

ANNUAL REPORT 2025



**St. Albert Family
Resource Centre**
GROWING STRONG TOGETHER

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Land Acknowledgement



The St. Albert Family Resource Centre acknowledges that we are located on Treaty 6 Territory, the traditional lands of the Cree, Dene, Blackfoot, Saulteaux, Nakota Sioux, and Métis people. We honour and recognize the rich Indigenous histories, cultures, and traditions that have shaped this land long before us.

As an organization dedicated to supporting children and families, we affirm our commitment to fostering inclusivity, respect, and meaningful relationships with Indigenous communities. We acknowledge the profound importance of family, kinship, and intergenerational learning that has long been central to Indigenous ways of life.

Through education, reconciliation, and community-building, we strive to create a welcoming space where all families feel valued, supported, and empowered. We walk this path with humility, learning from Indigenous voices, and working towards a future built on understanding, healing, and connection.

We are grateful for the opportunity to live, work, and gather on this land, and we pledge to continue learning from and listening to Indigenous peoples, honoring their contributions, and working together towards a brighter future for all families.

Greetings from the Board

On behalf of the Board of Directors, it is our pleasure to present the 2025 Annual Report of the St. Albert Family Resource Centre.

This past year has been one of transition, reflection, and renewal. As we welcomed our new Executive Director, we also took the opportunity to assess our organization's strengths, opportunities, and long-term direction. Throughout this period of change, our commitment to supporting children, families, and individuals in our community remained steadfast.

The Board is proud of the Centre's continued ability to deliver meaningful, accessible, and responsive services in an environment marked by growing complexity. Families across our region continue to face significant challenges, including affordability pressures, social isolation, and increasing mental health concerns. In response, the Centre has remained focused on prevention, early intervention, and building strong community connections that help families thrive.

One of the most significant accomplishments of the year has been the organization's deliberate focus on strengthening its foundation for the future. Efforts to enhance internal alignment, support staff capacity, improve operational effectiveness, and maintain sound financial stewardship have positioned the Centre to continue delivering high-quality services while adapting to evolving community needs.

The Board has worked closely with the Executive Director to ensure strong governance, accountability, and strategic oversight throughout this transition period. We are encouraged by the collaborative relationships that continue to grow with community agencies, municipal partners, funders, and stakeholders. These partnerships are essential to achieving our mission and expanding our collective impact.

As we look ahead, our priorities are clear: strengthening organizational sustainability, bringing increased awareness of the Centre, fostering deeper community partnerships, enhancing program evaluation and impact measurement, and improving accessibility and inclusion. These priorities will guide our decisions as we continue to build a resilient and responsive organization for the future.

We extend our sincere gratitude to our dedicated staff, volunteers, community partners, funders, and supporters. Above all, we are thankful for the families who choose to connect with us. Their resilience and commitment to their well-being continue to inspire our team and affirm the importance of our mission.

Together, we look forward to continuing to strengthen families, build connections, and create positive outcomes for our community.

Board of Directors
St. Albert Family Resource Centre

Executive Director's Message

It is a privilege to present my first report as Executive Director of the St. Albert Family Resource Centre, having joined the organization in March 2025. This past year has been one of leadership transition, organizational assessment, and strategic alignment. I inherited a respected organization with a strong legacy of service to the community, and my initial focus has been on positioning the Centre for sustained impact in an increasingly complex environment.

Since March, I have prioritized developing a comprehensive understanding of the organization's operations, capacity, and community role. This has included engagement with staff, Board members, funders, and community partners.

Through this work, several key themes emerged. ***Increasing complexity and intensity of family needs. Rising demand for accessible, preventative supports. The importance of organizational clarity, alignment, and sustainability.*** This period of assessment has informed both immediate operational decisions and longer-term strategic considerations.

Throughout 2025, the Centre continued to deliver high-quality, community-based programming while responding to evolving pressures facing families, including affordability challenges, social isolation, and mental health concerns.

Our approach remains grounded in:

- Early intervention and prevention
- Reducing barriers to access
- Strengthening family and community connections

The organization's ability to adapt to emerging needs while maintaining service continuity reflects the strength and commitment of our team.

The partnership between the Board of Directors and Executive Director has been critical during this transition period. I would like to acknowledge the Board's commitment to sound governance and thoughtful stewardship.

I would like to acknowledge the dedication and professionalism of our staff team; whose work is central to the Centre's impact each day. I also extend my thanks to the Board of Directors for their leadership, and to our funders and partners for their continued trust and investment.

Most importantly, we recognize the families who engage with our programs and services. Their resilience and trust reinforce the importance of our work and our responsibility to continue evolving to meet their needs.

It is an honour to serve as Executive Director and to contribute to the continued growth and impact of the St. Albert Family Resource Centre.

Linda Curley

Executive Director

St. Albert Family Resource Centre



THE DIFFERENCE WE MAKE

We create opportunities for individuals and families to connect to each other and in our community. Our qualified facilitators mentor and provide creative activities in our centre, so that each child, adult, and family who attends our programs is given the tools they need to succeed

CHILDREN (ages 0-5)

How They Learn

- Through play-based experiences.
- Positive role modelling.
- Engaging resources and activities.
- Individualized support and encouragement.

What They Learn

- Social-emotional skills, building friendships, understanding boundaries, and navigating separation.
- Communication and language skills.
- Problem-solving and critical thinking skills.
- Confidence, independence, and self-regulation.
- School readiness and life skills that support future success.

YOUTH (ages 6-12)

How They Learn

- Through positive role modelling.
- Group discussions and group-based activities.
- Engaging resources and learning opportunities.
- Individualized support and guidance.

What They Learn

- How to recognize healthy and unhealthy situations and relationships.
- Strategies for navigating difficult or uncomfortable situations.
- Social-emotional skills, including self-awareness, emotional regulation, and relationship-building.
- Personal values, decision-making, and life skills.

PARENTS/CAREGIVERS

How They Learn

- Through educational workshops and resources.
- Individualized support and guidance.
- Peer learning and group discussions.
- Opportunities to connect and share experiences with others.

What They Learn

- Child development and age-appropriate expectations.
- Tools for creating a positive and supportive home environment.
- Strategies for navigating challenging situations.
- Problem-solving and decision-making skills.
- Setting healthy boundaries and fostering positive relationships.
- Building connections, community, and support networks.

FAMILIES

How They Learn

- Through community events, programs, and activities.
- Access to resources and information.
- Individualized support and guidance.
- Opportunities to connect and engage with others.

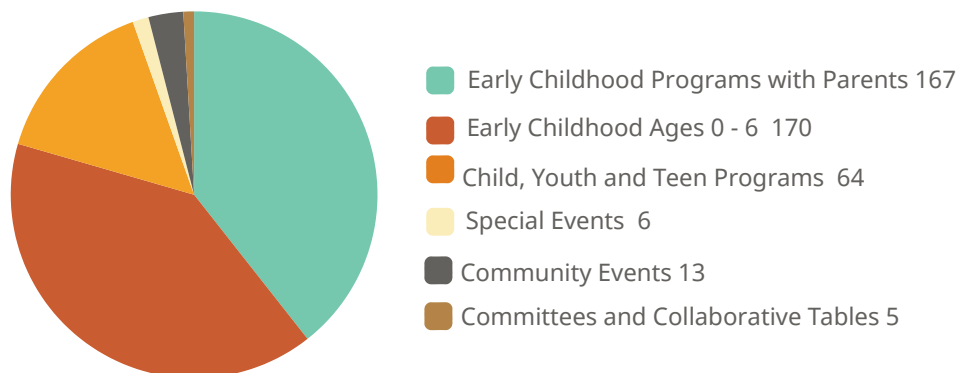
What They Learn

- How to build meaningful social connections within the community.
- Strategies for reducing social isolation and strengthening support networks.
- The value of connection, belonging, and community engagement.
- Skills and resources that contribute to stronger families and healthier communities.

SNAPSHOT of our year

*'Growing Strong
Together'*

PROGRAMS/COLLABORTIVE SPACES



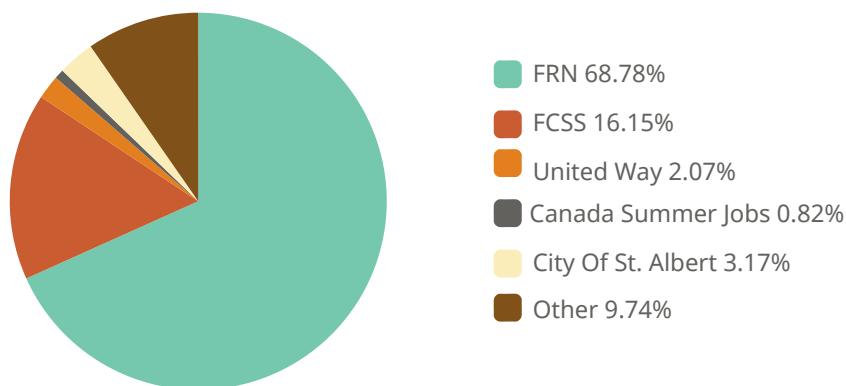
OUR MISSION

“ Strengthening families through meaningful, educational programming in a safe and supportive environment. ”

OUR VISION

“ Strong, empowered families. Thriving, happy children. Meaningful community connections. ”

FUNDING



OUR VALUES

“ Belonging, Learning, Integrity, Resiliency, Collaboration, and Cooperation ”

WHO MAKES IT POSSIBLE

164
People & Organizations



#NurtureOurFuture

A YEAR IN REVIEW

70

Families In Family
Support And Home
Visitation Programs

8018

Participants In Family Life
Education Programs

451

Total Programs

64

Child and
Youth and
Teen Programs

337

Parented &
Unparented
Programs

3

Outreach
Programs

40

Building Resilient
Caregiver
Programs

5

Special
Events

1110

Unique Users

3895

Information
Refferals

536

Memberships

*percentage of

42

Sponsors,
Funders &
Donors

40

Volunteers

465

Hours

13

Community
Events

32

Organizations
We Refer To

15

Staff Members

\$48,407

Donations

- Corporate Sponsorship
- Private Donors

\$14,260

Fundraising

- Home Depot Canada
- The Local St. Albert Home Depot Store
- Our own fundraisers

As a charitable non-profit, we are so grateful for the contributions from our community! Each and every contribution helps us provide a variety of educational courses and workshops, as well as one-on-one support services, for families with children and youth 0-17 years of age.

Family Life Education

Early Childhood | Child & Youth | Building Resilient Caregiver

LEARNING APPROACH

- Learning through play and positive modelling.
- Language-rich environments that support communication and early literacy.
- Small group sizes that encourage social development and self-esteem.
- Safe, caring environments that support independence and reduce separation anxiety.
- Exposure to a wide range of interactive activities outside the home.

SKILL DEVELOPMENT

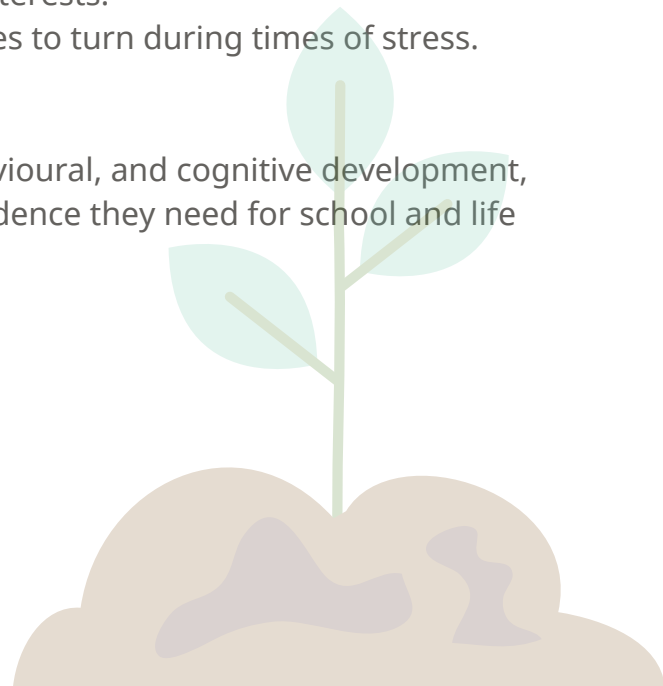
- Social skills, cooperation, and relationship-building.
- Emotional regulation and coping strategies for stress and challenges.
- Confidence and self-esteem building.
- Problem-solving and decision-making skills.
- Cognitive, language, and early developmental skill growth.

CONNECTION & BELONGING

- Connecting children and youth to their community and support networks.
- Building positive peer relationships and friendships.
- Encouraging participation in new hobbies and interests.
- Supporting children and youth to have safe places to turn during times of stress.

IMPACT

These programs strengthen social, emotional, behavioural, and cognitive development, helping children and youth build the skills and confidence they need for school and life success.



Family Life Education

Program Highlights



96% used new skills and strategies learned through programs.

100% applied skills gained in parenting programs.

99% built connections with other parents in the community.

96% increased their knowledge of child development.

97% experienced positive impacts on mental health and well-being.

"We have been incredibly impressed with the early childhood programs at the St. Albert Family Resource Centre, and the positive impact it has had on our child. The educators are caring, knowledgeable, and create a warm, welcoming environment where children feel safe and supported. Our child has grown in confidence, social skills, and independence while developing a genuine love of learning. The program offers engaging activities that encourage creativity, curiosity, and development in all areas. We are grateful for the dedication of the staff and highly recommend this program to other families seeking a nurturing and enriching early learning experience."

95% of families benefited overall from our programs

"Choosing this child & youth program was one of the best decisions we made for our child. The teachers genuinely care about each child's growth and well-being, creating a positive and inclusive environment where children can thrive. We have seen remarkable progress in our child's communication, problem-solving, and social skills. The program balances learning and emotion regulation, helping children build a strong foundation for future success. We appreciate the dedication, professionalism, and encouragement provided by the entire team at St. Albert FRC, and would highly recommend this program to other families."

Family Support Program

Home Visitation (ages 0–6) | Parent Coach (ages 7–17) |
Health for Two (pregnancy – 2 months postpartum) |
Developmental Screens (1 month – 5.5 years) | Information & Referrals

PROGRAM OVERVIEW

Family Support Programs strengthen and support families through early intervention, education, mentorship, and connection to community resources. Services are designed to build on family strengths while promoting healthy child development and positive family relationships.

PROGRAM BENEFITS

- Parents improve their parenting knowledge and skills.
- Parents enhance their understanding of child development.
- Families are supported in connecting with appropriate community resources.
- Opportunities are provided for families to connect with other families.
- Families are supported in identifying and building on their strengths.
- Strengthened confidence in parenting and family life.

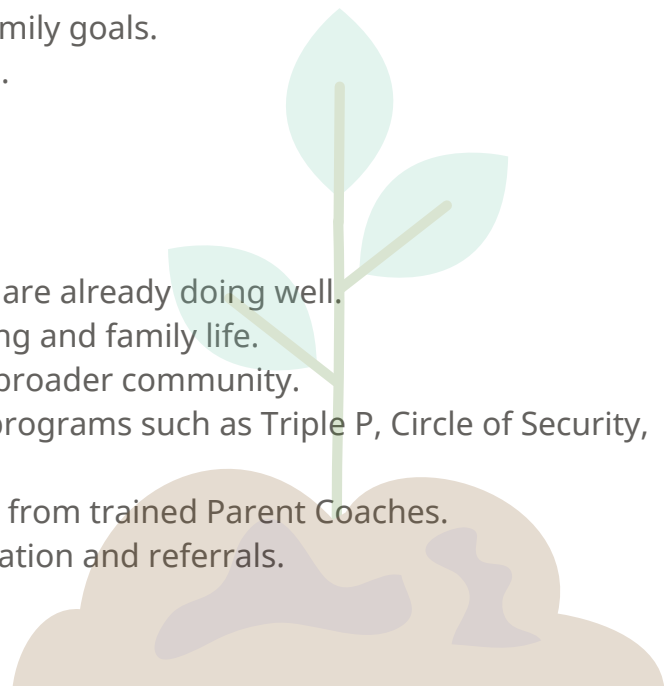
PROGRAM FOCUS

These programs focus on strengthening family wellbeing by:

- Identifying areas where additional support may be needed.
- Building positive, supportive parent-child relationships.
- Developing problem-solving and coping skills.
- Supporting early childhood development, including language, fine and gross motor, cognitive, social, and emotional skills.
- Providing practical tools and resources to support family goals.
- Encouraging healthy, nurturing family environments.

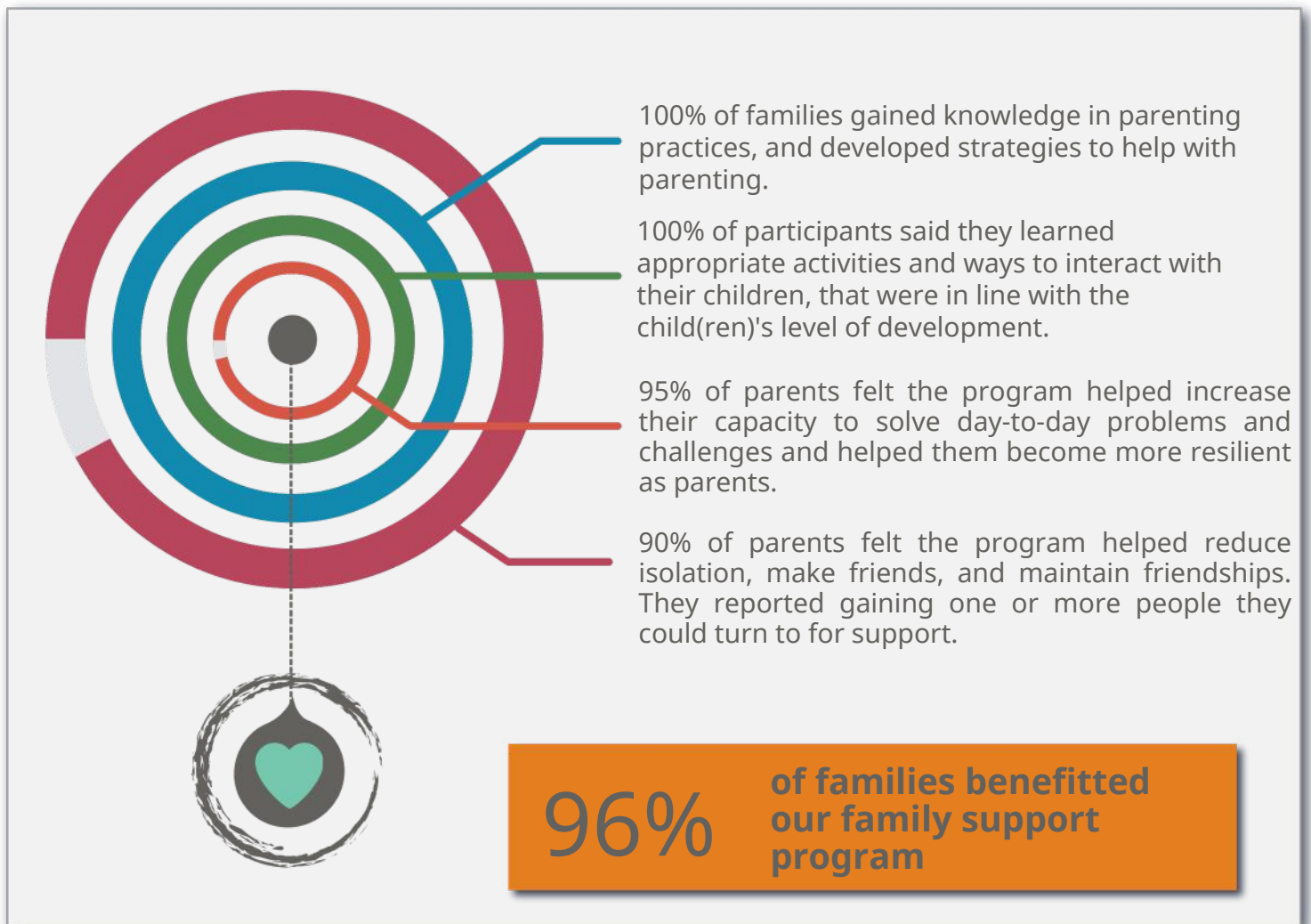
WHAT YOU CAN EXPECT

- Mentorship and support through life's challenges.
- Strength-based support that builds on what families are already doing well.
- Increased knowledge and skills for everyday parenting and family life.
- Improved relationships within families and with the broader community.
- Access to a knowledgeable Parent Coach trained in programs such as Triple P, Circle of Security, and Active Parenting.
- Culturally sensitive, respectful, and inclusive support from trained Parent Coaches.
- Connection to community resources through information and referrals.



Family Support Program

Our FREE Family Support Program offers one-on-one education, support and referrals to parents or the primary caregivers of children, through every stage of development! Newborn, toddler, tween or teen – these programs are flexible and tailored to each family and their unique needs.



Our goal is to support you, in raising healthy, safe, and secure children.



“they identified small, achievable goals to “make things better.”

Home visitation Program

ONE FAMILY'S STORY

This story highlights how our Home Visitation Program empowers families to identify shared goals, take meaningful steps forward, and create lasting positive change. Through personalized support, this family was able to strengthen communication, rebuild connections, and develop strategies to ensure each family member felt heard and valued.

During a facilitated session, each family member was invited to share what they wished for in their family. While their words varied ranging from not wanting to be dismissed, to reducing favouritism, to spending more quality time together and treating each other with respect a common theme emerged: they all longed for peaceful, meaningful time together as a family.

Through a guided activity, they identified small, achievable goals to “make things better.” One child committed to giving up some screen time to be more present, a parent shared their intention to be more mindful in the moment, and another emphasized the importance of showing respect in daily interactions.

Even a child who was initially hesitant to participate later chose to engage and expressed willingness to prioritize family time. The session concluded with a simple yet symbolic exercise, demonstrating how small actions can shift outcomes just as small changes in behaviour can positively transform family dynamics.

At the following meeting, the family shared that they had watched a movie together, an intentional step that marked the beginning of improved connection, patience, and cooperation. They continue to engage with the parent coach both as a family and individually, building on these early successes.



“ he learned survival skills, pushed past his comfort zone, and ultimately thrived”.

Family Support Program

ONE FAMILY'S STORY

Our Family Support coach provided individual coaching to each parent, helping them identify and work toward their own parenting goals. By offering impartial guidance, respecting confidentiality, and maintaining clear boundaries, both parents were able to feel equally supported during a difficult and emotional time.

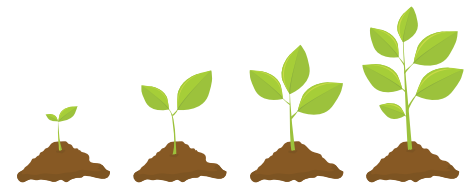
Recognizing the importance of holistic support, we also helped connect both parents to Rapid Access Counselling for their individual needs. Beyond the parents, we worked to strengthen the children's well-being by linking them to positive community opportunities. One of the children was accepted into the St. Albert Gymnastics Adopt a Family program for no cost, while another child attended soccer, funded through Kidz Sport. Both children attended our Family Life Education Spoke summer camps and gained new experiences, building friendships, and were able to release stress through play and learning.

A particularly meaningful success came from the teenager in the family, who had been struggling with social isolation and excessive screen time. With encouragement, he participated in a 10-day Youth Wilderness Challenge. There, he learned survival skills, pushed past his comfort zone, and ultimately thrived—completing the program and gaining a sense of pride and resilience that will stay with him for years to come.

As a result of these combined supports, the family is not only managing their separation more constructively, but both parents are working on personal growth, and they have even begun discussions about the possibility of reconciliation. Most importantly, the children are engaging in healthy, positive outlets, and the family as a whole is building towards a more stable and hopeful future.

LOOKING AHEAD

As we look to the future, the St. Albert Family Resource Centre remains committed to strengthening services, deepening community connections, and ensuring long-term sustainability. The following priorities will guide our work in the coming year.



STRATEGIC DIRECTION

Advancing organizational clarity and long-term planning. We will continue to strengthen governance, refine strategic priorities, and ensure our programs and services remain responsive to the evolving needs of children, youth, and families in our community.

PROGRAM IMPACT & ACCESSIBILITY

Enhancing program quality, evaluation, and inclusion. Our focus will be on improving how we measure outcomes, evaluate impact, and remove barriers to participation. Through ongoing staff development and training opportunities—including Human Trafficking Awareness, TIDES, Connect Parenting, First Aid, LEGO Team Building, and Navigating Difficult Conversations—we will continue building the skills and knowledge needed to support families effectively.

SUSTAINABILITY & COMMUNITY CONNECTIONS

Strengthening partnerships and building a resilient future.

Collaboration remains at the heart of our work. By actively participating in community events and collaborative tables, we strengthen connections, increase awareness of available supports, and ensure families have access to coordinated services.

Working Together: Community Events & Partnerships

- Ages & Stages Play Day
- Family Fun in the Park
- Park Pop-Ups
- Boo Bash
- Teddy Bear Picnic
- Soap Box Derby
- Youth Day
- Neutral Ground
- Bent Arrow Cultural Camp
- National Day for Truth and Reconciliation

Community Committees & Collaborative Tables

- Domestic & Sexual Violence
- Community Response Committee
- Youth Working Table
- School and Community Resource Team
- St. Albert Social Services Information Sharing Network Space
- FRN Regional Hub Meetings
- Non-Profit Ed Table

St. Albert Family Resource Centre Staff 2025



To all staff, both former and current — thank you for your dedication and for helping us make a lasting impact in our community.

Linda Curley	Executive Director
Tara Gorman	Operations Manager
Tanya Scott	Program Manager
Terri Stewart	Family Support Manager
Chelsea Aboud	Account Assistant
Karli McMahon	Reception
Karli Millsap	Navigator
Meaghan McCarthy	Office Assistant/Volunteer Coordinator
Allie Alm	Early Childhood Coordinator
Shay Kimber	Early Learning Coordinator
Sabrina Jackson	Early Learning Facilitator
Erin Burch	Child & Youth Coordinator
*Emma Johnson	Child & Youth Coordinator
*Bailey Innocent	Child & Youth Coordinator
Terri Skinner	Parent Coach
MaryAnn Da Silva	Parent Coach
Brittany Rice	Parent Coach

*maternity
leave/left during
year.

VOLUNTEERS

Giving back to our Community

This year our outstanding volunteers contribute over 465 hours of service!

We are so incredibly grateful for the time, consistency, and passion our volunteers bring to our Centre and our community. Whether you're serving on our dedicated Board of Directors, supporting programs, preparing materials, cleaning and sanitizing toys and play spaces, lending a hand with maintenance projects, planting new gardens, assisting with technology needs, or helping at special events, your contributions make a meaningful difference every day.

From the Soapbox Derby, Casino, fundraisers, and holiday celebrations to program preparation, playground clean-ups, board meetings, and countless behind-the-scenes tasks, your generosity helps make our programs and services possible.

Your willingness to share your time, talents, and energy creates a stronger, more welcoming community for the children, youth, and families we serve. We truly couldn't do it without you.

With sincere gratitude, thank you for everything you do to help make our programs and services a success.

Interested in making a difference in the lives of children, youth, and families in our community? Whether you can offer a few hours at a special event or take on an ongoing volunteer role, we welcome individuals who are passionate about giving back. To learn more about current volunteer opportunities or to apply, visit www.stalbertfrc.ca or contact our Volunteer Coordinator at (780) 459-7377 or volunteercoord@stalbertfrc.ca.



Our success is built on the support of people like you.

Volunteers

Danielle Linklater
Eric Colburn
Alesha Worthmann
Matt Gorman
Jamie Moffat
Kaitlyn Moody
Stuart Corbin
Carol Fernandez
Natasha Leroux
McKenna Gorman
Meighan Sommers
Susan Fergensen
Brokerlink St. Albert
Kimberlee Atkins
Alison Sicotte
Chloe Louisa
Susan Pinkoson
Richard Miller
Payton Newcombe
Marie Leroux
Yvette Lavoie
Shelley Porter
Lis Faulkner
Nancy Boyd
Eric Motuza
Julia Darby
Ramu Lekkala
Marcia Casselman
Breana Baker
Robyn Lutz
Kimberley Taylor
Leena Kuruvilla
Rachel Jones



The true impact of volunteering is often reflected in the connections it creates. Following a volunteer project with Home Depot, employee Luke shared a thoughtful note expressing his appreciation for the work of the St. Albert Family Resource Centre. His words capture the spirit of volunteerism and the shared commitment to making our community a more welcoming and supportive place for all.



**St. Albert Family
Resource Centre**
GROWING STRONG TOGETHER

On Behalf of Store 7088, (the saint
Albert Home Depot) THANK YOU
for all the hard work you and
the St. Albert Family Resource Centre
provide - we provide the service
but where ~~now~~ we lack your team
Excels at bringing folks
smiles and that extra something
that makes St. Albert truly feel like
A Community Focused
City - from Luke!! -

WE COULDN'T DO
IT WITHOUT YOU!

St. Albert Family Resource Centre Board of Directors 2025

Marcia Casselman, Board Chair

Robyn Lutz, Secretary

Eric Motuza, Treasurer

Rachel Jones, Director

Ramu Lekkala, Director *

Leena Kuruvilla, Director

Kimberley Taylor, Director

**Member left during the term.*

“A key highlight of the year was strengthening the organization’s foundation for the future through the development of a **new three-year strategic plan**. Focused efforts to enhance staff capacity, improve operations, and uphold strong financial stewardship have positioned the Centre to adapt and grow. At the same time, increased investment in Board capacity is supporting stronger governance and an enhanced ability to serve the St. Albert Family Resource Centre and the broader community.”

OUR NETWORK

organizations we refer to

AHS Mental Health
Alberta Supports
ASHD Association
Bent Arrow Traditional Healing Society
Kikosiwin Family Resource Centre
Family Resource Network
Fiddler Family Services
Ecole La Mission
Greater St. Albert Catholic Schools
Jessica Martel Memorial Foundation
Kids Kottage
Kinettes
Little Lungs
Neutral Ground
Rapid Access Counselling
St. Vincent DePaul
Salvation Army
SACE
SAGESSE
SAIF Society
St. Albert and Sturgeon Primary Care Network
St. Albert Community and Social Development
St. Albert Community Village and Food Bank
St. Albert Further Education & STAR Literacy
St. Albert Housing Society
St. Albert Public Schools Sturgeon Public Schools
The Family Centre
Today Family Violence Help Centre
Transitions Rehabilitation Association of St. Albert & District
Rivers Edge Counselling Centre
Rotary Club
Reaching out Grant





OUR FUNDERS

We are so grateful for the support of our
sponsors, funders, partners, and donors - YOU
make a difference!



ST. ALBERT COMMUNITY
FOUNDATION

for generations to come



United Way
Alberta Capital Region

SPECIAL MENTIONS



For the past seven years, the St. Albert Home Depot, together with The Home Depot Canada Foundation, has raised funds for the St. Albert Family Resource Centre through the Orange Door Project, supporting our Child and Youth programs.

In 2025, the Orange Door Campaign generated \$16,684.75, helping the St. Albert Family Resource Centre provide vital programs and services for local children, youth, and families.

Their generosity has extended far beyond fundraising. Home Depot supported our annual Boo Bash event by providing and serving hot chocolate to families, helping to create a warm and memorable community gathering. They also donated and installed blinds in several of our program spaces, improving the comfort and functionality of our facilities for the children, youth, and families who access our services.

Their ongoing partnership, dedication, and commitment to strengthening our community have made a meaningful difference in the lives of local children, youth, and families.

We are deeply grateful for their support.



**Community
Partners:**
14

**Staff &
Volunteers:**
13

**Families In
Attendance:**
125

**ASQ's
Completed:**
30

What is an ASQ?

The Ages & Stages Questionnaire (ASQ) is a developmental screening tool that helps parents understand their child's growth and development across key areas such as communication, motor skills, problem-solving, and social-emotional development.

Bringing Community Together

The ASQ Fair brought together 14 community partners to create a welcoming space where families could access developmental screening, resources, and connections to local supports.

Why It Matters

The event helps families celebrate milestones, learn about available services, and connect with community resources. It also strengthens collaboration among service providers, improving support for children and families throughout the community.



With Gratitude to Our Donors

THANK YOU TO OUR DONORS

Every donation helps strengthen families, support children and youth, and build a more connected community. Your generosity allows us to provide programs, resources, and meaningful opportunities for the individuals and families we serve.

Whether through a one-time gift, ongoing support, event sponsorship, or in-kind contribution, every act of giving makes a difference. We are grateful for the trust you place in our organization and for your commitment to helping our community thrive.

With sincere appreciation, we recognize the following donors for their support during the past year:

*A. Hegstrom Prof.
Ashley Conforti
Barbara Moreau
Battle River Foundation
Bailey Books
Beota Irving
Brokerlink
Canada ICI
Canada West
Carley Barabas
Colette Orioux
Cynthia Pon
Darren Chernuka
Dave Linklater
Denise Boyle
Districk 4 Kin Foundation
Heather Dolman
Janelle Soderstrom
Jennifer McCullough
Jessie Vetterl
Joseph Kueber
Karen Short
Karin Serbin*

*KDM Management
Lacey Dufily
Lerena Gregg
Leslie Whitney
Linda Curley
Lindsay Bowman
Lisa Yao
Margaret Hinkley
Matthew Ferguson
Miranda Urcel Joey
Monique Pablo
Neil Korotash
Rhona Haas
Sandi Topilkoi
Shelley Passek
St, Albert Victim Services
St. Matthews Anglican Chutch
Vanessa Bilodeau
Virgine Phenix
Vivian Allen
Yasmeen Al- Adra
Yinyin Zhang*



Growing Strong Together



**St. Albert Family
Resource Centre**
GROWING STRONG TOGETHER



#10A-215 Carnegie Drive, St. Albert, AB T8N 5B1

ST. ALBERT FAMILY RESOURCE CENTRE
Financial Statements
For the Year Ended December 31, 2025

INDEPENDENT AUDITOR'S REPORT

To the Members of St. Albert Family Resource Centre

Opinion

We have audited the financial statements of St. Albert Family Resource Centre (the "Organization"), which comprise the statement of financial position as at December 31, 2025, and the statements of revenues and expenditures, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information (the "financial statements").

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at December 31, 2025, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Organization in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

(continues)



Independent Auditor's Report to the Members of St. Albert Family Resource Centre *(continued)*

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

METRIX GROUP LLP

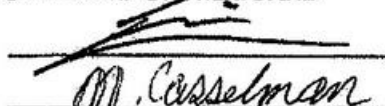
Chartered Professional Accountants

Edmonton, Alberta
June 10, 2026

ST. ALBERT FAMILY RESOURCE CENTRE
Statement of Financial Position
As at December 31, 2025

	2025	2024
ASSETS		
CURRENT		
Cash	\$ 581,531	\$ 542,082
Restricted cash (Note 3)	90,080	77,580
Accounts receivable (Note 4)	9,049	6,909
Prepaid expenses	16,182	7,867
	<u>696,852</u>	<u>634,418</u>
TANGIBLE CAPITAL ASSETS (Note 5)	<u>37,737</u>	<u>47,302</u>
	<u>\$ 734,589</u>	<u>\$ 681,720</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued liabilities (Note 6)	\$ 58,142	\$ 37,580
Deferred contributions (Note 7)	80,080	77,353
	<u>148,222</u>	<u>114,933</u>
DEFERRED CAPITAL CONTRIBUTIONS (Note 8)	<u>32,435</u>	<u>40,544</u>
	<u>180,657</u>	<u>155,477</u>
NET ASSETS		
Unrestricted fund	548,629	519,485
Invested in tangible capital assets	5,303	6,758
	<u>553,932</u>	<u>526,243</u>
	<u>\$ 734,589</u>	<u>\$ 681,720</u>
COMMITMENTS (Note 9)		

ON BEHALF OF THE BOARD

 Director
M. Casselman Director

The accompanying notes are an integral part of these financial statements

ST. ALBERT FAMILY RESOURCE CENTRE
Statement of Revenues and Expenditures
Year Ended December 31, 2025

	2025	2024
TRADE SALE		
Grant Revenue	\$ 987,397	\$ 961,881
Donations	48,407	35,440
Fundraising	14,260	10,760
Program room rental	9,975	7,670
Amortization - deferred capital contributions	8,109	4,505
Course revenues	3,775	1,230
Interest and other	1,396	407
Membership Fees	640	2,540
	<u>1,073,959</u>	<u>1,024,433</u>
EXPENSES		
Salaries, wages and benefits - Program	616,060	576,803
Salaries, wages and benefits - Admin	192,390	162,259
Occupancy costs	86,689	109,056
Repairs and maintenance	22,575	14,163
Professional fees	20,219	25,013
Office	17,086	23,572
Board and Staff Development	16,855	32,572
Utilities	14,977	-
Instructor fees and course materials	11,616	17,829
Amortization	11,294	20,712
Programs	10,163	15,633
Advertising and promotional	7,500	10,937
Insurance	6,569	5,149
Telephone	6,513	6,337
Bank and processing charges	2,151	2,029
Memberships and dues	1,504	2,162
Child Centre Supplies	1,401	4,215
Fundraising operations	421	3,485
Volunteer Appreciation	287	1,263
	<u>1,046,270</u>	<u>1,033,189</u>
EXCESS (DEFICIENCY) OF TRADE SALE OVER EXPENSES FROM OPERATIONS	27,689	(8,756)
OTHER INCOME		
Gain on disposal of tangible capital assets	-	735
EXCESS (DEFICIENCY) OF TRADE SALE OVER EXPENSES	\$ 27,689	\$ (8,021)

The accompanying notes are an integral part of these financial statements

ST. ALBERT FAMILY RESOURCE CENTRE**Statement of Changes in Net Assets****Year Ended December 31, 2025**

	Unrestricted Fund	Invested in Tangible Capital Assets	2025	2024
NET ASSETS - BEGINNING OF YEAR	\$ 519,485	\$ 6,758	\$ 526,243	\$ 534,264
EXCESS OF TRADE SALE OVER EXPENSES	27,689	-	27,689	(8,021)
Capital asset purchases	(1,730)	1,730	-	-
Amortization of tangible capital assets	11,294	(11,294)	-	-
Amortization of deferred capital contributions	(8,109)	8,109	-	-
NET ASSETS - END OF YEAR	\$ 548,629	\$ 5,303	\$ 553,932	\$ 526,243

The accompanying notes are an integral part of these financial statements

ST. ALBERT FAMILY RESOURCE CENTRE**Statement of Cash Flows****For the Year Ended December 31, 2025**

	2025	2024
OPERATING ACTIVITIES		
Cash receipts from customers	\$ 1,076,438	\$ 1,031,708
Cash paid to suppliers and employees	(1,022,739)	(1,044,894)
Cash flow from (used by) operating activities	53,699	(13,186)
INVESTING ACTIVITIES		
Purchase of tangible capital assets	(1,730)	(15,529)
Proceeds on disposal of tangible capital assets	-	735
Cash flow used by investing activities	(1,730)	(14,794)
FINANCING ACTIVITY		
Deferred capital contribution addition	-	14,299
INCREASE (DECREASE) IN CASH FLOW	51,969	(13,681)
Cash - beginning of year	619,642	633,323
CASH - END OF YEAR	\$ 671,611	\$ 619,642
CASH CONSISTS OF:		
Cash	\$ 581,531	\$ 542,082
Restricted cash	90,080	77,560
	\$ 671,611	\$ 619,642

The accompanying notes are an integral part of these financial statements

ST. ALBERT FAMILY RESOURCE CENTRE

Notes to Financial Statements

Year Ended December 31, 2025

1. NATURE OF OPERATIONS

St. Albert Family Resource Centre (the "Centre") was incorporated provincially under the Societies Act of Alberta on March 18, 1982 and commenced operations on July 1, 1982. The purpose of the Centre is to provide support and education to families. The Centre is a registered charitable organization and is exempt from the payment of income taxes under the Income Tax Act. The goals of the Centre are as follows:

- To enhance family relationships;
 - To provide resources for families;
 - To provide educational programming for families;
 - To provide access to a network of both peer and professional support people;
 - To provide education and resources to the professional community;
 - To provide educational outreach.
-

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Revenue recognition

The Centre receives funding from various community funders, federal government, provincial government, municipal government and fundraising activities for operating and programming purposes.

The Centre follows the deferral method of accounting for contributions.

Unrestricted contributions are for operations and are recognized as revenue when received or receivable. Externally restricted funding is used to operate specific programs offered by the Centre. This funding is deferred and recognized as revenue in the year which the related program expenses are incurred and performance obligations have been met.

Fee-for-service revenue is recognized as services are provided. Donation revenue is recognized when received.

Cash, cash equivalents, and restricted cash

Cash consist of cash on hand and balances held with Canadian financial institutions.

Cash equivalents consist of temporary and short term investments that are readily convertible to cash with a maturity term of three months or less.

Cash subject to restrictions and not available for the Centre's general operations is included in restricted cash.

Contributed services

Volunteers contribute time each year to aid the Centre in carrying out it's service delivery activities. Because of the difficulty in determining the fair value of contributed services, the financial value of contributed services is not recognized in the financial statements.

Contributed assets are recognized only to the extent that they would have been purchased in the normal course of operations and their fair value is reasonably determinable.

(continues)

ST. ALBERT FAMILY RESOURCE CENTRE

Notes to Financial Statements

Year Ended December 31, 2025

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES *(continued)*

Tangible capital assets

Tangible capital assets are stated at cost or deemed cost less accumulated amortization and are amortized over their estimated useful lives at the following rates and methods:

Website	25%	declining balance method
Computer equipment	50%	declining balance method
Computer software	50%	declining balance method
Furniture and fixtures	30%	declining balance method
Leasehold improvements	2 years	straight-line method
Database	20%	declining balance method

The Organization regularly reviews its tangible capital assets to eliminate obsolete items. Government grants are treated as a reduction of tangible capital assets cost.

Tangible capital assets acquired during the year but not placed into use are not amortized until they are placed into use.

Allocated costs

In preparing these financial statements, costs not charged directly to programs have been allocated proportionately, based on estimated consumption, usage or space occupied by that function and as considered appropriate for each expense.

Financial instruments

Measurement of financial instruments

The Centre initially measures its financial assets and financial liabilities at fair value adjusted by, in the case of a financial instrument that will not be measured subsequently at fair value, the amount of transaction costs directly attributable to the instruments

The Centre subsequently measures all its financial assets and financial liabilities at amortized cost, except for investments in equity instruments that are quoted in an active market, which are measured at fair value. Changes in fair value are recognized in net income.

Financial assets measured at amortized cost include cash, restricted cash, accounts receivables, and prepaid expenses.

Financial liabilities measured at amortized cost include accounts payable and accrued liabilities.

The Centre does not have any financial assets that are quoted in an active market.

Transaction costs

The Centre recognizes its transaction costs in net income in the period incurred. However, the carrying amount of the financial instruments that will not be subsequently measured at fair value is reflected in the transaction costs that are directly attributable to their organization, issuance or assumption.

Impairment

Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of the write-down is recognized in net income. The previously recognized impairment loss may be reversed to the extent of the improvement, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in net income.

(continues)

ST. ALBERT FAMILY RESOURCE CENTRE

Notes to Financial Statements

Year Ended December 31, 2025

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES *(continued)*

Measurement uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Such estimates are periodically reviewed and any adjustments necessary are reported in earnings in the period in which they become known. Actual results could differ from these estimates.

ST. ALBERT FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended December 31, 2025

3. RESTRICTED CASH

	2025	2024
Casino	\$ 11,650	\$ 27,331
Restricted grants	<u>78,430</u>	<u>50,229</u>
	\$ 90,080	\$ 77,560

Restricted cash comprise of externally restricted grants and casino fundraising that are required to be tracked in a separate account and can only be utilized if performance obligations have been met.

1. Restricted grants - Performance obligations specific to program expenditures must be met in order for the utilization of these funds.
2. Casino - Funds gained from Casino event held in agreement with Alberta Gaming, Liquor & Cannabis ("AGLC") are restricted in that they may only be used for expenses related to operating the charitable gaming event as well as for the purposes stated in the Centre's gaming license application with the AGLC.

4. ACCOUNTS RECEIVABLE

Accounts receivable consists of the following

	2025	2024
Trade	\$ 7,558	\$ 840
Goods and services tax recoverable	<u>1,491</u>	<u>6,069</u>
	\$ 9,049	\$ 6,909

5. TANGIBLE CAPITAL ASSETS

	Cost	Accumulated amortization	2025 Net book value	2024 Net book value
Computer equipment	\$ 34,914	\$ 32,818	\$ 2,096	\$ 4,192
Computer software	6,609	6,609	-	-
Furniture and fixtures	15,298	13,865	1,433	2,047
Leasehold improvements	53,953	53,953	-	-
Database	46,778	12,960	33,818	40,544
Website	<u>1,641</u>	<u>1,251</u>	<u>390</u>	<u>519</u>
	\$ 159,193	\$ 121,456	\$ 37,737	\$ 47,302

ST. ALBERT FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended December 31, 2025

6. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

	2025	2024
Accounts payable and accrued liabilities	\$ 30,166	\$ 16,814
Wages payable	21,531	15,618
Government remittances	6,444	5,148
	\$ 58,141	\$ 37,580

7. DEFERRED CONTRIBUTIONS

The Centre has received grants to be used for specific purposes. The Centre recognizes revenue from the grants in an amount equal to the related expenditures incurred. The unexpended funds are classified as unexpended grants or accounts receivable on the balance sheet.

The Centre also holds casinos under licence from the Alberta Gaming, Liquor and Cannabis Commission. In accordance with the terms of the licence, the funds may only be used for payment of specific operating expenses within a specific time period. The Centre defers recognition of casino proceeds until such time as the allowable expenses are incurred.

Details of the grants and casino funds for the year are as follows:

	2024	Contributions received	Contributions utilized	2025
Children and Family Services FRN	\$ 37,477	\$ 697,093	\$ (734,570)	\$ -
FCSS- City of St. Albert	2,461	170,000	(172,461)	-
CIP	-	46,000	-	46,000
United Way	-	20,992	(20,992)	-
Outside Grant "Operations"	-	33,835	(33,835)	-
Other	12,751	35,099	(16,745)	31,105
Casino	24,664	-	(13,014)	11,650
Canada Employment AB STEP Grant	-	8,971	(8,971)	-
Membership fees	-	1,325	-	1,325
	\$ 77,353	\$ 1,013,315	\$ (1,000,588)	\$ 90,080

8. DEFERRED CAPITAL CONTRIBUTIONS

Deferred capital contributions represents external grants that have been committed to the Centre's capital assets that are amortized into revenue at the same rate the related capital assets are amortized.

	2025	2024
Balance, beginning of year	\$ 40,544	\$ 30,750
Amortization of deferred capital contribution	(8,109)	(4,505)
Current year additions	-	14,299
Balance, end of year	\$ 32,435	\$ 40,544

ST. ALBERT FAMILY RESOURCE CENTRE

Notes to Financial Statements

Year Ended December 31, 2025

9. COMMITMENTS

The Centre is committed to a lease agreement for its premises at \$7,522 monthly which includes operating expenses and a surcharge from the landlord. This lease agreement is renewed on an annual basis. The minimum lease payment for next year is \$90,272.

10. FUNDRAISING REVENUE

	2025	2024
Net casino proceeds expended (Note 12)	\$ 13,014	\$ 4,663
Other fundraising activities	1,246	6,097
	<u>\$ 14,260</u>	<u>\$ 10,760</u>

11. ECONOMIC DEPENDENCE

The on-going programming of the Centre is dependent to a significant extent on grant revenue that is approved on a yearly basis.

12. FINANCIAL INSTRUMENTS

The Organization is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Organization's risk exposure and concentration as of December 31, 2025.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Centre is exposed to this risk mainly in respect of its receipt of funds from its sponsors, donors and funding agencies to meet their financial liabilities. The Centre mitigates this risk by maintaining sufficient cashflow to meet its short-term obligations.

Unless otherwise noted, it is management's opinion that the Organization is not exposed to significant other price risks arising from these financial instruments.
