



GGCN Magazines Featured Grandmothers Dec2024-July 2025

globalgrandmotherscouncil.org



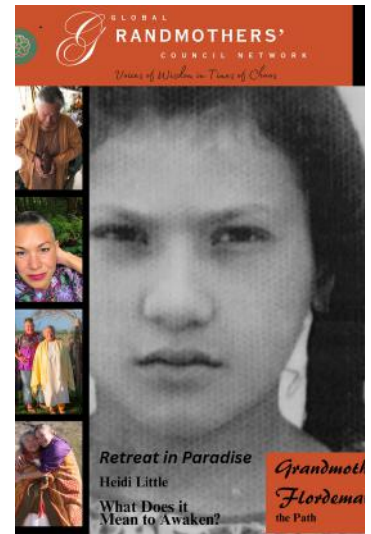
Suzanne Lewis
The Time Has Come to
Gather the Grandmothers



Sharon Riegie Maynard
Sleeping Women Wake!



Mayana Kingery
(Mama Tink)
Personal Guidance System
Blue Lotus Chakra Bloom



Grandmother Flordemayo
The Path



Kelley Springer
Weaving Ancestral
Threads: Healing the Past
to Awaken Our Future
for Peace



Michele Margaret Telfer
Healing from the Inside
Out: The Sacred Work of
Emotional Debridement



Susan Meeker-Lowry
Love, God, Prayer,
Gratitude



Gayle Crosman
Icelandic Ceremonial Tour



Editors' Thoughts

Kalina Bains

Continue The Journey

Be part of the GGCN Grandmothers community.

Share your stories, connect with others, and find inspiration in the wisdom and experiences of women like you.

- Femvertise with GGCN
- Register to our Directory
- Submit an Article
- Volunteer

Email your articles to
submissions@globalgrandmotherscouncil.org

Mail your submissions to:
4334 Salem Hwy, Stuart, VA 24171

We're all about spreading knowledge and wisdom, and we genuinely appreciate and thank our featured partners for their amazing articles.

Just a quick note though: all the information on the GGCN online magazine is based on the authors' experiences, so it's meant for reference only. It's not a substitute for professional services. While we make every effort to present accurate and current information, we can't guarantee its completeness or adequacy.

Hope you enjoy exploring the content as much as I do!

Beautiful Grandmothers,

For eight months, we've had the joy of walking alongside some of the amazing grandmothers.

You'll find every one of their featured articles gathered here.

This issue is our collective hug, our thank-you, in honour of them.

Each grandmother we've featured has been an inspiration to each of us. Her presence has echoed through these pages.

This special celebration isn't just about looking back. It's about circling up, with gratitude in our hearts, and dreaming forward. Let's continue to empower, listen, and lift each other as we rise. Together we weave the future, one story, one heartbeat at a time.

With love, light

Kalina Bains
Editor of GGCN Magazine



Our Vision

We envision a world where the sacredness of all life is honored, not only in word, but in the daily actions of individuals. A world where generations are woven together in love, wisdom, and mutual respect.



Our Mission

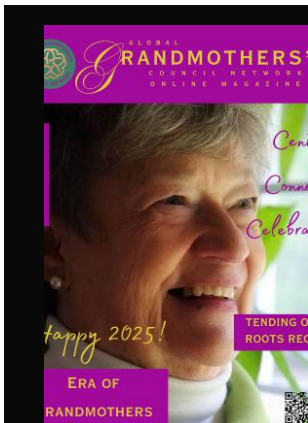
- To nurture deep care, reverence, and wisdom through meaningful gatherings, creative expression, community initiatives, publications, and online spaces that honor the sacred nature of life.
- To foster inclusive and just communities, social, economic, political, educational, environmental, cultural, and spiritual, that uphold the health, dignity, and well-being of all beings across all realms.
- To preserve, protect, and share the wisdom of our Elders and Grandmothers, offering their guidance to a world urgently in need of rooted, compassionate leadership.

Bringing it to life

The Global Grandmother's Council Network (GGCN) began as a vibrant and thriving Facebook community, inspired by Brooke Medicine Eagle and founded in 2019 by Suzanne Lewis and Sharon Reigie Maynard. It has seen exponential growth, expanding from 1,600 members in 2024 to 55,000 and growing. It has been granted 501c3 non-profit status in the US under the Peace Production* umbrella.



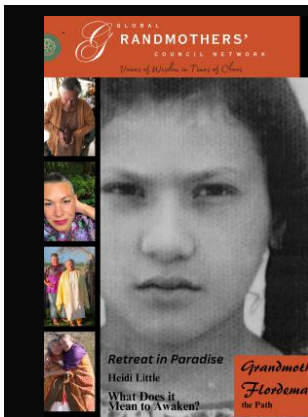
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Grandmother to Grandmother Free Offerings For YOU

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- 1.10 FREE Pull a card from my Gayle Crosmaz message cards.
2. Register for FREE 24 HR. ACCESS July 27/28 The Peace Wheel Practice from Grandmother Suzanne Lewis
3. YOUR Journey into Embodiment FREE Meditations from Grandmother Mayana Kingery
4. FREE subscription to our Global Grandmothers' Council Network Magazine

GLOBAL

GRANDMOTHER

COUNCIL NETWORK



SAFE AND

PRIVATE

GGCN MEMBER

PORTAL AND

PLATFORM

**HAPPY HOLY
DAYS OF WINTER**

**GLOBAL GRANDMOTHERS'
STAND-ALONE ACADEMY**

**GRANDMOTHER SUZANNE LEWIS
CO FOUNDER VISIONARY FOR
GLOBAL GRANDMOTHERS'
COUNCIL NETWORK**

TENDING OUR ROOTS

**HAVE YOU BEEN CALLED
TO LEAD AND DON'T YET
KNOW HOW AND WHAT
THAT MEANS FOR YOU?**

CORE COUNCIL VALUES

GLOBALGRANDMOTHERSCOUNCIL.ORG



The Time Has Come to Gather the Grandmothers



12/12 GRANDMOTHER SUZANNE LEWIS: 13TH LUNAR MONTH FOUR RIVERS EXERCISE

WATER MEDICINE - ALL HEALING BEGINS WITH
OUR WATER SYSTEM-
DIVINATION JOURNEY: DECEMBER 15, 2024 –
JANUARY 13, 2025

Sharing my all year long favorite cross cultural wisdom tool called the Thirteenth Lunar Month Four Rivers Exercise. I am called to share this time honored, cross-cultural divination practice the last full moon month in December into the first full moon in January. This “predictatory” thirteenth lunar month, a time that is open to us to work closely with our spiritual community (visible and invisible) during what is called the “Crack Between the Worlds” period.

As a review of this long time observed practice by many Indigenous Peoples and originally taught to me by Dr. Angeles Arrien, this time of the Crack between the Worlds can offer hints to what the next season of growth or life has to offer. It’s a possible preview of our next season/cycle/year of growth, if we can commit to daily review and journal the activities we experienced in the four rivers listed below. Cross culturally, all healing begins with our “waters.” The most potent time of the year, the twilight month of the year.

THE FOUR RIVERS OF LIFE ARE:

THE RIVER OF CHALLENGE WEST AUTHENTICITY

THE RIVER OF LOVE SOUTH RELATIONSHIPS

THE RIVER OF INSPIRATION NORTH INTEGRITY

THE RIVER OF MAGIC AND WONDER EAST RIGHT WILL/RIGHT ACTION

One is petitioned to stay in the placement of the witness/observer with a neutral mind and start interpreting their various river's activity-- one's emotions, one's health, one's relations with self and others. Keeping a journal, literally entering the events of our days and nights under the representative river helps keep us honest at the end of the 13th month when we review our lists.

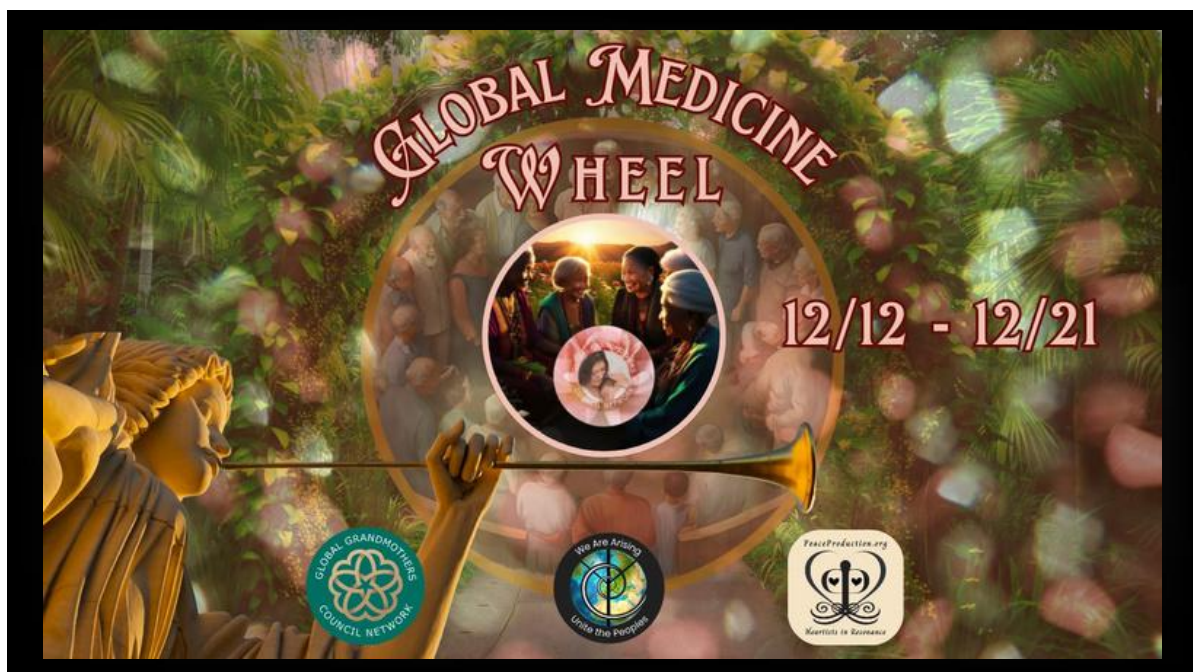
It has been said that since humankind was evicted from the Garden for consuming from the Tree of Knowledge, they were given an assignment to follow, learn, become one with each of the four rivers. Truly learning, mending, enhancing awareness...if a being truly engaged in the "learning of the rivers" in time they will be able to return to the origins of the waters, the Garden, the source.

Once in the center they will stand true, compassionate but detached. In the center one uses their life's journey through the rivers – physical, mental, emotional and spiritual to serve as a wisdom keeper, a peacemaker, a bridge, one with the Great Spirit.... The center is often referred to as the Spirit column, the great Tree of Life, and oneness with the creator and the mystery.

Attendees please bring paper and pen

As a fundraiser for Global Grandmothers' Council website: You can order Suzanne's complete 13th Lunar Month Four Rivers document including historical notes from Dr. Angeles Arrien.

For those interested in participating in the closing zoom ceremony Jan. 12, 2025, please indicate. noon....to be continued





GRANDMOTHER SUZANNE LEWIS CO-FOUNDER VISIONARY FOR GLOBAL GRANDMOTHERS' COUNCIL NETWORK

NorthEast on the Great Wheel for me is the home of the Grandmothers' Council, the wisdom keepers of the whole tribe, clan, land, it's elements and animals. Whether one traces the indigenous peoples' such as the Hopi, or the Iroquois, and others; one finds that before any chief, tribal leader can make a decision that affects its people and the earth, the Grandmother's Council was consulted.

The Grandmothers are the pattern keepers who are obligated to consider every aspect of the tribe, past and future. They are the moral compass and it is time for the Grandmothers' Councils worldwide to be respected for their courageous hearts and steeped wisdom.

“I heard the Dalai Lama stated: If Western Woman will come out from under the shadow of the great mountain, the earth will be saved.” And that the Hopi Wisdom Keepers are sharing: “When the grandmothers speak, The earth will be healed.” My revered Hopi Spiritual Messenger, Thomas Banyaca stressed: If the Elders will speak, the young will listen.”

Are we as an Earth Family on the dark night of our Collective Soul's journey? That piercing long shrill calling for attention right now. Will the response be as Dr. Estes' petitioned: “And let us pray that we remember: If mountains are made of grains of sand. We each are a grain. Together, we can become a moving mountain for good.”

I am a fifth generation Idahoan and am a Planetary Peacekeeper, Wisdom Keeper, Mother, Earth Steward, Herstorean, author of Teacher of Heart: A Self Health Journey and The PeaceWheel Practice Guidebook: Dismantling Post Traumatic Stress and Harm. I am a Community Spiritual Leader and Healer. It takes a village to tend to the health and welfare and respect for all our family.

I also call myself a Rainbow Warrior, where the elders/grandparents stand beside the young during these heightened, harmful time. When one hears RAINBOW BRIDGE it can refer to the Rainbow Prophecy found in many tribes/cultures' predictions. The RAINBOW is a blessing from the Creator. It can represent cross-cultural diversity and respect and beauty, it means generations standing beside one another. From the Hippies, with the Beatniks, with Indigo Children, with the nerds, with the geeks, with the old, with the young, with all of Mother Nature's family....

HOW YOU CAN HELP: VOLUNTEERING AND SUPPORTING GLOBAL GRANDMOTHERS CONNECTION NETWORK (GGCN)



As a member of the Global Grandmothers Connection Network (GGCN), you may be wondering how you can contribute and make an impact. We are thrilled to have such a compassionate and dedicated community, and there are many ways you can help, volunteer, and support our fellow grandmothers. Here are some ways you can get involved:

Volunteering Your Time

- Advocate for Our Cause
- Connecting with Other Grandmothers
- Engage in Community Forums
- Host Virtual Meetups
- Join Our Daily Zoom Meetings
- Lead Workshops and Classes
- Make a Donation
- Participate in Fundraising Efforts
- Share Cultural Traditions
- Sharing Your Stories and Expertise
- Sponsor a Program
- Submit Articles and Stories
- Supporting GGCN Initiatives
- Offer Mentorship
- Providing Financial Support



At the Global Grandmothers Connection Network, we believe in the power of community and the incredible impact that grandmothers can have on one another's lives. Your willingness to help, volunteer, and support our mission is deeply appreciated and makes a world of difference.

Thank you for being part of this journey. Together, we can empower and uplift grandmothers everywhere, creating a brighter, more connected world.





We Are the Living Web ✨



GGCN DIRECTORY

**is not just a directory—
it is a constellation of hearts,
a tapestry of wisdom keepers,
a field of radiant points
lighting up the Earth.**

**Across time zones, languages, and lifeways—
we gather.**

We remember.

We share.

We rise.

🌟 Add your light.



Visit: ggcndirectory.org.

Together, we are the network.



GLOBAL
GRANDMOTHERS'
COUNCIL NETWORK
ONLINE MAGAZINE

JANUARY 2025 Issue 01

*Center
Connect
Celebrate*

Happy 2025!

**TENDING OUR
ROOTS RECAP**

**ERA OF
GRANDMOTHERS**



Sharon Riegie Maynard

VISIONARY LEADER, SPIRITUAL TEACHER AND HEALER



Dedicated to empowering humanity and restoring harmony across Gaia and the Galactic realms. As founder of the TAG Galactic System of Healing and Education, Sharon collaborates with Higher Soul consciousness and advanced spiritual teams to activate healing for sovereignty in individuals and communities.

With decades of experience in Galactic History, energy restoration, and spiritual empowerment, Sharon bridges ancient wisdom with contemporary healing practices. She guides others to reconnect with their divine origins, reclaim their voice, and stand as sovereign co-creators in the unfolding transformation of Earth.

Sharon's work reflects her deep commitment to uplifting all life, grounded in integrity, compassion, and the unwavering belief that one individual can catalyze profound change.

She is a published author of *Remembering Earth Mission*, *Heeding the Cries of Your Children*, with her next book, *Listening to the Ancient Ones*, to be published in January 2025.

Her mission is to awaken the potential within each soul to restore beauty, abundance, and freedom across the cosmos.



Gathering and Teaching for Waking Women
wakingwomenmovingmountains.com

Link to Sophia initiation:
youtube.com/watch?v=atYesz7jUNs

FREE class to overview of Galactic to Gaia and Home which includes Sophia, the Divine Feminine Triad with questions and answers.
sharonriegiemaynard.com/gwelcome.html



Sharon Riegie Maynard

Sleeping Women Wake!

It was 1997. My youngest daughter, Carolyn, has just passed. Her sisters and I were refurbishing a home intended for her recovery from a devastating car accident. Instead, she had left her body. We continued with plans to upgrade a home we had named, Carolyn's Place

By the second day, all kitchen cabinet doors were spread out on the deck, sanded and freshly painted. Before Carolyn's accident, I had spent three years traveling to teach and do personal healing sessions. For the 2 years after the accident, I had been with Carolyn 24/7, discovering the energy components leading to this disaster while working to reverse her traumatic brain injury. I had learned to listen to guidance. Or, I thought I had.

That night, cabinets beautifully painted and drying on the deck, a thought came: "Move the doors inside." It was a soft thought. I looked at the sky, no clouds. July in Washington state, no chance of rain. I countered with, "It would take a lot of effort to cover floor space for all those doors. No rain. Warm weather. I'll just pass on that idea." I went to bed. In the morning, I saw why bringing in the freshly painted doors would have been the better idea.

A very strong morning dew! The water had gathered and pooled on every cabinet door. By diluting the paint, every one had to be dried and repainted.

The lesson I learned? You may not know why you had a quiet, soft suggestion unless you ignore it.

Have you been taught how unseen voices speak to you? Or taught to find the 'language' of your thoughts, your feelings, and your inner knowing?

These gifts of Female energy sensitivity have been disregarded, discounted, and labeled as an indication of non-health. Your superpowers.

Did you know that? Do you know Why?

It has everything to do with Sophia. And so, who is she?

In 2006, I first heard about Sophia. That is what I want to share with you. My spiritual quest had unfolded from questions I asked when I saw limits or pains in my clients' lives. Their answers from those asking for the cause and solution showed me how much humanity did not know. Their guidance opened my life path.

Eventually, my curiosity led to the question, "Is there an assignment, Divine purpose for the male and female bodies?" Even while asking the question, I thought it was ridiculous. I had been told the purpose was to birth children.

Sharon Riegie Maynard

Multiply and replenish... Surely, there wouldn't be another purpose for choosing a male or female body. I was totally surprised when I was told, "Indeed there is!"

The next question, "What?"

The answer came: "Those a male body suit come to nurture, support, and encourage "All Good." That was a shock. Males, the nurturers? All Good? Then I thought of the master teacher, Christ. He, in a male body suit reminding of heart-nurturing Actions.

They continued, "The soul coming into a female body comes prepared to evaluate needs for earth living, to create a design for the family or village, to set policies for the design, and to birth the village. She determines where our ship is going."

Like so many other concepts in aware communities, the culture of domination had inserted twisted truths to prevent losing control.

Then I asked another question. Sophia appeared. I didn't know Sophia or the philosophical concept of wisdom she represented. My observation of the division among women, gossip, catty actions, competition, and living small prompted a question. "Why, if females are intended to set policy and lead, is it not happening?"

With that ask, the hidden story behind the Garden of Eden myth came to light bitter and destroy life.

The Garden myth has a powerful message. It tells of domination and the crippling of the discernment and authority intended for 'Females.' The serpent in the Garden of Eden myth represents Sophia, the holder of Wisdom for women whose assignment was to 'know - taste' manifested forms.

Those from concepts of "Good" would expand and lift. In direct contrast, manifested forms of domination are bitter and destroy life.

Once a Star being in the Female body suit had tasted and acquired experiential knowledge, Sophia was to activate the next phase. It would secure connection to spiritual teams who would hear her declaration. When she declared, "There are constricting sensations from this form," the teams off planet could take action. They would evaluate and identify all energies manifesting from 'evil,' unplug them from Earth regions, and make their agendas and harmonics extinct.

Were those in Female body suits important? Absolutely! And it was not that they birthed babies. They Birthed Worlds!



Sharon Riegie Maynard

It was the teaching from the Ancient Ones that prepared me to partner with Suzanne Lewis in 2019 and create the Global Grandmothers Council Network Facebook page.

Yes, women are key, but who are stronger than Grandmothers? To do the work that needs doing, Sophia and her presence and partnership are critical.

An old Chinese proverb says, "When sleeping women wake, mountains will move."

Star beings in Female bodies have been targeted, tortured, and burned at the stake for eons of Earth time. Being asleep and playing small were ways our maternal lineage survived, hoping for a future in which Sophia would be remembered and embraced. We think we are playing on a Divine Love and Light game board. With Sophia removed, we are on a board created to diminish and control.

My invitation is, "Sit in the Sophia Initiation. Take up your Staff and Sword Declare,

*"This is my life, body, family, community, and world! I declare,
This great field of unlimited intelligence opens to Great Good and LOVE."*



**THEN, WHENEVER YOU SENSE,
FEEL, OR TASTE ENERGY
CONTRARY TO THAT, BECOME A
PRESENCE IN THE SOPHIA
COLLECTIVE. STAFF IN THE
GROUND, SWORD OF CRYSTAL
CLEAR, SECURED CONNECTIONS
INTO THE HEAVENS AND
DECLARE, "DEEP SIX THESE
ENERGY FIELDS. I DECLARE ONLY
ALL GOOD REMAINS."**

February 2025 Issue 03

Financial Report

Shedding the Past

The- Disappearing Ones

**PERSONAL
GUIDANCE
SYSTEM AND
BLUE LOTUS
CHAKRA
BLOOM**

*The Voice that Held Me Back,
and the One That Set Me Free*



Mayana Kingery, GGCN Admin

*I was born into a poor,
white, Christian
fundamentalist family*



rooted in the deeply conservative landscape of Oregon where, until the 1960s, the Ku Klux Klan had a stronghold (and still remains today). My early years were a fight for survival, navigating abuse, neglect, and the rigid constraints of religious indoctrination. My mother was a member of the John Birch Society.

In my world, faith was everything. My childhood was spent immersed in scripture studying the Bible alongside Strong's Concordance, playing Bible trivia, memorizing verses, and attending church, three times a week.

As an eager student, I couldn't help but notice the gaps, the unanswered questions no one wanted to address, remains. Who were the mysterious "sons of God" who took wives from the daughters of men, producing mighty offspring? What about the Nephilim, the giants who walked the earth? Who was Melchizedek?

And what of Wisdom described as a woman with companions named Prudence and Prophecy? Was she truly God's 'consort' (what does that mean?), and why did she love humankind so deeply?

Even the story of Cain puzzled me. If Adam and Eve's family were the first humans, who were the people in the Land of Nod, the artists, musicians, and builders of culture? These questions gnawed at me, demanding answers beyond what my church was willing to provide.

With the rise of the internet, I found a treasure trove of ancient texts on earlychristianwritings.com — the Apocrypha, the Dead Sea Scrolls, and the Nag Hammadi texts. I dug into how the New Testament was assembled, which writings were omitted, and why. I discovered the tension between those who complied with governmental authority and those who resisted, often paying with their lives.



*That was when I realized I had
to stop looking outward for truth.
If the Kingdom of God is within,
then my journey had to be inward.*



The Journey Within

My search for answers put me at odds with my upbringing, and eventually, my inner turmoil manifested physically. Doctors labeled it fibromyalgia, but I sensed something deeper. Through breathwork and meditation, I discovered that my pain carried messages—each sensation a lesson, a whisper of truth waiting to be understood. So I listened. For up to three hours a day, I tuned in, surrendering to the process of healing.

As my practice deepened, I experienced visions, encounters with angelic guides, and profound moments of knowing. I traveled through wormholes to distant planets, heard voices filled with wisdom, and saw glimpses of realities beyond this one. But amidst the awe, I had to learn discernment—how to distinguish between divine messages and deceptive influences.



My studies expanded beyond traditional religious texts. Elizabeth Clare Prophet and Saint Germain taught me alchemy. Barbara Marciniak, Barbara Hand Clow, and Barbara Marx Hubbard—“the Barbaras,” as I fondly called them—offered new perspectives that shaped my journey.

Through these experiences, I realized something crucial: I was in control of my own spiritual evolution. I learned to navigate mystical experiences while staying anchored in my body. My body is my temple, and I set a sacred rule—I would only allow energies to merge with me if I *knew* and trusted them completely. I required every guide or being to reveal their full intention before I allowed any connection. Those who sought harm were immediately rejected. Those aligned with my highest good became a part of me, and in turn, I became them.

Within the sanctuary of my heart,
I came to *know*—not just in theory, but in deep, undeniable truth—who I am, where I have been, and where I am meant to go. I am a multidimensional, eternal being, and my purpose is unfolding with every step I take.



The Journey to Be Free

In 2010, my spiritual awakening became a matter of life and death. Forces beyond my understanding—both seen and unseen—sought to take my life force for their own purposes. Those who opposed my mission knew that eliminating me would grant them immense power in the darker realms. The threat was real, and I had to act quickly.

My inner guidance became my survival tool. *Go here now. Leave this place. Move before it's too late.* The message was clear: I had to abandon everything—my 31 year marriage, my beloved spiritual community, my home where I hosted sacred ceremonies under the full moon. I obeyed.

Divine forces swept me into a new reality—a new home, new relationships, new work, and a renewed sense of being. It took two years of healing and realignment before my next chapter was revealed.

In 2012, I found myself at rock bottom, alone and uncertain. My brother's home, where I had sought refuge, became another place of danger. One fateful day, I collapsed onto the floor, overtaken by an overwhelming force. It felt as if I were being pulled into a black hole, my energy drained beyond resistance. I surrendered, believing this was the end.

And then—suddenly— I emerged on the other side.



I was no longer in darkness but standing mid-air in a radiant, white light. My very being began to transform. I saw the virus of mind control and, in that moment, became the antidote. My chakras bloomed into a blue lotus, revealing my role as a *fear extractor*. I witnessed Krishna's birth and experienced the Christing—the anointing that awakened something ancient within me.

Within 60 days, the integral part of my journey was revealed through a cosmic encounter with Andras Maros. We recognized each other instantly. Every mystical experience, every intuitive knowing, had been leading me to this moment—to him. Together, we embraced our divine mission.

This is the art of becoming. The art of awakening to the truth within. The journey into an abundant life.



Embracing the Mystic

For those who feel the call to go deeper, to challenge the narratives they've been given, and to seek the wisdom buried within—know this: the path of the mystic is not an easy one. It demands courage, surrender, and an unshakable trust in the divine unfolding of your life.

But once you step onto this path, you will never look back. The journey is not about finding something outside of yourself—it is about remembering who you have always been. And when you do...
you will be FREE



About Mayana

Mayana has birthed three incredible beings who each have been great teachers on her path. In addition to these, she wombed two children who chose to go to other mothers for embodiment (we know each other) and has another child who calls her Mom. An Oregon native, Mayana has also lived in Idaho, Texas, and now Virginia.

Mayana Kingery is an educational and nonprofit consultant with extensive experience in program development, coalition building, and organizational restructuring. She thrives on collaboration, believing that shared goals create lasting impact.



Her career spans diverse leadership roles, from managing businesses to guiding nonprofits and schools through transformation. She designed and led an after-school program for at-risk students in Washington State, helped Another Way School in Utah navigate a leadership crisis, develop policies, and launch a pandemic-era outdoor education program. Mayana's government work includes roles with the Idaho Public Employees' Retirement System, the U.S. Department of Education, and the Idaho Transportation Department, where she led award-winning safety initiatives, important research, and coalition efforts.



It was early March, 2025 at 11:30 pm when I got a FB Messenger call from Michelle Margaret Juliet in Australia. She was awakened at 3:00 am and guided by Spirit to Youtube where she saw an interview I did with Ali Bierman about the Heartist Journey Andras and I were embarking upon in April through Europe. Michelle had recently become Administrator of Global Grandmothers Council Network Facebook Group, and was working closely with our Founder Suzanne Lewis.

Michelle and I talked for 45 minutes and made arrangements to follow up. Her heart was fully supportive of our Heartist Journey and she stayed in close contact with me as we travelled to Glastonbury, England and Dobogoko, Hungary on our journey. Upon our return, she introduced me to Suzanne, whom I did not know though we have many mutual friends.

Global Grandmothers Council Network group on facebook had grown during these weeks from 1900 members to over 20,000. As a nonprofit consultant, I was invited by Suzanne and Michelle to turn this burgeoning Facebook Group into a nonprofit organization. Suzanne and I immediately felt Oneness.

“It has been the Joy of my Life to do this work with GGCN.

This is an honor to gather Grandmothers and preserve all your stories, teachings, and wisdom to share with the world during these times of Chaos.”



Conscious Evolution Guide

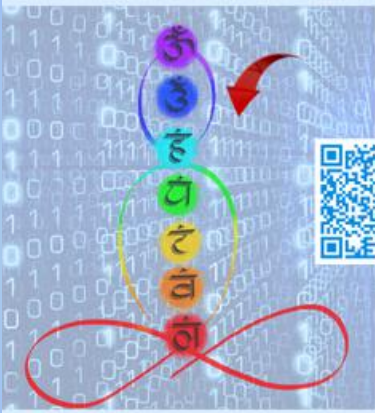
- Personal Guidance System
- Blue Lotus Chakra Bloom
- Self-Healing & Embodiment
 - physical - illness or disease
 - mental - depression or trauma
 - emotional - abuse or neglect
 - spiritual - heart and mind
 - generational - dna & genetic coding

GLOBALGRANDMOTHERSCOUNCIL.ORG
CLICK ON MARKETPLACE

PRIVATE SESSIONS
AVAILABLE IN
GRANDMOTHERS'
MARKETPLACE



HUMAN CONSCIOUS EVOLUTION
From Homo-Sapien to Homo-Spiritus

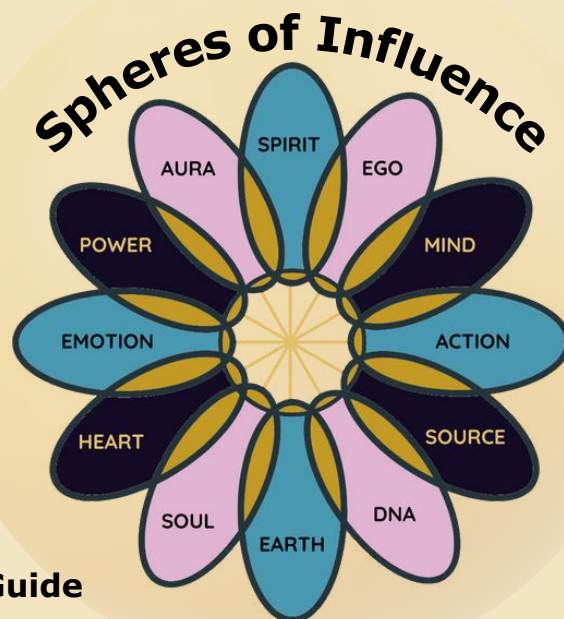


Blue Lotus Chakra Bloom
Overview Video Free in Grandmothers' Academy!
<https://courses.ggcacademy.org>



PERSONAL GUIDANCE SYSTEM

Introduction to Becoming your own Guide



"this is who I am"
our relationship with our deepest self



"my body is made of physical matter"
our relationship with our environment



"are you sure?"
our relationship with our doubts



"my truest desires lead me to growth"
our relationship with longing



"what does this mean?"
our relationship with our thoughts



"my inner guidance"
our relationship with trusting intuition



"the steps I take toward my goals"
our relationship with our progress



"how I feel about myself"
our relationship with our feelings



"we are all connected"
our relationship with where we are One



"this is how I create"
our relationship with personal power



our ancestor's contribution"
our relationship with inheritance



"my energy interacts with the world"
our relationship with everyone & everything

GGCN Academy



Scan for Course

\$11

Know Yourself ~ Guide Yourself ~ Direct Yourself
Hear Yourself ~ Feel Yourself ~ Trust Yourself



PGS for a creative life in service to your Personal Mission.

Mayana Kingery

Embodiment & Healing Arts Practitioner

Peace Production co-founder and GGCN Administrator

Mayana's mystical journey has brought through the Personal Guidance System (PGS) and Blue Lotus Chakra Bloom, both teachings that encourage conscious evolution for individuals.

PeaceProduction.org



Heartists in Resonance



MAYANA KINGERY (MAMA TINK)



Self Transformation Journeys *with Mayana* *a Free Gift for our Readers*



Meditations - PEACE PRODUCTION

SELF HEALING . . .

Experience two processes for self-healing in one meditation. One process uses breath and the other process uses sound/octave. Each time you listen to this meditation, a new healing is experienced. Listen often to completely clear and heal your body.

BE THE BRIDGE . . .

Experience activating an electro-magnetic circuit in your body. The Bridge Circuit stabilizes your body, mind and emotions and helps you "bridge" consciousness levels during these transitional times of earth Shift. Listen regularly for the fullest benefit and full bridge support.

SUPERCONSCIOUSNESS . . .

Experience merging the conscious mind with the unconscious mind (which is programmed according to your dna, society, and culture) and allow yourself to become SuperConscious. Your two minds become one and operate in harmony. Listen often to remind yourself and fully become SuperConscious.

KUNDALINI . . .

Activate your Kundalini energy (located at the base of your spine) and draw it up through your para-sympathetic nervous system to activate your own personal power and reprogram your mind, body, emotions, or experience that needs your attention. Listen regularly for infusion of inspiration.

I AM PRESENCE . . .

Experience your Higher Self entering your body through the Chakra System, filling you and Becoming YOU. Allow your divine essence to fully embody within your mind, heart, and energy field. Listen often for lasting effects.



GLOBAL

GRANDMOTHERS'

COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Digital Magazine



Retreat in Paradise

Heidi Little

**What Does it
Mean to Awaken?**

Grandmother

Flordemayo

the Path

March 2025 Issue 03

Grandmother Flordemayo

a Curandera Espiritu, or a healer of divine spirit. As a seer, she has the ability to see other realms of color, light, and sound. In addition, she can see the effects of existing imbalances on the physical, emotional, and spiritual realms within a person's energy system. She was born in the highlands of Central America, specifically Nicaragua, and was the youngest of 15 children. Born under the Mayan astrology sign of Q'anil meaning seed, Flordemayo sees her role as cosmic germinator through teaching, community, manifestation, and development.

Founder of The Path, whose mission is to conserve and distribute seeds for future generations. The Path came to life in 2012 when Flordemayo received a vision during dialogue with the Beloved Mother. In this vision, Flordemayo finds herself sitting in a rocking chair, rocking back and forth while being lovingly guided to prepare seed bundles with prayer.

The Beloved Mother had shown a cosmic inspiration for Flordemayo to birth, The Path, an organization dedicated to the conservation and preservation of heirloom and heritage seeds.





Now, The Path, prepares seed bundles to be given to the parents of babies born today and those born in the future in the dream of honoring and protecting light beings of all forms in this new era of the Divine Feminine. In recent years, she began to explore in-depth wisdom of the seeds. As a caretaker, she prays for their well-being and survival of the seeds.

Grandmother Flordemayo, is a founding member of the

- Confederation of Indigenous Elders of the America
- Institute of Natural and Traditional Knowledge,
- Church of the Spiritual Path
- International Council of Thirteen Indigenous Grandmothers.

As a world traveler she has offered ceremonies and spoken on a wide range of topics from healing with the use of herbs to her more recent project, The Seed Temple, located in Estancia, New Mexico. Flordemayo travels the globe to share her healings, prayers, and to foster a more spiritual understanding among humanity

March 2025: Sowing Seeds of Sacred Knowledge

This year, we embark on a powerful journey to restore the Temples of Humanity, amplify Indigenous wisdom, and expand our sacred community.



The Story

The Path

In the heart of a seed lies the silent promise of life, a compact vessel of potential waiting to unfurl. Like us, each seed carries within it the stories of past generations, the wisdom of entire cultures, and the resilience to grow against all odds. This journey from seed to sprout mirrors our own human quest for growth, understanding, and connection. It is a testament to the enduring cycle of renewal and rebirth that defines both nature and humanity.

At The Path, we envision a sanctuary where the sacred tapestry of life is celebrated and preserved, a place where the four sacred elements, essential to all existence, are honored through temples dedicated to

Earth, Air, Fire, and Water.

These elements, fundamental to the world around us and within us, serve as the pillars of our shared humanity, nurturing the seeds, the animal kingdom, and all human cultures across the globe.

Central to our vision is the Seed Temple, a living library that binds us to our Ancestors and the myriad cultures that have sown the seeds of wisdom throughout time. This temple stands as a beacon of knowledge, a bridge connecting the past, present, and future, illustrating the profound connection we share with the Earth and its bounty.

The preservation of seeds goes beyond the mere act of saving physical specimens; it is an act of honoring the stories, the traditions, and the diverse expressions of life that they represent. It is an acknowledgment of our inherent wisdom and the necessity to nurture and support one another in our collective journey of growth.

Just as a seed requires the nourishment of the four sacred elements to blossom, so too do we need the nurturing embrace of our community, the wisdom of our Elders, and the guiding principles of Sacred Reciprocity to flourish. The Path is more than a place; it is a commitment to the cultivation of a world where the legacy of our Ancestors is cherished, and the future generations are empowered to thrive in harmony with all forms of life.

In this sanctuary, where the elemental and the spiritual converge, we invite all to join us in sowing the Seeds of Renewal. Together, let us cultivate a space of learning, healing, and reverence for the natural world and the interconnected web of existence that sustains us all. Here, amidst the temples honoring the sacred elements, we celebrate the infinite cycle of life, nurturing the seeds of wisdom that will grow into the forests of tomorrow.



More About The Path

The Path is a non-profit organization situated on 40 sacred acres in Estancia, New Mexico. It is home to Grandmother Flordemayo's Seed Temple and the Sacred Temples for Humanity.

These sacred spaces are places for ceremony, prayer, teachings, and healing, a refuge for those seeking spiritual clarity and connection with Mother Earth.

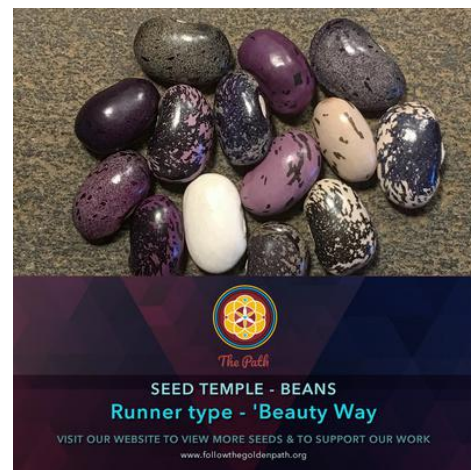
The Seed Temple is the heart of The Path, a living sanctuary for heirloom seeds, safeguarding genetic diversity and cultural heritage. Seeds from the Temple are not sold but prayerfully gifted to those committed to their care.

Each seed represents a living legacy, carrying the wisdom of our ancestors and holding the potential for a sustainable future. The Path exists to protect these seeds, teach their importance, and build resilience in our communities.



The Importance of Seed Banks for Our Future

- TO preserve crop diversity, Seed banks protect and save plant genetic diversity, which is the most crucial reason for the protection of seeds. Just as human beings and animals are adapted to different conditions for survival, so are our crops. Different types of the same species exist due to this adaptive nature. Therefore, it is of critical necessity that such diversity is preserved
- Adaptation to changes in climate. Climate change is requiring adjustments to agricultural practices and may mean geographical shifts of the areas where specific crops can be grown. A diversity of crop seed kept available in seedbanks can allow the farmers to better adapt to these changes.
- Assurance that seeds continue to be available after natural or man-made disasters. Natural disasters, war, and other calamities cause crop losses and can also destroy seed supplies. Seed banks, along with the help of professional seed growers, can help farmers recover and plant again.
- Providing seed genetic material for scientists and plant breeders. Seeds kept in modern seed banks contain a treasure trove of useful genes that plant breeders can use for developing improved varieties of our major food crops, improving resistance to current and emerging plant diseases, insects, and environmental stresses.
- Ensuring food sovereignty for future generations. Many older varieties of crops are no longer being grown due to the standardization of commercial crop seed and farming practices. Larger seed companies are buying out smaller ones, and are removing many old varieties from circulation, in favor of more profitable strains. Seed banks that preserve the older traditional varieties allow us to continue to choose the seed we can grow to produce our food, the supply.



Why do we need to preserve seeds?

“Simply put, we need to preserve the seeds, as they are a living library. These crops were developed over centuries and millennia by farmers and their stories are woven into the cultural memory of the people that have grown them. Seeds that have been adapted for the different soils and climates of an area, with all their qualities and characteristics, are the result of generations of meticulous care and dedication. If we keep these seeds alive, we are keeping our heritage alive. The lineages of these seeds have a ‘soul’ in a sense, intimate with the peoples that have planted them. In our current time, modern technology has gone beyond traditional plant breeding into artificial genetic modification, primarily for a profit and control motive, taking out the ‘soul’ of the seeds. Seed saving and preservation is our defense against this and provides a bridge for us to cross through these challenging times.”

Greg Schoen
Lead Seed Keeper at The Path

The Path's Mission:

- Conserve and distribute heritage seeds
- Educate communities about their importance
- Create spaces for healing, ceremony, and spiritual growth

Now, More Than Ever:

The Path has faced significant challenges this year, including damage caused by a supercell storm in 2023. With Grandmother Flordemayo on sabbatical to focus on her health and care for her husband, your support is more vital than ever.

followthegoldenpath.org

As we prepare to step into 2025, your contribution is essential to:

- Restore the Seed Temple and Sacred Spaces
- Support Indigenous teachings and spiritual gatherings
- Sustain ongoing operational costs to ensure The Path remains open
- "Revitalize the Sanctuary, Rekindle the Spirit"

"The Path grows when you care and share"



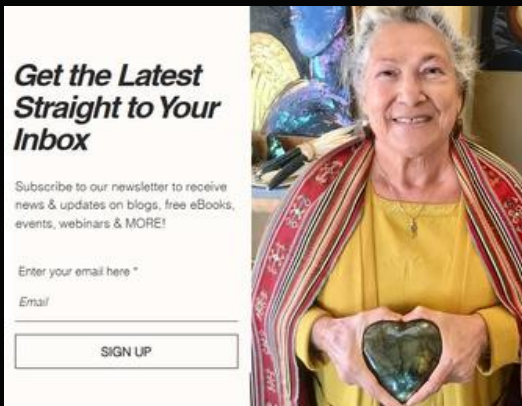
GRANDMOTHER FLORDEMAYO

Love and Light

serves as the sacred connection between Grandmother Flordemayo and The Path, the non-profit she founded. This spiritual hub is a one-stop destination for unique spiritual gifts, wellness offerings, and personal transformation.

Our offerings include monthly FREE Blogs, monthly FREE E-books, webinars and training, sacred and spiritual items, and retreats designed to inspire, uplift, and guide seekers on their journeys. Collaborating with Elders, educators, wisdom keepers, and creatives, Love and Light builds bridges of awareness and strengthens our connection with the Four Sacred Elements and the invisible realms.

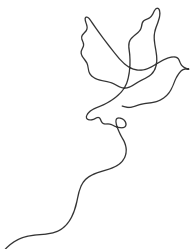
Our focus remains clear: to empower each other with a collective intention that serves the greater good of humanity. Each offering is infused with the essence of Love and Light, carrying forward Grandmother Flordemayo's vision for humanity. Like a seed, Love and Light seeks to grow and nurture connections within our network of visionaries, Elders, and planetary activists. All are welcome on this path, and we are honored that you have found your way to Love and Light.



Special Offer – Love and Light Discount Code: In honor of your generous support, we are offering a 25% discount on all purchases at Love and Light.

➡ *Use Code: HOLIDAY25 (case sensitive) at checkout. Discover beautiful spiritual gifts, webinars, training, and sacred items, perfect for gifting your loved ones at any time of the year.*

Continue Exploring



You can email us at :
info@followthegoldenpath.org

You can email Heather at:
hhalldudney@gmail.com or
Heather@followthegoldenpath.org

Please visit Grandmother Flordemayo's website:
grandmotherflordemayo.com

Please visit The Path website:
followthegoldenpath.org

Videos & Interviews



[An incredibly powerful video on The Path](#)

[Grandmother Flordemayo shares her vision of The Path](#)

[13 Grandmothers: First Gathering Part 1](#)

[Interview with Katy Koontz - Unity](#)

[Voices of the Grandmothers \[Documentary Film\]](#)

[Grandmother Flordemayo Walking the Spiritual Path](#)



GLOBAL GRANDMOTHERS' COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine

April 2025 Issue 03

Visit our Academy

Creating with Tension
A Process to Expand

AWAKENING
THE MUSE
Embracing Divinity

SPRING
CLEANING

LEARNING ABOUT ANCESTRAL THREADS
AND THE POWER OF HEALING THEM

ARTISTS | HEALERS | POETS | TRAVELERS | VISIONARIES

Grandmother Kelley Springer



My healing path began with an awakening to my Indigenous roots. I was the third of four daughters, raised in a sea of petticoats and the rhythms of Southern Baptist life in Louisiana—church three times a week, choir practice, youth group, and a strong sense of what it meant to be a “good Christian.”

But even as a child, I saw through things others didn’t. I often left church with more questions than answers, wondering: What does it mean to be good? And where is the deeper truth of God?

Our mother played piano and organ, her voice opening hearts with every solo. We were blessed to have two grandmothers, a great-grandmother, and a grandfather in our lives. My father’s mother, Hatty, used to tell us, “You are Choctaw royalty.” My parents barely responded, and the subject was quietly buried. But something in me held on.

Weaving Ancestral Threads: Healing the Past to Awaken Our Future for Peace

A Journey of Learning to Trust Your Roots





As a child, I felt my Indigenous soul so deeply I believed I would one day turn red. I cried when I realized that wouldn't happen. *How will my people recognize me in this white skin?*

Recently, an African-American student told me, “Kelley, you’re the only white woman I’ve met who was sad not to be born dark.” We laughed. And I remembered a Lakota Eagle Dancer I once met. He said, “My mother told me our people would return in white skin. I want your book.”

I blinked—*What book?*

“The one you’re going to write. About the truth,” he replied.

Now, 30 years later, I’m writing it. At age four, after a near-death experience, my Indigenous soul fully awakened. The trauma cracked me open, and my grandmother’s voice took root in my heart until it blossomed in my thirties. That’s when my ancestors came—first a woman who spoke softly, then a Cherokee medicine man who called me home.

“You are Cherokee,” he said. “We are Bird Clan. I waited five generations for someone who could hear me.”

That was the beginning of everything. “Your grandmother was right. I married a Choctaw princess. Your family forgot—but now it’s time to remember.”

From then on, every day became a classroom with my ancestors.

Learning About Ancestral Threads and the Power of Healing Them



The story I'm about to share is one thread in a vast tapestry of family stories—each holding medicine for our future.

One night, I had a vivid dream. My grandparents often visited in dreams, but this one was heavy. It took me back to colonial times, showing a once-loving father twisted by alcohol into cruelty. I saw where the wound of male rage began in our family line, and I knew these were my people.

My parents weren't drinkers. My mother was strictly sober, and though my father occasionally had a beer, it sparked her disapproval—especially on Sundays. Still, there was something deeper: a quiet pain that wanted to be seen. There was a sense of strength in the women of our family, but I came to understand that some of it was shaped by pain and a lack of trust in men. The next day, a woman recently returned from the Himalayas crossed my path. Grandfather whispered, *Go see her*. So I did.

Sitting in the waiting room, he came again:

Granddaughter, today you'll learn about Ancestral Thread Healing.

When I entered, I turned to her and said, "We're going to be working with my ancestors today."

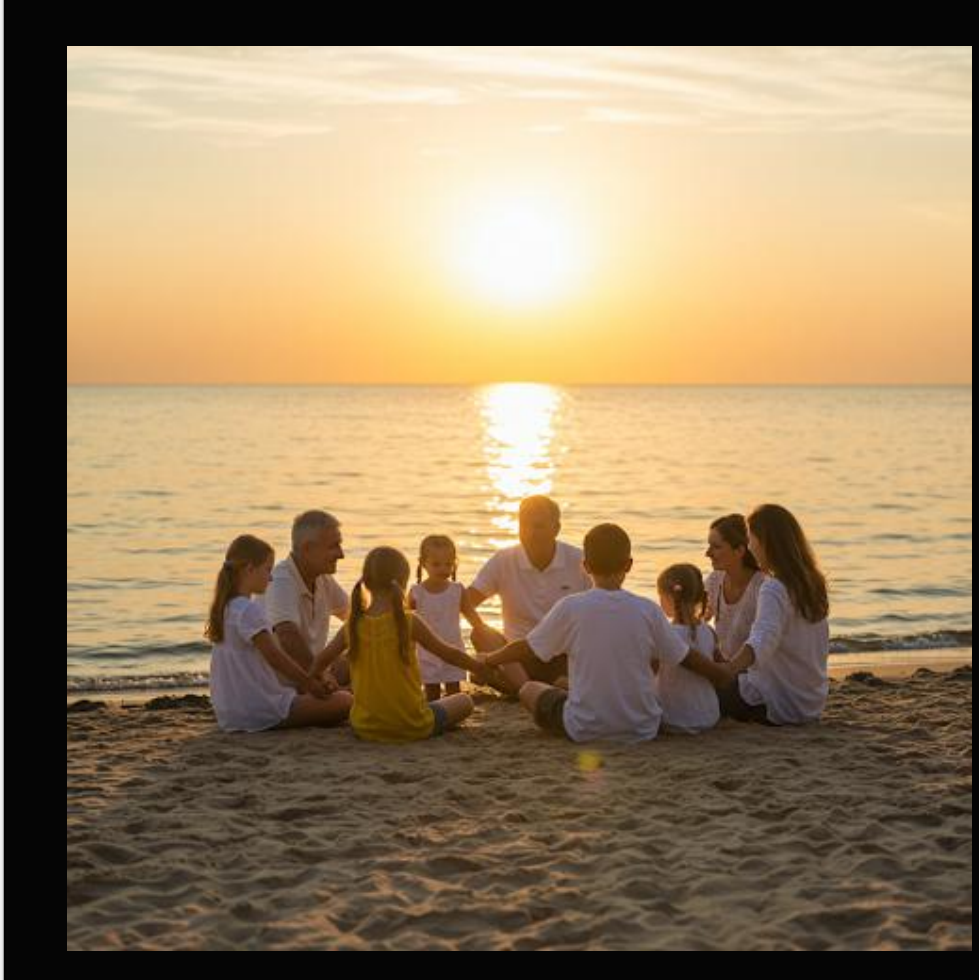
She smiled gently. "I know." From the moment we began, my Temple of Light formed around us. She witnessed me with soul-level presence, this was instant confirmation. The ancestors came, seven generations back, and seven forward, as angels spoke softly to me of the code of healing bloodline threads. They explained what a generation was and how it went beyond one person. First those behind me came in, then those yet to come, including the unborn. The baby souls arrived like tiny spheres of light. We gasped. "Awe," we whispered. And we smiled.

The women gathered in the center. The men formed a circle around them. Angels and guides arrived, casting light through everyone present. The light moved through our lineages, lifting old hatred and replacing it with peace, forgiveness, and grace. A deep calm settled in my heart, for the first time in this life.

But trust wasn't easy for me. Childhood trauma had left its mark. I walked away wondering: *Was it real? Did my family really receive this healing?* The next day, I called my sisters. All of us, including our mother, had come down with lower-body infections. It felt connected. I meditated and asked Spirit: *"Do people usually have physical reactions to ancestral healing?"* Spirit replied, *"No"*

Then I was guided to call my Auntie, she had been fasting for three days preparing for something when I called. We shared stories and the pieces fell into place. She did a new form of healing for our family and we were all well the next day. Then what was this all about?

Spirit said, Your aunt needed practice and you needed proof that it was real.



I laughed. Of course. That was true. Then my mother, who had always felt a little distant, sent me a letter: *"Kelley, I feel like God wants me to tell you this. That healing you did on the family, I felt it. It changed me. I don't think I'll ever be the same, in the best way. I'm grateful for this. We are better because of it. This felt powerful. I wanted you to know"*.

At that moment, I could feel Grandmother and Grandfather smiling behind me. They had been so patient. My gratitude is eternal. Now, as an elder, I hope to share their teachings far and wide.



Becoming an Ancestral Thread Healer

My ancestors taught me: *Once you know, you're responsible.* Knowledge becomes wisdom through practice.

As my path deepened, they revealed the *Cosmology of Wholeness*, what it means to be fully human. Integrating Ancestral Thread Healing became foundational. By clearing inherited patterns *before* deep inner child work, my clients began to reach entirely new levels of healing.

Patterns became maps. I could see where wounds lived in the body, understand them across time, and guide people more skillfully. I was taught three levels of Ancestral Healing, and over time, my gifts expanded.

With the voices of my native elders ringing in my ears,

We need to heal seven generations

I worked for 14 years with the “seven and seven,” a medicine code given to me in that first ceremony. As my light grew, so did my capacity to hold more generations within the Temple of Light. The Divine Mother became a profound teacher, awakening the feminine aspect of Source within me. She told me:

This work is healing the origin of separation.

A Mother of Souls, she showed me how each healing ripples across billions of generations.



Layer by layer, the work expanded into Elemental and Celestial Dragon fields, the Akashic and quantum realms, and New Earth teachings. The healing deepened for all of us.

Though my work remained mostly outside the mainstream, it was felt. Medicine people I'd never met began to send others my way. They knew. The Temple of Light became a chamber of self-healing, built around each soul who found their way to this inner path of healing. I teach through empowerment and grounded practices. To be whole is to land fully in your foundation, to meet your inner council, your archetypes, and walk the path of heart-based return.



We are all here, alive during Mother Earth's ascension. This is not for the faint of heart. It requires courage. It calls us to transcend our woundedness as a collective humanity.

I invite you: include your ancestors in your healing.

May you know greater peace by doing so. *Reach back seven generations, and forward seven more, in your prayers and intentions.*

With love and light,
Kelley – Butterfly Woman
Inner Mastery Teacher

P.S. The deeper story is coming soon in my book, where I'll share more Ancestral Thread Healing stories from the path. I can't wait to offer it to the world.





Kelley, Butterfly Woman, founder of *Love Wisdom Power, Paths to Wholeness*, is an initiated elder with over 32 years of healing practice, a Water Mother, Wise Woman, Ceremonial Leader, Clan Mother, and Holder of the Wheel of Sevens.

She is a guide for souls seeking to find their way home. She offers one-on-one healing work called *The Song of Returning*, an inner journey to wholeness and embodiment. Her signature course, *The Temple of Light Dragon Journey*, is a seven-week ascension program she considers the most powerful she has taught in lifetimes. Kelley also serves as a board member and Events Leader for the Global Grandmothers Council Network.

Her living mantra is **“I Am Unity”**—a call to weave us together in remembrance and care as we step into the Nexus of New Earth. May we together create the harmony and peaceful world we dream and know is possible.

lovewisdompower.com

KELLEY SPRINGER



GLOBAL GRANDMOTHERS' COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine

MAY 2025 Issue 05



Healing from the
Inside Out:
The Sacred Work of
Emotional Debridement

**I THINK I
SAW A
DRAGON**

A Sacred Whimsy Journey
into the Elemental Realms

ARTISTS | HEALERS | POETS | TRAVELLERS | VISIONARIES

Healing from the Inside Out: The Sacred Work of Emotional Debridement

By Michele Margaret Telfer

There's a term used in wound care: debridement. It refers to the careful removal of damaged tissue so that a wound can heal cleanly, from the inside out. It's the opposite of letting the surface seal over too soon. When we rush the closure, we risk trapping infection beneath the skin, leaving thick, raised scars and often a hidden ache that lingers. But when the wound is carefully opened, cleaned, and supported from its deepest layer, healing can occur in the most natural and seamless way.

As a child, I didn't understand this. I remember the impatience, picking at scabs, hoping to reveal new skin before it was ready. I didn't know that a wound's method of healing mattered. It could affect how I felt in that area for years to come. But the body holds wisdom.

And so does the heart.

Because this, I've come to realize, is exactly how our emotional and spiritual healing works too.

We live in a culture that worships strength, speed, and surface appearances. We are told to get over it, move on, stay positive, keep smiling. And so we soldier on, wearing our pain like invisible armor. But beneath the polished surface, many of us are still wounded. Still raw. Still carrying the silent ache of things that were never given the time or space to heal properly.



The emotional equivalent of a scab is the brave face we put on. The daily functioning. The story we tell ourselves that “It wasn’t that bad” or “Everyone has something.” But deep down the wound is still alive. Still unresolved. And over time, it becomes part of the lens through which we see the world. It shapes our relationships, our sense of self, even our capacity to love.



*True healing asks something different.
It asks for presence. Patience.
Courage.*

When I finally turned inward and allowed myself to revisit a long-buried wound, one I had sealed off in order to survive. I had to go gently, but I had to go deep. It was not a tidy process. There were tears. There was rage. There was grief I didn’t know I still carried. But as I worked through the layers, something miraculous began to happen: I began to feel lightness where there had been heaviness. I began to feel clear where I had been confused. I began to feel whole.

**This is what I now call emotional debridement:
the sacred, courageous act of returning to the root
of our pain, not to relive it, but to truly release it.**

To let the wound breathe.

To cleanse it with love.

**To allow healing to rise naturally from the inside,
where it matters most.**



And it matters profoundly when we speak of the mother wound, a primal wound, often unspoken, that lives in so many of us. It may stem from absence, neglect, abandonment, over-control, unmet needs, or generations of silence and sacrifice. It is rarely one person's fault. It is a wound passed through lineages, shaped by societal constraints, histories of colonization, patriarchy, and the enforced disconnection of women from their own wisdom.

*Healing the mother wound is not about blame.
It is about liberation.*

It is about stepping outside of the original pain and choosing not to carry it forward.

It is about facing the places in us that ache, not to shame ourselves—or our mothers—but to break the cycle. To create a new foundation of care, sovereignty, and truth.



And here's the miracle: when we do this work, we don't just heal ourselves—we create ripples. We heal forward into our children and grandchildren. We heal backward through our ancestors, whose grief may have never found words.

We become the turning point in the story.

This is the invitation for us now, as women, as elders, as nurturers, as leaders. To tend our emotional wounds with the same sacred respect a healer gives to the skin. To take the time. To sit with the pain. To unlearn the habit of rushing past it.

Let us normalize the slow, sacred work of real healing. Let us debride our wounds gently, with truth and tenderness. Let us make it safe again to feel.

And let us remember that healing is not about perfection. It is about integration. About coming home to ourselves, scarred perhaps, but sovereign.

Tender, but true.

*Let us be the ones who heal
from the inside out.*



TENDING THE MOTHER WOUND

**Livestream
Facebook & Youtube**

**Special Guests
Experiential Wisdom**

**Michele
Margaret Juliet
GGCN
Global Outreach**



**Mayana Kingery
GGCN
Administrator**



Saturday, 5/17 @ 7:00 pm EDT/USA ~ Monday, 5/18 @ 9:00 am AEST/Australia

The Time Is Now: A Grandmother's Call to Reclaim Wisdom, Love, and the Future

MARGÔT CORNAGA
1924-1997



By Michele— Outreach Ambassador, Global Grandmothers Council Network

We are living in a time of great social evolution to-revolution. A time when the voices of guidance are needed —The wisdom distilled in a grandmothers heart is distilled in wisdom these voices, not just needed, are a reflection of all that is... at a time when all that was needs to be returned.

We, the Grand Mothers are remembering who we are, reclaiming our instinctual wisdom, and rising into global leadership rooted in wisdom, insight, experience, love, energy, truth, and a fierce devotion to life, wellbeing and a future here on our beautiful planet Earth.

My own journey has been long and textured. I've lived across continents, raised three extraordinary daughters through messy, unstructured years of motherhood, battled with addiction, failed at three marriages, and endured the raw cost of living out of alignment with myself. And yet, even in my lowest moments, the pulse of love remained steady. It was always there. It saved me. And it continues to lead me.

The pandemic years became a crucible of awakening. I turned inward—and backward—to research my roots. Through [familysearch.org](https://www.familysearch.org), I discovered the vast lineage of my Tongan and Irish ancestry, stretching back centuries. I reconnected with family, in Tonga I stood on the shores of Vava'u where my grandmother was born, and felt the sacredness of home pulsing through the island. I also reawakened the Irish lines of my great-grandfather and uncovered stories long buried—stories of resilience, brilliance, and devotion, and endurance. "Grab the world by the throat and shake it."

That was the moment I knew.
I couldn't keep quiet anymore.

Dreams became messengers. I received a call from a dear family friend Charles Collins, from his home in St Juste Cornwall. My Father appeared to him in a dream with a message for me. It was that I was to embrace change until I resonated with my happiness.

This was an extraordinary request, but one I was very grateful for. The opportunity was obviously a gift I wasn't expecting, but was so grateful to receive...

I started to change my life, and the advice and dreams keep coming from various courses of my family.

My late mother appeared in them, as did my grandmothers, offering guidance, clarity, and sometimes, fierce instruction. Many messages rang clear, in particular from my Grandmother, "Grab the world by the throat and shake it."

That was the moment I knew. I couldn't keep quiet anymore.

I had always been seeking meaning, truth, and reason at heart. In my youth, I led discussion groups at school, questioned the system, and rejected conformity. I saw through the facade of domination and materialism. Now, the rebellion had matured—it had become a return. A return to essence. A remembering that we, the women, must clean up ourselves first if we are to help heal the planet.

In 2023, I discovered a Facebook platform of grandmothers. I reached out and connected with Suzanne Lewis. We shared a vision: a truly global network, not just American-centered. She welcomed me warmly and asked me to become an admin. That was the first step up—and in.

I joined the Global Grandmothers Council Network Forum, and within three months, we grew from 1,000 to 34,000 members. One night, a dream woke me and instructed me to open YouTube. There, I found Mayana, glowing with insight, speaking on children, divine connection, and self-worth. Spirit confirmed: this was why I'd been led to open the page.

I reached out to Mayana, and she said yes. She joined us. She and Suzanne had known each other through previous projects, another divine reunion.

Together, we led the group through global Zoom gatherings that reached 54,000 members across 46 countries.

Eventually, I stepped back to tend to my inner world again. But the Grandmothers never left my heart. And now, I return as Outreach Ambassador, with a deepened sense of purpose and vision.

My work now is to travel on behalf of this movement, to share the Gifting Meridian Healing from the Global Wellness Academy, and co-create workshops, retreats, and gatherings that will heal, uplift, and unite. We will bring women together, in spirit, in wisdom, in action.

This movement is in our time as we welcome the new generational transformation and overthrow the past, every grandmother throwing off her shackles, grandmother, mother, daughter, sister who hears the call. To render peace, well-being, community and vision. Whether you are experienced or just awakening, whether you are weary or inspired, we welcome you.

Join us.

Bring your voice.

Bring your wounds and your wisdom.

Bring your courage and your joy.

Together, we are creating something luminous:

A new society rooted in truth, love, energy, and deep feminine wisdom.

The time is now.

And we are the ones we've been waiting for.

MMJ

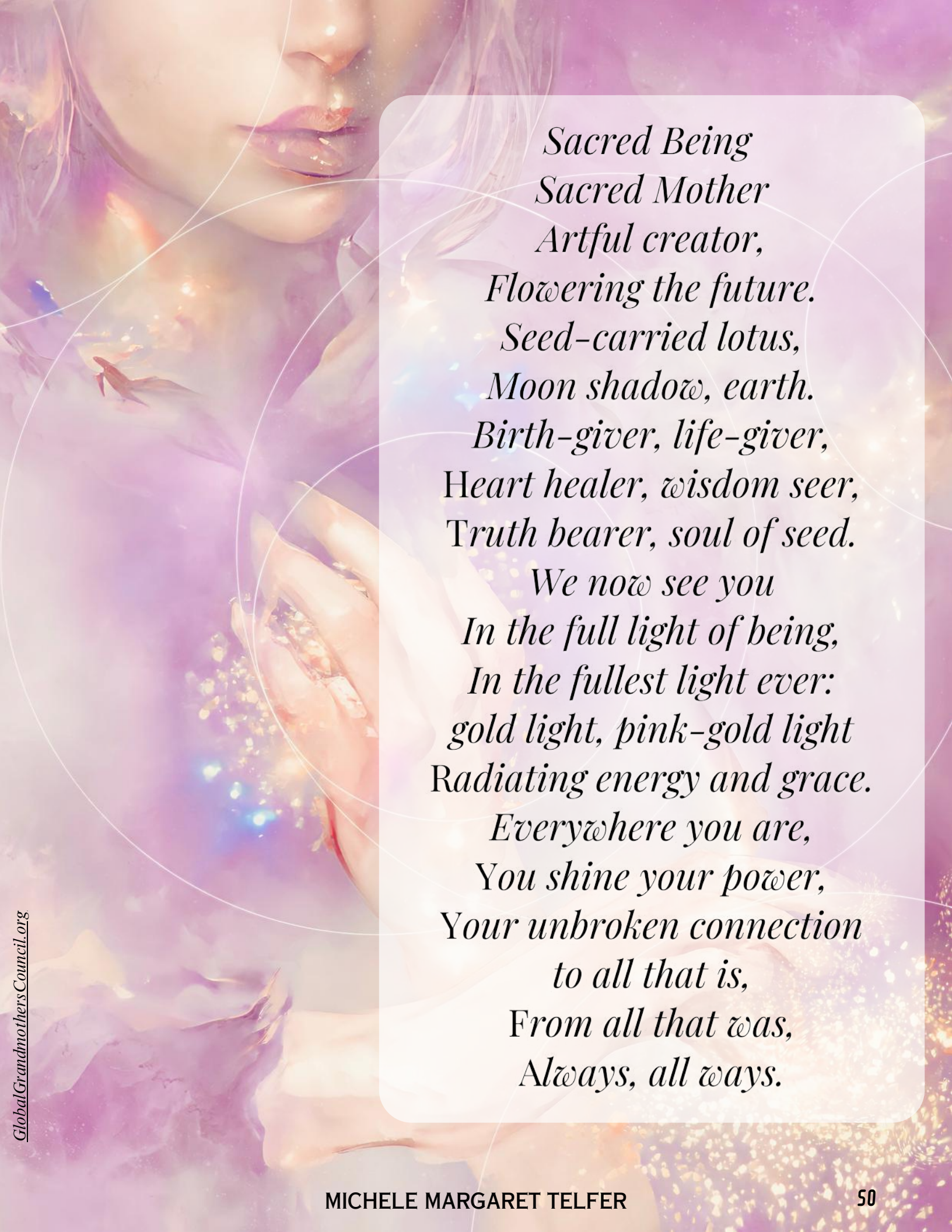
If any of you would like to connect directly with Charles, his email is below

Charles' Email ; charlesjcollins@hotmail.com

Please reach out

We are collating information on anyone with similar experiences

Thank you

A woman's face is partially visible on the left, looking down. Her hands are in the center, holding a glowing orb of light. The background is a soft, ethereal purple and pink with floating light particles and faint circular patterns.

*Sacred Being
Sacred Mother
Artful creator,
Flowering the future.
Seed-carried lotus,
Moon shadow, earth.
Birth-giver, life-giver,
Heart healer, wisdom seer,
Truth bearer, soul of seed.*

*We now see you
In the full light of being,
In the fullest light ever:
gold light, pink-gold light
Radiating energy and grace.
Everywhere you are,
You shine your power,
Your unbroken connection
to all that is,
From all that was,
Always, all ways.*

Sprigs of Wisdom

Love is the transformative
force that heals all.

When we lead with a
heart-centered focus,
we radiate energy so
powerful and swift, it
moves faster than thought

—

Creating waves of
momentum that ripple
through time and space.
This force bypasses the
filters of the mind,
touching truth directly.
The heart is our source of
power.

Love is the fuel.





GLOBAL GRANDMOTHERS' COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine

june 2025 Issue 07

JuneTeenth!

pride

THE
EARTH IS
MY/OUR
SOURCE

SPIRIT
LANGUAGE

HEARTIST IN
RESONANCE

ARTISTS | HEALERS | POETS | TRAVELERS | VISIONARIES

When I was asked to write something about myself for this magazine, I had no clue where to start. Should I begin way back in my childhood growing up in a ski town, North Conway, NH in the White Mountains, where my family ran a ski lodge?

For in truth, I would not be who I am today - a writer, activist, organizer, then gardener, herbalist, and natural perfumer (and mother/grandmother too!) if it wasn't for my rather feral childhood, and a father who spent so much time in the woods it was a family joke that he had a mistress out there!





Nanny and me

My mother was a strong, social, wise woman with a laugh that embarrassed me as a child. Today, I have her laugh! My friends would take their concerns to her, and she even instructed some of them in menstrual care because back then (early 60s) some mothers were too embarrassed to talk about such things!

Whenever I hear
Joan Baez's song,
"Honest Lullaby":
"And often have
I wondered how the
years and I survived
I had a mother
who sang to me
An honest lullaby"



Nanny, Daddy,
Jason (2 mos), me

When I was in junior high, Daddy's mother, Nanny Meeker, moved into a cottage next to our house. She left CT for NH after breaking her hip which didn't heal correctly, so she was unable to work full-time. Nanny, born in 1901, was huge in my life. Before we moved to NH, we lived in separate apartments but in the same house. After we moved to NH, whenever we visited her, she was the best playmate! Nanny, who was raised Catholic, broke with the church in favor of her own spirituality. I remember her reading Unity publications, and her Bible.

*She taught me that Love is the
most powerful healer,
and that God, rather than a stern man
in the sky
like the nuns taught, was Love.*

She was fascinated with Edgar Cayce and reincarnation and we'd spend hours talking about spirit, Love, and life after death.

*She taught me that prayer isn't
about begging but about
being grateful.*

I was very fortunate to have Nanny in my life. She gave me a firm foundation in the truth of Love, God, Prayer, Gratitude . . .



Nanny and MJ
in the pool

I was an only child for the first seven years of my life, then my sister, MaryJean, was born in 1959. In the mid-1970s, I met Peter, who would be the father of my three sons, and we moved from NH to Central Vermont, as part of the “back to the land movement”. We had chickens, turkeys, geese, and even a cow for a short period of time. Our first two boys, Jason and Ethan, were born at home. A tiny, ramshackle “cabin” that was all we could afford.

In 1981, Peter’s family purchased a farmhouse in Worcester, VT, and we moved into it while I was pregnant with Colin, our third (and last) son. That same year, my sister was in a tragic car accident, suffered a severe brain injury, and lay in a coma for eight weeks, and my mother, who had been diagnosed with gall bladder cancer, died while MaryJean was still in the coma. Colin was born the day after MaryJean went to the rehabilitation hospital. 1981 was a painful and also seminal year for me.

I learned what it feels like to trust my deep inner knowing even when (especially when!) it is counter to what the professionals say. I’m currently writing a memoir, some of which is being shared on my [Substack](http://GlobalGrandmothersCouncil.org), that tells this story as part of the journey of my life.



After Colin was born, Peter and his father, Richie Lowry started the first newsletter for Social Investors, **GOOD MONEY**, out of the house in Worcester. I was encouraged to participate and created Catalyst, a newsletter focusing on “investing in social change.” My work resonated, and I was invited to speak on panels and teach workshops on alternative economics with a focus on new models and structures offering grassroots, community-based options to the status quo.

GOOD MONEY was about avoiding, for example, corporations doing business in South Africa or with nuclear weapons or energy, while directing investment money towards publicly traded companies that were “better”. That was not enough for me!

Right from the beginning, I integrated Earth with economics, and I was the first person to do so in a public way. I was also the first person in the US to use the term “Gaian Economics”. Even “Ecological economics” was unheard of back then. It was an exciting time! I met and worked with many brilliant, creative people who respected me despite the lack of letters after my name.

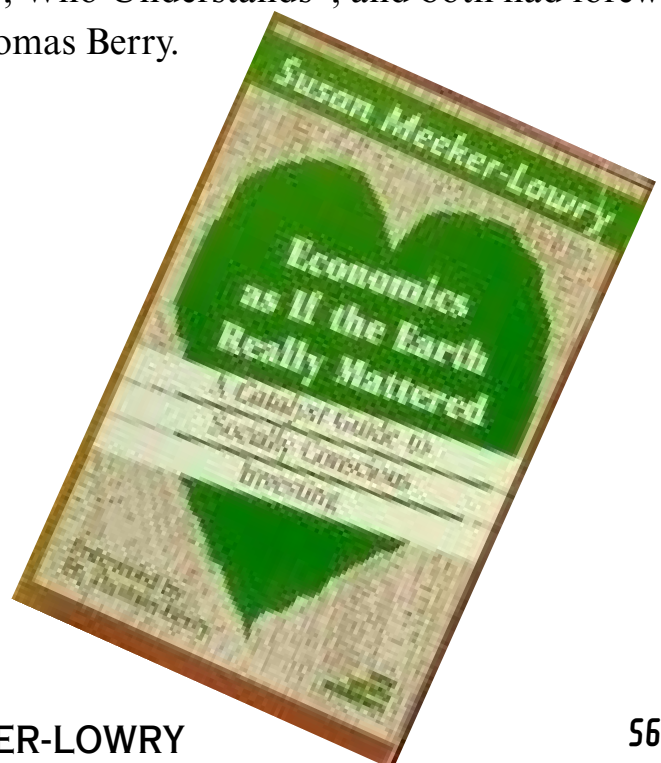
I was creating a whole new framework and perspective for economics!

In 1986, I met David Albert, the founder of New Society Publishers, at a bioregional gathering on the shores of Lake Michigan. These magical gatherings took place in different bioregions every other year.

My work in Gaian Economics became an important part of the bioregional movement. One afternoon, David came to me and said, “we’re going to publish your book”. “What book?” I asked. “The book you’re going to write for us,” he replied. And so it came to be!

That book, Economics as if the Earth Really Mattered, 1988, was one of “the first full-length treatments of how individuals could have an impact on global ecology through impact investing and social enterprise. This was followed by a later book Invested in the Common Good (1995) that included many case studies of the potential effectiveness of these approaches.”

(From New Society Publisher’s website in its history section). I dedicated both books, “To Daddy, Who Understands”, and both had forewords by Thomas Berry.





After Economics as if . . . was published, my work really took off. I keynoted conferences, spoke on panels, and taught workshops. My marriage, however, did not survive. Peter and I divorced (it was hard, messy, painful). Catalyst was separated legally from GOOD MONEY, and papers were filed with the IRS to incorporate Catalyst as a 501 c 3. We rented an office on Main Street in Montpelier to work out of, with an extensive resource room, and many projects, including conferences and events, a community currency, a national coalition to stop clearcutting of old-growth forests, All-Species, corporate research, and so much more! And, of course, continued publishing the newsletter, Catalyst: Creating an Economy for the Living Earth.

In 1996, Daddy had a stroke and shortly after, had to move to a nursing home. Since MaryJean could not live alone, Colin and I moved to Maine (his brothers were already on their own), to live with and care for my sister. I published a journal called Gaian Voices for nine years, and also started a large, magical garden with over 60 different herbs, as well as flowers and some veggies. After learning to make herbal skin care goodies and medicine cabinet staples, Gaia's Garden Herbals was created to sell them. I became fascinated with natural perfumery and shifted towards creating my own blends in 2012.



Then, in 2013, Jason, my oldest, a month after he turned 36, died of an opioid overdose, leaving two young sons, Nick and Syllas. His struggle with addiction had been an on and off again affair for a while, but the last year of his life was especially hard on all of us. Jason was the best man, father, son. I know this may sound strange given how he died, but it's the truth. I did not want to survive. The pain was so intense it felt like my limbs were being torn from my body. I remember the summer evening a couple of weeks after his death when I went to the garden and leaned against the potting bench he had built for me, and keened. The sounds that came out of me were unrecognizable. Karen, an elder woman who lived in her trailer on our land for a few years, came out and stood, witnessing. After I was done, and turned to walk back into the house, she asked,

*"Are you okay?" I replied,
"No. But I will be."*

It took almost 3 years (and lots of ice cream and weight gain) before I felt like I was going to live. And then I stopped eating ice cream, lost the weight (most of it anyway), and...

As luck or grace would have it, a new friend came knocking on my door who knew of my activist history. She pulled me, kicking and screaming, to a meeting at her house to discuss how to stop Nestle from building a water bottling plant in our town. I was not ready. I resisted. I felt weak, like I had lost my voice. But . . . I knew I had skills that were needed. And Earth, right?



Jason's death, like my sister's accident and recovery, was another seminal time in my life. I learned about grief. The pain of it and the gifts it brings. And I also learned firsthand that there is WAY more to life than meets the eye. In fact, Jason, his spirit, is who guided me through. I miss his hugs, his voice, his sparkling eyes, and his crooked smile. But his heart and his spirit are strong and always here when I need them.

In 2018, MaryJean and I sold the house in Maine and moved to NY. Almost three years ago, we found a nice senior community where MaryJean has her apartment with her kitty, Dash, and the active social life she craves (but that I don't). For the first time since before the boys were born, I am on my own!

No matter what form my work has taken, Earth has always been my first love and focus. I knew from an early age that I was born with a very specific purpose: "Listen to Earth, write what she tells me, and share it with others". It would take different forms, but the "bottom line" is Earth.

I have never questioned the reality that Earth is a living being, and that humans have the ability, the responsibility, to be active participants WITH Earth. We are, in fact, living within the living body of Earth, like our cells live within our bodies. I insisted in integrating this reality into all my projects, books, articles, and presentations.

In the 1980s and 1990s, my message was "We need to fall in love with Earth like we love our friends, our lovers, our families". Because when we love someone, we don't deliberately set out to cause them harm. And if we blow it, and we're humans, so we do blow it sometimes, we make amends and try to do better in the future. Guided by the love in our hearts, we will know what to do and when to do it. I would also share that each one of us was born with gifts, and our purpose in this life is to find them and share them with others.

We are living in frightening, concerning times. Yet, we still have the power to transform. And Love is the key.

*My grandmother taught me
that Love is
the most powerful healer.*

When my sister lay in a coma, and we were told that she would die or be a vegetable, I chose to trust the power of Love to keep us connected and to heal her. When she was in the coma, I talked with her every day, and at night I'd ask her to send me a dream. And she did. Each step she made, each tiny bit of progress fed my knowing, though there were dark days and times when I questioned whether I was just being delusional. But then my inner voice said, "No, Susan. You are just tired." After all, I was pregnant too! Eventually, even her doctors pronounced her life a miracle.

How could I have any doubt about the power of Love after such an experience?

Certainly, our current reality is bigger than anything in my little life. But the energy, the process, the truth of it is real, and applies to all situations.

An excerpt from *Invested in the Common Good*:

"The Earth is My/Our Source": "The knowledge that the life force running through trees, rivers, animals, insects, and plants is the same life force running through me gives me hope and adds meaning to my daily activities. The power and the connection this implies make my heart sing. Beyond this, it brings home the fact that we, as humans, are not alone in our struggle. What more can we ask than a partnership with Earth, with Creation herself?"

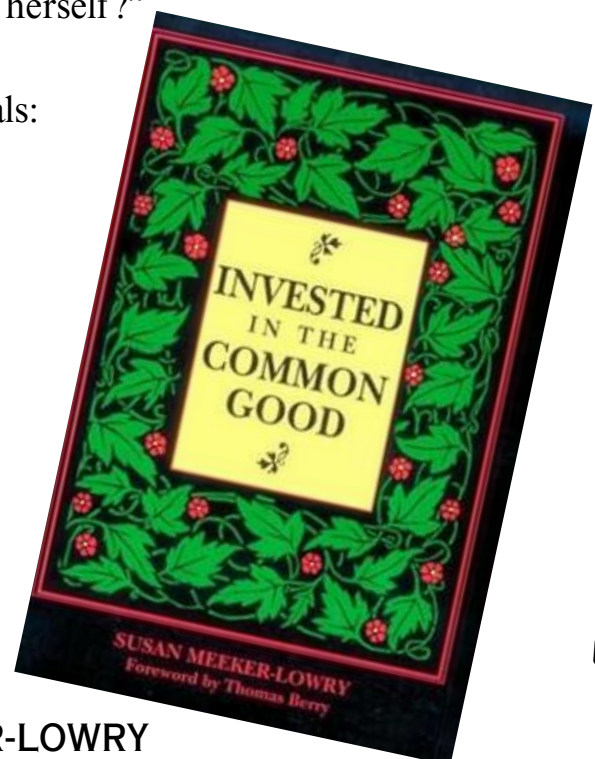
Visit Susan's Etsy shop, Gaia's Garden Herbals:

www.etsy.com/shop/GaiasGardenHerbals.

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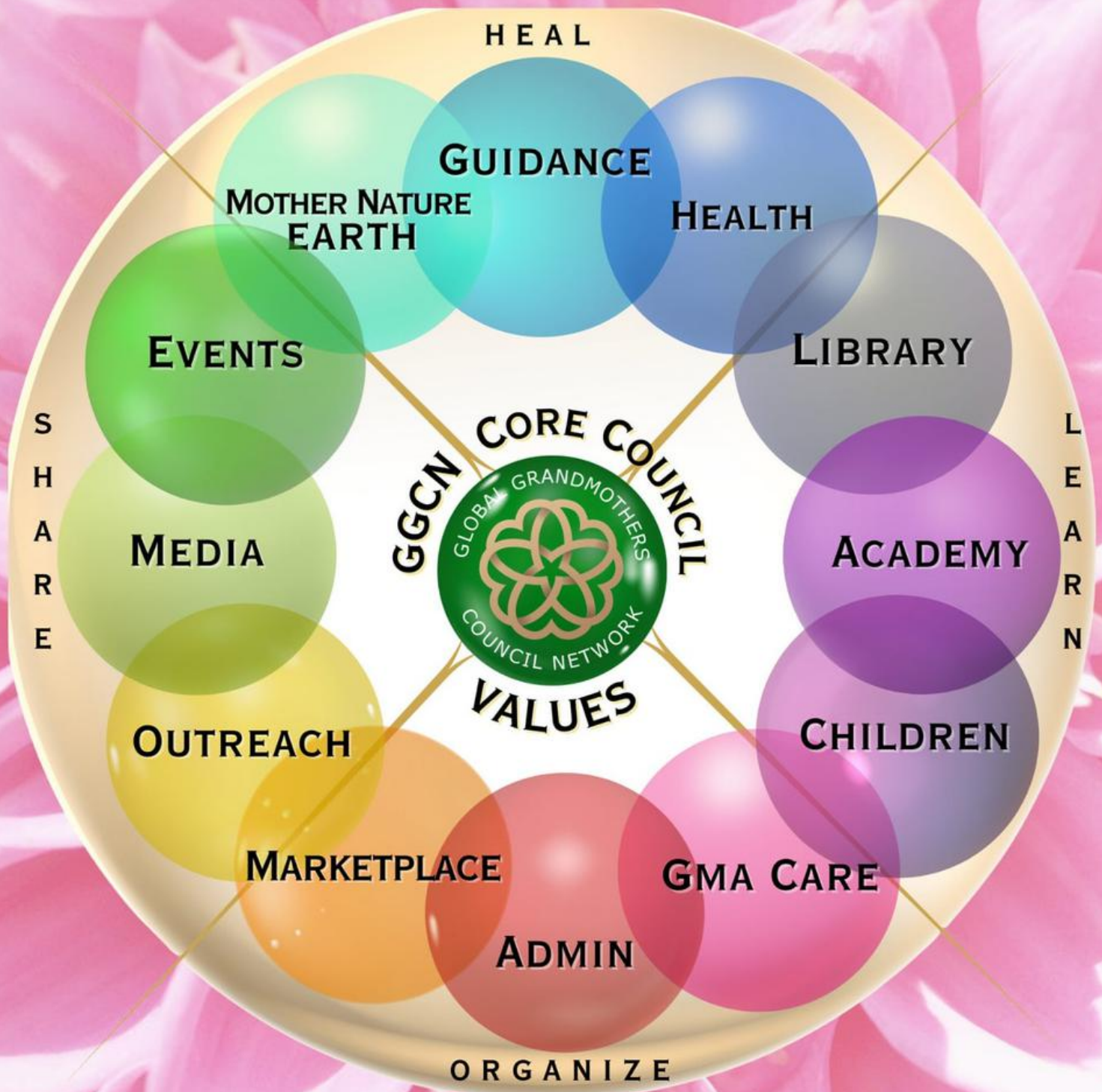
The Magic is Real at:

susanmeekerlowry.com.substack



SUSAN MEEKER-LOWRY

GGCN COUNCILS



As we sit in Council together as Grandmothers in an organization, we become the GGCN Network we have envisioned. Providing structure for on the ground, local Grandmothers' Councils and Circles to connect, collaborate and communicate. We also sit in Sacred Council and Circle together online. for a new world for our children's children's children.

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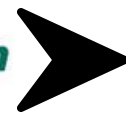


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July 2025 Summer Issue 08



GLOBAL GRANDMOTHERS' COUNCIL NETWORK

Voices of Wisdom in Times of Chaos

Magazine



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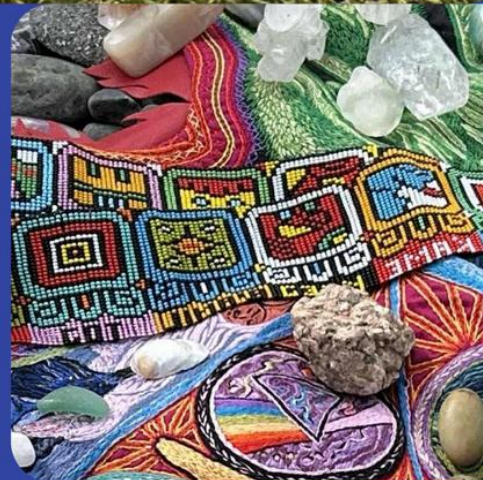


ARTISTS | HEALERS | POETS | TRAVELERS | VISIONARIES

Grandmother Gayle Crosmaz Black Bear



**Summer
Solstice
Ceremony
Arctic Circle,
Iceland**



Grandmother Gayle-Black Bear is a storyteller and inspirational speaker who encourages others by sharing her transformation through a lifetime of challenges and trauma. She began her neurodivergent lifepath with her first of several near-death experiences at birth, which affected her perceptions of life. Living in a small town in rural Ontario, Canada, Gayle has had to put her own words into action. She no longer wanted to work behind the scenes, anonymously fearful of judgment.

Gayle accepted an invitation to speak about her journey to mental health for her local Wellness Centre's tenth-anniversary celebrations. She sat on the Wellness Centre hospital board as a client representative and soon became Chair of Public Relations for the Wellness Centre, where she was also appointed editor of their newsletter. The hospital board of directors later nominated her for the "Courage to Come Back" award, which was designated by the "Centre for Addiction and Mental Health Foundation" in Toronto.

This award recognizes individuals who overcome mental illness and then proceed into the community to aid others experiencing the same hardships. Chosen by the Wellness Centre (2004), she represented the organization at the local board of education. She spoke in high schools throughout the County about the stigma of mental illness.



Her physical, emotional, and cognitive limitations have not prevented her from having adventures around the world.

From personal experiences, growth, and cellular memories, Grandmother Gayle shares her insights on overcoming trauma. Her wisdom, rooted in the primordial knowledge of the ancients, was gleaned from her ancestral DNA, which spanned many cultures of Mother Earth. The ancient ancestors that she taps into are Pagan, Viking, Celtic, Shamanistic Mongolian, Siberian, Ukrainian, and Tribal knowledge. These ancestors have helped her share stories of healing and challenges.

These stories are available in three languages in her book, "Challenges of Awakening – Living Parables." The English and German versions will be used in her upcoming online school called "Academy of Timeless Wisdom", Wisdom from the Beginning of Time. The soon-to-be-published Greenlandic version has been donated to the libraries of Greenland.

Gayle's ceremonial drums, shipped to 12 countries around the world, are each one-of-a-kind, personalized drums. Using the vibration of the drum and her ancestral stories, Gayle helps others awaken to self-awareness. These special and magical drums not only promote healing but also guide and teach the client, raising their vibration and aiding in a deep meditative journey.

Journeying is an essential means of receiving complex and detailed messages from the ancestors.

In the fall of 2024, just before my 70th birthday, I had a regression session with a trusted friend and energy practitioner. One of his instructions was to travel into the future to see what I could see. As I fell deep into my subconscious, I found myself walking through a long stone tunnel. It felt like Pele's lava tunnel that I had visited in Hawaii a few months earlier. I could see in the dark as I journeyed toward a black hole far off in the distance. The long tunnel wound and curved, but the black hole did not seem to get any closer.

Finally, I reached a Y in the tunnel with a rock wall directly in front of me. I have been on similar vision journeys before, where a decision has been made to take one path or the other. Sometimes, I am forced to go back and take the other path instead, which we often do in life. I stood in front of the rock wall, wondering which path was the correct path for me to follow. After a few seconds, the rock wall in front of me began to shape-shift, and as it shifted, I realized it had become a giant head of a stone dragon. Even though it was made of stone, the dragon was alive, and as the dragon's eyes moved, it looked me straight into my soul.

The dragon slowly began to open its mouth wide, as wide as the tunnel I was standing in. Revealing another tunnel, it energetically encouraged me to step into its mouth and follow the path straight ahead. I was not to veer off to the right or the left but to keep going straight ahead.

It was not long before I could see the light coming from a bend in the tunnel, which inspired me to keep going. I reached the end of the tunnel, where an opening revealed a beautiful landscape with a view overlooking the valley below and clear blue skies above.





Suddenly, written across the sky were the words
A NEW WORLD.

The dragon is a sign of growth, transformation, and renewal. They are leaders who inspire others to pursue their dreams and make a positive impact. They are also adventurers who love to explore and learn new things. The dragon symbolizes power, transformation, and spirituality, and also represents good luck, fortune, and prosperity. In some cultures, the dragon is a protector and is often associated with royalty. The dragon spirit animal can also symbolize self-love and empowerment. I was encouraged to take the path straight ahead, without fear, and step into the mouth of the dragon, following the path to a new world. A new world within my self-awareness. This was the vision that appeared to me several months previously and reappeared when my thoughts pondered the message from the newly commissioned drum I was working on.

I had set the vision aside for several months until I was to create a drum for my Icelandic Soul Sister. When I asked the ancestors what messages and confirmations they wanted to share with her, this vision kept reappearing. It was an incredibly fitting message, as we were planning a powerful caravan tour with women from around the world to create powerful ceremonies across Iceland.

Spirit had guided the creation of this special drum to shift vital energies during our ceremony on the Summer Solstice at Demsey Island, located at Iceland's Arctic Circle.

We set up the opening ceremonial altar with 9 of us in attendance. Nine is the number of completions. Our group's first sharing circle together revealed much wisdom for each of us to combine and grow with. These masterful women were all called here to create and explore the new world of energy within. The next day, we hit the road, stopping first at the geyser. We viewed the geyser steam vents, then we drove across the country into Iceland's wilderness; it was quite a bumpy ride on the rough gravel road. We camped overnight at the glacier in the mountains, where several of the women went for a swim in the thermal hot pond. There were a couple of ceremonies performed at the base of the glacier before we moved on to our next location.

Our first ceremony on the road took place at the base of the glacier in an ancient turf hut constructed of ancient volcanic rocks and what would have had a sod or mud roof. During this time together, we each took turns creating a ceremony.

During my ceremony, I drummed, chanted, as I moved my arm in a quickening spiral motion, summoning the ancient energy of Gryla, the troll queen of Earth's central core lava. She addressed everyone with a growl and a language known only to her. Her intended presence assisted in healing the sisterhood.

GAYLE CROSMAS



The first 10 grandmothers who respond Gayle will "Pull a card" from her personal message cards.



- Who is ready to be fearless?
- Who is ready to change their life forever?
- Who wants to stand with me at the entrance of the porthole to other dimensions and realities?
- Who wants to remain in their pain, confusion, or fear?
- It is your choice, and only you can decide for yourself.
- Join me and explore the complexity of abstract thought and magical experiences!

*Be
Fearless,
Be Bold*



Nine women - Masters in Service

Linda Mjoll Stefansdottir – Tour Organizer – Iceland

Gayle Crosmaz – Elder - Cananda / Susanne Steinel – Tour Organizer

Participants

Mabel Violet Riebesell - Germany / Kerstin Raschie – Korsonek - Switzerland

Ayako Matsuo – Japan/Manchester

Ticia Hennagin – Alaska, USA / Arora Bryndis Asgeirsdottir – Iceland

HJelena Mercera – Portugal



Summer Solstice Ceremony Arctic Circle, Iceland



Nine women, nine Masters of Service, gathered on Grimsey Island, Iceland, at the Arctic Circle. The tentative intention for each of us was to step through the mouth of the dragon into a new world within. We would achieve this through the challenges we faced and overcame on this journey of a lifetime. It felt like we each came on this adventure with no agenda other than to surrender to life's unfolding events. The bigger purpose of a ceremony for world peace and healing Mother Earth was still a mystery.

I was kept awake all night as I received download transmissions the night before our gathering on the beach on the North Atlantic Ocean. As I lay in my bed in the caravan, I could feel the entire island swaying beneath me. I could not believe what I was experiencing and wondered what it all meant. I visualized the island protruding up from the ocean floor like a stubby finger pointing skyward.

I was aware of the geographical split across Iceland, separating the North American and European continents. I wondered if that split also cut Grimsey Island in half, creating two fingers side by side. If so, that could explain the movement I was feeling as the two continents drifted and moved next to each other.

The visual of a rocky protrusion jutting up out of the ocean floor reminded me of Centre Mountain at Machu Picchu. During my visit there in 2013, the ancients showed me what life was like in ancient times. I was shown 1000 priestesses chanting into the many alcoves sprinkled around the spiral temple built into the side of the mountain. These alcoves faced Centre Mountain, and as they chanted into the alcoves, their sound frequency vibrated the stand-alone mountain, which in turn vibrated the entire mountain range. The range stretches from the southern tip of South America up to Alaska.



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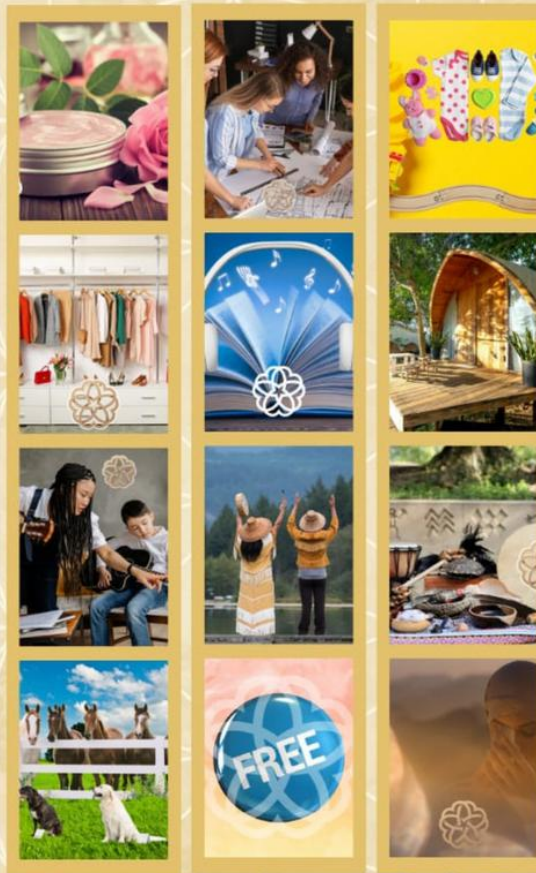
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With deep spiritual awe and enduring sisterhood, We honor the wisdom shared across these pages—each word, each image a heartbeat in the collective rhythm of our grandmothers' legacy. May this offering continue to illuminate, nourish, and connect us across generations and geographies.

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When Grandmothers speak, the world will heal

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