

Coniston and Crake Valley News



Coniston
& Crake
Churches

February 2025 www.conistonandcrakechurches.co.uk

JOHN RUSKIN SCHOOL



Winter Blues Buster

SATURDAY 1st February

7pm at John Ruskin School, Coniston.

FABULOUS HOUSE PRIZES:

X2 cash prizes of £100 each

The Coniston Inn - meal voucher

The Sun Hotel, Coniston - dinner for two

Grizedale Mountain Bike - £100 voucher

Langdale Estate Leisure passes

1 hour motor cruise experience on Windermere

90 min Thermal Journey for 2 at The Netherwood Hotel

Many, many more line prizes and an additional raffle will make this an evening packed with prizes and FUN!

**Tea and coffee available but this is also a
BYO event.**



This is a cash event.

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage,		07505 048736
Penny Bridge.	<i>Brian works for Filling Station on Thursday</i>	
LA12 7RQ	<i>Brian's rest day is Friday</i>	

SAFEGUARDING OFFICER

Juliet Caldwell	safeguarding@conistonandcrakechurches.co.uk	07884 232281
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MAGAZINE EDITOR

Juliet Caldwell	editor@conistonandcrakechurches.co.uk	07884 232281
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ADMINISTRATORS

Marion Swift	2admin@conistonandcrakechurches.co.uk	01539 521337
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Juliet Caldwell	admin@conistonandcrakechurches.co.uk	07884 232281
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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrators.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. For further information contact Chris and Margaret Hamps, **hampsc@outlook.com**

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.30am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

Cover photo: Volunteers at the Brantwood bird hide

Church Services for February 2025

2nd	Presentation of Christ in the Temple			
St. Luke Lowick	9.30am	Morning Worship	Rev Brian Streeter	
Holy Trinity Colton	10.00am	Candlemas Service	Pam Priestley	
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter	
Coniston Methodist	11.00am	Morning Worship	Chris Clark	
St. Luke Torver	12 noon	Winter Breakfast	Hazel Bowness, Linda Inman, Val Towndrow	

9th	Fourth Sunday before Lent			
Holy Trinity Colton	10.00am	Holy Communion	Rev Brian Streeter	
St. Andrew Coniston	11.00am	Healing Service	Pamela Hull	
St. Mary Penny Bridge	11.00am	Holy Communion	Rev David Bickersteth	
Coniston Methodist	11.00am	Morning Worship		

16th	Third Sunday before Lent			
St. Luke Torver	9.00am	Holy Communion	Rev Brian Streeter	
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter	
Coniston Methodist	11.00am	Morning Worship	Dare Holland	

23rd	Second Sunday before Lent			
St. Luke Lowick	9.30am	Methodist Service	Rev Hayley Edmondson	
Holy Trinity Colton	10.00am	Morning Worship	Rev Joanna Henson	
St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter	
Coniston Methodist	11.00am	Holy Communion	Rev Hayley Edmondson	
St. Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter	

Christians Together in Coniston prayer dates

Christians Together in Coniston will hold a prayer and fasting day for the community, Chris Clark, and the congregations on **Wednesday 12th February**; pray where you are, fast as you can. Drop-in prayer session: 3 - 5pm in St Andrew's Church.

Tottlebank Baptist Church warmly invites you to our Saturday Specials led by Richard Henry

The next is on **Saturday 22nd February** and the topic "Rain & Rainbows: Genesis Chapter 6-9"

10:15am Refreshments and Fellowship

11:00am Praise and Worship followed by Bible Teaching

Finish at 12.30pm

Pastoral Letter from Pam Priestley

Dear All,

A photograph which is precious to me in our family photo album is one which shows four generations - my grandmother, my father, myself and our then newborn, small daughter. Grandma sits proudly in the centre holding the baby comfortably. What wonder she must have felt in her mid eighties looking with pride at the face of her great granddaughter, all the more so when she had been told by a Dr in her thirties that she wouldn't live beyond forty because of her serious heart condition! What wonder the old man Simeon must have felt when the baby Jesus was placed in his arms by Mary and Joseph, when they followed the Jewish tradition and took him to the temple to dedicate him to God. Simeon had been waiting a very long time for this moment and had known in his heart that he wouldn't die until he had seen the promised Saviour. Older readers will probably remember reciting in Evensong Simeon's response, in the words of the Nunc Dimittis, 'Now lettest thy servant depart in peace'.

Simeon was the one who welcomed Jesus as the light for the world and in church we remember this as we celebrate the festival of Candlemas. I love this particular festival, not only because we fill the church with candles and enjoy lighting them as we pray but because it points to the joy there is when old and young worship together.

It is also a wonderful and salutary thing in this story to see a child being held safely in the arms of an older man. Sadly this hasn't always been the case in the church, as we've seen in recent news headlines. All that we can say as an institution is to confess that there has been deep failure at times and to assure everyone that there is a renewed commitment to making a fresh start.

When our children were young, I would often put 're-lighting' candles on their birthday cakes. They would blow and blow and the flames would go out but instantly re-ignite! At times in history, particularly in times of persecution, it has seemed that the light of Jesus would go out but it hasn't. It still shines today in a dark world. With love,

Pam

CANDLEMAS SERVICE on **2nd February**, 10.00am at Colton Church
This will be a service very geared to children with songs, story, action, candle-lighting (safely!) and activities. It would be great to see all generations represented!

All welcome

From the Registers

St. Luke, Lowick, 11th January: Funeral of Andrew Henry Clowes

St. Andrew, Coniston, 14th January: Funeral of Ellen Smith

St Mary, Penny Bridge, 9th February: Baptism for Rory Thomas Holme

St. Andrew, Coniston, 24th January: Burial of Christine Riding



Calling all photographers

We are always on the look-out for good images to use for the front cover of the News. Because of the print paper and ink density, landscape photos don't look as good as they do on your screen, so some of the beautiful ones that have been submitted but haven't been ideal for the cover can be seen in all their glory on our website. If you go to **www.conistonandcrakechurches.co.uk** and select "**Gallery**" from the main menu you'll see them all there.

Meanwhile, it would be great to get some images of "life and work" in the valleys - the format needs to be portrait and the file size at least 1 or 1.5mb, emailed to editor@conistonandcrakechurches.co.uk. If you aren't sure how to send your photos, please get in touch.

Around the Parishes : Colton

Colton Parish Council News

Parish Clerk Vacancy

We have been without a Clerk for several months now, but Beth Workman has volunteered to stand in as a locum for 6 months. Welcome Beth. In the long term, we will still need a permanent clerk so please contact us if you are interested. Full training will be given and we are in the position to give hands on training now. Thank you very much to Cllr. Gail Dudson, who filled in very ably and diligently.

Councillor Vacancy

We still have one vacancy for a Councillor and would like to hear from anyone interested, particularly those from the Finsthwaite, Lakeside area. Full support and training will be given, The only stipulation is that you must be over 18.

Colton Christmas Food Bank appeal

Thanks for all who donated, we gave 42.2kg of food, enough for 100 meals You can still donate by leaving food at supermarkets or by online donation. <https://barrow.foodbank.org.uk/>

Colton Parish Council Community Grant Scheme

We can give grants to community groups based in Colton or to residents, including village hall committees. We can give small, one-off grants to help your group make a difference and there's no deadline. Applications will be assessed monthly at the Parish meeting. Examples include grants to help a local resilience group to buy basic equipment in emergency situations, towards the production costs of the Parish Magazine and towards Green Sparks Environmental group. For details and an application form see <https://coltonparishcouncil.org.uk/wp-content/uploads/2023/02/Grant-awarding-policy-and-application-form-October-2022.pdf>

Grit Bins

We have been inspecting the grit bins, so If you notice an empty grit bin or a location which needs a grit pile please report it to the Council link <https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/streets-roads-and-pavements/road-maintenance-closures-and-improvements/winter-road-maintenance-and-gritting/salting-grit-heaps-and-salt-bins>

or phone 0300 373 3300 during normal office hours.

Support during power cuts

If you are over State Pension Age, or have very young children, or have any kind of long-term health condition, please sign up for the Utility Companies' Priority Services Register. It will ensure that your household as priority for help in the event of extended power cuts. To sign up, contact your own supplier or go to <https://www.enwl.co.uk/power-cuts/extra-care/>

Our next meeting is 7pm on Monday 24th February at Rusland Reading Room. All welcome!

If you are interested in any of the topics raised or being involved with the council, for any further information you can email us on clerk@coltonparishcouncil.org.uk If you can't use email, you can text or call us on **07761 485956**

Egton cum Newland



The Crake Valley Friendship Club is having our first coach trip of 2025 on 19th March. We are going to Kirkby Lonsdale followed by a visit to Bay View Garden Centre. There are spare seats on our trips which are up for grabs to non-members, anyone is welcome to join us. £18 for non members. For enquiries please contact Anne on

01229 861278. Coach leaves Greenodd at 9am.

The date of the next **Egton with Newland, Mansriggs and Osmotherley Parish Council** meeting is Tuesday 4th March, 7pm at Greenodd Village Hall. All parishioners are welcome.

Coniston & Torver

Rainfall, Garden House, Coniston - December 2024

Total - 403.6mm (15.9ins)

Wet days - 25

More than 1mm on 20 days

Wettest day - 31st - 103.0mm (4.1ins)

Frost on the 9th, hail and snow on the tops on the 21st.

Total for 2024 - 3225.4mm (127.0ins)

Lunch and Dominoes

We will continue for on the first **Wednesday of the month at 12.30pm** in Coniston Institute Reading Room

Do come along and join us for soup/roll and a pud, tea/coffee, followed by dominoes. All for £5.00

The dates are 5th February, 5th March, 2nd April 2025

Everyone welcome.

Coniston Community Lunch

Thank you to everyone who came to our January lunch, it was lovely to see you all.

Our next lunch will be **Monday 17th February at 12.30pm** in the Institute Reading Room.

We will be serving a hearty two course lunch (usually soup and pudding) plus tea or coffee and treats from the sharing table. All ages are welcome.

No payment is expected, however a donation towards our costs would be very welcome.

Places are limited so please confirm attendance by phoning or texting Helen on **07583 371275** or email **e.glaister013@btinternet.com**, by the Friday before. Also please let us know if you have any dietary requirements or need help with transport.

We are always grateful for additional help so please get in touch if you can offer any help either in the kitchen on the day or donating some food - perhaps a pudding or something for our sharing table.

We look forward to seeing everyone

The Community Lunch Team

Torver Parish Council

Torver Parish Council met on Thursday 9th January. An information sheet is being prepared for delivery to every dwelling in the parish. Date and details of the community lunch are being finalised. The Parish Precept has been submitted to W&F Council. Repair or replacement of the notice-board is being investigated.

The Parish Council is trying to create a history of the village green and would welcome information.

Councillors have been urging Highways to undertake repair to roads and paths and were grateful to locals who have been active in restoration work.

A clerk has been appointed but there is still a vacancy for a councillor; a younger member of the community would be welcomed and nurtured. The date of the next meeting will be held on **Thursday 6th March** at 7.30pm in the Schoolroom. Full draft Minutes are available on the noticeboard and TPC's website.

Reports

Mothers' Union

For more information contact **Kay 015394 41559**.



Egton WI

Egton WI got off to a good start with Rebecca Barker from Stribers Farm talking about her experiences in New Zealand as a result of winning a Young Farmers scholarship to spend four months working on a farm there. Her confidence and enthusiasm shone through as she told us about the role she played, helping out on a 9000 acre farm on the North Island. Before returning to the UK she was also able to travel around both islands, which brought back happy memories for those of us who have also had the pleasure of visiting New Zealand.

We discussed up and coming outings and resolutions. We continue to collect used stamps which helps us raise funds for the RNIB.

Our next tea party which will be to celebrate both our own WI's 80th birthday but also the 80th year for VE Day too. It is to take place on Saturday 14th June so do save the date and more details will follow in due course.

Ladies do join us next month when Tom Attwood from Halecat Nurseries will be talking about "Gardening for Bees". New members or visitors welcome.

Gill

Green Sparks News February

10.30-12 Saturday 1st February: Green Sparks Coffee Morning and Bring & Buy Sale at Spark Bridge Village Hall. You are all invited to join us!

It's great news that we have raised enough money for the River Crake notice board, but we still need to fundraise for installation costs, so come along for a coffee and a chat and help us reach our goal.

Bring & Buy: bring your unwanted items e.g. books, bric a brac, unwanted Christmas Presents (nearly new, good condition, reusable items only please) for us to sell and pick up a bargain for yourself!

Or, Book a table - only £5 - to sell your own stuff!

Free entry and refreshments. Offers of help and/or donations towards the board installation costs welcome.

To book a table, find out about helping on the day, or any other enquiries please contact us greensparks.sparkbridge@gmail.com

Please spread the word! We need as many people as possible to come along and support us. Thank you

Decluttering, recycling and environmentally friendly Spring cleaning!

Apart from donating your spare goods to the Green Sparks Bring & Buy on Saturday 1st Feb, there are lots of options;

For general tips see <https://www.greenlivingblog.org.uk/best-eco-friendly-cleaning-methods/> and <https://www.recyclenow.com/> and <https://callofnature.info/top-tips-fun-facts/>

For information about what to do with your old electricals, including the bundle of unwanted cables we all have in a drawer somewhere, see <https://www.recycleyourelectricals.org.uk/> and <https://www.recycleyourelectricals.org.uk/how-do-i-sort-out-my-cables/>

Or try the library; Westmorland & Furness libraries have expanded their 'Go Green' collections to encourage us all to learn more about climate change and sustainability, see <https://www.westmorlandandfurness.gov.uk/libraries-and-archives/go-green-collection>

To join the Green Sparks' mailing list, publicise your 'green' event, or share your news, ideas and resources, email us



at **greensparks.sparkbridge@gmail.com**

Farmers Arms February events

1st Feb - Stool In A Day Workshop, 10-4pm, £80

15th and 16th Feb - Stained Glass Weekend Course, 10-4pm, £120

26th Feb - Wednesday night pottery, 6 week course

See website **lakedistrictfarmersarms.com** for all upcoming events and courses.

Oxen Park Cinema Club

Oxen Park News

Carthouse Community Cinema

Films coming up:

4th February - Past Lives

15th February - Poor Things

15th March The Taste Of Things

1st and 2nd March - Look out for our Adventure Film Nights (there could be two) A

programme of films selected from the London Mountain Film Festival.

If all the seats are taken put yourself on the waiting list as we often repeat a film on the following Sunday and we'll get in touch with you to let you know.

All seat bookings taken on the website - **www.oxenparkcinemaclub.org.uk**

Friday evening presentations

Oxen Park Reading Room Presents

A winter series of Friday evening fund raising presentations

At The Carthouse Community Cinema, Oxen Park

Fridays 7.30pm

7th February	Tim Stead - Magician with Wood	A film about Tim Stead. Sponsored by Edward Mills
28th February	Restoring Pine Martens and rebuilding woodland ecosystems in South Cumbria	Dr Michael (Mic) Mayhew
7th March	Breeding Gypsy Cobs History, plans for the future & more	Eleanor & Jason Lancaster
21st March	S. America on a Bamboo bike	Kate Rawles Author of 'Life Cycle'
To be arranged	Riding For The Disabled	Karen Hanks

Booking essential. Carol McNeill (01229 861507)

crlmcneill@gmail.com

Tickets £5 pay on the door. Raffle (£1) at each show.

Why not come early and enjoy a drink at The Manor first.



ROOKHOW NEWS

OPEN DAYS

1st & 3rd Fridays 10am-4pm throughout Winter. One of our friendly guides will be happy to show you around the site and tell you about Rookhow's history. Free admission with tea/ coffee and homemade cakes.

QUAKER MEETINGS AT ROOKHOW

All are welcome to join us for Quaker Meetings for Worship at Rookhow:

1st Wednesdays 7.30-8pm

1st & 3rd Fridays 12.30-1pm

BEING QUAKER; DOING QUAKER weekend 16th-18th May

An opportunity to explore the Quaker faith in more depth looking at the historical context in which Quakerism is rooted, reflecting on our own spiritual journeys and exploring what unites Quakers in beliefs and practices. Led by a grandmother and granddaughter duo with Sue Nicholls. People curious or new to Quakers are welcome. Email: contactrookhow@gmail.com for more information and to book a space.

SAVE THE DATE! Saturday 7th June

Rookhow will be celebrating its 300th anniversary on Saturday 7th June. More news soon about a day of celebrations at Rookhow.

VOLUNTEERS NEEDED

We're looking for more volunteers to help in the grounds at Rookhow - processing logs, making kindling, gardening, taking out invasive species from the woodland, maintaining the paths, looking after the yurt. We can offer travel expenses, good company and homemade cake. Every Friday 10am-3pm. Non-Quakers and local people are welcome.



Brantwood News and Views

As the days start to get longer, come and visit Brantwood as the gardens start to come alive again and see the work our garden staff and volunteers have been doing over the winter. Don't forget to allow time to visit our new style Terrace Café. Enjoy breakfast from 10am or brunch before visiting the gardens or join us for lunch of soup, sandwiches or toasties, leaving room for our renowned selection of yummy homemade cakes. Open 10-3pm (lunch served until 2.30pm).

Sunday 16th February 2pm – Concert by Pianist Paul Turner

Paul returns to Brantwood for the third of our Concert Series. An honours graduate of the Royal Academy of Music, he won many prizes and awards culminating in the Queen's Commendation for Excellence and the Peter Pears Accompaniment Prize, adjudicated by Pears himself. Paul was elected an Associate of the Royal Academy of Music in 1996, a discretionary award given to past students in recognition of their contribution to the music profession. *'perhaps the most soulful concert I have ever listened to in my life. Thank you!'* (Buscot Park 2022) *"Sik pianist; sik programme" – "Amazing concert"* (Musicfest Aberystwyth 2023). Programme includes Gershwin, Beethoven, Chopin, Tippett, Debussy and Alberto Ginastera. Seating is limited for forty, and this of course is the charm of Brantwood. Tickets £20 (includes interval drink). Booking essential.

Children's activities will be available in the Loft over February half term. Full details on website.

Our Blue Gallery exhibition Emissaries of the Land, an exhibition of works by Kurt

Schwitters, John Ruskin and Derek Hyatt. On display until 2nd March 2025. Our studio exhibition "View from a Boat; A Kayaker's Journey on Coniston Water Throughout the Seasons" by Yorkshire-based artist, Penny Hunt continues until 28th February 2025.



For full details of all our exhibitions, events and bookings, please visit our website www.brantwood.org.uk. Contact enquiries@brantwood.org.uk or call **015394 41396**.

South Lakes Citizens Advice

Damp and mould have built up in our home. Our letting agency say they'll speak to our landlord but there's been no action and I'm really worried about how this might affect our health.

It's not always easy to work out the cause of damp and mould. Your landlord will be responsible for the issue if it's being caused by structural problems or disrepair such as a leaking roof or bad insulation, and if it's affecting your health. However, they might suggest that it's your fault for causing condensation. On the Citizens Advice website you can find information to help you work out what type of damp you have, who is responsible and what you can do about it.

The best way to prevent condensation is to keep homes well-heated and ventilated, but high heating costs and cold weather can make this difficult. Check the website to see if you're eligible for financial support, and for advice on actions to avoid, like drying clothes on heaters.

However, if the property can't be heated and ventilated adequately to cope with normal day-to-day living activities like showering, cooking and laundry, then it's the property that's the problem, not your behaviour.

If your landlord is responsible for the damp in your home but doesn't do anything about it, you can report them to the local authority. And if you have medical evidence that damp is making you ill, you may be able to get free legal advice. Contact South Lakes Citizens Advice if you need further help.

I ordered some goods online, and now I have had a text message from the delivery company asking me to pay them to deliver the parcel. I thought delivery was included in the payment I made, but I do want the parcel. What should I do?

If you get a message that asks you to pay to get a parcel or reschedule the delivery, it's usually a scam. Don't click any links - delivery companies won't ask you to pay them through a link. If you bought something from a business to be delivered, it's the seller's responsibility to make sure the item is delivered to you.

If the seller used a courier, they should chase the courier to find out what's happened to your order. Check the delivery address you gave the seller, then contact them and ask where your order is.

If the seller claims they've delivered it or don't know where it is, you can ask for a redelivery. Under the Consumer Rights Act, you can ask the seller to deliver the item again if it wasn't delivered either by an agreed date or within a reasonable time.

You can cancel and ask for your money back if you don't get the item within 30 days of buying it, or on the date you agreed with the seller.

If you have already clicked any links or given your bank details, there is information on the Citizens Advice website on what to do if you've been scammed. If you need further help, contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

Call 015394 46464 (9.30am – 2pm, Monday – Friday)

Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)

- ***Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)***

email advice via the submission page on our website

www.southlakescab.org.uk

A Prayer for Ukraine

As you be aware the war in Ukraine has continued to be fought since the invasion by the Russia Federation in February 2022.

The war appears now to be entering a critical period, and one that may signal a ceasefire and an end to hostilities. Naturally, any peace will be fragile and there are matters of justice, compensation, and reconstruction to be resolved. Please do pray for peace discussions and do use the prayer below if that would help, many thanks.

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen



Parish Prayer Diary February 2025

1st: Pray for the Middle East and the relief agencies helping victims of the conflicts.

2nd: Sunday, the first day of the week

Pray that Jesus, light of the nations, may so work in us that we shall be presented pure and holy to our God when he calls us to our eternal home.

3rd: At 12noon today, for just 5 minutes, join Christians in prayer across the Diocese, praying God would give His Church a heart to pray and that He will strengthen us for service.

4th: The Open Doors organisation has trained many North Korean Christians who have returned to their homeland to disciple the underground church there. Ask God to protect these courageous believers and equip them to build up His body.

5th: Pray for the Benefice Staff team meeting this afternoon.

6th: Pray for our local businesses.

7th: Pray for the ministry of Chris Clark, Coniston's Youth & Community Worker.

8th: Pray for parents and Godparents bringing a child for Baptism tomorrow.

9th: Sunday, the first day of the week

Pray the Lord of the hosts of heaven, who is our salvation and our strength and without Whom we are lost, may guard us from all that harms or hurts and raise us when we fall.

10th: At 12noon today, for just 5 minutes, join Christians in prayer across the Diocese, praying God would give His Church a heart to pray and that He will strengthen us for service.

11th: Pray for Community Nurses.

12th: Pray for people and families struggling financially, and for the charities providing practical advice such as Step Change, Citizens Advice, Christians Against Poverty.

13th: Pray for Bible reading notes contributors.

14th: Pray for all who work within Cumbria Constabulary.

15th: Pray for pupils and teaching staff as school closes for the half-term break.

16th: Sunday, the first day of the week

May God give to His people grace to so love what He commands and to desire what He promises, that, among the many changes of this world, our hearts may surely be fixed where true joys are to be found.

17th: At 12noon today, for just 5 minutes, join Christians in prayer across the Diocese, praying God would give His Church a heart to pray and that He will strengthen us for service.

18th: Pray for the Cumbria Community Foundation, providing means that make a difference to the most disadvantaged in our communities.

19th: Pray for Scripture Union's Mission Partners committed to reaching children and young people with the good news of Jesus.

20th: Pray today's UN World Day of Social Justice is an opportunity to consolidate the efforts of the international community to eradicate poverty and unemployment, promote decent work, gender equity and access to social wellbeing and justice for all.

- 21st:** Pray for Africa Inland Mission partners responding to the call to share the love of Jesus with those who have never heard the Good News.
- 22nd:** Pray for members and leaders of our local Young Farmers Club.
- 23rd:** **Sunday, the first day of the week**
- Pray our Creator God will grow in us reverence for all creation and respect for every person, that we may reflect His light and love to a troubled world.
- 24th:** At 12noon today, for just 5 minutes, join Christians in prayer across the Diocese, praying God would give His Church a heart to pray and that He will strengthen us for service.
- 25th:** Pray for the Mothers' Union as it campaigns internationally for family life, the rights of women and girls and the protection of children.
- 26th:** Pray for the Governors of our local schools.
- 27th:** Pray for NSPCC working to prevent child abuse, to help rebuild the lives of vulnerable children and supporting families in difficult times.
- 28th:** Pray for those unable to attend church because of infirmity; that they may daily know the inner peace and comfort of Jesus and remember that, as they pray, they are members still of the Christian praying community.

From the Editor:

Please send items for the March magazine by **15th February** to **editor@conistonandcrakechurches.co.uk** or phone **07884 232281**.

Readings for February 2025

2 nd	Hebrews 2.14-18	Luke 2.22-40
9 th	1 Corinthians 15.1-11	Luke 5.1-11
16 th	1 Corinthians 15.12-20	Luke 6.17-26
23 rd	Revelations 4	Luke 8.22-25

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It's not just business, it's personal

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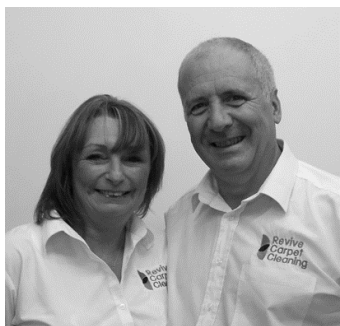
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Regular events

Monday	Knitting and Stitching, 7pm	Greenodd Village Hall
Monday	Basketball, 7 - 8pm	Coniston S & S Centre
Monday	Short Mat Indoor Bowling, 1 - 3pm, no experience needed	Greenodd Village Hall
2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Tuesday	Coniston CAMEO 2 - 4pm	Coniston Institute
Tuesday	Youth Club age 11 & over 7 - 9pm	Coniston S & S Centre
Wednesday	Parent and Toddler Group 9.30 - 11.30am (term time only)	Coniston S & S Centre
Wednesday	Beginners Pilates, 4.30pm	Greenodd Village Hall
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Community Lunch, 1pm sharp, £7.50	Farmers Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am £5 (term time only) or just come for lunch at 12 noon.	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
Thursday	Zumba 6.30pm with Valentyna	Coniston Primary School
Thursday	Netball Skills 6.30 - 7.30pm	Coniston S & S Centre
2 nd Tuesday	Egton WI, 7.30pm	Greenodd Village Hall
2 nd Tuesday	Ulverston Repair Café 6.30-8.30pm	Croftlands Community Centre
3 rd Tuesday	Coniston WI, 7.30pm,	Coniston Institute
1 st Wednesday	Charity Quiz, 8pm, £3 per person	Coniston S & S Centre
1 st Wednesday	Lunch & Dominoes 12.30 £5	Coniston Institute R R
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
3 rd Wednesday	Coffee Morning 10.30am - 12.30pm	Bouth Village Hall

What's On Guide - February

1 st	Green Sparks Coffee Morning & Bring and Buy Sale, 10am	Spark Bridge Village Hall
4 th	Film: Past Lives	Carthouse Cinema
5 th	Lunch & Dominoes 12.30pm	Coniston Institute RR
6 th	Talk: Coniston Mountain Rescue, 7pm	Water Yeat Village Hall
7 th	Film: Tim Stead, Magician with Wood, 7.30pm	Carthouse Cinema
7 th	Live Music: Kim Richey, 7.30pm	Water Yeat Village Hall
8 th	Holly Clarke & George Sansome 7pm	Coniston Institute
15 th	Film: Poor Things	Carthouse Cinema
16 th	Concert: Paul Turner 2pm see page 12	Brantwood
17 th	Community Lunch 12.30pm see page 8	Coniston Institute R R
22 nd	Quiz, 7pm	Water Yeat Village Hall
28 th	Talk: Restoring Pine Martens, 7.30pm	Carthouse Cinema

Calling all local organisations....

Don't forget to let us know about your regular or one-off events to be added to our What's On list - please email the details to **editor@conistonandcrakechurches.co.uk** or phone **07884 232281**.



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