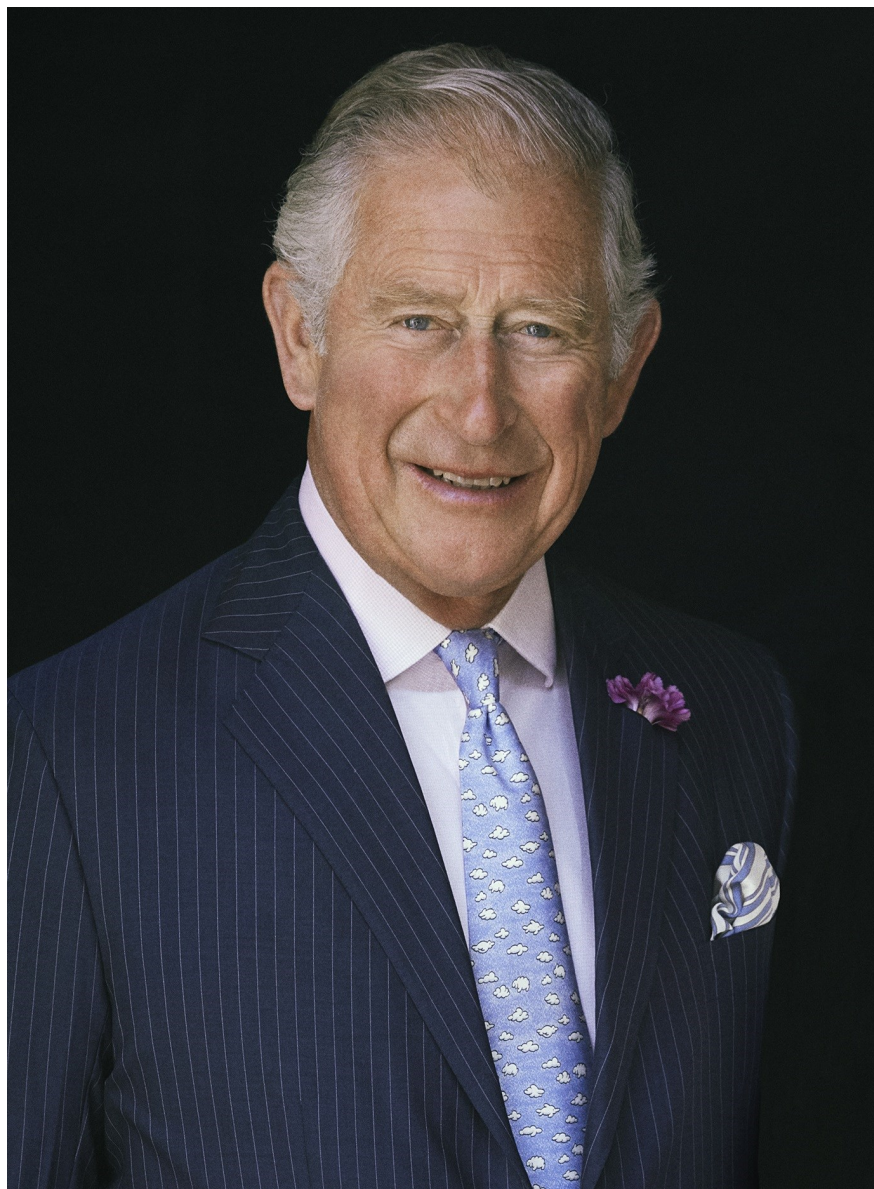




Coniston and Crake Valley News



May 2023 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage, Penny Bridge, LA12 7RQ	<i>Brian works for Filling Station on Thursday</i> <i>Brian's rest day is Friday</i>	07505 048736

SAFEGUARDING OFFICER

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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

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cover photo credit: Alexi Lubomirski

Pastoral Letter from Revd Harry Welch

Dear friends,

The football Premier League season is drawing to a close and on 28th May all will have been decided. Will it be Arsenal or Manchester City for the Top of the League title? Southampton, Nottingham Forest and Leicester for the relegation drop?

Predicting future events is not an exact art. There is much in life that is uncertain. Health, wealth and happiness can be transient, arriving on the crest of a wave only to recede with the ebbing tide. Many “experts” offer advice on how to live a fulfilled life, make the most of opportunities and be happy, often setting themselves as a role model. There is no end of on-line influencers making their fortune telling people how to be happy and make money. Many of the same rise to fame but for a moment and fade from sight as they are found out to be charlatans.

Having been in sales and marketing for most of my preordination secular employment I have always taken an interest in the world of advertising, and I have recently noticed a change in how advertisements are composed. Gone are the bargain reduced-price offers, instead adverts are geared to appeal to viewers’ feelings. For instance, advertisements for some gambling sites depict groups of people out in the country having fun and picnicking together while playing a bingo or casino app, when in reality, the player is probably just a person on their own, in a room, in a house. An advertisement for a luxury car takes the same route and asks at the end of the advert, “How did that feel”?

The writer of Ecclesiastes reminds us that there is nothing new under the sun: what has been, will be done again. Possessions, however advertised, will not bring that inner peace which passes all understanding. As human beings we carry around with us an invisible umbilical cord and throughout life we consciously or subconsciously plug it into this or that in the vain hope doing so will provide the peace and security we crave, for it is a spiritual craving.

There is nothing material able to give such security. The security we crave can only come from being reconciled to God through Jesus Christ. Without this connection all other attempts will come to nought.

For the Christian, security is assured based on the promise of God and the work of Jesus Christ. Within each Christian there are three eternal gifts that cannot be taken away, they are the three that ‘remain’ as St Paul puts it, Faith, Hope and Love, the source of the Christian’s security. A prediction not based upon fancy or fear or feelings but the promise of God, and the mission and ministry of Jesus Christ, a promise and work that is sure, steadfast and eternal.

In Him, Harry

From the Editor

Another packed edition - there’s lots going on here in May so I look forward to seeing some photos of the Coronation events. All photos submitted will be displayed in the gallery on our website so do send them over.

Please send your items in for the June Magazine
by May 15th.

Juliet Caldwell, Editor 07884 232281
editor@conistonandcrakechurches.co.uk



Church Services for May 2023

7th		Fifth Sunday of Easter	
St. Luke Torver	9.00am	Bikers' Breakfast	Rev Ian Swift
St. Luke Lowick	9.30am	Coronation Celebration Service	Pam Priestley
St. Andrew Coniston	11.00am	Coronation Celebration Service	Rev Brian Streeter

14th		Sixth Sunday of Easter	
St. Andrew Coniston	11.00am	Morning Worship	Pamela Hull
Combined Service at Abbot Park Farm	11.00am	Lambing Service	Rev Brian Streeter

21st		Seventh Sunday of Easter	
St. Luke Torver	9.00am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion & Baptism	Rev Brian Streeter

28th		Pentecost	
St. Luke Lowick	9.30am	Methodist Service	Rev Sue Nicol
Holy Trinity Colton	10.00am	Morning Worship	Donald Wroe
St. Andrew Coniston	11.00am	Healing Service	Rev Brian Streeter
St. Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter

From the Registers

Funeral:

April 12th: John Edwin Oxley at St. Luke's, Lowick, burial only

April 18th: David Oldham at St Andrews, Coniston

Weddings:

May 6th: Helen Katherine Burke and Graeme Roger Fleming at St Andrew's,
Coniston

May 12th: Deborah Bates and Philip Atkinson at St Mary's, Penny Bridge

May 13th: Lauren Braham and Dale Ridge at St Luke's, Lowick

May 13th: Elisabeth Laura Dundas and Thomas Lee Strangeway at St Andrew's,
Coniston

May 20th: Sylvia Lauren Todd and Christopher Liam Lavery at St Andrew's,
Coniston

Baptism:

May 21st: Jaxon Harley at St Mary's, Penny Bridge

Around the Parishes : Colton

Colton Parish Council

We will be holding our annual open Parish meeting from 10am - 12pm on Saturday 20th May at Rusland Reading Room. Everyone who lives, works or has an interest in Colton Parish and the work of the Parish Council is welcome to attend. There will be a speaker, refreshments and the chance to share your view about local issues, meet your councillors and join friends and neighbours for a chat about the Parish Council priorities for the coming year. We look forward to seeing many of you there.

As part of our community plan work, we will also be launching our 'Cabinet of curiosities' project at the annual open meeting. This project is kindly funded by the Esmee Fairbairn Foundation. Come along on the day to find out more and keep your eye on the noticeboards. This is going to be fun.

Our formal Annual General Meeting will be held on Monday 15th May. Venue to be confirmed.

In other news, at our meeting on Monday 20th March, Mike Postle kindly attended to give us an update on Superfast and Ultrafast Broadband in the Parish. Issues regarding connectivity still exist in the Rusland valley but the very good news is that Cumbria is to be included in the pilot area for Project Gigabit. The contract has been awarded to Fibrus, a company with a good track record of fibre rollouts. Whilst dates are not confirmed, it appears likely that most households will get fibre to door connection within the next two to three years. There is no need for householders in the area to take any action. For those living in more remote or difficult sites a new and more generous voucher scheme will be introduced.

Bouth Coronation Celebration

Bouth will be holding a Coronation celebration on **Sunday 7th May**.

It will be a Jacob's Join, with bunting and music as in previous celebrations.

Due to the ongoing work at the village hall a decision on whether to hold it on the village green or in the village hall will be made and communicated by the end of April.

Mothering Sunday, Colton Church, March 19th

Perhaps we come to church services for different reasons – I think we all, young and elderly, went to Colton Church on March 19th for a similar reason – our mothers.

The church was full of “all age” families. We shared happiness, fun, laughter with our youngest children engaging joyfully in a range of innovative activities, proudly showing parents, friends their achievements.

Poignant music, a hushed church enabled others to remember and reflect on mothers no longer with us, to thank them for giving us life and opportunities.

Children took delight in distributing beautiful flowers to everyone as the service concluded, even our valiant organist, hemmed in by choir stalls, received two bouquets – from her mother and grand-daughter!

Finally we were treated to Simnel cake with our tea alongside animated conversation – no-one seemed in a hurry to leave!

A memorable occasion, full credit to Pam Priestley.

Susan King



Egton cum Newland

Parish Council of Egton, with Newland, Mansriggs & Osmotherley

Next meeting is on Tuesday, 9th May at 7pm in Greenodd Village Hall.

Penny Bridge CE Academy

Let your light shine!



Here is the monthly review from Penny Bridge CE Academy. The children had a super end to the spring term with the whole school taking part in traditional Easter activities: egg rolling, an Easter garden competition and a service in church.

Our Year 6 children have been working hard to complete the curriculum in maths, spelling, grammar and reading before taking their SATs tests in May.



The Kingfishers (7-9 year olds) performed a super production of Treasure Island with a show which was beyond their years. We were really impressed with their individual performances, team work and work ethic to create a super finished product.

The Starlings (5-7 year olds) produced some fantastic pieces of writing as part of 'writing week' using techniques such as 'talk for writing' to produce a wonderful amount of quality work.

The Robins (4-5 year olds) have enjoyed taking part in all the Easter activities and are developing and growing academically and socially in our Early Years Unit.

April Coffee Morning

On a sunny but cold day we held a very successful coffee morning in Penny Bridge and Greenodd village hall. Our thanks go to everyone who helped: stallholders, coffee makers and servers, furniture removers, those who sent items for sale and gave donations and of course all of you who supported us.

It was a lovely event and we raised the wonderful amount of £670. Our grateful thanks to you all.

From Jean and the team.

Crake Valley Friendship Club

The Crake Valley Friendship Club are running a mystery tour on May 17th. There are some seats available for non members – contact **Anne** on **01229 861278** for more information.



Greenodd Village Hall

Urgent – Greenodd Village Hall Committee is in urgent need of new members to keep this vibrant and well-used hall running. If you feel you can help in any way please contact the Chairman (at the moment) **Tom** on **01229 861638**. Unless we get new members we may not be able to continue to support our community.

Houghton Weavers

The Houghton Weavers are due to perform in Greenodd Village Hall on Saturday 24th June, starting at 7.30pm. Admission is £12, for your tickets contact **Tom** on **01229 861638** – don't miss out!

A plea for our countryside.

Every couple of weeks my husband and I walk the Hilltop circuit in Penny Bridge, LITTER PICKING. We collect around 2 bags full of rubbish, crisp packets, fast food wrapping, cans and bottles of both soft and alcoholic drinks, cigarette packets, dog poo bags even lottery tickets and all sorts of other stuff. And we are not the only people collecting this rubbish. Not only is this an eyesore but a danger to wildlife and domestic animals. It is not a difficult concept to understand and teach to your children so whoever you are please

TAKE YOUR LITTER HOME !!!!!

Thank you. **Pat Procter** Penny Bridge

Lowick & Blawith

Blawith & Subberthwaite Parish Council

The Parish Council did not meet for several months, from May 2022 to February 2023 as it was not quorate: it did not have sufficient Councillors to legally operate. Two District Councillors from SLDC were co-opted so that it could operate, Ian Wharton the Broughton and Coniston District Councillor, and Ben Cooper from Furness Peninsula. The legal process took extra time, due to the Local Government changes. We still require another two people to make up numbers on the Council though, as Ben has extra commitments on the new Unitary Council.

The first meeting in February involved catching up on general required tasks, assigning roles, training needs and setting the budget for the coming year. Ian was voted Chair.

In March, we looked at training needs and we are finishing off the emergency/resilience plan for the area. We also undertook a litter pick, cleaning the verges all the way from Sunny Bank to Penny Bridge. 18 bags of rubbish, including 37 Costa Coffee cups (other brands were also dumped). 23 wheel trims and 4 bits of car suspension springs were amongst the collection.

In the near future, we will be looking at developing a Parish Plan and discussing the new design code for Planning in the National Park.

Finally, we have a Blawith and Subberthwaite Parish Facebook page, so we would appreciate as many friends as possible. **Ian Wharton**

Coniston and Torver

Rainfall, Garden House, Coniston, March 2023

Total - 415.6mm (16.4ins)

Wet days - 26, More than 1mm on 21 days. Wettest day - 12th - 60.5mm (2.4ins)

Hail on the 7th, frost on the 8th and 14th, snow on the 9th, 11th and 14th.

Coniston Sports and Social Centre

May Events

3rd May - **Quiz Night** - see below

6th May - **The Coronation** will be shown on the big screen

7th May - **Picnic on the Pitch** from 1pm then live music in the evening til late

27th May - **Disco night** with DJ Smiler

Opening: Thursday from 7pm, Friday from 4pm, Saturday from 12 noon and Sunday from 1pm, plus all Bank Holiday Mondays in May the bar will be open 1pm - 8pm.



If you'd like to book our facilities or have any other enquiries please do get in touch.
Tel: **015394 41812**, email: **Conistonsports@gmail.com**



QUIZ NIGHT IS BACK

On the first Wednesday of each month

Starting on **May 3rd**

Teams of up to six, quiz starting at 8pm - £3pp

If any local charities would like to host one of the monthly quizzes as a fundraiser then please let the Centre Manager or a committee member know.

For regular events see page 30



Reduce food waste with

Coniston Community Larder

The larder is stocked with essentials for anyone who needs them. Please help yourself.

If you have surplus food (unused, unopened) don't waste it, leave it in the fridge or at the back of church.

Larder and Fridge situated inside St Andrew's Church, Coniston.
Open daily. Contact parish@coniston.info for more information.



Fundraising Art Exhibition for Coniston Mountain Rescue Team

**Coniston landscapes: large paintings, small paintings,
cards, postcards
by George Harris**

The Coniston Institute, Admission FREE

Saturday May 20th: 10.00 – 6.00

Sunday May 21st: 10.00 – 6.00

Monday May 22nd: 10.00 – 4.00

CONISTON GRASS COURTS TENNIS CLUB COFFEE MORNING

Saturday 27th May 2023, 10:00am – 2:00pm

Coniston Institute Reading Rooms

Entry £1 to include:

cup of tea/coffee and biscuit.

**Scones and other cakes will be available to purchase
from our wonderful cake stall.**

**There will also be a raffle with a great selection of prizes and a stall
selling books, DVDs and CDs.**



We look forward to seeing you there.



Lead Runners achieve fast times in Coniston 14 Road Race.

A very heavy shower drove many runners into John Ruskin School just before the start of the 41st Annual Race on Saturday 25th March. One thousand runners took part and many said they enjoyed the cooler temperatures. For the first time, there were pacers from Ambleside Athletics Club helping runners to finish in 2 hours, 2 hours 15mins and 2 hours 30mins.



Kieran Walker, North East Project, was the first to finish in a fraction under 1hr 12mins. Scarlet Dale, Helm Hill Runners, was the first woman in just over 1 hour 22mins. Both of these times were the fastest for many years and close to the record times reached back in 1989.

The Coniston 14 Committee would like to thank the 80 volunteers, including marshals and first aiders and those helping at the four water stations and at the school. The Coniston Mountain Rescue Team and the Police as usual gave their valuable support for this community event. Also thanks to Tim Farron, our MP, who not only ran the race, but also had enough energy left to give out the prizes on the school stage.

The money raised from the race will be donated to the many local clubs and good causes. A presentation evening will be held at Coniston Sports and Social Centre on Wednesday 28th June. The next Coniston 14 race will be held on Saturday 23rd March 2024. Over 30 keen runners have already booked their places.

Geoff Cooper for Coniston 14 Committee.

Coniston celebration of organisations!

What's happening? Come along and find out about all the different organisations in Coniston, what they all do, and maybe even how you can help. There'll be a bouncy castle and lots of games and activities for all ages!



When? Monday 8th May, 11am-1pm (stallholder setup from 9.30am)

Where? On the Memorial Green by Ruskin Avenue (LA21 8EH) **OR, if it's wet**, find us in Coniston Sports and Social Centre.

Local organisations: To book a stall, contact **Chris Clark** via **conistoncommunityworker@gmail.com** or **07594 775046**

Spread the word and we look forward to seeing you there!

Volunteer awards

Coniston is a remarkable village! Do you know a person or organisation in the village worth celebrating? Perhaps they've given help in public, or behind the scenes?

Now's the time to **nominate them for an award!** Prizes will be awarded by the Lord Lieutenant of Cumbria on Monday 8th May, during the Celebration of Organisations (see above).

There are three categories for nominations:

- Junior (under 18)
- Individual (adult)
- Team or organisation

To nominate, send in the name of the person or organisation, along with your contact details and a few reasons you feel they should win the award, to the parish council clerk by **Sunday 7th May** (email parish@coniston.info). Let's celebrate one another!

Reports



Mothers' Union

The month of March was busy for members of Coniston Mothers' Union. Two meetings were attended where they learnt about the updated MU Diocesan website and a caravan at St Bees which is for families in need of a holiday, funded by the MU.

Lady Day (March 25th) was celebrated at St James Church, Barrow, the leader being Father Jack Knill-Jones. The service theme was the Virgin Mary with hymns, prayers and sermon based on the annunciation. Branch banners were processed at the beginning and end.

Their last meeting in March was an Easter craft session kindly led by Jean Edwards. Following a short form of worship members began painting stained glass butterflies, using three basic colours. The afternoon ended with the creation of Easter cards and tea.

The next meeting is on 27th April where members will look at names and places beginning with B in the Bible.

All are welcome to our meetings, we would love to see you,
contact **Kay Shepherd: 015394 41559**.

Women's Institutes



Egton WI

At our meeting in April we were "entertained" by a local resident Casi Clarke who enlightened us with all that she does and plans to do in her work at the Coronation Hall in Ulverston. Her enthusiasm shone through as she described how she got to be here all the way from Oregon, USA where there she helped in her building and technical role with putting on plays and productions prior to them hitting Broadway! This seems to have given her "umph" to have near similar plans for Ulverston! She intends to make the "Coro" a cultural beacon in Cumbria and a place for all. She is a very community minded and determined lady, so watch this space.

This month on 9th May we are due to have the stone mason David Lamb come to talk to us, so that should be very interesting. Do join us, you will always be made welcome.

In the meantime we are in the process of planning our summer croquet evening and also a trip to Shibden Hall and Halifax which should be good.

Lastly a quick reminder that we are hosting a tea party for the coronation on **Monday 8th May**. As I am writing this we only have 7 spaces left to cater for 60, but in case they are still free do try calling me on **07519 144799** if you would like to join us, £10 pp.

Happy days: summer is on its way we hope.

Gill

Bouth WI

Bouth Village Hall refurbishment is coming along now, we are not sure if it will be completed for the celebrations for the King's Coronation so we might have to celebrate on the village green, to be advised. Hopefully will be finished for 27th May as we have an Abba tribute band called Mamma Mania booked for the WI party which has sold out, so all we want is good weather from now for the builders to finish the Hall and dry weather so everyone can celebrate the Kings Coronation.

Coffee mornings have been going on monthly on Wednesdays in The White Hart because we've not been able to use the Village Hall so that has been good for the community; hopefully soon we will be back in the Village Hall. The White Hart have been very accommodating to help out which has been great.

Jennifer

Brantwood News and Views



Bluebell time! Our Bluebell Trail will be open at the beginning of May with (hopefully!) our seasonal carpet of these beauties.

We are delighted to say we now have a defibrillator sited at Brantwood (outside the Terrace Café). Our grateful thanks to the Keswick 2 Barrow Committee for sponsoring this for us. Our thanks too to the Coniston First Responders, NWS and Coniston Parish Council for their help and advice.

Our 2023 programme of exhibitions continues in the Blue Gallery from 20th April with Tracery – Venice and the Lakes Interlaced by Deirdre Kelly. This exhibition that emulates Ruskin's dedication to observation and his love of Venice and the Lakes. Like the lacemakers of the Lakes and those of Burano, Kelly has found ways to tell interwoven stories of lakes and lace and evoke journeys, by marrying new techniques to traditional crafts. On display until 11th July.

In the Severn Studio, we have 'Observation' – a collection of Green Door artists look at the world around us. This exhibition channels Ruskin with studies, sketches and works based on and inspired by the natural world, geology, architecture and our environment. On display until 11th June. There will be a Meet the Artists Day on Friday 5th May, Saturday 20th May and Saturday 27th May 1-3pm in the Studio.

We are looking to recruit a part-time (3 days per week) gardens & estate maintenance person to join our team at our historic estate and RHS Partner Garden in Coniston. The successful candidate needs to be physically fit in order to manage the steep, uneven terrain – the garden and estate stretch from shoreline to fell-top on a steep incline. But what a setting! For further details please have a look on our website: <https://www.brantwood.org.uk/jobs/>

For full details of all our exhibitions and events, please visit our website www.brantwood.org.uk. Box office: enquiries@brantwood.org.uk or call 015394 41396.

A chance to enjoy Watersports this Summer

The University of Birmingham Priestley Centre, supported by the Rawdon-Smith Trust, is offering a selection of water activities for local people this summer.



Four evening sessions in July are planned for 11-16 year olds who live in the five parishes adjoining Coniston Water (Coniston, Satterthwaite, Colton, Blawith and Subberthwaite, and Torver). The sessions will run from 5.30-7.30pm on Tuesdays 4th/11th/18th/25th July at a charge of just £5 per person per session.

A Family Watersports day is also planned for the summer. It will take place from 10am to 3pm on Sunday 6th August at a cost of £20 per family.

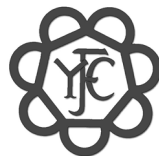
The sessions will be subsidised by the Rawdon-Smith Trust, which is keen to support opportunities for local people to enjoy water activities safely.

There is likely to be strong interest in these sessions.

For further information and application forms please contact: **Deb Cook**, Head of Centre, The Raymond Priestley Centre, Torver, LA21 8AX, **01539 441364**

Lowick Young Farmers

As the seasons change, one thing remains constant; Lowick YFC continues to punch above its weight!



At the Northern Area weekend in mid-March, Young Farmers from across the North of England gathered in Hull for the annual competitions weekend. This includes a Saturday full of public speaking and interview style competitions, as well as the entertainments, followed by a Sunday of sports. Across the two days, Lowick represented Cumbria in 10 of the 14 competitions, which was a huge achievement in itself. Special congratulations go to our Intermediate Call My Bluff team and Alice Longmire in the Senior Situations Vacant, for both placing 2nd and qualifying for the National finals in July. It was also a great weekend for our junior members, once again performing well against much older and more experienced opposition.

Back home, we've had Stock-Judging practices for both Dairy and Carcass classes, a talk from RABI, and now ramping up towards the annual Southern District Field Day on 20th May. We've already had the "Pre Field Day" hand-in where craft items such as metalwork, woodwork, and written pieces are submitted to be judged ahead of the big day itself, with plenty of great entries across the club. With the lighter nights, we're now into a regular rhythm of Tug of War practices. Go Team Lowick!

Oxen Park Cinema Club

Cinema Club is now closed for the Summer. Look out for the new programme starting in September. We will have a stall & new programmes at the Rusland Show on Saturday 19th August.

Our AGM for members is to be held on Monday June 26th 7.30pm at The Carthouse.

Carol

Haverthwaite Surgery Patient Participation Group

There have been lots of changes at the surgery lately so our new practice manager Ursula Stout has brought the patient leaflet up to date. Our named GP remains Dr P Edwards and permanent locums are Dr D Golding and Dr M Burden. Nursing staff are Practice Nurse Susan Davies and Health Care Assistant Alison Davison who are all supported by dispensing and reception staff.

The surgery is open 8am to 6.30pm Monday to Friday. Outside these hours anyone needing help should call 111 except for acute emergencies which are of course 999. To arrange appointments please call the surgery on 015395 31619. For an urgent appointment please phone as early in the day as you can.

Repeat prescriptions can be ordered on-line, on the NHS app, by telephone or by leaving repeat slips in the box in the foyer at the surgery. Please allow 5 working days for medication to be ordered and dispensed with an extra day at bank holidays. The dispensary is open for collection of medications between 8.30am and 5.30pm.

We would still like more people to join the group so if you feel you could help either ask at reception or contact **Pat Procter** on **01229 861466**

THE
FARMER'S
ARMS



What's on in May at the Farmer's

4th May / 7.30pm / Free / **Coldharbour Road Live** in the Stable Bar

6th May / 10am-4pm / £5 per hour / **Drop In Making Days** with Tom Philipson and Francis Lloyd-Jones

10th May / 6.30-7.30pm / £5-£10 / Soup Talks: **Charlotte Fairbairn** - Tales from the Lowther Estate and the Yellow Earl

11th May / 7.30pm / Free / **Celtic Fiddles Live** in the Stable Bar

13th May / 2-4.30pm / £35 / Explore **Gelli Plate Printing** with Jess Levine

17th May / 6.30-7.30pm / £5-£10 / Soup Talks: **Katherine Crouch** - The North-South Divide in Gardening

18th May / 7.30pm / Free / **John Woodward Live** in the Stable Bar

20th May / 10-4pm / £5 per hour / **Drop In Making Days** with Tom Philipson and Francis Lloyd-Jones

21st May / 1pm / £26 pp / **May Sunday Lunch**

24th May / 6.30-7.30pm / £5-£10 / Soup Talks: **Singer-Songwriter Pete Astor** - Youth Club 72

31st May / 6.30-7.30pm / £5-£10 / Soup Talks: **Sculptor, Sarah Staton** - Form, Function and Feeling

Green Sparks

Green Sparks is moving on and we are looking for enthusiastic people to form a new steering group to push us forward. We'll be launching our steering group at a special meeting on the afternoon **Saturday 10th June** (which is the start of Big Green Week 2023). We'll confirm the venue once we have an idea of numbers so, please let us know if you're interested by Friday 26th May. Email us at **greensparks.sparkbridge@gmail.com**. At this meeting we'll be working out an outline plan for 2023/2024.

What's new?

We're delighted to be partnering with CAfS on the Solar Made Easy and Retrofit projects. Thanks to everyone who let us know that they'd like to get involved. We'll update you as soon as we have more information.

And, Green Sparks has been adopted as a working group of Colton Parish Council. This is great news for lots of reasons:

- We are no longer dependent on a small and informal group
- We can tap into even more local networks
- We can work to ensure the Parish Council considers sustainability and environmental issues in its Parish Plan and decision-making
- With Parish Council structures behind us we can run or join in with projects that require funding.

We will remain very much an open and welcoming group and anyone who shares our interests can join us, whether you are in Colton Parish Council area or not.

Big Green Week 2023

10th-18th June **<https://greatbiggreenweek.com/>** If you are planning something, or if you'd like us to work with you on an idea, let us know so we can share it with our network.

International Dawn Chorus Day - Sunday May 7th

This celebration of birdsong reminds us to take time to listen to the amazing sounds of nature all around us.

The dawn chorus is at its best from half an hour before to half an hour after sunrise - so on 7th May that is from around 5am.

Our two local RSPB reserves, Leighton Moss and Haweswater are running dawn chorus walks (**www.events.rspb.org.uk/events**) and the Wildlife Trusts website (**www.wildlifetrusts.org/dawn-chorus-day**) have recordings of the most familiar songs you will hear such as the blackbird and thrush to help you identify them.

Nearer to home, [Rusland Horizons](http://www.ruslandhorizons.org) are organizing a walk at 6.30am through Old Hall Woods to identify the birdsong (booking essential, **www.ruslandhorizons.org**) or you could simply do as the Editor does - open your bedroom window, lie in bed and listen!

Juliet

Rookhow News

Quiet Day

Spend a day at Rookhow, in the beautiful woods and peaceful Meeting House. Facilitated by Caroline Stow and Suan Marston. All welcome - all denominations and none. Email Sue if you'd like to be part of the day.



Open Days

Open Days on the 1st and 3rd Fridays of each month 10am-4pm. Tea, coffee and homemade cakes. Our volunteer guides will be happy to show you around and you can wander into the woods too. If you'd like to come with a group, please let Sue know in advance so we have enough cakes!

Quaker Meetings at Rookhow Meeting House

On the first Wednesday of every month 7.30-8pm and 1st and 3rd Fridays 12.30-1pm. All welcome.

Day bookings

Rookhow Meeting House can be booked for meetings & day events (Monday-Thursday) and as a base for use of the woodland.

Summer Holidays: 3 & 4 night bookings

Please spread the word to your friends and family from away who might want to come and stay in the Rusland Valley. They can hire the whole site- Bunkbarn, Meeting House, yurt, camping and woodland and have the place to themselves! These bookings help us to run the charity and also support the mental health groups who come to stay. We put at least 5% of bookings income into the Retreat Away Fund. Check the website: <https://rookhow.org.uk>

Contact: **Sue Nicholls**, Rookhow Development Manager Tel **07377 971783**

Email: contactrookhow@gmail.com



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email advice via our submission page on our website

www.southlakescab.org.uk

Help to Claim (Universal Support): 0800 144 8 444

Lambing Service



On Sunday 14th May, the Church of England churches at the bottom of the Crake Valley will be gathering at Abbot Park farm at the top of Bandrake Head to celebrate a Lambing Service.

As the name suggests a Lambing Service is an opportunity to pause in the farming yearly calendar at the end of the lambing season, and to give thanks for the hard work of the local farmers and for the provision of the new lambs. Of course, it is right to give thanks for all the provision of the year, but there is something particularly heartening when you see the young lambs in the fields. The landscape of the Lake District would be very different without its sheep, and they are as essential to the unique beauty of our area as the local stone walls, rolling hills, lakes and mountains.

The farming of the hills, the sheep and the lambs has been the inspiration to many an artist in the Lake District as well as a way of life and as a source of income and wider provision to the country. In fact, the renown poet and painter, William Blake once penned a poem to celebrate the Lamb.

Little Lamb, who made thee?
Dost thou know who made thee?
Gave thee life, and bid thee feed
By the stream and o'er the mead;
Gave thee clothing of delight,
Softest clothing, woolly, bright;
Gave thee such a tender voice,
Making all the vales rejoice?
Little Lamb, who made thee?
Dost thou know who made thee?

Little Lamb, I'll tell thee,
Little Lamb, I'll tell thee;
He is called by thy name
For He calls Himself a Lamb.
He is meek, and He is mild;
He became a little child.
I a child, and thou a lamb,
We are called by His name.
Little Lamb, God bless thee!
Little Lamb, God bless thee!

William Blake (1757-1827)

Therefore, anyone who wishes to come and celebrate and give thanks for the yearly provision of lambs and for the hard work of our farmers is most welcome—or maybe you just want to come and see some adorable lambs!

Coronation Services

The Coronation Bank Holiday Weekend from 6th-8th May promises to be a great celebration focusing on the King's Coronation Service itself on Saturday 6th May.

As you able to read elsewhere in this issue of the magazine the communities of Coniston and the Crake Valley will holding various events as part of the larger celebration.

As part of these celebrations there will be a special Coronation Celebration Service held at the top of the valley in St. Andrew's, Coniston on Sunday 7th May, at 11.00am, and a similar service to be held at the bottom of the valley at St. Luke's, Lowick at 9.30am. Everyone is welcome to attend and help celebrate the crowning of King Charles III.



Ideas for content for the Magazine

Whilst we always have lots of reports from organisations and advertisements for events in the Magazine, it would be lovely to have some rather more personal content!

If you have done some research into local history - perhaps the history of your house or hamlet, why not write a couple of paragraphs about it - I'm sure lots of people would be interested. Or perhaps you've observed some interesting wildlife or have some notes on natural occurrences in our area. Whatever it is, please do send it in to the Editor - I for one would love to read about it.

Similarly if you have an idea for content you'd like to see, please do let me know.

Juliet, Editor: editor@conistonandcrakechurches.co.uk

Scheduled Monument at Subberthwaite

You may not be aware that there is a scheduled Monument on Subberthwaite Common at the far west edge of Blawith and Subberthwaite. This dates back to the Bronze Age (3,300 - 1,200BC) and is well worth a visit.

Visible on the ground now to the north and west of a small tarn are around ten hut platforms and hut circles of Bronze Age origin. There are also around two hundred stone clearance cairns which represent deliberate preparation of the ground for agriculture.

The area most likely was occupied continuously or intermittently right up to mediaeval times as the Bronze Age remains are overlain by evidence of a mediaeval dispersed settlement with a farmhouse, three large and one small enclosed fields with "ridge and furrow" cultivation - still visible on the ground - and a number of potash kilns. In these, bracken was probably burnt to produce lye, and later soap, for the woollen industry.

For further information see **www.historicengland.org.uk/listing** and search for list number 1020802; alternatively just take a short walk along a bridlepath which runs west from the turning for Birch Bank campsite on Subberthwaite Common - it's quite an atmospheric place to visit.

A THOUGHT FOR THE MONTH by Rev. David Gregg

MAY 4TH: LOCAL ELECTIONS and MAY 6TH: THE CORONATION

My father was fond of the story of the Communist candidate in a local council election who was being harassed by a heckler. "D'yer mean ter say if you `ad two `ouses yer'd gimme one of them?" he was asked. "O-course oi would," he replied. "An' d'yer mean ter say if you `ad two motor cars yer'd gimme one?" "O-course oi would." "An' d'yer mean ter say if you `ad two pigs yer'd gimme one o' them?" "'Ere, that ain't fair," said the candidate. "Yer know oi've got two pigs!"

The month of May brings together Local Elections on May 4th and the King's Coronation on May 6th. The New Testament writers consistently take a very positive view that civil power is an important element of God's common grace. "The powers that be are ordained of God" (Romans 13:1)

"The authorities are ministers of God" (Romans 13:6)

"Love the brotherhood. Fear God. Honour the Emperor" (1 Peter 2:17)

"I urge that supplications, prayers, intercessions and thanksgivings be made

for kings and all who are in high positions." (1 Timothy 2:1,2)

are some of the key references. And, as Paul goes on to write to Timothy, all this is so that *peace* may prevail, so that the gospel may go forth. We should note that the *Secular state* is accepted as the (inevitable) reality of this earthly life – a provision of Almighty God's Common Grace to all humankind. Given Jesus concern for the poor (as a priority), and His teaching about paying our taxes and the role of defence forces in keeping the peace, and His involvement at every level for maintaining and restoring public health, it is entirely inappropriate to drive a wedge between religion and politics. We have only to read His own "political manifesto" (otherwise known as the Sermon on the Mount!) to see how wrong this is. Our prayer is, "Thy will be done *on earth* as in heaven."

At the apex of our own political system is a Constitutional Monarchy, and it is "the Crown" that unites every aspect of daily life – Law and Order, the Armed Defence Forces, Government, Revenue and Education for example. In addition, the maintaining of freedom of speech and the freedom of faith is of great importance in our democracy. Our new King will traditionally bear the title "Defender of *the* Faith" (i.e. Christianity), but He has said that he would prefer "Defender of Faith", as a commitment to our diverse and varied society. We must pray for Him in His whole secular servanthood and commitment. GOD SAVE THE KING.

As to political "parties" – we were discussing this one day at our theological college, and one fellow student said *his* father had told *him* that if you weren't a socialist when you were twenty you had no heart, and if you were still a socialist when you were forty you'd got no brains. Then Peter said, "I'm now thirty, and I'm a liberal. My father calls me a half-hearted half-wit!". Personally I have come to believe that I should *not* vote along *party* political lines, but rather that I should try and decide on the basis of which *candidate* (of whatever "party") seems to have the most godly personality and agenda for the post. We should certainly *exercise* our responsibility to vote at *every* election for which we are eligible, and pray for God's guidance and wisdom about who to vote *for*!

By contrast, Jesus made it clear that "Christendom" (i.e. the Church *ruling* the nations is *not* on His agenda. "My Kingdom is not of this world" He said. (John 18:36). The

Kingdom of God is a spiritual and eternal kingdom, and membership of it, with the attendant promise of eternal life, comes by repentance and faith – a gift of the LORD's *Special Grace*. It is this for which we pray 'Thy Kingdom Come', and it consists of all those, of every race and tongue and tribe and nation who worship the Lord Jesus Christ as King of Kings and Lord of lords. Hallelujah, Hallelujah!

Parish Prayer Diary May 2023

1st: Pray for the Bluebell Foundation, a local charity providing free support and information to bereaved and grieving families.

2nd: Pray for those who have developed dementia, and for their carers.

3rd: Pray for today's Coniston & Crake Valley Benefice Team meeting.

4th: Pray new mothers experiencing postnatal mental health distress will receive the help and support they need from family and professionals.

5th: Pray for Midwives working in hospital and home settings.

6th: Pray for the Coronation Service today at Westminster Abbey.

7th: **Sunday, the first day of the week**

Pray we grow daily closer to our Lord and allow Him to develop in us the fruit of the Spirit for our own wellbeing and for the benefit of the world He so loves.

8th: Pray for the meeting of Blawith & Subberthwaite Parish Council this evening.

9th: Pray for this evening's meeting of Egton with Newland, Mansriggs & Osmotherley Parish Council.

10th: Pray for volunteers whose giving of their time, energy and care enhance our community life.

11th: Pray for Christians in Yemen who despite oppression and persecution, courageously share the Good News of Jesus. Pray for their protection.

12th: Pray for nurses in all healthcare settings.

13th: Pray for the British Red Cross helping people in the UK and around the world get the support they need when crisis strikes.

14th: **Sunday, the first day of the week**

Encouraged by all Jesus has done for us in the past, and His promise to be with us always, pray we may daily trust and not let our hearts be troubled.

15th: Pray for today's Colton Parish Council Annual Meeting.

16th: Pray for adults and children struggling with anxiety that is becoming a mental health problem.

17th: Pray for a generous response to Christian Aid Week enabling the charity to bring relief and hope to those facing crisis around the world.

18th: This Ascension Day, joyfully ponder the wondrous, mystery of faith: Christ has died, Christ is risen, Christ will come again.

19th: Pray for those exploring becoming foster carers and for children in need of a loving, safe and stable home.

20th: Pray parents and God-parents will take seriously promises made to nurture the Christian spiritual development of children they bring for baptism.

21st: **Sunday, the first day of the week**

As we reflect on our personal liberation from our old way of life, we renew our dedication to daily follow Jesus, who is the Way, the Truth and the Life.

22nd: Pray for the Farming Community Network, supporting farmers and families within the farming community through difficult times.

23rd: Pray for those who mourn.

24th: Pray for Lowick Young Farmers Club.

25th: Pray for those working in the funeral sector.

26th: Pray for teachers, staff and pupils as schools break for half term.

27th: Pray for those serving in our Armed Forces at home and abroad.

28th: **Pentecost Sunday, the first day of the week**

The Church was born that day the Holy Spirit fell upon the first disciples; pray that God the Holy Spirit will bring new life to us, our church, our community, our nation.

29th: Pray for UN Peacekeepers monitoring cessation of hostilities and helping humanitarian aid reach civilian populations in need.

30th: Pray for Bishop James as he prepares to stand down as Bishop of Carlisle at the end of August.

31st: Pray for Social Workers in local health & social care services, who carry large caseloads, many of which are complex and challenging.

Prayer Hour

Monthly opportunity to meet in Penny Bridge church, to pray for items posted on the prayer board, for the churches in our Benefice, for our communities, and for the wider world. Next Prayer Hour will be **Wednesday 3rd May, 10am - 11am**

Readings for May 2023

7th Acts 7.55 - 60

John 14.1 - 14

14th Acts 17.22 - 31

John 14.15 - 21

21st Acts 1.6 - 14

John 17.1 - 11

28th Acts 2.1 - 21

John 7.37 - 39



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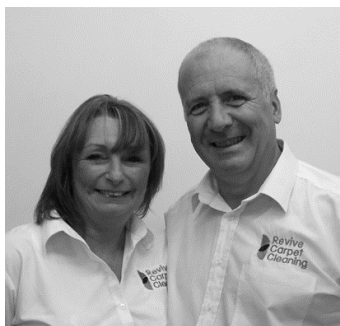
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What's On Guide - regular events

Mondays	Knitting and Stitching, 7pm	Greenodd Village Hall
Mondays	Short Mat Indoor Bowling, 7 - 9pm, no experience needed	Greenodd Village Hall
Mondays	Youth Club, year 7 to age 18, 6 - 9pm	Coniston S & S Centre
2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Wednesday	Parent and Toddler Group 9.30 - 11.30am	Coniston S & S Centre
Wednesday	Community Lunch, 1pm sharp	Farmers Arms, Lowick
Wednesdays from 10th May	"Soup Talks" , 6.30pm - see page 14 for details	Farmers Arms, Lowick
Thursdays	"Young at Heart" exercise and lunch, 11am	Coniston S&S Centre
Thursdays	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 nd Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 rd Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
1 st Wednesday	Quaker Meetings, 7.30pm	Rookhow
1 st & 3 rd Friday	Quaker Meetings, 12.30pm	Rookhow
2 nd Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	White Hart Inn (temporary)
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
Fridays	Indoor Bowling, 2 - 4pm	Coniston Institute

What's On Guide - May

3 rd	Coniston Quiz night 8pm	Coniston Sports & Social Club
4 th	Rusland Horizons' moth and rare butterflies walk/talk see www.ruslandhorizons.org/whats-on	Hay Bridge Nature Reserve
6 th & 20 th	Drop in Making Days, 10am - 4pm	Farmers Arms, Lowick
6 th	The Coronation on the big screen	Coniston Sports & Social Club
6 th	Blawith Coronation Tea Party 3pm	Water Yeat Village Hall
7 th	Picnic on the Pitch 1pm then live music - see page 8	Coniston Sports & Social Club
7 th	Bouth Coronation Party - Jacob's Join	Bouth Village Green (tbc)
7 th	Concert: Sarah McQuaid - see overleaf	Water Yeat Village Hall
8 th	Coniston Celebration of Organisations 11am see page 10	Memorial Green (Or Coniston S&S if wet)
8 th	Coronation Tea Party (Egton WI)	Greenodd Village Hall
8 th	Coronation Tea Dance (Coniston WI)	Coniston Institute
9 th	Egton PC Meeting 7pm	Greenodd Village Hall
13 th	Gelli Plate Printing Workshop, see page 14	Farmers Arms, Lowick
15 th	Colton PC AGM	to be confirmed
16 th	Mothers' Union Sharing Day	Houghton
17 th	Crake Valley Friendship Group outing see page 7	
19 th	Mothers' Union Outing to Rookhow	Rookhow Meeting House
20 th - 22 nd	Art Exhibition in aid of Coniston Mountain Rescue, see page 9	Coniston Institute
20 th	Colton Parish Open Meeting 10am - 12	Rusland Reading Room
21 st	May Sunday Lunch at the Farmers, see page 14	Farmers Arms, Lowick
27 th	Tennis Club Coffee Morning, 10am	Coniston Institute Reading Room
27 th	Disco Night with DJ Smiler	Coniston Sports & Social Club

WATER YEAT VILLAGE HALL

Welcomes back

"One of the most instantly recognisable voices in current



music ... Shades of
Joni Mitchell in a
jam with Karen
Carpenter and Lana
Del Rey." —Neil
March, *Trust The Doc*

Born in Spain, raised
in Chicago, holding
dual Irish and

American citizenship and now settled in rural England, she
brings the eclecticism of her background to her songwriting
and choice of material, spanning genres and defying
categorisation.

Sarah McQuaid

SUNDAY 7TH MAY at 8pm £15

or in advance from www.wegotickets.com/wateryeatvillagehall

Café/table seating.

Bring your own drinks and nibbles.

www.e-voice.org.uk/wyv

www.sarahmcquaid.com