

Cure Day Hospitals

NEWSLETTER



10 YEARS STRONG!

Cure Day Hospitals Bellville celebrates a decade of delivering quality day surgery, touching more than 38,000 lives and giving back through impactful CSI programmes.

A proud milestone – and just the beginning.



TABLE OF CONTENTS

01	LETTER FROM THE CEO
02	DOCTORS NEWS
06	NEW DOCTORS
10	HOSPITAL HIGHLIGHTS

18	GIVING BACK
21	STAFF NEWS
28	SPECIAL THANKS TESTIMONIALS

THE CURE QUARTERLY

4TH QUARTER NEWSLETTER | **NOVEMBER 2025**

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TABLE OF CONTENTS

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LETTER FROM THE CEO

A Journey of Growth, Gratitude and Purpose.

As we reflect on our journey over the past 18 years, I am deeply humbled by how far Cure Day Hospitals has come.

What began as a vision to provide accessible, high-quality same-day surgical care has evolved into a trusted national brand recognised for excellence, compassion, and innovation.

None of this would have been possible without the unwavering support of our shareholders, doctors, and employees. You are the foundation on which our success is built - and for that, we are sincerely grateful.

Sustainable Growth & Exciting Developments

This quarter marked another important milestone in our journey with the opening of Cure Day Hospitals Montana. The facility has already received overwhelming support from both our surgeons and the community it serves.

Looking ahead, we are excited about the upcoming Cure Day Hospitals Gqeberha, scheduled to open in early 2027, extending our footprint into the Eastern Cape.

We also continue to explore new opportunities for expansion across the country, ensuring our growth remains strategic, sustainable, and responsive to community needs.

In addition, we are proud to have received the Department of Health's approval to relocate Cure Day Hospitals Medkin to a new and modern site in Loftus, Pretoria, a development that will enhance accessibility and elevate patient experience even further.

Recognised Excellence

Our facilities continue to achieve remarkable recognition.

Cure Day Hospitals Bloemfontein was named Day Hospital of the Year by the *Bloemfontein Courant Readers' Choice Awards*.

Our Western Cape hospitals received *The Burger's Silver Readers' Choice Awards*, reflecting the continued trust our communities place in us.

These accolades affirm the dedication of our teams and the quality of care that defines our brand.

Community and Corporate Citizenship

At Cure Day Hospitals, we recognise our responsibility to be a good corporate citizen. We are proud of the positive impact of our CSI initiatives, which continue to uplift local communities and extend the values of Compassion, Unity, Respect and Excellence beyond our hospital walls.

Looking Ahead

Cure Day Hospitals is a recognisable and respected brand in South Africa's healthcare landscape. Through our active role within the Day Hospital Association of South Africa, we continue to strengthen the presence and voice of the day hospital model nationally.

As we look toward the future, we do so with gratitude, optimism and a renewed commitment to delivering quality same-day surgical care.

Thank you for walking this journey with us - we look forward to an exciting new chapter together.

With Gratitude, Your CEO.



DOCTORS NEWS

EAST LONDON

Women's Day Doctor Appreciation Picnic ▼

Cure Day Hospitals East London hosted a Women's Day Doctor Appreciation Picnic at Urban Roots, celebrating the incredible women we work with. The morning featured delicious harvest boards and an insightful skincare session by the Aesthetic Laser Centre.

Thank you to PathCare for their sponsorship and to the Aesthetic Laser Centre for the gift bags and expert advice.



CURE DAY HOSPITALS EAST LONDON



Thank you to PathCare for their generous sponsorship and to the amazing women from the Aesthetic Laser Centre.

Dental CPD Event

ERASMUSKLOOF

Cure Day Hospitals Erasmuskloof proudly hosted a Dental CPD event featuring Dr. Henning van Wyk, Maxillofacial and Oral Surgeon, who presented on the important topic: **“Treating Dental Patients on Anti-Coagulant Therapy.”**

The event was very well received, with attendees rating it as excellent overall. We extend our sincere thanks to Lancet Laboratories for their support in partially sponsoring the event and arranging an ethical speaker.



Dental CPD Event - 9 September 2025

DOCTORS NEWS

Nedbank International Polo Event

Cure Day Hospitals held a doctor's event for all the Gauteng hospitals.



Cure Day Hospitals proudly hosted a group of doctors from all the Gauteng based Cure Day Hospitals at the prestigious **Nedbank International Polo** event held at the Inanda Polo Club in Sandton.

Against the backdrop of world-class polo, our guests enjoyed an afternoon of elegance, and well-deserved appreciation.

The event provided a relaxed yet exclusive setting to strengthen professional relationships and show our gratitude for the continued partnership and contribution of our medical professionals.

We look forward to continuing this tradition of meaningful engagement and recognition.

BELLVILLE


Cure Day Hospitals Bellville
WELCOMES


Dr Moegamat Sallies
Maxillo-Facial Surgeon

Suite 203, De Kuilen Building
Netcare Kuils River Hospital
t: 021 900 6492
e: admin@drmsallies.co.za
www.drmsallies.co.za



DOCTORS NEWS

PAARL

Ear, Nose and Throat CPD Evening

Cure Day Hospitals, in partnership with Aspen Pharmaceuticals, recently hosted a CPD event featuring ENT specialist Dr. Andre van Straten. He presented on two key topics: “Recurrent Tonsillitis” and “Chronic Rhinosinusitis”, offering valuable insights into disease understanding, evolving pathophysiology, updated definitions, and emerging therapies. A heartfelt thank you to Karen and Sam from Aspen Pharmaceuticals for their generous sponsorship and support in making this event possible.



Ear, Nose & Throat CPD Evening with Dr. Andre van Straten

Doctor's dinner at Babel Restaurant

We recently had the pleasure of hosting a special dinner at the beautiful Babel Restaurant at Babylonstoren to thank a few of our doctors for their ongoing support. The food was exceptional, the setting unforgettable and the warm, friendly service made everyone feel right at home.



Dinner at Babel Restaurant, Babylonstoren

Lord of the dance

Cure Day Hospitals Paarl had the pleasure of attending the spectacular Lord of the Dance performance during its return to South Africa.

Featuring 40 of the world's most exceptional young dancers, the show was led by veteran performer Matt Smith as The Lord, under the direction of Michael Flatley, with music by Gerard Fahy.

True to Flatley's vision that “Nothing is impossible follow your dreams,” the performance was nothing short of outstanding. Our board members and their spouses thoroughly enjoyed a memorable and world-class evening.



Lord of the Dance

DOCTORS NEWS

SOMERSET WEST

Chicago The Musical at the Artscape Theatre ▶

Dr Leon Nel, Dr Hental Van Zyl and Dr Andrew Liebenbergt attended the production of Chicago at the the Artscape Theatre in an evening hosted by Cure Somerset West.

It was a memorable night of world-class entertainment and good company, reflecting our appreciation for the ongoing commitment and excellence of our Medical Team.

Ophthalmology CPD evening ▶

Cure Somerset West recently hosted an insightful CPD event for general surgeons in the area.

The CPD session focused on key updates and clinical insights in the field of ophthalmology.

Diabetic Retinopathy, Ocular Syphyllis, Loss of vision and LASIK surgery.

Various ophthalmologists presented on the following critical topics including, Diabetic Retinopathy, Ocular Syphyllis, Loss of vision and LASIK surgery.

The evening was well attended, providing a valuable opportunity for learning, professional development and networking among peers. We are grateful to all who participated and contributed to making the event a success.



Chicago at the Artscape Theatre

Events like these are a small way of saying thank you while also building camaraderie beyond the clinical setting.



NEW DOCTORS

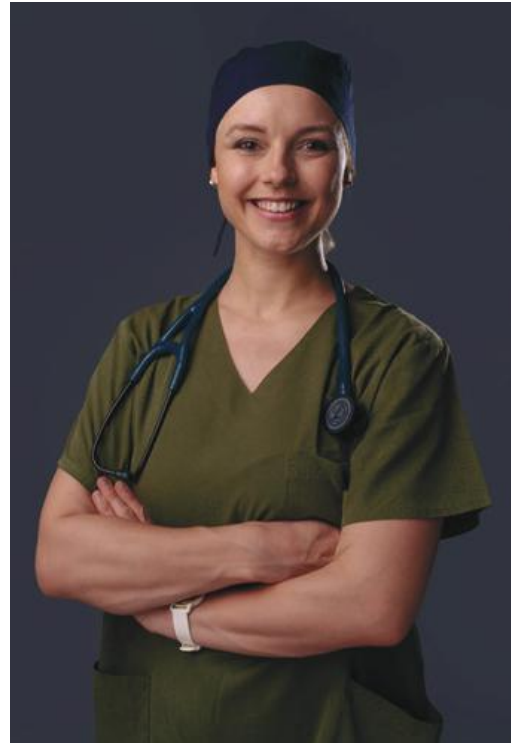
ERASMUSKLOOF

WELCOME

Dr Lisa Jansen van Rensburg

Obstetrician & Gynaecologist - Pretoria

Dr. Lisa Jansen van Rensburg is a specialist obstetrician and gynaecologist with a passion for minimally invasive surgery. A University of Pretoria graduate, she earned her MMed and received the Daubenton Medal in 2024 for the highest national results in Obstetrics and Gynaecology. She is committed to excellence in women's health and dedicated to compassionate, patient-centred care.



Dr Lisa Jansen van Rensburg

Dr Cait Hegter

Obstetrician & Gynaecologist - Pretoria

Dr. Cait Hegter is a specialist obstetrician and gynaecologist based in Pretoria, with a special interest in minimally invasive (laparoscopic) surgery. She completed her MMed with distinction at the University of Pretoria, where she researched gestational diabetes under Professor Sumaiya Adam. Known for her compassionate approach, Dr. Hegter focuses on patient comfort and offers a wide range of gynaecological procedures with an emphasis on safety, care, and reassurance.



Dr Cait Hegter

NEW DOCTORS

NEWMARKET

Dr Izelle Almond

Welcome Dr Izelle Almond - Dentist at Newmarket Day Hospital.

Dr. Izelle Almond, a University of Pretoria graduate with a BChD, is passionate about providing gentle, quality dental care. Guided by her philosophy of treating every patient like family, she aims to create a positive dental experience while encouraging patients to care for their smiles. We wish her all the best on this new journey!

Managed by:
cure
DAY HOSPITALS

Newmarket Day Hospital
WELCOMES

Dr Izelle Almond
Dentist

103 Hennie Alberts Street,
Brackenhurst, Alberton
t: 011 867 1101
WhatsApp: 082 054 8157

NDH
Newmarket Day Hospital

Dr Raymond Bvumbi

Gynaecologist with over a decade of experience in women's health. He holds an MMed and FCOG from the University of the Witwatersrand and advanced qualifications in endoscopy and minimally invasive surgery. His key interests include minimally invasive surgery, high-risk pregnancies, and gynaecological cancer screening.

Managed by:
cure
DAY HOSPITALS

Newmarket Day Hospital
WELCOMES

Dr R Bvumbi
Obstetrician and Gynaecologist

Netcare Alberton Hospital
Suite D304, 3rd Floor
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Alberton, 1449
t: 011 907 7224
e: info@drbvumbi.co.za

NDH
Newmarket Day Hospital

NEW DOCTORS

MIDSTREAM

WELCOME

Dr Bruce Moyo

Obstetrician and Gynaecologist - Midstream

Dr Bruce Moyo is a highly skilled Obstetrician and Gynaecologist dedicated to achieving excellence in women's healthcare.

He earned his MBCHB from Medunsa, completed his Mmed in OBGYN from Wits and attained the prestigious FCOG from colleges of medicine of SA. Dr Moyo's innovative approach, compassionate care and clinical expertise ensure women feel comfortable, supported and empowered in their health.



Dr Bruce Moyo

Dr Zahwa Jagot

Dentist at Cure Day Hospitals - Midstream

Dr. Jagot qualified with her Bachelor's degree from the University of Pretoria in 2020.

She has a soft and calming nature, making her patients feel at ease. She believes in offering quality dental care to her patients and strives to deliver work with perfection.

Dr. Jagot enjoys all aspects of general dentistry with a special interest in endodontics and paediatric dentistry.



Dr Zahwa Jagot

NEW DOCTORS

FORESHORE

WELCOME

Dr Donée van Rooyen

Gynaecologist at Cure Day Hospital Foreshore

Meet Dr Donée van Rooyen. Dr. van Rooyen is skilled in managing gynaecological conditions, performing related surgeries, and conducting obstetric and gynaecological ultrasounds. She has a special interest in sexual trauma and is dedicated to treating patients with sensitivity, care and confidentiality. After earning her MBChB from the University of Pretoria and MMed from Stellenbosch University, her passion for women's health flourished during her time at Potchefstroom Hospital. With a calm and compassionate approach, she provides each patient with individualised, respectful care.



Dr Donée van Rooyen

HOSPITAL HIGHLIGHTS

MEDKIN

DR AIRE NEW PROCEDURE

A Historic First at Medkin - 05 September 2025

On Friday, 05 September 2025, Medkin marked a remarkable milestone in our journey of growth and excellence. Dr.Aire, our dedicated Urologist, successfully performed a Cystoscopy, Pyelogram and Optilume, the very first of its kind at Medkin!

This achievement is not only a proud moment for Dr.Aire and the surgical team but also for Medkin as a whole. It highlights our continuous progress in expanding the range of specialized procedures we offer and reinforces our commitment to bringing advanced, quality healthcare closer to our patients.

The success of this procedure showcases the expertise, precision, and teamwork of everyone involved, from theatre staff to supporting departments.



Dr. Aire

It sets the stage for many more groundbreaking medical milestones to come at our facility.

Congratulations to Dr.Aire and the entire team for making history at Medkin!

This is proof that we are moving forward, embracing innovation, and continuing to make a lasting impact on patient care.

MEDKIN

New Equipment ▶

Cure Day Hospital Medkin is proud to announce the addition of the DrillSaw Sports 400 System handpiece to our hospital's orthopaedic equipment.

This advanced surgical tool is designed to deliver:

- Exceptional precision and control during orthopaedic procedures
- Improved efficiency for surgical teams
- Enhanced outcomes for patients

NEW EQUIPMENT



Cure Day Hospitals Medkin is proud to announce the addition of the **DrillSaw Sports 400 System** hand piece to our hospital's orthopaedic equipment.

This advanced surgical tool is designed to deliver:

- Exceptional precision and control during orthopaedic procedures
- Improved efficiency for surgical teams
- Enhanced outcomes for patients



HOSPITAL HIGHLIGHTS

MONTANA

EXCITING DEVELOPMENTS

At Cure Day Hospitals - Montana

Mr. Zacharias de Beer made history as the first patient to receive a robotic-assisted uni-compartmental knee replacement at Cure Day Hospitals Montana, marking a significant advancement in patient care and mobility.

The procedure was performed by Dr. Etienne Maritz, an orthopedic surgeon and it went exceptionally well.



EAST LONDON

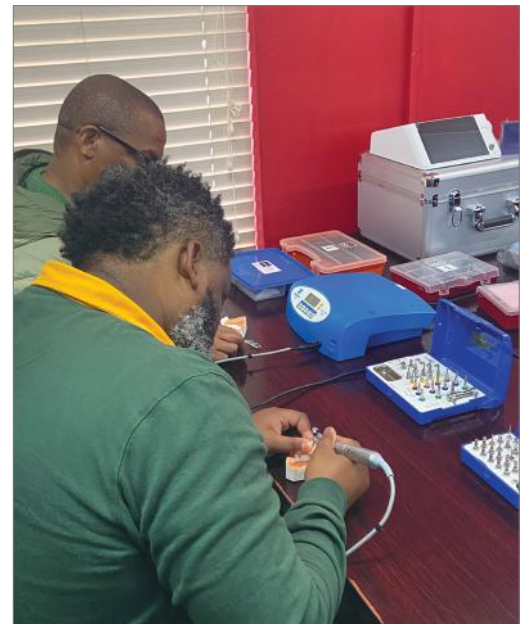
Dental Implant CPD Event

Sponsored by Cure Day Hospitals - East London

Cure Day Hospitals East London was proud to sponsor a recent CPD event hosted by Implant Support Services, aimed at enhancing the skills and knowledge of our dentists in the field of dental implants.

The session was led by Dr JP Steyn and featured both theoretical and practical components. The hands-on portion allowed attendees to apply what they had learned throughout the day, making it a highly interactive and valuable learning experience.

It was an educational and enjoyable day for all who attended. At Cure Day Hospitals East London, we remain committed to supporting the continuous professional development of our doctors, ensuring they stay at the forefront of advancements in their fields.



We are committed to supporting the continuous professional development of our doctors.

HOSPITAL HIGHLIGHTS

Rozanne McKenzie, Jacaranda FM

Rozanne McKenzie, the bubbly co-host of The Drive Show on Jacaranda FM 94.2, recently stopped by Cure Day Hospital Wilgeheuwel with her daughter for a quick procedure with Dr Anton Brewis - and yes, she brought her signature charm with her! A smooth visit, a caring team, and a mom who never misses a beat. We loved having you with us, Rozanne! wishing your daughter a speedy recovery.



MBOMBELA

500th patient

We proudly welcomed our 500th patient. A significant milestone that reflects our continued growth and commitment to quality care. Each patient journey is a reminder of the trust our community places in us. We're grateful for the opportunity to make a difference, one patient at a time.



Cross-Border Collaboration:

Cure Day Mbombela participated in the MIH Expo in Mozambique, exploring exciting opportunities for cross-border healthcare partnerships. We look forward to building strong relationships that extend our impact beyond borders.



New Equipment ▶

Big News at Cure Day Hospitals Paarl! We're proud to announce the addition of the ZEISS EXTARO 300 surgical microscope to our surgical suite.

This cutting-edge technology enhances visibility, precision, and surgical ergonomics, making complex ENT procedures safer and more efficient. Whether it's managing chronic ear infections, performing tympanoplasties, or conducting delicate inner ear surgery, the EXTARO 300 supports greater accuracy and improved outcomes.



HOSPITAL HIGHLIGHTS

EAST LONDON

Cure Day Hospitals
East London
turned 3 on
3 August!

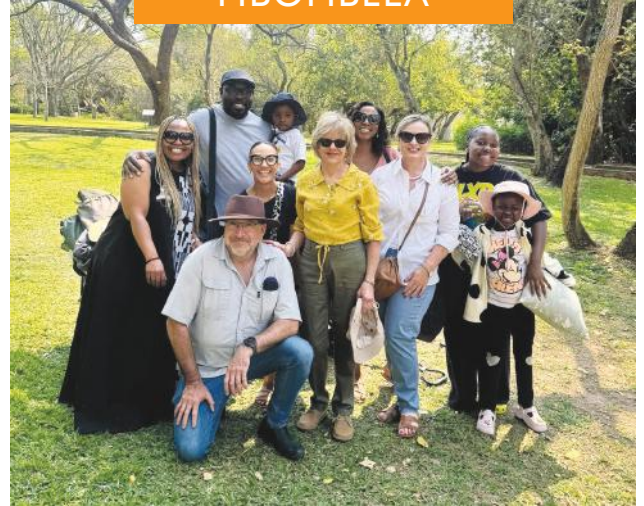


CURE DAY HOSPITALS EAST LONDON



Ndlovu Youth Choir

MBOMBELA



We recently had the pleasure of hosting our doctors at a special event featuring the Ndlovu Youth Choir. The afternoon was a wonderful success, filled with music, connection, and celebration. We truly value moments like these to show our appreciation and we look forward to creating more memorable experiences together.

BLOEMFONTEIN



BELLVILLE

Dear Doctor

A BRAND NEW

Mindray Consona N6 with bi-plane probe for Perineal Prostate Biopsies is available at Cure Day Hospitals Bellville.

By offering advanced medical technology, together with our experienced medical professionals' team, we continue to deliver exceptional care to our patients. Feel free to contact us directly on 021 000 5050 to book your next patient.



Cure Day Hospitals Bellville



Bloemfontein Receptionists Practice Managers' Function

We celebrated, honored, and shone the spotlight on these unsung heroes. The top doctors' receptionists and practice managers joined us for a relaxing breakfast at D'Au Jardin venue on Saturday, 13 September 2025. From the bottom of our hearts and with all the respect that we can muster, we say "Thank you!"

HOSPITAL HIGHLIGHTS

MONTANA

Our very 1st Patient

We are thrilled to announce that we welcomed our very first patient, Christiaan Thoms, who received excellent care from Dr. A Paterson, Orthopaedic Surgeon. At Cure Day Hospitals Montana, we are dedicated to providing accessible, high-quality same-day surgical services right in your community.

Cure Day Hospitals Montana invites the community to visit and experience its exceptional services. For more information or to schedule an appointment, please visit our website.



Cure Day Hospitals - Montana

T: 012 072 0142

W: www.cure.co.za/cure-day-hospitals-montana

Montana Opening

Cure Day Hospitals Montana recently marked its official opening with a special celebration. Guests had the opportunity to explore the new facility, meet our dedicated team, and discover the range of services we are proud to offer the community. A heartfelt thank you to everyone who joined us in celebrating this important milestone. Here's to new beginnings and a future of growth together! ▶

From 1 to 100...



A Special Milestone

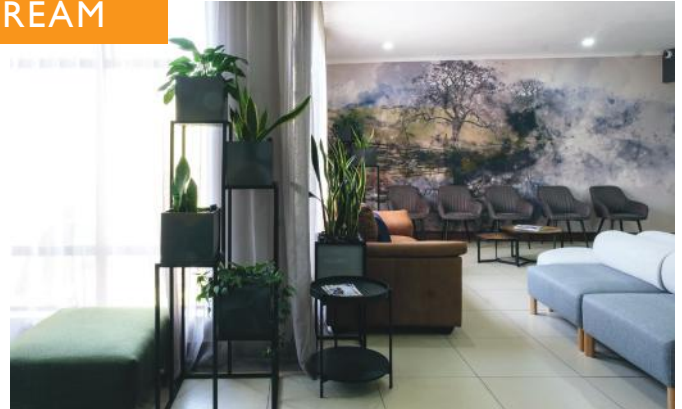
Cure Day Hospitals Montana is excited to share that we recently admitted our **100th patient!**

Dr. A Paterson, Orthopaedic Surgeon, has been part of our journey from the very first patient through to this special milestone. This achievement marks an important step in our commitment to delivering outstanding care to every patient we serve. Here's to many more milestones ahead - thank you for being part of our journey!



HOSPITAL HIGHLIGHTS

MIDSTREAM



Hospital Renovations

During August, Cure Day Hospitals Midstream underwent exciting renovations to further enhance the comfort and experience of our patients, visitors, and doctors. Our reception area now offers a modern, welcoming atmosphere, the wards have been refreshed to create a more healing and restful environment, and the doctors' tearoom has been upgraded into a stylish and relaxing space. These improvements reflect our commitment to providing high-quality care in a warm and professional setting.

NEWMARKET

5000th patient

Newmarket Day Hospital proudly welcomed our 5,000th patient in June! This milestone reflects the trust our community places in us and the dedication of our doctors, nurses, and staff. We thank every patient and team member for making this possible and look forward to continuing to provide accessible, patient-centered care in Alberton.



Town Square Night Market

Newmarket Day Hospital recently joined the Town Square Night Market, connecting with families, friends, and local businesses. Our team shared information about same-day surgical procedures and highlighted our commitment to high-quality, patient-centered care. Engaging with our community reminded us that healthcare is about building trust, relationships, and being present where people gather.



HOSPITAL HIGHLIGHTS

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TURBT PROCEDURES

As part of the Cure Day Hospitals Group, Newmarket Day Hospital in Alberton offers a modern, efficient and patient-centered environment for same-day surgical procedures. We're proud to support now transurethral resection of bladder tumour (TURBT) procedures for selected cases! Dr Christofides, a leading urologist and highly supporting doctor at Newmarket Day hospital performed the first TURBT at our facility in April.

Dr. Christofides recently shared the following:
"Newmarket Day Hospital is a great facility for surveillance cystoscopies and small TURBTs for tumours not requiring overnight bladder irrigation.

The staff's level of competency and professionalism is exceptional - the theatre, nursing, and recovery teams work seamlessly together, which makes for a smooth, efficient surgical experience not only for me, but for the patient as well."



"The hospital is also equipped with modern, well-maintained equipment that meets the needs of advanced urological procedures. The ease of working here - from bookings to post-op - makes it my preferred choice for small TURBTs in a day hospital setting."

THE SCHOOL SHOE PROJECT

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In honor of Madiba's legacy, Cure Day Hospitals Holdings and 12 of our hospitals proudly participated in this year's School Shoe Project. Together, we donated a total of 1600 school shoes to learners from various schools across the country.

At Cure Day Hospitals, we believe that education is one of the most powerful tools for changing the world, and that school shoes are a simple yet vital necessity that many children in South Africa still go without. The learners were overjoyed to receive their new pairs of shoes - helping them take each step toward a brighter future with confidence and pride.



THE SCHOOL SHOE PROJECT



GIVING BACK

ERASMUSKLOOF



Pro Deo's

Cure Day Hospitals Erasmuskloof, together with Dr Johann Kluge, dedicated Head and Neck Surgeon & ENT and Dr Meena Lyer, passionate Paediatric Dentist, performed pro deo surgeries on 19 May and 10 June, respectively.

No matter the size or complexity, these surgeries make a meaningful difference in the quality of life for our patients. At Cure Day Hospitals Erasmuskloof, we remain excited and committed to opportunities that allow us to make such a positive impact.

MEDKIN

Oral Health Awareness

On 17 September 2025, Cure Day Hospitals Medkin proudly joined hands with the Dental and Maxillofacial Department at I Military Hospital to celebrate Oral Health Awareness Month. As part of our contribution, we sponsored three hampers to support their awareness campaign and highlight the importance of good oral hygiene in everyday health. The initiative was warmly welcomed and served as a meaningful way to show our solidarity with fellow healthcare providers.

By taking part in this campaign, Medkin not only strengthened valuable partnerships but also reaffirmed our commitment to promoting healthier communities. Together, we are building smiles.

Smile of Joy - CSI

On 11 August 2025, Cure Day Hospital Erasmuskloof assisted four Smile of Joy patients with much-needed dental surgery. Dental restorations under general anesthesia can be daunting for little ones, but ensuring healthy teeth and gums brings smiles, confidence and overall well-being.

We sincerely thank Dr Philemon Lekalakala (Dentist) and Dr Louis van der Walt (Brink Anesthetist Firm) for their complimentary services, as well as the Cure staff for their compassionate care. Our gratitude also goes to Wiggly Teeth for sponsoring toothpaste, and to Tannie Trudie Goosen, Glynis Fourie and Tommie Swanepoel for knitting the most beautiful beanies for each child - a small gesture that brought immense joy.



We are committed to promoting healthier communities and building smiles.

GIVING BACK

FORESHORE

Matla A Bana

Cure Day Hospital Foreshore supports Matla A Bana. Matla A Bana is a non-profit organisation dedicated to supporting and protecting children who bravely report abuse. By wearing our funky socks, Cure Day Hospital Foreshore proudly showed our solidarity with these young heroes and the incredible work Matla A Bana does in our communities.

At Cure Day Hospitals, we believe in caring not only for the health of our patients but also for the well-being of the communities we serve. Together, small actions can make a big difference.



MONTANA

Pro-Deo Cataract Surgery



Cure Day Hospitals Montana, in collaboration with Operation Healing Hands, recently provided pro-deo cataract surgery to Mrs. Van den Berg. A huge thank you to Dr. Gerhard Kok (Ophthalmologist), Dr. A. Ackerman (Anaesthetist) and the team at Endovision for their incredible support and dedication. We couldn't have done it without you! Together, we're making a difference!

GIVING BACK

SOMERSET WEST

Local School Visit

We are pleased to welcome learners from Jelly Babies to Cure Somerset West for an educational hospital visit.

The students had the opportunity to explore various departments, meet our health care professionals and learn more about the world of medicine. We are proud to inspire the next generation and share insight into the work we do every day.



FORESHORE

Little Ears, Big Difference

Changing Lives with Compassion and Care

Cure Day Hospital Foreshore recently supported a pro deo bilateral otoplasty for Milan, a courageous 7-year-old whose life was changed by this compassionate act of care.

Performed by Dr S. Gautam (surgeon) and Dr S. Essa (anaesthetist), the procedure reshaped Milan's ears to reduce their prominence - a small physical change with a big emotional impact, often boosting self-esteem and confidence in young children.

We are honoured to have been part of this special journey and deeply grateful to the doctors who generously gave of their time and skill to make it possible. Supporting initiatives like these reflects our commitment to changing lives through kindness, care and meaningful action.



CURE DAY HOSPITALS FORESHORE



Supporting initiatives like these reflects our commitment to changing lives through kindness, care and meaningful action.

STAFF NEWS

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MIDSTREAM

Funky Socks Day

On Friday 12 September 2025, Cure Day Hospitals Midstream proudly participated in Funky Socks Day, a national fundraising initiative driven by PNA to make a meaningful difference in the lives of children and communities across South Africa. At Cure Day Hospitals Midstream, we are committed to being part of initiatives that inspire generosity, create awareness, and make a lasting impact. We are proud to stand alongside our community, staff and patients in showing support for this worthy cause.



FOURWAYS

World Hand Hygiene Day Initiative

Our team proudly hosted a creative and impactful initiative titled “Hands on Canvas”



Cure Day Hospitals Fourways celebrated World Hand Hygiene Day with a creative initiative, “Hands on Canvas.” Staff members dipped their hands in paint to create a vibrant collage, each print symbolizing a pledge to uphold the highest standards of hand hygiene. The artwork reinforces the WHO’s message, “It might be gloves. It’s always hand hygiene,” and stands as a reminder that every hand counts in ensuring patient safety and quality care.

Cure Day Hospitals Fourways | Heritage Day 2025

As South Africans, we are privileged to live in a country rich in culture, diversity, and history.

Heritage Day is a time to reflect on and celebrate the traditions, languages and customs that make us who we are.

This year, we invited all team members to take part in our Heritage Day Internal Celebration, under the theme: “Celebrating Our Roots, through childhood memories”

STAFF NEWS

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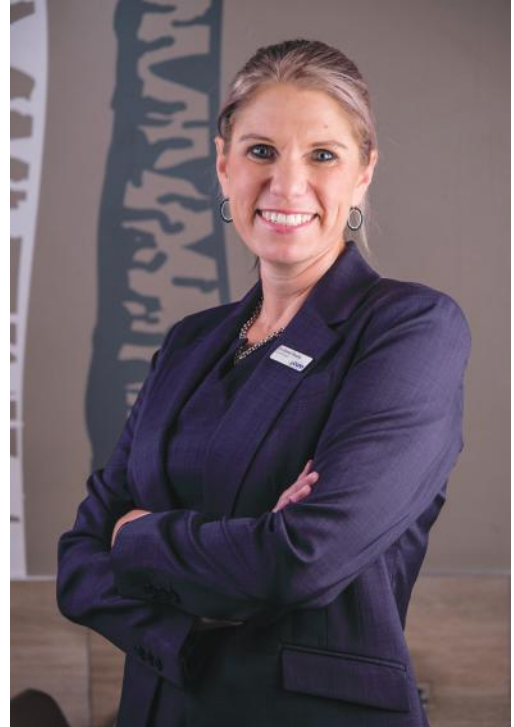
ERASMUSKLOOF

WELCOME

Sr Liesel Fourie

Hospital Manager - Cure Day Hospitals Erasmuskloof

We are delighted to welcome Sr. Liesel Fourie as Hospital Manager at Erasmuskloof. With 21 years of experience at Mediclinic, including as Unit Manager of the Emergency Centre at Mediclinic Kloof, Liesel brings exceptional leadership, compassion, and a passion for excellence. Energetic, witty and dedicated - she's truly a gem in our team.



Sr Liesel Fourie

LONG SERVICE AWARDS

Celebrating 10 Years of Dedication...

Congratulations to Lenie Huysen, Daleen de Bruin, Lizzy Tlou, and Marlize Bakker on reaching their 10th anniversary with Cure Day Hospitals! Your dedication and commitment have made a lasting impact on our team and the care we provide. Thank you for your loyalty and contribution - here's to many more successful years together!



STAFF NEWS

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Team-Building

As part of our commitment to teamwork and unity, we recently hosted a dynamic session led by Yvonne Anthony from Divinely Positioned. Yvonne delivered an inspiring talk on the importance of trust, communication and shared purpose in building strong teams. Her uplifting message left everyone motivated to collaborate more effectively and align around a common goal.

We're grateful for her insights and look forward to putting them into practice. The session was both uplifting and enlightening, reminding us that when individuals align with a common goal, the impact is felt in the team.



We are grateful to Yvonne for sharing her wisdom and passion, and we look forward to putting these principles into action.

MBOMBELA

Heritage Day Celebrations

Cure Day Hospitals Mbombela proudly celebrated Heritage Day with vibrant cultural displays, traditional attire, and a delicious spread of traditional cuisine. Staff came together to honour South Africa's rich diversity, fostering unity and pride across all departments. It was a joyful occasion that reflected our commitment to inclusivity and community spirit.



Administrative Support Day

On 3 September, we celebrated Administrative Support Day with a special lunch for the non-clinical staff.

It was a small gesture of gratitude for the big role they play behind the scenes, ensuring that everything runs smoothly and efficiently. Their dedication and hard work are essential to the heartbeat of our hospital, and we're truly thankful for all they do.



STAFF NEWS

Heritage Day in Style

Cure Day Hospitals Medkin - Celebrated Heritage Day in style! In line with one of our core values, unity, the team came together for a fun-filled teambuilding activity while learning about Swati culture. The day was filled with laughter, exciting games, and cultural sharing. Everyone participated with great enthusiasm, and our winners walked away smiling. It was truly a day that reminded us of the strength of unity and the beauty of our diverse heritage.



NEWMARKET

In August, the team at Newmarket Day Hospital took some well-deserved time out of our busy schedules to connect, recharge, and enjoy a fun-filled ceramic painting experience. The activity gave everyone the chance to tap into their creativity, share a few laughs, and discover some hidden artistic talents along the way!

Team building is more than just time away from the workplace - it's an opportunity to strengthen relationships, spark collaboration and remind ourselves of the value of working together as one. This colourful day was a true reflection of the energy and unity that makes our team so special.



Team building is more than just time away from the workplace - it's an opportunity to strengthen relationships, spark collaboration and remind ourselves of the value of working together as one.

STAFF NEWS

PAARL

Team-Building

Team Building Fun at Cure Day Hospitals Paarl

We recently hosted an exciting team-building event for our staff featuring the game show Minute to Win It. The fun challenges created the perfect environment to boost teamwork, camaraderie, and collaboration across our teams. And lots of laughter.



WILGEHEUWEL

MEET *Nonthlanthla*

We're proud to introduce Nonthlanthla, our intern at CDH, whose journey reflects the power of opportunity and mentorship.

Selected for our learnership programme, Nonthlanthla has embraced the experience with enthusiasm and purpose:

"Being selected felt like a major step forward in my career, especially in a hospital setting where learning never stops and every skill matters."



5 YEARS OF DEDICATION

We're proud to celebrate two remarkable women who have reached a 5-year milestone with Cure Day Hospitals Wilgeheuwel.

Zanele Mthlane joined us in July 2020 as a receptionist. Through dedication and hard work, she has grown into her current role as a Bookings Clerk. Zanele's journey is a testament to perseverance and passion, and we're so proud of her achievements!

Khuti Mashamba (ENA) started in September 2020 as a Floor Nurse. Her commitment to patient care and continuous growth has led her to become an Anaesthetic Nurse - a role she has embraced with excellence and compassion. Here's to many more years of success and impact!



Zanele Mthlane

Khuti Mashamba

STAFF NEWS

SOMERSET WEST

10 Year Celebration ▶

Staff celebrated their 10 year service milestone with a special lunch in their honour.

It was a heartfelt afternoon of reflection, appreciation and connection, recognising a decade of dedication, hard work and commitment to excellence.

We are grateful for their continued contribution to the Cure Somerset West family.



Funky Socks

Our staff stepped up their sock game and brought the fun to work with bright colours, bold patterns, and lots of laughs. A great way to add a little joy to the day and show off some personality from the ankles down.



PAARL



Staff Wellness Day

We recently hosted a Wellness and Screening Day in partnership with Discovery for all our staff.

Danele van Pletzen, a Biokinetic demonstrated simple exercises you can do even on an office chair and highlighted the importance of staying active. A gym circuit added fun and energy, making it an engaging and healthy day for everyone.

SOMERSET WEST



Heritage Day

Cure Somerset West staff celebrated Heritage day in true South African spirit! It was a vibrant day filled with colour, culture and connection as our team honoured the diverse traditions and backgrounds that make our workplace so unique.

STAFF NEWS



Standing Together in Green and Gold

Cure Day - Midstream, Supports the Springboks

MIDSTREAM

At Cure Day Hospitals Midstream, we believe in the power of unity, teamwork, and national pride.

This September, our staff proudly joins South Africans across the country in showing support for the Springboks. Every Friday, our team comes together dressed in Springbok T-shirts, wearing our green and gold with pride. Together, in green and gold, we stand proudly behind our Springboks!



Dedication and Leadership

Benita Pretorius, former Hospital Manager at Cure Day Hospitals Midstream, will be transferring to Head Office as from 1 October.

Benita has been part of Cure Day Hospitals Midstream for the last 8 years. We thank Benita for her dedication and leadership at Midstream and look forward to her continued contribution at Head Office.



10 YEARS OF SERVICE

Congratulations to Tebogo Maripane for 10 years' service at Cure Day Hospitals Midstream and for reaching this incredible milestone.

Her dedication, professionalism and positive spirit have made a lasting impact on everyone at Cure Day Hospitals Midstream. We are truly grateful for your contributions and proud to celebrate this journey with you.



TESTIMONIALS

FORESHORE

Anthony Raynard on the importance of vision health.

South African Motocross champion Anthony Raynard recently visited Cure Day Hospital Foreshore for an eye procedure.

"In motocross, every second counts and clear vision is key. Even a slight blur can cost control. Sharp eyesight helps me read lines, spot obstacles and react with confidence. The quick, painless procedure with Dr McClunan and the Foreshore team was excellent. You can only go as fast as your eyes can see."

Cure Day Hospital Foreshore wishes Anthony a smooth recovery and many safe races ahead.

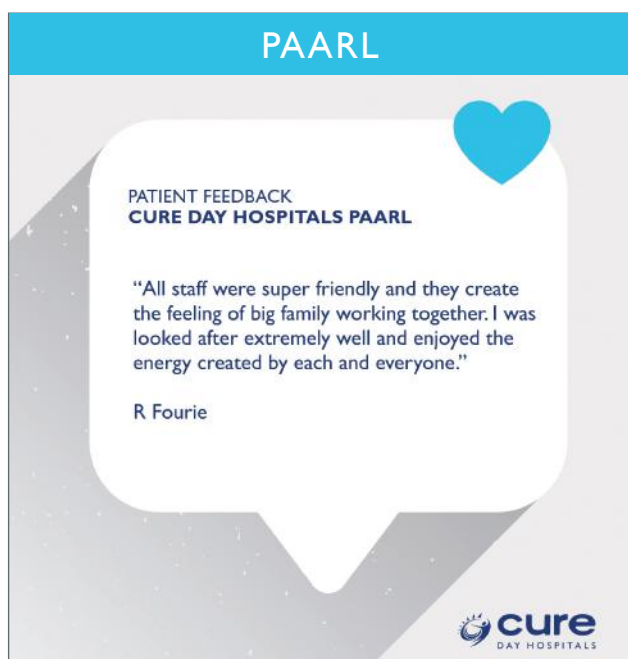


MIDSTREAM

This is what we are all about at Cure Day Hospitals Midstream! Our compassionate team genuinely cares for each patient, understanding the vulnerability that comes with surgery and committed to providing attentive, supportive care throughout their journey.

Here is a patient's testimonial after a visit at Cure Day Hospitals Midstream: *"Brilliant care and sympathetic staff. Thank you very much, I appreciate the care"*

Well done to the Cure Day Hospitals Midstream team!



MBOMBELA

Good Service & Compassion

"Good service and compassion has become so rare in healthcare systems & services. I truly appreciate the kindness and services Cure Day Hospital Mbombela and Dr Rudolf Kruger and his team for making my extraction procedure easy and amazing. The compassion from the nurses to the doctors was immensely admirable. I wish every workplace, community and service providers were just as kind." - Hope Nkosi

TESTIMONIALS

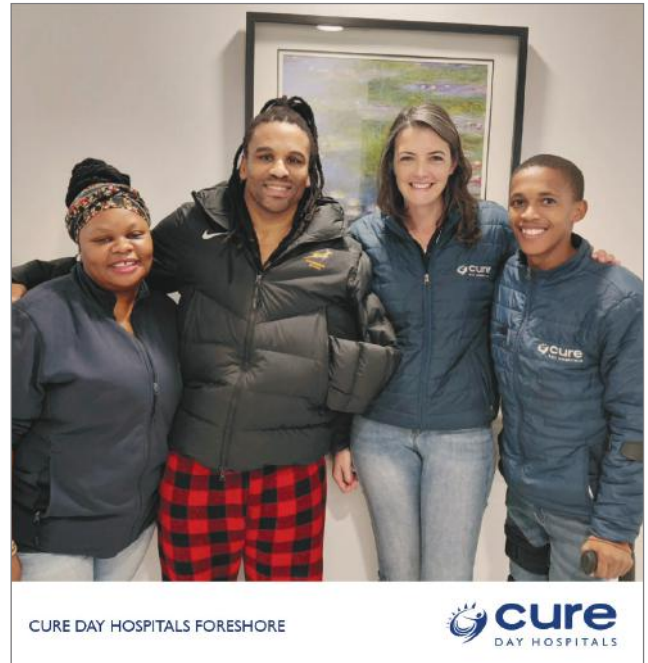
FORESHORE

“You were all fantastic”

Rosko Specman receives excellent treatment at Cure Day Hospital Foreshore. Rosko Specman, member of the South African Sevens team and well-known for his spectacular footwork in rugby, recently had a procedure done at Cure Day Hospitals Foreshore.

From Rosko: *“Massive thank you to the team at Cure Day Hospital Foreshore for their treatment and care during my stay. From the surgeons, nurses, orderlies, and admin staff, you were all fantastic.”*

We loved having Rosko at our hospital and wish him a speedy recovery.



Best wishes for a strong and successful final quarter.

As we approach the end of another remarkable year, we're reminded that every step forward is built on teamwork, trust and a shared vision of better healthcare for all.

The last quarter of 2025 invites us to celebrate how far we've come and to keep moving forward with gratitude, innovation and hope for all that lies ahead.

MONTANA

PATIENT FEEDBACK CURE DAY HOSPITALS MONTANA

"We would like to Thank the family at Cure Day Hospitals in Montana for an amazing treatment we received today. From the reception to the sisters, the Doctors, especially Dr Eksteen. Wow, my wife and I were blown away by the treatment we received today. I would recommend this facility a thousand times."



Cure Day Hospitals

OPENING AND CLOSING DATES

Head Office will close 19 December 2025 – 5 January 2026

New Market Day Hospital

Closing date: 19-Dec-25

Opening date: 07-Jan-26

Cure Day Hospitals

Bellville

Closing date: 19-Dec-25

Opening date: 12-Jan-26

Cure Day Hospitals

Bloemfontein

Closing date: 13-Dec-25

Opening date: 07-Jan-26

Cure Day Hospitals

East London

Closing date: 19-Dec-25

Opening date: 05-Jan-26

Cure Day Hospitals

Erasmuskloof

Closing date: 19-Dec-25

Opening date: 05-Jan-26

Cure Day Hospitals

Foreshore

Closing date: 19-Dec-25

Opening date: 12-Jan-26

Cure Day Hospitals

Fourways

Closing date: 19-Dec-25

Opening date: 05-Jan-26

Cure Day Hospitals

Mbombela

Closing date: 19-Dec-25

Opening date: 05-Jan-26

Cure Day Hospitals

Medkin

Closing date: 19-Dec-25

Opening date: 06-Jan-26

Cure Day Hospitals

Midstream

Closing date: 19-Dec-25

Opening date: 08-Jan-26

Cure Day Hospitals

Montana

Closing date: 19-Dec-25

Opening date: 05-Jan-26

Cure Day Hospitals

Paarl

Closing date: 19-Dec-25

Opening date: 12-Jan-26

Cure Day Hospitals

Somerset West

Closing date: 19-Dec-25

Opening date: 12-Jan-26

Cure Day Hospitals

Wilgeheuwel

Closing date: 19-Dec-25

Opening date: 12-Jan-26



FESTIVE WISH

Wishing our staff, doctors, patients and partners a joyful festive season!

Thank you for making this year one of care, compassion and teamwork. May the holidays bring you warmth, happiness and good health.

SEE YOU IN 2026



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