Central Region Schools Trust
Founded by the RSA

CRST People Development Institute

# RQT SUPPORT PROGRAMME 2026-7



proudly part of

Central Region Schools Trust
Founded by the RSA

"Supporting social justice through exceptional schools."

# Career Stage
# RQT Support Programme

**Purpose:** Genuine continuous professional development, growing and developing the talents and skills of all staff is at the heart of the Central Region Schools Trust, our mission, vision & values. We know the quality of teaching makes the biggest difference to pupil outcomes, therefore our professional development opportunities exist to ensure everyone in our school teams is the very best they can be.

**Delivery:** The RQT Support Programme focuses on a series of on-line sessions designed to support in a collaborative manner, your career stage, and to allow for discussion and build your toolkit to develop practice. These sessions will often be delivered in 'phases' so as to maximise the impact and purpose for your classroom.

Further, there is a research inquiry, which: is an opportunity to focus on an area of pedagogy or leadership that you choose to learn more about. The focus needs to be an area of practice that will impact on pupil outcomes. The project can be part of a PM objective focussed on improving pupil outcomes through improved teaching/pedagogy.

You will be supported by a member of the People Deevelopment Team to refelect on your research, your thinking and the impact on outcomes.

**Presentation:** At the end of the RDI (summer term) you will be asked to put together a simple presentation of your research, findings, and outcomes.





CRST People Development Institute

# Career Stage
# RQT Support Programme

## Facilitators

John Tomsett - Educational Consultant & Research Specialist
Matthew Purslow – Head of People Development
Teresa Wilson – Trust Lead Early Career Stage
Deb Smith – Vice Principal
Sarah Davies - Vice Principal
Lucy Khan – Assistant Principal
Francesca Stanley - Trust Lead Personal Development
Jenna Brown – Lead Practitioner
Claire Round – Trust Lead SEND

*"I have found all of the course content to be very informative and useful. It has been extremely valuable to have had the opportunity to connect with colleagues from across the trust, and to have the knowledge that I can call upon their expertise in times of need. My practise will be enhanced following this CPD as my knowledge and confidence has grown."*

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## Principal Facilitator - John Tomsett



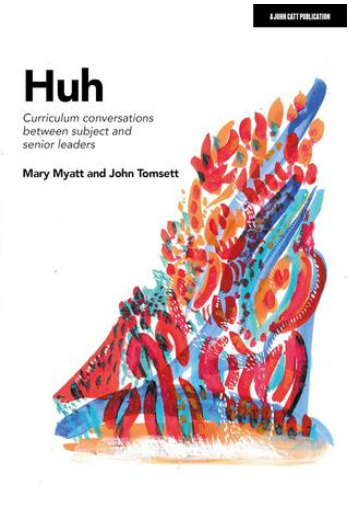
John Tomsett spent 33 years teaching in state schools and served as a secondary headteacher for 18 years, most recently at Huntington Research School in York. He runs a blog entitled “This Much I Know” and has written extensively on topics related to school leadership, as well as enhancing teaching and learning.

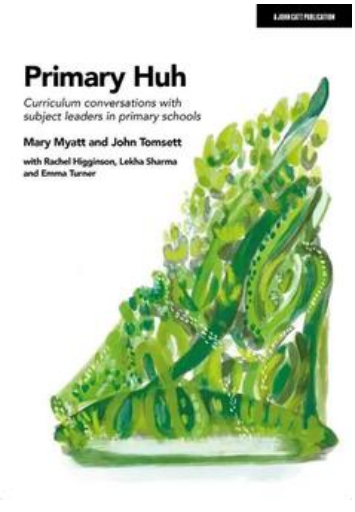
John advocates that the primary duty of all headteachers is to develop exceptional teaching. He is the author of thirteen books, including Love Over Fear: Creating a Culture for Truly Great Teaching and Mind Over Matter: Improving Mental Health in Our Schools.

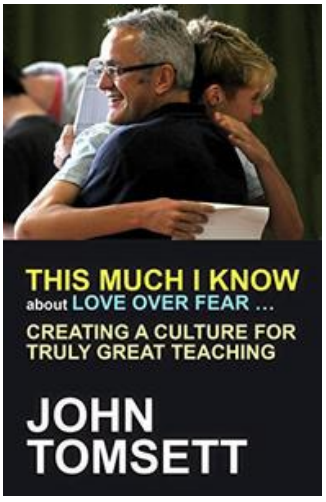
In the Huh: Curriculum series, he worked alongside curriculum specialist Mary Myatt. Additionally, he co-founded The Headteachers' Roundtable think tank and is a sought-after speaker in the field of education. Currently, he serves as the educational consultant for the AI teacher coach known as Aristotal.

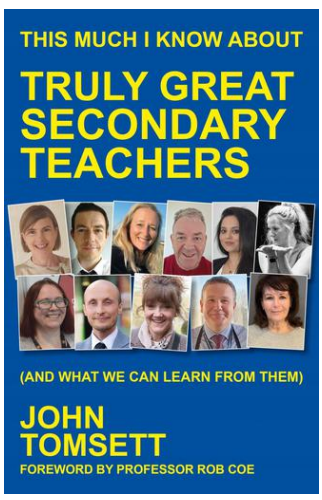
Links: www.johntomsett.com

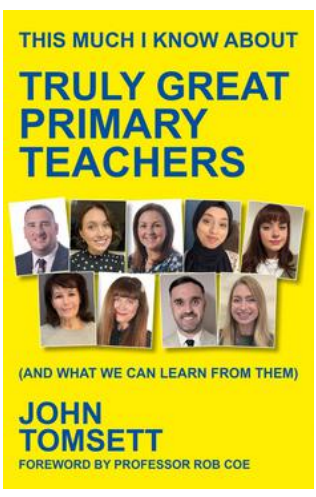








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## Schedule

| Session | Date | Activity | Venue | Facilitators | Phase |
|---|---|---|---|---|---|
| 1 | 22nd October 2026 | Launch Research Project | TEAMS 3.30-5pm | John Tomsett Matthew Purslow | All together |
| 2 | 10th December 2026 | Pastoral - the role of class/form tutor | TEAMS 3.30-5pm | Francesca Stanley Lucy Khan | Primary - LK Secondary - FS |
| 3 | 28th January 2027 | Feedback & Responsive Teaching | TEAMS 3.30-4.30pm | Teresa Wilson Deb Smith | All together (Breakouts) |
| 4 | 11th February 2027 | Reflections on research interventions | TEAMS 3.30-5pm | John Tomsett | All together |
| 5 | 12th March 2027 | Positive Behaviour Management | TEAMS 3.30-5pm | Sarah Davies Jenna Brown | Primary - SD Secondary - JB |
| 6 | 6th May 2027 | Adaptive Teaching & Reasonable Adjustment | TEAMS 3.30-5pm | Claire Round | All together |
| 7 | 8th July 2027 | Graduation & Presentations | ASSAY 3.30-5pm | John Tomsett Matthew Purslow Teresa Wilson | All together |

# Contact:

For enquiries about development courses at Central Region Schools Trust, please contact:


## Matthew Purslow

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