

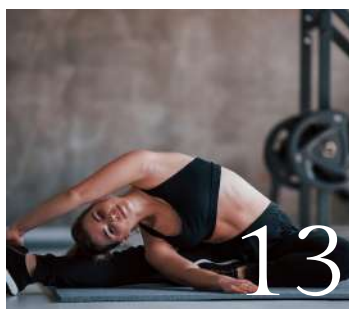
S O L'

Edition Four | 2025



S O L' | STYLE FROM WITHIN

CONTENTS



03 EDITOR'S NOTE

What is Your Season?

05 TISETso KGOMO

Purposed In Pain and Living Life in Seasons

13 FAITHFUL FITNESS

Seasons of Fitness and Faith

16 BEAUTY

2026 Trends

18 MEN'S CORNER

Mentored to Mentor

20 MARRIAGE

Strength in the Stretching

21 S O L' THOUGHTS

Have A Thankful Heart

22 RESOURCES

Editor's Note



As I sat down to write this Editor's Note, I found myself searching for the right words. Words that could truly capture the essence of 2025. It has been a year that is difficult to summarise, not because it was entirely good or entirely challenging, but because so much has happened.

For many of us, including myself, this year held moments of extraordinary beauty and unexpected blessings. It has also included moments of deep emotion, moments that brought tears I did not anticipate and feelings that were not always easy to sit with.

Some of us are still navigating these emotions, while others are stepping into new blessings and witnessing quiet miracles unfold. Such is the nature of God's timing and God's seasons.

When I reflect on myself and on S O L, I see a journey marked by many seasons as well. Seasons of questioning direction. Seasons of uncertainty. Seasons where we asked whether we were making the right decisions or representing the Gospel with authenticity and intention. At times, our efforts did not work as planned.

At other times, circumstances pushed us to reconsider, adjust and begin again. Scripture teaches us that every season has its meaning. God leads us through each one, shaping us in ways we may not fully understand until later. Some of us are emerging from seasons where we have realised that certain paths, though beautiful, were not meant for us. And that realisation is okay. It is okay to release what no longer aligns with who you are becoming.

Our guiding scripture for this issue comes from Isaiah 43:19:

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

May this be a reminder that even when we cannot yet articulate the fullness of the journey, God is already at work, preparing what comes next. 3

I believe the main scripture is especially beautiful because the Lord says something quite important. He says, “I have already begun.” When you ask yourself what your season is, take a moment to look at what the Lord has already been doing in your life. Consider how you have grown, how you have developed, how you have leaned on Him, and how you have released habits or traits that no longer serve you. Look closely at what He has begun, and in that awareness, praise Him. Praise Him for the work already taking shape within you.

I may not yet have the perfect words to summarise the year 2025, but I do know this: the work that has begun in you is worth celebrating. Be excited. Be expectant. Believe that the path ahead can change in ways you cannot yet imagine. We often think that when a year ends, a chapter ends with it, but I want to invite you to see your life through the lens of seasons. Ask yourself, What is my season? What has the Lord begun in me?

This reflection leads us perfectly into introducing our cover star, Tiisetso Kgomo. Many will know her from the event Back to the Garden, a powerful gathering created from her belief that healing is a transformative tool. Through healing, we gain clarity. We learn to listen more attentively to the Lord and to recognise what He desires to do in and through us. It was an honour to feature her in this issue. Healing is an essential part of any season, and we speak about this at length in her interview.



She shares how healing opens doors, deepens understanding, and strengthens one's relationship with God. Her story is a reminder that healing is not a destination. It is a journey that invites us to become more aligned with the purpose God has already begun in our lives.

Mwenya Chitambala
-S O L' Editor-in-Chief

0 s t a s h i



1. What would the title of your autobiography be

Purposed in Pain

Sometimes people read the phrase purpose in pain and assume there is a final point in the healing process. They believe that once you reach a certain place or stage, you will discover your purpose. What I have grown to realize is that you discover that purpose as you heal. It does not change. It becomes refined. The more layers you release or remove, the more clearly your purpose is revealed. You are purposed each time you heal, even in pain.

Many people believe healing is a finite process. For example, with the stages of grief, the assumption is that once you go through each stage, you are finished and have reached the end of healing. I choose to view it differently. I often say it is step one to step five for every season and every stage. It is step one to step five in grade one, and when you reach grade two, you begin again. Yes, you carry the experiences you gained in grade one, such as learning how to count, but now you must count beyond ten. The challenges you experience in the next phase and in the next season are different from those in the previous one. However, you draw strength from who you became when you came out of the season before.

If we believe healing is finite, we will struggle to offer ourselves grace when we break again in the next season. In every season, there is a new level and a new refining that the Lord brings.





2. Let's talk about healing. I know this conversation is your passion. Where did it start from?

I remember thinking, *I want to meet this God they speak about. The One who is close to the brokenhearted. I need to meet Him, because I keep hearing about Him.* Kirk Franklin was singing about Him, and I used to cry while listening to Kirk Franklin every day after I became born again. I would ask myself, *This God that he sings about, is He even real?*

When I began to pursue God for myself, I realized that many people are breaking internally, and that pain prevents them from living out their purpose. Their pain informs them of what they believe they cannot achieve, or who they believe they cannot become. Many people disqualify themselves because they assume their pain means they are unable to do certain things.

Realizing this helped me understand that I am called to help people navigate their places of pain and recognize that God allows us to go through seasons for a reason. When you find the reason, you are able to make sense of the pain. That is where all of this began.

I was very rebellious in my thinking. I believed that people could not speak about a perfect God while going to bed with tears in their eyes. They needed to be honest about where they truly were so that God could deal with the real person, not the version they pretended to be. That is where my passion started.

3. How did you learn to receive the gift of healing from the Lord?

It was harder for me to receive healing for myself, but easier to draw people toward healing. It is very easy to hear what God is saying about other people, and it is easy to pray for other people. It is much harder to be fully transparent with the Lord and say, *I know You have given me this task and it comes with pressures, but before You, I do not need to be the strong one.* For a long time, I was strong even before God.

I had to reach a point where I was desperate to be healed in order to truly receive His healing. The only way I could receive healing was by surrendering to everything I was experiencing at that time. It involved many tears, releasing control, unlearning self reliance, and choosing to rely completely on God.



Relinquishing control means giving everything to God and understanding that vulnerability is not weakness. True strength comes from being honest about your pain. Healing requires fully yielding to God rather than offering Him only part of yourself. Complete surrender is an act of trust, and trust is developed gradually, even in a relationship with God. Each day you take another step of faith, learning through experience that He is truly trustworthy. Surrender becomes natural, like sitting in a chair without hesitation, because you know He will be present even in difficult seasons.

I had to reach a place of full surrender, even with my pain. I believe it took my father's passing for me and my body to finally give in and allow myself to feel.

4. From your social media, we understand you have great style. What's your influence?

I would say it began with my parents, although it has changed over time. My style has shifted with each season and with how I feel. In the past, it was not intentional. When I was going through difficult periods, I looked like I was going through difficult periods. People would say, *You look nice*, but I knew it did not reflect who I truly was.

I believe my style changes with each season. I do not have one specific style, but whatever I choose must feel timeless, something I can still wear in five years.

5. How do you stay connected to the Lord and ensure this connection is reflected in your work?

The fundamentals are essential for me to stay connected with God. I read the Word, I pray, and I worship. Most importantly, I have learned to be very transparent and vulnerable with the Lord. For me, this looks like being in a room with Him and relating to Him as a friend and as a Father when I am frustrated. I also relate to Him as a confidant or a therapist. There is nothing I hold back.

“I do not view life in years. I view it in seasons.

My season is total obedience... obedience is more than simply saying yes.”

It is me reaching a place where I understand that although He is a King, He also relates to me as a friend. That realization released me, and it is how I know that our relationship is strong. When you walk into a room and connect instantly with someone you have just met, as if you have known each other for years, it becomes natural for both of you to be vulnerable. Your connection deepens much more quickly than if you entered the conversation with small talk about the weather being bad. That is how I stay connected to Him.

At times it looks like this: *I am tired. I do not want to do what You are calling me to do, but I will do it because You know better. Your way is better than mine, so I will do it. However, if I am completely honest, I would rather go to Mauritius than organize an event for people. But You are God.*



6. As we close this year, some have loved it and some haven't. What would you say to ensure that we stay connected regardless of how the year turned out and how it has been for you?

I do not view life in years. I view it in seasons. Even if the year is ending, I may still be in a particular season, and that season may not have ended. My season is total obedience. It required a great deal of saying yes even when my body wanted to say no, even when my pride wanted to say no, and even when my fears wanted to say no. It required saying, *Not my will, but Your will.*

This was the year. It was a year of obedience and a year of realizing that obedience is more than simply saying yes. It goes beyond that. Even the people whom God sends into my life must carry a level of obedience so that whatever God desires to accomplish in my life can be fulfilled.



7. What are your favourite scriptures highlighting how the Lord gives us what we need at the right time in life?

Psalms 34, Verse 18 states, **“The Lord is close to the brokenhearted.”** I love this scripture because of its context. When David wrote it, he was not writing so that we could recite it as, *Oh, the Lord will fix everything in our brokenness.* He was actually sharing that when he was broken, the Lord was close. He was saying, *I know that He is there. He makes Himself known in your brokenness. When things are difficult, He comes closer and closer. You do not even have to move an inch.*

8. Can you share a moment this year when you felt the closest to the Lord?

It was one evening. I had been preparing for *Back To The Garden*, the event we were hosting. I took time away from the children and everyone else. I spent the entire night in prayer, seeking to hear what the Lord wanted for the event. While I was there, I felt overwhelmed. I felt that I was not praying enough. Usually, I am consistent at three o'clock in the morning, but I had not been consistent because I was exhausted from so many responsibilities. I would wake at unusual hours. Sometimes I prayed only at six o'clock in the evening. Some days, I did not pray at all. I said to Him, *I do not think I am a worthy vessel.* He responded, *But I am the one who knows you are.* Many people do not realize that the Lord

knows when a person is ready. He knows when the refining is complete and when He can release them. He is the one who performs the refining. He tells Jeremiah that He watches over the words He puts forth. In the same way, when He says, *I am choosing you, Tiisetso*, I realized that regardless of what I do, what I say, or how I act, the calling upon my life is irrevocable. It is not by merit, not by my own strength, and not by any personal effort.

9. What are your thoughts about style being personal and from within

I feel that my identity is expressed in every season. My identity is closely connected to how I view God in each season or how God views me during that season. I can wear whatever feels right, and it reflects my position or my relationship with God at that time. For example, during my season of restoration, when God was restoring me, my clothing reflected that process. Even by looking through my Instagram, one can see the various ways I dressed that spoke to who I was in each season. I am still discovering exactly what my style is. I love this process because it allows me to say, *I do not like this after all.*

10. Our third cover for 2025, Mosili suggested you listen to the song “Child of God” by Frank Forrest Tell us about a song, a podcast, a book, or anything else we should definitely listen to this festive season.



I believe you should get the *Purpose in Pain* book. It is not simply a book to read and think, this is a good read. It is a read-and-do book. It is a journey. Some people complete it in ninety days and feel ready to pursue their purpose. Others take a year to go through it. I believe it is a valuable book to have. It helps you take stock of what occurred in the previous year as you move into the new year. The book guides you through a journey of accepting God as the One who pursues you in your mess, who heals you, restores you, and reveals your purpose.

11. Share up to five fun facts about you - hidden talents, significant accomplishments, or other things you do that people may not know about!

1. I am an extrovert, but I become very anxious in a crowd.
2. I am very disciplined.
3. I have a gift for making people laugh.
4. I work in IT.
5. Bread with margarine is my comfort meal.

Faithful Fitness

By Amo Kgori



Every fitness journey, just like every spiritual journey, is marked by seasons. Some seasons overflow with energy and discipline. Others feel dry, confusing, or discouraging. Yet Isaiah 43:19 reminds us that no matter the season we find ourselves in, God is always doing something new.

The real question is:

Do we recognize the season we are in, and can we see what God is beginning to do?

Faithful Fitness calls us to pay attention not only to our physical bodies but also to the movement of God in our lives. Our physical growth is connected to our spiritual awareness. When we understand our season, we can cooperate with God's transformation instead of resisting it.

Faith and fitness may seem like separate worlds, but for us as believers in Christ, they are beautifully intertwined. Our spiritual journey often mirrors our physical one, full of seasons of strength, struggle, stillness, and transformation. Isaiah 43:19 reminds us that God specializes in "new things." Just as He guided Israel through the wilderness, He is still renewing, restoring, and reshaping us, body, mind, and spirit.

Let us Break Down Isaiah 43:19 and Relate It to Our Fitness Journey

1. The Promise of a New Beginning

Fitness journeys often begin in moments of frustration, when we feel stuck, weak, undisciplined, or spiritually drained. I know mine did. But God offers hope: "I am about to do something new... See, I have already begun!"



Before we even take the first step, God has already initiated the process. The desire to become healthier, stronger, and more disciplined is a divine nudge. Transformation is not just about willpower; it is a response to God's invitation to grow.

2. Pathways in the Wilderness

The "wilderness" symbolizes seasons of confusion, exhaustion, lack of motivation, or discouragement. In fitness, these are the moments when progress feels slow and obstacles feel overwhelming. But God promises:

"I will make a pathway through the wilderness."

This means, He provides clarity when we feel lost. He gives direction when discipline feels impossible. He empowers us to rise again after setbacks.



Faithful Fitness reminds us that God cares about our physical stewardship just as much as our spiritual strength. When we commit our health to Him, He guides our steps.

3. Rivers in the Wasteland

A “dry wasteland” represents seasons where we feel mentally, emotionally, or physically drained. Many people begin their wellness journey from a place of burnout, especially at year-end when fatigue is at its peak.

Yet God says:

“I will create rivers...”

Not drops. Not temporary relief. Rivers. Overflow. Renewal. Rivers bring life. They turn barren places into fruitful ground. In the same way, God refreshes our bodies, mindsets, and motivation. His Spirit becomes our strength, filling us with endurance, perseverance, and hope.

4. Fitness as Worship

Faithful Fitness is not about chasing a certain body image; it is about honoring God with the body He entrusted to us. Each workout can be an act of worship. Each healthy choice is a declaration:

“Lord, I trust You to make me new.”

Transformation becomes meaningful when it flows from faith rather than pressure.

5. Living in God’s “Already Begun”

God says He has already begun the new thing. That means your change has already started, even if the results are not visible yet.

With every prayer for discipline, every step you take, every moment you choose progress over comfort, you are stepping into the promise of Isaiah 43:19. When you commit your health to God, you can walk with confidence, knowing that the same God who created pathways in the wilderness is paving the way for your renewal, one step, one prayer, one decision at a time. As the year comes to an end, we are all in different seasons. But remember:

If you are in a New Beginning, embrace it with courage. If you are in a Wilderness, hold onto God’s pathway. If you are feeling Dry, ask God to refresh you. If you are in Breakthrough, keep going and give Him the glory.

No matter the season, Isaiah 43:19 assures us that God is actively at work, renewing what was broken, guiding where there was confusion, and bringing life where there was emptiness.

That is it from me, signing out until 2026.

The Future Is *Glossy*

by Palesa Hajie

2026 is not just a year, it is an aesthetic. In a world where beauty trends move faster than a celebrity breakup announcement, 2026 arrives with a refreshingly intentional energy: elevated, expressive, and deliciously dramatic. This is the year beauty stops whispering and starts purring, with confidence, creativity, and just a hint of chaos.

From sculptural braids to hyper-reflective skin, the look of 2026 is bold, luxurious, and a little mischievous. Here is what you will be seeing on runways, red carpets, and very committed Instagram soft launches.

The “soft chaos” curl era

1

Curls in 2026 are not simply styled, they are curated. Perfectly imperfect spirals, lush shapes, and moisture so rich it practically has a tax bracket. The new curl philosophy? Texture with intention. A little undone, a lot hydrated, and effortlessly editorial.



Micro-bangs with an african futurist twist

2

Micro-bangs return, this time with geometry, attitude, and cultural boldness. Think sharp baby fringes paired with cowrie accents, angular shapes, and rich earthy tones. It is a daring cut with a spiritual wink. The perfect blend of heritage and high fashion.



Reflective skin: the glow evolution

Glass skin was just the warm-up. 2026 enters the realm of hyper-luminosity: cheekbones glazed to perfection, décolletage with a gentle sheen, and lips coated in reflective glosses that border on celestial. It is skin that catches the light and keeps it. Basically, if your highlight is not visible from across the room, start again.

3



THE TRENDS



Braided architecture

Braids rise, literally. Sculptural updos, braided spirals, and shapes inspired by African cosmology and contemporary art take center stage. These are hairstyles with narrative, direction, and drama. Each look is a statement piece. Each braid is a stroke of art.

4

The “booked & busy” blunt bob

5

Sleek. Sharp. Unapologetically efficient. The 2026 bob is cut with the precision of someone who has boundaries, an intimate relationship with their Google Calendar, and an assistant named “intuition.” It is the it-girl haircut for women making power moves, whether in the boardroom or the brunch line.



Big colour energy

Neutrals take a respectful step back as 2026 embraces bold chromatics: ultraviolet violets, mineral greens, space blues, spicy tangerines, neon roses. It is maximalist colour theory with couture discipline, vibrant but still refined.

6

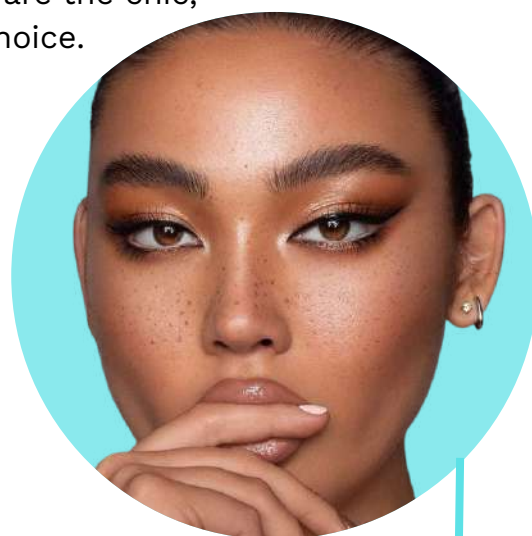
Pro tip: peekaboo under-dyes are the chic, commitment-friendly choice.



Soft masc beat

7

The new face of 2026? A refined blend of soft and masculine aesthetics: matte eyes, feathered brows, subtle contour, and a gloss that feels deliberate, not dewy. It is quietly seductive, polished, considered, and disarmingly cool.



The verdict: 2026 is a luxury mood

This is the year beauty becomes both playful and elevated, a celebration of texture, colour, heritage, and glow. A reminder that glamour can be bold, and experimentation can be elegant. In 2026, beauty is not about perfection... it is about presence. And darling, you are about to be unforgettable.



Mended to mentor

By Sam Takudzwa

Every man goes through moments that feel like a silent wilderness, moments where the path is unclear, where your strength seems insufficient, and where God appears to be taking too long. But seasons are never accidental. They are spiritual calendars that Heaven uses to shape the man before shaping the assignment.

When God says in Isaiah 43:19, **“For I am about to do something new... Do you not see it?”** He is not describing a moment; He is announcing a season. And every new season begins with a disruption.



A true season shift never comes dressed in convenience. It rarely announces itself politely. Sometimes it arrives as restlessness in your spirit. Other times it takes the form of closed doors, unexpected transitions, loss, or an unusual divine pressure to grow. Growth never asks for permission. And when God decides you have outgrown a level, He dismantles the environment that keeps you small.

This is where many men struggle. We love predictability. We enjoy mastery. We want clarity before movement, strategy before obedience, and comfort before calling. But God does not develop men in the familiar. He develops them in transition.

When God interrupts your comfort,

He is not punishing you, He is preparing you. Every major elevation in my life met me in a season where I felt inadequate. But inadequacy is the womb of dependence. God's new thing always begins where your confidence ends.

Your next season will require that you trust the process, even when the process does not explain itself. Trust that God is working even when you cannot see movement. Trust that the disruption is actually direction. Trust that what feels like breaking is actually birthing.

As the year closes, many men feel pressure to fix everything before January. But the Kingdom does not wait for a new calendar. God's "new" begins the moment your heart aligns with His will. Starting over the Kingdom way means releasing old battles, past disappointments, and patterns that no longer fit who God is shaping you to become. It is choosing preparation over panic and stepping into the future with clarity, faith, and vision, trusting that what once felt like wasteland can become a place of rivers when you embrace the new with expectation.

A season does not change because you wish for it; it changes when you grow into the man capable of carrying it. God will not pour new assignments into an unchanged character. This is the moment to confront your weaknesses, mature spiritually, and lead with courage.

Isaiah 43:19 is not just a scripture, it is Heaven's announcement that God has already begun. The pathway is forming beneath your feet. This is your season to rise, rebuild, trust, lead, and expect, not because you feel ready, but because God is already moving.

Strength in the Stretching

By Sihle K

Marriage, just like life, moves in seasons, and each season carries purpose. Isaiah 43:19 reminds us that even when we feel stuck, disconnected, overwhelmed, or unsure, God is quietly doing something new in our relationship. He makes paths in the wilderness and brings rivers to dry places long before we ever see the evidence with our natural eyes. God is always ahead of us, preparing what our marriage will eventually step into.

For us, this season has been one of deep stretching, especially within our union. The demands of life increased, responsibilities shifted, and expectations sometimes felt bigger than our capacity. There were moments when it felt like we were being stretched in ways we did not ask for and did not always feel ready for.

And in that stretching came honest questions:

“Lord, are we doing this right?”

“Did we mishear You?”

“Are we really equipped for this season as husband and wife?”

Some days, the weight of unfamiliar challenges made us wonder if we were failing each other or not living up to the picture of marriage we once imagined. But it was in those vulnerable,

tender moments that scripture spoke the loudest. God reminded us that stretching in marriage is not a sign of misalignment. It is often the clearest sign of preparation. He does not stretch what He does not plan to strengthen. He does not enlarge what He does not intend to fill. And He does not allow pressure unless it is producing something valuable between two people joined by Him.

Gradually, we began seeing that this season was not about proving we were the perfect couple. It was about God preparing us to become a stronger one. The discomfort was developing deeper understanding.

The challenges were refining our unity. The unfamiliar dynamics were expanding our capacity to love, communicate, and extend grace.

And the doubts were drawing us closer to God and to each other, teaching us to rely on Him beyond our own emotions.

Stretching in marriage is not a sign of breaking. It is a sign of growth. It is God enlarging the love between you, widening your vision for your future together, and building the endurance you will need for the greater blessings and responsibilities He has already set aside for your union.

S O L' thoughts

Through the struggles and laughter, the pain and the memories, the long conversations and the hours in solitude, the weddings and the funerals. The one thing that you should have is a thankful heart and understand that prayer is a blessing. Prayer is your way of talking to God. He is always there but it allows you to reflect on what has happened or happening and really press into God. Prayer allows you to talk to God because He wants to and will listen. Most people think it is weird, there you are tired from a long day and you have to go down on your knees put your hands together bow your head and close your eyes and just talk. Think of it like this, it is your time. No interruptions or "chat later". It is your time with God and the beauty of it is that you can use it however way you want.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6 (NIV)

Sometimes we do not know what to pray for. We have all been there. You are there but you do not know

what to pray for or you are just too tired, then we all go for the quick solution. The Lord's prayer. This time around we should be thankful.

God is a good God and deserves to be thanked for all He does. Like the many things in your life, prayer is a blessing that we take for granted but nonetheless, it is still a blessing. So how about just saying, "Thank you Lord" or if you are feeling a bit more adventurous;

Father in Heaven, Creator of all and source of all goodness and love, please look kindly upon us and receive our heartfelt gratitude in this time of giving thanks.

Thank you for all the graces and blessings You have bestowed upon us, spiritual and temporal: our faith and religious heritage. Our food and shelter, our health, the love we have for one another, our family and friends. Dear Father, in Your infinite generosity, please grant us continued graces and blessings throughout the coming year. This we ask in the Name of Jesus, Your Son, and our Brother. Amen.

Resources

Rooted Within is a Christian podcast where real people have raw, unfiltered conversations about faith, life, and everything in between. We embrace imperfection, ask the hard questions, and share stories of God's grace—all with a mix of laughter, reflection, and truth. Whether you're deep in your faith or just figuring it out, be sure to like, share, subscribe, comment, recommend to a friend, and let's grow together. So, O' Tribe and stay Rooted Within.



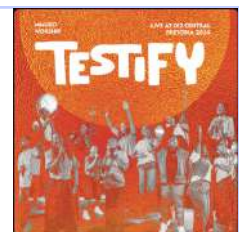
Purpose in Pain by Tiisetso Kgomo is a Christian faith-based book and healing guide designed to help people find restoration, hope, and meaning in their struggles by leveraging faith in Christ, with Tiisetso sharing her own journey of healing to inspire others through her ministry, The Beauty of Transparency. The book is available on her [website](#).

With The Perrys is a podcast with a whole lot of truth given in a short amount of time. Preston Perry and Jackie Hill Perry will bring their humor, honesty, and insight into conversations on everything from relationships and theology to politics, race, and parenting.



The song "Child of God" by Forrest Frank is about God's unconditional love and the Christian belief that anyone can be adopted as a child of God through faith in Jesus Christ, regardless of their past struggles or imperfections.

Mmuso Worship is a South African gospel music ministry that is part of Mmuso Church, based in Pretoria. They are known for their popular gospel tracks and albums released through platforms like Spotify and Apple Music.



Philip Anthony Mitchell walks us through Matthew 26:36-46, calling us to WATCH AND PRAY in every Gethsemane season, in continuation of our powerful series CROSS TO COMMISSION.

About the Authors

FAITHFUL FITNESS by Amo Kgori

In 2017, Amo Kgori embarked on a transformative journey, overcoming weight issues, depression, and unemployment. As a wellness coach, she has guided over 100 clients toward holistic wellness, emphasising healthy habits and spirituality. Motivated by South Africa's unhealthy lifestyle rankings, Amo aims to inspire positive change, envisioning a future where self-love and wellness are integral parts of society.



GLOW FROM THE INSIDE OUT by Hajie

Hajie, a born-and-raised Pretorian writer and content producer. She was born on December 15th, she is deeply passionate about self-care, film, and television. However, music holds a special place as her foremost love. Her overarching aim is to glorify God through navigating the complexities of life with purpose and intention.

MEN'S CORNER by Samuel Takudzwa

He is a Christian leader, author, and preacher who inspires others through his writings and teachings, guided by prophetic inspiration.



MARRIAGE by Sihle

Sihle, 32, has been married for six wonderful years, an incredible journey that has deepened her understanding of love, sacrifice, and grace. She sees marriage as a mirror that reflects the sacred relationship between Christ and the Church.



S O L' Blog



@express_sol



S O L' Vlog Series