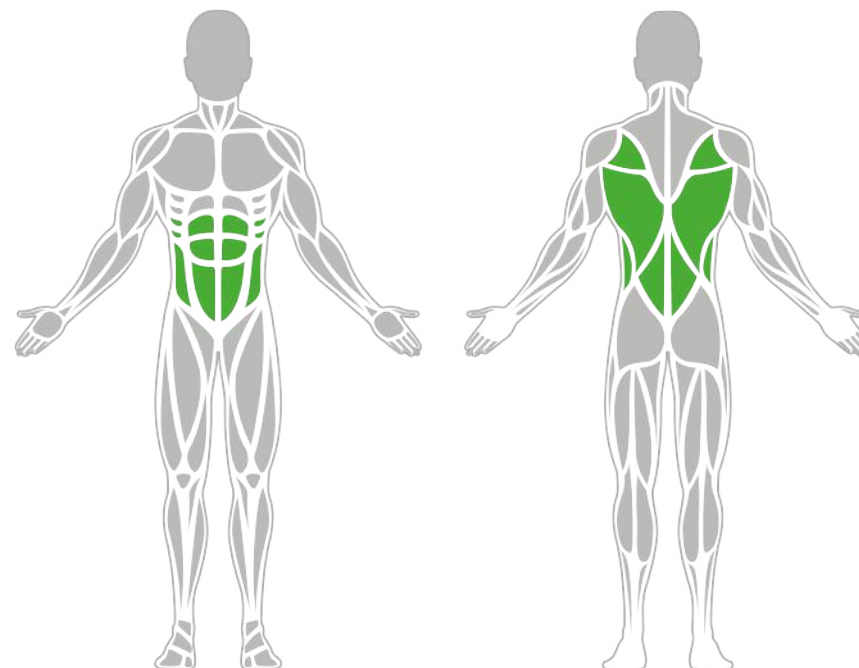




beststrongworld beststrongworld usa.beststrong.com usa@beststrong.com



Muscle Groups Focus



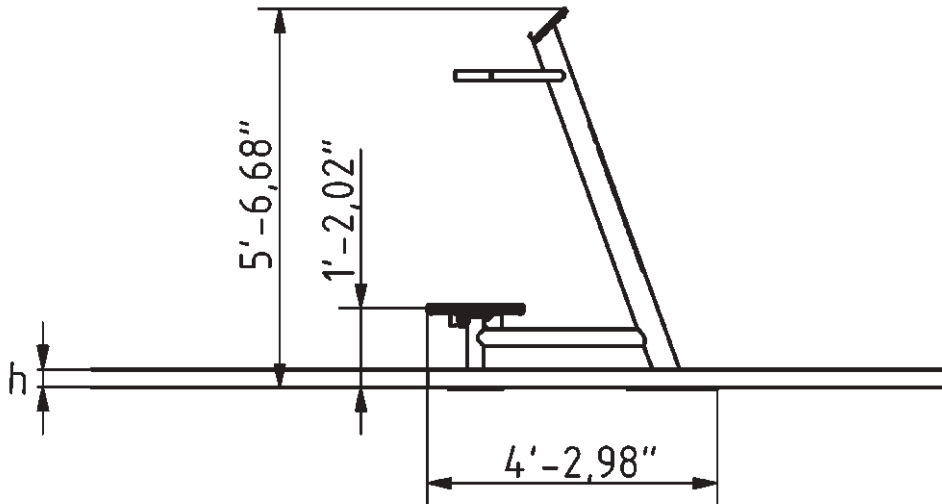
Twister

The Twister is a dedicated outdoor recreational device designed to target and tone the muscles around the hips. By offering a smooth rotating mechanism, users can effortlessly twist their hips, promoting flexibility, enhancing oblique strength, and improving overall core stability. Its intuitive design ensures users of all levels can capitalize on a dynamic hip-twisting experience, making it a versatile addition to any outdoor fitness setting.

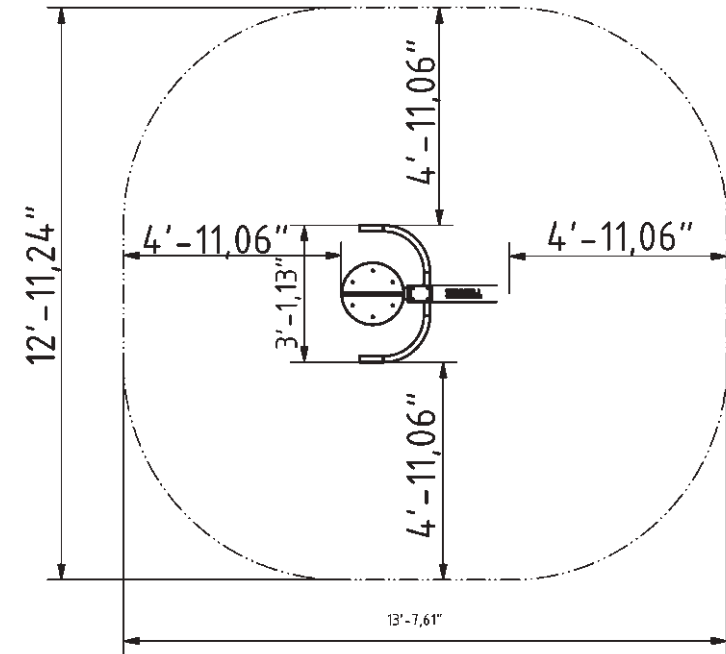
Attributes

Product code	1-1-317
Certificate	EN 16630, ASTM F3101
Age group	14 + years
Capacity	1 person
Max. weight load	286.60 lbs
Type	Recreational
Difficulty level	Easy

Side View



Plan View



Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	60-120 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	15-25 min.
Excavation volume	23.73 ft ³
Concrete volume	23.73 ft ³
Size of the base structure	27.55 x 47.24 x 31.5"
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

Technical specification

Safety surface area
Net weight
Material
Critic fall height
Color options

For more color options, discuss with your sales representative.

Around 4.92 ft radius
Net weight
131 lbs
S235
1'-3.74"



Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

25 years
15 years
2 years
5-10 years
1-3 years
2 years

Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



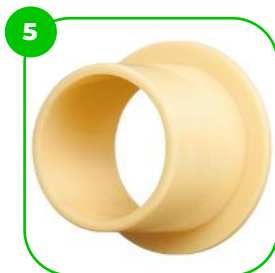
The footrests are made of premium quality non-slip HDPE with a high wear resistance.



The device is equipped with an ergonomic non-slip HDPE phone holder for convenience.



At the end of the arms, the handle is rubber-coated for a more comfortable and secure grip.



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.

BESTRONG

bestrongworld bestrongworld usa.bestrong.com usa@bestrong.com



Sport and fitness products are compliant with the EN16630 and ASTM F3101 Standards.