

# Coniston and Crake Valley News



**February 2024** [www.conistonandcrakechurches.co.uk](http://www.conistonandcrakechurches.co.uk)



## Girlguiding



Girlguiding would love to welcome girls aged 10 to 14 years meeting every Wednesday evening. Things we've done in 2023 include biking in Grizedale Forest, making bat boxes at Brockhole Visitor Centre, ghyll scrambling in Church Beck, painting workshops, Zumba, night walk with hot chocolate, trying new Korean and Japanese foods and stand-up paddle boarding on the lake. We also went camping at Waddow Hall for their annual two-night "Sparkle and Ice" festival where there were many activities to try. One of the girls has been to the Jamboree in

Korea and another to India with fundraising at Guides. We meet at from 6:30 to 8:00pm on Wednesday evenings during term time at Park House in Hawkshead and welcome girls to come and give it a go. We're also keen to have volunteers who are happy to share their time and enthusiasm!

Volunteers can apply through the GirlGuiding website [www.girlguiding.org.uk/get-involved/become-a-volunteer/](http://www.girlguiding.org.uk/get-involved/become-a-volunteer/).

For any queries about Hawkshead Guides please email Sue at [hawksheadguides@gmail.com](mailto:hawksheadguides@gmail.com).

We hope to see you there soon! Sue, Karen and Bryony (words by Bryony).

Girlguiding in Hawkshead would also welcome any girls who would like to join Rainbows or Brownies. We have 12 Volunteers who provide a wide range of activities for our young members. If you would like to join, please visit [www.girlguiding.org.uk](http://www.girlguiding.org.uk) and I will respond.

**Judith Myers**



## From the Editor

I would love to hear your feedback on the Magazine so please do email me with your comments - positive or less so - and suggestions for improvement or additions.

Please send items in by **February 15<sup>th</sup>** for inclusion in the March Magazine.

**Juliet Caldwell, Editor** 07884 232281 [editor@conistonandcrakechurches.co.uk](mailto:editor@conistonandcrakechurches.co.uk)

# **The Coniston and Crake Valley Benefice**

*"To Grow, Witness and Love Like Jesus"*

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

|                     |                                                    |              |
|---------------------|----------------------------------------------------|--------------|
| Revd Brian Streeter | vicar@conistonandcrakechurches.co.uk               | 01229 861668 |
| The Vicarage,       |                                                    | 07505 048736 |
| Penny Bridge.       | <i>Brian works for Filling Station on Thursday</i> |              |
| LA12 7RQ            | <i>Brian's rest day is Friday</i>                  |              |

## **SAFEGUARDING OFFICER**

|                 |                                             |              |
|-----------------|---------------------------------------------|--------------|
| Juliet Caldwell | safeguarding@conistonandcrakechurches.co.uk | 07884 232281 |
|-----------------|---------------------------------------------|--------------|

## **ADMINISTRATOR & MAGAZINE EDITOR**

|                 |                                      |              |
|-----------------|--------------------------------------|--------------|
| Juliet Caldwell | admin@conistonandcrakechurches.co.uk | 07884 232281 |
|-----------------|--------------------------------------|--------------|

## **ADMINISTRATOR**

|              |                                       |              |
|--------------|---------------------------------------|--------------|
| Marion Swift | 2admin@conistonandcrakechurches.co.uk | 01539 521337 |
|--------------|---------------------------------------|--------------|

**To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.**

## **Churches in Coniston and the Crake Valley**

**St Andrew's Church, Coniston LA21 8EN**

**St Luke's Church, Torver LA21 8AZ**

**St Luke's Church, Lowick LA12 8EE**

**Holy Trinity Church, Colton LA12 8HF**

**Church of St Mary the Virgin, Penny Bridge LA12 7RQ**

**Tottlebank Baptist Church, Colton LA12 8HY**

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

**Coniston Methodist Church, Coniston LA21 8ER**

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

**St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW**

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm.

For further information contact Father Matthew Jacob on **01229 779673**.

## Church Services for February 2024

|                              |                                  |                              |                       |  |
|------------------------------|----------------------------------|------------------------------|-----------------------|--|
| <b>4<sup>th</sup></b>        | <b>Second Sunday before Lent</b> |                              |                       |  |
| <b>St. Luke</b> Lowick       | 9.30am                           | <b>Morning Worship</b>       | Richard Wood          |  |
| <b>St. Mary</b> Penny Bridge | 11.00am                          | <b>Holy Communion</b>        | Rev Brian Streeter    |  |
|                              |                                  |                              |                       |  |
| <b>11<sup>th</sup></b>       | <b>Sunday Next before Lent</b>   |                              |                       |  |
| <b>Holy Trinity</b> Colton   | 10.00am                          | <b>Holy Communion</b>        | Rev Brian Streeter    |  |
| <b>St. Andrew</b> Coniston   | 11.00am                          | <b>Healing Service</b>       | Pamela Hull           |  |
| <b>St. Mary</b> Penny Bridge | 11.00am                          | <b>Morning Worship</b>       | Pam Priestley         |  |
|                              |                                  |                              |                       |  |
| <b>14<sup>th</sup></b>       | <b>Ash Wednesday</b>             |                              |                       |  |
| <b>St. Andrew</b> Coniston   | 12.30pm                          | <b>Ash Wednesday Service</b> | Rev Brian Streeter    |  |
| <b>Holy Trinity</b> Colton   | 7.30pm                           | <b>Ash Wednesday Service</b> | Rev Brian Streeter    |  |
|                              |                                  |                              |                       |  |
| <b>18<sup>th</sup></b>       | <b>First Sunday of Lent</b>      |                              |                       |  |
| <b>St. Luke</b> Torver       | 9.00am                           | <b>Holy Communion</b>        | Rev Brian Streeter    |  |
| <b>St. Mary</b> Penny Bridge | 11.00am                          | <b>Healing Service</b>       | Rev Brian Streeter    |  |
|                              |                                  |                              |                       |  |
| <b>25<sup>th</sup></b>       | <b>Second Sunday of Lent</b>     |                              |                       |  |
| <b>St. Luke</b> Lowick       | 9.30am                           | <b>Methodist Service</b>     | Rev James Tebbutt     |  |
| <b>Holy Trinity</b> Colton   | 10.00am                          | <b>Holy Communion</b>        | Rev David Bickersteth |  |
| <b>St. Andrew</b> Coniston   | 11.00am                          | <b>Holy Communion</b>        | Rev Brian Streeter    |  |
| <b>St. Luke</b> Torver       | 7.00pm                           | <b>Torver Junction</b>       | Rev Brian Streeter    |  |

### From the Registers

#### **Wedding**

10<sup>th</sup> February at St. Andrew, Coniston: Gemma Rodgers and Sean Daniel O'Grady

#### **Renewal of Vows**

24<sup>th</sup> February at St. Andrew, Coniston:

Sarah Louise and Scott Leonard Terence Durrant

#### **Funerals**

19<sup>th</sup> January at St. Mary, Penny Bridge: Hilda Sykes

25<sup>th</sup> January at St. Luke, Lowick: Christopher Reginald Palin

29<sup>th</sup> January at St. Luke, Lowick: Robert (Bob) Walton

**Cover photo: near Bouth by Cathy Styles**

## Pastoral Letter from David Bickersteth

I saw an American cartoon showing a missionary stepping ashore from a rowing boat and saying to a native American *"I've come to save you from worshipping the sun"*, to which the 'Indian' replied, *"Dude, at least the sun exists!"* The comments that followed showed much appreciation for the cartoon with very few Christians comments about this poor attack on faith.

A decade or more ago, attacks on traditional Christian beliefs would have been unheard of in America, but today cynicism is rife and church attendance has plummeted amongst the under forties. Understandable disbelief in the evangelical support for Trump, something UK Christians find puzzling, and the relentless onslaught on faith by atheist comedians and the very corrupting devaluation of language and moral standards coming from the media, have an eroding influence on belief.

Christianity is a faith of reason, not abstract blind trust. I'm amazed at the ignorance of people who say Jesus never existed or the Gospels were written hundreds of years after the events. No faith has been more researched than Christianity. Even the agnostic scholar, Bart Ehrman (American!) is dismayed at the ignorance of people doubting Jesus ever existed. He even dates the Gospels to the first century and the earliest belief in the resurrection to within possibly five years after the event (St Paul's account in 1 Corinthians 15).

There is more evidence for the reliability of the scriptures than any other ancient documents, so Christianity has a very credible intellectual and historical foundation. But it's also a faith – and faith requires trust - but not trust without experience. My faith depends upon my intellect – I have studied the Bible for over fifty years – but also my daily awareness of God's presence in my life. For seventeen years I was a member of the diocesan deliverance team – ghostbusters! I know that spiritual forces are a reality – and that the name of Jesus is all powerful!

I have met people willing to examine the evidence for Christianity but totally unwilling to put God to the test by being open to Him. Perhaps fear of the consequences of faith – a changed lifestyle for example, puts off opening the door to Christ (Revelation 3:20). My experience is that God loves us without qualification. He accepts us warts and all! But if we begin a relationship of faith, we soon become aware that our life choices are important – watching pornography - or taking the Lord's name as an expletive for example, spoils that relationship. But have you tried faith – have you opened the door to Jesus? Do you wish to find out the evidence for belief? If so, we are here to help, just ask!

Lent is early this year, Ash Wednesday being the 14<sup>th</sup>. Lent is a traditional season for taking prayer and study of scripture more seriously – exercising a discipline. Why not set aside time for exploring the Gospels - it's more rewarding than giving up chocolates!

At the end of the day, our faith is either true or false, there's no middle ground. If true, then it would be the most important discovery of your life, the rewards are eternal!

**David Bickersteth**



## Around the Parishes : Colton

### Colton Parish Council

It has been great to get some applications for our community grants scheme and we approved grants for three organisations at our December meeting including Rookhow, Rusland Reading Room and Oxen Park Reading Room. There is no closing date for applications. If you have a small project that would benefit your community and fits within the CPC area then you can find out more and get an application form from **clerk@coltonparishcouncil.org.uk**

We have been delighted with the information that individuals and businesses have shared with us a part of our community plan consultation. We now have lots of material and are working on this together with updating data on such areas as demographics via the Office of National Statistics. We plan to have a follow up meeting (with hot drinks and cakes) for all interested in late Spring. As part of the project, we are hoping that the community can share photographs with us of the people and activities in the area both for the updated plan and to share on our website. If you have any photographs that fit the bill, then please email to our clerk if they are digital or get in touch if you have an old photograph that can be scanned. We hope to display some of these at the late Spring meeting.

On which note, we are also pleased to see the completion of the lottery funded digitising project for the Sankey photograph collection by Signal Media. There are some wonderful images of the local area, and you can search for images by village. The link is **<https://www.sankeyphotoarchive.uk/>**.

Our next meeting is on **Monday 26<sup>th</sup> of February, 7pm** at Oxen Park Reading Room.

### **Egton cum Newland**

The **Crake Valley Friendship Club** is having the first coach trip of 2024 on **20<sup>th</sup> March**, leaving Greenodd at 9am.

We are visiting Country Harvest, Settle and Watershed Mill.

There are spare seats on our trips which are up for grabs to non-members, for enquiries please contact **Anne** on **01229 861278**.



### Coffee Morning Thanks

A cold winter's day greeted us as we prepared for our December coffee morning in the Village Hall. Tables and chairs were set out and stalls were all arranged with the goodies on offer, and we waited.

However, not for very long, about 30 hardy souls joined us in the hall for coffee and cake. The atmosphere was warm and friendly despite the snow.

We would like to thank everyone who supported us: door keeper, raffle sellers and caller, tombola, nearly new and bric-a-brac ladies, Albert the wood man and the ladies of the cake stall, those serving coffee and working in the kitchen, and finally yourselves. You braved the weather and in spending your money and also giving donations we raised the incredible amount of £620. We were absolutely amazed and very grateful.

Thank you so much to everybody.

***Jean and the team***

## **ENMO Parish Council Heritage Project**

ENMO Parish Council is underway with a heritage project. We would like to invite people living in the area to collaborate in the production of written, oral, and visual records capturing their unique historical past. The records will be gathered either by research in Barrow library archives etc., or by interviewing residents. The records could be written text, hardcopy photographs, maps, etc. and will be displayed on the ENMO website. People involved will be divided into three groups, one who will carry out the research and another who will carry out the interviews. A third, smaller group will convert the text, photos etc. so that they can be placed on the website. Everyone taking part will receive training but it would be very helpful if anyone has existing relevant skills.

If you would like to take part in either research, interviewing, or IT please send your contact details (name, email, telephone, interest) to the ENMO clerk at **[enmoparishcouncil@hotmail.com](mailto:enmoparishcouncil@hotmail.com)**. Alternatively, you can leave your details at any of the following businesses: - The Britannia Inn, Penny Bridge; The Royal Oak, Spark Bridge; SippingFox, Unit 4B Crakeside, Greenodd.

The first meeting **for those involved in research** will be Thursday 15<sup>th</sup> February, 18.00 - 20.00 at the Farmers Arms, Lowick.

## **Egton with Newland, Mansriggs and Osmotherley Parish Council**

The Council met on 9<sup>th</sup> January 2024. The minutes can be viewed on **[www.enmoparishcouncil.org.uk](http://www.enmoparishcouncil.org.uk)**.

The meeting was attended by Cllr Matt Brereton and some 20 Parishioners: a group from Rosside was reassured that the Council had appointed a tree surgeon to cut and trim trees on the Parish land beside Tarn Close; and a larger group came to voice its concerns about flooding in Plumpton and Arrad Foot. The Council heard a detailed report on this long-term problem and how Plumpton Lane was at times impassable because of flooding resulting in a serious impact on the daily lives of local residents. The main complaint was that the issue had been raised with the local flood and highway authority (now Westmorland and Furness Council) more than a year ago, but it remained unresolved.

We undertook to write to Westmorland and Furness Council (W&FC) and the Environment Agency about the flooded lane and the general issue of flooding in Newlands and at Arrad Foot. Cllr Brereton explained what he could do about these problems, and he promised to take them to the relevant authorities.

We also asked Cllr Brereton about: green bins; provision of grit bins and heaps; progress on repair of pot holes and problems reported via the W&FC on-line highway hot line.

An application to introduce a 20mph speed limit to cover all of Greenodd and Penny Bridge has been submitted to W&FC. The application includes a request to include a section of 30mph speed limit on the A5092 between Penny Bridge Hall and the A590.

The parish plan working group will make progress on updating the Parish Plan, a process that will take about a year and require consultations with the community. We will be supported in this by Action with Communities in Cumbria (known as ACT).

The Parish heritage and history project was taken forward. A detailed proposal for

the project, presented by Cllr Hind, was adopted and a small budget allocated.

The Clerk reported that the Council's work to establish Greenodd Village Hall as a Community Resilience Hub had been successful with the approval of funding to allow installation of a hook-up for a generator and other equipment. This means the Hall would be able to function as an emergency hub to provide hot drinks etc and a warm refuge even when there was an extended power-cut as during Storm Arwen.

The Council approved the precept for 2024/25 and, in light of the general cost of living pressures, has kept it at the same level as in the previous two years.

The next Parish Council Meeting is on Tuesday 5<sup>th</sup> March. Please come along if you want to raise any issue that you think affects the community. Look at our website ([www.enmoparishcouncil.org.uk](http://www.enmoparishcouncil.org.uk)) to see the agenda. If there is something you want added to the agenda please contact our Clerk by email using [clerk@enmoparishcouncil.org.uk](mailto:clerk@enmoparishcouncil.org.uk).

**Brian Campbell**

Councillor, Egton with Newland Mansriggs and Osmotherley Parish Council

### **Penny Bridge CE Academy**

After a super Christmas break it was lovely to welcome all the children back for 2024.



In January, 23 of our 7-11 year olds represented the school in the Furness School Cross Country Competition with all the children showing great determination and stamina to get round a long and boggy course. A special well done to Lily Wood for winning the Y3 girls race and Felix Fitter for winning the Y6 boys race. We had three other children who qualified for the county championships later in the month.

Our youngest children in Reception have started their work on fairy tales and are enjoying the magic of storytelling.

In Key Stage One, alongside their English and maths work, the children are learning about the continent of Africa - particularly Kenya and Nairobi.

All the children are working hard on our chosen learning behaviours of making positive relationships, being curious and developing independence.

**Graham Carrick**, Headteacher





## Coniston & Torver

### Coniston and District Twinning Association

**Quiz** at the beautifully refurbished Ship Inn, Bowmanstead  
Wednesday 6<sup>th</sup> March 7pm. Supper available until 8pm  
£2 per person. Come as part of, or join on the night, a team of up to 6.

## Coniston Sports and Social Centre



Come and join us for

**Karaoke Night**

**February 16<sup>th</sup>**

**At 7.30pm**

## Regular events

Monthly Charity Quiz night – 1<sup>st</sup> Wednesday of every month, starts at 8pm, £3 per person, max 6 in a team. All monies raised go to the chosen charity each month

Youth Club – every Tuesday 7pm -9pm, games & activities for ages 11 and over

Coniston Parent and Toddler/Baby Group meet every Wednesday (term time only) 9.30am-11.30am - £1.50 includes drinks and snack, Health Visitor also attends once a month

Young at Heart Exercise Group (senior exercise class) Every Thursday (term time only) 11am-1pm includes lunch £5, or just lunch at 12noon - £2.50

Netball Skills Training – new for 2024, come and have fun / get fitter, no netball experience required, all ages / fitness welcome. Thursday nights 6.30pm – 7.30pm

If you'd like to book our facilities or have any other enquiries please do get in touch.

Tel: **015394 41812**, email: **Conistonsports@gmail.com**

Thank you to all who attended our Charity Quiz nights in 2023 – we met our target of raising over £1000 for charities. Please come and support this year's charities – starting with The Fire Fighters' Charity on **7<sup>th</sup> February**, if you would like to run one of the monthly Quiz nights for your charity please let us know.

**Premier League Football Matches will be played when available on sky sports.**

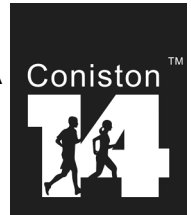
Plus other Sky Sports fixtures shown on our screens during opening hours, please check our Facebook page for weekly opening times.

Thank you,

**Becca Myers** (Club Secretary)

## 42<sup>nd</sup> Annual Coniston 14 Race.

The 42<sup>nd</sup> Coniston 14 race will take place on Saturday 23<sup>rd</sup> March. A road closure to protect the safety of the runners will operate between Coniston and High Ground in both directions from 10.50 until 11.20. There will also be a closure on Lake Road to coincide with the return of the majority of runners between 12.15 and 14.00.



Our Race attracts many types of runners; those wanting to keep fit, to train for marathons, to raise money for their chosen charities, to compete against friends or improve their personal best times.

The lively BLAST Furness band will again give the runners a rousing welcome back to the finish at John Ruskin School and our local MP, Tim Farron, who has completed the race on several occasions, will give out the prizes.

We are always pleased to have extra marshals to help on the day. Please contact the race director, Janette Braithwaite: [janettemaude@hotmail.com](mailto:janettemaude@hotmail.com) if you wish to volunteer.

Each year the Coniston 14 Committee makes donations to support the work of about 30 local organisations, charities and clubs. Those interested in applying for funds should send letters to Geoff Cooper, Moorlands, Coniston LA21 8HB by the closing date of 12<sup>th</sup> April 2024. A presentation evening will be held in June.

**Geoff Cooper** for Coniston 14 Committee

## Coniston Community Lunch

Thank you to everyone who came to our January lunch. We had a great turnout despite the cold weather. It was lovely to see so many of you. Thank you also to our helpers from Coniston Primary School who as always provided excellent service with a smile.

Our next lunch will be **Monday 19<sup>th</sup> February at 12.30pm** in the Institute Reading Room.

We will be serving a hearty two course lunch (usually soup and pudding) plus tea or coffee and treats from the sharing table. All ages are welcome.

No payment is expected, however a suggested donation of £5 towards our costs would be very welcome.

Places are limited so please confirm attendance by phoning or texting **Helen** on **07583 371275** or email [e.glaister013@btinternet.com](mailto:e.glaister013@btinternet.com), **by the Friday before**. Also please let us know if you have any dietary requirements or need help with transport.

We are always grateful for additional help so please get in touch if you can offer any help either in the kitchen on the day or donating some food - perhaps a pudding or something for our sharing table.

We look forward to seeing everyone

***The Community Lunch Team***



**John Ruskin School, Coniston** is looking for **Invigilators, Readers & Scribes** to assist with mock exams in November and March, and GCSE exams in May and June.

Please contact the Exams Officer on **015394 41306** or **admin@jrs.org.uk** for a chat about the roles or download an application form from **www.jrs.org.uk**.

Hourly rate £12 (this rate is SCP2 with a non-contractual pay supplement increasing the pay grade to UK living wage of £12). Full induction & training given. Good literacy & numeracy required, plus Enhanced DBS & other pre-recruitment checks to meet Safeguarding requirements.

By taking on these roles, you will support our students during their exams; we look forward to welcoming you.

**Steph Bennett**, John Ruskin School

**World Day of Prayer** is an international, inter-church organisation which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. This year the service is prepared by the women of Palestine, with the theme of "I beg you, bear with one another in love", despite difficulties and differences.

The Day of Prayer is celebrated in over 120 countries.

We will be taking part in this in Coniston, with a service at **The Sacred Heart Church on Friday March 1<sup>st</sup> at 2 pm**, followed by refreshments.

Everyone is welcome to come and join us, including men!

### **Rainfall, Garden House, Coniston, December 2023**

Total - 576.0mm (22.7ins)      Wet days - 30  
More than 1mm on 28 days      Wettest day - 10<sup>th</sup> - 74.5mm (2.9ins)  
Snow: 3mm (0.5ins) on 1<sup>st</sup> and 310mm (12.2 ins) on 2<sup>nd</sup>.  
Wettest December since 1993 and second wettest on record.  
Total for 2023: 3344.7mm (131.7ins)  
Wettest year since 1954 and 3<sup>rd</sup> wettest on record.

### **Torver Schoolroom and the 100 Club**

The Torver Schoolroom renovations are going ahead at a pace. We apologise that individual and group hire has had to cease temporarily while essential works are completed. The new windows, doors and internal panelling are all complete. Radiators and built in cupboards are back in place and the floor is sanded and coated with four coats of sealant. Jobs yet to be completed are fitting the extractor fan, re-fitting the window blinds, and re-painting all the interior walls. Once these jobs are completed chairs will be returned and the Schoolroom will be available for individual and community use.

We have been very pleased with the companies employed: Elegant Windows, a family firm in Barrow-in-Furness, Robert Lumby from Millom the electrician and Adam Hughes Wooden Floor Sanding and Finishing Ltd. Adam advertises in the Coniston and Crake Valley News which is where we found him!

The Schoolroom Committee are very grateful for the help and support given by all individuals who have enabled us to get this far so quickly. Special thanks to Richard Bowness for repairing areas of flooring and cupboards as well as removing and

replacing radiators, and to other local tradesmen who have given time, help and advice.

Once the painting is completed we will be having a celebration evening of music, once again with Sam Clarke and the Little Arrow Band as our March Social with the 100 Club quarterly draw. Do look out for posters nearer the time and be sure to get your tickets early!

The results of the 100 Club Christmas Draw are as follows:

£100...Thomas Raven. £50...Anne Sealy. £30...Nicola Kennelly. £20x2...Samantha Gould, Sue Ransome. £15x3...Pat Barr, Mc.Clusky kids, Ailsa Johnson. £10x4...Sebastian Brewin, Hazel Wilson, Paul Wilson, Francis and Paul Smith.

If you would like to support the upkeep of the Schoolroom as a community asset, please do support events, offer your talents, consider joining the committee that meets four times a year, donate financially, or buy a 100 Club number for £25 per year with four opportunities to win a cash prize!

Contact Hazel Bowness the Treasurer for donations and for joining the 100 Club. **hazelbowness@outlook.com**, for Schoolroom bookings it's **bookings@conistonandcrakechurches.co.uk** and contact **Val Towndrow** for anything else: **torverschoolroom@btinternet.com**

## Women's Institutes



### **Egton WI**

Egton WI got the new year off to a good start with one new visitor/prospective new member and everyone arriving early with lots of cheery chat before the meeting got underway.

It was business as usual with discussions about choosing our new charity for this year and also voting for the resolution we wish to go forward to our national annual meeting in June. Our majority vote was for the resolution concerning the lack of dentists countrywide and asking government to put in plans to improve the situation.

Our speaker Kate from Oubas Knitwear then took to the floor and gave us a good insight into her business from its start up in 2012 to the present day. Having studied textiles in Winchester this delightful local lady chose to specialise in knitwear and her fascination with the machinery and digital technology involved got her to where she is today. She is a great supporter of local businesses and uses locally sourced wools wherever possible as well as employing local people. Her enthusiasm shone through and we wish her all the best for the future. You can check out her website for yourself and you can order bespoke garments which is very useful for those who don't conform to the usual sizing charts.

We have a very varied programme to look forward to this year and next month we have Karen Hine talking to us under the title "Dragon Boats, Paddlers for life"! After your pancake tea (Shrove Tuesday) come and find out more on 13<sup>th</sup> February at 7.30pm in Greenodd Village Hall. For more info call **07519 144799**.

**Gill**

## Coniston WI

The WI have activities on the following dates:

**6<sup>th</sup> February** - 1pm - Meet at Coniston Bus stop for a two hour walk.

**20<sup>th</sup> February** - 7.30pm - Meet at Coniston Institute for Line Dancing.

## Shoebox Appeal

Nearly 2500 shoeboxes have arrived in Ukraine, Romania, Moldova, and Bosnia. They are appreciated by everyone. Nicu who organises the boxes in Romania rang me to say they were safely delivered and they were delighted with them. Did we have any more! Please knit, sew and save for this year's appeal in November.

**Judith Myers**

## Brantwood News and Views



In the Blue Gallery we now have a dedicated exhibition on John Ruskin's Secretary, Laurence ('Laurie') Hilliard: 'A Strange, Bright, Gifted Boy'. On show until 10th March. Also in the Severn Studio we have 'The Bay and Beyond' by Phil Entwistle which continues until 17th March. There will be an opportunity to meet Phil between 11-3pm on Sunday 18<sup>th</sup> February. All proceeds from Phil's exhibition sales will be donated to treeaid.org. Tree Aid works with people in the drylands of Africa. Led by local people, Tree Aid projects are tackling poverty and the effects of the climate crisis by growing trees, improving incomes, and restoring and protecting land.

In the third of our 2023-2024 Concerts, Pianist Paul Turner will be performing pieces from Grieg, Chopin, Rachmaninov and Mussorgsky in Brantwood's Drawing Room on Saturday 17<sup>th</sup> February. Performance begins at 7pm, doors open 6.30pm. Seating is limited to forty so booking early is recommended (book online or contact us at [bookings@brantwood.org.uk](mailto:bookings@brantwood.org.uk) or tel: **015394 41396**). Tickets £25 (includes an interval drink). Pre-concert supper will be served in the Terrace Cafe from 5.30pm at £16.50 per person, booking essential ([theterrace@brantwood.org.uk](mailto:theterrace@brantwood.org.uk) or tel: **015394 49025**). More details on our website.

During February half term there will be family fun nature based activities in the Loft. Activities include identifying and sowing herbs/salads, plant a tree, make a bug hotel, leaf printing and plenty more.

For full details of all our exhibitions and events, please visit our website [www.brantwood.org.uk](http://www.brantwood.org.uk). Box office: [enquiries@brantwood.org.uk](mailto:enquiries@brantwood.org.uk) or call 015394 41396.

## The Farmers Arms, Lowick



1<sup>st</sup> February: Chris Butler Live in the Stable Bar / 7.30pm / Free  
Join Cumbria's finest of singer songwriters Chris Butler in the Stable Bar for a set of original acoustic indie music.

3<sup>rd</sup> February: Make Your Own Hooks & Handles / 10am - 4pm / £60

Come and make your own handles knobs and light pulls from oak, copper and clay.



22<sup>nd</sup> & 23<sup>rd</sup> February: Francis Lloyd-Jones' Wednesday & Thursday Evening Pottery Classes / 6-8pm / £180

All abilities are welcome on our popular six week course, from absolute beginners to those familiar with working with clay.

25<sup>th</sup> February: Green Fingers: A Weekly Vegetable Growing Course For Beginners / 10am - 12.30pm / From £299 per term

Join us on The Farmer's Fields for a dynamic new edibles initiative aimed at new gardeners or anyone who'd like to learn easy no-dig growing, hands-on, and from the ground up.

29<sup>th</sup> February: The Little Arrow String Band Live in the Stable Bar / 7.30pm / Free

### **Oxen Park Cinema Club**

We have been pleased to fit in several hire parties recently. It costs £125 which includes the necessary licence. Only £20 if it's your own film.

Only seven great films remain to the end of our season in April. Check them out on our website and book in before we are sold out.

**Sunday January 28<sup>th</sup> 4.30** (note date & time) ***Fadia's Tree***

**6<sup>th</sup> February - *The Quiet Girl*** - one of the first films made in the Gaelic language

**17<sup>th</sup> February - *Pretty Red Dress*** - one of my favourites this year.

**5<sup>th</sup> March - *Lunana; A Yak in the Classroom*** - the most isolated school in Bhutan

**16<sup>th</sup> March - *The Banshees of Inisherin*** - award winning 'marmite' film (love/hate).

Look out for possible 2<sup>nd</sup> showings on the following Sundays.

[www.oxenparkcinemaclub.org.uk](http://www.oxenparkcinemaclub.org.uk)

**Carol**



### **Rookhow**

#### **BUNKBARN IMPROVEMENTS**

The renovation work at Rookhow is all going to plan and it will be open at the end of March. We already have many diverse groups booked in for 2024 including schools, community groups, refugees, Forest Schools training, families on holiday and 3 weddings!

#### **SPRING 'QUAMPING'**

While the Bunkbarn is closed for renovation work, we'll be offering 'Quamping' (a Quaker version of glamping or champing) in the 300 year old Grade II\* listed Quaker Meeting House and heated yurt in the woods. 2 nights minimum. See the website for more details: [rookhow.org.uk/quamping](http://rookhow.org.uk/quamping)

Website: [rookhow.org.uk](http://rookhow.org.uk) LA12 8LA Contact Sue Nicholls, Development Manager Tel 07377 971783 Email: [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com)

### **Rusland Horizons Events**



#### **Woodland & Coppice Management Work Party: Sunday 11<sup>th</sup> February**

Get hands on with a day of woodland conservation on the Woodland & Coppice Management work party at Holywell Wood (near Greenodd). The day will include a

range of woodland activities - you can choose which you would like to get involved with - such as tree felling, clearing and removing deer fences, firewood splitting (over 18's only), hedge creation and maintenance, hazel coppicing.

### **Holywell Wood Work Party: Sunday 25<sup>th</sup> February**

The second Rusland Horizons work party of the year will again be at Holywell Wood (near Greenodd), this time near Hill Top Farm and Legbarrow Cottage. The day will include a range of woodland conservation activities related to the clearing of a footpath and repair of an existing dry stone wall - you can choose what you would like to get involved with.

### **Members' Workshop: Monday 11<sup>th</sup> March**

Save the date! On Monday 11<sup>th</sup> March, we will be holding a workshop for our members which will take place at Outback Hall, Backbarrow. More details to follow soon.

Details and booking for all events can be found on the website, with regular updates and all the latest news also shared on our social media (Facebook and Instagram). Booking will open soon for all the above events.

<https://www.ruslandhorizons.org/whats-on.aspx>

### **Green Sparks News**

**Cold to Cosy** is a free service helping to make homes warmer and cheaper to run with cost effective energy saving measures. You can access advice by phone. Depending on your circumstances you may be eligible for a free home visit. See <https://cafs.org.uk/cold-to-cosy-homes-cumbria/> phone **01768 216500**

or email [cosyhomes@cafs.org.uk](mailto:cosyhomes@cafs.org.uk)

Cumbria Action for Sustainability (Cafs) is looking for Energy Champions to help encourage take up of Cold to Cosy Homes in local communities. Free training is available to local volunteers and people who work in frontline services and voluntary organisations. To book see <https://cafs.org.uk/events/>

If you run your own business, you can find advice and training on the Energy Saving Trust Website <https://energysavingtrust.org.uk/business/> Training for businesses includes encouraging the uptake of heat pumps, electric vehicles and other green technology.

The **Ulverston Repair Café** is a volunteer group encouraging us all to **Fix It, Don't Bin it!** Sessions are held on the **second Tuesday of the month from 6.30-8.30pm** at Croftlands Community Centre. You can take a range of items along including clothes, textiles, small appliances, toys, bikes and furniture to be fixed by volunteers; or if you have fixing skills yourself, consider joining their team. Find them on Facebook.



Upcoming local **Cumbria Wildlife Trust** events include a monthly group for preschool children and their parents, Nature Tots at Foulshaw Moss Nature Reserve. The next session is on Tuesday 6<sup>th</sup> February 10 - 11.30am. A Young Volunteers Day at Staveley Woods for teenagers considering a career in Conservation on Monday 12<sup>th</sup> February; and Coastal stargazing at Earnse Bay, Barrow, 22<sup>nd</sup> February 7pm - 9pm. For details and a full list of what's on see [www.cumbriawildlifetrust.org.uk/events](http://www.cumbriawildlifetrust.org.uk/events)

# PILGRIMAGE

## To the shrine of Our Lady of Walsingham

22<sup>nd</sup> - 25<sup>th</sup> April 2024

A residential visit to the Anglican Shrine of Our Lady of Walsingham, Norfolk - a place of pilgrimage for Christians for almost 1,000 years. The shrine welcomes thousands of visitors each year who come to share in shrine services, use the time for quiet reflection and personal devotion, and enjoy the excellent food and hospitality in the company of fellow pilgrims.



Twin rooms have been allocated at the shrine for us. A small number of single rooms may also be available, and there are some rooms with disabled facilities for those with mobility issues. The cost will be around £380 per person, this includes coach travel and full board at the shrine beginning with supper on Monday and ending with breakfast on Thursday. An excursion to Sandringham has been arranged for the Tuesday, and so there will be no lunch at the shrine that day as we will be elsewhere.

Pilgrims can take part in as many or as few shrine services as they wish. The programme of services during our visit will include Monday: First visit to the Holy House (on arrival); Tuesday: Sprinkling at the Holy Well (with liturgy of reconciliation and healing); Wednesday: Pilgrim Mass in the morning; and Procession and Benediction in the evening.

For more information, or to book, please contact **Mark Latimer** on **07927 020299** or **Brenda Pearce 01229 831295** or email **opendyapson@btinternet.com**

Completed booking forms may be sent to 118 Chapel Street, Dalton-in-Furness, Cumbria. LA15 8RX. Cheques should be made payable to St James' PCC.

-----

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

I would like to join the pilgrimage to Walsingham and enclose a deposit of £50 (non returnable)

Special dietary or other needs \_\_\_\_\_

☐ Single room required or, I am prepared to share a twin room with \_\_\_\_

☐ I have mobility issues and need a ground floor room.

☐ I would like to go on the trip to Sandringham.



South Lakes

**I've tried to follow the advice I've seen about energy saving, but my fuel bills are still going up. What else can I do?**

You've probably seen the advice to reduce your thermostat (not below 18°C while you are at home). But switch your heating off completely when leaving the house for a few hours. It's cheaper to reheat your home than keep your heating on low when you're out.

And you'll have been told to insulate your home. But how? Fitting draught-proofing strips to your windows and doors is a quick DIY job and can save around £45 a year. A hot water cylinder jacket is easy to fit, typically costs under £30 and can save roughly £50 a year on energy bills. And if you have an unused chimney, installing a chimney draught excluder could save you around £65 a year.

Another free tip is to keep furniture and covers away from radiators and heaters. Blocking the source of heat keeps you cold, overworks your system, and wastes money.

In addition to turning off lights and appliances you're not using, you can also make savings by using your washing machine on a 30-degree cycle instead of higher temperatures. Ditch the dryer to save even more money - dry your clothes on racks inside or outside in warmer weather to save up to £60 a year.

And have you heard of ECO? (Energy Company Obligation) This scheme obliges energy companies to support households to install energy efficiency measures such as insulation and new, more efficient heating systems. Contact your supplier.

If you're still struggling to afford your energy bills, the first step is to get in touch with your supplier. But if you are already in debt, contact South Lakes Citizens Advice without delay.

***Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:***

***Call 015394 46464      Adviceline: 0808 2787 984***

***Via our submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)***

***Help to Claim (Universal Support): 0800 144 8 444***

**A THOUGHT FOR THE MONTH by Rev. David Gregg**

**FEBRUARY 14<sup>TH</sup> : VALENTINE'S DAY/METHODIUS AND CYRIL**

Bernard Levin once told a story of an old Jew sat on a park bench in Moscow reading a Hebrew grammar. An agent of the KGB (the secret police of Communist Russia) came and sat next to him. "Vot is zat you are reading, Comrade, with the funny foreign writing?" "So," said the Jew, "I'm trying to learn Hebrew." "Vy should you bother – you'll never be allowed to go to Israel?" "Vell, yes. The chance of going to the Promised Land is very small at my time of life. But in Paradise also they speak Hebrew."

"Vot makes you think you will go to Paradise? You'll probably end up in Hell."

"Vell, *that* vill be okay. *Russian* I speak already!"

The Russian language is written using a distinctive alphabet called the Cyrillic alphabet. Cyril and his older brother Methodius were sent from their native Thessalonica to evangelize the people of Moravia in the mid-9<sup>th</sup> century and have become known as 'the Apostles to the Slavs'. They were given permission to allow the use of the liturgy and to translate and read the Scriptures in the Slavonic languages and they are particularly revered in Bulgaria, Serbia, Croatia, Moravia and Czechoslovakia.

Cyril and Methodius share their feast-day, 14<sup>th</sup> February, with St. Valentine, an almost unknown martyr from 4<sup>th</sup> century Rome. There is nothing specifically known to account for his association with choosing sweethearts and sending cards to loved ones, and it seems more likely that this arises from the Christianizing of a pagan custom of marking February 14<sup>th</sup> as the day when birds began to mate!

Cyril and Methodius's linguistic work was based on their native Greek. "The Greeks had a word for it" is proverbial! When it comes to "love" it would be truer to say that they had several words for it! Their word for *erotic love*, between sweethearts, derives from Eros, the God of love. The word '*philia*' is used for the affection between friends, family members etc. and extends to abstract things like 'philosophy = love of wisdom. But the deepest and most fundamental word is '*Agape*' love, the love of which God is at the heart.

I have just been putting away our Christmas Cards, and I notice that almost all of them include the words "*love from . . .*". Only *two* (mine to my wife, and hers to me) use the word in the "erotic" sense. Most of them use it in the family and friendship sense. But a minority clearly include the '*Agape*' sense, with phrases like "With Love in Christ" or "With Love in the LORD". "Agape" love is the altruistic concern for the love of others, with a sole concern for *their* well-being, even at the expense of one's own. (It's opposite is not hatred, but selfishness!) Jesus' teaching is full of it. "Love your enemy". "Love your neighbour". "Greater love has no man than this". "A new commandment . . . to love one another". The rest of the New Testament echoes it. "The greatest of these is love" (1 Cor. 13) "God is love" (1 John 4) "God so loved the world" (John 3:16) And, fundamentally, deriving from Moses, but endorsed as the heart of Christian faith, "You shall love the LORD your God with heart and soul and mind and strength".

Like Cyril and Methodius (and presumably Valentine) our prime Christian calling is to live out "Agape" love in our own lives (towards the LORD God, towards each other and towards others) and to commend God's love to all.

### Parish Prayer Diary February

**1<sup>st</sup>:** Pray for those who recently experienced flooding of their home or business as they work through the clean-up and restoration.

**2<sup>nd</sup>:** Pray for an opportunity to talk with someone about how they are feeling, and just listen without interrupting or advising.

**3<sup>rd</sup>:** On World Cancer Day, pray people and children have access to quality health services when, where and how they need them.

**4<sup>th</sup>:** **Sunday, the first day of the week:** Pray our Creator God, who made us in His own image, may teach us to discern His hand in all His works and His likeness in all His children.

**5<sup>th</sup>:** Pray for the Mothers' Union as it campaigns nationally and internationally for

family life and the protection of children.

**6<sup>th</sup>:** Pray against the many armed conflicts across our world.

**7<sup>th</sup>:** Pray for the Benefice Staff team meeting this afternoon.

**8<sup>th</sup>:** Pray for Scripture Union's Mission Partners working with young people, sometimes in very challenging circumstances.

**9<sup>th</sup>:** North Korea is the world's most dangerous place to be a Christian; pray for our brothers and sisters in Christ responding to Jesus and following the Lord despite extreme danger and persecution.

**10<sup>th</sup>:** Pray the sanctity of Christian marriage continues to be celebrated and faithfully upheld.

**11<sup>th</sup>: Sunday, the first day of the week:** May our Holy God, who knows the disorder of our sinful lives, set straight our crooked hearts and bend our wills to love His goodness and glory revealed in Jesus our Lord.

**12<sup>th</sup>:** Pray for children during the half-term break; that they will keep safe and be refreshed by the change of routine that school holidays bring.

**13<sup>th</sup>:** Pray for all working long hours for the welfare and benefit of our society, remembering especially NHS staff, Police, Social Care, Fire and Rescue services.

**14<sup>th</sup>: Ash Wednesday:** As we move into the period of Lent prayerfully consider how you personally can use the next six weeks to deepen your relationship with Jesus.

**15<sup>th</sup>:** Pray for Head Teachers and their Staff during the school half-term break.

**16<sup>th</sup>:** Pray for Bible reading notes contributors.

**17<sup>th</sup>:** Pray for those working in science and research industries.

**18<sup>th</sup>: Sunday, the first day of the week:** Pray our Almighty God, whose Son Jesus fasted in the wilderness and was tempted, as we are, yet without sin: may give us grace to discipline ourselves in obedience to His Spirit; and, as He knows our weakness, so may we know His power to save through Jesus.

**19<sup>th</sup>:** Pray for our Youth & Community Worker, Chris Clark, as he prepares activities.

**20<sup>th</sup>:** Pray today's World Day of Social Justice will impact on reducing hunger and poverty and promote social and political freedom at home and abroad.

**21<sup>st</sup>:** Pray for our local Parent & Toddler groups.

**22<sup>nd</sup>:** Pray for those struggling financially, and for the charities providing practical advice such as Step Change, Citizens Advice, Christians Against Poverty.

**23<sup>rd</sup>:** Pray for relief agencies across the world, and their workers who often put their lives on the line to help the victims of conflict.

**24<sup>th</sup>:** Pray for those unable to attend church because of infirmity; that they may daily know the inner peace and comfort of Jesus and remember that, as they pray, they are members still of the Christian praying community.

**25<sup>th</sup>: Sunday, the first day of the week:** By the prayer and discipline of Lent, may we enter into the mystery of Christ's sufferings, and by following the way of Jesus, come to share His glory.

**26<sup>th</sup>:** Pray for the Cumbria Community Foundation, providing means that make a difference to the most disadvantaged in our communities.

**27<sup>th</sup>:** Pray for members and leaders of our local Young Farmers Clubs.

**28<sup>th</sup>:** Pray for the Governors of our local schools.

**29<sup>th</sup>:** Pray for the local organisations working to improve our environment for the benefit of wildlife.



## **Tools for Africa**

**Is it time for a shed clear out?**

**Windermere Tools for Self Reliance** would appreciate donations of chisels, planes, hammers, vices, saws, spanners, wrenches, files, drills, screwdrivers, power tools and sewing machines etc.

Our local group provides reconditioned tools for community projects in Ghana, Malawi, Sierra Leone, Tanzania, Uganda and Zambia. Your unwanted tools can enable families to support themselves and provide education for their children.

If you can help please contact **John Mullen** on **015394 45456**

More information about Tools for Self Reliance can be found at **[www.tfsr.org](http://www.tfsr.org)**

### **Readings for February 2024**

**4<sup>th</sup>** Proverbs 8.1, 22-31

John 1.1 - 14

**11<sup>th</sup>** 2 Kings 2.1 - 12

Mark 9.2 - 9

**14<sup>th</sup>** Isaiah 58.1 - 12

John 8.1 - 11

**18<sup>th</sup>** Genesis 9.8 - 17

Mark 1.9 - 15

**25<sup>th</sup>** Genesis 17.1 - 7, 15 - 16

Mark 8.31 - 38



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**E-mail: [jcarroll@brownandmurray.co.uk](mailto:jcarroll@brownandmurray.co.uk)**

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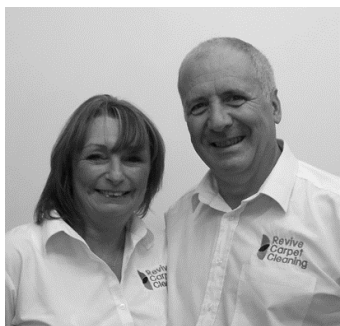
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## Regular events

|                                          |                                                                                                        |                             |
|------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------|
| Monday                                   | Knitting and Stitching, 7pm                                                                            | Greenodd Village Hall       |
| Monday                                   | Short Mat Indoor Bowling, 7 - 9pm,<br>no experience needed                                             | Greenodd Village Hall       |
| 2 <sup>nd</sup> & 4 <sup>th</sup> Friday | Tottle-Art: Art Group 10.30am - 12.30                                                                  | Tottlebank Baptist Church   |
| Tuesday                                  | Coffee and Chat, 9.45 - 10.45am                                                                        | Greenodd Village Hall       |
| Tuesday                                  | Coniston CAMEO 2 - 4pm                                                                                 | Coniston Institute          |
| Tuesday                                  | Youth Club age 11 & over 7 - 9pm                                                                       | Coniston S & S Centre       |
| Wednesday                                | Parent and Toddler Group<br>9.30 - 11.30am (term time only)                                            | Coniston S & S Centre       |
| Wednesday                                | Beginners Pilates, 4.30pm                                                                              | Greenodd Village Hall       |
| Wednesday                                | Lowick Parent & Toddler Group<br>9.30 - 11.30am (term time only) £1.50                                 | Lowick Community Hall       |
| Wednesday                                | Community Lunch, 1pm sharp, £7.50                                                                      | Farmers Arms, Lowick        |
| Thursday                                 | "Young at Heart" exercise and lunch,<br>11am £5 (term time only) or just come<br>for lunch at 12 noon. | Coniston S&S Centre         |
| Thursday                                 | Volunteer Day 9.30 - 3.30pm                                                                            | Brantwood Gardens           |
| Thursday                                 | Netball Skills 6.30 - 7.30pm                                                                           | Coniston S & S Centre       |
| Friday                                   | Indoor Bowling, 2 - 4pm                                                                                | Coniston Institute          |
| 2 <sup>nd</sup> Tuesday                  | Egton WI, 7.30pm                                                                                       | Greenodd Village Hall       |
| 2 <sup>nd</sup> Tuesday                  | Ulverston Repair Café 6.30-8.30pm                                                                      | Croftlands Community Centre |
| 3 <sup>rd</sup> Tuesday                  | Coniston WI, 7.30pm,                                                                                   | Coniston Institute          |
| 1 <sup>st</sup> Wednesday                | Dominoes and Lunch, 12.30pm                                                                            | Coniston Institute          |
| 1 <sup>st</sup> Wednesday                | Charity Quiz, 8pm, £3 per person                                                                       | Coniston S & S Centre       |
| 2 <sup>nd</sup> Wednesday                | Bouth WI, 7.30pm                                                                                       | Bouth Village Hall          |
| 1 <sup>st</sup> Wednesday                | Prayer Hour - 10 - 11am                                                                                | St Mary's, Penny Bridge     |
| 3 <sup>rd</sup> Wednesday                | Coffee Morning 10.30am - 12.30pm                                                                       | Bouth Village Hall          |



## What's On Guide - February

|                  |                                               |                                              |
|------------------|-----------------------------------------------|----------------------------------------------|
| 1 <sup>st</sup>  | Film: The Chosen, 2pm                         | Greenodd Village Hall                        |
| 1 <sup>st</sup>  | Live music: Chris Butler, 7.30pm              | Farmers Arms, Lowick                         |
| 2 <sup>nd</sup>  | Quiz, 7pm                                     | Water Yeat Village Hall                      |
| 6 <sup>th</sup>  | OPCC Film: The Quiet Girl, 7.30pm             | Carthouse Cinema                             |
| 6 <sup>th</sup>  | Coniston WI walk, 1pm                         | Coniston Bus Stop                            |
| 7 <sup>th</sup>  | Lunch & Dominoes, 12.30pm                     | Coniston Institute                           |
| 7 <sup>th</sup>  | Charity Quiz, 8pm                             | Coniston S & S Centre                        |
| 11 <sup>th</sup> | Woodland Management Work Party see p15        | Rusland Horizons                             |
| 15 <sup>th</sup> | ENMO history project - researchers meet 6pm   | Farmers Arms, Lowick                         |
| 16 <sup>th</sup> | Karaoke, 7.30pm                               | Coniston S & S Centre                        |
| 17 <sup>th</sup> | OPCC Film: Pretty Red Dress, 7.30pm           | Carthouse Cinema                             |
| 17 <sup>th</sup> | Piano Concert: Paul Turner, 7pm               | Brantwood                                    |
| 19 <sup>th</sup> | Community Lunch 12.30pm                       | Coniston Institute                           |
| 20 <sup>th</sup> | Coniston WI: Line Dancing 7.30pm              | Coniston Institute                           |
| 21 <sup>st</sup> | Coffee Morning, 10.30 -12.30pm                | Bouth Village Hall                           |
| 22 <sup>nd</sup> | Coastal Stargazing, see p15                   | Walney Island - Cumbria Wildlife Trust event |
| 24 <sup>th</sup> | Concert: Anna-Mili, 8pm                       | Water Yeat Village Hall                      |
| 24 <sup>th</sup> | Concert: The Often Herd, 7pm for 8pm          | Coniston Institute                           |
| 25 <sup>th</sup> | Woodland Management Work Party see p15        | Rusland Horizons                             |
| 26 <sup>th</sup> | Colton Parish Council, 7pm                    | Oxen Park Reading Room                       |
| 29 <sup>th</sup> | Live Music - Little Arrow String Band, 7.30pm | Farmers Arms, Lowick                         |

# THE OFTEN HERD

*"I'm not sure it gets much better, either in terms of music from the North-East or in terms of bluegrass, than The Often Herd" - Mark Walsh, BBC RADIO CAMBRIDGESHIRE*

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**DOORS 7:00PM - MUSIC 8:00PM**  
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Locally born, Anna-Mili, a professional musician, dancer and actor, performs for us 'A Musical Journey through the Ages', a journey down memory lane combined with modern numbers of different genres. An evening not to be missed.

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*Doors open 7.30pm Café/table seating*

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