



INSTITUTIONAL PROFILE · 2026

Sri Sri Institute for Advanced Research

Pioneering research at the crossroads
of science and spirituality

WHO WE ARE

Bridging ancient wisdom and modern science

Pioneering research on **Ancient Systems of Knowledge (ASK)**.

Making traditional wisdom relevant to contemporary life, with rigorous scientific validation.





OUR INSPIRATION

“Subjective understanding is spirituality. Objective analysis is science.”

Science and religion have been at loggerheads, but not spirituality, as it encourages a spirit of inquiry. — **Gurudev Sri Sri Ravi Shankar**

180+
countries

500M+
people reached

35,000+
trainers worldwide

Rigorous, inclusive, built to scale

01

Interdisciplinary and inclusive

Studies spanning professionals, students and patients through to at-risk communities, demonstrating the transformative impact of ancient practices.

02

Scalable and cost-effective

Evidence-based insights for policy and public health, improving global well-being through research-driven interventions.

Three pillars of research

Holistic Practices

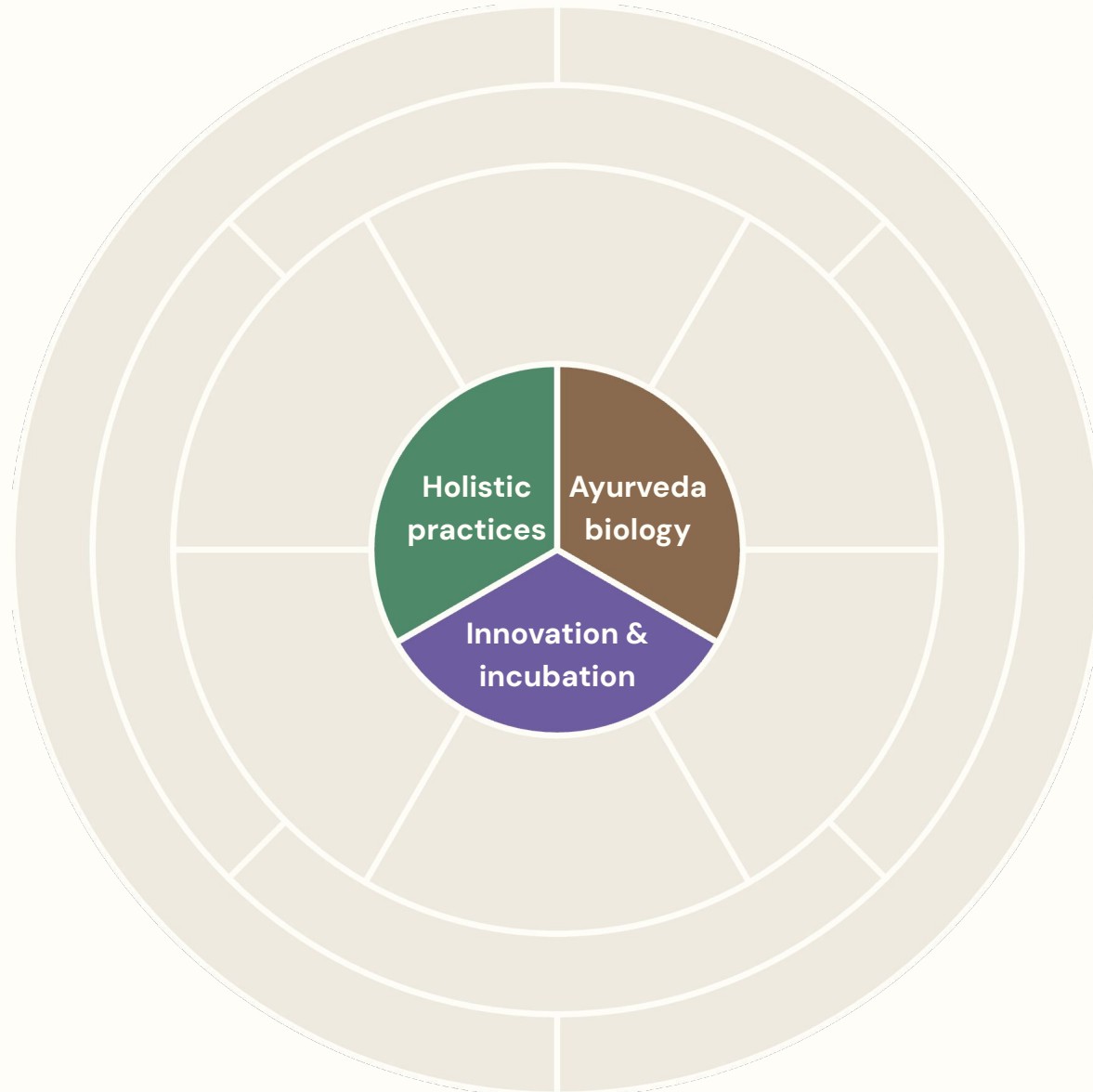
- Mind-body interventions inspired by ancient knowledge systems, adapted to modern times
- Neurophysiology and neuropsychology

Ayurveda Biology

- Diagnostics and preventive therapeutic interventions
- Classical and proprietary herbal, and non-herbal, interventions
- Literary research in Ayurveda

Innovation & Incubation

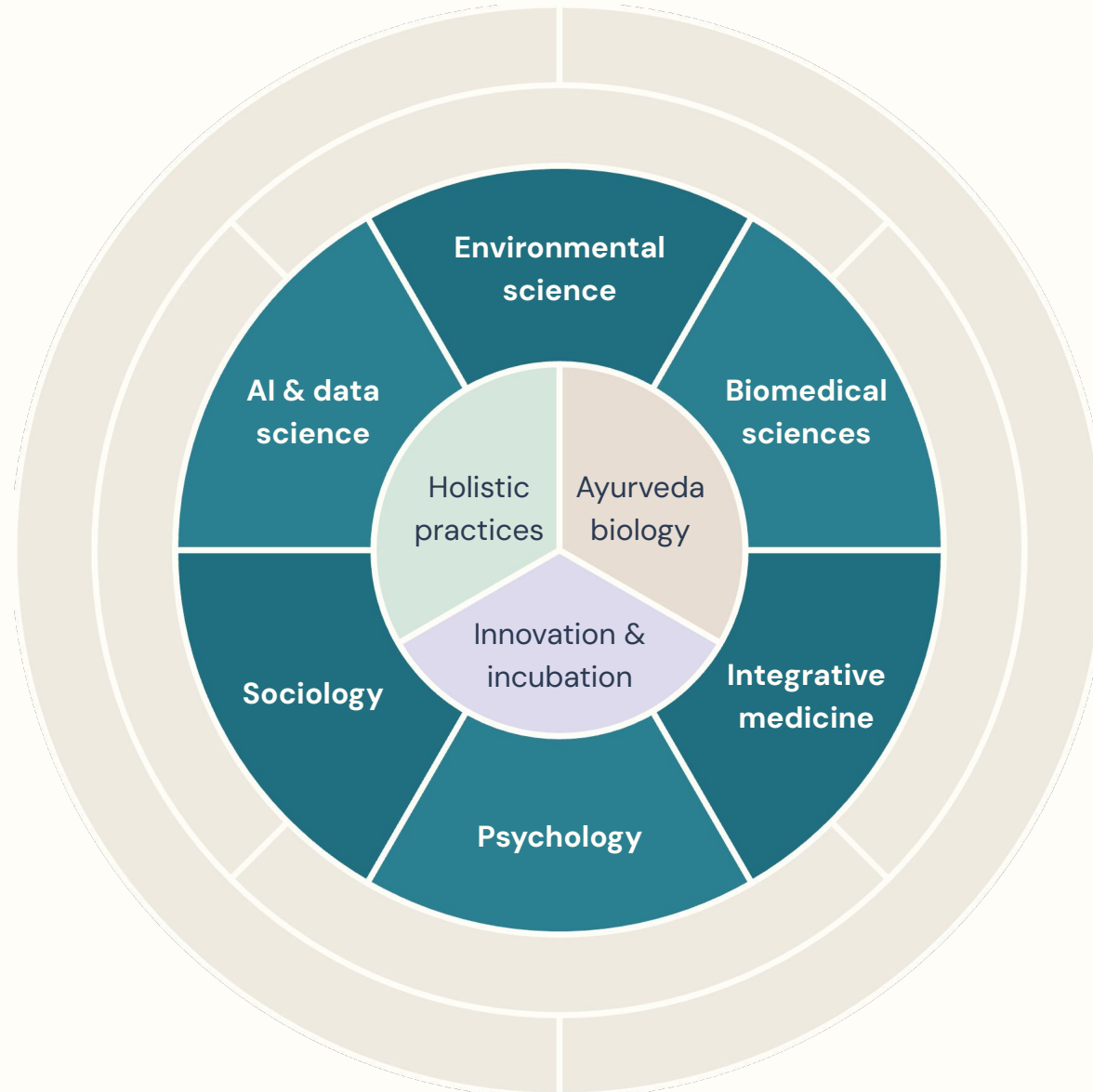
- Centres of Excellence in Consciousness Studies, Ayurveda, and Peace & Mediation Studies
- Social impact studies
- Wearables and emerging technologies



RESEARCH FRAMEWORK

Our research lens

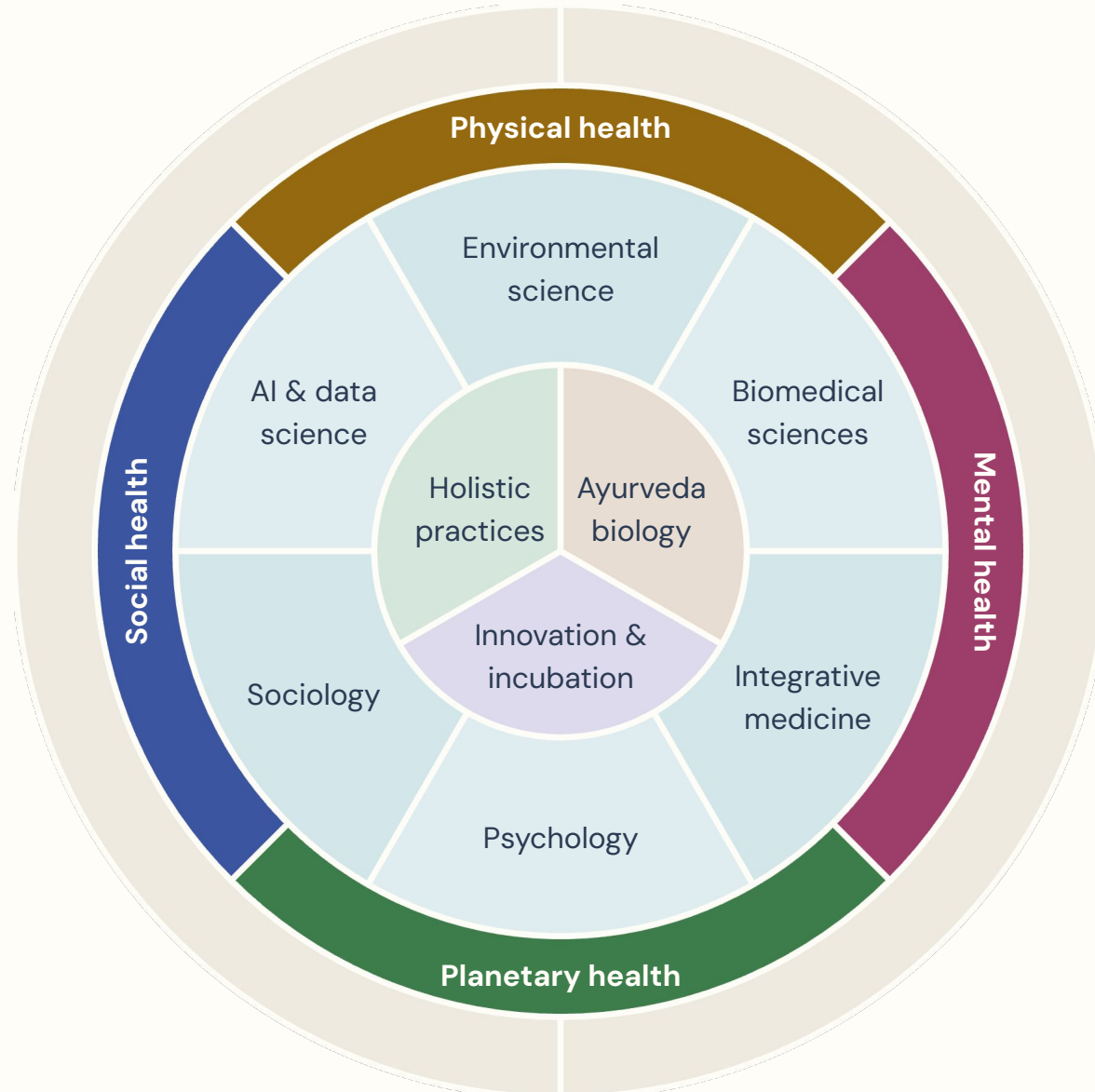
- 1 Broadening our horizon**
Three pillars at the core: holistic practices, Ayurveda biology, and innovation & incubation.
- 2 Deepening our understanding**
- 3 Mapping the effects**
- 4 Demonstrating outcomes**



RESEARCH FRAMEWORK

Our research lens

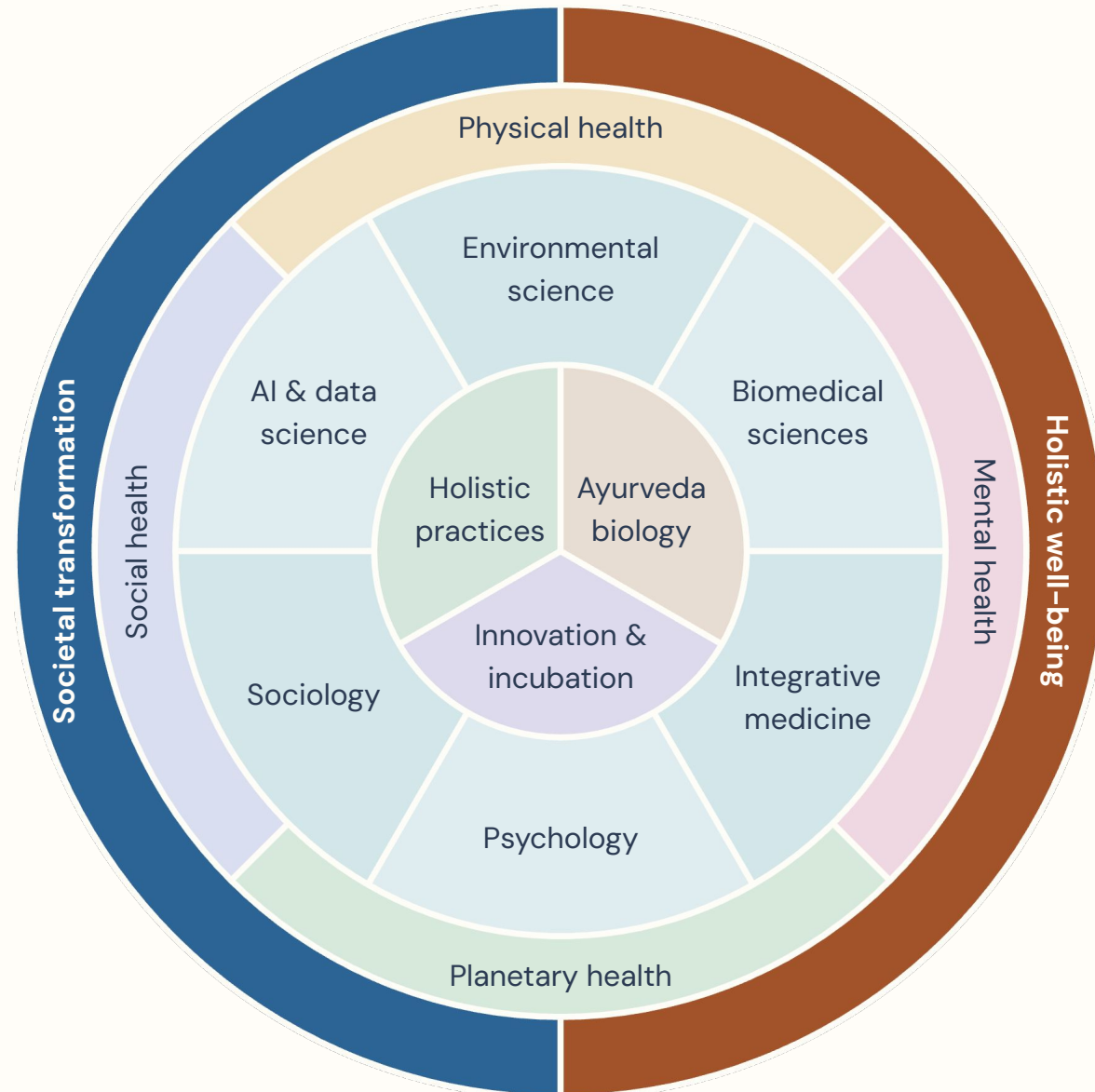
- 1 Broadening our horizon
- 2 **Deepening our understanding**
Integrating biomedical sciences, integrative medicine, psychology, sociology, environmental science, AI and data science.
- 3 Mapping the effects
- 4 Demonstrating outcomes



RESEARCH FRAMEWORK

Our research lens

- 1 Broadening our horizon
- 2 Deepening our understanding
- 3 **Mapping the effects**
Measuring outcomes across physical, mental, social and planetary health.
- 4 Demonstrating outcomes



RESEARCH FRAMEWORK

Our research lens

- 1 Broadening our horizon
- 2 Deepening our understanding
- 3 Mapping the effects

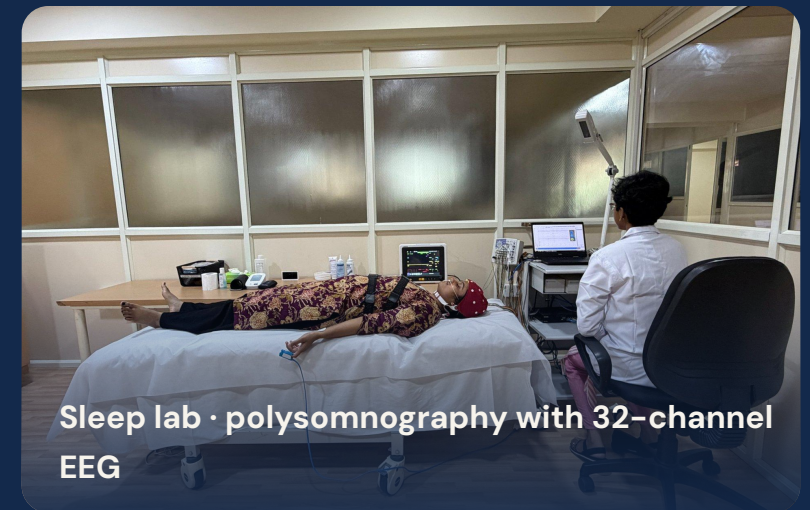
4 **Demonstrating outcomes**

Cost-effective, evidence-based solutions for holistic well-being and societal transformation.

INFRASTRUCTURE

Research facilities

Purpose-built labs on our Bengaluru campus for molecular, physiological and sleep research.



INFRASTRUCTURE

Labs and workspaces

Specialised imaging alongside open, collaborative workspaces for our research teams.



Aura lab



Research office

RESEARCH FOOTPRINT

A growing global evidence base

250+

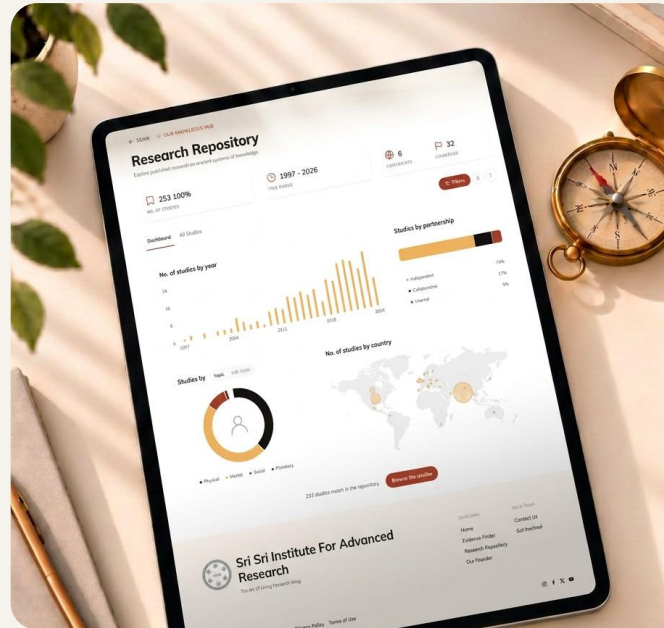
published research studies

30+

countries across 6 continents

1997–2026

years of published research



Research Repository

Every published study, searchable by year, topic and country



Evidence Finder

Explore accessible research summaries on Ancient Systems of Knowledge



Thank you

Partner with us in advancing the science
of ancient wisdom.

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