I see you.'

It has a long oral history and means more than the modern westernised 'hello'.

One simple word that says,
'I see you... I see your personality.
I see your humanity. I see your
dignity and I respect you.'

In the African rural village context,
where everyone knows one another,
it is a powerful acknowledgement of
each individual and their importance
as a member of the community.

My artworks are a collection of personal
memories, real life encounters and
experiences with the Africa that I know
and love. I consider this simple greeting
as the starting point, the feeling I have
before
placing the first brushstroke.

Each artwork is about 'seeing' and
capturing the essence of a moment
using colour, texture and brush strokes,
loosely weaving the elements together
in a way that tells a story.

The Investment Value of Peter Pharoah's Art

Art as an asset has gained traction among top business professionals, entrepreneurs, and family wealth managers. Peter's unwavering dedication to his craft is a key factor contributing to the consistency and reliability of his work as a solid investment.

Peter's large and impressive paintings command attention, their bold presence and striking visuals making them impossible to ignore, contributing to the timeless appeal of his iconic artworks.

His work reflects a deep connection to process and technique as he masterfully transforms everyday scenes into striking visual statements featuring vibrant and evocative depictions of African wildlife, as well as his iconic tribal and colourful stylized portraits of African people that he has met on his travels.

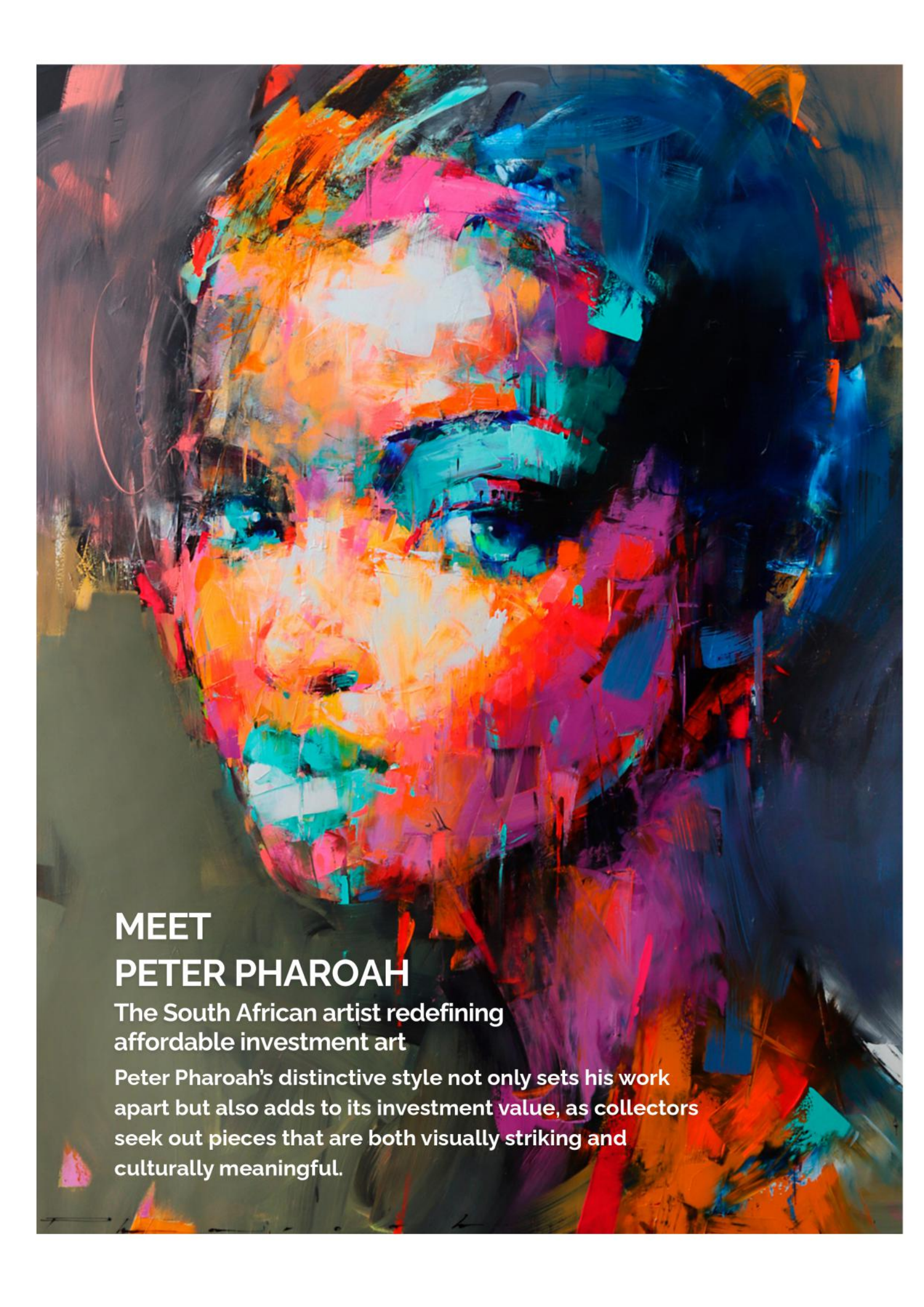
Taking the decision to leave the commercial advertising industry took courage and was not without risk, but he quickly developed a distinctive style characterized by bold colours and expressive brushstrokes. His ability to consistently produce high-quality work quickly earned him a loyal following among collectors and art enthusiasts worldwide.

His artworks have grown in value since he began his fine art career in 2001, capturing the attention of art aficionados as well as corporate and private collectors around the world that acknowledge his work, not only as a solid investment but also as a unique talent that is instantly recognizable, thanks to his distinctive style that has become his signature over the past two decades.



PETER PHAROAH FINE ART GALLERY
WILDERNESS CENTRE - MON TO FRI 9.30 - 5.00

Experience the Magic of Peter Pharoah's
artworks & take a special memory home **30**



MEET PETER PHAROAH

The South African artist redefining
affordable investment art

Peter Pharoah's distinctive style not only sets his work
apart but also adds to its investment value, as collectors
seek out pieces that are both visually striking and
culturally meaningful.

MEET PETER PHAROAH



The South African Artist Redefining Affordable Investment Art

Local Wilderness artist, Peter Pharoah relocated to the Garden Route in 1998 from Johannesburg where he had been an illustrator for the commercial and advertising industry.

It was here that he began his fine art career, opening his own gallery in 2001 and quickly capturing the attention of discerning collectors from around the world with his unique approach and innovative techniques, producing bold, thought-provoking creations, characterised by vivid and colourful textured brush strokes that are instantly recognizable as his work.

Within the realm of wealth management for high-net-worth individuals, corporates and institutions, art has evolved from being merely decorative to gaining significant recognition as a valuable investment opportunity and a rewarding pursuit within this growing asset class.



Artwork (above): Nightstalker By Peter Pharoah
Limited Edition Reproduction Print On Canvas
Size: 100cm (h) x 100cm (w)



A Career Marked by Consistency and Excellence

Peter Pharoah's journey as an artist is a testament to his dedication and resilience. His career began in the 90's when he worked as a freelance illustrator in the advertising industry, becoming proficient in many different mediums.

This deadline-driven environment provided him with a strong sense of discipline towards his craft.

Artwork: (Left) Zari By Peter Pharoah
Original Oil On Canvas Size: 200cm (h) x 150cm (w)



THE PETER PHAROAH FINE ART GALLERY IN WILDERNESS, SOUTH AFRICA

Storytelling through texture, brush strokes & paint

Peter Pharoah's artworks are instantly recognizable, thanks to his signature style honed over the past two decades.

He often travels to remote parts of Africa visiting wildlife reserves to experience African wildlife up close, visiting small villages and personally meeting and getting to know the characters featured in his paintings creating compelling narratives drawn from his own experiences exploring the far corners of Africa.

MAASAI MEMORIES
LIMITED EDITION
PRINT ON CANVAS
100CM X 100CM

RIGHT: BIG BLUE BY
PETER PHAROAH
ORIGINAL OIL
ON CANVAS
180CM X 120CM



SEEKER BY PETER PHAROAH - LIMITED EDITION CANVAS PRINT 100 X 200CM





Original Artwork
Baraka
(means Blessing in Swahili)
by Peter Pharoah
Original Oil on Canvas
Size: 200cm (h) x 150cm (w)

Artwork (Left):
Spirit of the Wild
by Peter Pharoah
Original Oil on Canvas
Size: 200cm (h) x 150cm (w)

Below: To reach the corners of the canvas, Peter had to construct scaffolding for this 5m x 3m commission.



Artwork (below): Last Hope by Peter Pharoah
Limited Edition Reproduction Print on Canvas Size: 100cm (h) x 150cm (w)



MEET PETER PHAROAH

Peter Pharoah's career hasn't all been smooth sailing

He showed remarkable resilience after losing everything in a devastating fire in 2010 that destroyed his gallery and all the artworks housed there at the time.

Overcoming this challenge proved to be transformative when, after a period of reflection, he returned to his studio and began creating new works with vibrance and passion, showcasing his ability to reinvent himself through his art despite the significant loss he had suffered.

For those new to collecting, Peter Pharoah's works are a great starting point as they are affordable, collectible, and have consistently appreciated over time, making them a stable investment.

His collection also features a series of Limited Edition prints on canvas, serving as an excellent entry point for those looking to add a decorative touch to their spaces.

The Personal Touch

One of the unique aspects of investing in Peter Pharoah's art is the opportunity to purchase directly from the artist.

He values this personal connection, as it allows him to share the inspiration and stories behind his work.

Peter's Original Oils and Limited Edition Prints on Canvas celebrate the wildlife and soul of Africa.

Commemorate a special moment with an original artwork or bring a touch of character to a cosy nook, there's a piece to suit every space and budget

Traveling light? Your chosen artwork can be rolled and packaged for easy transport.

Card payments & worldwide delivery are also available

Visit The Peter Pharoah Art Gallery Wilderness
Mon - Fri 9.30 - 5pm
+2776 976 2629
peterpharoah.com



Artwork: Catch of the Day by Peter Pharoah Original Oil on Canvas Size: 180cm (h) x 120cm (w)



Signing the artwork means its finished



John-Michael
WESTON



RAW
BEAUTY
DEFINED

WWW.JOHNMICHAELWESTON.COM

Refining Nature's Beauty into Wearable Form

Handcrafted in the heart of Wilderness, South Africa, this stunning jewellery combines rare crystal formations with naturally faceted gemstones, seamlessly united in pure silver and 24 karat gold.

John-Michael Weston creates jewellery that captures the soul of Africa's breathtaking landscapes. Each piece tells its own story—inspired by the rare natural substrate it is created from.



Drawing on a proprietary technique first pioneered by his father, renowned adventurer and gemmologist Mike Weston, John-Michael has perfected this innovative fusion of precious metals and gemstones.

Every individual work is unique and deeply connected to Africa's natural beauty.

Find us at the
Scarab Arts &
Crafts Village
Sedgefield
on Saturdays

Artisanal Jewellery - Each piece tells a story





Dr Jon Morley weighs in on The Future of Food:

How Modern Diets Reflect Deeper Truths about our relationship with Food

Dr Jon Morley (MBChB)

Our eating habits are more than just food choices, they're reflections of culture, belief, and personal priorities.

From “to eat or not to eat” to “you are what eats you,” our relationship with food teeters between identity and anxiety, nourishment, and fad diets that flood our daily feeds. Global trends battle local wisdom, and we find ourselves questioning whether man’s medicine is God’s bounty, and if health still sprouts from the soil.

In a society where one man’s superfood is another’s intolerance, dietary choices are increasingly personal, sometimes philosophical. Just like breathing and moving, eating is universal, yet our relationship with food is anything but simple.

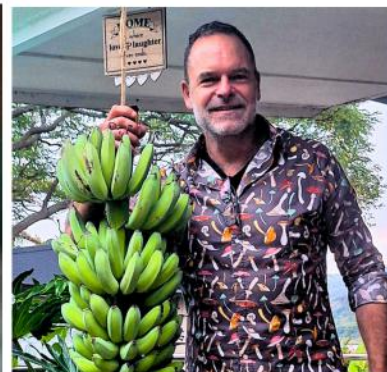
There’s no singular path to wellness, no universal prescription stamped with success for every belief or body type.

Personalised Nutrition: How Do We Find What Truly Nourishes Us - Mind, Body & Soul?

Personalised nutrition isn’t indulgent—it’s essential. Our nutritional needs are as diverse as our experiences, shaped by genetics, environment, lifestyle, and even our emotional relationship with food.

The challenge lies in tuning in to our bodies, listening to how food makes us feel, how it energises or depletes us, and connects us to our roots or shapes our thinking.

Dietary choices can have a powerful impact on health and well-being, playing a crucial role in preventing and treating illness. The online world is filled with one-size-fits-all solutions, creating new eating habits takes effort and commitment but it should not govern our lives.



BLENDING SCIENCE WITH SOUL

Dr Jonathan Morley is a fully licensed medical doctor based at Vitali Integral Health in Wilderness and has been in practice since 1994.

His approach combines conventional medicine with natural therapies, nurturing and supporting whole-person wellness, lasting healing and empowered living.

Gesondheid uit die grond uit.

Hippocrates advocated a balanced diet, recognising the body’s ability to heal when properly nourished. In nature, sunshine creates energy, using not only photosynthesis in plants, but also in the formation of vitamin D and its interaction with cholesterol.

Sunshine also activates cortisol release in the morning, promoting harmony with our body’s natural circadian rhythm, and improving sleep. Optimal digestion and metabolism rely on an intricate balance of nutrients. Whatever we do, chew or swallow, requires an enormous complexity of enzymatic actions, each enzyme built from a supply of micro and macro nutrients found in our food. When our diet is more processed and nutrient-poor, enzymatic function declines setting off an inevitable downward spiral of health and vitality, and people wonder why they are tired all the time.

**Let food be
your medicine**



LEPPAN FARMS - HOEKWIL

While modern medical practices have a role to play, I find it startling how often patients are told by specialists, including oncologists, that diet makes no difference.

In 1963, John F. Kennedy said that man is ‘the most extraordinary computer of all.’ Today, that idea holds strong as geneticists explore the link between the human body-mind as a divinely designed, meticulously programmed complex system shaped by genetics, climate, and diet, suggesting that our metabolism can take centuries to adapt to new food sources driven by environmental change.

When one considers the bigger impact that our genes and climate play on our optimum diet and the associated metabolic harmony, it becomes much clearer why modern diet trends may only have short term benefit:

Our change to a new diet often takes place much later in life when health issues manifest and are only rigorously applied for a limited time, maybe 2 to 5 years. The short-term gains that we can achieve in this time, may lead to long-term concerns: nutrient deficiency, changes in gut biome, changes in biochemical processes like inflammation and immune activity.

Nutri-Genomics

Nutri-genomics is a growing field of information and research. Gene testing can be performed on an individual to determine the optimum nutritional and movement state in order to thrive and more accurately read nutrient level results in blood testing.

All blood markers, especially those related to nutrition and hormones, have wide reference ranges: having gene test results can help to determine what is optimum for an individual, rather than what is merely regarded as “normal”. As such, you may personally require far higher levels of Vitamin D than what is “average”, and upon reaching those levels, your presenting problem resolves.

As I alluded to earlier, any new diet should be carefully considered, wellness is a full-circle experience and effective dietary shifts require psychological, social, and physical and emotional evaluation with guidance and ongoing monitoring to ensure benefits outweigh risks.

Let’s not forget that we are complex, social, active, and emotional beings. To “be human” is to have a capacity for consciousness, empathy, creativity, resilience, emotion, and self-awareness. We seek meaning and purpose.

We are also very easily swayed and influenced by what we see “out there” on the internet or social media and need to be aware that what we’re doing related to our diet is truly in our best interest and not because its trendy.

Many allopathic practitioners remain dismissive or even prejudiced toward alternative therapies or integrative approaches, overlooking the profound impact nutrition can have on overall health and recovery.

Bio-Hacking

Bio-hacking first gained traction through David Asprey, the Bulletproof Coffee Guy, exposing the limits of modern, conventional medicine.

If we use food as medicine, we need to appreciate that we use medicine at certain times for certain problems, and so we should also be open to changing our diet as or when needed. Fortunately, we have individualised genetic testing available to us today.



HOEKWIL—WHERE FRESH AIR, FREE-RANGE COWS, AND OPEN FIELDS MEET TIMELESS COUNTRY LIVING

Meat or Greens?

Let's Talk about the Diets That Shape Our Minds, Bodies, and Values

The Wheat & Dairy Dilemma: When Fear Mimics Intolerance

While gluten- and lactose intolerance are real genetic issues for some, others grapple with reactions that fluctuate: some social settings evoke no discomfort, while others spark intense symptoms.

This isn't always a textbook intolerance, but rather about a stomach in knots, an anxious, reactive gut in disguise and less likely to be about food and more about stress.

Carnivore

While the carnivore diet may support weight loss, muscle gain, better mental clarity, and the relief of metabolic challenges such as insulin resistance, your genes play a key role in how this approach is tolerated by you and there is a risk that this approach could silently activate a disease process years before symptoms emerge.

The obvious lack of fibre and polyphenols can be addressed through supplementation while the possible reduced intake of vitamin E, magnesium, potassium, vitamin C, folate may all set one up for nutrient imbalance and consequential blood vessel disease. If your body struggles with metabolising saturated fats, the overconsumption of these will potentially trigger inflammation, oxidation leading to heart disease, diabetes, or cancer. An alternative to consider is a seafood-based approach that might offer a safer, more balanced alternative for genetically sensitive individuals.

Vegan

While the vegan diet offers numerous benefits in weight management, heart disease, cancer, and diabetes, it does have the downside of reduced vitamin B12 and iodine intake. It may be too rich in lectins or phytic acids causing digestive problems or inflammatory response in some people.

In my experience, most folk become vegan for moral and ethical reasons. An "Empath" or "Highly Sensitive Person" may be at significant risk of decreased stomach and intestinal enzyme secretion, struggling with the very diet that has been chosen for empathic reasons. Entwined in this engagement with life, is some type of stress, which has a negative impact on the digestion of this highly nutrient dense and variable diet. The stress can lower stomach acid and digestive enzymes leading to more reactions to the food itself: irritable bowel syndromes or "gut issues" and a growing fear of food, as so many foods start to seem to create negative reactions and one's food choices become more restricted over time, leading to an increasingly limited diet.

Eating, like breathing, moving,
drinking, is universal.
Think global, act local.
One man's meat is
another man's poison.
What's good for the goose,
ain't good for the gander.



So, in the final analysis, is there an overall clear cut “best diet” winner?

Yes: A “natural (lifestyle) diet”

Local, seasonal (fresh), varied wholefood is the bottom line. And movement. And gratitude.

Imagine being a “cave-person” hunting or gathering....it involves constant moving, periods of pondering, times of sprinting, grappling, slowed and quiet movements, patience with the uncertainty of supply and enormous gratitude for a successful “find”. How can you apply that notion to your idea of “diet”?

Consider an 80/20 diet: 80% cell-food, 20% soul-food. Whether you prefer 80% plant vs 20% animal/fish, or the other way around, remember that eating with gratitude has a far more positive impact on the body than eating the “perfect” food with fear.

It has been said that what makes up our experience of health or ill health, is possibly only 10% due to our biology and 90% due to our biography, our story. So whichever diet we chose in the moment, let's choose it uniquely, individually and for the best reasons of joy, energy, and connection, with ourselves, our fellow humans, nature and the environment.

*Bon Appetit
Jon...*

Dr Jon Morley (MBChB)

Vitali Integral Health Centre +27 044 889 0119

Disclaimer: Always consult your doctor or a qualified health professional before making changes to your diet, lifestyle, or wellness routine.

I believe that we can all benefit from following a natural “lifestyle diet”. Local, seasonal fresh and varied wholefood is the bottom line. And movement. And gratitude.



GARDAG

GARDAG is committed to protecting the Garden Route Dam and related catchment areas. Through independent water monitoring, legal advocacy, and community clean-ups, GARDAG works to safeguard George's primary water source from pollution, invasive vegetation and overdevelopment.

THE HANDS BEHIND THE HOPE

SPOTLIGHTING THOSE WHO LEAD WITH PURPOSE, ACTION AND INTEGRITY

WE SUPPORT THE EVERYDAY HEROES PROTECTING OUR REGION



NSRI

NSRI Garden Route: Guardians of Our Coastline. Dedicated to saving lives at sea, NSRI Garden Route provides vital rescue services, safety education, and community support across South Africa's southern coast.

Protect Our Wildlife: Say No to Rat Poison

Rodenticides are silently killing our owls and other natural predators

These majestic birds help control rodent populations naturally. Let's choose humane, eco-friendly alternatives and keep the Garden Route's ecosystem thriving.

**GARDEN ROUTE
BIRDS OF PREY REHAB CENTRE**



WESSA - EDEN

Our Mission is to Educate, Advocate, and Act for environmental and social justice, climate action, biodiversity protection, and pollution reduction in Southern Africa, leading citizen action in the region supporting climate action, fighting biodiversity loss, and promoting a no-pollution tolerance culture.

GARDEN ROUTE WATER CONSULTANTS

Trusted Sustainable Water Solutions since 1999

What's Lurking in Your Tap Water? Could Hidden Contaminants Be Putting Your Health at Risk?

Crystal clear doesn't always mean clean, the water flowing from your tap may look pure but hidden toxins mean that it should possibly come with a warning label!

From domestic to industrial and more, talk to us today for trusted guidance in finding the right water solution for your health, home, and budget.

Rainwater Harvesting

We specialise in complete **rainwater harvesting** and filtration systems designed to turn every rainfall into a safe, usable water source. Whether you're collecting water for your household, garden irrigation, or backup supply, we provide everything from first flush diverters and **storage tanks** to multi-stage filtration, including sediment, carbon, and UV sterilisation. Without proper treatment, rainwater can carry contaminants like dust, debris, bacteria, and **even E.coli**. Our expertly designed systems, provide **clean, clear, and safe water** straight from your tank to your tap sustainably, reducing your dependency on municipal supply and securing long term **water security**.

Borehole Water Treatment

Borehole water offers a reliable and independent source, but it often contains impurities that make it unsafe or unsuitable for daily use. We provide custom-designed borehole water treatment systems based on your water quality. After we determine your specific needs and conduct a water analysis, we'll provide a solution that may include iron and manganese reduction, sediment filtration, UV sterilisation, or reverse osmosis, depending on what contaminants are in your water. Whether you're using borehole water for your home, farm, or business, our systems ensure it's clean, safe, and compliant with health standards - giving you peace of mind with every drop.

Municipal Water Treatment

Even treated municipal water can contain unwanted elements like chlorine, heavy metals, sediment, and microplastics—not to mention taste and odour issues.

That's why Garden Route Water Consultants offers a range of point-of-use and whole-house municipal water treatment systems. Our popular solutions include under-sink reverse osmosis units for crystal-clear drinking water, as well as Big Blue whole-house filters that treat all the water entering your home. These systems improve safety, taste, and overall water quality, making every tap in your home a source of safe, trusted water.

Schedule Your Free Consultation Today.

We specialise in Domestic, Commercial and Industrial Water Purification and Filtration Systems, Support, Service & Spares. Importers & Distributors of top quality water purifiers and filters throughout South Africa.



Domestic

- Reverse Osmosis Systems
- Filtration & Sterilisation Systems
- Under-Counter & Countertop Filtration Units
- Shower Filters
- Point of Entry Filtration Systems
- Rainwater Harvesting Systems



Commercial

- Custom Designed Refilling Stations
- Maintenance & After Care Service
- Tailored Water Purification Solutions



Industrial

- High-Flow Reverse Osmosis Systems
- Water Bottling Plants
- Custom Water Treatment, Sterilisation & Compliance Solutions



Agricultural

- Borehole Filtration Systems
- Irrigation Water Treatment
- Iron & Manganese Reduction Units
- Water Pumps



GARDEN ROUTE
WATER
Consultants

21B Cathedral Street George
Phone: 044 884 0888
Cell: 083 383 0416
info@gardenroutewater.co.za

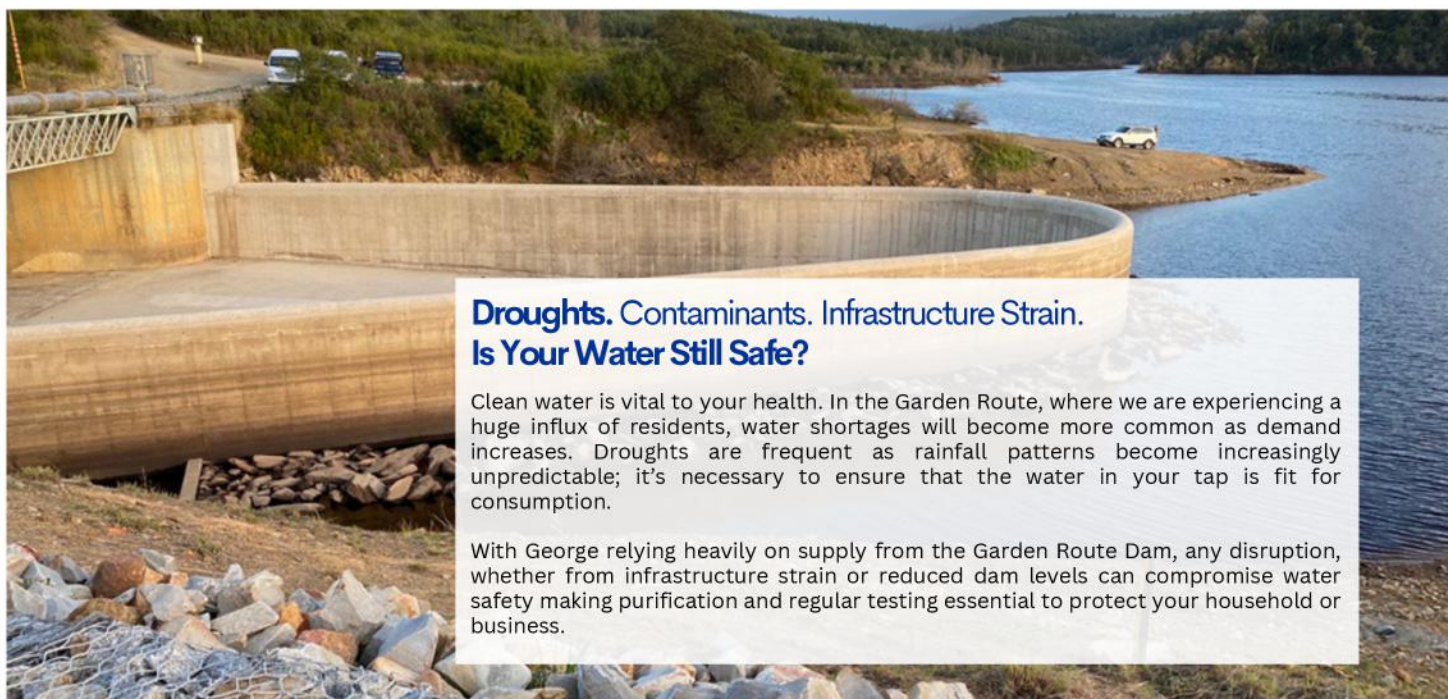
GARDEN ROUTE WATER CONSULTANTS

Deon McAdam

Delivering **Sustainable Clean Water**
for a Healthier Garden Route...
One Drop at a Time

From filtration and water purification, borehole water treatment to industrial solutions, water storage tanks & reservoirs, our family-run business has built lasting trust over the past 25 years by delivering sustainable solutions backed by full after-sales support and servicing.

Our centrally located manufacturing and warehousing facilities in George allow us to build, service and maintain installations efficiently. With a dedicated and experienced team that's been with us for most of our journey, we ensure solutions are tailored to your needs and budget.



Droughts. Contaminants. Infrastructure Strain. Is Your Water Still Safe?

Clean water is vital to your health. In the Garden Route, where we are experiencing a huge influx of residents, water shortages will become more common as demand increases. Droughts are frequent as rainfall patterns become increasingly unpredictable; it's necessary to ensure that the water in your tap is fit for consumption.

With George relying heavily on supply from the Garden Route Dam, any disruption, whether from infrastructure strain or reduced dam levels can compromise water safety making purification and regular testing essential to protect your household or business.

Don't underestimate
prioritising water safety
in a drought-prone
region.



GARDEN ROUTE
WATER
Consultants

Saving Water – It starts with you, report burst pipes and fix dripping taps.

Rainwater harvesting is a vital part of the solution, offering consumers a sustainable backup supply which also requires regular servicing to ensure that it is properly filtered and maintained. We offer complete rainwater purification systems, including sediment filters, UV sterilisers, and safe storage solutions to protect your family's health. Whether it's for drinking, cooking, or garden use, we'll help you treat rainwater properly and sustainably.

We believe clean water should be accessible to all.

As a local business, we've seen the challenges many in our community face. That's why we've provided George Child Welfare, Up with Down's, Options Care Centre, Autism Haven and George Hospital Oncology Unit with water purification systems ensuring safe, clean water reaches those who need it most.

Don't wait for your health to suffer or for stricter water restrictions to be imposed.

Schedule your free consultation with us today and protect your water supply with our trusted solutions.

Garden Route Water Consultants
Trusted Water Solutions Since 1999

REPORT WATER LEAKS & BURST PIPES
GEORGE 044 801 9262



GET YOUR HANDS DIRTY

LET'S TURN THAT PATCH OF GRASS INTO YOUR PERSONAL SALAD BAR

By Esme Morley

No More Turf Wars! Transforming your lawn into a lush, edible paradise is easier than you think and before you know it there'll be rows of crispy lettuce, juicy tomatoes, and herbs begging to be picked, turning your garden into a buffet of bounty and your lawnmower... Officially retired.

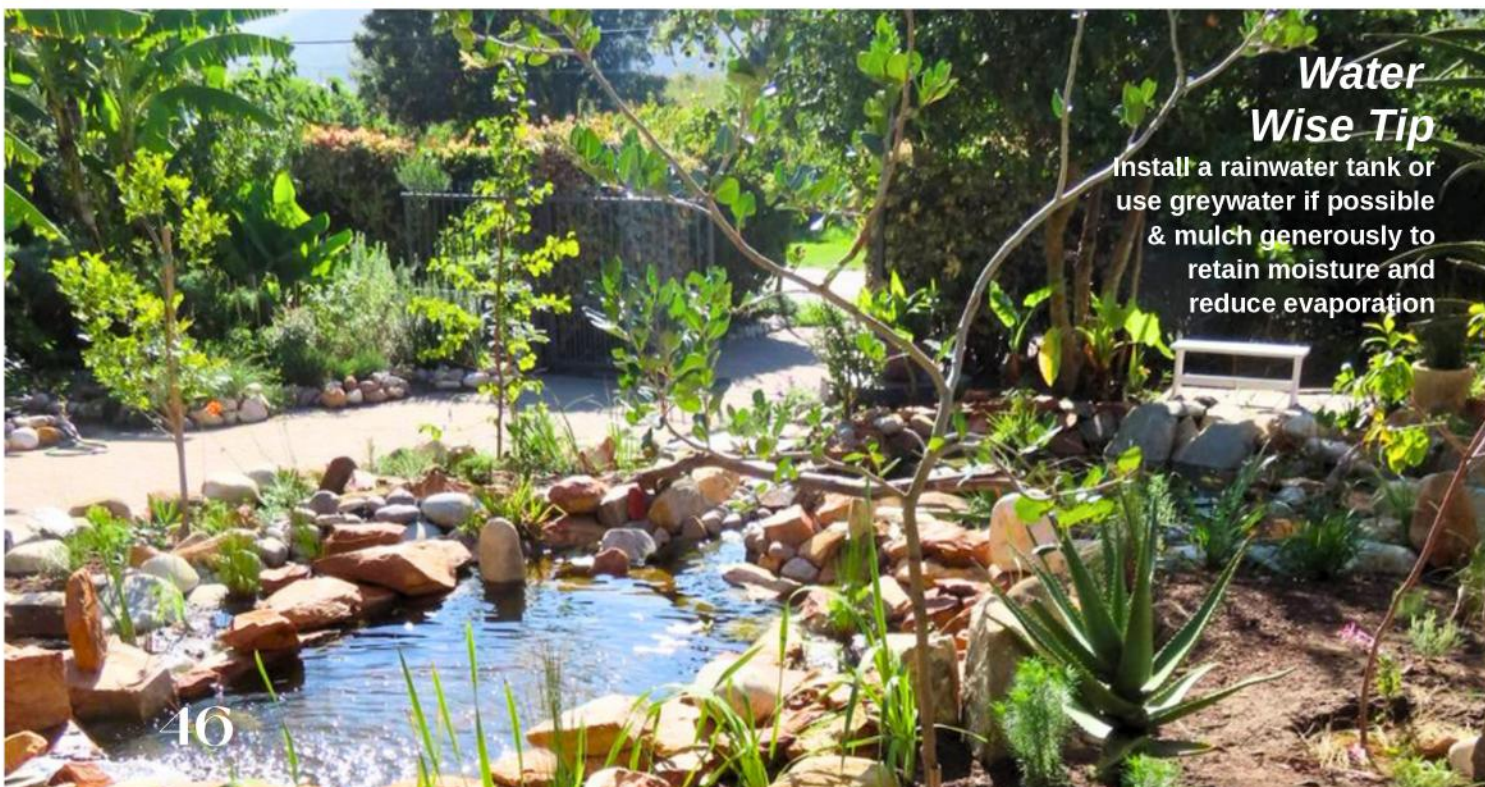
Organic My 5 Essential Steps

Nature Friendly
Garden Planning

Start Small, Grow Gradually Begin with manageable beds and expand as you gain confidence and experience.

1. Assess Your Space
2. Observe sun and shade patterns, soil type, and drainage before planting.
3. Plan Your Layout by sketching a basic design including paths, beds, and companion planting zones.
4. Build Healthy Soil by enriching with compost, mulch, and organic matter to support plant growth.
5. Choose the Right Plants Select seasonal, climate-appropriate crops and include pollinator-friendly varieties.

IMAGES: Esme & Jon's Garden in Wilderness



Water Wise Tip

Install a rainwater tank or use greywater if possible & mulch generously to retain moisture and reduce evaporation



From Lawn to Lush

GROWING OUR DREAM FOOD FOREST

By Esme Morley

*Don't fear the theory, just enjoy the doing!
Nature and human interaction is a two-way
relationship. What you do in small ways;
nature will respond with abundance.*

My husband and I have always dreamt of creating a food forest. A vibrant garden interwoven with fruit trees, vegetables, herbs, and indigenous flowering plants.

Since moving onto our new property four years ago, our dream has come to life.

In just three years, we've turned a sterile lawn into the dynamic little jungle it is today with birds, bees, insects and frogs all thriving in the mix.

The joy of watching a garden evolve... the pleasure of eating something freshly picked... the quiet satisfaction of living more sustainably and helping the planet in some small way are the reasons we started our organic garden.

There are many resources to guide one along the path to creating your own sustainable food garden.

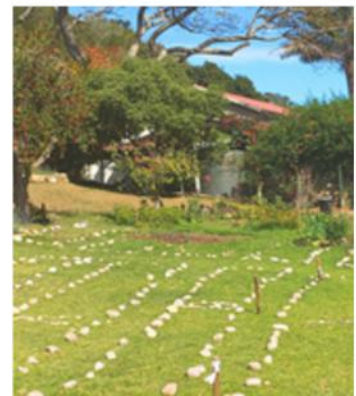
Having traveled this path, we have learned a lot, these are my most important take-aways. It's always best to focus on what thrives locally and don't be afraid to ask help from your local nursery or even other more experienced gardeners.

Take time to just sit, just be and observe. Nature will respond generously to even the smallest human effort. Spend a little time jotting down a simple sketch of your garden vision and what you'd love to grow. Notice where its sunny or shady, and imagine bringing your food garden coming to life.

*Start small but dream big! Be curious,
play, think more like a child and have fun!
Let it be a joy, not a chore!*

There's a great book written by Knysna local, Susan Torrance, called *Take Root & Grow...* Get hold of a copy and dig in!

Esme



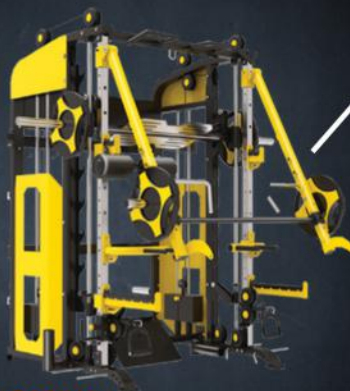
Goodbye Grass Hello Greens



HOME & COMMERCIAL GYM

SPECIALISTS

LOCAL EXPERTISE. RIGHT HERE IN GEORGE.



ALL-IN-ONE TRAINERS

Versatile and space-efficient, all-in-one trainers are ideal for building strength across multiple muscle groups. Designed to support a variety of exercises and training styles, these machines make full-body workouts simple and effective.

CARDIO

From treadmills and spin bikes to ellipticals, rowers, steppers, and more. We offer high-quality cardio equipment suitable for both home and commercial use. With a wide range of options available, there's something to suit every budget and fitness level.



ACCESSORIES

Complete your setup with accessories like battle ropes, medicine balls, resistance bands, exercise mats, power bags, gym flooring, and more. These tools are perfect for enhancing mobility, strength, conditioning, and recovery.

FREE WEIGHTS

Whether you're after dumbbells, barbells, kettlebells, or weight plates. We stock a broad selection to meet every training need. From beginners to seasoned lifters, our range covers all the essentials.



PAY IN INSTALLMENTS WITH fl^oat

But Active, what is float pay?

Float Pay lets you split your purchase up into four interest-free payments using your existing Visa or Mastercard credit card, no applications or new credit needed. Less upfront cost, more focus on your fitness. Paid easily via credit card at checkout. Simple. Flexible. Smart.



UNLOCK YOUR FIRST
ORDER **DISCOUNT**



FREE DELIVERY ON ORDERS OVER R5000

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IF YOUR HEALTH WERE A BUSINESS, WOULD YOU INVEST IN IT?

WHY BUILDING A HOME GYM MIGHT BE THE BEST HEALTH DECISION YOU EVER MAKE.

For most people, the idea of building a home gym feels just out of reach.

They think they need a spare room, a massive budget, or endless motivation. They tell themselves they don't have the time, or they'll "start when life calms down" The truth is, life doesn't calm down. Your health shouldn't have to wait.

Have you ever joined a gym in January only to stop going by March? You're not alone. We have been guilty of that too. That doesn't mean fitness isn't for you. It just means the setup hasn't worked for your lifestyle. We've met hundreds of South Africans who felt the same way. Busy parents, professionals, retirees, all trying to balance their health with everything else life throws their way. They came to us unsure. They left with a plan that took them from a place of uncertainty to a place where they felt confident in themselves by building a space that worked for them. Once you have the right equipment, set up in the right way, at the right time of day for you, everything changes. We helped them believe that we can not only provide a solution but a lifestyle change that they had always dreamed of.

A SETUP THAT WORKS WITH YOU

A home gym isn't about copying what you see online or spending thousands on complicated machines. It's about choosing versatile, well-built equipment that suits your space, goals, and fitness level and then using it in a way that feels achievable, not overwhelming. We've helped clients set up a corner in the lounge. A small garage. Even a converted balcony. The idea isn't to impress anyone, it's to actually use it. This is what pays off. No traffic. No queues. No monthly fees. No missed sessions because you couldn't face the rush-hour chaos. Just a space that makes it easier to show up, and keep showing up.

Here is a quote that we love and stand by:
"Consistency is the enemy of failure"
- Anonymous

WHAT MOST PEOPLE GET WRONG

The biggest mistake people make? Trying to figure it all out alone. Have you ever tried buying random equipment online? Skipping the essentials. Overestimating what you'll use. Underestimating the importance of structure and safety. That kind of trial-and-error gets expensive and frustrating. We've been there. We've done the research. We've tested the equipment. We've made the mistakes so you don't have to.

WE KNOW WHAT YOU'RE THINKING. "I CAN'T AFFORD THIS" HERE'S HOW YOU ACTUALLY CAN...

You don't need a massive lump sum to get started. With Float Pay, you can spread your payments over four months interest-free. That means less financial pressure, more momentum. Because sometimes it's not about if you can afford it, it's about how. Float lets you split your payment across 4 months at checkout automatically, and without paying a cent more. Simple. Flexible. Smart. Just the way your fitness journey should be.

COMMERCIAL GYM SOLUTIONS

We don't just sell equipment. We build full fitness solutions. Active Lifestyle Solutions is South Africa's leading distributor of Commercial Gym Equipment. Designing, Supplying, and Supporting Smart Training Spaces with Facility Management and Staffing Solutions.

HOW CAN WE HELP?

Daren Malan (Sales Manager)
066 478 9491
info@active-life.co.za
36 Courtenay St, Bodorp, George, 6529
www.activelifestylesolutions.co.za

VISIT. TRY. PLAN.

No Pressure.

Not sure where to start? Here's what we recommend:

STEP 1: VISIT US IN GEORGE.

Visit our showroom on Courtenay Street. Whether you're just curious or ready to commit, it's worth seeing the options in person.

STEP 2: TEST THE EQUIPMENT.

Hop on a treadmill. Try out the spin bike. Ask all the questions you've been too nervous to ask online. Our team will walk you through what works for your space, goals, and budget.

STEP 3: BUILD YOUR PLAN.

No hard sells. Just a clear setup based on your lifestyle, not someone else's Instagram. We'll help you choose equipment that fits and that you'll actually use.



NO LIMITS

From Karoo dust to
COASTAL COOL!



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Garden Route Approved.**

**WHERE THE ROAD ENDS,
JIMNY TAKES THE LEAD**

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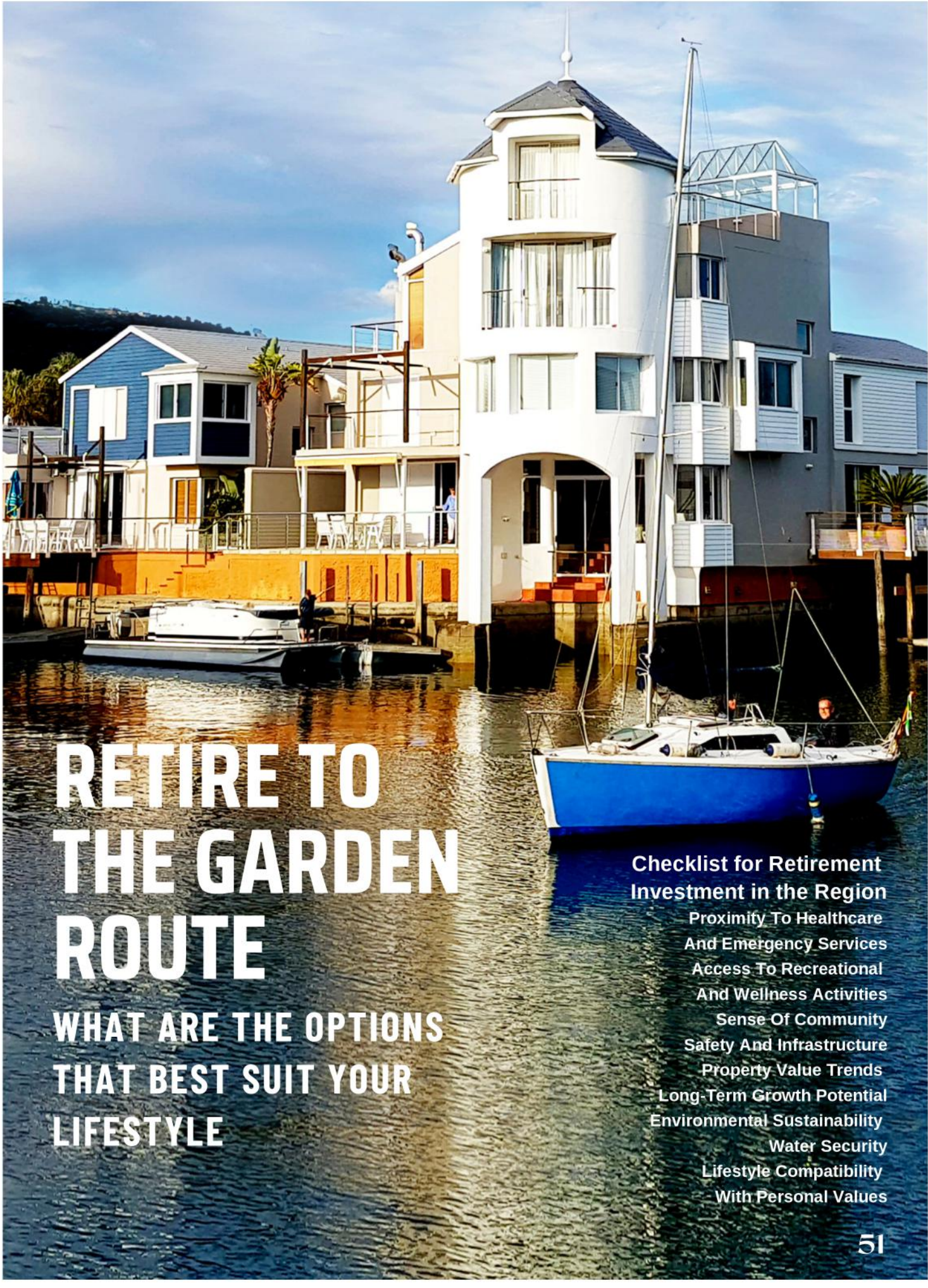
7 CJ LANGENHOVEN RD, GEORGE,

OUTDSHOORN +27 44 203 5233,

145 PARK ROAD, OUTDSHOORN



BY YOUR SIDE



RETIRE TO THE GARDEN ROUTE

WHAT ARE THE OPTIONS
THAT BEST SUIT YOUR
LIFESTYLE

Checklist for Retirement Investment in the Region

- Proximity To Healthcare
And Emergency Services
- Access To Recreational
And Wellness Activities
- Sense Of Community
- Safety And Infrastructure
- Property Value Trends
- Long-Term Growth Potential
- Environmental Sustainability
- Water Security
- Lifestyle Compatibility
- With Personal Values



Maybe it's

Time for the Second Act

The Garden Route is often considered one of South Africa's most sought-after retirement destinations where you'll be welcomed by a vibrant, friendly and optimistic community.

There is a full suite of retirement choices from secure estates to assisted living facilities in George, Sedgefield, Plettenberg Bay, and Knysna, all providing the perfect balance of independence, care, and community.

Local markets, art festivals, and conservation initiatives create opportunities to contribute meaningfully to the region. Embracing the balance of small-town warmth and cultural richness, with healthcare facilities and lifestyle services that support aging well, it's not just about retiring but rather about beginning a new stage of life filled with opportunities to find purpose, culture, and connection.

For those seeking a more active lifestyle, golf estates and wellness-focused communities provide opportunities to stay fit and socially engaged.

Lorraine Horne, **Homes by Lorraine** recommends investing in towns like Wilderness and Herolds Bay, where retirees can consider golf estate and lifestyle living with long-term rentals, holiday homes, or income-generating options if they're not ready to fully retire but are looking for investment, flexibility, or passive income.

Gert van der Walt, **Harcourts Eden** believes that George is an attractive retirement destination offering quality of life, beautiful scenery, safety, and excellent healthcare. Retirement units are spacious and well established, conveniently located to shops, restaurants, and amenities. Compared to other popular retirement destinations in the Western Cape, George offers a more affordable cost of living, and lower property prices.

Whether you're planning to downsize, invest in a second home, or settle into a community with built-in support, the Garden Route presents options that combine comfort, security, and long-term value making it a stand out choice, not just for South Africans, but also for foreigners seeking a retirement haven.



Retiring to the Garden Route is about more than just the view, the safety factor or even all the golf courses that almost outnumber the coffee shops.

You never know, it may even be time to get a Jimny and experience the Garden Route back roads and trails

Thinking of moving to the Garden Route?

Call our local property professionals for sound advice & recommended retirement options

HOMES BY LORRAINE
Lorraine: +27 83 296 7400

HARCOURTS | EDEN
Gert: +27 82 414 9183

Harcourts Eden

GERT VAN DER WALT
PRINCIPAL PROPERTY PRACTITIONER
CALL 082 414 9183



Local Property Expertise You Can Trust With Years Of Real Estate Experience In The Garden Route

OUR TOP PICKS



R 15.5 million
OUBAAI GOLF ESTATE
3 BEDROOM HOME



R 14.995 million
OUBAAI GOLF ESTATE
4 BEDROOM HOME



R 3.375 million
HEROLDS BAY
2 BEDROOM APARTMENT



R 1.3 million
LE GRAND GOLF ESTATE
749 M² LAND

From beachfront homes to retirement retreats, we help you make smart property choices across the Garden Route.

Harcourts Eden offers reliable guidance across property sales, rentals, investment, and even retirement options.

Backed by integrity and experience, our dedicated team provides insights into the local real estate market and legal expertise related to the processes involved, empowering you to make informed investment decisions.

Whether you're a first-time buyer or seasoned investor, we'll support your property journey with sound advice that will grow your property portfolio for the long term.

Contact us today to enquire about these & other properties

**WHY
CHOOSE US**
PEOPLE FIRST

Integrity is doing the right thing even when no one is watching.

At Harcourts Eden we are more than just a real estate company. Our team is not just a group of qualified agents; we are a family. We are your neighbours, your partners, and dedicated facilitators in the realm of property.

HARCOURTS



Our reputation for Excellence is backed by a history of success & trust built over the years.

EDEN

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HOURS OF OPERATION: 08:00AM - 17:00PM
OFFICE - 071 454 0224
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THE LIFESTYLE ADVANTAGE

RETIRE WHERE THE MOUNTAINS MEET THE SEA

The Garden Route offers retirees a rare blend of coastal charm, forest, lakes, and mountain views, all within easy reach of modern amenities.

MEMORY LANE

Hugo Leggatt, local resident and historian has lived in Wilderness for over 70 years and has written a fascinating account of our local history in his book, Wilderness – Gateway to the Garden Route..

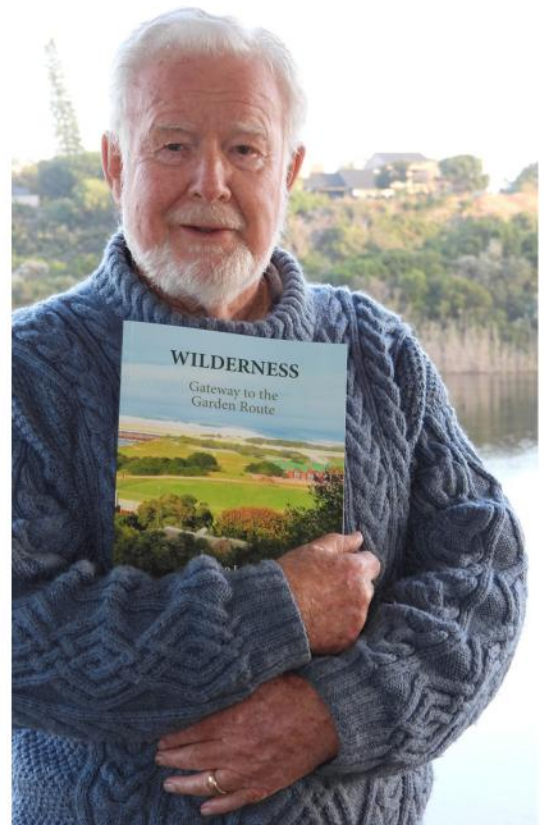
For nearly 50 years after the Bennetts founded their farm in Wilderness, the property served as a farm or semi-private guest house. With the rise of Wilderness (1921) Ltd, motor cars, and the railway, the area evolved into both a residential haven and a tourist destination. While the village has balanced both roles, Hugo cautions that growing demand calls for thoughtful future planning..

A LIFESTYLE THAT SUPPORTS LONGEVITY

The Garden Route encourages a lifestyle rooted in wellness, movement, and purpose. With access to hiking trails, wellness centres, and fresh local produce, retirees can embrace healthy habits with ease.

For decades, renowned artist Beatrix Bosch brought colour and creativity to Wilderness with her iconic wall hangings crafted from leather. Now retired to George, she recently celebrated her 90th birthday, suggesting that in the Garden Route, creativity and longevity go hand in hand..

The region's emphasis on sustainability and nature-inspired living aligns with values of simplicity and legacy, make it a place where retirement feels like a new beginning.



From Tourist to Local: here's what lies ahead

Taking sunset photos is practically considered a sport. You need a doctor's letter if you miss Canasta on Wednesdays. Bridge tournaments are more fiercely contested than the annual Melk Tert showdown in Hoekwil. Getting up early is reserved for Saturdays. Head to the Wild Oats Market in Sedgefield, where fresh bread, local banter and organic veggies are part of the weekly rhythm. And just when you thought the next chapter meant slowing down, you'll find yourself busier than ever; juggling art classes or watering your organic veggie garden while trying to decode the daily drama on the WhatsApp community groups. Luckily, long beach walks double as therapy after surviving Canasta day and the WhatsApp wars.







From all of us in Thembalethu, Goodnight...

SABC video journalist & camera operator, Sphiwe Hobasi delights his followers with regular posts from the other side of the bridge over the N2 in George, sharing a glimpse into the life and times of the people of Thembalethu.

When Sphiwe, known for his work covering breaking news stories for the SABC is off the clock, his camera is still rolling documenting raw, unfiltered moments as he heads home to Thembalethu on the outskirts of George.

What some see as a divide, Sphiwe reframes from a different vantage point, revealing the beating heart of the thriving community that keeps George moving. He captures the grit, the dust and rhythm of our workforce seldom celebrated.

His narrative is simple, authentic, sharing the pulse of the street, the hustle and bustle, the taxis and every day heroes; construction crews and labourers, care-givers, hospital workers, teachers, cleaners, gardeners, retail assistants, cooks, office staff and ordinary folk, their contributions all essential to keep the cogs turning in George.

Bridging the divide from the other side, his candid scenes invites us to experience a different point of view, his camera revealing the essence of this vibrant township community brought into focus through his lens, rich with colour, spirit, telling the stories of ordinary people often untold or overlooked.

Across the Bridge
& Through the Lens
Sphiwe shows us that
Thembalethu isn't just the
"other side of the
highway" but a vibrant
culture of shared
community experiences,
the true beating heart
of George.

His nightly sign-off
has become a warm
ritual, echoing
community spirit
across virtual
borders.



Sphiwe
Hobasi



Bridging communities



Where faith gathers,
walls don't matter.



Daily Grind



Motherhood:
The ultimate hustle.



What's on the Menu



Sphiwe Hobasi

SABC Video Journalist/Camera Operator

Local Resident, Sphiwe Hobasi has been bringing the news that matters into our homes since 2010.

Sphiwe Hobasi brings heart, humour, and humanity to life by sharing snippets from day to day life in Thembalethu, showing this busy George community at its most authentic. From behind the camera to the front lines of storytelling, Sphiwe gets to the heart of the story. Sometimes just one pic is all it takes.

Sphiwe is a familiar face on SABC, but after a long day chasing headlines, he heads home, bringing his social media followers a fresh perspective from the streets of Thembalethu, on the other side of the N2 bridge that forms the physical divide between this thriving community and the George CBD.





ALL IT TAKES IS ONE SPARK

FIRE DOES NOT DISCRIMINATE

Garden Route residents are all very aware of the danger and risks associated with runaway wildfires.

It's imperative that we work together with authorities, landowners and as a community to make our homes and neighbourhoods safer.

Your home, your life and your neighbours may depend on it.

The Garden Route's beauty hides a serious fire risk: invasive vegetation often looks green and lush on the surface, but beneath the trees it can be dangerously flammable.

What seems like thriving growth is often a blanket of hidden fuel, especially when alien species crowd out moisture-holding indigenous plants. Clearing these invaders is one of the most effective ways to protect your land, your neighbours, and your environment from wildfire.

Fire resilience starts with smart land care and what you allow to grow around you.

PLAN PREPARE PREVENT

Living in a wildfire-prone region means we can't eliminate the risk, but we can reduce our vulnerability with smart, proactive steps.

As a community, shared responsibility is essential in the creation of fire-resilient neighbourhoods and starts with the actions we take at home.

WHAT FUELS A WILDFIRE DISASTER?

The Garden Route wildfires of 2017–2018 left a trail of destruction, loss, and financial ruin.

There was not a soul from the region that was not affected in some way. Many are still struggling to recover and live with the lingering dread of when the next fire might strike.

Across the globe, wildfires seldom begin in residential areas; instead, they're sparked in vast, open, or densely vegetated wildland zones adjacent to urban communities providing the perfect breeding ground for disaster. Add high temperatures, strong winds, and parched, combustible fuels, and you have a volatile mix primed to ignite.

The question arises: Who should take responsibility for the safety of residents, their homes, and livelihoods against fires entering from neighbouring land?

The National Veld and Forest Fire Act (Act. No 101 of 1998) as amended (NVFFA), clearly states that each landowner on whose land a fire might start and spread to neighbouring properties, have a responsibility to do everything in their power to stop fires from spreading and causing damage by having fire belts, trained staff, and equipment available to fight fires. All these measures and precautions also apply to local authorities even though they have their own set of Bylaws regarding fire safety.

Our local municipalities as well as landowners play a critical role in safeguarding communities adjacent to their land. Protecting lives and property is a shared responsibility and our municipalities should play a leading role by providing robust systems, infrastructure, and response plans. Proactive leadership, clear communication and coordinated planning are essential. Public education and awareness initiatives are imperative to empower residents so that everyone can work together in reducing vulnerability and risk.

Within residential areas, the Fire Brigade Services Act (Act No. 99 of 1987) is the primary legislation under which fire management is regulated while the NVFFA clearly states that membership of the local Fire Protection Association is obligatory for managers of State land, and it is advisable to private landowners.

In the Garden Route implementing effective precautions needs to be in compliance with the National Environmental Management Act (Act 107 of 1998) and the Outeniqua Sensitive Coastal Area regulations - Environment Conservation Act, Act 83 of 1989. The Act is however silent on the management of fuel loads, but it could be argued that each landowner has at least a common law responsibility to manage fuel loads on his land. Everything possible should be done to prevent fires before they enter built-up areas.

Shared Risk - Plan. Prepare. Prevent.

Being prepared is your best defence. In high-risk areas, protecting your home helps protect your neighbourhood..

Take Action

GreenFire Enviro offers onsite fire safety assessments. Your home, your life, and your neighbours may depend on it and the cost of doing nothing could be far greater.

Contact 082 887 2592 for expert advice and real peace of mind before the next Berg wind blows.



Local authorities play a critical role in safeguarding communities from fires that originate in state-owned land, undeveloped areas, and natural habitats.

WHEN WIND, HEAT, AND DRY FUEL MEET FIRE FOLLOWS

Embers carried for kilometres by wind can land on dry leaves, debris-filled gutters, or untreated structures. All it takes is one spark causing roofs, decks, and homes to set off a chain reaction turning a vulnerable suburb into smouldering carcasses chaos and where homes once stood



ALIEN VEGETATION

Clearing Alien Plants Isn't Just Gardening, It's Fire Prevention

KEEPING THE GARDEN ROUTE SAFE STARTS WITH WHAT GROWS AROUND YOU

Alien vegetation poses a serious fire hazard in the Garden Route. Invasive plants such as black wattle, pine, and lantana tend to grow densely, dry out easily, and burn far more intensely than indigenous vegetation.

They also crowd out native species that naturally retain moisture and slow fire spread. If left unmanaged, alien vegetation can turn your property into fuel. That's why it's vital to be proactive: clearing invasive species not only protects your own home, but also helps safeguard neighbouring properties and the broader ecosystem.

IN A REGION WHERE THE RISK OF WILDFIRE IS A HARSH REALITY, READINESS ISN'T OPTIONAL IT'S ESSENTIAL.

Start with these five essential steps to safeguard your home

- 1** Create a 10-metre buffer with low or no vegetation around your home
- 2** Clear debris from roofs and gutters
- 3** Treat timber structures with fire-retardant products
- 4** Trim or remove flammable trees, especially near structures
- 5** Secure open areas from embers entering through vents or windows





GREENFIRE ENVIRO

Science-Driven
Solutions for a
Safer, Greener
Tomorrow



TRUSTED EXPERTISE IN FIRE, WATER, ENVIRONMENTAL MANAGEMENT & PROTECTION

With over 23 years of experience, GreenFire Enviro delivers expert solutions backed by data and science with practical strategies that focus on resource management to safeguard ecosystems, manage wildfire risk, and protect vital water resources across South Africa.

We offer wildfire investigation, prevention, water resource protection, and sustainable land management solutions across South Africa.

Protecting What Matters Most

Sustainable Fire and Water Management

Whether you're a landowner, municipality, or conservation group, Greenfire Enviro is your trusted partner in proactive resilience, water resource protection and environmentally responsible fire prevention. From controlled burns and vegetation management to firebreak design and watershed conservation, our approach balances safety with ecological integrity. Every strategy is tailored to preserve biodiversity while reducing risk.

Ready to Take Action? Don't wait for the next blaze or drought to threaten your land or livelihood. Contact us to schedule a consultation or learn more about our services for smarter, greener environmental management options.

Phone: 082 887 2592

Email: admin@greenfireenviro.co.za

Web: www.greenfireenviro.co.za





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