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Sunday, November 1, 2026



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Notes from **Flo Allen**

Good afternoon and welcome back to The Nest for our FAWNL Cup tie against Peterborough United.



Today presents a great opportunity to show what we are capable of as we return to cup action following our midweek draw. Naturally, we were disappointed to come away with a point after taking the lead, but it was another closely contested encounter in what we know is a challenging and competitive division.

There were plenty of positives to take from the performance, not least seeing Eloise King score her first goal for the club in such fantastic fashion.

Last weekend also brought success in the Women's FA Cup, as we secured our place in the second round with a win over Redditch Borough. The FA Cup is a competition that creates special moments, and we certainly had one of those with Sienna Booty scoring her first goal for the club. Sienna has put in so much work over the past few seasons, and as a product of our Academy Development Programme, we couldn't be prouder.

We now look forward to being back here to host AFC Bournemouth in the next round, who will provide a tough challenge but one we can all look forward to.

Finally, I just wanted to pass on my best wishes to Perry Northeast as he recovers from knee surgery following an injury sustained during a coaching session earlier this month. We wish Perry a speedy and full recovery. In his absence, Megan Todd and Hugh McCluskie have done a fantastic job stepping up, and I would like to thank them both for their hard work and commitment.

Thank you as always for your continued support and let's get behind our players this afternoon.

OTBC

Assistant Coach Notes from **Megan Todd**

In the absence of Perry Northeast whilst he recovers from knee surgery, assistant coach Megan Todd reflected on City's 5-2 win over Redditch Borough and the busy week that would follow.



"It was a very entertaining clash and we got the job done in the end.

"We used the whole squad, which is really important with three games in the space of a week, but credit to Redditch.

"We knew they were going to come here and fight but overall, we got the job done and we are really pleased to be in the next round of the hat.

"They're doing well in Tier 5, so it wasn't a surprise to us.

"It probably took us a little while to get into the game, but in the second half the girls did what myself and Hugh asked and they executed it well.

"We were also really pleased to get some players back today as well; it was fantastic to see Emily Wallace and Elliana Martin on the pitch, so lots of positives."

Touching on Sienna Booty's first goal for the club, Todd added: "I'm really pleased for Si, especially having coached her during her time at the academy.

"It was a great goal, an excellent finish and she's a fantastic player who has had her opportunity today and she took it really well.

"It was a credit to see, especially considering how hard she has worked so far in this season, so I am really pleased for Sienna."

Expanding further on the injury updates within the squad, Todd said: "Emily and Elliana have been brilliant, working really hard off the pitch and applying themselves.

"It was just fantastic to see them both back on the pitch today and getting some minutes.

"It continues to make the squad more



competitive as players challenge for places, especially with three games this week; it's really important for us.

"We've already been doing work behind the scenes to prepare for Peterborough United, so we move straight onto that preparation.

"The girls have a busy week in training so we will be fully prepped for all fixtures.

"We're really looking forward to the challenge on Wednesday and Sunday.

"Peterborough have picked up some good results recently, so it will be a good challenge."

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Evie Williams



Eloise Hall



Millie Daviss



Ellie Smith



Elliana Martin



Holly Kennard



Bryony Brodie



Eva-Jean Young



Faith Harrison



Poppy Groves



Emily Wallace



Lara Densley



Freya Symonds



Lauren Hailes



Issy Moore



Amber Locker



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Feature Interview: **Sienna Booty**

City midfielder Sienna Booty was in the spotlight this week after the Canaries put on an impressive display against Redditch Borough in the first round of the FA Cup. Having graduated from the Community Sports Foundation's Academy Development Pathway in 2023, Booty was immediately welcomed into the senior team at the age of 16. Three years on and she reflects on last Sunday's win and scoring her first goal for the club.

"It was a good battle out there to be fair; they gave us a good performance and made it hard for us in some moments. We're just excited to be in the second round.

"Everyone had their shooting boots on and it was good to get loads of different names on the score sheet.

"It's great to dominate a performance in terms of goals.

"It was so great to get my first goal for the club, having been with the senior team for three seasons now.

"It was bound to come soon!

"A lot of the credit has to go to Faith (Harrison) though, she made a really good run, using her strength in her speed and then a great cross.

"All I had to do was put it in the back of the net!

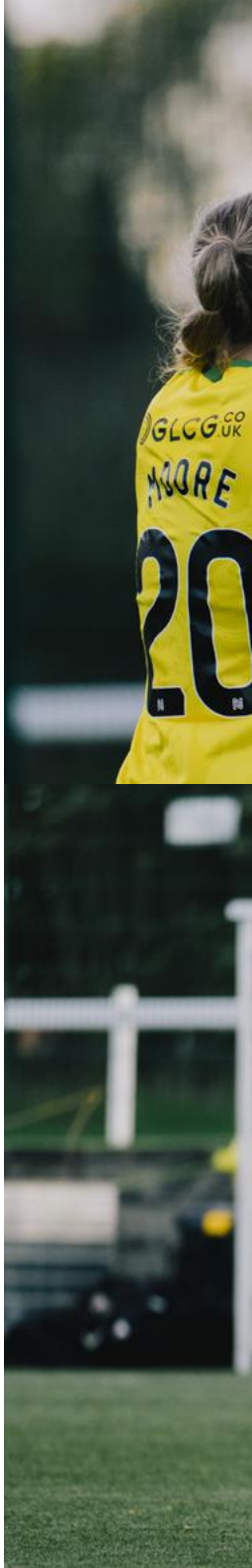
"It was amazing to score in front of a home crowd as well.

"As soon as it went in the back of net, I just heard the crowd go crazy, so that just made it feel even more important."

On adapting to the squad's style of play this season and playing in a more attacking position, she added: "It's a different role for me.

"Normally I sit a lot deeper, but Perry sees me there, so I'll take on whatever challenge is presented to me and I'll play wherever for the team.

"I'm just happy to be playing and can't wait for the next round of the competition."











> It was so great to get my first goal for the club

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The Visitors: **Peterborough United**

This afternoon we welcome Peterborough United to The Nest in round one of the League Cup.

Having hosted the Canaries just four days ago in the Northern Premier Division, Posh will likely arrive to Norfolk hopeful of bettering the Canaries this time round.

Jake Poole's side finished their FAWNL Cup group stage with a second-place finish in Group L, three points behind Rugby Borough.

They kicked off the competition with a 6-0 win over Notts County as Lauren Wilshaw was on target twice to seal an emphatic victory on home turf.

The following outing was a much tougher tie as they visited league-leaders Rugby Borough.

Despite a valiant effort on the road, Borough were 7-0 winners on the day.

Determined to put the result behind them, the Blue's bounced back quickly as they themselves put seven past Leicester City Under-21s the following month. Ellie May bagged a brace this time, netting her first inside one minute.

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Perry Northeast

1	Poppy Irvine
2	Grace Riglar
3	Natalie Johnson
4	Eloise King
6	Evie Williams
7	Eloise Hall
8	Millie Daviss
9	Ellie Smith
10	Elliana Martin
11	Holly Kennard
12	Bryony Brodie
13	Eva-Jean Young
14	Faith Harrison
15	Poppy Groves
16	Emily Wallace
17	Lara Densley
18	Freya Symonds
19	Lauren Hailes
20	Issy Moore
21	Amber Locker
22	Poppy Francis
23	Zofia Szczech
24	Drew Wilson
25	Niyah Dunbar
26	Sienna Booty
27	Megan Frary
28	Abi Calver